

大学英语

College English

李孝敏 | 编著

39

山頭大學出版社

大学英语

李孝敏 编著

汕頭大學出版社

图书在版编目(CIP)数据

大学英语 / 李孝敏编著. -- 汕头: 汕头大学出版社, 2014.3

ISBN 978-7-5658-1240-8

I. ①大… II. ①李… III. ①英语—高等学校—教材
IV. ①H31

中国版本图书馆 CIP 数据核字 (2014) 第 036001 号

大学英语

DAXUE YINGYU

编 著: 李孝敏

责任编辑: 胡开祥

封面设计: 高玉娇

责任技编: 黄东生

出版发行: 汕头大学出版社

广东省汕头市汕头大学内 邮编: 515063

电 话: 0754-82904613

印 刷: 北京市通州京华印刷制版厂

开 本: 850mm × 1168mm 1/32

印 张: 7

字 数: 180 千字

版 次: 2014 年 3 月第 1 版

印 次: 2014 年 3 月第 1 次印刷

定 价: 32.00 元

ISBN 978-7-5658-1240-8

发行 / 广州发行中心 通讯邮购地址 / 广州市越秀区水荫路 56 号 3 栋 9A 室 邮编 / 510075
电话 / 020-37613848 传真 / 020-37637050

版权所有, 翻版必究

如发现印装质量问题, 请与承印厂联系退换

前 言

本书依据《大学英语课程教学要求》《成人高等教育学士学位英语水平考试大纲(非英语专业)》,参照国内同类教材,针对高职高专、成人高校学生学习特点编写而成,主要用作各类高职高专、成人高校学生的基础英语教材。

编写本教材的指导思想是:培养学生掌握扎实的英语基础知识,使学生具备较强的阅读理解、翻译和写作能力,顺利通过各种英语考试。

本教材共八个单元,每单元分为 A、B、C 三部分: A 部分包括课文、生词、短语、注释、练习(包括 Comprehension、Vocabulary、Writing、Translation); B、C 部分是专项阅读训练。最后附录词汇汇总表。课文的 A 部分是教材的核心与学习重点。所选文章全部出自英文报刊、杂志和书籍,内容涉及人文历史、科普教育、社会问题、生活习惯等题材。选文短小精悍、体裁多样,非常具有时代感、知识性、实用性和趣味性。语言规范,长度、难度适宜,内容安排上循序渐进。

在编写过程中,我们广泛吸收了一些大学英语教材的优点,参考了很多一线教师的见解和教学心得,在此向他们深表感谢!由于编者学识局限,书中难免有纰漏之处,恳请专家学者和广大师生多提宝贵意见。

编 者

contents

Unit 1 Campus Life and Study / 1

Text A What to Expect from College Life / 2

Text B Hitting the Books and Beyond / 13

Text C If the Dream Is Big Enough / 18

Unit 2 Hobby and Interest / 23

Text A Let Curiosity Lead You / 24

Text B Fun in Stamps / 35

Text C Don Cameron and His Balloons / 40

Unit 3 Friendship and Love / 45

Text A Love of Life / 46

Text B Words from the Heart / 57

Text C Friendship Could Conquer Anything / 63

Unit 4 Festivals and Holidays / 68

Text A The Story of Mother's Day / 69

Text B The Lantern Festival / 82

Text C St. Valentine's Story / 89

Unit 5 Sports / 93

Text A What We Want from Sports? / 94

Text B Li Ning—From Gymnastics Prince
to Business Giant / 106

Text C Run, Patti, Run / 113

Unit 6 Manners / 118

Text A Delivering Criticism Smoothly / 119

Text B An Ordinary Home-cooked Meal / 131

Text C Different Countries, Different Etiquettes / 136

Unit 7 Travel / 142

Text A Rise of the Young Chinese Backpackers / 143

Text B Travel in Lijiang / 155

Text C Spotlight on Athens / 162

Unit 8 Food, Drink and Health / 167

Text A Green Tea and Health / 168

Text B Chinese Food Culture: Nutrition and Food / 180

Text C Fast Food / 187

GLOSSARY / 193

Unit 1

Campus Life and Study

- 1. What do you think of your campus?*
- 2. How are you going to spend your college life?*
- 3. What do you expect to learn at college?*

Text A

What to Expect from College Life

Congratulations! You've been accepted into college. You're excited and maybe a little bit nervous. What can you expect? Read on for our advice.

Prepare yourself for a new life at college

Entering college is like starting a whole new life. You will have to live in the new surroundings, try to do everything by yourself and learn to stand on your own feet. As you face the ups and downs of student life, you will learn how to manage and get over them.

Learn to enjoy the hardships

College life is not the same as that in the middle school. It's the place where teenagers become adults. Ideally, your time at college will help you mature physically and mentally, equip you with knowledge and prepare you for your future career.

It's a big challenge, so it's not realistic to expect everything to always work in your favor. The challenges are just as important for your growth as the good times. Only once you have experienced these things will you know what society and life is like.

Communicate with others

College is just like a small society, so you have to communicate with everybody around you. Social communication is easier to learn than technology. Smile at your classmates, show your concern and speak with them. Then they will be happy to help you in return.

Take on your own responsibilities

Don't count on others to make decisions for you. You are your own

master. As an active student, you should plan your life and manage your study right from the start of your college life. Face up to your troubles bravely and don't run away.

College is a very important time of your life and you should make the most of it. You will learn as much from the real world as you will from textbooks, as much from practice as from theory. If you pay attention, you will acquire precious knowledge, good sense, social experience and determination.

(328 words)

New Words

acquire /ə'kwaiə/ vt.

(尤指通过努力) 取得, 获得; 学到

career /kə'riə/ n.

生涯, 经历; 职业, 谋生之道

challenge /'tʃæləndʒ/ n.

挑战; (比赛等的) 邀请, 提议

communicate /kə'mjʊ:nikeɪt/ vi.

交际, 交往

communication /kə,mjʊ:nɪ'keɪʃn/ n.

交流; 交际, 交往

concern /kən'sə:n/ n.

关心的事; (与某人的工作等) 有关的事

determination /dɪtə:mɪ'neɪʃən/ n.

坚定; 决心

equip /ɪ'kwɪp/ vt.

(智力、体力上) 使有准备

hardship /'hɑ:dʃɪp/ n.

困苦，艰难，磨难

ideally /aɪ'diəlɪ/ adv.

理想地，完美地

manage /'mænɪdʒ/ vt.

处理；经营

mature /mə'tjʊə/ vi.

变成熟；长成

mentally /'mentəlɪ/ adv.

智力上；心理上，精神上

nervous /'nɜ:vəs/ adj.

（引起）神经紧张的；（令人）情绪不安（或提心吊胆）的

precious /'preʃəs/ adj.

珍贵的，宝贵的

realistic /rɪə'lɪstɪk/ adj.

现实的，实际可行的

responsibility /rɪs,pɒnsə'bɪlɪtɪ/ n.

责任；责任心

sense /sens/ n.

感觉；判断力

surroundings /sə'raʊndɪŋz/ n.

[复数] 周围的事物，周围的情况；环境

teenager /'ti:n,eɪdʒr/ n.

（13到19岁的）青少年

Phrases and Expressions

count on/upon

依靠；指望

face up to

勇敢地对付（或接受）

get over

克服, 战胜(困难、偏见等); 解决(问题)

in return (for)

作为(对……的)报答(或回报)

in one's favor

对某人有利

make a decision

做出决定

Notes

1. It 's the place where teenagers become adults. 在这里, 青少年长大成人。where 在句中为关系副词, 引导定语从句。

2. Only once you have experienced these things will you know what society and life is like. 只有经历了这些(挑战和美好时光), 你才对社会与人生有所了解。only 位于句首并修饰状语时, 需用倒装句式。例如: Only after they had finished watching the football game did they go to bed. 他们看完足球赛才上床休息。

Exercises

Comprehension

I. Choose the best answer to each of the following questions.

1. According to the text, college is _____.
A. just the same as middle school
B. different from middle school
C. not as beautiful as you dream

- D. a place where you can do whatever you want
2. What does “these things” in the fourth paragraph refer to?
- A. The challenges.
 - B. The bad times.
 - C. The good times.
 - D. Both the challenges and the good times.
3. In order to communicate well with others, the author suggests that college students should _____.
- A. always keep silent
 - B. do everything by themselves
 - C. show their concern
 - D. equip themselves with knowledge
4. According to the author, an active college student should _____.
- A. follow his teachers’ advice all the time
 - B. depend on others to make decisions
 - C. learn as much as he can just from textbooks
 - D. manage his study right from the beginning of his college life
5. The main idea of the text is to _____.
- A. give college students some advice
 - B. tell college students how to deal with problems
 - C. teach college students how to acquire knowledge
 - D. help college students communicate with others

II . Answer the following questions according to the text.

1. What advice does the author give to college students?

2. How is college life different from middle school life?

3. Why are college students advised to learn to enjoy the hardships?

4. What does the author mean by saying that “College is just like a small society” ?

5. What else can college students learn besides knowledge?

Vocabulary

III. Fill in the blanks with the words or expressions given below, changing the form if necessary.

nervous surrounding mature career concern
take on ups and downs in return count on get over

1. This is the way to show our _____ for the young people and to give them guidance.

2. The manager often _____ his wife to take care of the car company in his absence.

3. Jack _____ so much work that he couldn't really finish it in time.

4. Like most married couples we've had our _____, but life is always like that.

5. Bungee jumping (蹦极) has a lot of fun. It makes me _____ just to watch someone do it.

6. The old professor helps people without expecting anything _____.
7. One must realize that it takes years for a planted tree to _____.
8. The terrible pollution has done great harm to the _____.
9. The main body of the book deals with the author's political _____.
10. If we can _____ our present difficulties, then everything should be all right.

IV. Fill in the blanks with the appropriate forms of the given words.

1. The ability to master a language can _____ (acquire) only by using the language.
2. Peter has received many letters in _____ (congratulate) of his appointment as manager of the company.
3. Jack has helped his father _____ (manage) the firm very well.
4. Language can be defined as a tool by which human beings _____ (communication) with one another.
5. The number of mistakes _____ (determination) the mark you receive in an examination.
6. If you want your children to stand on their own feet, you must put some _____ (responsible) on their shoulders.
7. Experts say the best way to _____ (preparation) for the TOEFL is to practice English as much as you can.
8. Faced with _____ (challenge), people should take a positive attitude.
9. These training programs aim to _____ (equipment) the workers with some special skills, such as typing, sewing, and cooking.
10. In other words, an Olympic athlete must be in top condition both _____ (mental) and physically.

Writing

V. Rewrite the following sentences after the model.

Model: You will not know what society and life is like until you have experienced these things.

→ Only once you have experienced these things will you know what society and life is like.

1. Developing countries cannot catch up with developed countries in science and technology except in this way.

2. The baby seal (海豹) will learn how to swim only after it is pushed into the sea by its mother.

3. The old man was not able to make himself heard except by shouting.

4. The students will realize the value of their teachers' advice only once they themselves become teachers.

5. One cannot come to a sound conclusion until he has obtained sufficient data.

VI. Study the model and complete the following sentences by translating the Chinese into English using

as.

Model: _____ (作为一名积极上进的学生), you should plan your life and manage your study right from the start of your college life.

→ As an active student, you should plan your life and manage your study right from the start of your college life.

1. _____ (作为最成功的运动员之一), Michael Jordan is very popular among young people.

2. _____ (作为中国的传统节日), the Spring Festival has become an international holiday celebrated by more people in more places of the world.

3. _____ (作为电影演员), Jackie Chan's talents were soon recognized.

4. _____ (作为现代青年), we should learn to take on our own responsibilities.

5. _____ (童年时), Lucy dreamed of visiting the Great Wall some day.

VII. Rewrite the following sentences, using the words or phrases in brackets.

1. College life is not the same as that in the middle school. (different from)

2. It is ideal that your time at college will help you mature physically and mentally. (ideally)

3. The challenges and the good times are of the same importance for your growth. (as...as)

4. College is just like a small society, so you have to communicate with everybody around you. (because)

5. As life is full of ups and downs, you will learn how to deal with them. (be filled with, manage)

Translation

VIII. Translate the following sentences into English.

1. 既然已经长大成人，你就得学会独立生活。(stand on one's own feet)

2. 中国政府在制定政策时总是想到人民的利益。(in one's favor)

3. 如果一些知识不及早掌握，就有可能永远学不好。(acquire)

4. 泰国政府充分利用资源发展旅游业。(make the most of)

5. 苏珊(Susan)身患重病，不知如何面对自己再也不能上学的事实。(face up to)