

安徽省高等学校“十三五”规划教材  
“互联网+”继续教育规划教材·英语系列（非专业）

总主编 胡学文

# 新理念

# 继续教育英语

*New Concept English  
for Continuous Education*

.....  
主编 曾必好 曹凤龙 詹蓓

2



北京师范大学出版集团  
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## 再版前言

《“互联网+”继续教育规划教材·英语系列(非专业)》于2018年获评安徽省高等学校“十三五”规划教材。

本套教材共6册,分别为《新理念继续教育英语1》《新理念继续教育英语2》《新理念继续教育英语3》《新理念继续教育英语4》(1-2册适用于专科阶段学生,3-4册适用于专升本阶段学生);《新理念继续教育英语学士学位考试实战训练》《高等学历继续教育学士学位英语考试大纲及指南》。

本套教材部分练习题来源于安徽高等学历继续教育学士学位英语考试题库,大部分编者参加了学士学位英语考试题库的建设工作。

本套教材融合线上资源,是紧随互联网+时代的立体化继续教育英语教材。其网络授课视频由安徽大学继续教育学院与安徽大学外国语学院联合制作,并投放于安徽省教育厅、财政厅依托安徽广播电视大学开发的继续教育网络园区的网络平台上,供使用该套教材的学生学习。

本套教材的修订获得了安徽继续教育网络园区、继续教育公共英语联盟、安徽大学继续教育学院、安徽医科大学继续教育学院等单位的大力支持,在此一并致谢。

编者

2018年10月

# 前 言

随着 21 世纪知识经济时代的到来,成人高等教育的地位和作用日益凸显。成人高等教育是普通高等教育的补充和继续,对不断提高全民族素质、促进经济和社会发展具有重要的不可或缺的作用。《成人高等教育“十二五”规划教材·英语系列(非专业)》丛书是根据《全国各类成人高等教育教学大纲》编写的一套全新的适用于成人教育本、专科阶段的系列英语教材。

本套教材在编写过程中以贴近成教学生的英语水平实际、贴近学生的学习需求与就业需求、注重英语能力运用的培养为宗旨,本着综合性、实用性、新颖性的原则,着重于英语的听、说、读、写四项基本技能的训练,力求提高成教学生的英语综合水平和运用能力。

本套教材共 5 册,分别为《新理念成教英语(专科)1》、《新理念成教英语(专科)2》、《新理念成教英语(专升本)1》、《新理念成教英语(专升本)2》以及《新理念成教英语学士学位考试实战训练》。全套教材内容覆盖面广,涉及政治、经济、文化、教育、娱乐、风俗、体育以及社会热点等各个层面。同时,在内容编排上注重系统性和连贯性,使学生在循序渐进、由浅入深的语言训练中开阔思维、拓展视野,全面提高语言运用能力和文化素养。

本套教材前 4 册每册均由 6 个单元组成,每单元均包含热身(Warm Up)、口语训练(Let's Speak)、阅读训练(Read It)、语法学习(Learn Some Grammar)、学习巩固(Study and Practice)以及英语写作(Write English)等部分。

**热身** 对整个单元的简单导入,提供 2-3 个供学生自由讨论的问题。

**口语训练** 设计了对话模板,帮助学生提升语言的实际运用能力。

**阅读训练** 选取阅读文章 2 篇:1 篇(Text A)为精读,1 篇(Text B)为泛读。2 篇围绕同一主题,难度略有差异。文章的选材体现时代性、教育性、趣味性相结合,材料均来自最近几年的国外报刊、书籍等出版物或权威的英语学习网站,具有真实地道的特点。阅读训练后面配有练习,针对本单元的重点词汇和语法点设计相关的巩固练习,帮助学生融会贯通相应的知识点。

**语法学习** 详细介绍英语重点语法结构及语法点,配有同步练习。

**学习巩固** 专科阶段包括语音、语法、完形填空、口语训练;本科阶段包括词汇、完形填空、口语训练、阅读理解。

**英语写作** 为学生提供写作指导,并配有同步写作练习题。

《新理念成教英语学士学位考试实战训练》专为参加学士学位考试的学习者编写,内容丰富,实战性强。

本系列教材在策划、编写过程中得到了省内众多高校继续教育学院和外语学院(系)专家、领导们的关心、指导与支持,在此致以衷心的感谢。

由于编者水平有限,疏漏之处在所难免。我们殷切希望广大师生在使用过程中提出宝贵意见,以便我们不断修订和改进,使之更臻完善。

编者

2012年12月

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## Unit

# 1

## Social Communication



### Warm Up

#### ★ Introduction

We live in a world with families, friends and strangers around us. Goodness and love are the two basic virtues to help us live happily in this society. We should get ready to help others when they are in need. When we have helped someone, we can find great pride and peace of mind. So giving a hand can be rewarding for both us and the person who receives our help. But when we receive a favor, we can't take it for granted. We should be thankful and pass love from one to the other. Being helpful and being grateful work together to create a world of love.

#### ★ Questions for Discussion

1. Do you like communicating with other people?
2. What are social skills?
3. What are the important virtues for one to get along well with others?

## Let's Speak

### ★ Dialogue 1

#### Offering Help

**A:** I was wondering<sup>①</sup> if you need any help on your new project.

**B:** Sure! That would be great! Are you good at writing or would you rather do the computer work<sup>②</sup>?

**A:** I would like to help with the computer work<sup>③</sup>.

**B:** Great! We are going to be working in teams of three. Are you OK working with others?

**A:** Yes, I like working like that.

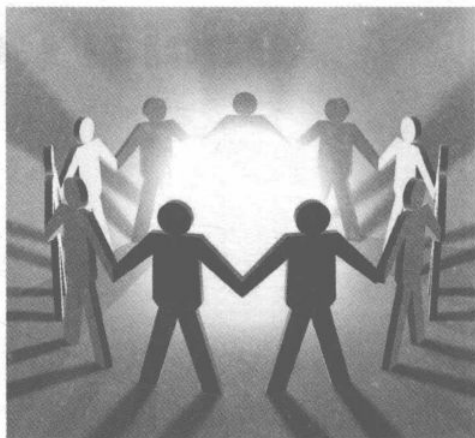
**B:** We will begin next Monday. Would you be available<sup>④</sup> then?

**A:** Yes, I can be there.

**B:** Well, if you could send me your basic background information before next Monday, it would be useful.

**A:** I will send the information to you.

**B:** Well then, thanks for your help. Have a great day!



### 参考译文

#### 提供帮助

**A:** 请问您的新项目需要帮忙吗?

**B:** 当然! 当然好! 您擅长书写吗? 还是宁愿做计算机方面的工作?

**A:** 我想做计算机方面的工作。

**B:** 很好! 我们三人一组。您愿意和别人一起合作吗?

**A:** 行啊, 我喜欢这种工作方式。

**B:** 我们下周一开始。到时您有空吗?

**A:** 有空, 我可以来。

**B:** 要是您能在下周一前把您的基本信息发来的话, 那就太好了。

**A:** 好的, 我会发给您的。

**B:** 谢谢您的帮助。祝您愉快!



## ★ Dialogue 2

### Asking for Help

A: Can you help me plan the office party?

B: Sure. What do you need the most help with, the food or entertainment?

A: I need help with food.

B: OK, well, let's coordinate our efforts. ⑤

Should this party be formal or casual?

A: I think it should be casual.

B: I agree. Next, we have to decide on food. We have a choice of Chinese or

Continental cuisine. Which one should we have?

A: I would prefer Chinese food for this party.

B: Perfect choice. For music, should we have a live band or a DJ?

A: I think we should hire a live band.

B: OK then. Well, I will work on my part ⑥ and get back to you with my progress ⑦ on Friday.



### 参考译文

#### 寻求帮助

A: 你能帮我计划一下公司的聚会吗?

B: 当然! 你最需要哪方面的帮助, 饮食还是娱乐环节?

A: 饮食方面的。

B: 好的, 让我们一起来考虑。这是正式的还是比较休闲的聚会?

A: 我想应该还是比较休闲的。

B: 我也是这样想的。下面, 我们可以选择食品了。我们有两种选择, 中餐和欧式西餐。选哪一种?

A: 这个聚会选中餐更好吧。

B: 中餐不错。音乐方面, 我们选择现场乐队还是 DJ?

A: 还是雇一个现场乐队吧。

B: 好的。那我就开始我的工作了, 周五回来告诉你进展情况。

## ★ Notes to Dialogues

① I was wondering... 请问, 我想知道…… 如:

I was wondering whether you have any ideas about that. 请问您对此有何想法?

I was wondering if you were working last Saturday night. 我想知道你上周六是否也工作。

- ② would rather do the computer work 宁愿做计算机方面的工作

would rather 宁愿。如：

I would rather go out tonight, if you don't mind. 如果你不介意的话,我宁愿今晚出去。

- ③ would like to help with the computer work 想做计算机方面的工作

would like to 想要。如：

I would like to talk to the manager himself. 我要和经理本人谈一谈。

- ④ be available 有空。如：

When will Mr. Richards be available to speak with me? 理查先生什么时候会有空和我谈谈?

- ⑤ ...let's coordinate our efforts. ……让我们一起来考虑。

coordinate our efforts 齐心协力。如：

If we coordinate our efforts, we are able to solve the problem. 如果齐心协力,我们就能解决这个问题。

- ⑥ ...I will work on my part... ……那我就开始我的工作了的……

on my part 对我来说,从我的角度。如：

I will never do such a thing on my part. 我永远不做这样的事。

- ⑦ my progress 我的工作进展情况

## ★ Useful Expressions

- ◎ Would you like some help? 您需要帮忙吗?
- ◎ What can I do for you today? 今天要我帮忙吗?
- ◎ If I can help in any way, please tell me. 如果有要我效劳之事,请告知。
- ◎ I don't know what I would have done without you. 真不知道没有你我该怎么办。
- ◎ I appreciate the offer, but I can manage. 很感谢您提供帮助,但我能应付。
- ◎ Excuse me, could you tell me the way to the post office? 对不起,请问到邮局走哪条路?
- ◎ I wonder if you could help me with a picture. 您替我照张相好吗?
- ◎ I can't manage. Can you help? 我应付不了,请您帮个忙好吗?
- ◎ Lend me a hand with this, will you? 您能帮我一下吗?
- ◎ Would you let me off the bus at the next stop, please? 请让我在下一站下车好吗?



## Read It

### ★ Text A

#### An Angel to Mr. Gillespie

When I was in seventh grade, I was a candy striper at a local hospital in my town. I volunteered about thirty to forty hours a week during the summer. <sup>①</sup> Most of the time I spent there was with Mr. Gillespie. He never had any visitors, and nobody seemed to care about his condition. <sup>②</sup> I spent many days there holding his hand and talking to him, helping with anything that needed to be done. <sup>③</sup> He became a close friend of mine, even though he responded with only an occasional squeeze of my hand. <sup>④</sup> Mr. Gillespie was in a coma.



I left for a week to vacation with my parents, and when I came back, Mr. Gillespie was gone. I didn't have the nerve to ask any of the nurses where he was, for fear they might tell me he had died. <sup>⑤</sup> So with many questions unanswered, I continued to volunteer there through my eighth-grade year. <sup>⑥</sup>

Several years later, when I was a junior in high school, I was at a gas station when I noticed a familiar face. <sup>⑦</sup> When I realized who it was, my eyes were filled with tears. <sup>⑧</sup> He was alive! I got up the nerve to ask him if his name was Mr. Gillespie, and if he had been in a coma about five years ago. With an uncertain look on his face, he replied yes. <sup>⑨</sup> I explained how I knew him, and that I had spent many hours talking with him in the hospital. His eyes welled up with tears, and he gave me the warmest hug I had ever received. <sup>⑩</sup>

He began to tell me how, as he lay there, he could hear me talking to him and could feel me holding his hand the whole time. He thought it was an angel, not a person, who was there with him. Mr. Gillespie firmly believed that it was my voice and touch that had kept him alive. <sup>⑪</sup>

Then he told me about his life and what happened to him to put him in the coma. We both cried for a while and exchanged a hug, said our good-byes and went our separate ways. <sup>⑫</sup>

Although I haven't seen him since, he fills my heart with joy every day. I know that I made a difference between his life and his death. <sup>⑬</sup> More importantly, he has made a great difference in my life. I will never forget him and what he did for me: He made me an angel.

## New Words and Expressions

candy striper	志愿当护士助手的小姑娘
volunteer /ˌvɒləntɪə/ v.	自愿
condition /kən'dɪʃn/ n.	状况
respond /rɪ'spɒnd/ v.	回答
occasional /ə'keɪʒənl/ a.	偶尔的
squeeze /skwi:z/ n.	握(手)
coma /'kəʊmə/ n.	昏迷
nerve /nɜ:v/ n.	勇气
unanswered /ʌn'ɑ:nsəd/ a.	未回答的
continue /kən'tɪnju:/ v.	继续
gas station	加油站
familiar /fə'mɪliə/ a.	熟悉的
get up the nerve	鼓起勇气
uncertain /ʌn'sɜ:tn/ a.	不定的
well up	涌出
hug /hʌg/ n.	热烈拥抱
firmly /'fɜ:mli/ ad.	坚决地
exchange /ɪks'tʃeɪndʒ/ v.	交换
separate /'sepəreɪt/ a.	各自的
make a difference	有影响

## Notes to Text A

**① I volunteered about thirty to forty hours a week during the summer.**

volunteer 自愿, 志愿。如:

Aunt Mary volunteered to clean up the kitchen. 玛丽阿姨主动要求清扫厨房。

He volunteered for the army in 1939. 1939年, 他志愿参军。

**② ...nobody seemed to care about his condition.**

care about 在乎。如:

He doesn't care about the dangers of smoking. 他不在乎吸烟带来的危害。

Don't you care about losing your job? 你难道就不担心失去工作?

**③ I spent many days there holding his hand and talking to him, helping with anything that needed to be done.**

spend...doing 花费(时间、金钱等)做……如:

Don't spend such a lot of time dressing yourself. 别花那么多时间来打扮自己。

help with 帮助(某人)。如:



She helped me with the translation. 她帮我翻译。

May I help with the washing-up? 我帮忙洗餐具好吗?

④ **...even though he responded with only an occasional squeeze of my hand.**

occasional 偶尔的,不经常的。如

That sort of thing is quite occasional and not regular. 那种事十分偶然,没有规律。

respond with 以……作为回答。如:

When a person makes you angry, respond with humor rather than hostility. 当有人冒犯了你或是惹你生气了,用幽默还击,不要报以敌意。

⑤ **...for fear they might tell me he had died.**

for fear (that) 生怕,以免,唯恐。如:

We hurried along for fear we should be late. 我们赶着往前走,唯恐迟到。

We spoke in whispers for fear that we might wake the baby. 我们轻声说话,以免吵醒婴儿。

⑥ **So with many questions unanswered, I continued to volunteer there through my eighth-grade year.**

with + 名词(或宾格代词) + 形容词,构成 with 复合结构。如:

In winter, you'd better not sleep with windows open. 冬天你最好不要开着窗户睡觉。

⑦ **I was at a gas station when I noticed a familiar face.**

familiar 熟悉的。如:

The room looked distinctly familiar. 这间房子看上去确实眼熟。

I've only just come here. I'm still not familiar with the work. 我刚到这里,对工作不是很熟。

⑧ **...my eyes were filled with tears.**

fill with(使)充满。如:

His heart is filled with hope. 他满怀希望。

I let my lungs fill with the fresh air. 我呼吸着清新的空气。

⑨ **With an uncertain look on his face, he replied yes.**

with + 名词(或宾格代词) + 介词短语,构成 with 复合结构。如:

The teacher came in with a book in his hand. 老师进来了,手里拿着本书。

⑩ **His eyes welled up with tears, and he gave me the warmest hug I had ever received.**

well up 流出,涌出,喷出。如:

The workers were excited when oil welled up. 当原油从地下喷出时,工人们都很激动。

Their anger welled up. 他们怒火上升。

⑪ **Mr. Gillespie firmly believed that it was my voice and touch that had kept him alive.**

It's ...that...属于强调句型。如:

It was yesterday that he met Li Ping. 他是昨天遇见李平的。



It was white that we painted the wall. 我们涂墙用的是白色。

- ⑫ **We both cried for a while and exchanged a hug, said our good-byes and went our separate ways.**

exchange 交换, 互换。如:

We exchanged addresses and Christmas cards. 我们交换了地址和圣诞贺卡。

- ⑬ **...I made a difference between his life and his death.**

make a difference 有影响, 有关系。如:

What you have told me may make a difference to my own position. 你告诉我的一切可能影响我自己的看法。

It won't make much difference whether you go today or tomorrow. 你今天去或明天去没有多大关系。

### Exercises

#### I. Answer the following questions.

1. What did the writer do when she was in seventh grade?  
\_\_\_\_\_
2. What was Mr. Gillespie's situation when the writer volunteered to work at a local hospital?  
\_\_\_\_\_
3. How did the writer look after him in hospital?  
\_\_\_\_\_
4. What happened after the writer came back from her vacation with parents?  
\_\_\_\_\_
5. Did Mr. Gillespie know anything when he was in a coma?  
\_\_\_\_\_
6. What do you learn from the story?  
\_\_\_\_\_

#### II. Fill in the blanks with the words given below. Change the form if necessary.

coma	separate	volunteer	uncertain	condition	exchange
respond	squeeze	nerve	vacation	unanswered	familiar
hug	occasional	firmly			

1. We are looking for an English translator if anyone would like to \_\_\_\_\_.
2. I starve for your help in such a \_\_\_\_\_.
3. He \_\_\_\_\_ to our suggestion with a smile.
4. There will be \_\_\_\_\_ showers during the day.