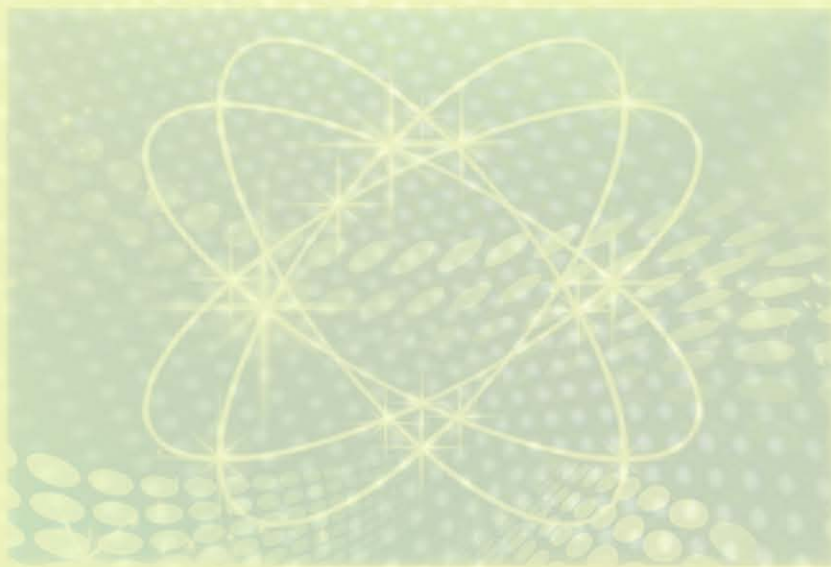


# 蓉城学堂 阅读周练 语文

八年级（下）

蓉城学堂编委会 编著



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# 致同学

同学们,你们好! 欢迎你们进入八年级下学期的英语学习!

你们拿到的这本《蓉城学堂课课练》是蓉城学堂编委会组织成都市重点中学一线名师和成都中考研究专家精心设计编写的一本全新的、优质的课后练习书。它具有如下特点:

专一中凸显专业。我们仅以成都市七、八、九年级学生为研究对象,以成都市调研考试和中考为研究目标,以成都市七、八、九年级的课堂为研究载体,科学取样,突出重点和难点,设置易错点和易混点,合理安排训练难度和梯度,控制练习数量,题型的难度和梯度均与成都市调研考试或中考吻合。

实用中追求高效。把每个单元分为四部分:第一部分是单元课课练习卷,覆盖调研考试或中考题型(采用活页形式),控制题量。第二部分是单元基础知识总结卷,帮助学生巩固本单元的核心词汇、短语,总结词性变化、阅读策略或学习方法,为单元综合练习、提升能力打下坚实的基础。第三部分是单元综合练习卷,对本单元中的重点知识按照中考 B 卷要求设置训练题,以提升能力为目标进行专练。第四部分是单元基础知识过关卷,对第二部分的内容进行有效的检测,采用活页形式,准确获取反馈信息。相信通过这样的层层引导和科学训练,同学们一定会轻松摘得高分,形成良好的学习方法,从而建立学习英语的自信心。

权威与时效并重。本书很好地体现了新课程理念以及成都市中考的新理念——关注学生的情感、态度、价值观,关注学生身边的时事。本书特别注重各类练习的选材,尤其注重 Section A 和 Section B 的分层选材以及选材的广泛性,强调从学生的需求出发,关注学生的内心世界,强调“悦读”“悦练”,真正让不同层次的学生能学有所获。

同学们,相信《蓉城学堂课课练》一定会成为你们的好朋友,伴随着你们度过初中的学习生活,走上成功之路!

蓉城学堂编写组

2015 年 1 月

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## Unit 1 What's the matter?

## 归纳总结 基础夯实

学习策略: 作者以某种特定的方式来描述事件的经过。找到事件的线索将有助于你对所阅读的材料的理解。

## ◇Section A 核心词汇

1. matter *n.* 问题; 事情
2. stomachache *n.* 胃痛, 腹痛
3. throat *n.* 咽喉, 喉咙
4. fever *n.* 发烧
5. cough *n. & v.* 咳嗽
6. toothache *n.* 牙痛
7. break *n.* 间歇, 休息
8. hurt *v.* 疼痛, 受伤
9. passenger *n.* 乘客, 旅客
10. trouble *n.* 问题, 苦恼

## ◇Section A 核心短语

1. What's the matter? 怎么了?
2. have a cold 感冒
3. lie down 躺下
4. see a dentist 看牙医
5. take one's temperature 量体温
6. get off 下车
7. to one's surprise 使……惊讶的是
8. right away 立即, 马上
9. thanks to 幸亏
10. in time 及时

## ◇Section B 核心词汇

1. knee *n.* 膝盖
2. breathe *v.* 呼吸
3. risk *n. & v.* 风险, 冒险
4. accident *n.* 事故
5. situation *n.* 情况, 状况
6. blood *n.* 血
7. mean *v.* 意思是
8. importance *n.* 重要性
9. decision *n.* 决定, 抉择
10. control *n. & v.* 限制, 约束
11. spirit *n.* 勇气, 意志
12. death *n.* 死, 死亡

## ◇Section B 核心短语

1. have a nosebleed 流鼻血

2. be used to 习惯于……, 适应于……
3. take risks 冒险
4. run out (of) 用尽, 耗尽
5. cut off 切除
6. get out of 离开, 从……出来
7. be in control of 掌管, 管理
8. give up 放弃
9. keep on doing sth. 坚持做某事
10. make a decision 做出决定

## ◇词形变换

1. tooth *n.* 牙齿→teeth (复数)
2. lie *v.* 躺→lay (过去式)→lying (现在分词)
3. suggest *v.* 建议; 提议→suggestion *n.* 建议; 提议
4. polite *adj.* 有礼貌的→impolite *adj.* 不礼貌的 → politely *adv.* 礼貌地→impolitely *adv.* 不礼貌地
5. breathe *v.* 呼吸→breath *n.* 呼吸
6. our *pron.* 我们的→ourselves (反身代词) 我们自己
7. knife *n.* 刀→knives (复数)
8. important *adj.* 重要的→importance *n.* 重要性
9. decide *v.* 决定→decision *n.* 决定
10. die *v.* 死→death *n.* 死亡→dead *adj.* 死的→dying (现在分词)

## ◇写作帮手

1. I think I sat in the same way for too long without moving. 我想我以同样的姿势一动不动地坐得太久了。
2. Thanks to Mr. Wang and the passengers, the doctors saved the man in time. 多亏了王先生和乘客们, 医生及时挽救了这个人。
3. As a mountain climber, Aron is used to taking risks. 作为一名登山者, Aron 习惯于冒险。
4. In this book, Aron tells of the importance of making good decisions, and of being in control of one's life. 在这本书中, Aron 阐述了做出正确决定以及掌握生命的重要性。

## Unit 1 What's the matter?



### 第1课时 Section A(1a—1c)

一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. —What's the matter with you?  
—I \_\_\_\_\_.  
A. go to school B. have a headache  
C. have a bicycle
- ( ) 2. —Why are you so \_\_\_\_\_ these days?  
—Well, I have too much homework to do every day.  
A. tired B. happy C. much too
- ( ) 3. —Mum, I have a stomachache.  
—You \_\_\_\_\_ eat so much ice cream.  
A. should B. shouldn't C. can
- ( ) 4. There's no school bus for the children, so they have to go to school \_\_\_\_\_.  
A. on foot B. by bus C. on feet
- ( ) 5. Lucy is only four years old, she isn't \_\_\_\_\_ to go to school.  
A. old enough B. young enough  
C. too old

二、用括号内单词的适当形式填空。

1. I have a sore throat, it's difficult for me \_\_\_\_\_ (talk) to you.
2. Don't play with the knife, or you may cut \_\_\_\_\_ (you).
3. You must have a cold. You should \_\_\_\_\_ (drink) a lot of water.
4. Last night I ate too much, and I had a \_\_\_\_\_ (stomach) this morning.
5. Tom is very lazy, he often forgets to brush his \_\_\_\_\_ (tooth), so he has a toothache.

三、根据对话内容, 选择正确的选项补全对话。

A: Good morning. What's the matter?

B: 1

A: Do you have a headache?

B: Yes, I do.

A: Open your mouth and say "Ah".

B: Ah.

A: Did you sleep well?

B: No, I felt terrible last night.

A: Oh, I see. You had a bad cold.

B: Do I have to stay in bed?

A: Yes. 2

B: Is it serious?

A: No. 3 But you really need a good rest and take this medicine.

B: 4

A: Three times a day.

B: OK. Thank you?

- A. You'd better stay at home for two or three days.  
B. How often need I take the medicine?  
C. I don't feel very well.  
D. It's nothing serious.

1.	2.	3.	4.
----	----	----	----

四、完形填空。

Mr. and Mrs. Green were very worried about their son, Leo. He seemed to be dumb (哑的) 1 he was normal in every other way. Mr. and Mrs. Green tried everything to get him to 2, but with no success. When Leo was six years old, the best doctors in the town 3 him carefully, but could find nothing wrong. And he seemed to be smart. It was just that he 4 spoke.

"There might be something wrong with his 5, and he doesn't know he's able to speak." one doctor said. "But he can read and write," said Mr. Green. "We've written him notes, telling him that he can speak." "It's certainly very 6," another doctor said, "Perhaps he'll be able to speak some day." 7 passed. Leo went to university. But he did not say a single 8. Then one day, Leo was having a meal with his parents. Without any warning, he looked up from his 9 and said, "Pass me the salt, please."

Mr. and Mrs. Green were excited. "You spoke! You spoke!" they cried. "Why have you 10 so long to speak?" "I didn't have anything to say," he said. "Until now everything was perfect. But you forgot to put salt in potatoes."

- ( ) 1. A. because B. when C. though  
( ) 2. A. speak B. walk C. play  
( ) 3. A. taught B. found C. examined  
( ) 4. A. never B. often C. usually  
( ) 5. A. back B. hair C. mind  
( ) 6. A. unfair B. strange C. noisy

- ( ) 7. A. Hours      B. Weeks      C. Years  
 ( ) 8. A. name      B. place      C. word  
 ( ) 9. A. chair      B. meal      C. hands  
 ( ) 10. A. slept      B. walked      C. waited

### 五、根据短文内容选择正确答案。

Mr. Jenkins liked all kinds of delicious food. As an important officer, he was often asked to dinner. The shopkeepers tried their best to fawn on (巴结) him. They knew it was good for their business. Now the officer got fatter and fatter. He could hardly go upstairs at home and had to sleep downstairs. He often felt tired if he walked or did some housework. He was worried about it and had to go to a doctor. "Stop eating much fat (脂肪) and sugar, Mr. Jenkins," said the doctor. "Or it will be worse for your health!" It was difficult for the officer to do it. He wouldn't do as the doctor said. He found something was wrong with his heart a few months later. Now he thought the doctor was right. And he had to be in hospital.

"You must lose weight, sir," said the doctor, "unless you want to die soon!" "Could you tell me a way to lose weight, please?" "You must do some exercise first." "Which exercise?" "To move your head from side to side when you are invited to dinner!"

- ( ) 1. Mr. Jenkins was often asked to dinner because \_\_\_\_\_.  
 A. he liked the delicious food  
 B. he was ready to help others  
 C. he was helpful to their business
- ( ) 2. What did Mr. Jenkins do?  
 A. A doctor.      B. An officer.  
 C. A businessman
- ( ) 3. What happened to Mr. Jenkins after being invited?  
 A. He got fatter and fatter.  
 B. He hardly went upstairs.  
 C. Both A and B.
- ( ) 4. It was difficult for Mr. Jenkins to do everything, so \_\_\_\_\_.  
 A. he didn't go to dinner  
 B. he began to do some exercise  
 C. he went to ask the doctor for help
- ( ) 5. Which of the following is true?  
 A. The doctor told Mr. Jenkins not to do exercise.  
 B. The doctor told Mr. Jenkins not to go to dinner.  
 C. The doctor thought Mr. Jenkins would die.

## 第2课时 Section A (2a—2d)

### 一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. —I'd like a cup of black coffee. What about you, Maggie.  
 —I prefer coffee \_\_\_\_\_ sugar.  
 A. than      B. for      C. with
- ( ) 2. If you have a toothache, you should see a \_\_\_\_\_.  
 A. policeman      B. dentist      C. nurse
- ( ) 3. The boy needs \_\_\_\_\_ English conversations to improve spoken English.  
 A. to practice less  
 B. practices  
 C. to practice more
- ( ) 4. You should \_\_\_\_\_ when you have a fever.  
 A. do more exercise  
 B. eat more food  
 C. drink more water
- ( ) 5. Don't sit in the same way in front of the computer for too long without \_\_\_\_\_.  
 A. move      B. moves      C. moving

### 二、根据句意和首字母填写正确的单词。

- Little Kids may h \_\_\_\_\_ themselves when they are alone at home.
- The cut looks so serious that you should put some m \_\_\_\_\_ on it.
- Your head is too hot. Have you taken your t \_\_\_\_\_?
- Students shouldn't go to school w \_\_\_\_\_ breakfast. It's bad for their health.
- The doctor put a b \_\_\_\_\_ on the cut of his finger.

### 三、完成对话。在空格中填上适当的单词,使对话完整正确。(一空一词)

- A: Good afternoon, Mrs. Brown! What can I do 1 you?  
 B: Good afternoon, Doctor. I'm not 2 well.  
 A: What's the 3 with you?  
 B: I have a headache.

A: Do you have a 4 ?

B: No. My temperature seems to be 5 .

A: Open your 6 and say "Ah".

B: Ah!

A: You'd better stay in 7 for a day 8 two. And take this 9 twice a day.

B: Thanks.

A: You are 10 .

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

#### 四、阅读短文,根据短文内容判断句子正误。

A man went to see his doctor one day, because he was suffering from pains in his stomach. After the doctor had examined him carefully, he said to him, "Well, there's nothing really wrong with you, I'm glad to say. Your only trouble is that you worry too much. Do you know, I had a man with the same trouble as you here a few weeks ago, and I gave him the same advice as I am going to give you. He was worried because he couldn't pay his tailor's bills. I told him not to worry about the bills any more. He took my advice and when he came to see me again two days ago, he told me that he now felt quite all right again." "Yes, I know all about that," answered the patient sadly. "You see, I'm that man's tailor!"

- ( ) 1. The tailor went to see his doctor because he has got a headache.
- ( ) 2. There is nothing serious with the tailor.
- ( ) 3. A man with the same trouble as the tailor a few days ago.
- ( ) 4. The doctor gave the man and the tailor the same advice.
- ( ) 5. The tailor was worried because a man couldn't pay his bills.

#### 五、根据短文内容选择正确答案。

When you are ill, you'll be unhappy because your body become hot, and there are pains all over. You don't

want to work, you stay in bed, feeling terrible.

What makes you ill? It's germs(细菌). Germs are everywhere. They are very small and you can't see them with your eyes, but you can see them with a microscope. They are very small and there could be hundreds of them on or in a very small thing.

Germs are always found in dirty water. When you look at dirty water under the microscope, you will see them in it. So your parents will not let you drink dirty water.

Germs are found not only in dirty water, they are also found in air and dust(灰尘). If you cut your finger, and if some of the dust goes into the finger, it will become big and red, and you will have some pain in it. Sometimes germs will go into your body and you will feel pain everywhere.

- ( ) 1. The writer thinks that you will \_\_\_\_\_ when you are ill.  
A. feel hot      B. not want to work  
C. both A and B
- ( ) 2. You can see germs \_\_\_\_\_.  
A. everywhere around you  
B. only when you use a microscope  
C. when you cut your finger
- ( ) 3. A microscope is used for \_\_\_\_\_.  
A. making very big things look much smaller  
B. making very small things look much bigger  
C. helping you see things clearly
- ( ) 4. Your parents don't let you drink dirty water because \_\_\_\_\_.  
A. water will make you ill  
B. there are many germs in it  
C. you can see germs in it
- ( ) 5. The writer talk about \_\_\_\_\_.  
A. how to make dirty water clean  
B. how to take care of your fingers  
C. what makes you ill

## 第3课时 Section A(3a—3c)

一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. —Did you catch your plane?  
—Yes. We got there just \_\_\_\_\_.  
A. on time     B. at times     C. in time
- ( ) 2. She is a \_\_\_\_\_ girl with two big eyes.  
A. Six-years-old  
B. six-year-old  
C. Six years old
- ( ) 3. \_\_\_\_\_ his surprise, she succeeded in climbing up the high mountain.  
A. At     B. To     C. In
- ( ) 4. \_\_\_\_\_ her husband, she has now become a famous film star.  
A. Because     B. Thanks to     C. Thanks for
- ( ) 5. —What did you see?  
—I saw many boys \_\_\_\_\_ games near the river.  
A. played     B. playing     C. to play

二、根据句意和首字母填写正确的单词。

1. The p\_\_\_\_\_ on the bus helped the driver to take the sick man to the hospital.
2. Ben is l\_\_\_\_\_ on the grass and enjoying the sunshine.
3. His finger is bleeding, please put some m\_\_\_\_\_ on it.
4. The fans were s\_\_\_\_\_ to know the death of their favorite singing star Whitney Huston.
5. —What does the instruction say?  
—The colors in the dress will f\_\_\_\_\_ if you use hot water.

三、从方框中选出适当的短语,用其正确的形式填空。

get off    to one's surprise    thanks to    agree with  
be in trouble

1. \_\_\_\_\_ the police, the worried woman found her lost child in the end.
2. We should try our best to help those who \_\_\_\_\_.

3. The little girl helped the old woman \_\_\_\_\_ at the People's Park stop.
4. \_\_\_\_\_, the little shy boy won the English speech competition at last.
5. All the classmates \_\_\_\_\_ my perfect plan about the school trip.

四、根据短文内容选择正确答案。

We know good health and happiness are important in life. Here are some ways to make them easy.

● Eat a balanced diet. Eat a lot of fruit and vegetables, some grains (谷物) and a little bit of meat.

● Exercise twice or three times a week.

● Get enough (充足的) sleep. It is best to get eight hours of sleep a day.

● Keep yourself busy. This is good because it stops you from having bad habits. To keep yourself busy, you can work around the house, spend time with your pet (宠物), do a sport, or do a hobby you enjoy.

● Go out and make friends. Spend time and have fun with them. Talk with them, but you must be sure (确信) not to talk about anything bad. You should stay with the people who are healthy and happy themselves.

- ( ) 1. How many ways are mentioned (被提及) for keeping healthy and happy?  
A. Three.     B. Four.     C. Five.
- ( ) 2. Which of the following is a balanced diet?  
A. A lot of fruit and vegetables, some grains and a little bit of meat.  
B. A lot of meat, some fruit and vegetables and a few grains.  
C. A lot of grains, some meat, a little bit of fruit and a few vegetables.
- ( ) 3. \_\_\_\_\_ is a bad habit according to the passage.  
A. Playing sports  
B. Cleaning the house  
C. Talking about bad things with your friends
- ( ) 4. Which of the following is TRUE according to the passage?

- A. We must exercise every day.  
 B. Sleeping eight hours every night is enough.  
 C. Keeping yourself busy is bad for your health.

- ( ) 5. What's the best title (标题) for this passage?  
 A. Eat a Balanced Diet  
 B. Exercise and Sleep  
 C. How to Keep Healthy and Happy

五、短文填空。从下面方框中选择适当的单词并用其正确形式填入短文空格内,使短文意思正确、通顺。(每词限用一次)

save go lie two to get he heart quick  
 with thank other

#### Bus Driver and Passengers Save An Old Man.

At 9: 00 am yesterday, bus No. 26 1 along Zhonghua Road when the driver saw an old man 2 on the side of the road. A woman next to him was shouting for help.

The bus driver, 24-year-old Wang Ping, stopped the bus without thinking 3. He got off and asked the woman what happened. She said that the old man had a 4 problem and should go to the hospital. Mr. Wang knew he had to act 5. He told the passengers that he must take the man to the hospital. He expected most or all of the passengers 6 off and wait for the next bus. But 7 his surprise, they all agreed to go with him. Some passengers helped Mr. Wang to move the man on the bus.

8 to Mr. Wang and the passengers, the doctors saved the man in time. "It's sad that many people don't want to help 9 because they don't want any trouble," says one passenger. "But the driver didn't think about 10. He only thought about saving a life."

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

## 第4课时 Section A (Grammar Focus—4c)

一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. The girl \_\_\_\_\_ when she was cooking dinner for her family.  
 A. played outside  
 B. cuts herself  
 C. cut herself
- ( ) 2. Eating too much junk food is \_\_\_\_\_ for his health.  
 A. good          B. bad          C. not bad
- ( ) 3. If you cough and have a sore throat, you should drink \_\_\_\_\_ hot tea with honey.  
 A. more          B. little          C. less
- ( ) 4. My son had a toothache, so I took him to the hospital to see the \_\_\_\_\_.  
 A. teacher      B. dentist      C. pianist
- ( ) 5. David is so tired that he needs to \_\_\_\_\_.  
 A. take more exercise  
 B. do more homework  
 C. have a good rest

二、从下面方框中选出与下列各句中画线部分意思相同或相近,并能替换画线部分的选项。

A. wrong      B. because of      C. difficulty  
 D. catch      E. break

- ( ) 1. When you have a headache, please lie down and have a rest.
- ( ) 2. Thanks to their help, we can finish our task on time.
- ( ) 3. This boy has trouble in learning these difficult math problems.
- ( ) 4. What's the matter with you? You look worried.
- ( ) 5. The weather is very cold. It is easy to have a cold.

三、单元语法专练。

Lisa is the doctor of No. 5 Middle School. There's

something wrong with the students. What advice should Lisa give to help them?

1. Mary: Yesterday was cold. I had a cold and a running nose.

Lisa: \_\_\_\_\_

2. Tom: I hurt my leg when I had P. E. class.

Lisa: \_\_\_\_\_

3. Tina: I coughed and had a sore throat.

Lisa: \_\_\_\_\_

4. Jerry: I cut my finger when I peeled the apple.

Lisa: \_\_\_\_\_

5. Mary: I couldn't sleep before the math test.

Lisa: \_\_\_\_\_

#### 四、完形填空。

Lily is my cousin. When she was a child, she was very 1 and couldn't do any exercise. She was often ill (生病的). One day, she was ill in hospital again. She took a lot of 2 but she didn't get any better. The doctor said that there was a great hospital in Beijing. Maybe the doctors there could help my cousin to 3 healthy. So my uncle called the 4. The doctors there said that they could cure (治愈) my 5 illness. But it needed a lot of money. My uncle and aunt were 6, because they didn't have so much money. Later the doctors there found that my uncle's family was poor. They decided to help my cousin and didn't ask for any 7. My uncle and aunt were very happy when they 8 the news. They took Lily to Beijing. Now Lily is very healthy and she 9 do exercise. She 10 to be a doctor and help others. She works hard at school. I think she can be successful.

- ( )1. A. shy            B. weak            C. tall  
 ( )2. A. medicine    B. food            C. time  
 ( )3. A. get            B. look            C. like  
 ( )4. A. bank           B. library          C. hospital  
 ( )5. A. uncle's       B. aunt's           C. cousin's  
 ( )6. A. sad            B. active           C. busy  
 ( )7. A. advice        B. money           C. help

( )8. A. saw            B. told            C. heard

( )9. A. shall          B. may            C. can

( )10. A. has           B. needs          C. wants

#### 五、根据短文内容回答问题。

For many people the subject of hiccups (嗝) is a joke, but for Harry Mendes, a fifteen-year-old schoolboy from Birmingham, it was something quite different.

His hiccups began one Sunday lunch time and continued day and night for two weeks. After the first week, Harry's parents took him to hospital, but it took another week for the doctors to cure his attack.

Harry, who is now back at school, described what happened to him.

"When I began to hiccup, I drank a glass of water but that didn't do any good. That evening I had hiccups every four seconds. We tried everything to stop them. I held my breath and drank cold drinks. My father even tried to give me a shock but that didn't work either."

After a week of sleepless nights, he went to hospital. The doctors took an X-ray of his chest but they couldn't find anything wrong.

"They gave me some medicine and my hiccups slowed down, but it was another week before the medicine worked completely and my hiccups stopped."

Harry was very lucky. The world record holder is the American farmer Charles Osborne, who hiccupped for sixty-eight years. He stopped in 1990 at last, but nobody knows why.

1. How old is Harry Mendes?

\_\_\_\_\_

2. When did his hiccups begin?

\_\_\_\_\_

3. How long did his hiccups last?

\_\_\_\_\_

4. What did the doctor do on his chest?

\_\_\_\_\_

5. Who held the world record of hiccups?

\_\_\_\_\_

## 第5课时 Section B(1a—1d)

一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. The boy rode too fast and he \_\_\_\_\_ the bike. It's dangerous!  
A. fall behind B. rode on C. fell off
- ( ) 2. The \_\_\_\_\_ girl was sent to hospital by her mother yesterday.  
A. sick B. ill C. healthy
- ( ) 3. I am \_\_\_\_\_ to hear that your mother is ill in hospital.  
A. happy B. sorry C. poor
- ( ) 4. —What happened \_\_\_\_\_ her?  
—She had a car accident.  
A. with B. to C. of
- ( ) 5. She had a nosebleed, the doctor told her \_\_\_\_\_ her head \_\_\_\_\_.  
A. put; up B. puts; back  
C. to put; back

二、用括号内单词的适当形式填空。

1. I had trouble \_\_\_\_\_ (make) up complete sentences last term.
2. You should eat more fruit and vegetables \_\_\_\_\_ (stay) healthy.
3. —What did you see?  
—I saw many boys \_\_\_\_\_ (play) games near the river.
4. I think her \_\_\_\_\_ (ill) is very serious and she should go to the hospital to see the doctor.
5. This driver drank too much and got \_\_\_\_\_ (hurt) in the accident.

三、完成对话。在空格中填上适当的单词,使对话完整正确。(一空一词)

- Doctor: What's 1 with you, young man?  
Paul: I don't feel 2.  
Doctor: I'm 3 to hear that. Please take 4 your shirt and 5 down on the bed.  
Paul: Yes, doctor.  
Doctor: Well, there's 6 much wrong with you. Do you take much exercise?  
Paul: No, doctor. I never have 7 time for exercise.  
Doctor: How do you sleep?  
Paul: Very badly, doctor. Can you give me 8 medicine to help me sleep?  
Doctor: Yes, I can, but I'm not going to. You don't need medicine. Just take more exercise.

Paul: You're right, doctor. It's important for me to 9 healthy. Thank you for your advice.

Doctor: You're welcome. I 10 you feel better soon.

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

四、根据短文内容选择正确答案。

In March 2013, the H7N9 virus (病毒) hit Shanghai, Anhui, Jiangsu, Zhejiang and so on. It seemed that most people who were infected (被感染) with H7N9 had the common flu (流感). Some people suffered from a fever or a cough.

Don't be afraid—it's not easy to be infected with the virus. Here is some advice to help you protect yourself when it comes.

Wash your hands. You need to wash your hands with soap and hot water before you eat, after you use the toilet, and after you touch animals, because your hands may carry viruses.

Cover your nose and mouth. When someone sneezes (打喷嚏) or coughs, flu viruses can travel as far as one meter through the air, so you'd better keep a proper distance (距离) while talking to someone who has a cold. And always cover your mouth and nose with a piece of paper when you sneeze or cough, and then clean your hands.

Wear a mask (口罩). Some doctors say that masks can stop the flu as much as 80%, but if you don't wash your hands often, it's no use wearing a mask. And it's necessary to wear the mask in the groups of people.

Do sports often. Exercises will help make your body strong enough to resist the virus.

- ( ) 1. Most people who were infected with H7N9 had \_\_\_\_\_.  
A. a common flu  
B. a stomachache  
C. a headache
- ( ) 2. Which of the following is TRUE according to the passage?  
A. Some people who were infected with the H7N9 virus had a toothache.  
B. You should cover your mouth and nose with a piece of paper when you sneeze or cough.  
C. Some doctors say that masks can stop the flu as much as 100%.

- ( ) 3. How many ways to stop the virus are mentioned in the passage?  
A. Three.      B. Four.      C. Five.
- ( ) 4. What does the underlined word "resist" mean in Chinese?  
A. 抵抗      B. 传播      C. 感染
- ( ) 5. What's the main idea of this passage?  
A. It tells us how to wash hands.  
B. It tells us why we should use masks.  
C. It gives us some advice on how to protect ourselves when the H7N9 virus comes.

五、阅读短文,根据短文内容,从短文后的选项中选出适当的选项补全短文。(有一多余选项)

Tom and Steve were twin brothers. Tom loved to play basketball. 1 One day Tom was playing basketball but he fell and broke his leg. When they took him to the hospital, the doctor said he wouldn't be able to play for six months. Steve went on seeing him and brought him books on basketball. 2

Then he began to read them and found that there were ways he could play basketball better. He began to think that books weren't bad.

When Tom's leg started getting better, Steve would help him by going for walks with him. 3 Then Tom showed Steve how to toss (投) for baskets. Steve found that he enjoyed it.

Then Tom was ready to take part in the basketball games. 4 They then always practiced basketball and read books together.

So you can see, when something bad happens, something good may also happen. 5 So you can also try showing others something that you like to do and they can show you something that they like to do. In this way you can find new things to do.

- A. Finally Tom's doctor said he could start playing basketball again.  
B. But Steve loved to read books.  
C. Steve went to the hospital to take care of Tom.  
D. Steve went to watch the games and enjoyed himself.  
E. Steve showed Tom about books and Tom showed Steve about basketball.  
F. At first Tom wasn't going to read them.

1.	2.	3.	4.	5.
----	----	----	----	----

## 第6课时 Section B(2a—2e)

一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. Smoking is bad for your health. You should \_\_\_\_\_.  
A. go on smoking  
B. give up them  
C. give it up
- ( ) 2. Mo Yan's books have been sold out in many book stores \_\_\_\_\_ his winning of the Nobel Literature Prize.  
A. because      B. since      C. because of
- ( ) 3. —When did the earthquake in Lushan happen?  
—It happened \_\_\_\_\_ 8:02 \_\_\_\_\_ the morning of April 20, 2013.  
A. on; in      B. at; in      C. at; on
- ( ) 4. Sally is \_\_\_\_\_ girl. She is good at dancing.  
A. a 8-year-old  
B. a 8-years-old  
C. an 8-year-old
- ( ) 5. Would you mind \_\_\_\_\_? I can't follow you.  
A. not speaking again  
B. speaking more quickly  
C. speaking more slowly

二、从方框中选出适当的短语,用其正确的形式填空。

run out of	by oneself	take a risk	get off
keep on working			

1. My father \_\_\_\_\_ although he was tired.  
2. His father gave him a lot of money last week, but he \_\_\_\_\_ it. Now he's asking me for help.  
3. The man called his professor for help because he couldn't solve the problem \_\_\_\_\_.  
4. Don't \_\_\_\_\_ of running across the street, it's too dangerous.  
5. Mary helped the granny \_\_\_\_\_ at

People's park.

三、根据句意及汉语提示完成句子。

- Many students don't realize the \_\_\_\_\_ (重要性) of learning English.
- Because of careless, she hit another car and caused a traffic \_\_\_\_\_ (事故).
- In this \_\_\_\_\_ (情况), all the people tried their best to help the children out of danger.
- Don't be angry. You should learn to \_\_\_\_\_ (控制) yourself.
- He made a \_\_\_\_\_ (决定) to go to America to go on studying.

四、短文填空。从下方框中选择适当的单词并用其正确形式填入短文空格内,使短文意思正确、通顺。(每词限用一次)

top climb because have give never can which from sing walk have
--

Whenever the sun dropped and the blue sky came up, father and Michael used to 1 the mountain near their house. Walking together, they used to talk about what lessons Michael learned 2 his experience. Father always told him, "You should have goals like climbing the mountains." Mountain climbing gave Michael time to walk with his father and to develop his patience. Yesterday they climbed a very high mountain. It was so challenging for him 3 he was only ten years old. During the first few hours of climbing, he enjoyed the flowers and trees, and the bird's 4; but as time passed, he 5 a pain in both legs. He wanted to 6 it up, but father said to him, "7 give up halfway. Only there at the top can you see all of the nice things just like in life." At last, he stood at the 8 of the mountain. He 9 see the whole of the sky, 10 was as clear as crystal.

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

五、阅读教材 Section B 2b 的短文,根据其内容补全表格中所缺的信息。

**He Lost His Arms But Is Still Climbing**

An introduction (介绍) to Aron Ralston	He is a <u>1</u> from America. He is used to <u>2</u> and he almost lost his life for many times because of accidents.
The accident <u>3</u> Aron	It was on April 26, 2003 in Utah, USA. A 360-kilo rock <u>4</u> his right arm and he couldn't get freedom from it. After five days, he <u>5</u> his water but nobody would find him. He had to cut off his right arm by <u>6</u> and bandaged himself with his left arm <u>7</u> lose too much blood. Finally he climbed down the mountain and got help.
The book <u>8</u> by Aron	He wrote a book called <i>Between a Rock and a Hard Place</i> after the accident. In his book, he wants to tell us that it's important to make good decisions and <u>9</u> one's life.
What can we learn from Aron?	<u>10</u> may mean life or death for people when they are in danger.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## 第7课时 Section B

### (3a—Self Check)

一、从各题 A, B, C 三个选项中选择正确答案。

- ( ) 1. It's important \_\_\_\_\_ us \_\_\_\_\_ in control of our temper.  
A. to; be      B. for; to be      C. for; being
- ( ) 2. To our great \_\_\_\_\_, he got the first prize in the English speech competition.  
A. surprise      B. sadness      C. surprised
- ( ) 3. She \_\_\_\_\_ live with her grandparents, but she doesn't now.  
A. used to      B. is used to      C. was used to
- ( ) 4. Don't give up working \_\_\_\_\_. Your dream will come true.  
A. loudly      B. clearly      C. easily
- ( ) 5. The cat is \_\_\_\_\_. You should take it to an animal hospital.  
A. dead      B. ill      C. lovely

二、用括号内单词的适当形式填空。

1. My grandpa exercises for 3 hours to stay \_\_\_\_\_ (health) every day.
2. I'm feeling terrible, I have a \_\_\_\_\_ (stomach).
3. He can stay there for ten hours without \_\_\_\_\_ (move).
4. We use the Internet \_\_\_\_\_ (find) some useful information.
5. When I walked past the park, I saw some old people \_\_\_\_\_ (do) Chinese Taiji.

三、阅读短文,根据短文内容,从短文后的选项中选出适当的选项补全短文。(有一多余选项)

#### How to beat sadness?

We all have days when we are down, tired and unhappy. That's OK. You need days like this, or how would you know you are happy? You'll enjoy your good days even more when you have a few bad days. 1

Here are a few simple ways to help you feel better when you are feeling sad.

● Stand up straight and this helps your energy flow (流动). When your energy is flowing freely, you can flow too.

● Smile! 2 This way can not only leave you in a good mood but also bring others a good mood.

● Listen to music. 3 Some kinds of music work better than others, so try and find out what kind of music works the best for you.

● 4 You can find pleasure in reading a book, watching a sunrise or having a hot bath, or something like that.

● Exercise. Even something as simple as taking a walk will get your blood flowing. It is a great way to clear your mind of anything that makes you sad.

These ways will cheer you up when you are down, but don't just use them when you are sad. 5 You will be surprised to learn that these simple ways will keep your sadness away. But if you are in a deep depression (沮丧), go to see a doctor.

- A. It can be your favorite music.
- B. Take some "me" time.
- C. Even if sadness is a part of life, let's try to make it small.
- D. Try and practice them every day to make them a habit.
- E. One week later, the students entered the classroom excited to share their stories.
- F. It's easy to do and have good results.

1.	2.	3.	4.	5.
----	----	----	----	----

