



“十三五”职业教育国家规划教材

总主编 全冬 刘寅齐 曾用强

总主审 余渭深

# 成长英语

## 学生用书

“成长英语”编写组 编

*Progressing  
English*

基础篇



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# 前 言

“十三五”职业教育国家规划教材《成长英语》(Progressing English)是由一批具有丰富教学经验的外语教师和有关专家严格按照教育部《高职高专教育英语课程教学基本要求》精神编写的一套高职高专英语教材。《成长英语》贯彻“实用为主,够用为度”的编写原则,充分吸收了当前国内通用外语教材编写的先进理念和方法,采纳了中国本土外语教学理论中的科学合理部分。该教材结合高职高专学情特点和英语教学实际,坚持知行合一的教育观,平衡语言基础和语言应用的关系,突出英语实践技能的训练和实际运用能力的培养,最终将教学效果落实体现在学生毕业后实际的工作需求和职场能力上。

本套教材的特点主要体现在以下几个方面:

一、以任务为引导、实际运用为重点、语言技能训练为基础,突出听说技能的培养,注重把涉外实践活动中常用的语言技能直接融入课文和练习中,各项语言技能的培养与训练都围绕同一话题展开,体现“边学边用、学用结合”的教学思想。

二、根据语言学习的一般性规律,既考虑教材的实用性,又兼顾高职高专语言学习的通识性。主线人物的Role Plays贯穿所有单元中的听说交际、阅读活动和写作训练。学生在学习本教材的过程中可以清楚地感受到主线人物的成长历程,突出成长英语、成长人生的特点。

三、重视语言的运用和实际交际能力的培养,分阶段分层次呈现语言交际的重点。第一册“基础篇”侧重校园英语,第二册“进阶篇”侧重涉外日常交际英语,第三册“提高篇”侧重涉外业务交际英语。阅读板块中A篇文章主要针对语言共核,B篇文章突出实用性。选材突出时代性、趣味性、实用性和话题的思想性,行文流畅,语言精练,内容丰富,体现了可教性和可学性。

四、“教、学、考”有机结合。教材中的练习设计遵循《高等学校英语应用能力考试大纲》的要求,并针对考生在《高等学校英语应用能力考试》中的薄弱环节,设计了相关的语言技能训练项目。

五、充分考虑了高职高专学生的英语现状,第1、2册内容的难度相当于“高等学校英语应用能力考试”B级水平,第3册内容的难度相当于A级水平。由于学生进校时英语程度参差不齐,教材进度和内容采取照顾中间,兼顾两头的编写原则。

六、以纸质教材为教学主体,融合现代教育技术,拓展课堂内外学习空间。《成长英语》充分运用现代化技术,建设网络学习资源平台,采用全方位、网络化、立体化的教学手段,培养学生自主学习意识,同时提高教师教学效率和质量。《成长英语》学生用书提供配套的微视频课

程、二分屏微课，为学生提供多样化的学习模式；教师用书配有PowerPoint课件及教案设计。使用者可以通过扫描书底二维码或进入重庆大学出版社教学资源平台<http://res.cqup.com.cn>获取相关教学资源。

《成长英语》自2010年出版发行以来，受到了广大师生和社会使用者的认可和喜爱。在多年的使用过程中，我们广泛听取来自教师和学生使用意见和建议，不断修订和完善教材的总体框架，调整各册教材之间的难易梯度，以求更加适应当前的教学实际。

进入新时代，面向新要求。2020年，教育部印发的《高等学校课程思政建设指导纲要》指出，要在所有高校、所有学科专业全面推进课程思政建设，发挥每门课程的思政作用，提升高校人才培养质量。响应时代的号召，新版《成长英语》以习近平新时代中国特色社会主义思想为指导，全面贯彻党的教育方针，落实立德树人根本任务，践行社会主义核心价值观。系列教材合理融入课程思政、中华优秀传统文化和多元文化交流的元素，升级“成长”二字的内涵意义，即成长为“内化于心，外化于行”的新时代有为青年，全面提升学生职场涉外沟通、多元文化交流、语言思维提升和自主学习完善四项学科核心素养。

新版《成长英语》分基础篇、进阶篇、提高篇3册，每册包括《成长英语学生用书》《成长英语自主学习用书》《成长英语教师用书》。《成长英语》由重庆科技学院全冬教授、刘寅齐教授以及广东省外语艺术职业学院曾用强教授担任总主编，高职院校骨干教师参加编写工作。《成长英语学生用书·基础篇》由重庆电子工程职业学院李志萍、重庆科技学院董保华、重庆轻工职业学院黄小燕担任主编，重庆安全技术职业学院郭亮、合肥职业技术学院刘靓担任副主编。参加编写的作者为：重庆电子工程职业学院冉茂杨、重庆航天职业技术学院张丹、重庆轻工职业学院周彦君、重庆理工职业学院梁敬娴、重庆传媒职业学院蒋先杰、重庆科技学院白连弟、重庆科技学院洪小霞、重庆科技学院肖隽逸、重庆科技学院陶陶、荆州理工职业学院钟丽琼。

《成长英语》由重庆大学余渭深教授担任总主审，澳大利亚专家Dennis Hulse先生担任语言顾问。在此，表示诚挚的感谢。

《成长英语》体现了国内教育者在高职高专英语教学内容和课程改革方面所做的探索和尝试，书中难免有不当和疏漏之处，敬请广大使用者批评指正。

编者

2021年6月



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# Unit 1

## UNIT FOCUS

*In this unit, we are going to:*

- talk about greeting people on campus;
- listen and learn more about college registration procedures;
- read about college experiences and introductions to community colleges;
- fill out registration forms;
- practice the use of English: Verb Tenses (I).

## LEAD-IN

Going to college has been a dream for most high school students. Before entering college, have you ever asked the following questions: Why did I decide to go to college? What kind of life will it be like in college? What kind of person will I share the same room with? What kind of activities will it be like in college?

## A New Life, A New Beginning



# Part One

## Open Your Mouth

### Warm-up Activity

What are these friends saying? Complete the following sentences with the correct answers.



A: How are you doing?

B: 1 ) \_\_\_\_\_, thanks.

A: How are you?

B: Not bad, thank you. 2 ) \_\_\_\_\_?

A: Nice to meet you!

B: 3 ) \_\_\_\_\_ to meet you, too!

And you

Nice

Fine

### Focus Your Attention

#### Dialogue 1

Excuse me,  
could you tell  
me...?

Jin Yan: **Excuse me, could you tell me** the way to the registration office?

Kang Lin: Sure. You are a freshman, aren't you?

Jin Yan: Yes, and **this is** the first time for me to come to Chongqing alone.

Kang Lin: You are great! **I'm Kang Lin**, a sophomore. **Nice to meet you!**

Jin Yan: I'm Jin Yan. **Nice to meet you, too.** I'm majoring in Business English.

What are you majoring in?

Kang Lin: Property Management. Well, I've got some time, so I can take you to the office if you want.

This is the first  
time...

Jin Yan: **Thank you.** It's very kind of you.

Kang Lin: This way, please.

**Dialogue 2**

Jin Yan: **Good morning.**  
Miss Lin: Good morning. **May I have your name, please?**  
Jin Yan: Yes. My name is Jin Yan.  
Miss Lin: **Would you please** show me your letter of admission and identity card?  
Jin Yan: Sure, here you are. Anything else?  
Miss Lin: And your four one-inch photos?  
Jin Yan: Let me see... Oh, yes. I got them.  
Miss Lin: Well, please fill out the registration form and hand it in to me before 12:00 a.m.  
Jin Yan: No problem. **Thank you so much.**  
Miss Lin: **You're welcome.**

May I have...?

Would you please...?

**Dialogue 3**

Jin Yan, this is...

Let me introduce...

Wang Zhiqiang: Hi, Kang Lin! **How are you?**  
Kang Lin: I'm okay. What about you?  
Wang Zhiqiang: Pretty good, thank you.  
Kang Lin: I don't think you've met Jin Yan. **Let me introduce** her to you. Jin Yan, this is Wang Zhiqiang, my classmate. Zhiqiang, this is Jin Yan, a friend of mine.  
Wang Zhiqiang: **Glad to meet you.**  
Jin Yan: **Glad to meet you, too.**  
Wang Zhiqiang: Have you enrolled yet?  
Jin Yan: Yes. And the military training will begin tomorrow. I can't wait for it.  
Wang Zhiqiang: Military training? I think that will be a really exciting experience for you.

## Chat with Your Friends

### Activity 1

Match the questions in the left column with the responses in the right column.

- |  |   |
|--|---|
| 1. Would you please show me your ID card?                | A) Pretty good, thank you.                |
| 2. How are you doing?                                    | B) Yes, here you are.                     |
| 3. Nice to meet you.                                     | C) Sure. Go down this road and turn left. |
| 4. May I have your name?                                 | D) Nice to meet you, too.                 |
| 5. Could you tell me the way to the registration office? | E) Yes, my name is Lucy Green.            |

### Activity 2

Complete the following dialogue by translating into English the Chinese given in brackets.

- Kang Lin: Hi, Zhiqiang, how are you doing?  
Wang Zhiqiang: Not too bad, 1) \_\_\_\_\_ (你呢)?  
Kang Lin: Pretty good. Zhiqiang, I don't think you've ever met Pan Xiaofeng before. Pan Xiaofeng, 2) \_\_\_\_\_ (这是) my schoolmate Wang Zhiqiang.  
Wang Zhiqiang: Glad to meet you. Please call me Zhiqiang.  
Pan Xiaofeng: Glad to meet you, Zhiqiang.  
Wang Zhiqiang: I major in Social Work. 3) \_\_\_\_\_ (你的专业是什么)?  
Pan Xiaofeng: Computer Science. I like it very much.  
Wang Zhiqiang: By the way, have you 4) \_\_\_\_\_ (注册)?  
Pan Xiaofeng: Sure. And the 5) \_\_\_\_\_ (军训) will begin tomorrow. I can't wait for it.  
Wang Zhiqiang: I think that will be an unforgettable experience for you.

### Activity 3

**Step 1** Take turns to ask and answer the following questions. You're encouraged to add more questions to the list below and your answers should be based on your school's situation.

#### Questions

1. Could you tell me the way to the registration office?
2. What is your major?
3. May I have your name?
4. What shall I prepare for registration?
5. Have you taken your identity card with you?

**New questions:** \_\_\_\_\_

**Step 2** Suppose you're going to help an international student to make registration. Role-play with your classmates.

Role A: You

Role B: An international student

**Requirements:**

1. The conversation should include greeting, self-introduction, way to make registration and departure.
2. There are no less than 5 turns in the conversation.
3. Try to practice the expressions in the tips given below.

## TIPS

- Business English / Social Work
- identity card / letter of admission
- fill out a registration form
- I major in... / My major is...
- Go along this road and turn left...
- Yes, here you are.

### New Words and Expressions

♦ registration	/ ,redʒɪs'treɪʃn /	n. 登记, 注册
* freshman	/ 'freʃmən /	n. 大学一年级新生
♦ sophomore	/ 'sɒfəmo:(r) /	n. 大学二年级学生
* major	/ 'meɪdʒə(r) /	v. 主修 n. 专业
* admission	/ əd'mɪʃn /	n. 录取; 允许进入
♦ enroll	/ ɪn'reʊl /	v. 登记, 注册
* military	/ 'mɪlətri /	a. 军事的, 军队的
letter of admission		录取通知书
identity card		身份证

★ A级词汇

\* B级词汇

◆ 超纲词汇

注: 全书单词标记同此说明。

## Part Two

### Sharpen Your Listening

#### Dialogue 1

Listen to the dialogue twice, and then fill in the table with the information you got from it.

Personal Information		
Sex	Male	Female
Name	Wang Wei	1) Lily _____
College	2) _____ College	Southwest University
Major	3) Computer _____	Chinese Culture
Country	China	4) _____
Impression of Chongqing	It's so 5) _____ and the people are friendly.	



### Dialogue 2

Listen to the dialogue twice, and then fill in the blanks with the information you got from it.

A: Excuse me, is this the registration office?

B: Yes. 1) \_\_\_\_\_ do for you?

A: May I change the major? I prefer Business Management to Business English.

B: Have you declared your major?

A: Yes, I have.

B: Well, which 2) \_\_\_\_\_ are you in?

A: 3) \_\_\_\_\_.

B: Please 4) \_\_\_\_\_ the application form (申请表) over there and we will call you shortly.

A: Thank you very much.

B: 5) \_\_\_\_\_.

### Passage

Listen to a short passage about college life, and then fill in the blanks with what you've heard.

In fact, college life is quite different from that in 1) \_\_\_\_\_ in both study and daily life. As for me, I have a lot of time to arrange things by myself and I enjoy my 2) \_\_\_\_\_ so much. Although I am now a 3) \_\_\_\_\_, I believe that with my confidence prevailing over any nervousness, and my strengths outweighing my weaknesses, I will 4) \_\_\_\_\_ the life here. And I'm sure I will live a colorful life with my dear friends and kind 5) \_\_\_\_\_.

### New Words and Expressions

*impression	/ ɪm'preʃn /	n. 印象; 感想
*declare	/ dɪ'kleə(r) /	v. 申报
*application	/ ,æplɪ'keɪʃn /	n. 申请, 申请书
*confidence	/ 'kɒnfɪdəns /	n. 信心; 信任
◆nervousness	/ 'nɜ:vəsnis /	n. 神经紧张; 情绪不安
◆outweigh	/ aʊt'weɪ /	v. 超过
prevail over		获胜; 占优势

**Video**

Watch the video clip, and then answer the 5 questions by filling in the blanks.

1. What was Abernathy looking for?  
He was looking for South Harmon \_\_\_\_\_ of Technology.
2. What was Abernathy looking to do in college?  
He was looking to pursue his \_\_\_\_\_ in English.
3. How did the students know about the college?  
They read the \_\_\_\_\_.
4. Why did so many people come to the college?  
It was the only place they got \_\_\_\_\_.
5. How did Larry's parents think of the college?  
They were \_\_\_\_\_ Larry got in someplace.



**New Words and Expressions**

accepted	/ək'septɪd/	a. 一般承认的；公认的
A.D.D. (Attention Deficit Disorder)		注意力涣散失调症
addiction	/ə'dɪkʃən/	n. 上瘾，沉溺
functioning	/'fʌŋkʃənɪŋ/	a. 功能的
Legionnaires' disease		军团病
mental health facility		精神病院
misread	/mɪs'ri:d/	v. 读错，误解
orientation	/.ɔ:(:)'rɪən'teɪʃən/	n. 报到，定位
Harmon College		哈蒙理工学院（巴特比创建的虚构大学）
*pursue	/pə'sju: /	v. 继续，追求
animal husbandry		畜牧管理
*philosophy	/'fɪləsəfɪ /	n. 哲学思想，生活信条

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**After-class Activity**

You're required to make an oral presentation on the topic *How to Get Acquainted in College* based on what you've learnt so far. Follow the tips below:

- Content: how to greet, self-introduce and depart.
- Try to practice the expressions you've learnt.
- Make an outline or write a draft first.

## ***Part Three***

### ***Broaden Your View***

#### **Passage A**

##### **Before Reading**

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**Activity 1**

*Please read the famous quote below, understand the quote by consulting the reference and then recite it.*

The object of a higher education is to bring out the intelligent moral power of our nature; to make a new and better society; and to enable us to abide in the highest excellence. When a man has a standard of excellence before him, and only then, will he have a fixed and definite purpose; with a fixed and definite purpose, and only then, will he be able to have peace and tranquility of mind; with tranquility of mind, and only then, will he be able to have peace and tranquility of soul; with peace and serenity of soul, and only then, can he devote himself to deep, serious thinking and reflection; and it is only by deep, serious thinking and reflection that a man can attain true culture. In physical nature, there are causes and effects. In human affairs, there are springs of actions and consequences. When a man knows that he must first attend to the one before he can deal with the other, he is then not far from the truth.

— *Higher Education* translated by Gu Hongming

**Activity 2**

Please enjoy a video clip "How to Kickass in College" which is relevant to the passage we are going to learn. Fill in the blanks while watching.

How to Kickass in College

Tip 1: Remember that it's about your college courses first. You need to understand that even though you do have this freedom, you still have responsibility. And your top responsibility is to 1) \_\_\_\_\_.

Tip 2: Go to class. If you go to your class, and don't 2) \_\_\_\_\_, you'll be successful to a degree.

Tip 3: Choose your friend wisely. If you start 3) \_\_\_\_\_ with people that don't have the same goal as you, they're going to pull you down to their level.

Tip 4: Party responsibly. Don't drink too much, don't drink too often, and don't do recreational drugs. You need to be safe.

Tip 6: Maintain a 4) \_\_\_\_\_. It just means you need to have balance.

Tip 7: Stick to a schedule. Now go to sleep and get up at reasonable hour. You need to get in 5) \_\_\_\_\_ maintaining a schedule.

\*kickass

/ kɪkæs /

(informal)

strikingly or

overwhelmingly

tough,

aggressive,

powerful

a. (非正式) 强势的; 有力的

**Activity 3**

Please conduct a survey by completing the questionnaire below.

1. The number one responsibility in college is _____.	Yes	No
a. to get education	_____	_____
b. to experience freedom	_____	_____
c. to choose new friends wisely	_____	_____
d. to maintain a healthy diet	_____	_____
e. _____	_____	_____
2. If you go to every class in college, you will _____.	Yes	No
a. feel satisfied	_____	_____
b. make more friends	_____	_____
c. be successful	_____	_____
d. learn as much as possible	_____	_____
e. _____	_____	_____