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天涯何处无朋友?交谈何必曾相识!不管是熟人还是陌生人,有些人总能侃侃而谈,与别人天南海北聊得很开心,只用三言两语便惹人喜爱,一见如故。他们是怎样做到的呢?为什么他们总有聊不完的话题而我们却总找不到话说呢?

其实,他们并不一定就学识渊博、无所不通,只是他们对流行话题比较了解罢了。如果你愿意,就可以跟他们一样谈笑风生。可是,哪些话题比较流行呢?别担心,这本书会告诉你。

理论上来说,只要不涉及宗教信仰、政治立场等敏感话题,其他话题基本上都可以聊。但是身为成年人,我们不能拿"童言无忌"做借口,所以聊天是有一定的规则的。不管你身在何处,有些不经意的话可能会让你成为小道消息的炮灰,或者你的一些私人事件可能会引起别人对你的负面看法,还有那些有关别人之间争端的话题也最好不要引入。所以,我们一定要对哪些话题不够安全、哪些话题比较安全有所了解。

- 一般而言,和别人闲聊时,适合的以及流行的话题大致包括以下这些:
- 1. 天气。外国人习惯每天相遇时由天气展开话题,特别是英国人和澳大利亚人, 就像中国人喜欢问对方"吃了吗"一样。
- 2. 新闻事件。新闻事件天天有,谈论新闻事件是大家乐此不疲的事情。女士们比较喜欢谈论社会新闻、文艺活动等;男士们则比较喜欢谈论经济、政治和体育方面的新闻。
- 3. 运动。外国人很喜欢谈运动,但每个人的喜好不一样。欧洲人喜欢谈网球和足球,美国人喜欢谈橄榄球和美式足球。谈运动不一定是男士的专利,有些女性也比较喜欢谈健身、塑身与养生等。
- 4. 旅行。旅行无疑是个很好的话题,旅行途中的见闻趣事会让去过的人产生共鸣,让没有去过的人感到好奇。这些良性的知识会让大家觉得你见多识广。
- 5. 书籍、音乐、电影等。西方人聊天时候很喜欢谈谈近期的畅销书或电影,它们 在全世界范围内都是不错的交谈话题。

只是这些话题也都是要与时俱进的。比如你想跟人聊时尚,可是如果你对时尚的 了解还停留在十年前,岂不是自曝其短?

因此,我们在本书中为你呈现出了最好玩的"百科全说",把知识性的东西以人们喜闻乐见的形式呈现在你面前,帮你节省了大量搜寻的时间,同时也给你带来更愉悦的阅读体验。在本书中,我们把各方面新奇、新颖的流行谈资知识——呈现给你,有翔实的英文解说和地道的英文录音,也有相关的知识链接和精彩的图片实录,还有实用的英文对话,让你想听就听,想看就看,想说就说。

编 者 2012年12月





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What about Men and Women

男人女人

这个世界上有数十亿人之众,基本上可以被归为两类:男人和女人。他们彼此已经相处了成千上万年,却始终都不了解彼此。有人说,男人来自火星,女人来自金星,因为他们之间真的有天壤之别。可是,他们又能那么深爱彼此,爱到天地都为之动容。于是在男人和女人之间一直都有无数经典话题,并且这些话题还将继续下去。



$box{Topic}$ Smashing the Wedding Rings /ig(ig) 打碎婚戒,重获新生

在婚姻生活中,戒指是一件神圣的物品,它被认为是爱情的信物,具有深刻的象征意义。戒指在不同的时期所代表的意义是不同的,例如:订婚戒指是男人送给女人的戒指,用来表明结婚的意愿;而结婚戒指则是需要男女双方共同佩戴的,表示对婚姻关系的一种确定。然而,如今却出现了这样一种现象:夫妻双方离婚的时候举办典礼,共同打碎戒指,进而获得重生与自由。

Part 1

The relationship between ring and marriage 戒指与婚姻的关系

阅读1 越来越多的离婚典礼 (MP3)



In 2011, ceremonies to celebrate divorces have gained momentum in Japan after the massive March earthquake and tsunami, followed by an ongoing nuclear crisis, caused unhappy couples to reassess their lives.

The **ceremony** to mark a couple's **transition** to being single again costs 55,000 yen (\$690), includes a buffet meal and culminates with the ritual smashing of their wedding rings with a gavel.

Tomohar Saito, who took part in Tokyo with his wife Miki days before they were set to file for divorce, said crushing the rings felt **cathartic**.

"I did not think the ring could be crushed that easily, but it did," he said. "I was shocked but at the same time, I feel it helped me make a clean break."

The ceremony also includes a "divorce dress," and Miki Saito chose a daisy-yellow summer dress. In Japan, daisies are believed to symbolize an "amicable or **platonic** relationship."

Designer Akiue Go said he created the dress with emphasis on the back for a specific reason. "I designed this dress so the woman's back looks the most beautiful when she turns around and walks away," he said.

Hiroki Terai, a 31-year-old former salesman, spotted a gap in the market and pioneered the divorce ceremony two years ago. Since then, he's celebrated more than 80 breakups.

Requests for the ceremony have tripled since the March 11 9.0 **magnitude** quake set off the massive tsunami.

"The March 11 disaster made many couples rethink their priorities. Some found that work was a higher **priority** to them than family, and this helped people gain the confidence to decide on a divorce," Terai said.

"Those who want an amicable divorce are doing these ceremonies."

Miki Saito said the earthquake made her realize she wanted to be closer to her parents, who live in northeastern Japan in one of the areas badly affected by the quake.

"After the quake, my desire to go back and live with my parents grew stronger," she said. Guest Hiroko Tada was present for both the beginning and the end of the Saitos' marriage. "I'd say congratulations to the amicable divorce," she said. "I could have never imagined this day would come because I was at their wedding, but since they did break up, this is one of the best ways to do it."

很多人是在看《非诚勿扰2》的时候了解到离婚典礼的,影片中芒果和李香山举行了离婚典礼,那时候有人预测这将成为一种潮流。果真,没过多久日本就卷起了这种狂潮。在日本大地震之后很多人开始反思自己现有的婚姻生活,重新为生活定位。有一部分人决定和平离婚,他们穿着"离婚礼服"举办离婚典礼,庆祝彼此获得自由。在这种典礼上,最重要的环节就是:砸戒指。

阅读2 戒指的起源及不同材质的戒指蕴含的意义

The first person who took ring for engagement was MaiShi Minnie—the Austria king. When in 1477, he met a princess called Mary in a public occasion, and fell in love with her. But Mary had got engaged with a French prince. He ordered to specially make a valuable diamond ring and gave it to Mary. Facing this only open, sparkling diamond ring and MaiShi Minnie's warm pursues, Mary finally changed, and married him.

There are different kinds of material and different type of wearing of ring. You may know Diamond ring, Pearl ring, Ruby ring/Sapphire ring or Gold ring.

- 1.Diamond ring. The Romans always think it represents life and eternal, to the fifteenth century, is representative undying devotion. It represents the declaration of love: with three diamond means "I love you."; With five means "will you be my wife?"
- 2.Pearl ring. It represents the perfect, pity expensive, implicative and elegance and it also represents the 12th anniversary of marriage
- 3. Ruby ring/Sapphire ring. Ruby is regarded as representatives of love; Sapphire is representative of the autumn, also the human heart of stone.
 - 4. Gold ring. In Chinese wedding, gold is indispensable.

Different type of wearing

As you offen see, rings were always worn on Left hand, Thumb, Index finger, Middle finger, Ring finger/Third finger and Little finger. When you see a ring on ones' left hand, According to the western tradition, left hand that is god give you luck, therefore, in western countries, the ring on the left hand is usual.

在爱情的国度里,戒指有着非凡的意义。戒指的佩戴也有讲究:在中国,订婚戒指一般戴在左手的中指,结婚戒指戴在左手的无名指;若是未婚姑娘,应戴在右手的中指或无名指。而在西方文化里,左手代表上帝赐给你的运气,因此戒指通常戴在左手上;不佩戴戒指表示单身。西方早期的医学认为,左手无名指在双手十指中与心脏的距离最近,所以将代表婚姻的戒指戴在左手无名指上,体现出爱情在西方人眼中的神圣地位。

Part 2 The different meanings for different rings 不同的戒指,不同的意义

Friendship rings are used to symbolize a close relationship that has no romantic undertone.

友谊戒指象征一种密切的朋友关系,没有浪漫的含义。

A wedding ring is a symbol of eternal love between a married couple.

结婚戒指象征已婚夫妇之间永恒的爱。

In general, flower ring only pay attention to modelingand has no further meaning.

通常, 花戒只是注重外在的样式,, 无其他含义。

A mourning ring is a finger ring worn in memory of someone who has died.

纪念戒指通常是用来怀念已经去世的人。

The tail ring has another layer of meaning, to give to those who love the men and women.

尾戒有另一层意思,送给那些热恋中的男女们。

The thumb ring symbolizes the will power in a person.

扳指象征着一个人的权利。

The tradition of giving them as love dates back to 1477, when Archduke Maximilian of Austria gave a diamond ring to Mary of Burgundy.

1477年,奥地利大公麦克西米兰把一枚钻石戒指送给了玛莉公主,从此赠送钻石作为爱情的象 征这个传统便流传下来。

Trinity Ring is still a traditional wedding ring in France.

在法国,三色金戒指至今仍然是传统的结婚戒指。

Part 3 Let's Talk! 百科全"说"!

Cathy: Divorce ceremony? I can hardly imagine it.

凯西: 离婚典礼? 我简直难以想象。

Mary: Trust me! You will if you dumped a terrible man.

玛丽:相信我,如果你甩了一个很差劲的男人,你会的。

Cathy: Really? I only heard about wedding ceremony.

凯西:真的? 我只听说过结婚典礼。

Mary: So there should be divorce ceremony. People tend to celebrate weddings, I think it's time for giving best wishes to divorcings.

玛丽:所以就应该有离婚典礼啊。人们只倾向于庆祝结婚,我觉得是时候祝福离婚了。

Cathy: You just stole my words. People can mark it in a big and tasty way.

凯西:你说得太对了。人们可以以一种盛大又高雅的方式来纪念离婚。

Mary: Why not? Being single again means I am available for another better relationship.

玛丽:为什么不呢?恢复单身意味着我又可以开始一段更好的恋情了。

Cathy: Are you still disturbing yourself about Jake?

凯西: 你是不是还在为杰克的事情耿耿干怀啊?

Mary: No. I am over him. He doesn't even deserve a divorce cake. I would make a dumping husband cake by myself. I can't kill him in life. But I can make him the ugliest on the cake.

玛丽:不,我们已经结束了。他根本连块离婚蛋糕都不配吃。我会为自己做一个"甩夫"蛋 糕,虽然不能在现实生活中杀了他,但是我可以在蛋糕上把他做成世界最丑的。

Cathy: You are evil! You know what? You do have a talent. We should start a special bakery for heartbroken people.

凯西:太坏了吧!知道吗,你真的很有天赋,我们应该为那些心碎的人开一个特别的烘焙店。

Mary: Good idea.

玛丽: 好主意。

Part 4 Vocabulary 单词时间

massive ['mæsiv] adj. 大量的 ceremony ['seriməuni] n. 典礼 cathartic [kə'θα:tik] adj. 起宣泄作用的 magnitude ['mægnitju:d] n. 震级 amicable ['æmikəbl] adj. 友好的

nuclear ['nju:kliə] *adj.* 原子能的 transition [træn'siʒən] *n.* 过渡 platonic [plə'tənik] *adj.* 理想的 priority [prai'ərəti] *n.* 优先权

Topic Are Women Inborn Shopaholic? /()2 女人天生就是购物狂?

男人们往往不能理解,女人怎么那么爱逛街,怎么都是天生的购物狂?现在,有科学研究来为他们解答了。英国赫特福德大学发展心理学教授卡伦·J·潘恩博士的研究结果表明:女人爱购物,是妈妈从小开始灌输的思想,是一种习得的行为。从新生的婴儿开始,女婴的衣服就比男婴的衣服多很多。而且调查还发现:女人在购物的时候能够得到极大的满足,找到一件自己喜欢的东西就像得到一件珍宝一样欣喜若狂,这是女人的天性。

Part 1 The relationship between shopping and gene 女人购物与基因的关系

阅读1 购物是女人的天性(MP3)

Retail therapy has long been a treat for millions of women who enjoy nothing better than a trawl round the shops.

For those who pause long enough to wonder if it is nature or nurture which guides them, the answer may have **emerged**.

Sales levels indicate that it is behavior that is learned, so it may be down to women's mothers that they like to shop so much.

Figures have revealed that clothes for baby girls out-sell those for boys by a fifth.

It emerged that by the age of four, girls have 20 percent more clothes than boys of that age.

As mothers buy most of the clothes for their children, this suggests that they **instinctively** instill a much greater need for clothes in their daughters from a very young age.



As a result, it is likely that women are brought up to love shopping through years of intense **exposure** to fashion and **purchases**.

The Debenhams sales results have been **interpreted** by Dr Karen J. Pine, Professor of Developmental Psychology at the University of Hertfordshire.

"Human **society** puts a great deal of emphasis on female appearance and this will **inevitably** result in more clothes being purchased for girls than boys," she said.

"Parents encourage the importance of clothes through leisure activities such as shopping and play that involves dressing up."

"While dads are taking their sons out for football matches, women are taking their little girls shopping and encouraging them to take an interest in fashion."

爱美之心人皆有之,这是天性,只是女人的这种天性要比男人更多一些。"要做一个漂亮的女孩 子",这句话应该每个妈妈都对女儿说过。女孩子从出生就带着这种意识,所以购物是女人之间永不褪 色的话题。而且自古以来,女人对男人如何评价自己尤为重视,这也是促使女人疯狂购物的原因之一。

阅读2 女人购物可以改变心情

Shopping can make you happy, a study has found. Treating yourself to something nice at the shops apparently has a "lasting positive impact on mood" and leaves "few if any negative emotional side-effects"

Researchers conducted hundreds of interviews at shopping centers as well as asking shoppers to keep diaries of their shopping behavior, moods and buys they regretted.

Those who said they were in a bad mood on their way into a shop were more likely to indulge in an impulse buy.

A total of 62 per cent said they had bought something to cheer themselves up while 28 per cent said they had indulged as a form of celebration. Only one of those interviewed regretted splurging_o

Retail therapy purchases were overwhelmingly beneficial, leading to mood boosts and no regrets or guilt. There seem to be positive consequences to buying oneself a small treat: one does feel better.

女人喜欢购物好像真的是与生俱来的天性。心情不好的时候女人会去疯狂购物,以此来发泄内 心的不快乐;心情好的时候,亦会去"血拼",来庆祝自己的开心。女人还真是奇怪,不管好心情 还是坏心情的时候都会去购物。但两者不同的是,心情不好的时候买回来的东西容易后悔,很多时 候根本用不到。但不管怎样,在购物的那一刻,女人的心情都会变好。

Part 2 Why women like shopping 女人为什么喜欢购物

Women love shopping. It is the only area of the world where they feel like they're actually in control

女人喜欢购物,她们觉得那是她们在这个世界上能控制的唯一领域。

Women find shopping can be energy resuming and relaxing, whether or not they buy anything.

女人发现,不管能不能买到东西,购物都能使自己恢复精力,放松精神。

It's women's nature to go shopping.

逛街购物是女人的天性。

It makes no difference what a woman will buy, anything that she thinks a store is losing money on.

女人买什么东西并不重要,只要她认为这是赔钱甩卖的东西她都会买。

Women like to shop together because they like to ask for each other's opinions before they buy anything.

女人们喜欢一起去购物,因为她们喜欢在询问对方意见之后再买。

A woman will pay one dollar for a two-dollar item she doesn't want.

女人会花一块钱去买价值两块钱,但是她并不需要的东西。

Retail therapy has long been a treat for millions of women who enjoy nothing better than hanging out at the shops.

购物疗法让众多女性乐此不疲,对她们而言,再没有什么比逛商店更让她们惬意的事情了。 Women go shopping simply for pleasure.

女人去购物仅仅只是为了愉快。

Part 3 Let's Talk! 百科全"说"!

Cindy: Sis, why did you ask me to come to this bargain market? It's so crowded, and you can't find anything that you really want.

辛迪:姐姐,你为什么带我来这个廉价市场啊?这里这么拥挤,而且你也买不到什么你真正需要的东西。

Shirley: You just don't get it. Looking for bargains can be really interesting.

雪莉:你不明白。淘便宜的东西会非常有趣啊。

Cindy: Are you serious? How can that be?

辛迪: 你是认真的吗? 这怎么可能?

Shirley: Bargaining is a game, or even a battle. You feel like that you are a winner when you get a good price.

雪莉:讨价还价是一种游戏,甚至像一场"战争"。当你赢得一个很优惠的价格的时候,会感觉像一个赢家。

Cindy: Oh, I see. This silk carpet is really beautiful. Look at the pattern, and how delicate it is!

辛迪:哦,我明白了。这块丝织地毯真漂亮。你看它的图案,做得多么精致啊!

Shirley: You do have great taste. This's the most expensive stuff here.

雪莉:你的眼光真不错。这是这里最贵的东西。

Cindy: Really? Oh, this one. I like the ceramic vase.

辛迪:真的吗?哦,看这个,我喜欢这个陶瓷花瓶。

Shirley: What about this picture? I think Benjamin would like it.

雪莉:那这幅画呢?我觉得本杰明会喜欢它的。

Cindy: I think so too. Do you often come here?

辛迪:我也这么认为。你经常来这儿吗?

Shirley: Yes! That's why I can always get a good price.

雪莉:是的。这就是为什么我总能买到便宜东西的原因。

Part 4 Vocabulary 单词时间

retail ['ri:teil] adj. 零售的 figures ['figəs] n. 数字

exposure [ik'spəuʒə] n. 揭露

interpret [in'tə:prit] vi. 解释

inevitably [in'evitabli] adv. 不可避免地

emerge [i'mə:dʒ] vi. 暴露 instinctively [in'stinktivli] adv. 本能地 purchase ['pə:tʃəs] n. 购买 society [sə'saiəti] n. 社会

Topic The day for infidelity "出轨日", 你可听说过?

随着时代的发展,人类的思想越来越开放,出轨、婚外情都已经不再是什么新鲜的话题。全球的离 婚率迅速攀升,离婚的程序也变得越来越简单。在法国,以前离婚需要5个月,而现在不到一个月就可 以将离婚手续办好;在英国,甚至开始流行"出轨日",他们把每年的1月4日定为全年"出轨日"。

Part 1 The popular day for infidelity 英国流行的"出轨日"

阅读1 1月4日被英国人称为"出轨日"(MP3)

Record numbers of men and women are on the lookout for secret affairs, as experts claim January 4th is the worst day of the year for infidelity.

With the stress of Christmas taking its toll on many relationships, IllicitEncounters.com has

reported a surge of activity.



At that day, 994 unhappily married people decided to look for a new love via the UK's leading dating site-more than double the average traffic.

With the majority of the British public back to work and some feeling fed up after a long and hectic festive break, experts says the trend is unsurprising.

Cheating consultant Rosie Freeman-Jones said: "Christmas and New Year are times when couples spend an

intensive period of time with each other and their families."

"This can be guite claustrophobic and sometimes leads to a 'cabin fever' situation where both parties feel irritated with each other and underlying problems are exasperated. The 4th of January is typically one of the first days back to work and back to freedom-and spouses taken this opportunity to explore all the things they couldn't under the watchful eye of their partner."

A number of other revealing findings were released as One Poll conducted one of the largest ever surveys on infidelity.

Statistics showed that 18.3 percent of women and 25.4 percent of men have cheated on their current partner at least once.

Away from the internet women tend to strike up relationships with people they already know, such as work colleagues or former flames.

Men on the other hand will head to nightclubs and bars in the hope of finding fleeting romance with someone other than their spouse.

当今社会是一个充满诱惑的社会,形形色色的诱惑让人们失去了最初的坚持和承诺。男人总是 经不住美女的诱惑,女人则经受不住异性的挑逗。出轨的事情越来越多,这也成为离婚的一个重要 因素,夫妻一方或双方的出轨成为离婚率居高不下的一个重要原因。

阅读2 男人容易出轨的场合

Over 2,000 men and women were surveyed by top extra-marital dating site, Illicit Encounters

with a third of men admitting that they have cheated on their partner at a wedding-when their other half wasn't there.

But results show that 32 percent of men have cheated at a wedding, while only 27 percent had strayed at the stag party.

A spokeswoman for Illicit Encounters, Rosie Freeman-Jones said: "There's something about being a bridesmaid which is incredibly attractive to men. Maybe by wearing a bridesmaid outfit they are advertising the fact they are available and also at a wedding everyone is there to have a good time."

Rosie Freeman-Jones adds: "At a wedding all the elements are present for one-night stands to happen. Quite a bit of booze, dancing, people dressed to impress, an air of sexual electricity at the reception, and access to hotel rooms to meet in private."

"出轨日"的出现确实惊煞了不少人。虽然出轨已经不再是新鲜的话题,但是把出轨拟定为节日的想法确实雷人。于是有不少网站盘点男人容易出轨的地方或场合,其中酒吧、婚礼和同学聚会榜上有名。酒吧追求的是纸醉金迷,出轨和一夜情的事情再正常不过;值得注意的是,大部分的男人会在婚礼上因为伴娘出轨,这是很难让人预见的;至于同学聚会,往往是叙旧情的时候,在酒精的作用下,会失去理智而做出出轨的行为。

Part 2 Cheat on partner isn't a fresh topic 出轨已不是新鲜话题

Marriage counselors find that a common cause of Chinese divorces is marital infidelity, euphemistically referred to as "a third party."

婚姻顾问发现婚姻不忠是造成离婚的一个普遍原因,特别是当有第三者插足的时候。

Men cheat when there's some disconnection or unhappiness in the relationship.

男人会在夫妻关系缺乏交流或者两人之间不幸福的情况下出轨。

48% of men rated emotional dissatisfaction as the primary reason they cheated.

48%的男人认为感情上得不到满足是他们出轨的首要原因。

A divorce lawyer said about 70 percent of couples divorce because of affairs. "Mostly it is the man."

一名离婚律师说,有七成的离婚案都是因为出轨而起,而男人通常扮演出轨的主角。

The availability of love outside marriage have forced people to give love a more significant place in their concepts of marriage.

婚外恋的普遍,迫使人们在自身的婚姻理念当中赋予爱情更为重要的地位。

On the surface, many marriages seem to break up because of a "third party" .

从表面上看,许多婚姻似乎是因为有了"第三者"才破裂的。

Don't assume you won't be tempted to have an affair as almost everyone does.

不要以为你不会受到婚外情的诱惑,就像几乎所有人认为的那样。

Part 3 Let's Talk! 百科全"说"!

Daisy: Have you heard that Jane divorced last week?

黛西:你听说了吗,简上个星期离婚了。

Mindy: I cannot believe it ! She only married for one month.

明蒂:我不相信!她才结婚了一个月呢。

Daisy: Believe me, this is true. Her husband admitted he was having an affair and said he wanted a divorce; there was nothing she could do to stop it.

黛西:相信我,这是真的。她的丈夫承认自己爱上了别人,并且要求离婚。她真的无能为力, 一切都不可挽回。

Mindy: I felt bad for Jane. These days people don't take marriage seriously.

明蒂:我为简感到很难过。现在人们不严肃对待婚姻了。

Daisy: Yes, indeed. I think that would be derailed were only a reasons, he is tired of life.

黛西:是呀,谁说不是呢?我认为,人会出轨的原因只有一种:他厌倦了现在的生活。

Mindy: Maybe. Love is intense, and passionate. But marriage is like life in this-that it is field of battle, and not a bed of roses.

明蒂:或许吧,爱是热烈的,激情澎湃的。但婚姻是这样一种生活,它是一个战场,而不是铺满玫瑰的床。

Daisy: If what is left includes those love-list items you identified before you got high on endorphins, you've got the basis for a wonderful, sustainable relationship. But they are clearly failing.

黛西:如果在激情退去后,你仍然在对方身上找到之前写下的特征,那么,你就初步地找到一 段美好持续的感情了。但显然,他们没有做到。

Part 4 Vocabulary 单词时间

claim [kleim] vi. 声称,声明

infidelity [.infi'deləti] n. 背信 expert ['ekspəːt] n. 专家

hectic ['hektik] adj. 兴奋的

claustrophobic [.klo:strəˈfəubik] n. 幽闭恐惧症患者

watchful ['wot(ful] adj. 注意的, 警惕的

partner ['pa:tnə] n. 伙伴

surveys [səːˈvei] n. 调查

nightclub ['naitklab] n. 夜总会

Topic /04

High-heels Shoes Complex 女人与高跟鞋的不解之缘

高跟鞋自从诞生的那天起,就备受女人青睐。她们不顾种种不舒服,像灰姑娘的姐姐们一样,即便疼死也要穿上高跟鞋,为什么会这样呢?原因很简单,为了让男人觉得自己美。汤姆·福特大师曾说过:"不穿高跟鞋的女人怎么谈得上性感?"据说,穿高跟鞋的女人能在一瞬间爆发性感、魅力和自信。摇曳的腰肢,挺拔的身影,让人充满自信。因此,高跟鞋仿佛是女人的制胜武器,女人也就有了挥之不去的高跟鞋情结。

Part 1 Women and high heels女人与高跟鞋

阅读1 女人的一生可以用高跟鞋描绘 (MP3)

Why women love walking tall: **obsession** with high heels lasts more than 50 years. A woman will wear high heels over 51 years of her life, according to a study which links