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初中同步听力训练首选用书

八年级下期英语听力突破



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前 言

初中《英语听力突破》丛书是与现行最新修订版本初中英语教材配套使用的单元同步听力训练教辅图书。该丛书是我们精心策划并邀请湖南省级重点中学有丰富教学经验的英语教师，严格按照教育部颁布的《国家基础教育英语课程标准》和中考英语考试大纲的精神，充分综合湖南各地区实施新课程标准的经验和成果编写的，能较好地满足初中各学段的教学和考试要求。

丛书共6个分册，分别是：七年级（上册、下册）、八年级（上册、下册）、九年级和中考。每个分册以单元的形式编排，分别与现行教材的单元内容一一对应。本套丛书的特点是：1. 每个单元都根据单元目标、单元重点来编辑听力材料，重点突出，学以致用；2. 每个单元都有针对性地介绍了常考听力题型；3. 每个单元均安排了两套模拟单元重点为蓝本的达标训练题，并在书后给出了答案与详细听力原文。八年级每个单元都安排了单词、短语听力测试。

语言是一种交际工具，不是语音、词汇、语法的简单合成。听是理解和吸收口头信息的交际能力，是语言能力的重要组成部分，听力理解作为语言的基本技能在语言交际中的作用越来越受到重视。英语学习中我们强调语言的习得。语言的习得主要是通过获得大量的可理解输入来实现的，而听是获得可理解语言输入的最重要的渠道。因此，在英语学习中应对听力给予足够的重视。



第一部分 解题指导

一、大纲解读

初中英语教学大纲对“听”的具体要求是：学生能听懂广播、电视、录音等与本学段水平相当的英语有声语言材料；能听懂语速为每分钟 120 个词左右，与学生生活贴近的、基本没有生词的语言材料，获取所需信息。因此，听力题型大致有以下几种：①听短句选出相应的应答语；②听对话及问题选出正确的答案；③听短文及问题选出恰当的答案或图画；④听句子或短文填词。长期以来对学生听力的训练并未在中学英语教学中得到足够的重视，听力历来是中学英语教学的薄弱环节。如何提高学生听的能力，使学生在中考中取得好成绩，是广大师生极为关注的问题。而要解决好这一问题，熟悉听力测试的方法，除了平时要加强听力基本功训练之外，掌握一些听力技巧也是十分重要的。

二、听力测试的应试技巧

1. 听力技巧之听句子选择恰当答语类的答题技巧

听句子选择恰当答语是常考题型之一，该题型主要考查学生的情景反应能力，要做这类题我们要做好以下三点：

(1) 听前认真浏览选项，掌握其意思。

(2) 听时要注意听清句子的意思。同时注意对话出现的场景，从语调、疑问词中判断句子的类型以此确定回答的内容，回答内容要与问句人称、时态等保持一致。

(3) 平时我们还应熟练掌握日常交际用语。听时要正确判断出句子的语言交际功能，在正确理解说话人意图的基础上做出正确选择。

2. 听力技巧之图文搭配类听力的解题技巧

这类题主要是要求学生能把正确的图画语言与所听到的内容联系起来。它具有生动简明的特点。做好这类试题的关键是“听音”“明意”。一是要能听懂句意，而听懂句意的前提是能抓住句中的“关键词”，二是要具备“读图”“识图”的能力。清楚图画中的人物、动作、形态等。

3. 听力技巧之对话理解的答题技巧

由于对话是一个相互联系的整体，听前我们要浏览选项，了解一定的信息，并预测话题及内

容。在听的时候我们要注意对话中的人物(包括男女)、时间(如果有的话)、地点(尤其是多个易混的地点及相应的信息)、语音语调、上下文之间的联系等,同时还要排除干扰,适当的做一些记录,以增强记忆。弄清对话大意,看清问题,即可选出正确答案。

4. 听力技巧之短文理解类解题技巧

短文理解是听力测试中综合性较强,难度较大的题型,短文主要为记叙文。但短文与单句和对话不同,有一定完整的思想内容,涉及的词汇量较大,涉及的知识面也广。它的出题形式为:

- (1)听短文,判断正误。
- (2)听短文,根据所给的问题选择正确答案。
- (3)根据短文内容回答问题。
- (4)根据短文内容完成句子。

做这类题目应注意的问题:

(1)抓紧听前几分钟的准备时间,先阅读本题的题干和有关选项,有些选项根据上下文逻辑关系和语法结构就可以选出,到该题录音播放时,核对一下即可。

(2)听短文时,注意听第一句,因为它可能是短文主题句。一般情况下,听完前三句就能确定短文属于哪一类,注意其中的时间、地点和人物,有利于对全文的理解。

(3)听第二遍时,注意及时核对尚未完全听清的选项,感到有把握的答案暂放一边。

(4)平时注重听力训练和阅读训练相配合。



第二部分 听力试题

八年级下期第一单元英语听力突破试题一

学号 _____ 班级 _____ 姓名 _____ 计分 _____

| | | | | | | | | | | | | | | |
|-----------|---|---|-----------|---|---|-----------|---|---|-----------|----|----|-----------|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | | | | | | | | | |
| 16. _____ | | | 17. _____ | | | 18. _____ | | | 19. _____ | | | 20. _____ | | |

第一节 听力选择 (15 小题, 计 15 分)

根据你听到的对话, 选择正确的答案回答问题。

听下面 5 段对话, 每听完一段对话后, 做 1 个小题。

- () 1. What's the matter with Tom?
A. He's got a headache. B. He's got a stomachache. C. He's got a cold.
- () 2. What's wrong with Li Na?
A. She's got a pain in her leg. B. She's got a backache. C. She's got a fever.
- () 3. When did the earthquake in Lushan happen?
A. It happened at 8:00 on the morning of April 20, 2013.
B. It happened at 8:02 on the morning of April 20, 2013.
C. It happened at 8:02 on the morning of April 20, 2014.
- () 4. What's wrong with Tommy?
A. He has a headache. B. He has a sore back. C. He has an earache.
- () 5. What's the matter with Judy?
A. She has a headache. B. She has a sore throat. C. She has an earache.

听第六段对话, 做第 6—7 小题。

- () 6. What's wrong with David?
A. She has a toothache. B. She has a fever. C. She has a stomachache.
- () 7. What should David do?
A. Drink some juice. B. Lie down and rest.
C. Drink more water and have a good rest.

听第七段对话, 做第 8—9 小题。

- () 8. What's wrong with the man?



- A. He has got a backache. B. He has got an ache in his face.
C. He has got a toothache.

()9. What does the woman ask the man to do?

- A. To see a dentist. B. To get an X-ray. C. Both A and B.

听第八段对话,做第10—12小题。

()10. What's wrong with Jack?

- A. He has a cold. B. He has a fever. C. He has a headache.

()11. What does the woman advise Jack to do?

- A. She advises him to go to see a doctor.
B. She advises him to finish his exercise first and then go to see a doctor.
C. She advises him to ask for leave.

()12. Why doesn't Jack want to ask for leave?

- A. He'll have an English class this afternoon.
B. He'll have an English exam this afternoon.
C. He'll have a Chinese class this afternoon.

听第九段对话,做第13—15小题。

()13. What's the matter with the girl?

- A. She is ill and she doesn't have any money.
B. Her bike is broken and nobody can repair it.
C. Her bike is broken and she doesn't have any money.

()14. Who lends the money to her?

- A. Peter. B. Jack. C. Sam.

()15. What may the girl do after her bike is repaired?

- A. She may return the money to Peter. B. She may sell her bike to Peter.
C. She may help others as soon as she has any chance.

第二节 笔录要点 (5 小题, 计 5 分)

根据你所听到的内容,填写下面的表格,每空不超过 3 个单词。

Information Card

| |
|---|
| ● The old English saying is that going to bed early and getting up early in the morning makes a man 16. _____ . |
| ● 17. _____ is good for health. Without it, children may not be healthy. |
| ● It's good for children to sleep for 18. _____ hours. |
| ● Exercise keeps our body 19. _____. |
| ● All parts of our body and 20. _____ need blood. |



八年级下期第一单元英语听力突破试题二

学号_____ 班级_____ 姓名_____ 计分_____

| | | | | | | | | | | | | | | |
|-----------|---|---|-----------|---|---|-----------|---|---|-----------|----|----|-----------|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | | | | | | | | | |
| 16. _____ | | | 17. _____ | | | 18. _____ | | | 19. _____ | | | 20. _____ | | |

第一节 听力选择 (15 小题, 计 15 分)

根据你听到的对话, 选择正确的答案回答问题。

听下面 5 段对话, 每听完一段对话后, 做 1 个小题。

- () 1. What's the matter with Tim now?
A. He's had a toothache. B. He's had a headache. C. He's had a stomachache.
- () 2. What has happened to Jim?
A. He's had a cold. B. He's had an accident. C. He's had a high fever.
- () 3. What's the matter with the woman?
A. She is stressed out. B. She can't sleep well. C. She has a cold.
- () 4. Why did Jane drink lots of water?
A. Because she liked it. B. Because she felt better. C. Because she had a fever.
- () 5. Which part did Cindy hurt?
A. Her leg. B. Her arm. C. Her foot.

听第六段对话, 做第 6—7 小题。

- () 6. What happened to the man?
A. He hurt himself playing volleyball. B. He fell down playing soccer.
C. He fell down playing basketball.
- () 7. What does the woman advise the man to do?
A. Go to see a doctor. B. Go home and have some rest.
C. Take some medicine and have some rest.

听第七段对话, 做第 8—9 小题。

- () 8. Why does Jack feel terrible?
A. He ate too much yesterday. B. He has got a cold. C. He has got a fever.



- () 9. How many times should Jack take the medicine?
A. Three times a day. B. Once a day. C. Twice a day.
- 听第八段对话, 做第 10—12 小题。
- () 10. What's wrong with the young madam?
A. She has a cold. B. She has a cough. C. She has a headache.
- () 11. When did the young woman begin feel terrible?
A. Yesterday. B. The day before yesterday.
C. Two days before yesterday.
- () 12. What does the doctor advise the woman to do?
A. Take the medicine twice a day and have a good rest.
B. Take the medicine three times a day and have a good rest.
C. Take the medicine four times a day and have a good rest.
- 听第九段对话, 做第 13—15 小题。
- () 13. What's wrong with the young man?
A. He has a cold. B. He has a fever. C. He has a headache.
- () 14. What has he been doing these days?
A. Playing computer games. B. Sleeping all day. C. Dreaming all night.
- () 15. What does the doctor suggest?
A. Keeping warm. B. Having a warm bath. C. Drinking more water.

第二节 笔录要点 (5 小题, 计 5 分)

根据你所听到的内容, 填写下面的表格, 每空不超过 3 个单词。

| How can we keep healthy? | | |
|--------------------------|---|--|
| Firstly | <ul style="list-style-type: none"> ● Eat fruit and 16. _____ three or four times a week. ● Eat some tofu 17. _____. ● Have milk 18. _____ a day. | |
| Secondly | <ul style="list-style-type: none"> ● Do more exercise | <ul style="list-style-type: none"> ◇ Do morning exercises or 19. _____ exercises. ◇ Take a walk after 20. _____. |



B. Because the City Games will be held in her hometown next week.

C. Because the City Games will be held in her hometown next year.

()9. What will Wu Tong plan to do during the City Games?

A. To be a policewoman.

B. To be a guide.

C. To be a sportswoman.

听第八段对话,做第 10—12 小题。

()10. What is the woman?

A. A teacher.

B. A reporter.

C. A student.

()11. How long has the man been a volunteer?

A. For Ten years.

B. For Ten months.

C. For ten weeks.

()12. Where does the man do volunteer work?

A. At a hospital.

B. In a local school.

C. Both A and B.

听第九段对话,做第 13—15 小题。

()13. What will the woman plan to do this summer?

A. To work in a hospital.

B. To work in an old people's home.

C. To work in an old library.

()14. What did Smith do last summer?

A. He worked in a hospital.

B. He worked in an old people's home.

C. He worked in an old library.

()15. What should we do for old people?

A. We should listen to them and care for them.

B. We should read newspapers to them every day.

C. We should talk to them every day.

第二节 笔录要点 (5 小题,计 5 分)

根据你所听到的内容,填写下面的表格,每空不超过 3 个单词。

| Name | Love | Volunteering |
|-------|-------------------------------------|---|
| Nick | ● Playing football | ● Teach 16. _____ children how to play football |
| Dave | ● Loving 17. _____ | ● Work in the zoo |
| John | ● Reading and telling funny stories | ● Visit sick kids to 18. _____ |
| Sally | ● Painting | ● Paint for the school 19. _____ |
| Anna | ● Singing | ● Sing for the old people or sing to raise money for 20. _____ people |



八年级下期第二单元英语听力突破试题二

学号 _____ 班级 _____ 姓名 _____ 计分 _____

| | | | | | | | | | | | | | | |
|-----------|---|---|-----------|---|---|-----------|---|---|-----------|----|----|-----------|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | | | | | | | | | |
| 16. _____ | | | 17. _____ | | | 18. _____ | | | 19. _____ | | | 20. _____ | | |

第一节 听力选择 (15 小题, 计 15 分)

根据你听到的对话, 选择正确的答案回答问题。

听下面 5 段对话, 每听完一段对话后, 做 1 个小题。

- () 1. What would Tom like to be for the sports meeting?
A. A volunteer. B. A policeman. C. A judge(裁判).
- () 2. What does the man want the woman to do?
A. To carry the rubbish in the bag to the gate.
B. To help him carry the baggage to the gate.
C. To take a walk with him after supper.
- () 3. Why did the man set up this organization?
A. To help disabled people. B. To help hopeless people.
C. To help disabled children.
- () 4. What is Frank doing in the yard now?
A. He is washing his bike. B. He is fixing up his bike.
C. He is fixing up his car.
- () 5. How old was Mo Yan when he won the 2012 Nobel Prize for Literature(诺贝尔文学奖)?
A. 47. B. 37. C. 57.

听第六段对话, 做第 6—7 小题。

- () 6. What is the woman?
A. A teacher. B. A guide. C. A volunteer.
- () 7. Where is the man going to meet his friends?
A. Gate 1. B. Gate 5. C. Gate 15.

听第七段对话, 做第 8—9 小题。

- () 8. Where is Xiao Fang now?
A. In Hospital. B. At school. C. At home.



- () 9. What's the matter with Xiao Fang?
 A. Her head hurts and she doesn't want to move.
 B. Her head hurts and she doesn't want to eat.
 C. Her mouth hurts and she doesn't want to eat.

听第八段对话,做第 10—12 小题。

- () 10. When did Jane work as a volunteer?
 A. Last week. B. Last Saturday. C. Last weekend.
- () 11. Where did Jane work as a volunteer?
 A. At Children's Hospital. B. At Old People's Home. C. At a park.
- () 12. How long did it take them to clean the rooms?
 A. An hour. B. Two hours. C. Three hours.

听第九段对话,做第 13—15 小题。

- () 13. What makes Jack look unhappy?
 A. His old clothes. B. His old shoes. C. His old trousers.
- () 14. What does Nancy advise Jack to do?
 A. To buy a pair of new shoes. B. To buy some new clothes.
 C. To buy a pair of new trousers.
- () 15. Why was Nancy worried now?
 A. Because she argued with his friends yesterday and she doesn't know what to do.
 B. Because she argued with his classmates yesterday and she doesn't know what to do.
 C. Because she argued with his families yesterday and she doesn't know what to do.

第二节 笔录要点 (5 小题, 计 5 分)

根据你所听到的内容,填写下面的表格,每空不超过 3 个单词。

| An Announcement (通知) | |
|----------------------|--|
| The first group | <ul style="list-style-type: none"> ● go to the 16. _____ to help sick kids ● visit the sick kids and cheer 17. _____ up ● have to go there at 18. _____ |
| The second group | <ul style="list-style-type: none"> ● clean up the city 19. _____ |
| The third group | <ul style="list-style-type: none"> ● help the 20. _____ at the crossing |



八年级下期第一至第二单元英语听力突破试题

学号_____ 班级_____ 姓名_____ 计分_____

| | | | | | | | | | | | | | | |
|-----------|---|---|-----------|---|---|-----------|---|---|-----------|----|----|-----------|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | | | | | | | | | |
| 16. _____ | | | 17. _____ | | | 18. _____ | | | 19. _____ | | | 20. _____ | | |

第一节 听力选择 (15 小题, 计 15 分)

根据你听到的对话, 选择正确的答案回答问题。

听下面 5 段对话, 每听完一段对话后, 做 1 个小题。

- () 1. What was the matter with Jack yesterday?
A. He had a fever. B. He had a headache. C. He had a stomachache.
- () 2. What is the man's advice?
A. The woman should plant trees in the city park.
B. The woman should help to clean up the city parks.
C. The woman should help to look after the sick kids in the hospital.
- () 3. Who fixed up the bicycle?
A. Jack. B. Jim. C. Frank.
- () 4. What does the girl want?
A. Some tea. B. Some bread. C. Some milk.
- () 5. Who taught Wu Fei to speak English?
A. His teachers. B. His parents. C. He taught himself.

听第六段对话, 做第 6—7 小题。

- () 6. Where are they talking?
A. At home. B. In the classroom. C. At the doctor's.
- () 7. What's the matter with the boy?
A. He has a cold. B. He has a sore throat. C. He has a headache.

听第七段对话, 做第 8—9 小题。

- () 8. What is the girl?
A. A teacher. B. A guide. C. A volunteer.



- () 9. Where is Mr. Smith from?
A. Australia. B. America. C. Africa.
- 听第八段对话,做第 10—12 小题。
- () 10. What's the matter with Benjamin?
A. He has a pain in his stomach.
B. He couldn't sleep well last night.
C. He couldn't sleep well last night and he has a pain in his stomach.
- () 11. What did he eat for lunch yesterday?
A. Some noodles and later a peach. B. Some salad and later a peach.
C. Some noodles, salad and later a peach.
- () 12. How many times should Benjamin take the medicine a day?
A. Twice. B. Three times. C. Four times.
- 听第九段对话,做第 13—15 小题。
- () 13. What's wrong with the woman?
A. She can't eat well. B. She can't sleep well. C. She can't listen well.
- () 14. How long has the woman had the trouble?
A. Three days. B. Three months. C. Three weeks.
- () 15. What is the doctor's advice?
A. Take some medicine and get enough rest.
B. Eat more vegetable and get enough rest.
C. Have more rest and so more exercise.

第二节 笔录要点 (5 小题,计 5 分)

根据你所听到的内容,填写下面的表格,每空不超过 3 个单词。

| Time | Activities |
|---------------|--|
| Last Saturday | <ul style="list-style-type: none"> ● visited a 16. _____ school ● had a 17. _____ with the students there ● helped the children clean up their 18. _____ ● listened to the headmaster's stories about some hard-working students from very 19. _____ |
| Last Sunday | <ul style="list-style-type: none"> ● held a big sale on our school 20. _____ to raise money |



八年级下期第三单元英语听力突破试题一

学号_____ 班级_____ 姓名_____ 计分_____

| | | | | | | | | | | | | | | |
|-----------|---|---|-----------|---|---|-----------|---|---|-----------|----|----|-----------|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | | | | | | | | | |
| 16. _____ | | | 17. _____ | | | 18. _____ | | | 19. _____ | | | 20. _____ | | |

第一节 听力选择 (15 小题, 计 15 分)

根据你听到的对话, 选择正确的答案回答问题。

听下面 5 段对话, 每听完一段对话后, 做 1 个小题。

- () 1. What does the woman want to borrow from the man?
A. The computer. B. The camera. C. The mobile phone.
- () 2. What does the woman ask the man to do?
A. To play basketball with her. B. To play tennis with her.
C. To play football with her.
- () 3. What is the man doing now?
A. He is doing some shopping. B. He is doing some laundry.
C. He is doing some reading.
- () 4. Why does the man hate to read the book?
A. Because he thinks it is very difficult.
B. Because he thinks it is very boring.
C. Because he thinks it is very difficult and boring.
- () 5. What does the woman want to borrow from Smith?
A. A pencil. B. A pencil-box. C. A pen.

听第六段对话, 做第 6—7 小题。

- () 6. What is Tom doing now?
A. He is playing computer games. B. He is studying English on TV.
C. He is watching a show on TV.
- () 7. What does Tom's mother want him to do?
A. To take out the rubbish. B. To fold the clothes.
C. To take out the rubbish, to fold the clothes and do the dishes.

听第七段对话, 做第 8—9 小题。

- () 8. Why can't the girl use his father's mobile phone?
A. Because there is something wrong with it.

B. Because he is going to use it.

C. Because he is using it now.

()9. What should the girl do before she can watch TV?

A. She has to finish her homework.

B. She has to clean her room.

C. She has to do some shopping.

听第八段对话,做第10—12小题。

()10. What does Bob's mother want him to do?

A. To hold the packages while she is looking for the key.

B. To hold the packages while she is looking for the money.

C. To hold the packages while she is looking for the mobile phone.

()11. When will they have a picnic?

A. Today.

B. Tomorrow.

C. The day after tomorrow.

()12. Why does Bob tell his mother to hurry up and open the door?

A. Because the packages are very heavy.

B. Because it is time for him to play basketball now.

C. Because he wants to play computer games very much now.

听第九段对话,做第13—15小题。

()13. Where is Tom going?

A. To the library.

B. To the gym.

C. To the reading-room.

()14. What is Tom going to do there?

A. He's going to take part in a basketball match there.

B. He's going to take part in a football match there.

C. He's going to take part in a volleyball match there.

()15. When does the match begin?

A. At three o'clock.

B. At four o'clock.

C. At two o'clock.

第二节 笔录要点 (5 小题, 计 5 分)

根据你所听到的内容,填写下面的表格,每空不超过 3 个单词。

| | |
|--------|---|
| Topic | Doing chores is very 16. _____. |
| First | When you are doing chores, you use your 17. _____ and this can make you smarter. |
| Second | If you help your 18. _____ do chores, they can have more time to 19. _____. |
| Third | It is important for us to learn some basic life skills, such as 20. _____ and doing the dishes. |