

21世纪高职高专立体化教材

# New Concept Interactive English

# 新理念

## 交互英语教程

# 1

总主编 邱立中  
主 编 章 宁  
      王晓艳



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Introduction

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## 内 容 简 介

《新理念交互英语教程》在立足于我国高职高专教育现状、充分把握英语教学实际需求和课程建设深刻内涵的基础上,根据国内最优秀的教学理念和教学经验精心设计、编写而成。《新理念交互英语教程》共3册,每册分8个单元,每个单元均由听力训练(Wake Up Your Ears)、口语(Open Your Mouth)、阅读(Enrich Your Mind)、语法(Keep Your Feet on the Ground)、写作(Try Your Hands)和快乐驿站(Lighten Your Brain)6部分组成。本套教材充分考虑了职业教育学生的学习水平和学习特点,科学地控制了教材的难度,适合作为高职高专的教材,同时也是自学人员的首选用书。

《新理念交互英语教程》系列为“十二五”职业教育国家规划教材立项选题。

# 新理念交互英语教程

## 新理念交互英语教程

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高职高专英语教育是培养技术型专业人才的高等英语教育，旨在训练学生在生产、管理、服务第一线所需的英语语言交际能力和应对各种涉外局面的英语语言应用能力。注重“应用性”是高职高专英语教学与本科英语教学的主要区别。

《新理念交互英语教程》是以贯彻“学以致用”的设计理念，以《高职高专教育英语课程教学基本要求》(试行)(以下简称《基本要求》)为依据，在充分把握英语教学的实际需求和课程建设的深刻内涵，汇集国内英语教育专家和高职高专英语教学一线的教师，总结国内最优秀的教学理念和教学经验的基础上精心设计、编写而成的。

《新理念交互英语教程》系列为“十二五”职业教育国家规划教材立项选题。

## 一、教材结构

《新理念交互英语教程》教材共3册，每册包括与之配套的《新理念交互英语学习指导与训练》、多媒体学习软件和电子教案，另配有教学资源库和网络自主学习平台。

《新理念交互英语教程》为综合性教材，所有单元包括听、说、读、写、译各项技能的学习和训练。

《新理念交互英语学习指导与训练》为《新理念交互英语教程》的必要补充，提供与《新理念交互英语教程》各单元相关的自测练习，可作为课外作业，也可灵活地用于课堂教学。

多媒体学习软件为《新理念交互英语教程》的辅助和扩展，其内容与课本紧密结合，包括听力的录音和练习，课文的录音、译文、词汇讲解、语言点讲解和练习，语法、写作的练习等，以人机交互的模式将英语的听、说、读、写、译有机地融为一体。

电子教案为教师提供教学建议、答案、录音脚本、课文分析和译文等，可以极大地方便教师备课和授课。

教学资源库主要提供丰富的教学素材和配套试题库，支持教师备课与授课，满足教学、测试等各教学环节的需要。

网络自主学习平台由自主学习系统、教学管理系统、网络互动系统和考核评估系统构成，该平台基于二语习得理论，在注重语言输入的同时，更重视语言输出。同时，该平台集传统的课堂教学优势与现代的网络技术的优越性于一身，代表了未来大学英语教学的趋势。

## 二、教材特色

### 1. 创新的教学理念，倡导课堂教学与自主学习相结合

本套教材是针对高等职业院校开发的全新理念英语教材，充分利用丰富的视频、音频、Flash等多媒体表现手法，让学生在计算机上进行个性化和交互式学习，充分激发学生的学习兴趣，提高学生的自主学习能力。

### 2. 指导思想明确，培养学生的语言应用能力

本套教材贯彻《基本要求》的指导思想，坚持“以应用为目的，实用为主，够用为度”的大方向，把帮助打好学生的语言基础作为首要目标。同时，重视培养学生的语言应用能力，强调学以致用，提高学生解决问题的能力。

### 3. 教材分层，满足分层教学的需要

本套教材共3册，每册8个学习单元，1~3册由易到难，整体设计安排体现出合理的难度梯度变化。一方面可以针对不同程度的学生进行分层教学，另一方面也满足了高职高专英语教学课时的需要。

### 4. 主题内容丰富，开拓学生视野

本套教材内容以主题为线索，涉及道德情感、文化交流、名人故事、信息技术、体育健康、经济生活等各个方面，选材注重信息性、趣味性、时代感和文化内涵，有助于开拓学生视野，培养其人文素质和文化意识。

### 5. 立体化的教学资源，满足现代英语教学的需求

本套教材配有完备的立体化教学支持系统，包括配套同步学习辅导用书、电子教案、多媒体学习软件、网络自主学习平台、教学资源库等，方便师生利用现代信息技术手段进行辅助教学和学习。

## 三、内容构成

本书为《新理念交互英语教程》第1册，本册共8个单元。其内容以话题为主线，体裁多样，贴近学生生活，每个单元紧紧围绕话题展开。《新理念交互英语教程》内容编排精妙，每个单元由6部分组成：

◆ Wake Up Your Ears (听力训练)

◆ Open Your Mouth (口语)

◆ Enrich Your Mind (阅读)

◆ Keep Your Feet on the Ground (语法)

◆ Try Your Hands (应用文写作)

◆ Lighten Your Brain (快乐驿站)

## Wake Up Your Ears

本部分包括两方面内容，即Listening Tips和Listening Practice。听力训练的题型设置与《高等学校英语应用能力考试》的题型相同，难度相当，有助于学生“学”与“考”结合，互为依托，互为目标。

## Open Your Mouth

本部分围绕单元的主题设计一些话题讨论、讲故事、口头陈述、知识小测验、小型调查等活动，其目的是让学生就本单元的话题交流他们已有的知识与生活经验，展示已有的语言知识与技能，激发学习欲望。同时，本部分内容还可以作为阅读部分的热身活动内容。

## Enrich Your Mind

本部分包括两篇阅读文章，Text A和Text B都是本教材的基本阅读材料。文章的选材均与单元主题相关。文章按照《基本要求》的词汇表删减语料，生词的级别都有明确的标注，生词量和超纲词均得到了有效的把握和控制。Text A和Text B的练习的设置借鉴了《高等学校英语应用能力考试》的题型，既包括客观题型，又包括主观题型，如阅读理解、判断正误、回答问题、词汇、翻译等练习形式。不同题型的设置既能让学生巩固所学知识，又能提高学生的应试能力。

## Keep Your Feet on the Ground

语法的内容的编排主要是以《基本要求》规定的语法项目为依据，同时配有相应的语法练习。

## Try Your Hands

应用文写作从基本内容、基本格式和常用表达入手，系统地介绍了《基本要求》中常用的应用文体。系统的讲解为学生在日后工作中能灵活运用打下坚实的基础。

## Lighten Your Brain

本部分包括两部分内容，即An English Song (A Film Clip)和 A Funny Story。英文歌曲用词精练，表意丰富；电影片段经典重现，耐人寻味；幽默故事用词简单，生动活泼。这两部分的内容安排旨在让学生体会到英语学习的乐趣，以达到快乐学习英语的目的。

《新理念交互英语教程》由邱立中担任总主编。本册教材由章宁、王晓艳担任主编。由于编者水平有限，加之时间仓促，书中难免存在不当之处，恳请广大读者在使用后提出宝贵的意见和建议，以便我们及时做出修订。

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Thankfulness is the beginning of gratitude.

Gratitude is the completion of thankfulness.

— Henry Frederic Amos

感恩始于感谢之心，谢意正好完成了感恩。

——亨利·弗里德里克·艾米

# Unit 1

## Gratitude

### Highlights

#### Section A Wake Up Your Ears

Polite Expressions

#### Section B Open Your Mouth

Activity A—Story Telling

Activity B—Discussion

#### Section C Enrich Your Mind

Text A—Smile

Text B—Living with Gratitude

#### Section D Keep Your Feet on the Ground

Noun

#### Section E Try Your Hands

Notice

#### Section F Lighten Your Brain

An English Song—My Love

A Funny Story—I Was Afraid to Frighten You

## Section

# A

# Wake Up Your Ears



## Part One Listening Tips

在日常生活中，尤其在社交场合，使用礼貌用语是尊重他人的具体表现，也是衡量个人素质高低的尺度。下面就来学习英语礼貌用语，并通过它去结交更多的外国朋友吧！

## Part Two Listening Practice

### A Sentence

Listen to the following questions twice and choose the best answer to each of them from the four choices marked A, B, C and D.

#### Word Tips

driving test 驾照考试

terribly /'terəblɪ/ *adv.* 非常

- |   |   |
|---|---|
| 1. A. Very well, thank you.<br>C. I am a teacher. | B. Sorry, I don't know.<br>D. It's a great day. |
| 2. A. Don't say that.<br>C. Thank you.            | B. It's OK.<br>D. Oh, it's such a great pity!   |
| 3. A. Don't go.<br>C. I'm sorry to hear that.     | B. See you.<br>D. How about Sunday?             |
| 4. A. It's possible.<br>C. No way.                | B. That's all right.<br>D. My pleasure.         |
| 5. A. You're welcome.<br>C. Sure.                 | B. No, thanks.<br>D. Just so so.                |

### B Dialogue

Listen to the dialogues twice and choose the best answer to each question from the four choices marked A, B, C and D.

#### Word Tips

I beg your pardon 请原谅，对不起  
get a raise 加薪

sales reps=sales representatives 销售人员  
happy camper 快乐的人

1. A. Because he's looking for a book for her.  
 B. Because he bought a book for her.  
 C. Because he's found the book she is looking for.  
 D. Because he lent a book to her.
2. A. The man is making an apology to the woman.  
 B. The man is making an appointment with the woman.  
 C. The woman is angry with the man.  
 D. The woman is happy about what the man has done.
3. A. She is saying hello to the man.  
 B. She is making an apology to the man.  
 C. She is saying goodbye to the man.  
 D. She is introducing someone to the man.
4. A. She feels unhappy.  
 B. She is very happy.  
 C. She feels sorry for the man.  
 D. She congratulates the man.
5. A. He thinks it's time for the woman to leave.  
 B. He thinks it's better for the woman to leave a little earlier.  
 C. He is asking the woman to come next time.  
 D. He is asking the woman to stay a little longer.

## C Passage

Listen to the passage three times and fill in the blanks.

### Word Tips

- observe /əb'zɜ:v/ v. 庆祝  
 gratitude /'grættɪju:d/ n. 感激  
 origin /'ɒrɪdʒɪn/ n. 起源  
 entirely /ɪn'taɪəli/ adv. 完全地

Thanksgiving is a holiday celebrated in much of North America, ① \_\_\_\_\_ observed as an expression of gratitude, usually to God. The most ② \_\_\_\_\_ view of its origin is that it was to give thanks to God for the autumn harvest. In the United States, the holiday is celebrated on the fourth Thursday in November. It is an ③ \_\_\_\_\_ family holiday, and people often travel across the country to be with family members for the holiday. Thanksgiving is ④ \_\_\_\_\_ entirely celebrated at home, unlike the fourth of July or Christmas, which are connected with ⑤ \_\_\_\_\_ shared public experiences.

Section

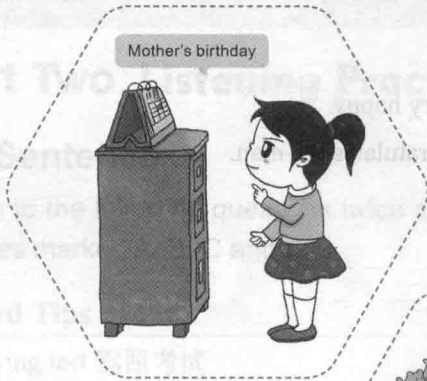
B

Open Your Mouth



Activity A Story Telling

Look at the pictures below and talk about what happened.



Activity B Discussion

If you were the little girl, what would you do? Why?

Handwriting practice lines for the discussion question.



## Part One Texts

### Text A

微笑可以传达友好、鼓励的信息，甚至可以在不经意间影响和改变某个人的一生。本文作者通过追忆老师的微笑，表达了自己对老师的感激之情。

### Smile

- 1 If a little girl is neither pretty nor clever, she can hardly draw a teacher's **attention, especially** when she is shy and **self-abased**.
- 2 I was such a girl when I was at the age of eight. At that time I was a **primary** school student. I loved reading books, hearing stories and playing games. Also I enjoyed listening to music as well as singing songs. I didn't find myself very interested in music until Miss Lois, my music teacher, came into my life.
- 3 She was a young lady who looked just over 20 years old. She was pretty and **gentle**, with great **patience**. She has had such a great **influence** on me that I cannot and will never forget her. In our music classes, Miss Lois sometimes played a short piece of music and asked us to repeat. It was a bit difficult for an eight-year-old child to do so. In one of those classes, some clever girls were chosen, and then **followed** by some pretty ones. A few of them could do a good job and **gained** Miss Lois's **praise**. Then, to everyone's surprise, I was chosen to do it. Surprised and **anxious**, I didn't know whether I would be a laughing stock. Miss Lois looked at me with a beautiful smile. At once I calmed myself and took great **courage**. At last I did very well and was said to be the best.
- 4 Maybe Miss Lois can't remember my name now, for she **treats** every pupil kindly. But she really has played a very important **role** in my life. It is she who turned a self-abased girl into a **confident** one.



(Words: 273)

## Word List

attention	/ə'tenʃən/	n.	注意力；关心
especially	/ɪs'peʃəlɪ/	adv.	特别；尤其
★self-abased	/self ə'beɪst/	adj.	自卑的
primary	/'praɪməri/	adj.	初级的；首要的，主要的
gentle	/'dʒentl/	adj.	温和的；轻柔的；温顺的
patience	/'peɪʃəns/	n.	耐心；忍耐；毅力
influence	/'ɪnfluəns/	n.	影响；影响力；权势
		vt.	影响；感染
follow	/'fɒləʊ/	vt.	跟随；沿着；遵照
gain	/geɪn/	vt.	获得
		n.	收益
praise	/preɪz/	n.	赞美，称赞
		vt.	赞扬
anxious	/'æŋkʃəs/	adj.	焦虑的；渴望的
courage	/'kʌrɪdʒ/	n.	勇气，胆量
▲treat	/tri:t/	vt.	对待；处理；治疗
role	/rəʊl/	n.	作用；角色
confident	/'kɒnfɪdənt/	adj.	自信的；确信的

## Useful Phrases and Expressions

neither... nor	既不……也不…… (两者都不)
draw one's attention	引起某人注意
as well as	既……又……
have an influence on sb.	对某人有影响
to one's surprise	令人惊奇的是……
a laughing stock	笑柄
play a role	起作用；扮演角色
turn into	变成，把……变成

▲表示A级词汇 ★表示超纲词汇 B级词汇不标注

**Notes**

1 **It was a bit difficult for an eight-year-old child to do so.** 对一个8岁的孩子来说, 这样做有点难。

1) 此句包含了一个句型: It be+adj.+for sb. to do sth. 对某人来说做某事(怎么样)。it是形式主语, 真正的主语是to do sth.。该句型中, 形容词仅仅用来描述事物特征, 这类形容词有difficult, easy, hard, important, dangerous, (im)possible等。

如果句型中的形容词是描述不定式行为者的性格、品质的, 如kind, good, nice, right, wrong, clever, careless, polite, foolish等, 则后面的介词要用of。

**e.g.** It is not easy for us to master a foreign language. 对我们来说掌握一门外语不容易。

It's very kind of you to help me. 你能帮我, 真好。

2) 此句中的eight-year-old是一个复合形容词, 其构成形式为“数词+名词+形容词”, 中间用连字符连接, 且名词用单数形式。

**e.g.** an 800-meter-long bridge 一座长800米的桥梁

2 **It is she who turned a self-abased girl into a confident one.** 正是她让一个自卑的女孩变成了一个自信满满的人。

此句为强调句。强调句的结构为: It+be+被强调的内容+that (who)+句子的其他成分。在该句型中, be动词有is, was两种形式, 分别用于现在时和过去时的强调句中。如果被强调的部分是人, 则关系代词可以用that, 也可以用who。

**e.g.** It is Tom that/who gets up the earliest in the dorm every day. 每天寝室里起得最早的人正是汤姆。

It was yesterday that they got lost in the forest. 就是在昨天, 他们在森林中迷路了。

**Reading Comprehension**

Choose the best answer according to the text you have read.

- Before the little girl met Miss Lois, she \_\_\_\_\_.
 

A. never knew how to sing and dance	B. had many hobbies, including singing
C. was full of confidence in herself	D. didn't like to play games at all
- The little girl could not forget Miss Lois in her life mainly because \_\_\_\_\_.
 

A. Miss Lois was very beautiful	B. Miss Lois could sing songs very well
C. Miss Lois was very young	D. Miss Lois made a great influence on her
- When the little girl was chosen to perform in class, \_\_\_\_\_.
 

A. she was surprised and nervous	B. she was not willing to do it
C. she thought it very easy	D. she was laughed at by her classmates
- The influence Miss Lois made on the little girl was \_\_\_\_\_.
 

A. she brought self-confidence to the girl	B. she made the girl a good singer
C. the girl chose acting as her career	D. the girl also became a good teacher after she grew up

5. From the text, we can know that \_\_\_\_\_.

- A. smiling is necessary for a teacher                      B. courage from their teacher is very important for pupils  
C. classroom activity is welcome in school                D. pupils are all good at singing and dancing

## Text B

感恩之心，是我们每个人生活中不可缺少的阳光雨露，也是美好生活的催化剂。本文提供了几种使人常存感恩之心的方式，以期使读者将之内化为自己的行为方式，从而赢得更加美好的人生。

## Living with Gratitude

- 1 **Creating an attitude** of gratitude is one of the easiest steps we can take to **improve** our lives. The **happiness** created by showing our **appreciation** has far-reaching **effects**, both for ourselves and for others. Here are some ways to live with gratitude.
- 2 Saying “thank you” is the most **basic** and well-known way to show appreciation. You can say it in person, over the phone, in a note, or in an **e-mail**. Using this can have **significant** results in lifting someone’s **spirits**.
- 3 Stop **complaining** about your life. **Tough** as life can be sometimes, remember that there is always someone that has things worse than you do. **Constant** complaining about what is wrong in your life will keep you **focused** on that, which will bring you down, while focusing on the **positive** will lift you up.
- 4 Give to someone else. This is the best way to **spread** your gratitude. For **instance**, you could **volunteer** your time to help those less **fortunate**. The **possibilities** are **endless** but could make their day without you even knowing it. If they in turn give it to someone else, the **cycle** could **continue** without end.
- 5 Living a life of gratitude is one of the ways to live a happier life. It takes very little **effort** to show someone you appreciate them but will mean so much to them. Make gratitude a part of us and make today the day you start living a life of gratitude and spread your light to the rest of the world!



(Words: 254)

### Word List

create	/kri'eit/	vt.	创造；产生
attitude	/'ætɪtju:d/	n.	态度，看法
improve	/'ɪm'pru:v/	vt.	改善，改进；提高
		vi.	变得更好，改进
*happiness	/'hæpɪnəs/	n.	快乐；幸福

<b>*appreciation</b>	/əˌpriːʃi'eɪʃn/	<i>n.</i>	感激；欣赏
<b>effect</b>	/ɪ'fekt/	<i>n.</i>	影响，作用，效果；结果
<b>basic</b>	/'beɪsɪk/	<i>adj.</i>	基本的，基础的；初级的
<b>e-mail</b>	/'iːmeɪl/	<i>n.</i>	电子邮件
<b>significant</b>	/sɪg'nɪfɪkənt/	<i>adj.</i>	重要的；意味深长的；相当数量的
<b>▲spirit</b>	/'spɪrɪt/	<i>n.</i>	精神，心灵
<b>complain</b>	/kəm'pleɪn/	<i>vi.</i>	抱怨；投诉
<b>▲tough</b>	/tʌf/	<i>adj.</i>	艰苦的；坚强的；牢固的
<b>constant</b>	/'kɒnstənt/	<i>adj.</i>	不断的；坚定的；始终如一的
<b>focus</b>	/'fəʊkəs/	<i>vt. &amp; vi.</i>	(使) 集中，聚集
		<i>n.</i>	焦点；(注意、活动、兴趣等的) 中心
<b>positive</b>	/'pɒzətɪv/	<i>adj.</i>	积极的，肯定的；正(极)的，阳性的
<b>spread</b>	/spred/	<i>vt.</i>	传播，扩散；舒展，展开
		<i>n.</i>	传播，散播
<b>▲instance</b>	/'ɪnstəns/	<i>n.</i>	例子；情况
<b>*volunteer</b>	/'vɒləntɪə/	<i>vt.</i>	自愿提供，自愿给予；自愿(做)
		<i>n.</i>	志愿者
<b>▲fortunate</b>	/'fɔːtʃənət/	<i>adj.</i>	幸运的，侥幸的
<b>possibility</b>	/'pɒsə'bɪləti/	<i>n.</i>	可能性
<b>endless</b>	/'endləs/	<i>adj.</i>	无止境的；没完没了的
<b>cycle</b>	/'saɪkl/	<i>n.</i>	循环，周期；自行车
		<i>vi.</i>	循环；骑自行车
<b>continue</b>	/kən'tɪnjuː/	<i>vt. &amp; vi.</i>	继续；维持
<b>effort</b>	/'efət/	<i>n.</i>	努力；努力的成果



### Useful Phrases and Expressions

<b>far-reaching effect</b>	深远的影响
<b>in person</b>	亲自
<b>focus on</b>	集中在
<b>bring down</b>	使……消沉；击败
<b>lift up</b>	鼓舞，激励
<b>for instance</b>	例如，以……为例
<b>in turn</b>	反之，反过来
<b>take effort</b>	花费精力
<b>the rest (of sth.)</b>	其余的人；其他事物；其他