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一辈子够用的 英语万用会话 10000句



英语名师不公开传授的白金会话宝典!

李文昊◎主编

易人外语教研组◎编著



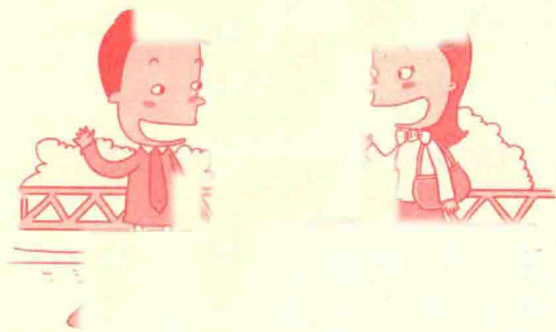
一扫就能听

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前言

口语往往是衡量一个人英语水平的标准。然而，我们过去十多年学的往往是“聋哑英语”，以至于很多人在与外国人交流时没有自信，不敢张嘴说。随着对外经济文化交流的不断发展，口头交际能力会愈来愈受到重视，有效地提高英语口语水平已势在必行，练好嘴才是打天下的基础！

英语说得好，不在于英语考试得了多少分、背了多少单词或造出多难句子，而是在于能在特定的场合以正确的表达方式、用适当的惯用口语和外国人进行有效的沟通，只会纸上谈兵无济于事。那么，如何才能说出流利地道的英语？除了每天坚持多练多说之外，重要的是要有一个好的“老师”——一本系统全面的英语会话书。语言是以句子为单位，用句子去交流的。因此掌握一定的句子量，就是语言学习进阶的基础。鉴于此，我们精心打造了这本《一辈子够用的英语万用会话 10000 句》，相信会给你的英语口语学习提供帮助。

本书以“日常生活和工作中的常用表达”为着眼点，筛选出各种不同的口语表达短句，分门别类，一应俱全。书中我们将人们日常生活领域划分为 17 个部分，这 17 个部分基本上涵盖了生活的方方面面。此外，每个部分又细分为若干场景，场景以对话开篇，并配有插图、单词、短语以增强内容的丰富性和趣味性。对话后面是本书的重点，即在类似的情景下使用的核心句型。全书以史蒂文为核心人物，通过他的生活、工作、学习、休闲娱乐等来引出场景，并以他与周围人的对话引出生活中常用的句子。因此，该书贴近生活，实用性强。

随着社会和经济的发展，英语的生活环境将不可避免地伴随你的一生。相信本书将有效帮助你应付生活和工作中需要使用英语的场合，全面提高你的口语表达能力。

最后，真心希望本书能为广大读者带来切实的帮助。本书在编著的过程中，难免会有疏忽漏洞，欢迎广大读者批评指正，提出宝贵意见。谢谢！

李文昊

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一辈子够用的
英语万用会话
10000句

使用说明

① 情景对话，美音朗读

本书每个小节都设置了一个情景，并根据情景编排了简短会话。此部分附有专业外籍人士录制的音频，让你随时随地都能学习地道英语会话。

② 中心人物，贯穿全书

本书以史蒂文为中心人物，书中所涉及的所有情节都是发生在史蒂文身边的事情，令读者身临其境。

③ 精彩配图，增添趣味

书中的每篇对话都配有一幅与主题相关的图片，既可以缓解读者的视觉疲劳，又能够增添趣味、加深记忆。

一辈子够用的英语万用会话 10000句

1 起床

Dialogue 对话 01-01

Steven suddenly wakes up in the morning. His wife Julia calls him to get up and have breakfast.

Steven: Julia, what time is it?

Julia: Eight o'clock. It's time for you to get up and have breakfast.

Steven: Oh, my God! I'm going to be late! I have no time to have breakfast now. (Hurry on his clothes.)

Julia: You won't go to work today. Steven. It's Sunday. Come to have breakfast now.

Steven: Oh, I have a poor memory now. I haven't had enough sleep lately. I had a bad dream just now.

Julia: You have been too tired recently, darling. That's why I didn't wake you up this morning. After breakfast, you can go to sleep again.

Steven: Yes. I really need to have a good rest.

史蒂文早上突然醒来，他的妻子朱莉娅叫他起床吃早饭。

史蒂文：朱莉娅，几点了？

朱莉娅：八点钟了。你该起床了，来吃早饭吧！

史蒂文：哦，天啊！我要迟到了！我没时间吃早饭了。（匆忙穿衣。）

朱莉娅：你今天不用去上班的，今天是周日。现在来吃早饭吧！

史蒂文：哦，瞧我现在的坏记性。最近我睡眠不够，我刚才还做了个不好的梦呢。

朱莉娅：亲爱的，你最近太累了，所以我今天早上才没有叫醒你。吃过早饭后，你可以再去睡。

史蒂文：是啊，我确实需要好好休息一下了。

002

Vocabulary and Phrases 单词和短语

memory ['meməri] n. 记忆力, 回忆, 记忆
have a rest 休息一下

Key Sentences 核心句型

唤醒催促起床

- 1 It's time for you to get up. 你该起床了。
- 2 Hey, Jack, it's time to wake up and get out of bed. 嘿, 杰克, 醒一醒, 该起床啦。
- 3 Get up and have breakfast. 起床吃早饭吧!
- 4 You'd better get up, or you'll be late. 你最好在现在起床, 否则要迟到了。
- 5 Rise and shine! 起床!
- 6 The early bird gets the worm. 早起的鸟才会有虫吃。
- 7 Get the children up. 叫孩子们起床。
- 8 John, are you up? 约翰, 起床了没有?
- 9 I should arouse Lily from sleep. 我还要叫莉莉起床。
- 10 It starts to dawn, and you have to get up now. 天晓了, 你必须起床了。

起床事宜

- 1 Do I have to get up now? 我现在一定得起床吗?
- 2 You must put on more clothes. 你必须多穿衣服。
- 3 I can't find my stocking. 我找不着长筒袜了。
- 4 Please get your dress in the wardrobe. 请在衣柜里找你要换的衣物。
- 5 Please dress the baby, Mike. 迈克, 请给孩子穿衣。
- 6 Don't forget to fold up your quilt. 不要忘记叠被子。
- 7 Don't forget to make your bed. 别忘了铺床。
- 8 You take an unconscionable time to get dressed. 你穿衣服用的时间未免太长了!
- 9 Don't overclothe the child—she will be too hot. 别给那孩子穿衣过多——她会太热。


003

④ 中英对照, 词汇补充

在每段对话后精选出该情景下重要、实用的单词和短语, 并给出释义和音标。词词精华, 拓展你的词汇量。

⑤ 核心句型, 分类细致

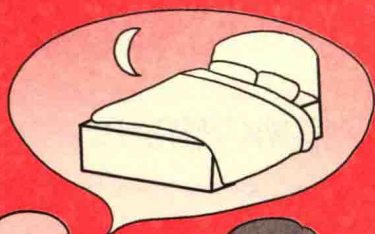
本书每个主题下收录了大量的核心句型, 这些核心句型按照侧重点的不同, 又细分成几个部分。各种情景下的会话句型一网打尽, 句句经典实用。



一辈子够用的
英语万用会话
10000句

Unit 1

居家



1. 起床
2. 睡觉
3. 租房
4. 买房
5. 装修
6. 搬家
7. 家庭保健
8. 家庭安全
9. 家庭维修

1 起床

Dialogue

对话

MP3 01-01

- Steven suddenly wakes up in the morning. His wife Julia calls him to get up and have breakfast.

Steven: Julia, what time is it?

Julia: Eight o'clock. It's time for you to get up and have breakfast.

Steven: Oh, my God! I'm going to be late! I have no time to have breakfast now. (Hurry on his clothes.)

Julia: You won't go to work today, Steven. It's Sunday. Come to have breakfast now.

Steven: Oh, I have a poor memory now. I haven't had enough sleep lately. I had a bad dream just now.

Julia: You have been too tired recently, darling. That's why I didn't wake you up this morning. After breakfast, you can go to sleep again.

Steven: Yes. I really need to have a good rest.



- 史蒂文早上突然醒来，他的妻子朱莉娅叫他起床吃早饭。

史蒂文: 朱莉娅，几点了？

朱莉娅: 八点钟了。你该起床了，来吃早饭吧！

史蒂文: 哦，天啊！我要迟到了！我没时间吃早饭了。（匆忙穿衣。）

朱莉娅: 你今天不用去上班的，今天是周日。现在来吃早饭吧！

史蒂文: 哦，瞧我现在的坏记性，最近我睡眠不够。我刚才还做了个不好的梦呢。

朱莉娅: 亲爱的，你最近太累了，所以我今天早上才没有叫醒你。吃过早饭后，你可以再去睡。

史蒂文: 是啊，我确实需要好好休息一下了。

Vocabulary and Phrases


单词和短语

memory [meməri] *n.* 记忆力, 回忆, 记忆


have a rest 休息一下

Key Sentences

核心句型

喊醒催促起床 

- ① It's time for you to get up. 你该起床了。
- ② Hey, Jack, it's time to wake up and get out of bed. 嘿, 杰克, 醒一醒, 该起床啦。
- ③ Get up and have breakfast. 起床吃早饭吧!
- ④ You'd better get up, or you'll be late. 你最好现在就起床, 否则要迟到了。
- ⑤ Rise and shine! 起床!
- ⑥ The early bird gets the worm. 早起的鸟才会有虫吃。
- ⑦ Get the children up. 叫孩子们起床。
- ⑧ John, are you up? 约翰, 起床了没有?
- ⑨ I should arouse Lily from sleep. 我应该叫莉莉起床。
- ⑩ It starts to dawn, and you have to get up now. 破晓了, 你必须起床了。

起床事宜 

- ① Do I have to get up now? 我现在一定得起床吗?
- ② You must put on more clothes. 你必须多穿衣服。
- ③ I can't find my stocking. 我找不着长筒袜了。
- ④ Please get your dress in the wardrobe. 请在衣柜里找你要换的衣物。
- ⑤ Please dress the baby, Mike. 迈克, 请给孩子穿衣。
- ⑥ Don't forget to fold up your quilt. 不要忘记叠被子。
- ⑦ Don't forget to make your bed. 别忘了铺床。
- ⑧ You take unconscionable time to get dressed. 你穿衣服用的时间未免太长了!
- ⑨ Don't overclothe the child—she will be too hot. 别给那孩子穿衣过多——她会太热。

谈论起床

- ① He got up at daybreak this morning. 他今天早上天蒙蒙亮就起床了。
- ② What time do you get up in the morning? 你早上什么时候起床?
- ③ I usually get up at five thirty. 我通常五点半起床。
- ④ Susan rose with the lark. 苏珊一大早就起床了。
- ⑤ My husband got up late this morning and missed the bus. 我丈夫今早起床晚了, 错过了公共汽车。
- ⑥ Did you get up at five or six yesterday? 昨天你五点起床还是六点起床?
- ⑦ I never get up late. 我未曾晚起床过。
- ⑧ I always rise with the bell. 我总是听到铃声就起床。
- ⑨ Mom always suggests that I get up at the same time. 妈妈总是叫我在同一个时间起床。
- ⑩ If you get up earlier, you will have time for breakfast. 如果你起床早一点, 你会有时间吃早餐。
- ⑪ My brother always gets up earlier than me. 哥哥总是比我早起床。
- ⑫ I usually get up at six thirty, but during the holidays I get up at ten for a change. 平时我六点半起床, 但在假期我会变一变, 十点起床。
- ⑬ I used to wake up early and get up at 5:30. 我以前常常醒得早, 五点半就起床。
- ⑭ Every day Mom comes to wake me up to rise. 每天妈妈都来叫醒我起床。
- ⑮ I didn't go to bed until twelve last night, so I got up late. 昨晚我十二点才睡觉, 因此今天起床晚了。
- ⑯ Steven got up late. 史蒂文起床晚了。
- ⑰ Rose got up late so that she missed the first bus. 罗丝起床晚了, 以至于误了头班车。
- ⑱ I have to get up at six. 我得六点钟起床。
- ⑲ I should get up earlier. 我应该早点起床。
- ⑳ What time do you wake up usually? 你通常什么时候醒来?
- ㉑ He hates getting up so early. 他非常讨厌早起床。
(也可以这样说: He has a strong objection to getting up so early.
He has a strong aversion to getting up early.)
- ㉒ I always show a leg early. 我总是很早起床。
- ㉓ Are you out of bed yet? 你已经起床了吗?
- ㉔ Why do you get up so early? 你为什么起床那么早?
- ㉕ We got up before sunrise. 我们在太阳升起之前起床。



实用句型,
也可以这样说

- 26 We have to get up at the crack of dawn. 我们必须一大清早就起床。
- 27 I am not accustomed to getting up so early. 我不习惯这么早起床。
- 28 I just got up and was still in pajamas. 我刚刚起床，还穿着睡衣。
- 29 The sun had been up when he got up. 他起床时太阳已经升起。
- 30 It is customary for me to get up at five thirty. 五点半起床是我的习惯。
- 31 What time are you going to get up tomorrow? 明天你打算什么时候起床?
- 32 In common with most young people, my daughter hates getting up in the morning. 跟大多数年轻人一样，我女儿早上不愿意起床。
- 33 Do you get up early every day? 你每天起床很早吗?
- 34 If you had gotten up earlier, you would have had time for breakfast. 如果你早一点起床，本来是有时间吃早餐的。

2 睡觉

Dialogue

对话

MP3 01-02

It's ten o'clock at night. Steven's wife Julia is a little sleepy. Now she is urging Steven to go to bed.

Julia: Steven, it's ten o'clock. I'm going to bed. I'm beat.

Steven: Okay. I'm going to stay up a while. I've got to go over the household budget. We've slightly overspent this month.

Julia: Oh, can't you do it tomorrow? It's already past 10.

Steven: But I'm not sleepy, darling. I want to finish it today.

Julia: Okay. Please close the door to the basement before you go to bed. I don't want the dog down there tonight.

Steven: Okay. Good night. Have a good dream.

Julia: Good night.



夜里十点钟了，史蒂文的妻子朱莉娅想去睡觉了，她

现在正催促史蒂文上床睡觉。

朱莉娅：史蒂文，十点钟了。我要去睡觉了。我累极了。

史蒂文：好吧。我再待会儿。我得把家里的账算一算，这个月我们超支了一点儿。

朱莉娅：你明天算不行吗？已经十点多了呀。

史蒂文：但是我一点儿也不困，亲爱的。我今天想把它算完。

朱莉娅：那好吧。你在睡前关上贮藏室的门，我不想让狗今晚跑到那儿去。

史蒂文：好的，晚安。做个好梦。

朱莉娅：晚安。

Vocabulary and Phrases

单词和短语

beat [bi:t] *adj.* 精疲力尽的

budget ['bʌdʒɪt] *n.* 预算

sleepy ['sli:pi] *adj.* 欲睡的，困倦的

basement ['beɪsmənt] *n.* 根基，地下室

Key Sentences

核心句型

催促劝说去睡觉

① It's time for you to go to bed. 你该上床睡觉了。

(也可以这样说: It's coming up on your bedtime.

It is time that we went to bed.)

② Now it is bedtime. 现在就去睡觉。

③ You had better go to bed now. 你最好现在去睡觉。

④ Off to bed with you! 睡觉去!

⑤ Run along and get ready for bed. 走，准备去睡觉。

⑥ Be a good boy and go to sleep. 乖孩子，睡觉去。

⑦ Why don't you go to bed earlier? 你为什么不早点睡觉呢?

⑧ You should go to sleep now and get up early to practice your spoken English. 你应该现在就睡觉，明天早点起来练习英语口语。

9 If you don't sleep well tonight, you'll be sleepy all day tomorrow. 如果你今晚不休息好的话,明天一天你都会犯困的。

准备睡觉

- 1 Well, I'm going on to bed. 嗯,我睡觉去了。
- 2 Did you lock the doors? 你把门都锁上了吗?
- 3 Please close the front door before you go to bed. 请在睡前关上前门。
- 4 Please close the window before you go to bed. 请睡觉前关上窗户。
- 5 Be sure to put out the lights before you go to bed. 睡觉以前一定要关灯。
(也可以这样说: Remember to turn out the lights before you go to bed.)
- 6 Put out the fire before going to bed. 睡觉之前先熄掉炉火。
- 7 Don't forget to wind your clock before you go to bed. 睡前不要忘记给钟表上发条。
- 8 I will put on my pajamas before going to bed. 睡觉前,我要穿上睡衣。
- 9 I will lie down and go to sleep soon. 我马上躺下来睡觉。
- 10 Remember to take your make-up off before you go to bed. 记得睡前要卸妆。
- 11 My grandmother always gargles with salt water before going to bed. 奶奶睡前总是用盐水漱口。
- 12 I shall have a hot bath and go to bed. 我要去洗个热水澡,然后睡觉。
- 13 Good night. 晚安。
- 14 Have a good dream. 做个好梦。



谈论睡觉

- 1 When do you go to bed? 你们什么时候睡觉?
- 2 You're like a dead person while you sleep. 你睡得像死猪一样。
- 3 Just let me sleep 5 more minutes. 让我再睡五分钟嘛。
- 4 My brothers are causing me to lose sleep. 弟弟们让我根本睡不着觉。
- 5 I didn't fall asleep until 1 o'clock last night. 昨天晚上我一点钟才睡着。
- 6 I was very sleepy but I couldn't sleep. 我特别困可就是睡不着。
- 7 I haven't been sleeping well for a month. 我有一个月的时间没睡好觉了。
- 8 Jack always goes to bed at about midnight. 杰克总是午夜前后睡觉。