



“复旦卓越”职业教育公共英语教材

职业教育国家级精品课程

Forward English

for Practical Purposes

前景基础英语

李桂兰 徐小贞 ◆ 总主编

综合教程 4

(第2版)

Forward English
Ample practice to apply and reinforce listening and speaking
Intensive training in reading comprehension ability
Strategies to improve the ability of practical writing



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《前景基础英语综合教程（第2版）4》

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前 言

《前景基础英语》系列教材是根据教育部颁布的最新职业教育教学大纲中公共英语教学要求编写而成的一套低起点教材。该教材强调“文化类课程的文化性、工具性、实践性和应用性”，“使学生掌握一定的英语基础知识和基本技能，培养学生在日常生活和职业场景中的英语应用能力”。本系列主要供全国各中等职业教育、五年制高等职业教育和高职高专及本科院校中入学时未学过英语或英语基础薄弱的学生使用，同时也适合各层次艺术类院校以及自学者使用。

本系列教材根据职业教育英语教学大纲“基础模块、拓展模块和职业模块”之一的基础模块的要求，包括以下系列教材：

- 《前景基础英语综合教程》(第2版)(1—4册)；
- 《前景基础英语综合教程教学参考书》(第2版)(1—4册)；
- 《前景基础英语自主练习》(第2版)(1—4册)；
- 《前景基础英语视听说教程》(第2版)(1—4册)；
- 《前景基础英语视听说教程教学参考书》(第2版)(1—4册)，
以及相关配套使用的英语语法、写作、口语、听力等教材。

另外，各学校可根据学生入学时的英语水平，选择《前景基础英语》中的一册作为使用三年制高等职业教育公共英语系列教材《前景实用英语》(徐小贞总主编，复旦大学出版社出版)的过渡教材。

编写原则

- 遵循语言学习的规律，针对学生英语基础薄弱的现状从零基础开始，由浅入深，循序渐进，阶梯式上升；
- 帮助学生进一步学习英语基础知识，培养听、说、读、写、译等语言技能，初步形成职场英语的应用能力；
- 强调所选语言材料的科学性、文化性、趣味性、实践性和应用性；

- 每单元的导入视频、对话、课文与拓展阅读紧紧围绕一个主题展开,由浅入深,由易到难,让学生渐进式融入语言学习的氛围。

教材构成

- 本系列教材的《综合教程》、《教学参考书》和《自主练习》均附有配套光盘,内容涵盖基础英语的听、说、读、写、译等基本技能;
- 《综合教程》共四册,每册十个单元,其中第五、第十单元是期中与期末复习总结、测试单元。

教材特色

- 《综合教程》与《视听说教程》同步,构建完整的语言知识体系;
- 每单元配备与单元主题相关的小视频,生动有趣,调动学生参与主题讨论的积极性,为后续学习做好铺垫;
- 强调语言技能教学的整体性,注重培养学生的语言综合能力;
- 起点合理,难度适中,循序渐进;
- 选材语言规范、生动、新颖、实用,实现语言学习与文化知识学习的有机结合;
- 练习设计覆盖面广,词汇复现率高,形式多样,内容丰富,由浅入深,能够有效地帮学生打好最基本的语言基础;
- 注重对学生进行英语听、说、读、写、译基本功的训练,培养学生整体理解以及摄取特定信息的能力;
- 教学参考书与学生用书对照排版,包括视频文本、设计思路、参考教法、练习答案、文章译文等,内容充实,配套 PPT 课件,易于教师携带,使用方便;
- 根据国家外语能力测试体系的发展趋势,根据语言学习、教学和测试的需求,在配套练习册上增加了基于真实情境的图片听力练习和短文听力,以帮助学生了解诸如托业、雅思等国际化考试的发展趋势。

使用说明

- 《前景基础英语综合教程》(第 2 版)每册十个单元(第五、第十单元是期中与期末复习总结、自测单元)。每单元教学内容分为三个部分,教师可根据规定的课时数有选择地完成。

第一部分为 Text,该部分由小视频和 Dialogue 导入,语言材料生动有趣,提高学生的学习兴趣

趣,为更好地学习课文做了铺垫。

第二部分为 Grammar,针对中国学生的语法弱点进行分类讲解,该部分简明扼要,讲求实用。第一、二、三册后附有详细的语法说明,供教师和学习者参考。

第三部分为 Reading Practice。该部分是与课文相配合的辅助阅读材料,是对课文的拓展,旨在帮助学生扩充词汇量,扩大知识面,提高自主学习能力。

第一册的 Reading for Fun 包括英文谚语和英语绕口令。第二、三册的 Practical Reading 主要选取英语国家不同场景中的真实的语言材料,包括公共场所标识语,与日常生活工作相关的留言条、电子邮件、公告等原版英文素材,旨在增强学生的语感和体味英语文化的能力。

● 针对不同部分,设计了词汇、语法、翻译和写作练习。

词汇练习注重相关生词和短语的理解与使用,练习形式活泼多样,词汇复现率高,有助于学生巩固所学的知识,将知识转化成技能。

语法练习针对中国学生比较容易出错的语法要点进行操练,目的是培养学生的语感,让学生使用规范的语言进行交流。

翻译练习从短语翻译到句子翻译,再到语篇翻译,主要是让学生能够将课文中的词语和表达方式准确地应用到句子翻译和语篇翻译中,并进而应用到语言交际中。

写作练习:本教程从第四册开始增加写作练习,让学生了解写作就是以语言文字为手段表情达意、传递信息、交流思想感情。通过第一、二、三册的学习,学生积累了一定的词汇量,掌握了一些表达法,在此基础上,从最基础的描述一种物体开始,逐步过渡到段落写作,再到篇章写作。

● 为打好语音基础,第一册设计了语音练习。通过大量的音标练习和单词拼读练习,让学生掌握最基本的单词拼读和拼写规律,为以后自学奠定基础。

本教材在内容安排和练习形式上都做了不少新的尝试,特别是在选材方面,我们力求所选材料语言规范、地道;内容新颖,富有时代感;题材广泛,涉及人文、科技、经济、社会、文体、艺术、历史等方面;体裁多样,不拘泥某种文体。

感谢复旦大学出版社的大力支持,感谢所有为本书的出版付出辛劳、提供支持和帮助的人。本教材的编者在编写过程中参阅并借鉴了部分国内外相关教材、资料,在此一并致以诚挚的谢意。

本系列教材编写组

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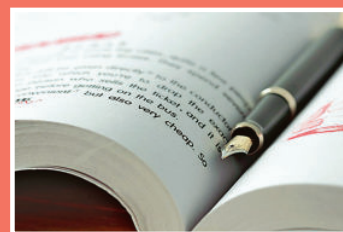


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Unit

1

Love

1





导入

Lead-in



看视频判断正误。

Watch the video clip, and tell whether the following statements are true (T) or false (F).



- _____ 1. You can get gold coins if you pray to the Fountain.
- _____ 2. A coin is a must for good fortune.
- _____ 3. The old man got a bag of gold because of his kindness.
- _____ 4. The young man and the girl threw their coins at the same time.
- _____ 5. The wish-granter helped the young man and the girl.



对话



Dialogue








On Friendship and Love



Hi, Tom, what kinds of qualities do you look for in your friend?



I like people who are open and friendly. They should be sincere, and I believe that a friend in need is a friend indeed.

-  Honesty is very important to me. I don't like making friends with dishonest people.
-  Yeah, without honesty there is no trust in friendship.
-  What about love? What's important in your attitude towards love?
-  Love is about mutual understanding and respect. Love isn't about how to find out the similarities; it's about how to respect the differences!
-  Well said!
-  Love is all between the two. I love you not because of who you are, but because of who I am when I am with you. To the world you may be one person, but to one person you may be the world.
-  Love is really great!



词汇 New Words

mutual /'mju:tʃʊəl/ <i>a.</i>	共同的; 相互的
similarity /,sɪmɪ'lærəti/ <i>n.</i>	相似; 类似

词组和短语 Phrases and Expressions

in need	需要中的
find out	发现; 查明(真相等)

Complete the following dialogue according to the hints given below.

A: Hi, Tom, _____ (你看起来不开心). What happened?

B: Nothing good. I just had a little _____ (和……拌嘴) my girlfriend.

A: What's the trouble?

B: She complained much about _____ (我的着装风格). I like casual dress too much.

A: _____ (这不是大问题). You should have a talk with her. Maybe you should _____ (做出一些改变).

B: Maybe you're right. I'll give it a try.

Create a new dialogue according to the situation given below.

Nate has just got a part-time job in KFC. You meet him at the bookstore and talk with him about his experience. Please make a dialogue about this situation.



课 文



Text

Find Lasting Love

A healthy, loving relationship can enhance many aspects of your life, from your emotional and mental well-being to your physical health and overall happiness.

Life as a single person offers many rewards; however, if you're ready to share your life with someone and want to build a lasting, worthwhile relationship, life as a single person can also be very frustrating.



For many of us, finding someone we want to share our lives with can seem like an impossible task. Even if you have a history of relationships that don't last or if you feel burned out by traditional and online dating, you can still learn how to find lasting love.

Finding the right romantic partner is often a difficult journey. Perhaps you grew up in a household where there was no role model of a

solid, healthy relationship and you doubt that such a thing even exists. Or maybe your dating history consists only of short, abrupt relationships and you don't know how to make a relationship last. You could be attracted to the wrong type of person or making the same bad choices, due to an unresolved issue from your past. Whatever the case may be, it's important to believe that a healthy romantic relationship for you exists in the future.

It's important to recognize that relationships are never perfect and always require lots of work, compromise, and a willingness to resolve conflict in a positive way. To find and build any relationship worth keeping, you may need to start by re-assessing some of your misconceptions about dating and relationships that can prevent you from finding lasting love.

词汇 New Words

enhance /ɪn'hɑ:ns/ <i>v.</i>	提高(价格、质量、吸引力等); 加强
aspect /'æspekt/ <i>n.</i>	方面
emotional /ɪ'məʊʃənəl/ <i>a.</i>	感情(上)的; 情绪(上)的
overall /'əʊvəɔ:l/ <i>a.</i>	全面的; 总的
reward /rɪ'wɔ:d/ <i>n.</i>	报答; 奖赏; 酬金
frustrate /frʌ'streɪt/ <i>v.</i>	挫败; 使沮丧
romantic /rəʊ'mæntɪk/ <i>a.</i>	有浪漫色彩的
household /'haʊshəʊld/ <i>n.</i>	家庭; 户
consist /kən'sɪst/ <i>v.</i>	组成; 构成
abrupt /ə'brʌpt/ <i>a.</i>	突然的; 意外的
unresolved /,ʌnrɪ'zɒlvd/ <i>a.</i>	未解决的
issue /'ɪʃju:/ <i>n.</i>	问题; 议题

recognize /'rekəgnaɪz/ v.	意识到
compromise /'kɒmprəmaɪz/ n.	妥协; 折中
willingness /'wɪlɪŋnɪs/ n.	乐意; 愿意
resolve /rɪ'zɒlv/ v.	解决; 转变, 改变
assess /ə'ses/ v.	评定, 评估(性质、质量等)
misconception /,mɪskən'sepʃən/ n.	误解
prevent /prɪ'vent/ v.	预防; 防止

词组和短语 Phrases and Expressions

burn out	(使)精疲力竭;(怒气、热情等)消失
consist of	由……构成
prevent sb. from doing sth.	阻止某人做某事

阅读理解

Reading Comprehension

■ Answer the following questions according to the text.

1. What can a healthy and loving relationship enhance?
2. Why is finding the right romantic partner often a difficult journey?
3. What does a relationship require?
4. What may one need to do to find and build any relationship worth keeping?
5. What can prevent one from finding lasting love?



语言练习

Language Practice

I. Find the right definition in Column B that matches the word in Column A.

Column A

1. enhance
2. assess
3. abrupt
4. consist
5. misconception
6. prevent
7. willingness
8. resolve
9. physical
10. overall

Column B

- a. sudden and unexpected
- b. to make up
- c. to improve; to make things better
- d. misunderstanding
- e. to keep from
- f. to evaluate
- g. of body
- h. intention
- i. total; whole
- j. to settle; to handle; to deal with

II. Fill in the blanks with the given words. Change the form if necessary.

resolve	assess	romantic	frustrate	consist
emotional	mental	enhance	prevent	recognize

1. It's healthier to release _____ than to bottle it up.
2. Derik has a weird hairstyle and enjoys a great _____ on campus.
3. She looks at the house and _____ its market value.
4. Huge efforts are made to _____ the problem.
5. He doesn't look good, because he's suffering from severe _____ disorder.
6. Passing the English examination should _____ your chances of getting the post.
7. Nobody can _____ him from running the risk.
8. How many players does a baseball team _____ of?
9. It is said that Frenchmen are the most _____ people in the world.
10. Women are often said to be more _____ than men.

III. Fill in the blanks according to the following passage.

The Magical Ingredients of Love Relationships

Love is such a powerful human emotion that experts are constantly studying it. They've discovered that love has three main qualities.

1. **Attraction** is the “chemistry” part of love. It's all about the physical interest that two people have in each other. Attraction is also what's behind the nervous-but-excited way we feel when that person is near.
2. **Closeness** is the bond that develops when we share thoughts and feelings that we don't share with anyone else. When you have this feeling of closeness with your boyfriend or girlfriend, you feel supported, cared for, understood, and accepted for who you are. Trust is a big part of this.
3. **Commitment** is the promise to stick by the other person through the ups and downs of the relationship.

These three qualities can be combined in different ways to make different kinds of relationships. For example, closeness without attraction is the kind of love we feel for best friends. We share secrets and personal stuff with them, and they stand by us. But we are not romantically interested in them.

Attraction without closeness is more like a crush. You're attracted to someone physically but don't know the person well enough yet to feel the closeness that comes from sharing personal experiences and feelings.

Romantic love is when attraction and closeness are combined. For people falling in love for the first time, it can be hard to tell the difference between the intense, new feelings of physical attraction and the deeper closeness that goes with being in love.

1. The three qualities of love are _____.
2. Attraction is the chemistry part of love. It's all about _____ between the two.
3. _____ is a big part of closeness, the second quality of love.
4. If two people show the quality of closeness, they may share _____.
5. Romantic love is when _____ are combined and it can be hard to tell the difference between attraction and closeness.

IV. Translate the following sentences into English or Chinese.

1. 航班因糟糕的天气而取消。(due to)
2. 真正的美是由内在美和外在美构成的。(consist of)
3. 适当的运动能够促进身体健康。(enhance)
4. 没有人能阻止他环游世界。(prevent... from)
5. 步入社会我们应该靠自己解决问题。(resolve)
6. You'll meet many guys on your path to finding the one who's right for you, but you should avoid a few types at all cost. They might start out as perfectly decent men while they're trying to get your attention, but once they show their true colors, you may want to head for the hills.



阅读练习



Reading Practice

Passage One

Love in Cross Culture

I fell in love with the minister's son the winter I turned fourteen. He was not Chinese. For Christmas I prayed for the boy, Robert. When I found out that my parents had invited the minister's family over for Christmas Eve dinner, I cried in panic. What would Robert think of our shabby Chinese Christmas? What would he think of our noisy Chinese relatives who lacked proper American manners?

On Christmas Eve, my mother created abundant Chinese food. And then they arrived — the minister's family and all my relatives. Robert greeted hello, and I pretended he was not worthy of existence.

Dinner threw me deeper into disappointment. My relatives licked the ends of their chopsticks and reached across the table. Robert and his family waited patiently for a large plate to be passed to them. My relatives murmured with pleasure when my mother brought out the whole steamed fish. Robert made a face. Then my father reached his chopsticks just below the fish eye and picked out the soft meat. "Amy, your favorite," he said, offering me the tender fish cheek. I wanted to disappear.

At the end of the meal, my father leaned back and burped loudly, thanking my mother for her fine cooking. "It's a polite Chinese custom to show you're satisfied," explained my father to our astonished guests. Robert was looking down at his plate with a reddish face. The minister managed to bring up a quiet burp. I was shocked into silence for the rest of the night.

After everyone had gone, my mother said to me, “You want to be the same as American girls on the outside.” She handed me an early gift. It was a miniskirt. “But inside you must always be Chinese. You must be proud you are different. Your only shame is to have shame.”

It was not until years later that I was able to fully appreciate her lesson and her purpose behind her particular menu. For Christmas Eve that year, she had chosen excellent Chinese food.

词汇 New Words

panic /'pænik/ <i>n.</i>	恐慌, 惊慌
shabby /'ʃæbi/ <i>a.</i>	破旧的; 寒酸的
noisy /'nɔɪzi/ <i>a.</i>	喧闹的, 嘈杂的
relative /'relətɪv/ <i>n.</i>	亲戚
abundant /ə'bʌndənt/ <i>a.</i>	丰富的; 充裕的
disappointment /,dɪsə'pɔɪntmənt/ <i>n.</i>	失望
lick /lɪk/ <i>v.</i>	舔
chopstick /'tʃɒpstɪk/ <i>n.</i>	[常作复数]筷子
murmur /'mɜ:mə(r)/ <i>v.</i>	低语
steam /sti:m/ <i>v.</i>	蒸
tender /'tendə(r)/ <i>a.</i>	嫩的; 温柔的
cheek /tʃi:k/ <i>n.</i>	面颊
lean /li:n/ <i>v.</i>	倾斜; 倚
burp /bɜ:p/ <i>v.</i>	打嗝
reddish /'redɪʃ/ <i>a.</i>	微红的