

TOUCHSTONE

剑桥标准英语教程

MICHAEL MCCARTHY
JEANNE MCCARTEN
HELEN SANDIFORD

4A

WORKBOOK
练习册



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WITH

LISA HUTCHINS
JENNIFER WILKIN

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CAMBRIDGE
UNIVERSITY PRESS



北京语言大学出版社
BEIJING LANGUAGE AND CULTURE
UNIVERSITY PRESS

图书在版编目(CIP)数据

剑桥标准英语教程 4A 练习册 / (英)麦卡锡
(McCarthy, M.), (英)麦克卡顿(McCarten, J.), (英)
桑迪福德(Sandiford, H.)编著. —北京: 北京语言大
学出版社, 2010. 1

ISBN 978-7-5619-2677-2

I. ①剑… II. ①麦… ②麦… ③桑… III. ①英语—
习题 IV. ①H319.6

中国版本图书馆 CIP 数据核字 (2010) 第 015441 号

版权登记: 图字 01—2009—7396

This is a reprint edition of the following title published by Cambridge University Press:

ISBN 978-0-521-60147-4 Touchstone Workbook 4A

© Cambridge University Press 2006

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书 名: 剑桥标准英语教程 4A · 练习册

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封面设计: 大愚设计 + 赵文康

出版发行: 北京语言大学出版社

社 址: 北京市海淀区学院路 15 号 邮政编码: 100083

网 站: www.blcup.com

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印 刷: 北京画中画印刷有限公司

经 销: 全国新华书店

版 次: 2010 年 3 月第 1 版 2010 年 3 月第 1 次印刷

开 本: 889 毫米×1194 毫米 1/16 印张: 3.75

字 数: 54 千字

书 号: ISBN 978-7-5619-2677-2

定 价: 10.00 元

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Unit 1 Interesting lives

Lesson A Interviews

1 Meet Alex....

Grammar

Claire is interviewing Alex, a successful photographer, for a local newspaper. Circle the correct verb form to complete the conversation.

Claire When did you start / were you starting taking photos?

Alex Gosh, I'm taking / I've been taking photos since I was about six.

Claire Really? What kind of camera did you use / have you used then?

Alex Well, my uncle showed / was showing me how to use this old camera. It was really easy to take pictures with it.

Claire And what projects do you work / are you working on currently?

Alex I just started this nature series. I'm taking / I was taking photos of interesting trees. You know, trees that have cool shapes.

Claire Cool. How many tree photos have you taken / have you been taking so far?

Alex A lot. Hundreds.

Claire Wow! So, how has your work changed? I mean, what kind of photography were you doing / have you been doing five years ago?

Alex Well, I was working / have worked on some color portraits for a competition. I didn't win / wasn't winning, but it was a good experience.



2 About you 1

Grammar

Write the questions using a correct verb form. Then write true answers.

1. you / like to take / a lot of photos? Do you like to take a lot of photos?
Yes. I take lots of photos. I bring my camera to every special occasion.
2. How long / you / have / a camera? _____

3. your parents / take / many photos of you when you were a child? _____

4. you ever / be / to a photographer's studio? _____

5. When / you / last / take / a photograph? _____

6. you have friends who / always / take / photos? _____

3 Questions and answers

Grammar

Complete each conversation with the correct form of the verb given. Sometimes more than one correct answer is possible.

1. (watch)

Ben What kinds of movies _____ have you been watching lately?

Kumi Well, mostly I _____ horror movies. I usually _____ three or four horror movies a month. Actually, I _____ a great horror movie last night.



2. (live)

Ana _____ you ever _____ in another country?

Joel Yes, I _____ in two other countries. I _____ in Canada for three years after I left college, and I _____ in Kenya until last June.

3. (eat)

Christa You look great. What's your secret?

Jalila Thanks. I _____ a lot of vegetables and whole grains lately. And I always _____ six small meals a day. I just _____ a salad for lunch.



4. (write)

Vito How long _____ you _____ poetry?

Kim Um, I guess I _____ poetry for about four years. I _____ almost every day if I can. Yesterday, I _____ for almost three hours nonstop!

4 About you 2

Grammar

Answer the questions with true information.

- How long have you been studying English? I've been studying English for five years.
- Have you ever lived in another country? _____
- What kinds of music are you listening to these days? _____
- What kinds of TV shows do you watch? _____
- What did you do during your last vacation? _____
- What were you doing at this time last week? _____

1 Dream jobsGrammar
and
vocabulary

Circle the correct words to complete the paragraphs.

- ① Leigh Hudson tells us how she **seemed** / **ended up** / **decided** being an editor.



Well, after I **imagined** / **finished** / **bothered** taking my law school entrance exams, I still wasn't sure if I wanted to be a lawyer. I already had a degree in English and was **considering** / **expecting** / **agreeing** training to be a journalist. Then one day, I saw a newspaper ad for an editorial assistant at a publishing company, and I **offered** / **expected** / **decided** to apply for it. After the interview, the manager said I was right for the job and **offered** / **ended up** / **considered** to pay me a good salary. I immediately **agreed** / **finished** / **missed** to take the job. Anyway, I've been working at the company for over five years, and now I'm a senior editor. I absolutely love my job – I can't **agree** / **expect** / **imagine** doing anything else!

- ② George Allen explains how he became a chef.

I wasn't really **agreeing** / **missing** / **planning on** being a chef. I **spent** / **bothered** / **decided** four years in college studying electrical engineering. After I graduated, I **agreed** / **happened** / **started** working at an engineering firm and had a great salary, but a lot of responsibility. After six months, I **intend** / **remember** / **miss** thinking, "Am I really happy being an electrical engineer?" I decided I wasn't happy at all, so I quit my job and applied to a local cooking school. After I finished training, I opened a small restaurant. I've never **ended up** / **missed** / **offered** working at my old job – not once. And that was 15 years ago now!



- ③ Wilai Laytragoon tells us how she became a dancer.



Well, a few years ago, my friends and I **happened** / **seemed** / **missed** to go on vacation to a Caribbean resort that put on a great show every night with singing and dancing and everything. I was taking dance classes at the time, and I was actually **finishing** / **bothering** / **considering** becoming a dancer. Anyway, one night, the resort had a talent competition for the guests. I didn't **imagine** / **happen** / **bother** to sign up. But my friends said, "Wilai, this **seems** / **spends** / **expects** to be a perfect opportunity for you. You're such a good dancer. You should do it!" Well, to make a long story short, I won the talent competition, and the resort offered me a position as a dancer! I never **happened** / **expected** / **ended up** to be a successful professional dancer, least of all at a Caribbean resort! Dreams really do come true!

2 How I ended up living in New York City

Grammar and vocabulary

Complete the paragraph with the correct form of the verbs.

A lot of people ask me how I ended up living (live) in New York City. Well, actually, I wasn't planning on (be) here. It's just that the opportunity came up when my friend Samuela happened (move) here for college. She needed a roommate, so I agreed (share) an apartment with her in the city. We were only in the apartment a couple of months when Samuela started (miss) home. She said she missed (be) with her family. I guess she couldn't imagine (stay) three more years and (be) happy. So, she decided (complete) the semester, and then she transferred to a college back home. Anyway, I kept the apartment and found a great job. I've been here for over six years now, but Samuela and I are still great friends. We've never stopped (write) each other, and we call each other all the time. We just live in different cities – that's all!



3 About you

Grammar and vocabulary

Answer the questions with true information.

1. Where do you think you'll end up living in a few years' time?

I think I'll end up living in Paris after I finish school.

2. What are you planning on doing when you finish this English course?

3. Have you started reading a new book recently?

4. What's something fun you remember doing as a child?

5. Have you ever decided to do something and then regretted it?

6. Do you expect to get a good grade in this class?

7. What do you intend to do this weekend?

8. Is there anything you can't imagine doing in life?

1 When I was little, . . .

Conversation strategies

Read the conversation. Change the underlined verbs to the simple present to highlight the key moments.

Freda This pie reminds me of the time my sister made me eat a mud pie.

Chris You're kidding! What happened?

Freda Well, when I was very little, she and I used to play together, and we would always play outside, you know?

Chris Yeah. We always played outside, too. Not like kids nowadays.

Freda Well, anyway, one day, I ^{'m / am} was¹ in the yard, and she made² me eat a mud pie. Here she was³, seven years old, in the yard with three beautiful mud pies. She said⁴, "Freda, try this. It's so good." And she acted⁵ like she put some in her mouth. I was three years old, what did I know?

Chris Oh, no! What did it taste like?

Freda Actually, I don't remember.

Chris Really?

Freda No. But I remember being sick afterward.



2 I'll never forget . . .

Conversation strategies

Read the conversation. Change some verbs in Sarah's story to the simple present or present continuous to highlight key moments in the story.

Sarah Did I ever tell you about the time I ran out of cash in South Korea?

Lisa No. What happened?

Sarah Well, I was traveling through South Korea, way out in the middle of nowhere, and I ^{realize} ~~realized~~ that I had no cash left and no way of getting back to Seoul.

Lisa Really? You didn't have any traveler's checks or anything?

Sarah Well, I had one check for 20 dollars, but I was in the mountains, and there was nowhere to exchange it.

Lisa Oh, no! So, what did you do?

Sarah Well, I was getting pretty nervous. I was walking around and couldn't find an ATM. Finally, I met this really nice French man. So I explained the situation, and he agreed to take my traveler's check in exchange for Korean money. So then I had enough money to get to the nearest town, where I found the most expensive hotel.

Lisa Why the most expensive hotel?

Sarah Because I knew they took credit cards.

Lisa And?

Sarah So, I ended up booking a room, and I had the hotel overcharge me and give me back the difference in cash. That way I had enough money to get back to Seoul.

3 This great bike path

Conversation strategies

Complete the story with *this* or *these*.

My friends went bike riding one day on this great bike path in the country. The bike path is really _____ old railroad track that isn't used by trains anymore. Anyway, it goes through all _____ beautiful old farms. But, you see, my friends are from the city, so they're not used to seeing farm animals and fields and stuff. So my friends are riding along, and they see all _____ goats in a field. Well, they stop to take photos, but they have no idea that goats can be a bit unfriendly. Suddenly, they see _____ big goat running toward them. So they jump back on their bikes and ride away, you know, really quickly. Then _____ guy starts yelling at them. It turns out it's the farmer, and they're riding their bikes on his field.



4 Really?

Conversation strategies

Rewrite these stories. Use the simple present or present continuous to highlight some key moments in each story. Use *this* and *these* to highlight important people, things, or events.

1. You know, a friend of mine is always seeing famous people when she's out. One time, she was checking out a computer in a computer store. And all of a sudden, she looked up and saw her favorite basketball player. He was standing next to her – checking out the same computer!

You know, this friend of mine is always seeing famous people when she's out. One time, she was checking out this computer in a computer store. And all of a sudden, ...

2. You know, my cousin Adam met his fiancée because of his dog. He has an enormous dog called Scruffy. Well, one day, they were in the park. Anyway, Scruffy started chasing a squirrel and pulled my cousin right into a woman. So, Adam apologized, and he and the woman started talking. And to make a long story short, now they're engaged!

3. I remember one time my friend Linda had a party. It was for her graduation, I think, and we were all outdoors. Anyway, the weather was beautiful at first, but after an hour or so, some dark clouds started coming in, and it started to rain really hard. So she just turned on a radio, and we all started dancing in the rain. We had so much fun. It was the best party ever.

1 Super Man**Reading****A** Read the article. What do you think an “activist” is?

- ☐ a successful actor ☐ a motivational speaker
☐ someone who is physically active ☐ someone who works for a cause

✧ Inspiring in Life and Death ✧

Until 1995, Christopher Reeve was living a life most people only dream about. He was a successful actor – famous for his roles in the *Superman* movies – and happily married with three children. He had everything to live for.

Then on May 27, 1995, his life changed dramatically. Reeve fell off his horse while riding in a horse-jumping competition. The accident left him with serious injuries – a fracture in the second vertebra of his neck – and Reeve was left paralyzed from his neck down.

Reeve was confined to a wheelchair and had to depend on his wife, nurses, doctors, and therapists to do everything for him. He could no longer walk, hold anything in his hands, or feed or wash himself. He also relied on a respirator to help him breathe.

Many people may have given up hope and felt sorry for themselves. But not Christopher Reeve. Shortly after his accident, Reeve said, “The only limits you have are the ones you put on yourself.” With this positive attitude, he began adjusting to his new life.

Amazingly, he continued to act in movies and direct them. But most importantly, he became an activist for people with spinal cord injuries. He raised money for research and started



Christopher Reeve
September 25, 1952–October 10, 2004

the Christopher Reeve Paralysis Foundation, which awards money to people researching cures for paralysis. He wrote an autobiography, *Still Me*. He even testified before the U.S. Senate to encourage funding for stem-cell research.

Although Reeve never recovered from his injuries, he remained hopeful throughout his life about finding a cure for paralysis. By not giving up hope, he has given other people with disabilities hope that in the future, recovery won't be against all odds.

B Read the article again. Then answer the questions.

1. What movies did Christopher Reeve star in? _____
2. What was Reeve doing when he hurt his neck? _____
3. Who did Reeve have to rely on for help? _____
4. What does the Christopher Reeve Paralysis Foundation do? _____

A Read the anecdote. Then put the story in the correct order by writing each number in the correct box.

- ☐ So with that memory in my mind, I calmed down and walked on stage. I looked at the audience, and I thought, "I know you want me to do well." I closed my eyes and played a great recital.
- ☐ Today, remembering my teacher's words helps me to be confident when I perform. And it helps me with a lot of other things, too!
- ☐ I'm a musician, and when I was in graduate school, I had to give a final violin recital to get my degree. I was nervous because there were so many talented students at my school.
- ☐ On the night of the recital, I was so nervous that my hands were shaking. But I remembered what my very first teacher said to me years before: "People are here because they want you to do well."

B Use the steps above to write an anecdote about something you were nervous about doing and how you overcame it.

Mark the boxes below to rate your progress.

To review, go back to these pages in the Student's Book.

Grammar

- ☐ use the simple and continuous forms of verbs
- ☐ use verbs that are followed by verb + *-ing* or *to* + verb

2 and 3
4 and 5

Vocabulary

☐ use at least 10 new verbs

2, 4, and 5

Conversation strategies

- ☐ use the present tense to highlight key moments in a story
- ☐ use *this* and *these* to highlight key people, things, and events

6
7

Writing

☐ write an anecdote

9

Unit 2 Personal tastes

Lesson A Makeovers

1 Confessions of a fashion queen

Grammar
and
vocabulary

Complete the sentences with the words in the box.

hard important much nice ✓often quickly

1. I go shopping as often as I can. I go almost every other day.
2. You can't look your best if you get ready as _____ as possible.
It's better to take your time.
3. Jeans can look just as _____ as pants if you wear them with a cool top.
4. For me, comfort is not as _____ as style when it comes to choosing clothes.
5. I try as _____ as I can to look great every day. I pay a lot of attention to how I look.
6. I don't like bright colors as _____ as dark colors. I almost always wear black.



2 Dear Vera, . . .

Grammar
and
vocabulary

Complete the letters with the words and expressions in the box.

concerned about their looks ✓interested in fashion many things
fast little time scruffy

① Dear Vera,
My boyfriend isn't as interested in fashion as I am, and he wears the same dirty old clothes all the time. He really needs a makeover. How can I help him look better? – JB, Vancouver

Dear JB,
A lot of men are not as _____ as women want them to be! Gently let your boyfriend know that you want to help him look better. Help him pick out clothes that aren't as _____ as the ones he wears now. Your boyfriend might not want your help at first, but he'll be glad when people start noticing how good he looks. – Vera

② Dear Vera,
It takes me so long to get ready in the mornings, and I always end up being late for work. I need to get ready as _____ as possible.
What should I do? – CN, Taipei

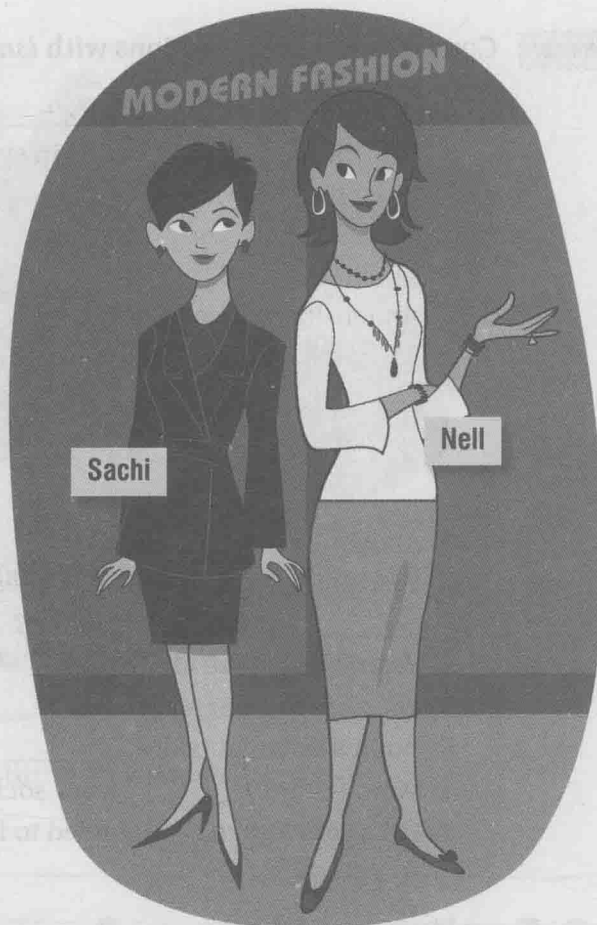
Dear CN,
Mornings are always difficult. You need to spend as _____ as possible organizing yourself. So to save time, do as _____ as you can the night before. Pick out your clothes before you go to bed, and put everything you need for the day in your bag. That way your mornings won't be as rushed. – Vera

3 She isn't as . . .

Grammar
and
vocabulary

Look at the pictures of Sachi and Nell. How are they alike? different? Write sentences with *as . . . as* or *not as . . . as*.

1. (tall) Sachi isn't as tall as Nell.
2. (hair / short) _____
3. (many dark clothes) _____
4. (skirt / long) _____
5. (shoes / comfortable) _____
6. (much jewelry) _____
7. (earrings / big) _____
8. They both love fashion. (interested in fashion)



4 About you

Grammar
and
vocabulary

Answer the questions with true information. Use *as . . . as* or *not as . . . as*.

1. Do you generally wear bright colors as often as dark colors?
I don't wear bright colors as often as dark colors. I'm most comfortable in black.
2. Do you spend as much money on clothes as your friends?

3. Do you try as hard as you can to be trendy and fashionable?

4. Do you have as many shoes as your best friend?

5. Do your parents care as much about their appearance as you do?

6. Do you find stylish clothes to be as comfortable as casual clothes?

1 Isn't that dress awful?

Grammar

Complete the conversations with *isn't*, *aren't*, *don't*, or *doesn't*.

1. A Oh, look at that dress. Isn't it awful?
 B Oh, I don't know. It's what's in style. _____ you interested in fashion?
 A Not really. Are you?
 B Kind of. But look at this dress. _____ it have something special about it?
 A Yeah, it has something all right – a \$5,000 price tag! _____ that a bit expensive for a dress?
 B Yeah. But being fashionable isn't cheap.



2. A Are you ready yet?
 B Yes, almost. I . . . um . . . just need to find a tie.
 A _____ you have lots of ties?
 B Yeah, but they're all dirty.
 A You should wear a jacket, too, _____ you think?
 B But it's warm outside. _____ this outfit look good?
 A Well, . . . um, _____ your socks different colors?
 B Oh, yeah. You're right. I need to find socks now, too!



2 Don't you think . . . ?

Grammar

Rewrite the sentences as negative questions.

1. Leather jackets are cool.
Aren't leather jackets cool?
2. Most sneakers cost far too much nowadays.

3. A tie is a great way to complete a man's outfit.

4. Plaid looks great with floral prints.

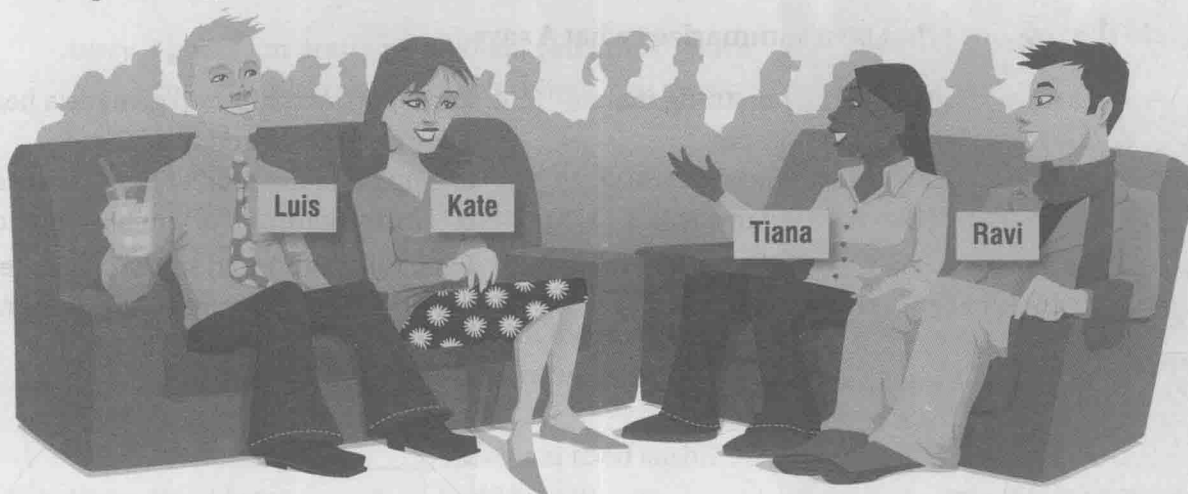
5. It's hard to find jeans that fit well.

6. Neon green and orange are great colors.

3 What's in fashion?

Vocabulary

A Look at the picture. Two things in each description are wrong. Underline the wrong word(s), and correct the sentences.



1. Luis is stylish in denim jeans and a short-sleeved shirt. His neon striped tie completes the outfit.

Luis is stylish in denim jeans and a long-sleeved shirt. His polka-dot tie completes the outfit.

2. Kate looks great in a plaid silk skirt. Her cashmere turtleneck sweater is one of the most popular looks this year.

3. Tiana is wearing fitted, dark blue straight-leg jeans. Her jacket never goes out of fashion.

4. Ravi's light gray scarf goes perfectly with his suede jacket. His fitted casual pants are available at stores everywhere.

B Look at the pictures. Write descriptions of Angelo's and Risa's clothing.

1. _____
- _____
- _____
- _____
2. _____
- _____
- _____
- _____

