



“十三五”高等院校通识教育立体化规划教材

新时代 New Era 实用英语 Practical English

主审 韩茂源

基础篇

主编 钱允凤 雷静 康涛

拓展练习
Extended Book



北京大学出版社



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PREFACE

前 言

《新时代实用英语》是顺应我国新时代高等职业院校发展，以高职高专公共英语教学改革最新目标要求为依托，结合当前高职学生的实际英语水平，充分体现实用性、趣味性、时代性的要求，由陕西省内一线英语教师历时3年精心打造的一套高职高专英语立体化教材。该套教材的编写紧跟时代要求，无论编写思路还是选材上都与“一带一路”发展战略思想相吻合。《新时代实用英语》教材分基础篇和素质篇两册，每册8个单元，均配有教师用书和拓展练习。

一、教材特色

《新时代实用英语》是一套信息化教学环境下体现任务型教学、突出学生合作学习及自主学习能力的立体化教材，在培养学生的语言综合技能的同时，着重关注学生职业发展中英语实践应用能力的需求，主要有以下几个特点：

1. 与时俱进的教学理念

本教材以“工学结合、能力为本”与“实用、够用”相结合的教学理念为指导，将英语教学与高职院校学生的未来职业发展紧密结合，确保教学内容和教学过程体现科学性和实用性。

2. 科学创新的体例设计

本教材的体例设计适合目前高职院校学生的英语认知实际以及未来职业发展要求，突出体现信息化环境下“团队合作、任务驱动”的任务型教学模式在高职英语教学中的应用，强调合作学习、自主学习，符合外语教育教学规律与高职院校学生的认知需求及语言综合能力培养的要求。

3. 地道实用的语言素材

在素材选择方面，本教材严格遵循高职院校学生英语认知水平与“原汁原味”的规范语言相结合，选材上保证了语言的地道性，又体现了教学内容的科学针对性、实用性与趣味性。

4. 学以致用的发展理念

本教材每个单元的主题安排与课文材料选用都充分考虑到对高职学生的人格塑造、人文关怀、自主学习指导与职业发展引领，体现了学以致用、学为后用的科学发展理念，做到了高职院校外语语言教学与学生“三观”教育、职业教育高度结合。

二、《新时代实用英语基础篇》编写与使用说明

《新时代实用英语基础篇·综合教程》共8个单元，各单元主要内容与教学使用建议如下：

第一部分“Let's Listen”，围绕单元主题进行5个由浅入深、从易到难的听力训练，以听为主，听说融合，把学生普遍感觉困难的英语听、说学习变得轻松。学生课前可通过扫描二维码获取听力音频，提前进行课前准备，课中在教师指导下掌握一定的听力技巧，课后通过反复听音频以模仿语音语调，提高自身的语音水平和听力水平。

第二部分“Let's Discuss”，围绕单元主题展开看图说话与问题讨论。形象生动的图片画面极易引起学生的好奇心与学习兴趣，促使学生快速进入学习状态，为学习本单元课文内容做好铺垫。建议教学时组织学生以角色扮演、小组讨论等团队合作形式完成教学任务。

第三部分“Let's Read”，主题包括初入大学、学习习惯、校园生活、人生选择、父母挚爱、欢乐节日以及旅游休闲等，既有大学学习指引、人生“鸡汤”暖心，又有传统文化渗透和时尚休闲引领。每个单元的 Passage A 与 Passage B 两篇文章均为400词左右，课文后均设计突出课文难点、重点的练习，以阅读理解为宗旨，进行读、写、译的综合训练。Passage A 为精讲课文，其后练习亦建议教学时课堂处理。Passage B 可由学生课外自主阅读学习，教师根据教学实际斟酌安排。课文的音频可通过扫描二维码获取。

第四部分“Grammar”，从常用基础语法入手，进行实际操练，为培养学生的听、说、读、写、译等实践技能打下基础。教学时应要求学生多进行相关语法的查阅与拓展训练。

第五部分“Let's Write”，内容包含 signs, business cards, notes, envelopes, personal letters, e-mails & faxes, notices & posters, memos 等。本部分介绍了多种形式的日常应用文及商业信函的写作方法与技巧，使学生掌握日常应用文、商业信函的翻译与写作技能，在今后的工作和生活中能熟练运用。学生可以通过扫描二维码获取相关写作微课视频，作为课前预习或课后巩固辅助。建议教学时要求学生多留意并搜集身边的英文广告、指示牌、产品简介等相关资料。

“Video Clip”部分，学生通过扫描教材上提供的二维码，即可获得与单元主题相关的视频片段，可进行语言听说训练与赏心悦目的影片欣赏。

《新时代实用英语基础篇·教师用书》主要包括教学目标、背景知识、听力原文、课文难句解析、课文参考译文和练习答案等，为教师备课、教学尽可能提供帮助，以减轻教师的备课

负担。

《新时代实用英语基础篇·拓展练习》是学生用书的补充材料，教学时教师可根据学情实际安排使用，以期达到进一步巩固、提高学生语言基本技能的目的，强化学生的语言运用能力。

为了更好地服务于教学，本套教材还给老师提供了课堂用的教学课件，方便教师上课使用。此外，本套教材还给广大师生提供了试题库，以便满足不同程度的学习需求和测试需要。

三、编写队伍与分工

本教材所有编写人员均为教学经验丰富的一线教师，他们长期致力于高等职业院校外语教育教学改革研究，掌握新时代高职外语教育教学目标要求与发展趋势，充分了解目前高职学生英语实情，且多次参与过英语教材的编写。

本教材编写分工情况如下：

教育部职业院校外语类教学指导委员会公共英语分委员会委员、陕西职业技术学院钱允凤教授担任教材总主编，负责教材整体规划、体例设计、审稿统稿工作；教育部职业院校外语类教学指导委员会委员、陕西铁路工程职业技术学院韩茂源教授担任教材主审。陕西财经职业技术学院康涛负责编写了第1单元，李娟负责编写了第2单元，王琛负责编写了第3单元；杨凌职业技术学院雷静负责编写了第4、7单元及本书的写作部分，黄娜负责编写了第5单元，李凯负责编写了第6单元；陕西铁路工程职业技术学院王薇负责编写了第8单元；陕西能源职业技术学院李妍负责编写了本书的语法部分。微课部分由陕西职业技术学院的周小娟、王津津、吴婷、张云云、黄艳和杨莉负责完成。试题库由陕西职业技术学院的钱允凤、黄艳、王媛媛、屈毅博和王尔东负责完成。

四、致谢

本教材在编写过程中参考借鉴了国内外多种同类资料和书籍，汲取了众多外语教学科研工作者的有益成果，在此谨表示诚挚感谢！

本教材是新时代新形势下众多高等职业院校集体智慧的结晶，在编写过程中得到了陕西职业技术学院、杨凌职业技术学院、陕西财经职业技术学院、宝鸡职业技术学院、陕西能源职业技术学院、陕西铁路工程职业技术学院、陕西国防工业职业技术学院、陕西交通职业技术学院、西安航空职业技术学院、汉中职业技术学院等院校领导的大力支持与指导。这些院校的广大骨干教师积极参与，建言献策，在此表示衷心感谢！

在编写过程中，本教材得到了西北大学出版社领导的高度关心和支持，社领导多次亲临编写会议提要求、振士气；编辑同志精心设计，认真审校，尤其是教材编辑后期，他们不顾酷暑炎热，加班加点，反复与编写人员沟通核实，付出了大量艰辛劳动。在此，对他们表示

衷心感谢!

在材料选取过程中,我们参考了其他一些作者的文章、插图、数据等资料,在此一并表示感谢!由于无法联系到作者,请看到本书的作者与出版社或主编及时联系。

由于编者水平有限,不足之处在所难免。恳请专家、同行和使用本教材的广大师生提出宝贵意见,以便今后做好修订工作,使其日臻完善。

《新时代实用英语》编写组

2018年7月

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Unit 1

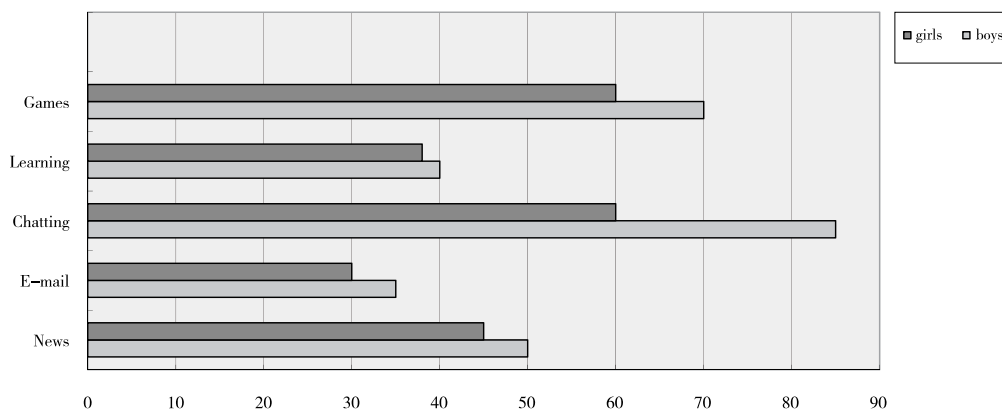
A New Start

Speaking Tasks

Task 1 Recite the following short passage within 20 minutes.

With the expectation of the university, I came to Xi'an International Studies University. I love this university at the first sight, and I think the university life is colorful, exciting, enjoyable, interesting, meaningful and so on. Most important of all, I find college English class is more exciting for me. College English class is more interesting and full of activities, such as role-playing, English competitions about telling stories, jokes or tongue twistings. Students are active to take part in all of these class activities to show their abilities and develop their hobbies. We come to class not only for knowledge but also for fun. How happy I am!

Task 2 Talk about the purposes of surfing the Internet according to the bar chart with your partners, describe and compare what you have seen.



Useful Expressions for Reference:

bar chart 柱图

convenient 方便的

benefit 好处, 益处

surfing the internet 上网

component 构成, 成分

According to the chart...

The table/chart shows that...

The figure/statistics shows that ...

It is apparent from the chart/figure/graph/ diagram that ...

Listening Tasks



Task 1 Listen to the following questions and choose the best answer to each question you hear.

- | | |
|--------------------------|--|
| 1. A. Quite a lot. | B. My pleasure. |
| C. Thank you very much. | D. Yes, but he's not in. |
| 2. A. Wait a minute. | B. Yes, I do. |
| C. See you later. | D. Fine, thanks. |
| 3. A. Take it easy. | B. Mind your step. |
| C. Very much. | D. So am I. |
| 4. A. At 16: 30. | B. No, thanks. |
| C. Here we are. | D. Can I help you? |
| 5. A. This way, please. | B. Sure, here it is. |
| C. It's far away. | D. Take care. |
| 6. A. I can't agree. | B. No, I like coffee. |
| C. Yes, I need go now. | D. I'd love to, but I have to catch the bus. |
| 7. A. He likes swimming. | B. He is a professor. |
| C. He is watching TV. | D. No, he can't. |

Task 2 Listen to the following dialogues and choose the best answer to the question you hear after each dialogue.

- | | |
|-----------------------------------|---------------------------------|
| 1. A. To find a new apartment. | B. To give up his plan. |
| C. To get a new job. | D. To put forward a suggestion. |
| 2. A. A professor. | B. An engineer. |
| C. A student leader. | D. A social worker. |
| 3. A. He took the wrong medicine. | B. He has a headache. |
| C. He has broken his arm. | D. He got a heart attack. |
| 4. A. German. | B. Japanese. |
| C. Spanish. | D. French. |
| 5. A. He is out of work. | B. He has been ill for days. |
| C. He is short of money. | D. He lost his credit card. |

6. A. He hasn't finished his report yet.
 B. He finished his report with a computer.
 C. He doesn't get used to a computer.
 D. He hasn't got a computer.
7. A. Referee and player. B. Policeman and driver.
 C. Old classmates. D. Shop assistant and customer.

Task 3 Listen to the following conversations and choose the best answer to each question you hear.

Conversation 1

1. A. Breakfast. B. Dinner.
 C. A 5-dollar gift card. D. Bus service to the airport.
2. A. His member card. B. His driving license.
 C. His credit card. D. His passport.

Conversation 2

3. A. The telephone is out of order. B. The line is busy.
 C. He is at meeting. D. He won't be back until next Monday.
4. A. It has been cancelled. B. It will arrive on time.
 C. It has been delayed. D. It will arrive ahead of schedule.
5. A. To make an appointment with her.
 B. To talk with her about a new order.
 C. To send her an email about the shipment.
 D. To call her back when receiving the shipment.

Task 4 Listen to the following passage and fill in the blanks with the missing words or phrases according to what you hear.

As is known to all, 1 life is an indispensable part of college life. A harmonious dormitory life is important to college students and 2 all the members. On one hand, we can have a good rest and put our heart into study. On the other hand, we will have a good mood and enjoy being together. There are several ways to create and 3 a harmonious dormitory life. Firstly, you have to evaluate your life-style and try to 4 your dirty habits, if there are any. Secondly, when an annoying situation arises, you'll just have to learn to 5 and co-exist.

Language Laboratory

Task 1 Choose the best answer for each sentence.

1. The most important question about the computer is _____ it has done and will do for man.
A. which B. what C. that D. when
2. You can ask these experts _____ advice in job hunting.
A. on B. over C. from D. for
3. Look, the falling leaves warned a _____ autumn.
A. coming B. came C. come D. being come
4. I do not think anything can _____ a mother's love.
A. put aside B. take the place of
C. take up D. take part in
5. It is ten years _____ Miss Green returned to Canada.
A. that B. when C. since D. as
6. It is high time that we _____ our meeting, or we will not be able to finish it by 12 o'clock.
A. started B. start C. will start D. can start
7. _____ caused the accident is still a complete mystery.
A. What B. That C. How D. Where
8. We all agree with the idea that this book is very _____ for children.
A. probable B. reasonable C. capable D. suitable
9. _____ the day went on, the weather got worse.
A. As B. When C. While D. Since
10. I will _____ in London by the time you see the letter.
A. arrive B. had arrived C. arrived D. have arrived

Task 2 Fill in the blanks with the proper forms of the given words.

1. He looked very proud on his _____ (graduate) ceremony.
2. Last week when I was ill, she _____ (offer) to help me to look after my baby.
3. There has not been any very _____ (effect) medicine against AIDS till now.
4. If a person wants to get respect from others, he/she must _____ (respect) others first.
5. The police _____ (observe) his movements.
6. These old city walls of Xi'an still _____ (stand) here after thousands of years.
7. She is the _____ (manage) director of this company.
8. To Edward's _____ (disappoint), Gina never turned up at the party.

9. Proper wall colors can make people _____ (comfort) in eyes.
10. If you had asked him again, he might _____ (change) his mind.

Task 3 Reading Comprehension.

Passage A

Research shows that the average high school student will study four hours per week for any major test. The outcome of these four hours of study varies from an A to an F, which means that in high school grades are strongly determined by intelligence since everyone studies the same amount of time.

But college is different. Most of the students are highly intelligent and each has plenty of time for self-study. To score high on any test, a college student has to work hard and, probable more importantly, know how to use his or her time most efficiently. The problem is that your study habits formed in high school may make you unable to study well in college because you have never experienced what it takes to perform at the college level. That is why the freshman year is the harder year for all college students.

Based on my extensive observation of student performances on college tests, I recommend the following study time per test: 6 hours per week for an A, 4 hours for a B, 3.5 hours for a C, 2.5 hours for a D and 0 hours for an F. An hour of study is defined as studying for 45 minutes and a break of 15 minutes. Ten hours of continuous study without a break is defined as one hour of study. The brain does not process and store information the way students prefer studying. Occasionally, some succeed by studying at the last minute, but they are exceptions to the rule.

Research also suggests that the slowest 10 percent of the students may need 5 to 6 times as much time to learn the same material as the fastest 10 percent. Each person is very likely to have strengths and weaknesses. Overcoming your weakness increases your strength.

Choose the best answer to each question.

1. According to the writer, the reason why high school students get different test results is that _____.
 - A. some students work harder than the rest of them
 - B. some students have good study habits while others don't
 - C. their intelligence varies from person to person
 - D. their teachers teach them in different ways
2. The freshman year is considered the hardest for all college students because _____.
 - A. they have to take a lot of course at the same time
 - B. they are too anxious to score high on all tests
 - C. they don't know yet how to study at the college level
 - D. they feel worried among so many intelligent people

3. In order to study efficiently, the writer suggests that one should _____.
- A. study 6 hours and then take a good rest
 B. set aside 1/4 of the studying time for break
 C. take a one-hour rest after 10 hours of study
 D. spend 10% of his time on the most difficult subjects
4. What takes the fastest students to learn in one hour may take the slowest students _____.
- A. 2 hours B. 3 hours C. 4 hours D. 5 hours
5. From the way this passage is written, it can be concluded that the writer is most probably _____.
- A. a high school student B. a college student
 C. a high school D. a college teacher

Passage B

Most American colleges permit foreign students to live in college housing or housing not owned by the university, such as an apartment. College housing is usually in a dormitory, or dorm for short.

Many foreign students say the dorms are less costly than apartments. They say dorms offer quiet study areas and areas for social activities or sports. They say dorms are close to places they go every day, like the library, computer center and classrooms. They also say that living in the room provides the best chance to get to know other students.

Dormitories may have as few as twelve students or as many as one thousand. Some dorms are organized into areas called suites. Suites have several bedrooms, a large living area and a bathroom. Six or more people may live in one suite. Other dorms have many rooms along a hallway. Two students usually live in each room. On each floor there is a large bathroom for all the students who live on that floor. Sometimes there is also a kitchen for preparing food.

In most universities, males and females live in the same dorm. They may even live on the same floor. But they usually may not live in the same room or suite. Most universities have some dorms for men and women.

Choose the best answer to each question.

6. Where do some foreign students in American colleges prefer to live?
- A. In a hotel. B. In an apartment.
 C. In dorms. D. In a friend's home.
7. What may be the reason for a foreign student to choose to live in a dorm?
- A. It is cheaper. B. It has a big living room.
 C. It is cleaner. D. It is owned by the university.
8. How many students can a dorm hold at most according to the passage?

- A. Two. B. Six. C. Twelve. D. About one thousand.
9. One of the advantages of living in a dorm is that _____.
- A. it is easier for the students to get in touch with other students
 B. the students can go to school library every day
 C. the students can use personal computers freely
 D. more than two students may live in one room
10. Which of the following statements is TRUE according to the passage?
- A. All the students in a dorm share one large bathroom.
 B. Students are not allowed to cook in the dorm.
 C. Female students and male students cannot live in the same dorm.
 D. Living in the dorm is helpful to develop your relations with others.

Passage C

We can offer you a place at one of the best universities in Britain. We'll provide you with a choice of 150 first class courses developed especially to enable you to study in your own time, backed by the Open University's own special study method—OU supported open learning.

We'll give you the support of a personal teacher, and the chance to meet your fellow students. You can take one-off courses, diplomas (毕业证), a degree or a postgraduate degree (研究生学位). Subjects available include: computing, business management, technology, modern languages, social sciences, English law, arts, science, mathematics, education and health & social welfare.

Whether you want to study to improve your jobs or for your own personal interest, there's almost certainly a course for you. If you haven't studied for a while, we'll help you get started. No previous training or degrees are required, you just need a lively power of learning and a willingness to learn. You can pay by monthly payments.

Open University course materials are of the highest quality and come in a variety of forms, including video and audio tapes as well as texts. The OU leads the world in its use of new technology for learning. A number of courses provide source material on CD Rom. What else can the Open University offer you? The best way to find out is to phone us today.

Complete the information by filling in the blanks (no more than 3 words).

You can choose from 11 courses in the Open University. A 12 will support you with your study and you also have the chance to meet 13 . Open University course materials include 14 and 15 as well as texts.

Passage D

College is a new and different experience for you. If you make good use of your golden time in college, you will learn a lot of things not only in the textbooks, but also outside the textbooks; not only in theory, but also in practice.

When you become a college student, it means you begin to lead another new life, and learn to support yourself. You need to be used to the new surroundings. You must try everything by yourself. You must learn to stand on your feet with no walking stick.

In fact, college is just like a small society. So it is necessary for us to communicate with others. Social communication is not easier to learn than other skills. If you can keep smiling, others will also be more ready to help you. Speaking also plays an important role in communication. Handle them carefully, for words have more power than any other tool.

As a small society, college is of course full of competition. As a college student, you will try to exercise before entering the big society. The purpose is to test both their knowledge and ability. When you see them working hard to get good academic scores and taking part in all sorts of activities to sharpen their ability, how can you stand in the same place? Some students even find some part-time jobs to practice themselves and get more social experiences.

College is a mountain of treasures. If you pay attention to your college life, you will pick up a lot of precious stones named knowledge, good sense, cooperative spirit and determination.

Complete the answers that followed the questions (no more than 3 words).

16. If a college student makes good use of his golden time in college, what will he learn?

He will learn a lot of things not only _____ but also _____;
not only _____ but also _____.

17. What is a college like?

A college is just like _____.

18. How to communicate with others in college?

_____ and speaking both play an important role in communication.

19. Why will you try to exercise before entering the big society?

The reason why you try to exercise is to _____.

20. What can a college student get if he pays attention to his college life?

He can get _____.

Task 4 Choose the best answer for each blank.

Living at college, first of all, gives me a sense of responsibility, of being of my own. My parents

aren't around to say "No, you're not going out tonight" or "Did you finish your 1?" Everything I do has to be my decision, and that gives me the responsibility of handling my own life. During the second week I was at college, I had to go out and look for a 2 where I could open an account. Before that I 3 in the phone book since I had no clue about any banks around here or where they were located. Someone told me about a good bank: Continental Federal Savings. I went to the bank and made decisions for myself whether to have a checking or savings account and 4 or not to get a MASTER card. That was one example of having responsibility now that I'm on my own and of making my own decisions.

Friendly people: that's another 5 I like about college. 6 my first day (and even now) people were nice to me. I came to Marymount University here in Virginia from New York and even though I'd been here before I was a bit confused about 7 I was going. My mother and I drove in, not 8 the building we were supposed to go to, and the guard was especially nice: with a smile, he told us what building we were looking for and where we could 9 our car. My room was on the first floor of New Gerard, and I know I had to go through some glass doors but my mother and I didn't know which ones. Some upper classmen saw me and 10, "Are you a new student?" When they found out I was looking for New Gerard, one said, "Oh, just follow us; that's where we're going." Even now I feel comfortable in the dorm because there are friendly people around to talk with.

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|-----------------|--------------|--------------|-------------|
| 1. A. homework | B. housework | C. chore | D. game |
| 2. A. home | B. school | C. bank | D. hotel |
| 3. A. explored | B. exploded | C. explained | D. explicit |
| 4. A. if | B. when | C. whether | D. where |
| 5. A. direction | B. position | C. way | D. aspect |
| 6. A. At | B. In | C. For | D. On |
| 7. A. that | B. where | C. why | D. when |
| 8. A. knows | B. knew | C. known | D. knowing |
| 9. A. drive | B. repair | C. park | D. buy |
| 10. A. said | B. asked | C. shouted | D. ordered |

Writing Practice

Task 1 Complete the following blanks by putting the Chinese in brackets into English.

Dear Anna,

We are planning to make a party to 1 (庆祝我妹妹被北京大学录取) and of course 2 (我们想邀请你和汤姆一起来). It's 3 (下周日, 6