



新高职综合英语教程



综合英语教程 1

Integrated skills of English

张九明 曾昭春 滕海 总主编



CD-ROM
本书含光盘



清华大学出版社

新高职综合英语教程

综合英语教程 1

总主编:	张九明	曾昭春	滕海
主 编:	谢建国	王爱琴	
副主编:	周士勤	林涌	何光明
编 者:	马利萍	党桂菊	吕冲
	付丽娟	张楠	杨清宇
	周舵	王玉	

清华大学出版社

北京

内 容 简 介

《新高职综合英语教程》系列教材是由全国各地有丰富教学经验的教师根据教育部高教司颁发的《高职高专教育英语课程教学基本要求》组织编写的。本套教材倡导现代外语教学理念,贯彻“听、说、读、写、译协调发展”和“实用性、实践性”的原则。在融合“主题教学”和“任务型教学”的基础上,注重培养语言技能和实际涉外交际能力。

本书为《综合英语教程》第一册,共10个单元,每个单元由“听说训练”、“阅读活动”和“综合技能训练”三部分组成,可作为高职高专院校非英语专业英语课程的教材,也可供社会上英语自学者学习使用。

本书封面贴有清华大学出版社防伪标签,无标签者不得销售。

版权所有,侵权必究。侵权举报电话:010-62782989 13501256678 13801310933

图书在版编目(CIP)数据

综合英语教程 1/张九明,曾昭春,滕海 总主编. —北京:清华大学出版社,2007.8

ISBN 978-7-302-15397-9

I. 综… II. ①张… ②曾… ③滕… III. 英语—高等学校—教材 IV. H31

中国版本图书馆 CIP 数据核字(2007)第 082659 号

责任编辑:李万红 刘金喜

装帧设计:李星海

责任校对:胡雁翎

责任印制:孟凡玉

出版发行:清华大学出版社

<http://www.tup.com.cn>

c-service@tup.tsinghua.edu.cn

社总机:010-62770175

投稿咨询:010-62772015

地 址:北京清华大学学研大厦 A 座

邮 编:100084

邮购热线:010-62786544

客户服务:010-62776969

印 刷 者:北京市世界知识印刷厂

装 订 者:三河市新茂装订有限公司

经 销:全国新华书店

开 本:203×260 印 张:12.5 字 数:335 千字

附光盘 1 张

版 次:2007 年 8 月第 1 版 印 次:2007 年 8 月第 1 次印刷

印 数:1~10000

定 价:28.00 元

本书如存在文字不清、漏印、缺页、倒页、脱页等印装质量问题,请与清华大学出版社出版部联系调换。联系电话:010-62770177 转 3103 产品编号:024743-01

前 言

《新高职综合英语教程》是一套供高职高专非英语专业学生使用的教材。本教材编写以教育部高教司颁发的《高职高专教育英语课程教学基本要求》(以下简称《基本要求》)为依据,在研究和探讨近年来高职高专英语教学新特点的基础上,借鉴先进的英语教学理念,力求使教材的编写有所突破。在教材的编写过程中,我们始终坚持《基本要求》规定的教学目的:通过教学,使学生掌握一定的英语基础知识和基本技能,具有一定的读、写、听、说的能力,从而能借助词典阅读和翻译有关英语业务资料,在涉外交际的日常活动中进行简单的口头、书面交流,并为今后进一步提高英语的交际能力打下基础。这一教学目的在教材中的体现为:在加强英语语言基础知识和基本技能训练的同时,重视培养学生实际使用英语进行交际的能力,特别是培养学生的听说能力。

为体现上述教学目的,我们确定了《新高职综合英语教程》的几项编写原则:① 加强英语应用能力的教学,重视学生综合语言能力的培养,既让学生打好语言基础,提高语言技能,又使教学密切结合学生今后实际工作需要。② 以实用性、实践性为原则,组织课程结构;以“必需”和“够用”为度,突出语言基础知识、基本技能和应用能力的培养。③ 精心挑选教学内容。课文均选自英美原文,融时代性、知识性、趣味性于一体,使学生实现学习语言、增长知识、提高素质的目的。④ 合理安排教材结构。每单元围绕同一个主题进行循序渐进的技能训练。

《新高职综合英语教程》由主教材《综合英语教程》1~3册、《综合英语教程学习指导》1~3册、《综合英语教程教师参考用书》1~3册组成。每册主教材均配有听力练习光盘和听力练习磁带,其中听力练习光盘随书附送;听力练习磁带和教师参考用书将对任课教师免费赠送(可通过<http://www.tupwk.com.cn/download/jcsq> 下载相应表格,填写后按照表格中提供的信息通过邮寄或传真的方式申请)。

本书为《综合英语教程》第一册,供第一学期使用。本册共10个单元,每单元基本安排简介如下。

听说训练(Listening and Speaking): 包括三部分内容,即听力欣赏、听力练习和听口语训练。听力欣赏包括英语歌曲和英语诗歌,旨在激发学生的学习兴趣,使他们感受优美的英语语言;听力练习包括听力问答、对话、复合式听写等练习形式,其目的是培养学生的口语对话和语篇理解能力;口语训练包括模拟口语练习和情景口语练习等形式,目的是通过设定一定的语言练习环境,使学生在课内外进行口语练习。

阅读活动(Reading Activities): 包括两部分内容,即课文一和课文二。在两篇课文后分别安排朗读练习、阅读理解练习及词汇和语法结构练习等基础语言练习题。特别是在两篇课文之间设置的阅读技能训练,它既是提高学生阅读技能不可或缺的练习,又将两篇课文有机地结合起来,使

之成为一体。

综合技能训练(Integrated Skills): 包括两部分内容, 即翻译技能训练和实用英语技能训练。翻译技能训练以培养学生实际英译汉能力为出发点, 强调翻译的实践性; 实用英语技能训练旨在使学生通过学习, 掌握《基本要求》规定的《交际技能表》所涉及的实用英语语言技能。

本教材的编写得到了清华大学出版社和有关高职高专院校的大力支持。为了使本教材进一步完善, 编者希望使用本书的教师和学生提出宝贵意见。服务邮箱: wkservice@tup.tsinghua.edu.cn。

编者

2007年6月

CONTENTS

Unit 1	A New Life at College	1
Part I	Listening and Speaking	1
Part II	Reading Activities	4
	Section A Detailed Reading.....	4
	Passage 1 The First-Year College Experience.....	4
	Section B Reading Skills.....	10
	How to Read a Text: Reading a Passage Twice.....	10
	Passage 2 What to Expect from College Life.....	11
Part III	Integrated Skills	15
	Section A Translation Skills.....	15
	Word Translation: Amplification (增词法).....	15
	Section B Practical English.....	16
	Business/ Visiting Cards (名片).....	16
Unit 2	Successful Learning	18
Part I	Listening and Speaking	18
Part II	Reading Activities	21
	Section A Detailed Reading.....	21
	Passage 1 Words Can Give You Power.....	21
	Section B Reading Skills.....	26
	How to Read a Text: Reading in Thought Groups.....	26
	Passage 2 Secrets to Successful Studying.....	27
Part III	Integrated Skills	31
	Section A Translation Skills.....	31
	Word Translation: Contraction (减词法).....	31
	Section B Practical English.....	32
	Greeting Cards (贺卡).....	32
Unit 3	Environment Protection	34
Part I	Listening and Speaking	34
Part II	Reading Activities	37

Integrated skills of English

Section A	Detailed Reading	37
	Passage 1 Simple Ways to Protect Water Quality	37
Section B	Reading Skills	42
	Reading for the Main Idea: General Introduction	42
	Passage 2 Recycling Scrap Metal into Money	43
Part III	Integrated Skills	47
Section A	Translation Skills	47
	Word Translation: Extension (引申法)	47
Section B	Practical English	48
	Application Forms(申请表)	48
Unit 4	Sports and Exercise	50
Part I	Listening and Speaking	50
Part II	Reading Activities	53
Section A	Detailed Reading	53
	Passage 1 Sports and Physical Exercise in Finland	53
Section B	Reading Skills	59
	Reading for the Main Idea: Topic Sentence (1)	59
	Passage 2 Why Exercise is Cool?	60
Part III	Integrated Skills	64
Section A	Translation Skills	64
	Word Translation: Negation (反译法)	64
Section B	Practical English	65
	Invitation Cards (请柬)	65
Unit 5	Interpersonal Relations	67
Part I	Listening and Speaking	67
Part II	Reading Activities	70
Section A	Detailed Reading	70
	Passage 1 Miss Maddox	70
Section B	Reading Skills	76
	Reading for the Main Idea: Topic Sentence (2)	76
	Passage 2 Overcoming Loneliness	76
Part III	Integrated Skills	81
Section A	Translation Skills	81
	Word Translation: Conversion (转译法)	81
Section B	Practical English	82
	Notes(便条)	82

Unit 6 Efforts and Success	84
Part I Listening and Speaking	84
Part II Reading Activities	87
Section A Detailed Reading	87
Passage 1 Never Too Old to Live Your Dream	87
Section B Reading Skills	93
Reading for the Key Ideas in Sentences (1)	93
Passage 2 Persistence is the Ultimate Key to Success	93
Part III Integrated Skills	98
Section A Translation Skills	98
Sentence Translation: Conversion (转译法)	98
Section B Practical English	99
Notices (通知)	99
Unit 7 Christmas Presents	101
Part I Listening and Speaking	101
Part II Reading Activities	104
Section A Detailed Reading	104
Passage 1 Christmas Present	104
Section B Reading Skills	110
Reading for the Key Ideas in Sentences (2)	110
Passage 2 Unforgettable Christmas	111
Part III Integrated Skills	115
Section A Translation Skills	115
Sentence Translation: Sequencing (顺译法)	115
Section B Practical English	116
Poster (海报)	116
Unit 8 Friendship	118
Part I Listening and Speaking	118
Part II Reading Activities	121
Section A Detailed Reading	121
Passage 1 Pal Power	121
Section B Reading Skills	127
Distinguishing Between Facts and Opinions (1)	127
Passage 2 Friendship	128
Part III Integrated Skills	132
Section A Translation Skills	132

	Sentence Translation: Reversion (逆译法).....	132
Section B	Practical English	133
	Announcement/ Notice (启事).....	133
Unit 9	The Circle of Life	135
Part I	Listening and Speaking	135
Part II	Reading Activities	138
Section A	Detailed Reading	138
	Passage 1 The Daffodil Principle	138
Section B	Reading Skills	143
	Distinguishing Between Facts and Opinions (2).....	143
	Passage 2 Choosing the Way We Live	144
Part III	Integrated Skills	149
Section A	Translation Skills	149
	Sentence Translation: Division (分译法).....	149
Section B	Practical English: Certificate (证书)	150
Unit 10	Computer Problems	152
Part I	Listening and Speaking	152
Part II	Reading Activities	155
Section A	Detailed Reading	155
	Passage 1 Computer and Crime.....	155
Section B	Reading Skills	160
	Distinguishing Between Facts and Opinions (3).....	160
	Passage 2 Online Romance — Fantasy and Fact	161
Part III	Integrated Skills	166
Section A	Translation Skills	166
	Sentence Translation: Combination (合译法).....	166
Section B	Practical English	167
	Memo (备忘录).....	167
Glossary		169
New Words		169
Phrases and Expressions		186
Proper Names		191

Unit 1

A New Life at College

Part I

Listening and Speaking



Section A Listen and Enjoy



I. Listen and enjoy the English poem “College Romance” and think over the following questions.

1. What is the college life like in your dream?
2. What do you expect from college?
3. What's your purpose of going to college?

Section B Listen and Practice



II. Listen to the following questions and choose the appropriate answers.

- | | | | |
|--|------------------------------|------------------------|----------------------|
| 1. A. It's Friday. | B. It's seven o'clock. | C. Two days. | D. Tomorrow. |
| 2. A. July 1st. | B. Tuesday. | C. The sun is shining. | D. Exciting. |
| 3. A. No, it's not. | B. Yes, it's not. | C. Not at all. | D. That's all right. |
| 4. A. Going abroad. | B. Because I'm an adult. | C. A teacher. | D. When I graduate. |
| 5. A. Would you help me carry the luggage? | B. It's over there. | | |
| C. Ok, give me the luggage. | D. Please give me your hand. | | |

III. Listen to the dialogues carefully and choose the right answer to each question.

- | | |
|----------------------------------|--|
| 1. A. She's a worker. | B. She's a nurse. |
| C. She's a bus driver. | D. She's an engineer. |
| 2. A. Tim left France last week. | B. Tim won't leave France next week. |
| C. Tim has gone to China. | D. Tim will leave for China next Monday. |

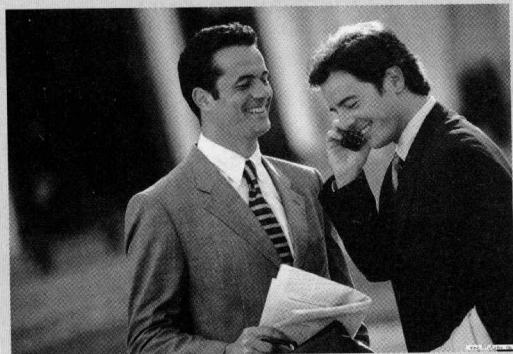
3. A. He didn't like the weather in the north. B. He didn't like the places.
 C. He didn't like the food. D. He didn't like it at all.
4. A. Strangers. B. Father and mother
 C. Old friends. D. Customers and waitress.
5. A. In the library. B. At the dentist's.
 C. In the elevator. D. In the club.

IV. Listen to the short passage and fill in the missing words in the blanks.

Hi, welcome to our college. You will 1 at least three years here. College days will be the 2 time in your life. There are many opportunities for you to 3 the unknown and you can 4 a lot. You can make 5 friends; you can enjoy 6 kinds of activities; you can 7 your personal interests; and you will meet some outstanding 8. Keep a good balance and 9 a solid foundation (牢固基础). There are many doors to your dreams. You decide how many you can 10.

V. Listen to the dialogues and fill in the blanks.

Dialogue 1 Meeting an old schoolmate



Sally: Carl Blake! _____!
 Carl: I don't believe it. What are you doing here in New York?
 Sally: Oh, I just spent _____. Now I am on my way back to San Francisco.
 Carl: Gee, it's been a long time.
 Sally: It sure has. Say, I heard you started your _____.
 Carl: How did you know?
 Sally: My mother. She keeps track of all my old friends.
 Carl: Oh, I'm sorry, _____?

Sally: No, I don't believe we have.
 Carl: Sally, _____, Rose. Rose, I'd like you to meet Sally. Sally and I went to high school together.
 Rose: It's nice to meet you, Sally.
 Sally: _____.
 Announcer: (over the loudspeaker) United Airlines Flight 356 to San Francisco is now boarding at Gate 4.
 Sally: Oh, _____. I have to go. Goodbye.
 Rose: Goodbye, Sally.

Dialogue 2 A foreign student is choosing courses and a Chinese student is giving him a hand.

Tom: Hi! Zhou, can I take _____ I like?

Zhou Tong: Oh, no. We have both required and elective courses (选修课). The courses listed here are required and you have to take them for a degree.

Tom: _____ the courses on this page?

Zhou Tong: They are elective courses. You can decide on whatever you like.

Tom: How many credits (学分) will I get for the elective courses?

Zhou Tong: I'm not sure. It _____ what courses you choose. But you have to take at least three for this semester.

Tom : How much does each credit cost?

Zhou Tong: Eight yuan.

Tom: Can I drop out (退出) _____?

Zhou Tong: Yes, you will get the refund (退款) if you withdraw within 12 class days. Have you decided which courses to take?

Tom: Yes, I want to take martial arts for my elective courses.

Zhou Tong: Let's go and _____ over there.

Section C Listen and Talk



VI. Listen to Dialogue 2 again and work with your partner. Suppose you are in the course registration office to help your friend select his/her courses. Take turns to make a conversation by using the words and expressions given below.

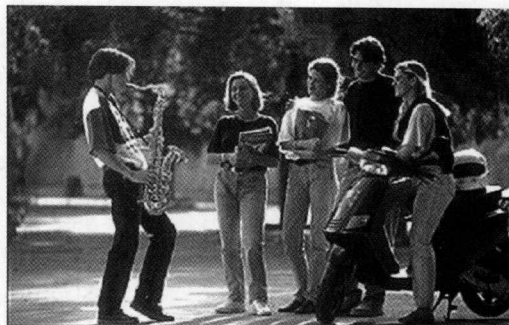
course	interesting	helpful	boring
difficult	practical	be interested in	favorite

VII. Suppose it is your first day at college. You and a friend meet on the campus and talk about your impression of your new teacher. Make a dialogue with him/her with the help of the following words and expressions.

a sense of humour	interesting	strict	experienced
instructive	rude	boring	

Part II

Reading Activities



Section A Detailed Reading

Warming-Up



Consider the following questions before reading the passage.

1. How do you think of your new college life?
2. How can you prepare for it?
3. List all the things you do by yourself at college.



Passage 1

The First-Year College Experience

1 College is a lot different from high school. Your freshman experience will definitely make a deep impression on you. Without doubt, though, the most dramatic freshman year is for those living away from home. What can you expect as you head off into the wonderful world of higher education?

2 The first thing you'll notice is the workload. The major challenges of college work are the large volume of reading, the short deadlines, and the writing. A related effect that can be brought on by the workload is doubt, frustration, and possible loneliness. You'll be away from the comforts and friendships your home provided for you over the previous years.

3 On some of those long, seemingly endless nights of studying and writing, it will be only natural for you to long for the good old days. These down periods will pass. Whatever you do, don't make major decisions about your major, your courses, or even your roommates during one of these blue periods. Things always look better in the morning.

4 You'll be making a lot of new friends. Select your friends with the same care and patience you have always used. Believe it or not, your college friendships will be among the most satisfying and long-term of

your life. It's always exciting to discover how wonderfully diverse college relationships can be.

5 You'll also be on your own, your own boss (more or less) 24 hours a day. Enjoy your newfound freedom. Stay up until dawn talking about your ideals and ambitions with your roommates. Sleep in until the afternoon on a light class day. Explore the local town or suburbs with one or two of your new friends. Remember, though, with freedom comes responsibility. Even though your parents won't be around to follow up on your loose ends, you shouldn't let yourself go completely. Just find your own style.

6 You may even start to think about your future. Be on the lookout for role models. Maybe a certain professor is especially inspiring. Perhaps your school has some ground-breaking research going on. Be sensitive to your own ability. If a certain area of study attracts you, find out all you can about it. Going to college is as much about finding out who you really are as it is about getting that degree.



New Words

freshman	/ˈfrefsmən/	<i>n.</i> (中学或大学) 一年级学生
impression	/ɪmˈpreʃən/	<i>n.</i> 印象, 感想
dramatic	/drəˈmætɪk/	<i>a.</i> 激动人心的; 引人注目的, 给人印象深刻的
education	/ˌedjuˈkeɪʃən/	<i>n.</i> 教育
workload	/ˈwɜːkləʊd/	<i>n.</i> 工作量, 工作负担
major	/ˈmeɪdʒə/	<i>a.</i> 主要的, 重要的, 大的 <i>n.</i> 主修课程; 专业课
challenge	/ˈtʃælɪndʒ/	<i>n.</i> 挑战
volume	/ˈvɒljʊ:m/	<i>n.</i> 量, 额
deadline	/ˈdedlaɪn/	<i>n.</i> 最后期限, 截止日期
related	/rɪˈleɪtɪd/	<i>a.</i> 相关的, 有联系的
frustration	/frʌsˈtreɪʃən/	<i>n.</i> 挫折, 沮丧
loneliness	/ˈləʊnlɪməs/	<i>n.</i> 孤独, 寂寞
comfort	/ˈkʌmfət/	<i>n.</i> 舒服, 舒适
previous	/ˈpriːviəs/	<i>a.</i> 先前的, 以往的
seemingly	/ˈsiːmɪŋli/	<i>ad.</i> 看似, 从表面上看
course	/kɔːs/	<i>n.</i> 课程, 科目
select	/sɪˈlekt/	<i>v.</i> 选择, 挑选
patience	/ˈpeɪʃəns/	<i>n.</i> 耐心, 忍耐力
diverse	/daɪˈvɜːs/	<i>a.</i> 不同的; 多种多样的

relationship	/rɪ'leɪʃənʃɪp/	n. 关系, 联系
newfound	/'nju:faʊnd/	a. 新发现的
dawn	/dɔ:n/	n. 黎明, 拂晓
ideal	/aɪ'diəl/	n. 理想
ambition	/æm'bɪʃən/	n. 野心, 雄心; 志向, 抱负
explore	/ɪk'splɔ:/	v. 探索, 考察
style	/stɑɪl/	n. 方式, 风格
inspiring	/ɪn'spaɪərɪŋ/	a. 鼓舞人心的, 激励的; 启发灵感的
research	/rɪ'sə:tʃ/	n. 研究, 调查, 探索
sensitive	/'sensɪtɪv/	a. 敏感的, 有感觉的
attract	/ə'trækt/	v. 吸引, 使喜爱
degree	/dɪ'ɡri:/	n. 学位

Phrases and Expressions

make an impression on	让……有印象、影响
head off into	迈入, 步入
bring on	使发展, 导致 (通常指坏事)
long for	渴望
believe it or not	信不信由你
on one's own	独自, 单独
stay up	深夜不睡, 熬夜
sleep in	迟起, 睡过头, 睡懒觉
follow up	追查更多情况
on one's loose ends	在闲散的时候
let oneself go	放松, 随心所欲
be on the lookout	注意, 留心



Exercises

6

Reading Aloud

I. Read the following paragraph until you learn it by heart.

You'll also be on your own, your own boss (more or less) 24 hours a day. Enjoy your newfound freedom. Stay up until dawn talking about your ideals and ambitions with your roommates. Sleep in until the afternoon

on a light class day. Explore the local town or suburbs with one or two of your new friends. Remember, though, with freedom comes responsibility. Even though your parents won't be around to follow up on your loose ends, you shouldn't let yourself go completely. Just find your own style.

Reading Comprehension

II. Answer the following questions according to the passage.

1. What is the first thing you will notice at college?
2. What will make a deep impression on you at college?
3. What are the most important challenges of college work?
4. Why do the students feel lonely after they enter college?
5. Do the first year college students want their good old days? Why or why not?

III. Choose the best answers according to the passage.

1. Which of the following should you pay most attention to when you begin your college life?
 - A. Your workload at the college.
 - B. The reading, the short deadlines, and the writing
 - C. Doubt, frustration, and possible loneliness.
 - D. The comforts and friendships your home and school provided for you
2. As a freshman, you will experience the following EXCEPT _____.
 - A. going out to find a part-time job
 - B. longing for the good old days
 - C. making a lot of new friends
 - D. being your own boss 24 hours a day
3. The sentence "These down periods will pass." (Paragraph 3) probably means "_____".
 - A. You will go down to another period
 - B. These periods will pass down to the next ones
 - C. You will get over these unpleasant days
 - D. You will pass the difficulties when the days break
4. Which of the following is NOT true about college friendship?
 - A. You should be careful and patient in selecting a friend at college.
 - B. College friendship will probably continue throughout your whole life.
 - C. There are various kinds of friendships at college.
 - D. Making friends at college is quite different from what you did at high school.
5. According to the writer, your freedom at college means _____.
 - A. to stay up late at night, chatting with your roommates
 - B. to get up late when there is no class in the day
 - C. to walk around with some of your college friends
 - D. to be independent throughout your college years

IV. Read the passage again and complete the following table.

Paragraphs	Main ideas	Supporting details
Paragraph 1	Beginning of the essay.	College is a lot different from high school.
Paragraph 2	The first thing you'll notice is the workload.	The _____ of college work are the large volume of reading, the short deadlines, and _____. A related effect that can be _____ by the workload is doubt, frustration, and possible loneliness.
Paragraphs 3-4	You will _____ the good old days, but soon you will make a lot of new friends	No matter what you do, don't make major decisions about _____ or even your roommates during one of these blue periods. Your college _____ will be among the most satisfying and long-term of your life.
Paragraph 5	You'll also be _____, your own boss 24 hours a day.	Enjoy your newfound _____, but remember _____ comes with freedom.
Paragraph 6	You may even start to think about your future.	_____ for role models. _____ your own ability.

 Vocabulary and Structure

V. Fill in the blanks with the proper words and expressions given below, changing the form if necessary.

challenge workload bring on long for on one's own
 be sensitive to stay up make an impression dramatic major

1. It is a _____ for him to pass the final exam in such a short period of time.
2. We have hired a lot of workers to deal with the increased _____.
3. Since we haven't seen each other for years, I always _____ my brother to call.
4. Recently they watched _____ pictures of the famous film star on TV.
5. If you really want to _____ on the coach, you will have to play better than that.
6. All the workers are suffering from stress _____ by losing jobs nowadays.
7. In the weekends, the college students like to _____ until dawn talking about their dreams and ambitions.
8. Don't make _____ decisions about your _____ when you are freshmen at college.
9. Experiencing ups and downs in life, this girl _____ other people's feelings very much.
10. Being a college student, you have to plan you life and study _____. Don't rely on others.