


1 Hi! 类场面 (寒暄 打招呼用语)

Unit 1 Howdy! (寒暄用语)

1-1 初次见面时

How do you do?

你好! (您好!)

 固定句型


Nice to meet you.

认识你很高兴。

It's nice to meet you.

认识你很高兴。



 非固定句型

It's nice to make your acquaintance.

认识您很荣幸。

I've heard so much about you.

久仰大名(久仰久仰。)

I'm glad to finally (be able to) meet you.

终于能见到您，很荣幸。

1-2 新朋友见面时

Hi, everyone. I'm Mary. I'll be working in this department from today.

大家好！我是玛丽。从今天开始，我也要在这个部门工作。



固定句型

Welcome.

欢迎。

(It's) Good to have you.

非常高兴你的加入。

(We're) Glad you to join us.

非常高兴你的加入。

We're very honored.

我们很荣幸。

(We) Look forward to working with you.

我们早就盼望能和你一起工作。

Good luck.

祝你好运。

I know you'll do well.

没问题，你一定能行。

非固定句型

Did you have a look around the company?

你已经熟悉公司的环境了吗？

Have you already met the secretary?

你和秘书见过面了吗？

Do you know where your desk will be?

知道你的办公桌在哪儿吗？

Let me know if I can help you get settled in.

如果需要我帮你安置一下，请告诉我。

1-3 老朋友见面时

Hi, Mary.

玛丽，你好！

固定句型

Hi, how are you doing?

你好，最近还好吗？

Hi!

你好！

Tina! Good to see you!

蒂娜，见到你真高兴！

Hey, there. How goes it?

你好，最近身体还好吗？

Hello, ma'am.（用于女士）

Hello, sir.（用于男士）

你好，谢谢你的关心。

非固定句型

We meet again.

我们又见面了。

Ah, hi.

啊！你好。

Oh, it's you.

噢，是你啊。

It's you again.

又是你啊。

1-4 久别重逢时

Hi, Sally. I hardly recognized you.

哎呀，萨莉。我几乎认不出来你了。

固定句型

It's been years.

很长时间了。

It's been a long time.

很久了。

Long time no see.

（带有半开玩笑的口气）好久不见了啊。

How have you been?

你怎么样啊？

(It's) Good to see you after all these years.

这么多年后能见到你真高兴。（你还好吗？）

非固定句型

I often wondered how you were doing.

我总是在想，你究竟过得怎么样。

It's good to know you're doing so well after years.

知道你这些年平安无恙，我很高兴。

What have you been doing with yourself?

这些日子你都在忙些什么？

Where have you been hiding?

这些日子你都躲到哪儿去了？

1-5 谈及家庭情况时

How is your family doing?

你家里人还好吗？

固定句型

Everyone's fine.

大家都很好。

Fine, thank you for asking.

很好，谢谢你的关心。

Not bad.

不错。

Not too bad.

还不错。

非固定句型

Actually, it's been a difficult year.

实际上，这一年过得可不容易。

We've had our (share of) troubles.

其实，今年我们过得很艰难，碰到不少麻烦。

share of troubles : 习惯用语，即“我们遇到的麻烦事”之意。

We could be better.

不太好，我们会好起来的。

You don't want to know.

不太好，你还是不知道为好。

I'm not sure myself.

我自己也说不准。

I'm not really sure.

其实，我也说不准。

1-6 关于天气 (1)

This is great (terrible) weather we're having, isn't it?

'今天天气很好(糟糕)，不是吗？

固定句型

It sure is.

肯定是。

That's for sure.

肯定。

You said it.

你所说的没错。

非固定句型

We couldn't ask for better (worse).

好（糟）得不能再好（糟）了。

Let's just hope it stays (doesn't stay) this way.

我们（不）希望这样的天气保持下去。

Much better (worse) than yesterday.

比昨天好多了（更糟）。

I hear it's not going to last.

听说这样的天气不会持续太久。

1-7 关于天气 (2)

Can you believe this hot (cold) weather?

你相信有这么热（冷）的天气吗？

固定句型

It's terrible.

这鬼天气。

I can't stand it.

我真受不了这样的天气。

It's unbearable.

这样的天气简直让人无法忍受。

非固定句型

We're going to burn up (freeze).

我们都快要烤焦（冻僵）了。

This is the hottest (coldest) I've ever seen it.

我从来没遇到过这么热（冷）的天气。

It couldn't be worse.

天气简直糟透了。

It could be worse.

天气还会更糟的。

Well, at least it's better than yesterday.

还好，至少比昨天强一些。


I've seen hotter (colder).

我还遇到过比这更热（冷）的天气。

1-8 有人问你“睡得好坏”时

Did you sleep well?

你睡得好吗？

 固定句型

Yes, thank you.

挺好的，谢谢。

Ahhuh, thank you.

还好，谢谢。

Yeah.

唉，不错。

No, not really.

不，不是很好。

Not at all.

不，一点都不好。

非固定句型

Never better.

好极了。

Like a log.

睡得香极了。

I always sleep well.

我总是睡得很好。

I never sleep well.

我一向睡不好。

Well, not as well as I might have.

还行，马马虎虎吧。

1-9 有人关心你身体状况时

Do you have something going on? You're looking so energetic.

看你今天容光焕发，有什么高兴事？

固定句型

Thank you.

谢谢。

Thanks. I feel great.

谢谢，我感觉好极了。

Not really.

其实不然。

非固定句型

Never felt better.

我的感觉从来没有这么好过。

I'm on the top of the world.

我感觉棒极了。

Today's my lucky day.

今天是我的幸运日。

I guess it shows.

我也这样想。

It's fake.

我假装给你看的。

I'm good at faking.

我是强打精神的。

1-10 有人感觉你身体不舒服时

Are you feeling okay?

你感觉好吗？

固定句型

I'm fine.

我很好。

I'm okay.

我很好。

You bet.

的确很好。

I'm fine. Thank you for caring.

我很好，谢谢你的关心。

I don't feel so well.

我感觉不太好。

非固定句型

Well, I guess I'm not feeling so well.

我感觉好像不太好。

I'm sorry to worry you, but I'm not feeling so well.

我本不该让您担心，但是我不太舒服。

Well, I still might live.

还好，至少我还活着。

I feel like hell.

我难受极了。

1-11 道别时

Well, I'd better be going now. Good-bye.

好了，我该走了。再见吧。

固定句型

Good-bye.

再见。

Bye.

再见。

Later.

再见。

So long.

再会。

See you.

再见。

See ya.

再见。

Catch you later.

回头见。

I hope to see you again soon.

希望早日再见面。

Take care.

多保重。

Have a nice weekend.

祝你（您）周末愉快。

Have a nice evening.

晚上好好玩儿。

Have a nice holiday.

假期快乐。

非固定句型

Adios.（西班牙语）

再见。

Sayonara.（日语）

再见。

Arrivederci.（意大利语）

再见。

Ciao.（意大利语）

再见。

Hasta la vista.（西班牙语）

再见。

(以上五种表达方式虽然不是英语，但在英语国家经常使用。)

Drive carefully.

小心开车。



Watch your step.

您慢走。

Stay out of your trouble.

当心。

Don't do anything I wouldn't do.

路上小心点儿。

Did you forget anything?

没忘什么东西吧？

Thank you for your time. I know you're busy.

您能在百忙之中为我抽出时间，非常感谢。

I hope I haven't wasted your time.

希望我没有浪费您的宝贵时间。

Thanks for coming all this way.

感谢你专程而来。

1-12 送别时

I hope to come back for a visit in a couple of years.

我希望过几年后再来拜访你。

固定句型

We'll miss you.

我们会想念你的。

We'll never forget you.

我们不会忘记你的。

You'll always be in our hearts.

我们会把你记在心中。

Thank you for everything.

谢谢你为我们做的一切。

We've really enjoyed having you.

和你在一起，我们真高兴

非固定句型

Let's keep in touch.

让我们保持联系。

Let's stay in contact.

让我们保持联系。

Let's not lose touch.

让我们经常保持联系。

Don't forget to write.

别忘了给我写信。

Write me.

不要忘了给我写信。

Call me.

记住给我打电话哟。

Let's exchange e-mail.

我们互相发电子邮件吧。

E-mail me.

给我发电子邮件。

1-13 有人辞职时

I'm quitting my job. Tomorrow will be my last day.

我要辞职，明天是我最后一天上班。

固定句型

I'm happy for you.

我为你高兴。

I wish you lucky.

祝你好运。

Congratulations.

祝贺你。

非固定句型

I admire your courage.

我佩服你的勇气。

The company won't survive without you.

公司可不能没有你。

I'm not surprised.

我一点都不觉得意外。

Are you sure that's what you want to do?

你肯定这就是你要做的吗？

Have you thought twice about it?

你都考虑好了吗？

Is that really what you want?

那就是你所需要的吗？

Do you have anything lined up?

你有新的安排吗？

(lined up 为“准备好膳食”之意。)

I knew you wouldn't last.


我知道你不会呆长的。

Unit 2 Hey! (有人招呼你时)

2-1 陌生人招呼你时

Excuse me.

打扰了。

 固定句型

Yes, what is it?

有什么事吗？

What can I do?


我能干些什么？

Can I do something?

我能做点什么？

Can I help you?

我能为你做点什么？

 非固定句型

What ?

什么事？

Huh ?

怎么了？

Yes?

什么事？

I'm sorry. I'm busy.

对不起，我很忙。

Sorry.