



这是一本听力图书，也是一本贴合课本的阅读拓展书

A

C

B

English

主编◎高明俊

8

年级上册 (RJ)

# 英语 听力精练

 四川大学出版社

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## Unit 1 Where did you go on vacation?

### 单元听力指导

本单元的听力要求是能听懂有关假期活动的内容,进而描述及谈论度假的感受。

要想听懂这些内容,不仅要积累一定数量的单词和短语,还要掌握以下必要的听力技巧:

1. 学会根据句子重音捕捉关键信息,把握所听内容的大意。如 I went to New York City. 我们便可以预测出其问题很可能是: Where did you go on vacation? 此句中 where 重读。在听录音的过程中,将注意力集中在表示地点的词上。

2. 熟练掌握本单元的句型和问答语,确保答题的准确性。分清问句是特殊疑问句还是一般疑问句。

3. 熟练掌握本单元的重点单词的拼写,为解答表格题做准备。

### 听力分解训练



#### ● 单词训练

decide, try, wonder, dislike, wonderful, bored, anyone, someone, everyone, something, nothing, anywhere

#### ● 短语训练

quite a few, of course, feel like, because of

#### ● 句型训练

- Where did you go on vacation?  
—I went to...
- Did you go out with anyone?  
—No. No one was here. Everyone was on vacation.
- How was the food?  
—Everything tasted really good.



## 单元听力精练



一、听句子,根据所听到的内容选择正确答语。每小题读两遍。

- ( ) 1. A. I'm fine.                      B. Yes, Rick.                      C. Sorry.
- ( ) 2. A. She was great.                  B. She had a trip.                  C. It was great.
- ( ) 3. A. No, it was bad.                  B. It was sunny.                  C. I was happy.
- ( ) 4. A. Oh, yes.                          B. Yes, I did.                          C. No, I didn't.
- ( ) 5. A. Let's go.                          B. I went to Sanya.
- C. I didn't see anything I liked.

二、听对话,根据要求完成下列各题。

(一)听短对话,根据对话内容及问题选择正确答案。每小题读两遍。

- ( ) 6. A. Stayed at home.  
B. Went to the mountains.  
C. Visited museums.
- ( ) 7. A. Visited his uncle.    B. Went fishing                      C. Got any fish.
- ( ) 8. A. Her father.                      B. No one.                              C. Her mother.
- ( ) 9. A. Nothing.                          B. A kite.                                C. Some clothes.
- ( ) 10. A. Happy.                          B. Tired.                                C. Bored.

(二)听一段较长对话,根据对话内容回答下面两个问题。每小题读两遍。

- ( ) 11. Where did the girl go on vacation?  
A. She went to the mountains.  
B. She went to New York City.  
C. She went to the beach.
- ( ) 12. Where did the boy go on vacation?  
A. He went to the beach.

B. He went to the mountains.

C. He went to New York City.

(三)听一段长对话,根据对话内容回答下面三个问题。每小题读两遍。

( ) 13. What did the boy do?

A. Play volleyball.    B. Swim.    C. Watch a movie.

( ) 14. How was the food?

A. Really good.    B. Just so so.    C. Terrible.

( ) 15. What did the boy meet?

A. Some interesting people.    B. Some boring people.

C. Nothing.

三、听短文,按所听短文内容的顺序给下面句子排序。短文读两遍。

A. On Saturday, they decided to go to the museum.

B. They met at the station and went back home.

C. There are three people in Dick's family.

D. Last weekend, they went to London by train for a short trip.

E. On Sunday afternoon, his mother went shopping. Dick's father and he went to see a movie.

16. \_\_\_\_\_ 17. \_\_\_\_\_ 18. \_\_\_\_\_ 19. \_\_\_\_\_ 20. \_\_\_\_\_

四、听短文,根据短文内容选择正确答案。短文读两遍。

( ) 21. When did Eric take a trip last year?

A. In December.    B. In January.    C. In February.

( ) 22. How many people went with Eric?

A. One.    B. Two.    C. Three.

( ) 23. How did Eric get to Hainan?

A. By plane.    B. By bus.    C. By car.



( ) 24. What didn't Eric do during the vacation?

- A. Went to the book store.
- B. Buy some clothes.
- C. Read English.

( ) 25. How long did Eric do his homework?

- A. For one hour.
- B. For two hours.
- C. For three hours.

五、听短文,根据短文内容完成下面表格。短文读三遍。

Kate's trip	
How was the trip?	It was <u>26</u> .
Where is the Central Lake?	It's <u>27</u> some hills.
What did they see when they arrived at the lake?	They saw <u>28</u> .
Who swam in the lake?	<u>29</u> .
What did the girls do when the boys put up the camp?	They <u>30</u> the boys.

26. \_\_\_\_\_ 27. \_\_\_\_\_ 28. \_\_\_\_\_ 29. \_\_\_\_\_ 30. \_\_\_\_\_

六、听短文,用自己的话复述短文,并将复述后的内容写下来。短文读三遍。

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## Unit 2 How often do you exercise?

### —— 单元听力指导 ——

本单元的听力要求是能听懂有关生活习惯的内容,包括一些关于生活习惯、娱乐、运动的对话等。

要想听懂这些内容,不仅要积累一定数量的单词和短语,还要掌握以下必要的听力技巧:

1. 学会预测,根据选项或问题进行预测。在听力测试前根据材料所给信息对内容进行一定的预测,从而降低听力难度。
2. 熟练掌握本单元的句型和问答语,确保答题的准确性。分清问句是特殊疑问句还是一般疑问句。
3. 熟练掌握本单元的重点单词的拼写,为解答表格题做准备。

### —— 听力分解训练 ——



#### ● 单词训练

housework, hardly, ever, once, twice, Internet, program, full, swing, maybe, least, coffee, health, result, percent, online, television, although, through, mind, body, such, together, die, writer, dentist, magazine, however, than, almost, none, less, point

#### ● 短语训练

how often, help with housework, hardly ever, go shopping, go to the movies, once a week, swing dance, stay up, at least, junk food, be good for, play computer games, not... at all, the answer to... , such as, less than

#### ● 句型训练

1. —How often do you go to the movies?  
—I go to the movies maybe once a month.
2. My mother wants me to drink milk. She thinks it is good for my health.
3. Twenty percent of our students do not exercise at all.
4. It's good to relax by using the Internet or watching game shows, but we think the best way to relax is through exercise.
5. Remember "Old habits die hard". So start exercising before it's too late.



## 单元听力精练



一、听句子,根据所听到的内容选择正确答语。每小题读两遍。

- ( ) 1. A. No, she wasn't.      B. Yes, she does.      C. Yes, she did.  
 ( ) 2. A. 90%.      B. On Sunday.      C. Sometimes.  
 ( ) 3. A. Go shopping.      B. Yes, they do.      C. Watch TV.  
 ( ) 4. A. For three days.      B. Three times.      C. 3 times a week.  
 ( ) 5. A. How come?      B. No problem.      C. You're welcome.

二、听对话,根据要求完成下列各题。

(一)听短对话,根据对话内容及问题选择正确答案。每小题读两遍。

- ( ) 6. A. Once a week.      B. 3 times a week.      C. Every day.  
 ( ) 7. A. By bike.      B. By bus.      C. By car.  
 ( ) 8. A. At 8 : 30.      B. At 9 : 30.      C. At 10 : 30.  
 ( ) 9. A. Hamburgers and cola.  
       B. Milk and egg.  
       C. Milk and hamburger.  
 ( ) 10. A. For 2.5 hours.      B. For 3 hours.      C. For 4 hours.

(二)听一段较长对话,根据对话内容回答下面两个问题。每小题读两遍。

- ( ) 11. What does Tom usually do on Saturdays?  
       A. Play basketball.      B. Watch TV.      C. Study.  
 ( ) 12. Whom does Tom sometimes go to the park with?  
       A. His friends.      B. His sister.      C. His brother.

(三)听一段长对话,根据对话内容回答下面三个问题。每小题读两遍。

- ( ) 13. What does Steve usually do on Saturday?  
       A. Play soccer.      B. Play basketball.      C. Play volleyball.

- ( ) 14. How often does Steve go to movies?
- A. 3—4 times a week.  
B. 2—3 times a month.  
C. 3—4 times a month.
- ( ) 15. What does Steve think of coffee?
- A. Great.                      B. Just so so.                      C. Terrible.

三、听短文,按所听短文内容的顺序给下面句子排序。短文读两遍。

- A. If you like to run, you should look after your feet.  
B. Walking is good exercise.  
C. Many people today like to exercise.  
D. Some people like to swim.  
E. Exercise helps them to keep in good health.

16. \_\_\_\_\_ 17. \_\_\_\_\_ 18. \_\_\_\_\_ 19. \_\_\_\_\_ 20. \_\_\_\_\_

四、听短文,根据短文内容选择正确答案。短文读两遍。

- ( ) 21. What does Mr. Smith usually do on Saturday morning?
- A. Wash his car.              B. Do some reading.              C. Do exercise.
- ( ) 22. What does he always do on Saturday evening?
- A. Clean the rooms.      B. Go to a village.              C. Wash his car.
- ( ) 23. What does Mr. Smith think of doing dishes?
- A. Interesting.              B. Boring.                      C. Wonderful.
- ( ) 24. What does Mr. Smith do on Sunday?
- A. Do exercise with his friends.  
B. Help his wife do housework.  
C. Go to a village with his family.



- ( ) 25. What do the children do on the farm?
- A. Help with the animals and give them some food.
  - B. Wash the car with family.
  - C. Do the dishes.

五、听短文,根据短文内容完成下面表格。短文读三遍。

Jane Enjoys Sports very much	
26	She is in the 27 at her school. She often watches the games on TV on 28 .
<b>Dance</b>	She began to dance when she was 29 years old. She goes to the dancing club 30 time(s) a week.

26. \_\_\_\_\_ 27. \_\_\_\_\_ 28. \_\_\_\_\_ 29. \_\_\_\_\_ 30. \_\_\_\_\_

六、听短文,用自己的话复述短文,并将复述后的内容写下来。短文读三遍。

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## Unit 3 I'm more outgoing than my sister.

### —— 单元听力指导 ——

本单元的听力要求是能听懂人物比较的内容,比较的内容包括人物的外貌、性格、能力等。

要想听懂这些内容,不仅要熟悉本单元的单词和短语,其次,要掌握比较级的语法规则和基本句型,最后要掌握必要的听力技巧:

1. 学会预测,根据选项或问题进行预测。如三个选项均为人物外貌方面的,我们便可以预测出其问题很可能是:What's he/she like? 在听录音的过程中,将注意力集中在描写人物外貌的词上。
2. 熟练掌握本单元的重点单词的拼写,为解答表格题做准备。

### —— 听力分解训练 ——



#### ● 单词训练

outgoing, hard-working, serious, loud, necessary, fantastic, similar, both, better, loudly, quietly, clearly, truly

#### ● 短语训练

as long as, in fact, be different from, be similar to, the same as, bring out, care about

#### ● 句型训练

1. —Is Tom smarter than Sam?  
—No, he isn't. Sam is smarter than Tom.
2. —Does Tara work as hard as Tina?  
—Yes, she does.
3. —Who is more hard-working at school?  
—Tina thinks she works harder than me.



## 单元听力精练



一、听句子,根据所听到的内容选择正确答语。每小题读两遍。

- ( ) 1. A. Yes, she is.                      B. Yes, he is.                      C. Yes, he does.  
 ( ) 2. A. Outgoing.                      B. Necessary.                      C. English.  
 ( ) 3. A. Tall.                      B. Music.                      C. Hard-working.  
 ( ) 4. A. My brother Jack.  
           B. In the music hall.  
           C. Tomorrow morning.  
 ( ) 5. A. I'm OK.                      B. Sorry.                      C. You're right.

二、听对话,根据要求完成下列各题。

(一)听短对话,根据对话内容及问题选择正确答案。每小题读两遍。

- ( ) 6. A. Outgoing.                      B. Quiet.                      C. Shy  
 ( ) 7. A. Singing.                      B. Playing the piano.                      C. Dancing.  
 ( ) 8. A. She has short hair.  
           B. She has long hair.  
           C. She wears glasses.  
 ( ) 9. A. 10.                      B. 14.                      C. 15.  
 ( ) 10. A. Dentist and patient.  
           B. Mother and son.  
           C. Teacher and student.

(二)听一段较长对话,根据对话内容回答下面两个问题。每小题读两遍。

- ( ) 11. Who runs faster, Aaron or Bob?  
           A. Aaron.                      B. Bob.                      C. Don't know.  
 ( ) 12. How long does Aaron run for every morning?  
           A. Seven kilometers.                      B. Three kilometers.                      C. Five kilometers.

(三)听一段长对话,根据对话内容回答下面三个问题。每小题读两遍。

- ( ) 13. What did Jenny do yesterday?
- A. Play basketball.  
B. Visit her cousin.  
C. Go to Helen's birthday party.
- ( ) 14. Which one is true according to the conversation?
- A. Rick is shorter than Jenny.  
B. Jenny is more outgoing than Rick.  
C. Rick can play basketball well.
- ( ) 15. What does Helen want to do?
- A. Have a birthday party.  
B. Play ping-pong with Rick.  
C. Meet Rick.

三、听短文,按所听短文内容的顺序给下面句子排序。短文读两遍。

- A. We didn't go to play basketball yesterday.  
B. We play basketball together every Friday evening and Sunday afternoon.  
C. We were touched by an English movie.  
D. Mike is my classmate one year older than me.  
E. Mike bought a new pair of sports shoes.

16. \_\_\_\_\_ 17. \_\_\_\_\_ 18. \_\_\_\_\_ 19. \_\_\_\_\_ 20. \_\_\_\_\_

四、听短文,根据短文内容选择正确答案。短文读两遍。

- ( ) 21. What does Jenny look like?
- A. She has long blonde hair.  
B. She wears red glasses.  
C. She looks cool.
- ( ) 22. When did Jenny start to learn to swim?
- A. Two months ago.  
B. When she was 4 years old.



C. Three year ago.

( ) 23. How long does Jenny run every morning?

A. For 35 minutes.      B. For 45 minutes.      C. For 60 minutes.

( ) 24. What is Jenny's favorite sport in winter?

A. Swimming.      B. Running.      C. Skating.

( ) 25. How does the speaker feel after Mary decides to teach her/him to skate?

A. Sad.      B. Relaxed.      C. Excited.

五、听短文,根据短文内容完成下面表格。短文读三遍。

My sister	
Age	She is 13 years old.
Appearance	She has <u>26</u> hair. She is tall and kind of thin.
Personality	She is <u>27</u> and warm-hearted.
<u>28</u>	She is talented in math, but she doesn't like English.
Hobbies	She likes singing and she won a singing competition last week. She likes dancing and she goes to the dancing club <u>29</u> a week. She likes running because it can help her <u>30</u> and she runs every morning.

26. \_\_\_\_\_ 27. \_\_\_\_\_ 28. \_\_\_\_\_ 29. \_\_\_\_\_ 30. \_\_\_\_\_

六、听短文,用自己的话复述短文,并将复述后的内容写下来。短文读三遍。

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## Unit 4 What's the best movie theater?

### —— 单元听力指导 ——

本单元的听力要求是能听懂有关你居住的城镇的内容,进而能就个人喜好进行讨论和比较。

要想听懂这些内容,首先必须积累一定数量的单词和短语;其次,要掌握必要的听力技巧:

1. 学会预测,根据选项或问题进行预测。如选项有 A. The biggest screen. B. The cheapest tickets. C. The best sound. 我们便可以预测出其问题在谈论最怎么样的事物,听的过程中关注形容词最高级的相关内容。

2. 熟练掌握本单元的句型和问答语,确保答题的准确性。注意特殊疑问句和一般疑问句的提问,如 What's the best...? What do you think of...? Is there...?

3. 熟练掌握本单元的重点单词的拼写,为解答表格题做准备。

### —— 听力分解训练 ——



#### ● 单词训练

comfortable, fresh, poor, close, worse, worst, cheaply, carefully, comfortably, beautifully, seriously

#### ● 短语训练

so far, have... in common, all kinds of, be up to, play a role, make up, for example

#### ● 句型训练

- What's the best movie theater to go to?  
—Town Cinema. It's the closest to home. And you can buy tickets the most quickly there.
- Which is the worst clothes store in town?  
—Dream Clothes. It has the worst service
- What do you think of 970 AM?  
—I think 970 AM is pretty bad.