

A Selection of English Readings



英语精选导读



主 编 张金梅 陈 冰



清华大学出版社

图书在版编目(CIP)数据

英语精选导读. 上 / 张金梅, 陈冰主编. — 重庆: 重庆
大学出版社, 2019.8

ISBN 978-7-5689-1627-1

I. ①英… II. ①张… ②陈… III. ①英语—阅读教
学—高等学校—教学参考资料 IV. ①H319.37

中国版本图书馆 CIP 数据核字(2019)第 125151 号

英语精选导读(上)

YINGYU JINGXUAN DAODU (SHANG)

主 编 张金梅 陈 冰

责任编辑:张春花 版式设计:张春花

责任校对:万清菊 责任印制:赵 晟

*

重庆大学出版社出版发行

出版人:饶帮华

社址:重庆市沙坪坝区大学城西路 21 号

邮编:401331

电话:(023)88617190 88617185(中小学)

传真:(023)88617186 88617166

网址:<http://www.cqup.com.cn>

邮箱:fxk@cqup.com.cn (营销中心)

全国新华书店经销

重庆俊蒲印务有限公司印刷

*

开本:720mm×960mm 1/16 印张:8 字数:155 千

2019 年 9 月第 1 版 2019 年 9 月第 1 次印刷

ISBN 978-7-5689-1627-1 定价:29.00 元

本书如有印刷、装订等质量问题,本社负责调换

版权所有,请勿擅自翻印和用本书

制作各类出版物及配套用书,违者必究



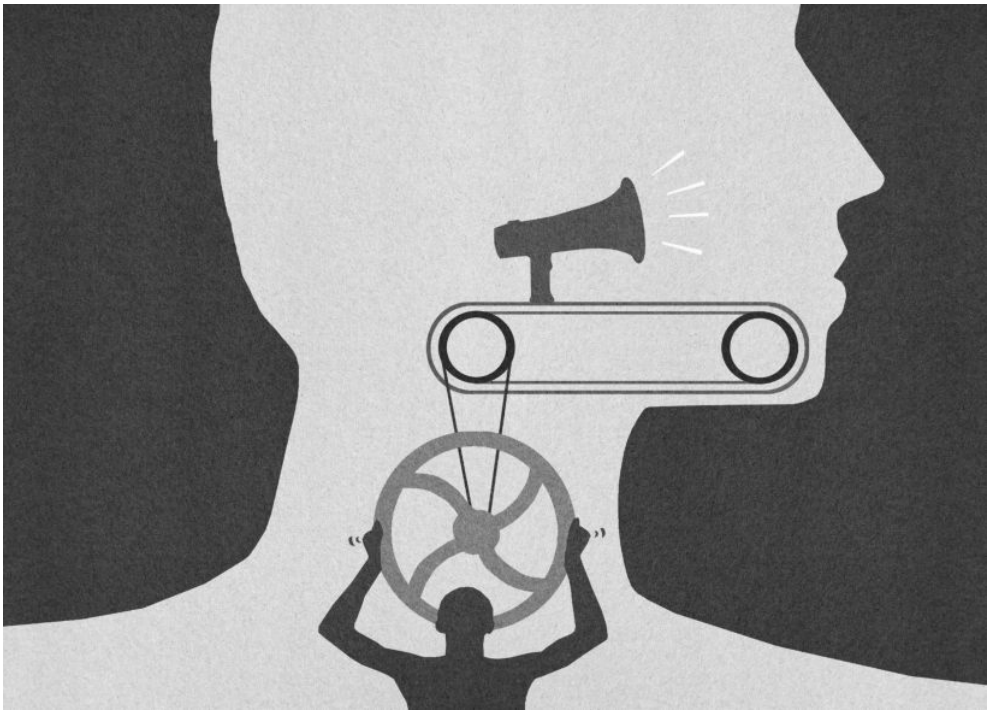
| | | |
|---------------------------------------|-------------------------------|----|
| Chapter One | Phonetics | 1 |
| International Phonetic Alphabet | | 2 |
| Unit 1 | Single Vowels | 3 |
| Unit 2 | Diphthongs | 4 |
| Unit 3 | Consonants | 5 |
| Unit 4 | Stress | 7 |
| Unit 5 | Liaison | 8 |
| Unit 6 | Intonation | 9 |
| Unit 7 | Pausing | 11 |
| Unit 8 | Comprehensive Exercises | 13 |
| Chapter Two | Essay | 15 |
| Unit 1 | About Love | 16 |
| Unit 2 | Advice to a Young Man | 19 |
| Unit 3 | Love Your Life | 22 |

| | | |
|-----------------|---|----|
| Unit 4 | On Friendship | 25 |
| Unit 5 | Three Days to See (I) (Excerpt) | 28 |
| Unit 6 | Three Days to See (II) (Excerpt) | 31 |
| Unit 7 | We're Just Beginning | 34 |
| Unit 8 | Youth | 37 |
| Further Reading | | 40 |
| | If the World Were a Village of 100 People | 40 |
| | Of Studies | 45 |
| Chapter Three | Poetry | 49 |
| Unit 1 | I'm Nobody, Who Are You? | 50 |
| Unit 2 | Down by the Salley Gardens | 52 |
| Unit 3 | When You Are Old | 55 |
| Unit 4 | If You Think You Are | 58 |
| Unit 5 | Blowing in the Wind | 61 |
| Unit 6 | The Road Not Taken | 65 |
| Unit 7 | I Wandered Lonely as a Cloud | 68 |
| Unit 8 | We Were Dear to Each Other | 72 |
| Further Reading | | 75 |
| | A Red, Red Rose | 75 |

| | |
|---|-----|
| Sonnet 29 | 78 |
| Chapter Four Film Scripts | 82 |
| Unit 1 Titanic (Excerpt) | 83 |
| Unit 2 The Joy Luck Club (Excerpt) | 86 |
| Unit 3 Schindler's List (Excerpt) | 90 |
| Unit 4 Romeo and Juliet (Excerpt) | 93 |
| Unit 5 Roman Holiday (Excerpt) | 97 |
| Unit 6 The Shawshank Redemption (Excerpt) | 100 |
| Unit 7 The Legend of 1900 (Excerpt) | 104 |
| Unit 8 The Sound of Music (Excerpt) | 108 |
| Further Reading | 112 |
| Forrest Gump (Excerpt) | 112 |
| Good Will Hunting (Excerpt) | 116 |

Chapter One

Phonetics



The best scheme of phonetics is a stiff uncertain thing.

—Thomas Edward Brown



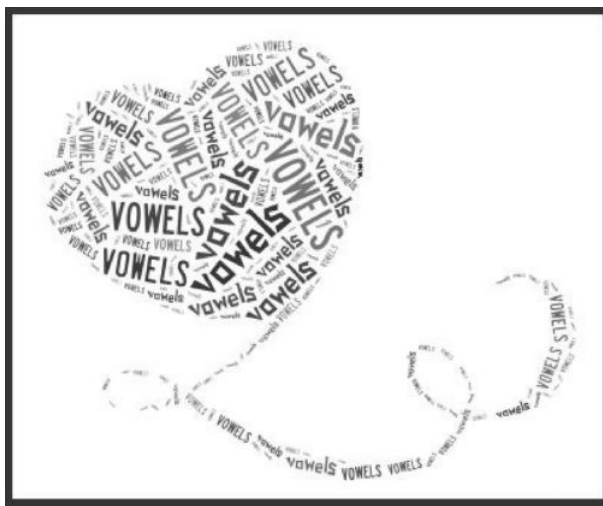
International Phonetic Alphabet

| Single Vowels (单元音) | | | | Consonants (辅音) | | | |
|---------------------|------|------|------|-----------------|------|------|------|
| [i:] | [ɪ] | [e] | [æ] | [p] | [b] | [t] | [d] |
| [ɑ:] | [ɒ] | [ɔ:] | [ʊ] | [k] | [g] | [f] | [v] |
| [u:] | [ʌ] | [ɜ:] | [ə] | [s] | [z] | [θ] | [ð] |
| Diphthongs (双元音) | | | | [ʃ] | [ʒ] | [h] | [tʃ] |
| | | | | [dʒ] | [tr] | [dr] | [ts] |
| [eɪ] | [aɪ] | [ɔɪ] | [əʊ] | [dz] | [m] | [n] | [ŋ] |
| [aʊ] | [ɪə] | [eə] | [ʊə] | [w] | [j] | [r] | [l] |

Unit 1 Single Vowels

| | | | | |
|--------|---------|---------|--------|----------|
| [i:] | eat | seat | sheep | field |
| [ɪ] | sit | ship | bit | miss |
| [e] | bed | mess | dead | men |
| [æ] | bad | dad | man | sad |
| [ɑ:] | bark | dark | lark | part |
| [ɒ] | cock | fox | sock | dot |
| [ɔ:] | cork | fork | sort | daughter |
| [ʊ] | cook | good | pull | would |
| [u:] | cool | goose | pool | wound |
| [ʌ] | cut | luck | suck | love |
| [ɜ:] | fur | learn | work | murmur |
| [ə] | further | learner | worker | murmurer |

注:易混淆音 [e]—[æ]—[ɑ:]—[ʌ]



Unit 2 Diphthongs

| | | | | |
|------|-------------------|----------------|------------------|-------------------|
| [eɪ] | t <u>a</u> pe | ba <u>y</u> | na <u>m</u> e | spa <u>d</u> e |
| [aɪ] | ti <u>e</u> | ni <u>gh</u> t | sp <u>y</u> | vi <u>c</u> e |
| [ɔɪ] | to <u>y</u> | noi <u>s</u> e | spoi <u>l</u> | vo <u>y</u> age |
| [əʊ] | to <u>e</u> | no <u>s</u> e | sp <u>o</u> ke | vo <u>t</u> e |
| [aʊ] | to <u>wn</u> | bo <u>w</u> | sp <u>o</u> ut | vo <u>w</u> |
| [ɪə] | the <u>a</u> tre | de <u>a</u> r | si <u>n</u> cere | engi <u>n</u> eer |
| [eə] | fa <u>ir</u> | sta <u>r</u> e | pre <u>p</u> are | be <u>a</u> r |
| [ʊə] | Febru <u>a</u> ry | po <u>o</u> r | to <u>u</u> r | su <u>r</u> e |



Unit 3 Consonants

| | | | | |
|------|-----------------|------------------|------------------|-----------------|
| [p] | pack | pay | sop | rope |
| [b] | <u>b</u> ought | <u>b</u> ay | <u>c</u> ub | <u>r</u> obe |
| [t] | <u>t</u> ear | <u>s</u> ent | <u>r</u> ate | <u>g</u> reat |
| [d] | <u>d</u> ie | <u>d</u> ough | <u>s</u> end | <u>a</u> id |
| [k] | <u>c</u> ame | <u>c</u> ard | <u>k</u> ick | <u>t</u> uck |
| [g] | <u>g</u> ame | <u>g</u> uard | <u>d</u> ig | <u>t</u> ug |
| [f] | <u>f</u> olk | <u>f</u> ail | <u>s</u> afe | <u>s</u> taff |
| [v] | <u>v</u> ote | <u>v</u> ine | <u>l</u> ive | <u>s</u> ave |
| [s] | <u>s</u> eal | <u>s</u> ink | <u>c</u> ourse | <u>p</u> olice |
| [z] | <u>z</u> ip | <u>b</u> uzz | <u>c</u> ause | <u>p</u> lease |
| [θ] | <u>th</u> ief | <u>th</u> ank | <u>th</u> row | <u>m</u> outh |
| [ð] | <u>th</u> ese | <u>th</u> at | <u>th</u> ough | <u>w</u> ith |
| [ʃ] | <u>m</u> ission | <u>p</u> ressure | <u>f</u> resher | <u>o</u> cean |
| [ʒ] | <u>v</u> ision | <u>p</u> leasure | <u>l</u> eisure | <u>p</u> losion |
| [h] | <u>h</u> eat | <u>h</u> ear | <u>h</u> ear | <u>h</u> air |
| [tʃ] | <u>s</u> earch | <u>ch</u> at | <u>ch</u> oice | <u>ch</u> ain |
| [dʒ] | <u>ri</u> dge | <u>l</u> arge | <u>j</u> ack | <u>j</u> oy |
| [tr] | <u>tr</u> y | <u>t</u> ree | <u>t</u> ree | <u>t</u> rick |
| [dr] | <u>dr</u> y | <u>d</u> ream | <u>d</u> rive | <u>d</u> rink |
| [ts] | <u>ts</u> | <u>g</u> ets | <u>c</u> oats | <u>p</u> oints |
| [dz] | <u>dz</u> | <u>r</u> eads | <u>s</u> eeds | <u>l</u> ands |
| [m] | <u>m</u> et | <u>m</u> ile | <u>s</u> imple | <u>f</u> amily |
| [n] | <u>n</u> eed | <u>f</u> inish | <u>e</u> nough | <u>l</u> oan |
| [ŋ] | <u>ŋ</u> | <u>st</u> rong | <u>b</u> ank | <u>th</u> ank |
| [w] | <u>w</u> ork | <u>w</u> ear | <u>w</u> ake | <u>W</u> alt |
| [j] | <u>y</u> our | <u>y</u> ear | <u>y</u> ellow | <u>y</u> oung |
| [r] | <u>w</u> rong | <u>b</u> oring | <u>m</u> arriage | <u>f</u> oreign |

[1]^① life late lonely lately
[1]^② cool hole soul fold

注：①[1]在词首或者元音前读得清晰。

②[1]在词末或者辅音前读得含糊。



Unit 4 Stress

Word Stress

- | | | | | |
|---------------|-------------|---------------|---------------|-------------|
| 1. 'modern | 'people | 'industry | 'policy | 'ordinary |
| 2. be'gin | suc'cess | ad'vantage | re'public | a'cademy |
| 3. 'maga'zine | 'inter'fere | 'ante'cedent | 'mathe'matics | |
| 4. 'Chi'nese | 'thir'teen | 'bourgeoi'sie | 'Indo'nesia | 'Ale'xander |

注: Stress Shift

Nouns or Adjectives

the 'contrast (对比) *n.*

the 'desert (沙漠) *n.*

the 'increase (增加) *n.*

the 'object (物体) *n.*

the 'protest (抗议) *n.*

the 'produce (产品) *n.*

'perfect (完美的) *adj.*

Verbs

to con'trast (对比) *v.*

to de'sert (遗弃) *v.*

to in'crease (增加) *v.*

to ob'ject (反对) *v.*

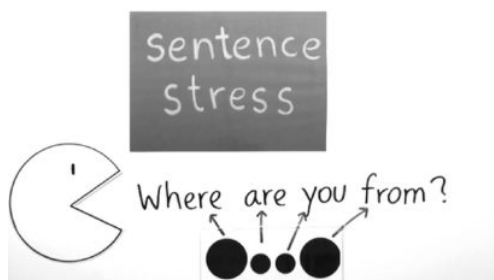
to pro'test (抗议) *v.*

to pro'duce (生产) *v.*

to per'fect (使……完美) *v.*

Sentence Stress

1. 'Honesty is the 'best 'policy.
2. He would 'die 'rather than 'yield.
3. It's 'better to be 'too 'early than to be too 'late.
4. 'Better to 'do 'well than to 'say well.
5. 'Better 'late than 'never.
6. 'What's the use of 'grumbling?
7. The 'strong should 'help the 'weak.
8. They 'went 'arm in 'arm.
9. She 'studies from 'morning till 'night.
10. 'This is the 'best that I can 'do.



Unit 5 Liaison

Consonant+Vowel

| | | | |
|-------------------|------------------|--------------------|-----------------|
| come ◊ in | work ◊ out | good ◊ idea | think ◊ of ◊ it |
| read ◊ it ◊ again | speak ◊ English | first ◊ of ◊ all | not ◊ at ◊ all |
| all ◊ of ◊ us | look ◊ at ◊ it | pick ◊ it ◊ up | put ◊ it ◊ on |
| take ◊ it ◊ along | take ◊ it ◊ away | leave ◊ it ◊ alone | an ◊ hour |
| in ◊ an ◊ hour | in ◊ August | in ◊ an ◊ instant | put ◊ on |

r-linking

| | |
|---------------------|------------------|
| there ◊ is | there ◊ are |
| our ◊ own | more ◊ over |
| for ◊ us | after ◊ all |
| far ◊ away | here ◊ and there |
| father ◊ and mother | remember ◊ it |
| for ◊ instance | later ◊ on |
| clear ◊ enough | for ◊ an hour |



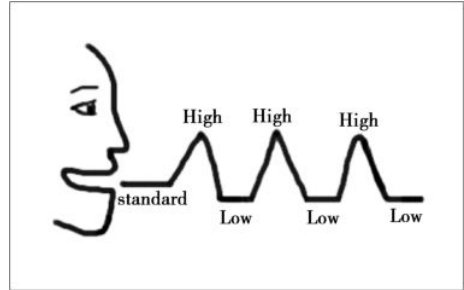
Vowel+Vowel

| | | | |
|------------------------|----------------|--------------------|--------------------|
| I ◊ am | you ◊ are | she ◊ is | go ◊ out |
| any ◊ other | go ◊ on | try ◊ it | try ◊ again |
| throw ◊ away | no ◊ objection | very ◊ interesting | highly ◊ important |
| day ◊ in and day ◊ out | go ◊ away | no ◊ end | see ◊ off |
| stay ◊ up | we ◊ agree | may ◊ I | who ◊ else |
| how ◊ old | | | |

Unit 6 Intonation

Falling Intonation

1. Everything's all right. ↘
2. I'm not sure. ↘
3. What's the date? ↘
4. Which one do you like best? ↘
5. Oh, dear! ↘
6. What a good idea! ↘
7. Take care! ↘
8. Behave yourself! ↘



Rising Intonation

1. Have you time? ↗
2. Can I help? ↗
3. Hurry up. ↗
4. Have a good time. ↗
5. It won't take long. ↗
6. It wasn't a great deal of trouble. ↗
7. Good morning. ↗
8. So long. ↗

Combined Intonation

1. We must meet troubles boldly ↘ and not let them frighten us. ↘
2. To understand the present, ↗ it is necessary to view it against the past. ↘
3. You may do whatever you like; ↗ go wherever you choose ↗ and be with whoever you please. ↘

4. You've worked very well so far; ↘ keep it up. ↘
5. None of us is perfect; ↘ we all make mistakes. ↘
6. Shall ↗ I read it to you or will you read it yourself? ↘
7. If it's worth doing at all, ↗ then it's worth doing well. ↘
8. Never say anything behind a person's back ↗ that you wouldn't say to his face. ↘
9. You shouldn't think ↗ you're something out of the ordinary. ↘
10. Never leave to others ↗ what you ought to do yourself. ↘

Unit 7 Pausing

Exercise One

'Unlike the ↗ aeroplane, / 'helicopter can 'fly 'straight 'up and down. ↘// It can 'hover and a'light on the ground ↘ / as 'gently as a 'bird 'settles in a tree. ↘// An 'aeroplane 'travels 'very fast ↘ / 'even when it is 'coming down, ↘ so it 'needs a very large 'field to 'land in. ↘// A 'helicopter 'cannot 'carry as 'many passengers, ↘ but it can 'land in a 'very 'small space. ↘// It can 'even 'land safely ↘ on the 'flat roofs of buildings. ↘

Exercise Two

The 'year has 'four seasons: ↘ / spring, ↗ / summer, ↗ / autumn ↗ and winter. ↘// There are 'twelve months: ↘ / January, ↗ / February, ↗ / March, ↗ / April, ↗ / May, ↗ / June, ↗ / July, ↗ / August, ↗ / September, ↗ / October, ↗ / November ↗ and December. ↘

A 'month has 'thirty or thirty-'one days. ↘ // 'February has 'twenty-eight days, ↘ / and twenty-'nine in a leap year. ↘// A 'week has seven days: ↘ / Monday, ↗ / Tuesday, ↗ / Wednesday, ↗ / Thursday, ↗ / Friday ↗ / Saturday ↗ and Sunday. ↘

The 'day has 'twenty-'four hours, ↘ an hour ↗ 'sixty minutes ↗ / and a minute ↗ 'sixty seconds. ↘

Exercise Three

An 'airport is a 'very 'busy place. ↘// Be'sides the 'long 'runways

'needed by planes ↗ / when 'coming 'in to land ↗ or when 'taking off, ↗ /
there are 'many im'portant buildings ↘ on it. // These are 'all 'near one
another, ↘ / and the 'most im'portant 'one is the con'trol tower, ↘ / from
'which 'signals by 'wireless are made ↗ / to ar'riving and de'parting planes. ↘ //
There are 'also hangars ↘ / where 'planes are 'kept un'til they are needed ↗ /
and where they can be 'overhauled and repaired, ↗ / 'waiting room for
passengers, ↗ / 'customs offices, ↗ / restaurants, ↗ / and 'very 'often a
hotel. ↘ // If the 'airport is some 'distance from a town or a 'railway station, ↗ /
'buses may be 'provided for the con'venience of passengers. ↘