

提高版

初中英语

阅读理解
与
完形填空

满分训练150篇

• 附答案详解

中考冲刺

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上海社会科学院出版社
SHANGHAI ACADEMY OF SOCIAL SCIENCES PRESS

前言

PREFACE

纵观上海卷历年中考英语试题，阅读理解与完形填空所占的试题比例最大、分值最高（分值高达 58 分）。因此，熟悉上海卷中考英语阅读理解与完形填空命题特点，并进行有针对性的系列强化训练，是中考英语学科获得高分的关键。

上海卷历年中考英语试题阅读理解与完形填空涵盖以下五种题型，在试题中依次出现：

1. Complete the following passage with the words in the box. Each can be used only once. (将下列单词填入空格。每空格限填一词，每词只能填一次) (共 8 分)

该题型分两个部分，在两个方框里分别提供 5 个选项，要求考生五选四填空。共 8 题，每题 1 分。虽然本题属于词汇题考点，但实际是完形填空题型，与高考的语法填空题类型类似。

2. Choose the best answer. (根据以下内容，选择最恰当的答案) (12 分)

这是传统的阅读理解题型，在一篇阅读文章后设计 6 道四选一的选择題，每题 2 分。

3. Choose the best answer and complete the passage. (选择最恰当的选项完成短文) (12 分)

这是传统的完形填空题型，把一篇阅读文章挖出 6 个空，设计 6 道四选一的选择題，每题 2 分。

4. Fill in the blanks with proper words. (在短文的空格内填入适当的词，使其内容通顺。每空格限填一词，首字母已给) (14 分)

这是完形填空的主观题型，把一篇阅读文章挖出 7 个空，同时每个空格前提供了首字母提示，要求考生根据语境填写出合适的单词。共 7 题，每题 2 分。

5. Answer the questions. (根据以下内容回答问题) (12 分)

这是阅读理解的主观题型，在一篇阅读文章后设计 6 个问题，要求考生根据文章内容回答问题。一般最后一题为开放性问题，答案不唯一。共 6 题，每题 1-3 分不等，总分 12 分。

本书根据上海卷中考命题特点编写，上海卷特色鲜明，共分为两大部分：第一部分是上海市最近五年中考英语阅读理解与完形填空真题，考生通过对本部分的训练，

可以快速熟悉上海市中考英语阅读理解与完形填空的命题特点；第二部分是上海市最近三年各区中考英语阅读理解与完形填空的最新模拟，考生用此强化训练，可以尽快进入中考状态，从而获得中考英语阅读理解与完形填空的最高分；同时本书提供了详细的答案与解析，力图直击考点、授之以渔。

当然，本书高质量的选文、难度有提升的设计使其绝不局限于只在上海适用，全国各地的学生均可选用本书。而且不仅是初三考生，初中其他年级的学生都可以根据自己的实际情况选用本书。

本书编者既有毕业于华东师范大学外语学院从事高考英语测试研究的专家，又有多年奋战在中考一线的英语教学名师。刘少贵、吴素萍、孙时萍、张祥英和刘梦沅等参与了本书的编写。上海社会科学院出版社的编辑们为本书的出版付出了辛勤的劳动，在此一并致谢。

由于编写时间有限，书中不足之处还望读者不吝指出，以便再版时修正。

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第一章

上海市最近五年中考英语阅读理解与 完形填空真题 25 篇

Test 1

(2019 年上海市中考)

Passage 1

Complete the following passage with the words in the box. Each can be used only once. (将下列单词填入空格。每空格限填一词, 每词只能填一次) (共 8 分)

A) modern B) manage C) delicious D) control E) compare

Technology plays an important part in our daily life now. Yet not many of us will realize how much we rely on it until we 1 our lives to those in the past. There was no 2 technology at that time, yet the items that people had were quite enough for them to live their lives.

Without necessary cooking tools, the people could still 3 to make their food as nice as our food today. Animal parts were thrown away if they were not 4 . Others were cooked over the fire. However, everything they used was taken from the forests around them.

A) seldom B) methods C) nowadays D) oceans E) almost

Without the television set, the radio and more importantly, the computer, we will 5 have any fun in our homes today. However, the people in the past had their own clever 6 of enjoying themselves. For example, they made music without the use of computers but with tools made from wood and animal skin.

Travel was simple at that time. Most of the people were excellent boat makers and they could make boats in a variety of shapes and sizes for travelling along the rivers and in the 7 . With increased skills and experience, the people learnt how to make the boats stronger against rains and storms.

Some things are basic for us 8 , but the people in the past could live the lives to the full even without them. We should not look down on the wisdom of people long ago.

Passage 2

Choose the best answer. (根据以下内容, 选择最恰当的答案) (12分)

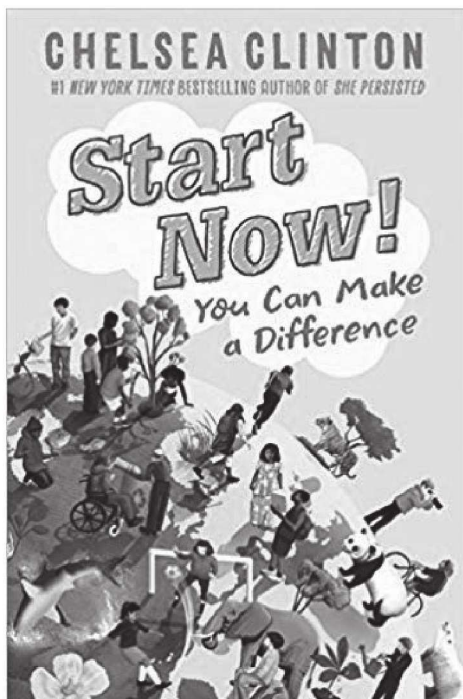
<i>Fairs & Festivals</i> (集市与节日)		
<p>This summer from June to August, there is something to celebrate in Colorado, USA: the arts, culture, food, and music. Because of that, families always have a fair or festival to attend, with fun for all ages. We've made a list of some of the most popular, by month.</p>		
<p>June 6-20, 2019 Dragon Boat Festival Learn about Chinese Culture in Colorado through dragon boat races, performances and <u>vendors</u> of Chinese specialties (rice dumplings, silk clothes and chopsticks). cdbf.org</p>	<p>June 25-28, 2019 Fun Fair Enjoy unlimited rides, live music, fireworks. Traditional activities, and farm animals. funfair.com</p>	<p>Aug.3-4, 2019 Culture Festival Take part in and observe traditional British games, listen to music, and try traditional foods. britishgames.org</p>
	<p>July 31-Aug.4, 2019 Kids' Fair Listen to music, play with farm animals, and enjoy activities for kids. kidsfair.org</p>	<p>Aug.15-18, 2019 Fruit Festival Try something fruity (eating & learning to cook with fruits). fruitfest.com</p>

- () 1. The fairs and festivals take place in _____.
- A. the USA B. China C. Britain D. Italy
- () 2. The underlined word “**vendors**” in the list means “people who _____”.
- A. cook foods B. sell things C. make clothes D. give performances
- () 3. If you want to play with animals in June, you may go to _____.
- A. Dragon Boat Festival B. Kids' Fair
C. Fruit Festival D. Fun Fair
- () 4. In the Fruit Festival, you may learn to _____.
- A. pick up fruits B. grow fruit trees C. make fruit jams D. store fruits
- () 5. Local people who are interested in foreign culture can visit _____ for further information.
- A. fruitfest.com B. kidsfair.org C. funfair.com D. britishgames.org

- () 6. The list above is aimed at _____.
- A. giving introductions of companies B. providing information on activities
C. offering resources for job hunting D. helping schools to organize fairs

Passage 3

Choose the best answer and complete the passage. (选择最恰当的选项完成短文)
(12分)



This month, we had the honor of interviewing six local change-makers aged from 11 to 17. These kids weren't stopped by their age or size or lack of resources, they saw a 1 in the world around them and took a step to help where they could. They support female soldiers, raise money through their efforts, teach other kids about life lessons, and use their free time to 2 the old trees we love so dearly in the community. Each of them had adults in their lives encouraging and supporting their work.

We were also honored to interview a famous writer for his new book, *Start Now! You Can Be a Change-maker*. The book explains some of the world's big problems—hunger, health and animals in danger—in a way that young children can understand. The book shows them, through other kids' stories, how they can make a 3, too. In our interview with the writer, he shares that each time his children take a small action, such as recycling, he talks with them. He uses the moment to discuss how small changes can achieve a great effect. It's a step any of us can take to help children realize how 4 they are.

At this time of year, we often hear lots of questions from parents. The most 5 one is, "What volunteer chances are there for young children under 16?" The kids in the interview and in the book show us that parents don't have to find an organized event for their kids to take part in. They can create their own chances. As parents, teachers, aunts, uncles, and friends, it's our job to 6 for what speaks to a child's heart, help them take that first step, and watch what their little hands can do.

Start now, and you can raise a change-maker.

Deborah Hock
Editor of *PARENTS Magazine*

- () 1. A. sign B. need C. reason D. change
 () 2. A. worry about B. climb up C. care for D. cut down
 () 3. A. plan B. mistake C. decision D. difference
 () 4. A. powerful B. generous C. happy D. confident
 () 5. A. private B. useful C. common D. serious
 () 6. A. listen B. pay C. wait D. leave

Passage 4

Fill in the blanks with proper words. (在短文的空格内填入适当的词,使其内容通顺。每空格限填一词,首字母已给)(14分)

Paul was my little brother, and he was special. He was different from me because he sat in a wheelchair, and he was blind. Lots of times when we walked with Paul, other kids came over and asked us why he was in his chair and why he couldn't s 1 . They thought he was different because he had his own school bus and had to go to a special school. But that's not really the reason. Paul was different for the things just our family knew about—only we knew the s 2 that made him special.

Paul helped me hear small sounds. Every time I was with him, I'd have to be q 3 to hear the flying birds and the talking trees he heard.

Paul helped me exercise. When we went for a walk, we'd often go uphill. When I pushed his chair all the way to the woods at the t 4 , I was really getting my exercise!



Paul h 5 ever complained. He went along with whatever the rest of us wanted to do. One time when he had a fever, he got uncomfortable, but he never shouted or fought or asked me to switch the TV channel.

Sometimes Paul let me put things in his hand. We played a kind of guessing game. I put different toys there for him to f 6 . He was always surprised when I let him hold something new.

Paul was my friend. He couldn't talk to me like most of my friends, and he couldn't run outside to play. But he was there for all the peaceful times, and he had the best smile in the world.

I was l 7 to grow up with him as his sister. He helped me to realize that there is a good side to every situation, if we simply make the choice to find it.

1. _____ 2. _____ 3. _____ 4. _____
5. _____ 6. _____ 7. _____

Passage 5

Answer the questions. (根据以下内容回答问题) (12分)

Ms. Lauren, a school head teacher, has asked the students to put down notes of what they have learned based on their own experiences. Here is some of what she's got.

What I have learned so far

- * *When you are confused, sit down and think it through.*
- * *When your mum is mad, hide what you don't want thrown away.*
- * *Never, ever say "I hate you".*
- * *Even if nothing is in the fridge, don't eat dog food. Believe me, you won't like it!*
- * *Don't judge people by their looks. Someone could be bad-looking and still be nice.*

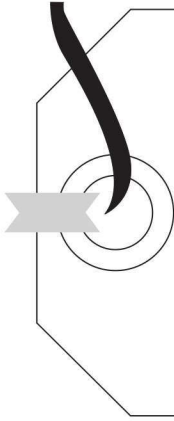
Katie, age 13

- ☞ *Life is like a "choose your own ending" book—you can take whatever adventures (冒险) you want.*
- ☞ *Being nice can get you somewhere.*
- ☞ *Never ask your dad to help you with a maths problem. It will turn out to be a three-hour lesson.*
- ☞ *If you have a problem, share it with your mum.*
- ☞ *People who do unkind things to you are not your friends.*

Sally, age 15

- ♣ *Check if there is toilet paper before you sit down.*
- ♣ *When you tell a lie, you have to keep telling lies.*
- ♣ *Keep your room messy (凌乱的) so your mum will be afraid to come in, and then she won't take your favourites.*
- ♣ *When your friends do something stupid, you don't have to follow.*
- ♣ *If you slow down and take your time, your work is better.*

Jackie, age 14



- ☞ Don't cough in other people's faces, especially if you don't know them.
- ☞ You'd better not eat cheese cake in front of your mum when she's on a diet.
- ☞ Don't tell a teacher your dog ate your homework, especially if you don't have a dog.
- ☞ You only have one life. So be careful.
- ☞ Never leave your little sister alone with your toys.
- ☞ The funnier you are, the better your life is.

Alex, age 12

1. Katie probably tried dog food when there was nothing in the fridge, didn't she?

2. Why doesn't Sally ask Dad for help with a maths problem?

3. Read Sally's note. What kind of people won't she be friends with?

4. What is Jackie and Alex's attitude towards telling lies?

5. Whom do all four kids mention in their notes?

6. What will Ms. Lauren possibly do with the notes? Why?

Test 2

(2018 年上海市中考)

Passage 1

Complete the following passage with the words in the box. Each can be used only once. (将下列词填入空格。每空格限填一词, 每词只能填一次) (共 8 分)

A) downstairs B) discovered C) answered D) invitation E) advantage

Everything went black! All the lights in our flat turned off, including the TV. Mum took out the candles and Dad went to see what was going on. One 1 of living in a tall building is that you always have help nearby. So I went to our next-door neighbour, Mr. Smith. With a candle in his hand, Mr. Smith 2 the door. Uh-oh! He didn't have lights, either. I 3 that all the buildings in our neighbourhood were dark. Our neighbours went 4 and began chatting outside. They were not worried at all.

A) event B) cause C) correctly D) frightening E) suddenly

Then we heard a 5 sound after a bright flash of lightning. It started to rain heavily in no time. In order to get some information, Mr. Smith turned on the battery-powered radio. The weatherman said that the storm was the 6 of all the problems. It hit a tower at the power station before the first flash of lightning. That was the reason why the lights 7 went out before the rain came. Finally, the lights came back. We cheered loudly. The 8 made it possible for the neighbours to have a chance to be together.



Passage 2

Choose the best answer. (根据以下内容, 选择最恰当的答案) (12分)

Summer is a great time to improve your child's reading! Reading over the summer can help your child keep up his reading gains during the past school year and also help prepare him for the next year!

How to sign up:

We are inviting you to sign up for free to help your child be an active reader this summer!

* Go to www.readfun.org

* Select "Parent"(NOT "Teacher")

* Click on the blue "Sign Up"

What we provide:

We provide you with thousands of free, high-quality articles with questions and activities. To make summer reading easy, we have selected interesting and knowledge-filled articles of different levels. You can go to www.readfun.org/summer-reading to download and print the articles for free.

How to use:

TIP 1: Articles for summer reading should be *accessible*, so be sure to choose articles at your child's reading level. Don't be afraid to start with articles of lower grade levels. The important thing is that he reads, reads, reads!

TIP 2: It's also important to help your kid develop good reading habits. Help him keep a good record of his summer reading. Besides, encourage him to discuss what he has read with family members. That way, you will all have a good time.







We wish you and your family a great summer!

- () 1. The first two sentences of the text above are about _____.
- A. different types of books B. the coming school year
C. the importance of summer reading D. good places for summer reading
- () 2. One of the steps for parents to sign up on www.readfun.org is to _____.
- A. select "Parent" B. finish a test C. choose a tip D. print an article
- () 3. What does www.readfun.org provide?
- A. Online teachers. B. Pen friends' information.
C. Interesting videos. D. Articles of different levels.
- () 4. The underlined word "**accessible**" in the text means "easy to _____".
- A. write B. discuss C. understand D. compare
- () 5. According to TIP 2, parents should help their kids develop _____ good reading habit(s).
- A. 1 B. 2 C. 3 D. 4

- () 6. The text above is written to _____.
- A. introduce a reading programme B. sell books to school kids
C. encourage parents to read more D. share reading experience

Passage 3

Choose the best answer and complete the passage. (选择最恰当的选项完成短文)
(12分)

China Mobile 4G	16:74	43%
Teaching material discussion group (15)		
<p>Alsa  Hi! I'm doing a survey of teaching materials in school. What kind of textbooks do you use? Do you think the use of <i>photocopied</i> (复印的) textbooks and newspaper articles in the classroom can be accepted? Please give your <u> 1 </u>.</p>		
<p>FR Long  The use of such materials is certainly not <u> 2 </u> for writers. Textbooks are like other creative works. Many people have to put their efforts in the writing of a book. The efforts of the writers and publishers will be totally wasted if everyone photocopies their textbooks. I can't imagine that!</p>		
<p>Yolanda  I don't think it right to use photocopied materials even in the classroom because it's against the law. Teachers should set a good example for their students by <u> 3 </u> the law.</p>		
<p>Jay Jay  Copied books are as good as <i>copyrighted</i> (正版的) ones, but they don't <u> 4 </u> much, usually less than half the price. In addition, it is so <u> 5 </u> to use copied materials. When we want to share something good we just have it photocopied. I think photocopying is OK because publishers are still making a lot of money anyway.</p>		
<p>Harry Tom  Most of the time, teachers make sure their students do not use photocopied materials. But I know some teachers do use photocopied newspaper articles sometimes, as their students are eager to learn more to widen their views. As you know, teachers always put the <u> 6 </u> of students above anything else. After all, you can't expect all the students to buy newspapers.</p>		
<p>Alsa  Wow! Thank you for sharing so many ideas!</p>		

- () 1. A. thanks B. lessons C. excuses D. opinions

- () 2. A. easy B. fair C. common D. traditional
 () 3. A. changing B. explaining C. respecting D. making
 () 4. A. save B. affect C. offer D. cost
 () 5. A. convenient B. strange C. exciting D. difficult
 () 6. A. actions B. needs C. records D. attitudes

Passage 4

Fill in the blanks with proper words. (在短文的空格内填入适当的词,使其通顺。每空格限填一词,首字母已给)(14分)

“Olyvia, love is simple. You don’t have to do much to make someone happy.” That was what my mother said to me when I was a child. Over a year ago, I had a chance. My good friend Kaylee told me about her t 1 to a small town called Gary, and how it was a life-changing experience. I made up my mind to go there myself.

When I told my parents about the decision, they didn’t a 2 at first. They said I didn’t know much about the place. They were worried that it was not s 3 for me to go there. Thankfully, after I explained my plan to them in detail, they said yes.

When our group arrived in Gary, I noticed how different the town was from where I lived. There were few stores or restaurants in the town; most had closed. So you would be very l 4 if you could find a place to buy food or drinks. Houses were built on small hills. Many of them had broken doors or windows. My job was to help the local people to r 5 houses. The work days were long and hot, but it was really good to see the houses taking on a new look day by day.

The children there were also different. They seemed to enjoy every moment in life though they were poor. The smallest things would make these kids happy. I couldn’t find words to describe their j 6 when they received an ice-cream, a ball or even a kiss. The community was like a big family. Everyone knew each other and was there when someone needed help.

I am so glad that I had this unforgettable experience. I truly learned the m 7 of what my mother said. You don’t need to do much to make a difference to others’ lives.

1. _____ 2. _____ 3. _____ 4. _____
 5. _____ 6. _____ 7. _____

Passage 5

Answer the questions. (根据以下内容回答问题)(12分)

Last month, some thieves stole a valuable teapot from a museum in Hong Kong. They took

the teapot to America, but the American police found it. The museum sent Mr. Chan, a member of the museum staff, to collect the teapot. On the plane back to Hong Kong, he noticed two men. They were watching him closely. "Perhaps they're going to steal the teapot again. I must think of a plan," he thought.

Mr. Chan's daughter, Amy, met him at Hong Kong Airport. Mr. Chan was carrying two boxes. He gave his daughter the pink box and said to her in a low voice, "Take this gift box home with great care." He walked away with the brown one. The two men followed him.

Amy opened the box at home. She was expecting a pair of sports shoes, but she just found an old teapot. "This is not a very interesting gift," said Amy, a bit disappointed. "That's all right. Let's make some tea in it," said her mother. Then they found a note in the teapot. It said, "Dear Amy, 6 Love Dad."

The two men *kidnapped* (绑架) Mr. Chan on his way to the museum. They opened his box and found a pair of sports shoes inside. "Where's the teapot?" the two thieves shouted at the top of their voice with red faces. "How dare you cheat us? We saw you give your daughter a box at the airport. Come with us! We're going to search your home," one of them said.

When the thieves entered Mr. Chan's flat, it was dark and quiet. All of a sudden, the door closed and the lights went on. The police were waiting inside.

Amy and her mother came out of the bedroom with the teapot. "That teapot is very valuable," said Mr. Chan. "A long time ago it belonged to an emperor. He drank tea from it."

"We were going to drink tea from it, too," said Amy, laughing.



1. Was the teapot found in America?

2. What did Mr. Chan notice on the plane back to Hong Kong?

3. What was in the pink box?

4. How did the two thieves feel when they didn't find the teapot?

5. Where were the thieves caught?

6. What did Mr. Chan probably write to Amy in the note? Fill in the blank with TWO sentences.

Test 3

(2017年上海市中考)

Passage 1

Complete the following passage with the words in the box. Each can be used only once. (将下列单词填入空格。每空格限填一词，每词只能填一次)(共8分)

A) changeable B) disaster C) responsible D) situation E) exciting

Nowadays more and more people prefer to go fishing or hiking in the woods. Experiencing nature is 1, but when you're doing this, always keep yourself safe. It's important to remember several basic rules if you don't want to turn a pleasant outing into a 2.



First, be fully prepared for different weather. Before you set out, always get warm clothes and raincoats ready, just in case! This is especially true in the 3 of travelling in the mountain areas. The weather is really 4 in high mountains. Sometimes you can experience two or three seasons in one day.

A) appear B) heavily C) nearby D) pack E) probably



first-aid kit

Second, 5 a map, a compass, and a flashlight in your bag. Even experienced travelers get lost. Before you start your trip, study the map to get familiar with the area you are going to. The flashlight is important if you do get lost. Many trips that start out in daylight will 6 become nighttime adventures when people can't find their way.

Third, bring a first-aid kit and know how to use it. Small cuts can be more serious when there is no doctor 7.