



普通高等教育“十三五”规划教材



# E时代 大学英语

## —— 综合训练 1

E-Time College English—Comprehensive Exercises

主编 E时代大学英语编写组

 外文出版社  
FOREIGN LANGUAGES PRESS

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贵州师范学院内部使用



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非常感谢大家使用《E时代大学英语》系列教材。

随着信息时代的来临,大学英语的教学理念、教学方法、教学模式和教学技术都发生了很大的变化。为了实现《大学英语教学指南》提出的要求,大学英语教学不仅要帮助学生打好语言基础,更要与现代教学技术结合,注重培养学生的学习兴趣和英语应用能力。这就要求我们对大学英语教学进行改革与创新。

大学英语教学的创新首先是教材的创新。为此,我们潜心多年,对市场上的大学英语教材进行了充分研究,走访了众多院校,举办了数场大学英语教学改革和教材编写研讨会,与众多英语教学专家和优秀的一线教师反复讨论、研究,编写而成《E时代大学英语》系列教材。

《E时代大学英语》系列教材体现了外语教育者在教材改革方面所做的开拓创新尝试,借鉴近年来大学英语教学改革的成功经验与教学实践的成果,使用多样的教学手段和创新的教學方法,力求提升学生的英语综合应用能力,支持教师提高课堂教学质量,推动大学英语教学迈向新台阶。

本系列教材理论、结构、教法互为依据、相互完善、互为转换,构成了一个灵活、方便、高效的教學系統。

## 一、《E时代大学英语》系列教材简介

《E时代大学英语》系列教材以教育部颁发的《大学英语教学指南》为指导,在设计和编写中准确把握大学英语的课程定位和性质,深入分析教学目标和教学要求,总结归纳课程结构与内容,采用多种教学方法和教学手段,力求将能力培养和能力测试紧密结合,以促进大学生知识、能力和综合素质的协调发展。

该系列教材包括《E时代大学英语——读写教程》《E时代大学英语——视听说教程》《E时代大学英语——阶梯阅读教程》《E时代大学英语——快速阅读教程》和《E时代大学英语——综合训练》。

## 二、《E时代大学英语——综合训练》特色

《E时代大学英语——综合训练》是《E时代大学英语——读写教程》的配套训练,旨在进一步加强学生的读写能力。其特色具体表现在以下几个方面。



### 1 题型多样, 针对性强

本训练配合《读写教程》, 每个单元设置 Vocabulary and Structure、Reading Comprehension、Translation 和 Writing 四个基本模块, 每个模块针对教材对应内容设置了丰富的题型, 从而帮助学生复习、巩固并拓展《读写教程》中所学的语言知识和技能。

### 2 循序渐进, 设置合理

本训练按照循序渐进的原则, 内容安排环环相扣, 能有效提高学生的读写能力。

### 3 结合四级, 实用性强

本训练前两册侧重考查学生对基础知识的掌握, 培养学生基本的读写能力, 后两册则在阅读、翻译等部分提高难度, 题型与大学英语四级考试匹配。此外, 期中和期末测试融入了历年四级考试的真题, 能在有效提高学生读写能力的同时, 帮助其了解四级考试题目, 锻炼解题能力, 提高考试水平。

## 三、《E 时代大学英语——综合训练》单元结构

本训练每册包括六个单元, 在 Unit 3 和 Unit 6 之后分别有一套期中和期末测试卷。每个单元包括 Vocabulary and Structure、Reading Comprehension、Translation 和 Writing 四个基本模块。

- Vocabulary and Structure 包括七个 Section, 按考查内容分为三类。第一类, 考查学生对课本重点词汇或短语的掌握, 主要设置用单词的正确形式填空、词汇辨析、选词填空; 第二类, 考查学生对基本构词法的掌握, 主要设置词性转换和选词填空; 第三类, 考查学生对本单元语法及其他基本语法的掌握, 主要设置单句改错和选择填空。
- Reading Comprehension 包括五个 Task, 从内容上讲, 五篇阅读材料均与课本单元主题相关, 可帮助学生加深对同主题文章的认识和理解。从形式上讲, 第一、二册有选词填空、单项选择及阅读填空, 第三、四册在原有的基础上增加长篇阅读段落匹配题, 多样的题型可以更加全面地帮助学生提升其阅读能力。从难度上讲, 遵循循序渐进的原则, 每册阅读文章的长度依次递增, 文章中的单词、句子的难度逐渐增大, 第三、四册基本达到大学英语四级考试的水平, 以此帮助学生更好地为大学英语四级考试做准备。
- Translation 包括四个 Section, 题型分别为课本重点短语、词组汉译英、课本重点语句英译汉、英汉搭配选择及语篇汉译英, 旨在帮助学生打好翻译基础, 增强其英汉互译能力。
- Writing 部分根据单元写作主题与教材中提供的写作技巧出题, 部分还结合大学英语四级作文题型, 旨在帮助学生巩固所学, 掌握各种题材文章的写作技能, 有效提高英语写作能力。

本训练配有参考答案，读者可到北京金企鹅联合出版中心网站（[www.bjjqe.com](http://www.bjjqe.com)）下载。  
无论我们如何追求完美，书中仍可能存在不完善和疏漏之处，敬请各位读者给予指正。此外，在编写本书的过程中，我们借鉴了一些文献资料，在此向这些文献的作者表达最诚挚的谢意。

编者  
2017年11月

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# Unit 1 A New Journey

## Part I Vocabulary and Structure



### Section A

**Directions:** Complete the following sentences with the proper form of the words given in brackets.

- 1 The cat was (lie) \_\_\_\_\_ on the floor.
- 2 We often (neglect) \_\_\_\_\_ to make proper use of our bodies.
- 3 He (delay) \_\_\_\_\_ telling her the news, waiting for the right moment.
- 4 After (graduate) \_\_\_\_\_ he went abroad.
- 5 Mary has a lot of hobbies, (include) \_\_\_\_\_ drawing, singing, dancing and so on.
- 6 John makes his (decide) \_\_\_\_\_ to study hard.
- 7 Jack likes to do (challenge) \_\_\_\_\_ things.
- 8 She feels much (comfort) \_\_\_\_\_ now.
- 9 You should eat meals (regular) \_\_\_\_\_.
- 10 Our teacher is very (passion) \_\_\_\_\_.



### Section B

**Directions:** Fill in the blanks with the proper words in brackets. Change the form where necessary.

- 11 I've found he \_\_\_\_\_ to me, so I've decided to break up with him. (lie / lay)



- 12 Commercial television is an \_\_\_\_\_ medium for advertising. (effective / efficient)
- 13 No country can afford to \_\_\_\_\_ the education of its young people. (neglect / skip)
- 14 They realized the \_\_\_\_\_ of her argument. (push / force)
- 15 For each group, you must \_\_\_\_\_ one primary character. (design / designate)



## Section C

**Directions:** Fill in the blanks with the phrases or expressions given below.

Change the form where necessary.

turn into	in advance	help... out	be forced to	turn out
end up	draw near	make an effort	happen to	show up

- 16 The New Year is \_\_\_\_\_, and she becomes rather excited.
- 17 When I bought the house, my sister \_\_\_\_\_ me \_\_\_\_\_ with a loan.
- 18 If you don't keep a balanced diet, you will \_\_\_\_\_ looking like a whale.
- 19 I \_\_\_\_\_ take part in the dinner party which I didn't like.
- 20 It \_\_\_\_\_ that she was a friend of my sister.
- 21 It was getting late when she finally \_\_\_\_\_.
- 22 It is a great idea to place your order \_\_\_\_\_.
- 23 You should \_\_\_\_\_ to improve your English reading comprehension.
- 24 If you \_\_\_\_\_ meet him, tell him to call me.
- 25 We think he'll \_\_\_\_\_ a top-class player.



## Section D

**Directions:** Write the primary forms of the following words from the text and

then give the Chinese meanings for them.

- ★ word opposite to the original word:

*e.g.* possible → impossible (不可能的)

26 \_\_\_\_\_ → unclear ( )

- ★ word changing from a verb into a noun:

*e.g.* enjoy → enjoyment (令人愉快的事物)

27 \_\_\_\_\_ → assignment ( )

- ★ words changing from a noun into an adjective:

*e.g.* person → personal (个人的)

28 \_\_\_\_\_ → effective ( )

29 \_\_\_\_\_ → optional ( )

30 \_\_\_\_\_ → careful ( )

- ★ words changing from an adjective into an adverb:

*e.g.* heavy → heavily (沉重地)

31 \_\_\_\_\_ → simply ( )

32 \_\_\_\_\_ → freshly ( )

33 \_\_\_\_\_ → definitely ( )

34 \_\_\_\_\_ → likely ( )

- ★ words changing from an adjective into a noun:

*e.g.* warm → warmth (温暖)

35 \_\_\_\_\_ → seriousness ( )

36 \_\_\_\_\_ → productivity ( )



## Section E

**Directions:** Choose the suitable words and complete the sentences below.

Change the form where necessary.



like likely unlikely

- 37 He seemed to pop up in the most \_\_\_\_\_ place.
- 38 You have to go to school, whether you \_\_\_\_\_ or not.
- 39 Eating and drinking too much is \_\_\_\_\_ to cause stomach trouble.

serious seriously seriousness

- 40 He warned us about the \_\_\_\_\_ situation that confronted us.
- 41 We should tell him the \_\_\_\_\_ of his conduct.
- 42 The patient is \_\_\_\_\_ ill and is being kept under observation.

produce product productive productivity

- 43 The book was translated into eight languages and HBO \_\_\_\_\_ a documentary based upon it.
- 44 Incentives (激励) can raise \_\_\_\_\_ and offer opportunities for a better life.
- 45 The age was \_\_\_\_\_ of men of genius.
- 46 How to improve the quality of \_\_\_\_\_ was a difficult problem to him.



## Section F

**Directions:** Find one mistake from the four choices marked A, B, C, and D in each sentence and correct it on the line.

- 47 The film reminds we of the miserable life in the old society.

A B C D

( ) correction: \_\_\_\_\_

- 48 The whales' bones are not strong enough holding up their muscles on land.

A B C D

( ) correction: \_\_\_\_\_

- 49 Spring is coming, because trees are getting green.

A B C D

( ) correction: \_\_\_\_\_

50 What he said at the meeting were very important to us.

A B C D

( ) correction: \_\_\_\_\_

51 The man suggested that we took a red wine with this dish.

A B C D

( ) correction: \_\_\_\_\_



## Section G

**Directions:** Complete the following sentences with the most appropriate word from the 4 choices marked A, B, C, and D.

52 Mary majors \_\_\_\_\_ English.

A. for B. at C. on D. in

53 My brother will arrive \_\_\_\_\_ Beijing this morning.

A. at B. to C. in D. for

54 \_\_\_\_\_ how poor he is, I will marry him.

A. Though B. Because C. For D. No matter

55 \_\_\_\_\_ some point, you are right.

A. At B. In C. To D. As

56 She is a famous movie star, and her parents are \_\_\_\_\_ of her.

A. happy B. glad C. proud D. surprised

57 We will go to Summer Palace \_\_\_\_\_ it doesn't rain tomorrow.

A. and B. but C. if D. however

58 Buying a lot of clothes \_\_\_\_\_ her dream.

A. are B. is C. to be D. being

59 You should speak English as \_\_\_\_\_ as you can.

A. much B. more C. a lot D. many



- 60 I'd like to introduce you \_\_\_\_\_ James Stewart, the new manager of our department.
- A. to                      B. with                      C. of                      D. on
- 61 I don't know how \_\_\_\_\_ this problem.
- A. do                      B. to do                      C. solve                      D. to solve

## Part II Reading Comprehension

**Directions:** In this part, there are 5 tasks for you to fulfill. Read the materials carefully and do the tasks according to the instructions.



### Task One

**Directions:** Fill in the blanks by selecting suitable words from the word bank. You may not use any of the words more than once.

A partner	D saying	G good	J campus	M away
B months	E straight	H create	K endless	N zone
C ended	F high	I attend	L polite	O adjust

Study at college is much harder than that in high school because everything is self-directed. If you're anything like me and you live by the (1) \_\_\_\_\_ "due tomorrow, do tomorrow", self-directed learning can actually be quite dangerous. In (2) \_\_\_\_\_ school, whether you liked it or not, you were forced to listen to your teacher lectures about various topics and almost subconsciously, you absorbed the information. However, at university you can decide not to (3) \_\_\_\_\_ a lecture one day. But if you're not careful, one day can turn into weeks, then into (4) \_\_\_\_\_ and before you know it, somehow you (5) \_\_\_\_\_ up going a whole semester without learning anything.

A (6) \_\_\_\_\_ study space is essential for online or external students, but it's just as important for those who study on (7) \_\_\_\_\_. You'll have plenty of work to do after lectures

and tutorials, so (8) \_\_\_\_\_ a space that's just for study. Keep Netflix, social media scrolling, TV, gaming and anything else fun (9) \_\_\_\_\_ from this area. It's your study (10) \_\_\_\_\_, your serious space, your go-there-to-get-it-done space. You'll spend a lot of time there!



## Task Two

**Directions:** Read the following passage and choose the correct answer for each question or statement.

College is a lot different from high school. You may decide to commute from your home to a local campus. Without doubt, though, the most dramatic freshman year is for those living away from home.

On some of those long, seemingly endless nights of studying and writing, it will be only natural for you to long for (向往) the good old days. Hang in there. These down periods will pass. Whatever you do, don't make major decisions about your major, your courses, or even your roommates during one of these blue periods. Things always look better in the morning.

You'll make a lot of new friends. Continue to be yourself. Don't strike a pose or play the role of someone you're not. Select your friends with the same care and patience you have always used. Believe it or not, your college friendships will be among the most satisfying and enduring relationship in your life. It's always exciting to discover how wonderfully diverse (多样化的) college relationships can be.

You'll also be on your own, your own boss (more or less) 24 hours a day. Enjoy your newfound freedom. Sleep in until the afternoon on a light class day. Explore the local town or suburbs with one or two of your new friends. Remember, though, with freedom comes responsibility. Just find your own style.

- 11 The main difference between high school and college is that \_\_\_\_\_.
- A. you will have more freedom      B. you will have no doubt  
C. you will live away from home      D. you will be much happier



- 12 What does the author mean by saying “blue periods” in *Para. 2*?
- A. Periods in blue color.                      B. Surprising periods.  
C. Sad periods.                                  D. Happy periods.
- 13 When you make friends, you should \_\_\_\_\_.
- A. do as your friends do                      B. be yourself  
C. strike a pose                                  D. play the role of someone you're not
- 14 College friendship is \_\_\_\_\_.
- A. the most satisfying of your life          B. the most enduring relationship in your life  
C. wonderfully diverse                        D. A, B and C
- 15 The sentence in the last paragraph, “You'll also be your own boss (more or less) 24 hours a day”, means \_\_\_\_\_.
- A. you will become a boss  
B. you will become a boss by yourself  
C. you do not have anyone telling you what to do and you make your own decisions  
D. A, B and C



### Task Three

**Directions:** Read the following passage and choose the correct answer for each question or statement.

Now you've been accepted into college. You're excited and maybe a little bit nervous. What can you expect? Read on for our advice.

#### Prepare yourself for a new life at college

Entering college is like starting a new phase of life. You will have to adjust to your new surroundings. Try to do everything by yourself and learn to stand on your own feet.

#### Learn to enjoy the hardships

College is a place where teenagers become adults and academia meets society. It's a challenging process. You won't win every prize and you won't be popular with all your

