

# 大学英语 四级 考试一本全

单项答题技巧+真题汇编及详解

孙霞 陈美娟 编著



WUHAN UNIVERSITY PRESS

武汉大学出版社

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“大学英语综合课文本教学实践研究”的部分成果，项目编号B2016421

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# 前 言

《大学英语四级考试一本全》是湖北省教育厅科学研究计划项目“大学英语综合课文本教学实践研究”(项目编号 B2016421)的部分成果。

该书的编排按照全国大学生英语四、六级考试委员会公布的《全国大学英语四、六级考试大纲(2016年修订版)》进行。修订版的四级考试内容组成如下:

试卷结构	测试内容	测试题型	题目数量	分值比例	考试时间
写作	写作	短文写作	1	15%	30 分钟
听力理解	短篇新闻	选择题(单选题)	7	7%	25 分钟
	长对话	选择题(单选题)	8	8%	
	听力篇章	选择题(单选题)	10	20%	
阅读理解	词汇理解	选词填空	10	5%	40 分钟
	长篇阅读	匹配	10	10%	
	仔细阅读	选择题(单选题)	10	20%	
翻译	汉译英	段落翻译	1	15%	30 分钟
总计			57	100%	125 分钟

本书内容由两部分组成:单项答题技巧和真题训练。其中单项答题技巧根据现行四级考试的题型由作文、听力、阅读和翻译四部分组成。每部分内容详细分析四级考试大纲对四级考试要求的规定和该部分题型常考结构,并提供部分练习。真题训练部分选用2016年6月、12月和2017年6月四级真题,共计九套。其中每一次的考题中官方听力有两套,第三套听力根据往年的四级真题听力结合新题型进行改编。真题部分采用活页的方式单独装订,方便学生自行测试。同时真题部分提供详细解析,方便学生自行学习并掌握考点。

此外,本书中所有的内容全部由往年真题组成。但是鉴于四级考试题型的变化,有的题型,如听力理解中的新闻听力部分是新增题型,因此这部分题型的往年真题数量并不丰富。听力单项部分的题目设置依然以往年真题为模板,将其中的短对话部分去除,只保留长对话和篇章部分,而新闻听力部分内容缺失。

由于编者能力有限,书中存在些许错误和不当,听力音频部分不能将新闻听力囊括其

中,给广大读者带来不便,敬请原谅。

本书所有音频及2017年12月真题及答案请从武汉大学出版社网站图书中心的下载中心直接下载,网址:[www.wdp.com.cn/book/bookIndex.action](http://www.wdp.com.cn/book/bookIndex.action)。

编者  
2018.1

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## 第一部分 单项答题技巧

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# 第一章 写 作

## 第一节 四级写作要求及评分标准

自从 2013 年全国大学四、六级考试委员会对四、六级试卷结构和题型进行局部调整以来,四、六级习作部分的总体趋势是继续向更实用的方向发展,题材更贴近大学生的日常生活和社会热点,作文题目的形式更加多样化,如漫画作文、图表作文、情景作文、格言引语评论、应用文(告示)等。

四级考试写作部分考查学生用英语进行书面表达的能力,分值占总分的 15%,考试时间为 30 分钟。四级写作不仅要求考生具有一定的英语词汇量和语法知识,还要求学生能按照英语的思维及表达方式来进行遣词造句,扩展主题。具体要求如下:“能完成一般性写作任务,能描述个人经历、观感、情感和发生的事件等,能写常见的应用文,能就一般性话题或提纲在半小时内写出 120~180 词的短文,内容基本完整,用词恰当,语意连贯。能掌握基本的写作技能。”

全国大学英语四级考试(CET4)目的在于检查考生是否达到大学英语教学大纲规定的教学要求,对作文的评判原则如下:

1. CET 作文采用总体评分(Global Scoring)方法。阅卷人员就总的印象给出奖励分(Reward Scores),而不是按语言点的错误数目扣分。

2. 从内容和语言两个方面对作文进行综合评判。内容和语言是一个统一体,作文应表达题目所规定的内容,而内容要通过语言来表达。要考虑作文是否切题,是否充分表达了思想,也要考虑是否用英语清楚而合适地表达了思想,也就是要考虑语言上的错误是否造成理解上的障碍。

3. 避免趋中倾向。该给高分的给高分,包括满分;该给低分给低分,包括零分。阅卷员在所评阅的全部作文卷中不应只给中间的几种分数。

评分标准如下:

1. 本题满分为 15 分。

2. 阅卷标准共分五等:2 分、5 分、8 分、11 分及 14 分。各有标准样卷一至两份。

3. 阅卷人员根据阅卷标准,对照样卷评分,若认为与某一分数(如 8 分)相似,即定为该分数(即 8 分);若认为稍优或稍劣于该分数则可加一分(即 9 分)或减一分(即 7 分)。但不

得加或减半分。

4. 各档次描述如下:

档次	档次描述
14分档	切题。表达思想清楚,文字通顺,连贯性好,基本上无语言错误,仅有个别小错
11分档	切题。表达思想清楚,文字连贯,但有少量语言错误
8分档	基本切题。有些地方表达思想不够清楚,文字勉强连贯;语言错误相当多,其中有一些是严重错误
5分档	基本切题。表达思想不清楚,连贯性差。有较多的严重语言错误
2分档	条理不清,思路紊乱,语言支离破碎或大部分句子有错误,且多数为严重错误

[注:白卷、作文与题目毫不相关或只有几个孤立的词而无法表达思想,则给0分]

5. 字数不足应酌情扣分:

累计字数	110~119	100~109	90~99	80~89	70~79	60~69	50~59	<49
扣分	1	2	3	4	5	6	7	9

6. 为了便于阅卷人员掌握评分标准,现将各档作文分相当于百分制的得分列表如下,称为“得分率”。其中9分的得分率为60分(相当于百分制的60分)。

作文分	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
得分率	100	94	87	80	74	67	60	54	47	40	34	27	20	14	7

## 第二节 历年作文范文

### 范文一

**Directions:** For this part, you are allowed 30 minutes to write a poster recruiting volunteers. You should write at least 120 words following the outline given below. (2006年6月真题)

1. 校学生会将组织一次暑假志愿者活动,现招募志愿者
2. 本次志愿者活动的目的、活动安排等
3. 报名条件及联系方式

### Volunteers Needed

The student union of our university decides to organize a social practice during the summer vacation and is now recruiting volunteers from all the students. And we do hope more students are willing to participate in our activity and enjoy it during the following month.

The details of the activity are listed as follows. our arrangement mainly includes looking after the senior citizens who live alone in the Old People's Home, introducing the effective ways of environmental protection to the passers-by in the street and conducting surveys for some companies. Our schedule will be settled down by next Monday.

Nowadays we all know that social practice is of greater importance in our society. As long as you are an undergraduate student of our university, want to broaden your knowledge scope and are willing to help others, please contact me either through email 123 163.com or phone number 1234567.

We are looking forward to your participation sincerely.

### 范文二

**Directions:** *For this part, you are allowed 30 minutes to write an announcement to welcome students to join a club. You should write at least 120 words following the outline given below. (2007年6月真题)*

1. 本社团活动的主要内容
2. 参加本社团活动的好处
3. 如何加入本社团

### Welcome to Our Club

Welcome to our club! Our English club aims at helping college students to study English in easier ways. There will be varieties of colorful activities almost every week in our club, such as English Talk Show, English Corner, English Lectures, English Songs Competitions, etc.

If you are accepted by our club, you will find you have made a wise choice. To begin with, you may practice and improve your English in our activities in a relaxed and comfortable way. In addition, you may make new friends in the activities, which will inevitably make your college life more enjoyable and meaningful. Last but not the least, you may participate in all the activities at a very low price or even free of charge.

If you feel interested in our club, please don't hesitate to join us. You just need to fill in the form and we will contact you as soon as possible. Our telephone number is 1234567, and if you have any question, please feel free to let us know. Thanks for your attention and we are looking forward to your participation.

### 范文三

**Directions:** For this part, you are allowed 30 minutes to write a short essay on the topic of **Limiting the Use of Disposable Plastic Bags**. You should write at least 120 words following the outline given below. (2008年12月真题)

1. 一次性塑料袋曾广为使用
2. 由此带来的问题
3. 限制使用一次性塑料袋的意义

#### Limiting the Use of Disposable Plastic Bags

In recent years, disposable plastic bags have been ever widely used in our daily life. When we go shopping, whether in big supermarkets or street markets, we will always be provided with plastic bags for free. Moreover, most people have been used to using disposable plastic bags as containers for almost everything.

As everyone sees, disposable plastic bags have brought great negative effects on our environment. Above all, these plastic bags are the main source of white pollution. For example, we often see these white rubbish floating on the water or hanging in the tree. What's more, plastic bags can not disappear by natural decomposition, so they will exist for a long time. Besides, some people throw them away casually after use because they are very cheap.

From my point of view, limiting the use of disposable plastic bags is of great significance. For one thing, the ban on free plastic bags encourages people to use paper or cloth bags, which is favorable to the reduction of environmental pollution. For another, it can help awaken the whole nation's consciousness to the importance of environmental protection. To conclude, by limiting the use of disposable plastic bags, everyone can contribute some effort to the improvement of our environment.

### 范文四

**Directions:** For this part, you are allowed 30 minutes to write a short essay on the topic of **Free Admission to Museums**. You should write at least 120 words following the outline given below. (2009年6月真题)

1. 越来越多的博物馆免费开放,目的是什么
2. 也会带来一些问题
3. 你的看法

#### Free Admission to Museums

Nowadays, more and more museums are open to the public free of charge. By doing so, they can attract more visitors, and offer the visitors more opportunities to explore

and get easy access to the world of history, culture and knowledge.

However, some people view that the practice also brings problems and concerns. They are right in a sense. For one thing, their main concern is that with more visitors, it is possible that objects exhibited can get damaged more easily. For another, it becomes a huge economic burden for museums to run as usual without any profits from the visitors.

In my opinion, I am absolutely in favor of this practice. The reason lies in the fact that the government should provide more opportunities for citizens to explore and get access to the knowledge world. Moreover, kids and teenagers can acquire knowledge in a more vivid way in the museums. I hope all the people can share the same national treasures in more free museums.

### 范文五

**Directions:** For this part, you are allowed 30 minutes to write a short essay on the topic of *Due Attention Should Be Given to Spelling*. You should write at least 120 words following the outline given below. (2010年6月真题)

1. 如今不少学生在英语学习中不重视拼写
2. 出现这种现象的原因是……
3. 为改变这种状况,我认为……

#### **Due Attention Should Be Given to Spelling**

As a basic skill in English studying, correct spelling plays a great important role in communication. However, nowadays, more and more students tend to pay less and less attention to it. Instead, they focus only on speaking.

Based on related surveys, the following can be concluded to contribute to the situation. On the one hand, some students themselves, to avoid making great efforts in spelling, prefer to choose such easy ways to study English as through E-dictionaries or computers, that usually causes them to make some mistakes in spelling. On the other hand, a great number of teachers seem to be more concerned with grammar and vocabulary but not spelling in their teaching practice to improve students' grades; therefore, students inappropriately spend less time and attention on their spelling.

As far as I'm concerned, there are many possible measures to be taken to solve the problem. To students, besides realizing the importance of spelling in exams and daily contacts, they should write as much as they can to form a good habit of studying, that is, "never read books unless write some notes". To teachers, they should be stricter with students in correct spelling and make dictations be a class compulsory task. Only by joint efforts of students and teachers can the misspelling problem be solved.

## 范文六

**Directions:** For this part, you are allowed 30 minutes to write a short essay entitled *Nothing Succeeds Without a Strong Will* by commenting on the humorous saying, "Quitting smoking is the easiest thing in the world. I've done it hundreds of times." You should write at least 120 words but no more than 180 words. (2011年12月真题)

### Nothing Succeeds Without a Strong Will

"Quitting smoking is the easiest thing in the world. I've done it hundreds of times." It tells us that without a strong will, nothing succeeds. People try to quit smoking for many times but end up with failure just because they lack a strong will. A strong will is essential if we want to achieve our goals.

People with strong wills cannot be defeated by difficulties easily and they will never give up until they succeed. Take Nobel, the inventor of explosive, as an example, before inventing explosive he took thousands of explosion experiments. We can name quite a lot of famous people like Nobel, but we can also list some people like the "smoking quitters". To them, making a plan is so easy as they don't have to keep it. Therefore, they will never realize it.

To sum up, a strong will is an important character people should cultivate since it plays a key role in people's success. The resolute make resolutions once and for all; the irresolute keep making resolutions all for once. To be the winner, try to be the resolute.

## 范文七

**Directions:** For this part, you are allowed 30 minutes to write a short essay. You should start your essay with a brief description of the picture and then express your views on the importance of doing small things before undertaking something big. You should write at least 120 words but no more than 180 words. Write your essay on *Answer Sheet 1*. (2013年6月真题)

From the cartoon we can see there is a talk with a father and a son. The son said, "Dad, I am a bit worried about disposing of nuclear weapons." While the father pointing the garbage can beside him replied, "If you can empty the dustbin here, you can do anything."

Although the conversation seems funny, it reflects the famous saying of Aristotle: "Great achievement only belongs to those who can do small things perfectly." There is no doubt that doing



something small we are enabled to accumulate experience, master skills and train ourselves to be more patient. In other word, we can be well-prepared for further challenges in the course of fulfilling small things. By contrast, those who set out to do something big will be constantly haunted by disappointment, frustrations or even failures. As when some big opportunity appears, they can hardly seize them because of the lack of experience and confidence stems from doing small things.

So in my opinion, under no circumstances can we undervalue the power of doing small things. Instead, we should regard small things as the source of experience, skills and the prerequisite of success.

### 范文八

**Directions:** For this part, you are allowed 30 minutes to write a short essay based on the picture below. You should start your essay with a brief account of the increasing use of the mobile phone in people's life and explain the consequence of overusing it. You should write at least 120 words but no more than 180 words. Write your essay on *Answer Sheet 1*. (2013 年 12 月真题)



People are crossing the street looking at their cell phones and using walking sticks in order to see.

### The Overuse of Cell Phones in People's Life

The exaggerating picture tells us the increasing use of the cell phone in People's life. On the one hand, many people are looking at their cell phones while walking. On the other hand, in case of falling down to the ground, they use walking sticks while crossing the street. This situation happens in every place where people overuse their cell phones. Thus, we can see the increasing use of the cell phone in a lot of cases.

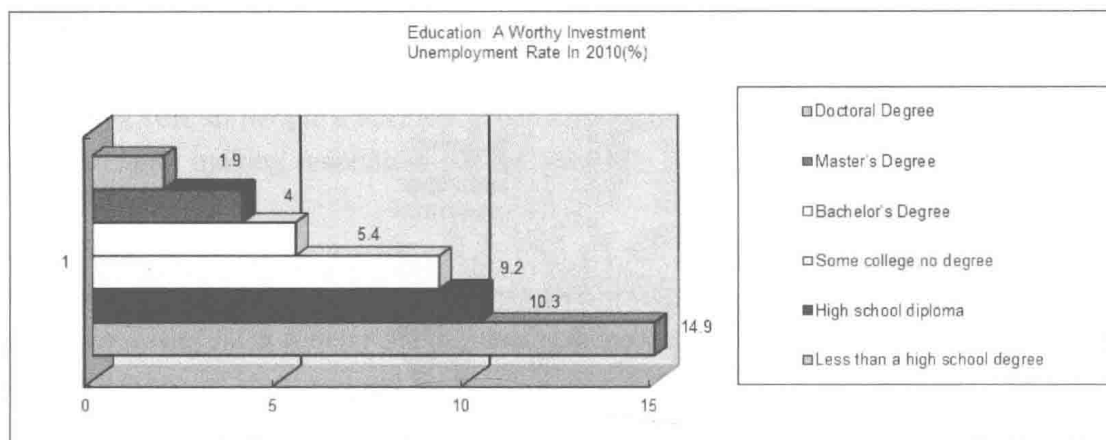
Overusing cell phones will bring several consequences. First of all, overusing cell phones will make people near-sighted or myopia since fonts of the words on the phone

would be small. What's more, overusing cell phones could cause accidents. It was reported that a girl fell into a drain and drowned when reading texts on her cell phone. Last but not the least, overusing cell phones will estrange us from our family numbers and friends. It is a commonly seen phenomenon that each one is looking at their cell phones rather than talking with each other when there is a family union or a get-together party of classmates or friends.

Therefore, we should use cell phone in a proper way. Cell phones bring us convenience, but they are only part of our life, not the whole of our life.

### 范文九

**Directions:** For this part, you are allowed 30 minutes to write a short essay entitled *Education Pays* based on the statistics provided in the chart below (*Unemployment rate in 2010*). Please give a brief description of the chart first and then make comments on it. You should write at least 120 words but not more than 180 words. Write your essay on *Answer Sheet 1*. (2014年6月)



Source: US Bureau of Labor Statistics

### Education Pays

*Shown/Indicated/Demonstrated/Illustrated/Revealed in the bar chart is the unemployment rate in 2010 concerning/with regard to/in regard to/with respect to/as regards/in relation to different education levels. As indicated/shown/demonstrated/illustrated in the chart, the higher degree one gets, the less likely he loses his job. Only 1.9% doctors lost their jobs in 2010 while in stark/sharp/marked contrast, people with more than a high school diploma saw the highest unemployment rate, which mounted to as high as 14.9%.*

The chart *reveals/shows/demonstrates/illustrates explicitly* how important and valuable education is. *With our society evolving/With evolution of our society, the*