

# 大学英语 演讲与辩论

话 | 题 | 特 | 训

**P**ublic Speaking  
and Debating In English

孙渝红 皇甫卫华 于子倩 杨志伟◎主编



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# 大学英语演讲与辩论话题特训

孙渝红 皇甫卫华 于子倩 杨志伟 主编

贵州师范学院内部使用

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## 内 容 提 要

《大学英语演讲与辩论话题特训》共50个单元。每个单元由4个环节组成：语言储备，包括词汇、短语表达、句型，通过对这一部分的熟读熟背，为其后情景对话、即席演讲、主题辩论等环节的展开和今后的熟练运用打下基础；情景对话，旨在让使用者从模仿类练习逐步过渡到自由会话；即席演讲，旨在训练使用者在一定语言储备的基础上用英语表达个人思想的能力；主题辩论，要求使用者从正反两个方面对话题展开思考，旨在培养使用者的批判性思维。

《大学英语演讲与辩论话题特训》适合作为非英语专业选修课教材，同时可供英语学习者、英语爱好者阅读参考。

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# 《大学英语演讲与辩论话题特训》

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## 前 言

如何能够体现和展示英语语言综合知识的水平？演讲与辩论就是一种直接的方法和手段。英语演讲与辩论能够检验学习者英语学习的效果，它是培养实用性和复合型外语人才的途径。学习者在具备一定的语言知识、掌握必备的语言技巧后如何在特定而真实的语言环境中有效而准确地表达思想、参与讨论？这是学校、教育机构和语言学习者本身需要重点强化的方面。

《大学英语演讲与辩论话题特训》旨在系统、全面地引导学习者掌握用英语演讲和辩论的技巧和方法，训练和培养他们具备较强的英语思维能力、语言表达能力和问题解决能力。

本书共 50 个单元，每个单元包含 4 方面的内容——语言储备、情景对话、即席演讲和主题辩论。所选话题为大学英语教学过程中和学习者日常生活中，以及各类英语等级考试中出现频繁的话题，涉及学习、工作和日常生活的方方面面。作者在编写本教材中注重突出以下特点：

一是内容的实用性。全书在内容的设计上注重实用性，贴近学习者生活和学习的经历，他们能够结合自己的真实感受参与语言活动，直接将语言信息有效输出。

二是话题的科学性。每一个单元都根据不同的话题设计基本词汇、

常用表达和基本句型，学习者一目了然，并能够举一反三、融会贯通。

三是训练的针对性。本书提供丰富的英语语言知识储备，使得训练话题的选择针对性强，并且根据学习者普遍感觉困难的语言场景，特别提供情景练习。

## 言 前

四是方法的灵活性。本书所设计的话题灵活多样，视角新颖有趣，能够为学习者提供多主题、多维度和多场合的训练方法，易于学习者侃侃而谈。

《大学英语演讲与辩论话题特训》既可作为高校大学英语演讲和辩论的选修课教材或辅助教材，也可作为广大英语爱好者自我强化和提高的口语训练用书。

本书的编写得到中国石油和石化工程教材出版基金的资助。由于时间紧迫，资料有限，书中如有不当之处，敬请广大读者批评指正，以便再版时进行充实和修订。

编 者

# 目 录

Unit 1	College Life	1
Unit 2	Friends	6
Unit 3	Housing	10
Unit 4	Fashion	14
Unit 5	Pets	19
Unit 6	Travel	24
Unit 7	Traffic	28
Unit 8	Books	33
Unit 9	Music	37
Unit 10	Weather	42
Unit 11	Food and Drinks	46
Unit 12	Health	52
Unit 13	Sports	57
Unit 14	Holidays	62
Unit 15	Education	67
Unit 16	Family	72
Unit 17	Interview	79
Unit 18	Environment	84
Unit 19	Natural Disaster	89
Unit 20	Ideal Jobs	93
Unit 21	Birthday	98
Unit 22	TV Program	103

Unit 23	Advertisement .....	108
Unit 24	Mobile Phones .....	112
Unit 25	Computers .....	117
Unit 26	Shopping Online .....	123
Unit 27	Habits .....	128
Unit 28	Smoking .....	133
Unit 29	Happiness .....	138
Unit 30	Confidence .....	143
Unit 31	Money .....	147
Unit 32	Time .....	152
Unit 33	Life Goal .....	156
Unit 34	Honesty .....	162
Unit 35	Love .....	167
Unit 36	Feelings .....	171
Unit 37	Success .....	177
Unit 38	Understanding .....	181
Unit 39	Culture Shock .....	186
Unit 40	Exams .....	191
Unit 41	Stress .....	196
Unit 42	Gender Differences .....	201
Unit 43	Crime and Punishment .....	205
Unit 44	Table Manners .....	209
Unit 45	Auto Show .....	214
Unit 46	Personality .....	218
Unit 47	Loyalty .....	223
Unit 48	Movie .....	228
Unit 49	Personal Finance .....	233
Unit 50	Haze .....	238

## Unit 1 College Life



### 一、语言储备

#### 词汇

freshman <i>n.</i> 大学新生	sophomore <i>n.</i> 大学二年级学生
junior <i>n.</i> 大学三年级学生	senior <i>n.</i> 大学四年级学生
schedule <i>n.</i> 时间安排表	seminar <i>n.</i> 讨论会(课)
dormitory (dorm) <i>n.</i> 宿舍	cafeteria/canteen <i>n.</i> 自助餐厅, 食堂
entertainment <i>n.</i> 娱乐	association <i>n.</i> 协会
homesick <i>adj.</i> 思乡的	isolated <i>adj.</i> 孤独的, 孤立的
frustrated <i>adj.</i> 受挫的, 沮丧的	depressed <i>adj.</i> 沮丧的
independent <i>adj.</i> 独立的	flexible <i>adj.</i> 灵活的

#### 表达

academic gap between high school and university 中学与大学的学习差异

personal growth 个人的成长

academic achievements 学业成就

self-discipline 自律

interpersonal relationship 人际关系

like-minded people 志趣相投的人

Student Union 学生会

major in 以……为专业

enroll on a course 选课

adjust to/adapt oneself to 适应……

develop/establish friendship 发展/建立友谊

take advantage of 利用

budget one's hours 安排某人的时间

stay up late 熬夜

keep in touch with 与……保持联系

participate in/get involved in social activities 参与社会活动

smooth the transition from ... to ... 平稳过渡从……到……的时期

dispel feelings of isolation and loneliness 排遣孤独和寂寞

on one's own 独立地

Unit 37 Success

Unit 38 Understanding

### 句型

- Well begun is half done.
- Every beginning is hard.
- On the one hand ..., on the other hand ...
- The more ..., the more ...
- Chances are that ...
- ... can be both a blessing and a curse.
- A good place to start with is ...
- It is natural for sb. to do sth.

### 二、情景对话

Maria: Oh, hi Dave. Long time no see!

Dave: Hi Maria. I was in the neighborhood, so I thought I'd drop by.

Maria: Come on in. Take a seat. Would you like anything to drink? I have Sprite or orange juice.

Dave: Sprite would be fine. Uh, so, how have you been?

Maria: Oh, not bad. And you?

Dave: Oh, I'm doing okay, but school has been really hectic these days, and I haven't had time to relax.

Maria: By the way, what's your major anyway?

Dave: Hotel management.

Maria: Well, what do you want to do once you graduate?

Dave: Uh...I haven't decided for sure, but I think I'd like to work for a hotel or travel agency in this area. How about you?

Maria: Well, when I first started college, I wanted to major in French, but I realized I might have a hard time finding a job using the language, so I changed majors to computer science. [Oh] With the right skills, landing a job in the computer industry shouldn't be as difficult.

Dave: So, do you have a part-time job to support yourself through school?

Maria: Well, fortunately for me, I received a four-year academic scholarship [Wow] that paid for all of my tuition and books.

Dave: Wow. That's great.

Maria: Yeah. How about you? Are you working your way through school?

Dave: Yeah. I work three times a week at a restaurant near campus.

Maria: Oh. What do you do there?

Dave: I'm a cook.

Maria: How do you like your job?

Dave: It's okay. The other workers are friendly, and the pay isn't bad.

### 三、即席演讲

#### Topic One What do you think the life with roommates is like?

##### Tips:

- Live together
- Keep one's company
- Establish interpersonal relationship

#### Sample Answer

Many college students including me don't have any experience of living with others before we enter university unless you come from boarding schools. That

means we will most likely need to adapt to life with roommates. The very idea of living together with others freaks us out, because it means less or even no private space. However, in my eyes, having roommates is actually a great benefit in college. Obviously, the first few weeks of college can be a lonely time—we are in a new place with new surroundings. A roommate can keep our company and help us adapt better to college life. We never fight alone. We have someone to go to the dining hall, explore the campus, and share our social network with. In addition, with a roommate we can share the costs of college life. For example, we can split groceries, additional furnishings, and other costs. However, undoubtedly it's a great challenge for us to establish interpersonal relationship in this way. Before we enter university, we have spent most of our time learning those required subjects. Nobody has even taught us how to communicate with others, coordinate and compromise to establish friendship. In this case, my suggestion is that we should learn to respect others and keep the line of communication open. At the same time, we should be ready to learn through trials and errors.

**Topic Two People attend college for a great variety of reasons. What are the major ones in your opinion?**

**Tips:**

- A college or university is a place where one can gain new knowledge and become valuable to the society.
- A bachelor's degree is the prerequisite for a graduate.
- Teaching faculty and resources are available at college.
- Universities help students in achieving their goals by preparing them for their future career.
- At college, they can learn how to arrange their own time reasonably.
- Studying in college enables them to have opportunities to interact with others from different backgrounds and learn how to cooperate with them.

#### 四、主题辩论

**Motion: College students should live on campus rather than off campus.**

**Hints for Arguments**

- Getting to know how to deal with different people
- Meeting more people and making more friends

- Being more involved in campus activities
- Saving one from a trip to and from school every day so as to save time and money
- Enjoying companionship from one's roommates
- Feeling much safer

### Hints for Counter-arguments

- Eliminating potential conflicts with room-mates
- No need to coordinate with others' living habits and compromise
- Enjoying complete freedom of space and privacy
- No need to follow the rules in the residence halls
- More convenient to do shopping

## Unit 2 Friends



### 一、语言储备

#### 词汇

generous <i>adj.</i> 慷慨大方的	cooperation <i>n.</i> 合作
sincerity <i>n.</i> 真诚	company <i>n.</i> 陪伴
bond <i>n.</i> 关系	temperament <i>n.</i> 性情
confidant <i>n.</i> 知己	comfort <i>vt.</i> 安慰
communicate <i>vi.</i> 交流	appreciate <i>vt.</i> 欣赏
easy-going <i>adj.</i> 随和的	energetic <i>adj.</i> 精力充沛的
thoughtful <i>adj.</i> 周到的	intimate <i>adj.</i> 亲密的
talkative <i>adj.</i> 多话的	stubborn <i>adj.</i> 固执的

#### 表达

appreciate each other 彼此欣赏

life-long friends 终生的朋友

share one's sorrows 分担某人的悲伤

similar interests 相似的兴趣

comfort sb. 安慰某人

have sth. in common 有共同之处

- be considerate of sb. to do sth. 周到地做……
- be loyal to others 对他人忠诚
- like-minded people 志趣相投的人
- turn to sb. 向某人求助
- hurt one's feeling 伤害某人的感情
- close friends 好友
- offer help whenever needed 有求必应
- count on sb. 依靠某人
- be ready to give a helping hand 乐于助人
- free one's mind from worries 使某人摆脱苦恼

## 句型

- I am extremely similar to ...
- ... would be of great help to ...
- ... does not fade/change as time goes by.
- ... is one of the basic bonds between human beings.
- ... is a case in point.
- ... bears a resemblance to ...

## 二、情景对话

- Peter: Morning.
- Sam: Oh, hi there!
- Peter: Please allow me to introduce myself. My name is Peter Brown and this is my sister, Tina.
- Sam: Nice to meet you. My name is Sam Smith. Did you just move in next door?
- Tina: Yes, we did. Have you lived here long?
- Sam: Me? I guess so. I've lived here for about 8 years by now. Have you lived in Texas very long?
- Peter: No. Not really. When we left Canada and came to America we lived with a cousin in Dallas for 2 years. Where do you work, Sam?
- Sam: I teach mathematics at Willow Springs community college. What do you do?
- Peter: I am a mechanic at Allied Diesel. I repair truck engines.
- Sam: What about you, Tina?

Tina: I am a nurse's assistant at Whitfield County hospital.  
Sam: Well, Peter and Tina, it was good to meet you. I have to go now. I'm teaching a class this evening and I need to get to the college.  
Peter: It was good to meet you, too, Sam.  
Tina: Yes, it was good to meet you.  
Sam: See you around!

### 三、即席演讲

#### Topic One Making friends with those who are different or who are similar

##### Tips:

- Common interests
- Differences in characters, hobbies, etc.
- Attitude towards friendship

##### Sample Answer

Have friends who are similar or different? It is a question. Some people think having friends whose characters, hobbies and social background are similar to theirs can be very advantageous. Maybe they are fond of collecting stamps, then what a pleasure it is to have a friend with the same taste, and to get to exchange the little "treasures" with him! Or maybe they are interested in playing tennis then how wonderful it is to compete with their friend, who is a well-matched tennis partner, on the green court. Similar friends are easy to get along with, for there is always something that both of them are familiar with. Because of the similarities, their friends can see something in them, and understand them well.

Of course, no matter how similar they are, friends have differences. They prefer different kinds of food, clothes, music, books, etc. They even look different. However, it can be also fun to learn from their various life experiences, because life doesn't look exactly the same for every person and you have the chance to live once only. Of course it can be very challenging to strive to gain a better understanding through developing friendships with those unlike us. No matter how different they are, as friends, they have at least one similarity: the sincerity towards friendship.

**Topic Two What qualities should your friends have?**

- Honesty—It can keep a friendship real and gain trust from your friends.
- Forgiveness—It is the basic trait to maintain long-term friendship.
- Understanding—It can help people get along well with others.
- Loyalty—Real loyalty is being accepting the person, not necessarily of certain actions your friends might take.

**四、主题辩论**

**Motion: College students should have as many friends as possible.**

**Hints for Arguments**

- Enriching your knowledge and experiences
- Getting more help when you are in difficulty
- Getting to know how to deal with different people
- Having companionship
- Having a colorful life

**Hints for Counter-arguments**

- Time-consuming to establish and maintain friendships
- Distracting you from your work and study
- More likely to be affected by them in a negative way
- Having conflicts or even fights as a result of misunderstanding among your friends with great differences