

BOUXCUENGH YIHYOZ SIJ 壯族医学史

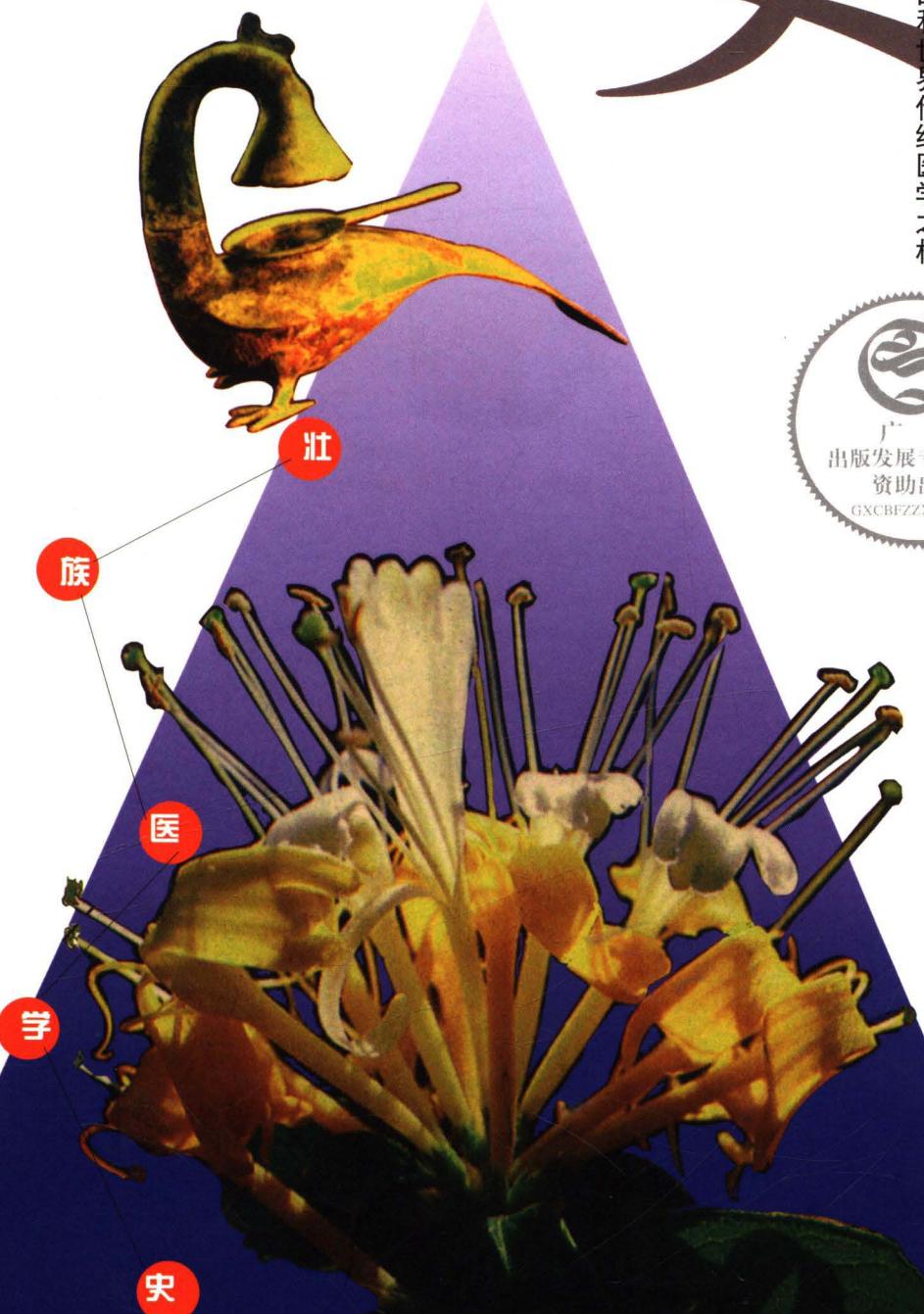
黄汉儒(壮族)

黄景贤(壮族)

殷昭红

编著

古老的壮医药，必将以崭新的面貌，
自立于我国和世界传统医学之林。



BOUXCUENGH YIHYOZ SIJ

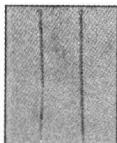
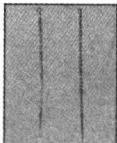
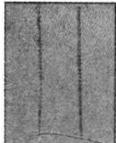
壯族医学史

黄汉儒(壮族) 黄景贤(壮族) 殷昭红 编著

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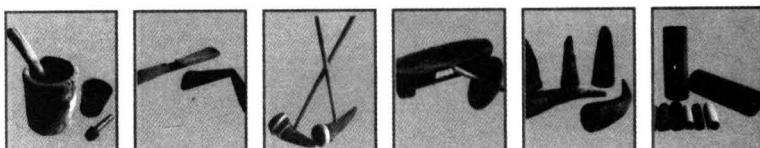
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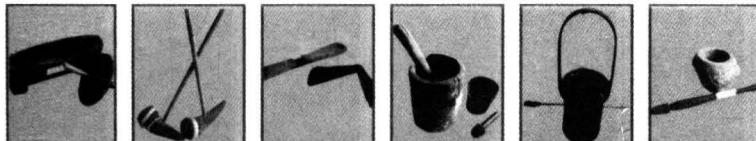
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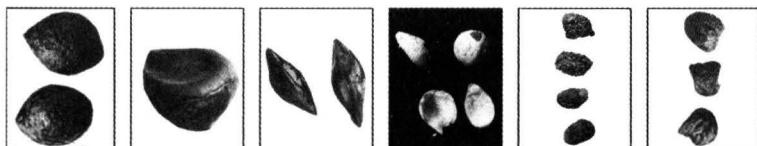
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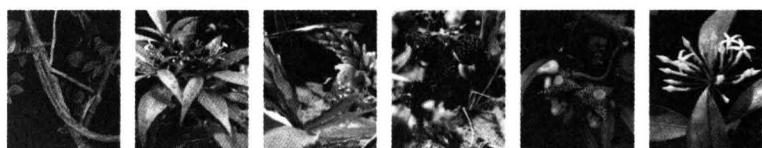
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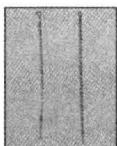
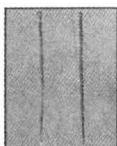
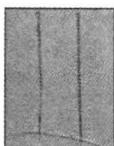
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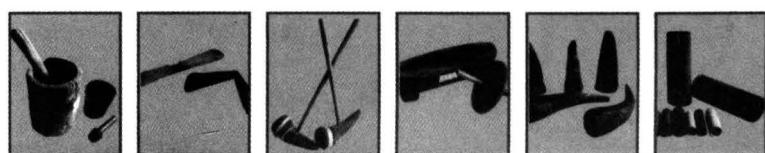
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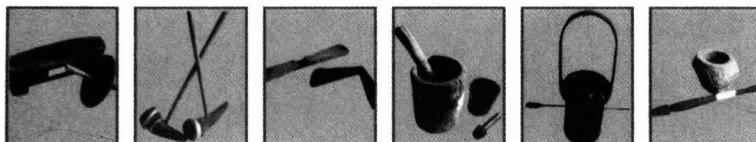
VAH YOUQGONQ

• Cai Gingjfungh •

Ceiqgaenh, Gvangjsih Minzczu Yihyoz Yenzgiusoj Vangz Hanyuz soj-cangj soengq bonj sawgauj ndeu hawj gou, coh saw dwg: 《Bouxchuengh Yihyoz Sij》, cingj gou vih bonj saw neix sij vah youqgonq. Gou dap'wngq sangjswt. Gou naeuz: “Neix dwg gienh daihsaeh ndei ndeu, cix dwg gjij cwzyin swhgeij, gou wnggai vih de gangj geij gawq vah.” Gij vuenhei caeuq sim'angq gou cix mbouj dwg mbouj miz dahuileix law. Doeg gvaq cienzbouh sawgauj, gou cungj simcingz neix engqgya angq raixcaix. Gou gig saenq, gou cungj simcingz neix cix mbouj dwg luenh angq, cix dwg leixyouz cibcuk.

Dandan youq gaxgonq ndwen ndeu, gou vih gyoengq conhgyah Boux-cauzsenj Yenzbenh biensij bonj saw 《Bouxcauzsenj Yihyoz Sij》 neix sij gvaq bien vah youqgonq ndeu, dangseiz couh vih gienh saeh neix

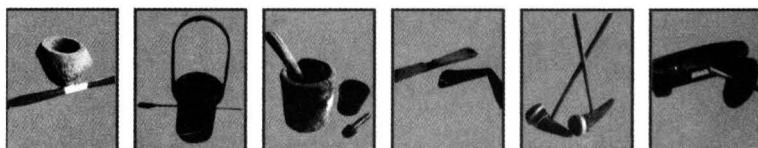
Cai Gingjfungh: Cunghgoz Minzczu Yihyoz Yozvei fuveicangj, Cunghvaz Yihyozei Yihsiyoz Fwnhvei Minzczu Yihsiyoz Conhyezcuj cujeangj.



sim'angq mbouj dingz. Seizneix, youq ndaw seizgan dinjet haenx, youh coux daej 《Bouxcuengh Yihyoz Sij》 okseiq, gou dawz yenzgiu minzeuz yihyoz sij dangguh gij saehnieb baenzseiq vunz swhgeij haenx, baenzlawz mbouj sim'angq dwk hoj ninz ne?

Youq ndaw geiqsingq gou, 《Bouxcuengh Yihyoz Sij》 youq ndaw daihyadingz minzeuz yihyoz sij guek raeuz, cix mbouj dwg singjsien. Youq gaxgonq mwhneix, gaenq miz Gizzgwzmudwz 《Yw Mungz Genj Sij》 (Neimungzguy Gohyoz Gisuz Cuzbanjse, 1985 nienz sawmungz oksaw), miz sam cungj Bouxcang yihyoz sij oksaw, couh dwg Gunghciuhinzingh 《Cangcuz Yihyoz Fazcanj Sij》 (Ganhsuz Minzeuz Cuzbanjse, 1992 mienz)、Gwzsangheinzlaiz 《Cangcuz Yihyoz Sij》 (Cungguek Cangyoz Cuzbanjse, 1997 nienz), song bouh saw neix cungj dwg aeu cangvwnz sij baenz, riuczienz gvaengxlaengx danghyienz iq di. Vanzlij miz Vangz Leiz 《Siheang Yihyoz Sij》(Yizlinz Cuzbanjse, Deihbingzsen Cuzbanjse, 1991 nienz), bonj saw neix sien yungh sawgun oksaw, 1994 nienz youh youz Sanghaj Vaiyij Gyauyuz Cuzbanjse caeuq Sihsoz Gozci Vwnzva Gunghsw h yungh yinghvwnz hoiz daej oksaw. Linghvah, lij miz Vangz Hungzein 《Anhdoh Cang Mungz Yihyoz Sij Yenzgiu》(Ganhsuz Minzeuz Cuzbanjse, 1994 nienz), vanzlij miz Yih Gvanghsui guhdaeuz bien bonj 《Neimungzguy Yihyoz Sijloz》(Cunghiyih Gujciz Cuzbanjse, 1993 nienz), Lij Gwnghdungh caeuq Ho Dingzcauh gap sij bonj 《Bouxyiz Yihyoz Sij》(Sweonh Minzeuz Cuzbanjse, 1990 nienz) daengj. Daj neix raen daengz, dangguh minzeuz yihyoz sij guek raeuz, youq ndaw aen daih gyadingz neix, 《Bouxcuengh Yihyoz Sij》 cix mbouj dwg ceiq caeux. Hoeng, doeg gvaq cienzbouh saw gauj le, gou raen miz de guh boux cwngzyenz moq minzeuz yihyoz sij cucoz, dauqfanj hawj monz yozgoh moq neix demgya le gjij neiyungz singjsien raixcaix, daegbied dwg vih gjij lijlun gensez monz yozgoh neix daezzung gij saenqsik caeuq swhliu cibfaen dijbauj haenx, hawj de dem cien gya vax, gung'yen gig daih.

Gou caencingq roxdaengz, 《Bouxcuengh Yihyoz Sij》 sij ndaej baenz



dwg gig mbouj yungzheih, bonj de comz giet miz gyoengq bouxsij caeuq vih bouxsij daezgung fuzvu nem swhliu dih haujlai conhgyah、yozcej cig-daengz bujdungh lauzdungcej gjj simlwed caeuq lauzdung gyoengqde, caencingq ndaej gangjnaeuz dwg begfwngz hwnjgya, daj daeuz guh hwnj. Gjj yienzyaen ndawde ceiq cujyau couh dwg Bouxcuengh mboujmiz gjj yihiyoz vwnzyen hidungj swhgeij. Mbouj lumj Cunghiyh、Cangiyh、Cauzsenj cuz yih, miz gjj yihiyoz ginghdenj yienhbaenz de ndaej yenzgiu. Sij Bouxcuengh yihiyzsij, aeu daengz ndawbiengz daengx minzcuz bae diuzeaz、soucomz swhliu, aeu daengz ndaw lizsij vwnzyen Bouxgun gvangqlangh lumj haij nei bae “daih haij rauz cim”, yienghneix baez di baez dengx dwk rom, yienzhouh caiq guh faensik、gyoebhab、yenzgiu, gjj guhhong ganhoj gvaqdaej neix, boux mbouj bae de dwg fouzfap ngeix raen law.

《Bouxcuengh Yihyoz Sij》 sij ndaej baenz, youq ndaw minzeuz yihiyoz sij yenzgiu, hawj raeuz gaijgez ndaej aen lijlun vwndiz naekdaih ndeu. Neix couh dwg, dangguh aen saujsu minzcuz mboujmiz cihsaw gveihfan bonj minzeuz he, dauqdaej miz mbouj miz gjj yihiyoz swhgeij. Youq gizneix, hoizdap wngdang dwg haengjdingh dih. Aeu mbouj miz cihsaw gveihfan bonj minzeuz、mboujmiz yihiyoz vwnzyen sijliu hidungj guh leixyouz, couh mbouj nyinh miz cungj yihiyoz ndeu lijyouq, cungj yawjfap neix dwg loek dih、benmen dih. Lumj yiengh yawjfap loek neix, gou cix mbouj dwg daj ndaw 《Bouxcuengh Yihyoz Sij》 daih’it mbat ejj yawjraen, youq ndaw saekdi saujsu minzcuz yihiyoz cucoz gaenh bi daeuj oksaw haenx, gaenq mboujcaih mbat ndeu yawjraen, hix dingqnyi miz cungj yi-gen yiengh neix.

Geiq ndaej youq cibgeij bi gaxgonq, gou gaenq youq bien faenzcieng 《Lwnh Minzeuz Yihyoz Sij Yenzgiu》 ndawde (daengh youq 《Minzcuz Yenzgiu, 1985 nienz daih 5 geiz) daezdaengz cihsaw minzcuz doiq yenzgiu minzcuz yihiyoz sij gjj yiyi de. Dangseiz, gou nyinhnaeuz, danghnaeuz mbouj miz cihsaw bonj minzeuz, couh mbouj miz yihiyoz cucoz, mbouj



ndaej diuh gjij yihyoz vwnzyen hidungj hawj daihlaeng, cix mbouj miz hidungj yihyoz vwnzyen, aen minzcuz neix soj cauh'ok gjij yihyoz cihsiz de couh gig nanz daezsang daengz ljlun giz sang bae, caemhcainq cij ndaej dingz youq ginghyen yihyoz gaihdon. Neix dwg aenvih, ljlun dwg laeb youq doiq saedcienj gingniemh gjij gauhdu gaivvaz haenx, doenggvaq couhsiang swhveiz bae cungjgez ok gjij neiyungz gveihlizsing de daej. Doenghgij gveihliz neix, vanzlij aeu dauq daengz ndaw ywbingh saedcienj bae caiq guh genjen, cwngqsaed de dwg mbouj dwg cwnggoz, mbouj duenh coihcinq, mbouj duenh daezsang, gjineix dwg saehfaed fazcanj gjij bujben gveihliz haenx. Aen fazcanj gvaqdaej fukcab neix, dan baengh bak gangj rwz dingq, sim son doxcienz, dwg nanz ndaej guhbaenz roxnaeuz dwg mbouj ndaej guhbaenz dih. Daj gizneix, gou gaenq cobouh duenhdingh, mboujmiz cihsaw bonj minzcuz gjij ywbingh gingniemh de, itbuen daej gangj, dwg noix gjij ljlun dijhi hidungj haenx. Ciuj yienhdaih doiq gohyoz gyaiqdinjh, gjij gingniemh mbouj miz hidungj ljlun haenx, vanzlij mbouj ndaej cwng de guh "yoz", cingq lumj gjij vuzlij cihsiz mbouj-miz ljlun haenx, gjij vuzlij cihsiz lingzsanj haenx vanzlij mbouj ndaej cwng guh "vuzlij yoz" dwg doengz yiengh dauhleix. Hoeng, aen gietlwnh neix mbouj ndaej deng luenh gaij baenz mbouj nyinh cungj minzcuz yihyoz miyouq de. Dauqfanj, raeuz youq ndaw yenzgiu gyawj cib geij bi neix, gaenq mbouj cij mbat ndeu baez dem baez gyangzdiu, ciuj yihyoz fazcanj gjij bujben gveihliz de, gwnz deihgiuz dajswh miz vunz le, couh miz ywbingh hozdung (mbouj dwg yihyoz!) It aen minzcuz, de ndaej baenz aen minzcuz doglaeb ndeu, itdingh miz gjij minzcuz suciz gag miz daegdiemj swhgeij, ndawde couh bauhgvaz gjij yihyoz cihsiz caeuq gingniemh gag miz daegdiemj swhgeij, lumjbaenz gjij ywfap, saek gjij dinfwngz ak, gjij gingniemh yungh ywdoj caeuq yw doenghduz……daengjdaengj, doenghgij cihsiz neix couh dwg gjij minzcuz yihyoz gag miz daegdiemj aen minzcuz neix; mboujne, aen minzcuz neix couh mbouj ndaej dangguh aen minzcuz doglaeb miyouq ndeu lo. Diemj neix, dwg gjij saenqniemh gen-



dingh mbouj bienq raeuz. Aen saenqniemh caeuq yawjfap neix, youq 1996 nienz youz Hungz Vujlij guhdaeuz bien bonj 《Cungguek Minzeuz Yihyoz Sij》 guek raeuz daih'it bouh minzcuz yihyoz sij conhcu ndaw haenx (couh dwg 《Cungguek Saujsu Minzeuz Gohyoz Gisuz Sij comzsaw.yihyoz genj》, Gvangsuh Gohyoz Gisuz Cuzbanjse 1996), youh ndaej daengz caiq gangjmingz. Ndaw saw daez daengz: "Mbouj baengh caizliu cih saw bae guh swhveiz lozciz faensik caeuq nyinhcaen siengjnaemj, yaek cungjgez gjij neiyungz lijlunsing okdaej dwg miz itdingh gunnanz dih……" (420 yieb) "yungh cihsaw geiq dwg minzcuz yihyoz ndaej daengz daezsang gjij fazcanj suijbingz de, caemhecaiq cungjgez lijlun gjij diuzgienh itdingh aeu miz haenx" (421 yieb), doengh gjij gietlwnh neix, cix mbouj dwg mbouj nyinh cungj minzeuz yihyoz ndeu mizyouq. Dawz minzeuz yihyoz caeuq minzeuz yihyozyoz doiqlaeb hwnjdaej, caiq bae gyauxlaux, mbouj nyinh ndaw gjide miz cing miz co miz ndei miz rwix, neix dwg loek dih.

Saedsaeh gangj, Vangz Hanyuz daengj bonj saw 《Bouxcuengh Yihyoz Sij》 sij baenz, cinqndei dwg gjij cwngqmingz rengzwdw gjij gietlwnh baih-gwnz gangj haenx. Daj bonj saw neix roxdaengz, aenvih gjij sawndip (Sawcuengh) ciuhnduj, cix caengz ndaej doenghengz saedyungh, youq ndawbiengz ejndaej ciq yungh Sawgun daej geiq gjij yihyoz gingniemh de. Boux guhhong yenzgiu ywcuengh doenggvaq ciengzgeiz roengzrengz soucomz, ndaej daengz gjij cuoz yihyoz ndawbiengz ca mbouj gejjlai cungj dwg bonj fwngz sij gjij danyw, yensangh, misangh haenx, ndawde dingzlai dwg Cinghcauz daengz minzgoz seizeiz bonj fwngz sij, noix lijlun neiyungz, daegbied dwg hidungj lijlun neiyungz, cinqqlumj ndaw saw soj-gangj: "Neix dwg 'aenvih cungjungj yienyaen it cig mboujmiz vunz doiq de bae guh gveihnaz, cingleix caeuq daezsang'." Gou nyinhnaeuz, ndaw cungj cungj yiemyaen neix, mboujmiz cihsaw gveihfan bonj minzcuz cinq dwg gjij yienyaen youqgaenj ndawde aen ndeu. Seizneix, aen vwndiz neix (couh dwg gjij lijlun neiyungz ywcuengh) gaenq youz bonj saw neix daih'it bouxsij Vangz Hanyuz sojcangj haidaeuz ndaej daengz gaijgez, cinq

