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开心考试研究中心编

# 浙江高考英语新题型 阅读理解七选五与语法填空

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# 160篇



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# 浙江高考英语新题型 阅读理解七选五与语法填空

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# 第一部分 阅读理解七选五

## TEST 1 原创

### 1

主题: 如何选书

体裁: 说明文

词数: 212

难度: ★★★☆☆

建议用时: 6 分钟

正确率: \_\_\_\_\_/5

Reading is a good way to discover the next big thing and to learn a little more about yourself while you're at it. But do you know how to pick a book you'll really like? 1.

#### Start With Your Interests

2. You can pick something that's all about your interests, whether it's ancient martial arts, computers, or fashion design.

#### What's Your "Type"?

Do you prefer fiction or non-fiction or both? Fiction books can transport you to another world or help you imagine something beyond your own experience. 3. Try a range of types of fiction and see what you prefer. Non-fiction books give you the who, what, when, and why of something. They tell stories using facts—but that doesn't mean they're dull. Non-fiction books can bring many events to life.

4

What was your mother's favourite book when she was your age or your dad's? How about a sibling's? Find out and give it a read—then you can share your thoughts about the book with them.

#### Join the Club—Online or In Person

Get your friends together and swap recommendations of authors, prose styles, and story types. Most social networking sites also have book-club sections. 5.

You'll see that time does fly when you're reading something you love!

- A. Here are some tips
- B. Consult Your Teachers
- C. Find a Family Favourite
- D. Not all fiction is the same
- E. Not all people like fiction
- F. Reading on your own isn't like reading for school
- G. Join a group with your friends and people you trust

..... 答案参见 P123

#### 网络流行语: 洪荒之力

在 2015 年热播的仙侠剧《花千骨》中“洪荒之力”频频出现,指的是法力无边且无法控制的妖神之力。2016 年 8 月 8 日,在里约奥运会上,中国选手傅园慧晋级决赛,她在接受媒体采访时说:“我已经用了洪荒之力啦。”“洪荒之力”一夜走红,多用来形容超乎想象的巨大能量。

## 2

主题: 训练小狗的游戏 | 体裁: 说明文 | 词数: 265 | 难度: ★★★★★☆ | 建议用时: 7 分钟 | 正确率: \_\_\_\_\_/5

While serious training is important for all dogs, playtime is just as important. 1 Use these games to help teach your dog how to play.

### 1. Hide and Seek

Hide and seek isn't just for kids. Dogs can really enjoy this game. Pick up one of your dog's favourite toys or treat. Tell your dog to stay. 2 When you are ready, call your dog to come to you. If possible, squeak(使吱吱叫) the toy or shake the treat. Reward your dog with praise and the toy or treat when she finds you.

### 2. Fetch

Many dogs have a natural ability to fetch. Other dogs can be taught how. 3 Play indoors with a soft toy or outdoors in a fenced-in area with a ball or disc. For dogs that really love to run, try this game of fetch!

### 3. Find the Treat

Dogs have superior senses of smell, and most love to use their noses to find food. Let your dog use her brain and her nose to find hidden goodies. First, have your dog stay out of sight. Then, hide her favourite treats in various places around the room. 4 If help is needed, you can lead her around or point to areas for her to explore.

Whatever the game, safety comes first! Remember to watch your dog for signs of exhaustion or overheating when you are playing. Stop if your dog seems tired or shows signs of anxiety. 5 When other dogs or people are around, it may create a dangerous distraction.

- A. Then, go to find a good hiding place.
- B. You can include games in training as well.
- C. Encourage your dog to play with other dogs.
- D. Bring your dog back in and tell her to "Go find!"
- E. A good game of fetch can be played almost anywhere.
- F. Try different games to see which your dog responds to best.
- G. Also be aware of your surroundings when playing with your dog.

..... 答案参见 P123

#### 网络流行语: 吃瓜群众

在网络论坛中,人们发帖讨论问题,后面往往有一堆人排队跟帖,或发表意见,或不着边际地闲扯,不发言只围观的网民,被称为“吃瓜群众”。现在使用范围扩大,凡是对某议题不了解或有意保持沉默的围观者,都可称为“吃瓜群众”。

## 3

主题: 如何说服别人

体裁: 说明文

词数: 280

难度: ★★★★★☆

建议用时: 8 分钟

正确率: \_\_\_\_\_/5

## How to Persuade People

Convincing people that your way is the best way is often very difficult—especially when you're not quite sure why they're saying no. Turn the tables on your conversation and convince people of your point of view. 1 And with the right methods, you can do it.

1. 2 Knowing how to persuade people isn't just in words and body language—it's also in knowing the right time to talk to them. If you approach people when they are more relaxed and open to discussion, you will most likely achieve faster, better results.

2. Talk fast. People are more persuaded by a fast, confident talker than accuracy. Sort of makes sense—the faster you talk, the less time your listener has to process what you've said and question it. 3

3. Get to know them. A large part of whether or not persuasion is effective is based on the general understanding between you and your son/friend/employee. If you don't know the person well, it's necessary to start building this understanding immediately—find common ground as soon as possible. 4 So find parallels and make them known.

4. 5 There is something to be said for clarity. If you're confusing the person who may want to agree with you, but doesn't necessarily know what you're looking for. Speaking in a firm way will help you maintain directness and keep your intentions clear.

- A. Speak firmly.
- B. Understand the best time.
- C. Talk about what interests them.
- D. The trick is to get them wondering why they're saying no.
- E. Thus, you create the feeling that you truly grasp the subject.
- F. If someone talks fast, it's the perfect time to persuade him.
- G. Humans, in general, feel safer around people that are similar to them.

..... 答案参见 P123

## 网络流行语: 工匠精神

“工匠精神”本指手工艺人对产品精雕细琢的理念。2016年3月5日,李克强总理在《政府工作报告》中说,鼓励企业开展个性化定制、柔性化生产,培育精益求精的“工匠精神”。“工匠精神”一词迅速流行,成为制造行业的热词,随后,各行各业都提倡“工匠精神”。

## 4

主题: 鲍勃·迪伦 | 体裁: 记叙文 | 词数: 267 | 难度: ★★★☆☆ | 建议用时: 7 分钟 | 正确率: \_\_\_\_\_/5

American singer and songwriter Bob Dylan won the Nobel Literature Prize on 13th, October, 2016. The Swedish Academy said it chose Dylan “for having created new poetic expressions within the great American song tradition”. 1 Author Salman Rushdie called Dylan a “great choice”. US President Barack Obama congratulated Dylan on Twitter. He described Dylan as one of his favourite poets.

Others were not sure that a famous and successful musician needed to win a literature prize for his work. 2 After all, the writer would gain new readers because of the award.

3 Writer Toni Morrison won it in 1993. Dylan, born in 1941, was raised in a Jewish middle-class family. 4 Dylan didn't get any instructions from others. He first started performing in the late 1950s in coffee shops in his home state. Dylan moved to New York City in 1959. He hoped to make it in the growing folk music scene in Greenwich Village. Folk musicians of that time mostly performed songs from America's past. 5 Some of Dylan's best-known works are from the 1960s. Many of his songs became connected to the anti-Vietnam war and civil rights movements, including his 1963 song *Blowin' in the Wind*.

Sara Danius, from the Swedish Academy, announced the prize winner. She said, “Bob Dylan writes poetry for the ear. But it is perfectly fine to read his works as poetry.”

- A. Some people were excited to see the news.
- B. However, Dylan began to write his own music.
- C. Dylan is the second American to win the prize.
- D. Dylan didn't care about what others thought of him.
- E. Other people hold the different opinion about the prize.
- F. They thought the Academy should have picked a writer.
- G. Dylan taught himself to play the guitar, harmonica and piano.

..... 答案参见 P123

网络流行语: 小目标

现在的这个词出自万达集团董事长王健林之口。他在《鲁豫有约大咖一日行》中谈到“很多年轻人想当首富”的话题时表示:“想做世界首富,这个奋斗的方向是对的,但是最好先定一个能达到的小目标,比如我先挣它1个亿。”于是网友纷纷吐槽:“这个目标确实有点小。”

## 5

主题: 减肥小目标 | 体裁: 议论文 | 词数: 295 | 难度: ★★☆☆☆ | 建议用时: 8 分钟 | 正确率: \_\_\_\_\_/5

According to statistics published by the University of Scranton, about 45 percent of Americans usually make New Year's resolutions—and the most popular resolution is losing weight. Of those who make resolutions, a mere 8 percent achieve them.

1 Are we just setting ourselves up for failure? Learn how to make realistic resolutions and how to overcome the roadblocks along the way.

Setting a resolution to lose pounds isn't a goal that's achievable now. It may be a good long-term goal. 2 Registered dietitian Elisa Zied says "... to be real when you make a resolution. It's okay to shoot for the stars like making a resolution, but why not set a smaller goal and train smart?"

The same concept applies to weight loss. 3 These goals should help develop healthy habits that will finally help achieve your long-term resolution. Notice that these goals are simple and achievable. "Instead of going from zero to 60, from never going to the gym to going four to five times a week, why not start with three days a week, get consistent and build from there," Zied says. Set yourself up for success and map out your course by making appointments with yourself to be active. 4

You also need to be aware of your current exercise and eating habits to make achievable goals. Keeping a diary of your food and exercise habits can help. Record everything you eat and drink for three to five days and review it.

5 For example, if you notice a tendency to snack on unhealthy fare, set a goal to eat a fruit or vegetable with each snack. Building on these smaller goals over time can help you achieve your long-term goal.

- A. So why do so many of us fail to achieve our goals?
- B. Once you notice your not-so-good habits, start fixing them.
- C. Set between one to three weekly goals that you want to achieve.
- D. Resolutions usually involve a commitment to sticking to your goals.
- E. However, in order to reach it, you need to take baby steps to get it down.
- F. If you treat your goals like set appointments, you're more likely to achieve them.
- G. Losing weight, as well as getting a better job, is among the most popular resolutions for adults.

..... 答案参见 P123

## 6

主题: 青少年使用手机 | 体裁: 议论文 | 词数: 259 | 难度: ★★★☆☆ | 建议用时: 6分钟 | 正确率: \_\_\_\_\_/5

Many kids and teenagers have mobile phones in their hands. However, is it really necessary for them to have phones at school? Here are the pros and cons.

**Pros**

They can get in touch when necessary. The main benefit of having a phone is that your child can get in touch with you whenever you need to. 1

They can call the emergency services if necessary. If your child is in immediate danger, they can use their phones to call not only you but the emergency services. This is of great benefit and could potentially save your child's life.

2 As long as your child remembers to do this, their phones won't cause distraction(分心) in class. Giving them a standard instead of a smart phone will also reduce the risk of distraction.

**Cons**

The latest smart phones can almost double as a computer. It means they offer far more of a distraction to kids than they used to.

3 All these characteristics could disturb your child's concentration if they play with them in class.

Mobile phones could interrupt lessons. Many children, even though they are asked to do so, forget to turn off their phones during lessons and their phones may make sounds. 4 Besides the distraction problem, mobile phones can also be used to look up answers on the Internet. 5 The possibility of children having access to these during exams could be too attractive for pupils not to take advantage of.

- A. Mobile phones can be turned off or on to silent.
- B. Children use ordinary phones instead of smart phones.
- C. This allows you to feel they are safe and easy to reach.
- D. Without mobile phones, campus life would be less colorful.
- E. They have some other functions—a calculator and the ability to save notes.
- F. This not only annoys other pupils but also prevent them from learning well.
- G. Nowadays, children can not only text and make calls with their mobiles, they can also play games, surf the Internet and listen to music.

..... 答案参见 P124

**网络流行语: 友谊的小船, 说翻就翻**

“友谊的小船, 说翻就翻”, 意思是朋友之间的友谊很脆弱, 随时都有打碎的可能。一个叫“喃东尼”的漫画师在其微博上贴出了一组名为《友谊的小船说翻就翻》的漫画, 网民纷纷配上新的文字, 掀起了一场“翻船体”造句大赛, 凡是“搞砸”的事情都可以搭配。

## 7

主题: 有效安排时间 | 体裁: 说明文 | 词数: 229 | 难度: ★★★☆☆ | 建议用时: 7 分钟 | 正确率: \_\_\_\_\_/5

Effective time management is the primary means to a less stressful life. High school, especially during your senior year, can be frustrating. This is the time of your life when you are preparing yourself for college and real world.   1  

Plan each day.

Planning your day can help you accomplish more and feel more in control of your life. Write a to-do list, putting the most important task at the top.   2  

Prioritize(按重要性排列) your weekly schedule as a student.

Prioritizing tasks will ensure that you spend your time and energy on those that are truly important to you.   3   Friends will want to hang out with you on weekends, but they will understand if you explain to them that you need to study or catch up on college-related work.

  4  

Keep a diary of everything you do for free days to determine how you are spending your time. Look for time that can be used more wisely. For example, if you take a bus to school, you can use the time to catch up on reading. Thus, you can free up some time to exercise or spend with your family or friends.

Get plenty of sleep, eat a healthy diet and exercise regularly.

  5   It will help improve efficiency so that you can complete your work in less time.

- A. Take a break before you need one.
- B. Evaluate how you're spending your time.
- C. You need to try every possible means to save time.
- D. Every daily activity should be considered seriously.
- E. A healthy lifestyle can improve your focus and concentration.
- F. How do you manage your time doing all your activities without being overly stressed?
- G. Any academic studies must come first, then extra curriculum activities, and then social life.

..... 答案参见 P124

## 8

主题: 用 iPad 代替课本 | 体裁: 议论文 | 词数: 265 | 难度: ★★★☆☆ | 建议用时: 7 分钟 | 正确率: \_\_\_\_\_/5

## iPads vs textbooks

What if you could have your whole backpack at the touch of your fingertips? In the first month of the Apple iPads release, 25 million were sold! People all over the world use iPads for all sorts of different things, but one of their finest qualities is the ability to be a textbook. 1

To begin with, iPads are less expensive. Textbooks become outdated and schools have to buy new books, but with an iPad schools can update them for free. 2 Schools don't have to spend \$500 every year for iPads because they last a while and can be updated.

3 Students usually have multiple classes, which results in multiple textbooks. Heavy backpacks filled with books can cause back problems. A solution to that is an iPad, which only weighs 1.33 pounds and can hold all of a student's textbooks.

Thirdly, schools should get rid of their textbooks and get iPads because they have more capabilities. Some might think all of the apps are distracting, but the apps actually make iPads more efficient. 4 Textbooks cannot do those tasks, but iPads can easily do them with just a tap of the fingertip.

Lastly, iPads are a better choice for schools instead of textbooks because these devices allow students to access their learning anywhere at any time. 5 With iPads, they find it easier to get their homework done.

In conclusion, schools should get rid of their clumsy textbooks and switch to iPads. iPads have allowed this generation to have their entire backpack in the palm of their hands.

- A. These tablets are perfect for busy students.
- B. Secondly, iPads cost less and are more popular.
- C. Therefore, they can use the saved money for other programs.
- D. iPads have already replaced textbooks in over 600 American counties.
- E. Moreover, in high school, textbooks have an average of 4.8 pounds each.
- F. Schools have every reason to get rid of their school books and switch to iPads.
- G. iPads absorb the need to buy calculators, dictionaries, and other items that are found within the device.

..... 答案参见 P124

**网络流行语: 蓝瘦, 香菇**

“蓝瘦, 香菇”是“难受, 想哭”的谐音。广西南宁一小哥失恋后录了一视频: “难受, 想哭, 本来今天高高兴兴, 你为什么要说这种话? 难受, 想哭……”由于带有浓厚的当地口音, “难受, 想哭”听上去成了“蓝瘦, 香菇”。这一谐音既有调侃味又有形象感, 立马受到年轻人的追捧。

## 9

主题: 考前焦虑

体裁: 说明文

词数: 241

难度: ★★★☆☆

建议用时: 6 分钟

正确率: \_\_\_\_\_/5

Today's the day of a big test at school, and you feel awful. 1. Maybe your muscles feel tense and you feel shaky or sweaty. You may have a case of the jitters, also known as test anxiety.

2. Performance anxiety is when a person feels worried about how they will perform, especially when it's really important. For instance, you might feel performance anxiety when you're trying out for the school band or for the basketball team.

When you're taking a test, you might feel "butterflies", a stomachache, or a tension headache. Some people might feel shaky, sweaty, or feel their hearts beating quickly as they wait for the test to be given out. 3.

Sound familiar? 4. Ask other people and you'll find that just about all people—adults and other kids—feel some anxiety before a test. In fact, a small dose of anxiety can be helpful, keeping you sharp and focused. But when your symptoms(症状) take over so that you can't function or when you're so anxious that you feel sick, you might not be able to do it.

Of course, if you didn't study for the test, you might be worried—and for good reason. That kind of anxiety isn't as easy to tackle because even if you find a way to calm down, you still might not know what the right answers are. 5, you'll be able to let your knowledge shine and score a good grade.

- A. You're not alone
- B. Surely you have test anxiety
- C. If you are not well prepared for the exam
- D. Your stomach hurts and you have a headache
- E. Test anxiety is actually a type of performance anxiety
- F. When you are prepared for a test and you get a handle on your anxiety
- G. A student with really strong test anxiety may even feel like he or she might pass out or throw up

..... 答案参见 P124

## 网络流行语: 套路

2016 年流行语中的“套路”旧瓶装新酒,其“套”不是“成套”“成系统”的意思,而是指“圈套”“老套”。“套路”泛指经过精心编制的、用来迷惑人的说法或做法,甚至诡计、陷阱等;有时也指人们早已习惯的约定俗成的处理各种事情的手段、方式、方法等。

## 10

主题: 送礼物的意义 | 体裁: 说明文 | 词数: 248 | 难度: ★★★★★☆ | 建议用时: 7 分钟 | 正确率: \_\_\_\_\_/5

Holiday gift buying can feel a little empty, when all of those endless lists, long lines at the mall and dollars spent lead to a 5-minute excitement of flying wrapping paper. 1 The following tips can help make gift giving more meaningful for both the giver and the receiver.

### Know the person

The most important thing in the exchanging of gifts is it shows that you really know the person well, and you really care about them. 2

### Donate in their name

3 Research suggests that happier people give more to others, and that giving more makes people happier. Moreover, charity-related happiness is highest when people give in a way that promotes social connection. So, try giving to the less fortunate in someone's name this holiday season.

### Give handmade goods or hand-me-downs

4 A study suggests that people feel that homemade items show more love, and love is what they want to express to the gift receiver.

Family heirlooms (传家宝) may be another good gift option. A 2009 study found that when families hand down even a very depersonalized thing—money—through the generations, the symbolic value of the cash is greater than the numerical value alone.

### Provide chances for participation

If there's a golden rule of gifts, though, it's this: 5 People who receive experiential gifts, such as concert tickets or a zoo membership, feel more connected to the gift giver than people who received material gifts.

- A. But it doesn't have to be that way.
- B. Give experiences rather than items.
- C. New and store-bought is not always best.
- D. That is always beyond their expectation.
- E. That means catering to another's pleasure.
- F. Giving gifts to friends or to charity is linked to happiness.
- G. Start listing every person you plan to give a holiday gift to.

..... 答案参见 P124



# TEST 2



## 1

主题: 帮助女孩树立自信 | 体裁: 说明文 | 词数: 254 | 难度: ★★★☆☆ | 建议用时: 6 分钟 | 正确率: \_\_\_\_\_/5

Building self-confidence will help girls do better in school and will also prepare them for success as an adult.

1 Here are some tips for you to help them.

**Confirm the great things about her.**

2 You can make a list together and write down the great things she possesses. The list can include personality and character traits besides physical appearance.

3

A new outfit and haircut can do wonders. For girls, a makeover can lift the spirits and boost confidence. Although looks aren't the most important thing in life, it does help to look her best and feel good.

**Enroll her in a class or a sport.**

There, your girl can learn to be good at something and find something that interests her. 4 She also can make new friends and develop new interests, which will further strengthen her self-confidence. Volleyball is a popular sport for many girls.

**Encourage her to write in a diary.**

The diary's only purpose should be for collecting positive thoughts about herself, including good qualities and accomplishments. When she's feeling down, she can re-read it and this will help her stay on the right track. 5

- A. Help her get a new look.
- B. Buy new clothes for her.
- C. However, it can be a challenging task.
- D. You must also point out her mistakes.
- E. This can inspire her to reach new goals.
- F. You can start by pointing out all the things she's good at.
- G. When she's feeling happy, she can be encouraged to do better.

..... 答案参见 P125

## 2

主题: 父母与孩子

体裁: 议论文

词数: 258

难度: ★★★☆☆

建议用时: 7 分钟

正确率: \_\_\_\_\_/5

## Parents and the Young

It is natural that young people are often uncomfortable when they are with their parents.

1 They often think that their parents are out of touch with modern ways, that they are too serious and too strict with their children, and that they seldom give their children a free hand.

It is time that parents often find it difficult to win their children's trust and they always forget how they themselves felt when young.

2 It is one of their ways to show that they have grown up and they can face any difficult situation. Adults worry more easily. Most of them plan things ahead.

Young people make their parents angry with their choices in clothes, in entertainment and in music. But they do not mean to cause any trouble; It just shows that they feel cut off from the adult's world, and they have not yet been accepted into their world. 3 And if their parents do not like their music or entertainment or clothes or their way of speech, this will make the young people very happy.

Sometimes you are so proud of yourself that you do not want your parents to say "yes" to what you do. 4 It is natural enough, after being a child for so many years, when you were completely under your parents' control.

5 If your parents see that you have a high sense of responsibility, they will give you the right to do what you want to do.

- A. Parents should understand young people.
- B. Young people like to live with their parents.
- C. Young people like to act without much thinking.
- D. They say that their parents don't understand them.
- E. All you want is to be left alone and do what you like.
- F. If you plan to control your life, you'd better win your parents.
- G. That's why young people want to make a new culture of their own.

..... 答案参见 P125

**小鲜肉 (He is such a young handsome!)**

“小鲜肉”指年轻、帅气的男性。一般是指年龄在 12 ~ 30 岁之间的性格纯良, 感情经历单纯, 没有太多的情感经验, 并且长相俊俏的男人。

## 3

主题: 消除慢性疲劳

体裁: 说明文

词数: 234

难度: ★★★☆☆

建议用时: 6分钟

正确率: \_\_\_\_\_/5

Suffering from chronic fatigue(慢性疲劳)? Read on to know how to deal with it. Let your brain waves relax before sleep. If you want to feel organized in the morning, you need to change your evening and bedtime routines.

1 Besides, stay away from your phone, laptop, TV and any device that gives off the blue light.

Never skip your meals. No matter how busy or depressed you are, never skip your meals. Have wholesome breakfast, a light lunch, healthy snacks and a delicious dinner every single day. 2

Take a nap. If you are suffering from chronic fatigue and you have trouble surviving the afternoons, taking a short nap(15-20 minutes) is a healthy way. 3 Or let your boss know that you need a short nap every afternoon due to health issue.

Give tea a try. 4 However, since it has poor energy-boosting properties(特性), it is time to try something new. Earl Grey tea or black tea is a better option when it comes to energy-boosting drinks.

5 Taking a cold shower in the morning is an excellent way to wake yourself up and give yourself plenty of energy. However, if you have a weak immune system, this method is not for you. Drinking a glass of cold water as soon as you wake up is a safer way to pump your energy levels.

- A. Increase your body's oxygen.
- B. Choose ice water instead of a cold shower.
- C. Ask your co-workers not to disturb you for 15 minutes.
- D. Coffee has always been a favourite morning drink for many people.
- E. If your body doesn't get enough nutrients, chronic fatigue is unavoidable.
- F. Do not overload your brain with unnecessary stuff and avoid negative talks.
- G. Taking a deep breath and muscle-tensing exercise helps you enter a state of relaxation.

..... 答案参见 P125

## 吓死宝宝了(scared to death)

“吓死宝宝了”是网络流行语,指吓死我了,吓死人,把自己变成了宝宝,吓死自己的意思,就是指自己受到了惊吓。