



高等教育“十二五”规划教材

上册

大学英语 听说教程

COLLEGE ENGLISH

邹晓燕 韩伟 主编



科学出版社



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(上册)

邹晓燕 韩 伟 主编

科学出版社

北 京

内 容 简 介

本书是根据《大学英语课程教学要求》、新考纲及学生的实际情况而编写的听力训练教程。本书的练习部分主要以星期为单位来编排,周一到周四,每天的练习形式和训练重点有所不同,周而复始,力求让学生循序渐进地提高听力水平。

本书由 20 个单元组成,每个单元分为 4 个部分:

第一部分(Monday): 8 个短对话和 2 个长对话。本部分的录音会播放两遍,第一遍,学生完成题目;第二遍,自我检查。

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第四部分(Thursday): 整套模拟试题。(按四级考试形式播放)

本书主要供学生在课外自检自测,着力培养学生的自主学习能力。

图书在版编目(CIP)数据

大学英语晚听教程(上册)/邹晓燕,韩伟主编. —北京:科学出版社, 2011

(高等教育“十二五”规划教材)

ISBN 978-7-03-031961-6

I. ①大… II. ①邹… ②韩… III. ①英语-听说教学-高等学校-教材 IV. ①H319.9

中国版本图书馆 CIP 数据核字(2011)第 154432 号

责任编辑:王彦 / 责任校对:马英菊

责任印制:吕春珉 / 封面设计:科地亚盟

科学出版社出版

北京东黄城根北街 16 号

邮政编码:100717

<http://www.sciencep.com>

北京鑫丰华彩印有限公司印刷

科学出版社发行 各地新华书店经销

*

2011 年 8 月第 一 版 开本:787×1092 1/16

2011 年 8 月第一次印刷 印张:12 1/2

印数:1—5 000 字数:280 000

定价:48.00 元(上下册)

(如有印装质量问题,我社负责调换《鑫丰华》)

销售部电话 010-62134988 编辑部电话 010-62138978-8208 (HF02)

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前言

为了适应我国高等教育新的发展形势，深化教学改革，提高教学质量，教育部颁布了《大学英语课程教学要求》。新“要求”提出培养学生的英语综合应用能力，特别是听说能力，使其能在今后的工作和社会交往中用英语有效地进行口头和书面信息的交流。为体现新的教学要求的精神，全国大学英语四、六级考试也进行了相应的调整，从考试内容到题型都有了重大变化。

全新题型最为突出的变化就在听力部分：分值比重上升到了 35%，增加了长对话和复合式听写两种新题型。总体而言，听力难度加大了，对考生提出了较高的要求。因此，学习者更应该注意语言基本功，从提高实际英语能力出发，循序渐进，切实打下良好的听力基础。

一、大学英语四级等级考试听力简介

新四级考试的听力部分是整个试卷的第三部分，在写作和快速阅读之后，开始时间为上午 10 点，过程为 35 分钟左右。整个部分的分值占总成绩的 35%，具体情况如下表所示。

测试内容		测试形式	读音遍数	分值比例
对话	短对话 8 个	选择/8 题	1 遍	8%
	长对话 2 个	选择/7 题	1 遍	7%
短文	短文理解 3 篇	选择/10 题	1 遍	10%
	复合式听写 1 篇	填空/8 个单词+3 个句子	3 遍	10%

二、听力技巧简介

（一）影响学生听力理解的主要因素

1. 语音：很多学生自身发音不够准确，这对其辨别听到的内容构成了很大的障碍。
2. 语速：由于大多数老师在课堂上授课语速是较慢的，学生接触的听力材料又不够多，所以遇到较快语速的听力材料，适应起来有一定的困难。
3. 语法：学生自身语法基础的薄弱也会影响其对听力材料的理解。
4. 词汇：学生英语词汇量的大小及掌握的熟练程度，也是影响其听力水平的一个因素。
5. 文化差异：不少学生缺乏对西方文化背景知识的了解，如习语、典故等，听力理解过程中也会有一定困难。
6. 心理因素：紧张、焦虑、恐惧等心理状态会对听力理解造成较大的影响。

（二）听力技巧

1. 听前：浏览+预测。

在录音播放之前，抓紧时间浏览给出的选项和文字材料，并尽量从中发现一些背景信息和解题线索，这对之后的解题有很大的帮助。

2. 听中：抓住主题和关键。

在整个听音过程中，要尽量全神贯注，沉着应战。在听懂大意的基础上，抓住重点，

并力求快速记录一些关键词或重要信息。

3. 听后: 辨别异同, 果断作答。

听完后, 根据记忆和记录, 快速在选项中寻找符合原文的一项, 不要反复犹豫, 应尽量果断。

为了帮助考生更好地适应现行的四、六级考试, 我们编写了这本《大学英语晚听教程》。本书贴近“要求”和考纲, 是集多年教学经验和实践的力作。

本书具有以下主要特点:

1. 紧扣大纲, 针对性强。本书形式上完全贴合四、六级题型, 包括短对话、长对话、短文和复合式听写, 可供学生模拟练习和实战训练。

2. 选材科学, 代表性强。本书内容涉及日常生活、社会习俗、体育、教育、历史、文化、经济、法律以及科学技术等方面, 使考生能够在备考过程中有的放矢, 事半功倍。

3. 使用方便, 操作性强。本书提供免费的录音文件, 学习者可在电脑上使用, 也可使用 MP3 收听。

4. 匠心独具, 系统性强。本书的编写体系别具一格, 按星期编排练习, 让学习者每日有所练, 日积月累最终提高听力水平。

本书具有鲜明的特色, 它为学生独立学习提供一个良好的平台, 也是学生备考四、六级考试的必要材料。

在此, 特别感谢很多一线教师为本书编写所提供的无私帮助。由于编者水平有限, 书中难免有疏漏之处, 恳请广大读者和同行不吝赐教。

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试 题 部 分



Monday

Directions: In this section, you will hear 8 short conversations, and 2 long conversations twice. At the end of each conversation, one or more questions will be asked about what was said. After each question there will be a pause. During the pause, you must read the four choices marked A), B), C) and D) and decide which is the best answer.

Short Conversations

1. A) She move into a different office in the department.
B) She take a day off from studying.
C) She join the other students in the department.
D) She find more students to help with the move.
2. A) His advisor. B) His teacher. C) His partner. D) His boss.
3. A) She save her money for a long time.
B) She buy a new car.
C) She purchase a used car.
D) She get a second car.
4. A) Peter's car was accidentally lost. B) Peter was killed in a car accident.
C) Peter fell out of a car. D) Peter survived a car accident.
5. A) All the spiders are poisonous. B) All the spiders are harmless.
C) Some of the spiders are lovely. D) Some of the spiders are harmless.
6. A) He couldn't find Professor Smith's classroom.
B) He didn't understand.
C) Professor Smith speaks too slowly.
D) Professor Smith kept the class late.
7. A) He prefers staying at home because he doesn't like to travel.
B) He prefers taking a plane because the bus is too slow.
C) He prefers taking a bus because the plane makes him nervous.
D) He prefers travelling with the woman.
8. A) She doesn't enjoy going to the beach.

- B) The beach was closed.
- C) There wasn't enough food for every one at the barbecue.
- D) The barbecue was cancelled because of the weather.

Long Conversations

- 9. A) The most important thing in the world.
B) The most important thing in life.
C) One of the most important things in the world.
D) One of the most important things in life.
- 10. A) Should never feel jealous in his life.
B) Should never feel hurt in any kind of circumstances.
C) Should share your happy moments and feel happy for you.
D) Should always know where his friends are.
- 11. A) Both his wife and he should have their separate men and women friends.
B) His wife can only make female friends.
C) He should not make friends with women.
D) They should have the same friends.
- 12. A) Friends can make you kill time.
B) Friends can never cheat you.
C) Friends can help you when you are short of money.
D) Friends can understand what you are thinking about.
- 13. A) On his face.
C) In his mind.
14. A) His fishing rod.
C) His pants.
15. A) Forgetful.
C) Indifferent.
- B) In the bathroom.
D) Above the mirror.
B) His wallet.
D) His bait.
B) Tolerant.
D) Lazy.

Tuesday

Directions: In this section, you will hear 3 short passages twice. At the end of each passage, you will hear some questions, and you must choose the best answer from the four choices marked A), B), C) and D).

Passage 1

- 1. A) Dec. 25th.
C) Nov. 4th.
- B) July 4th.
D) The fourth Thursday in Nov.

2. A) Fall. B) Summer. C) Winter. D) Spring.
3. A) Early Europeans held a big celebration to thank God and the Native Americans for their survival.
- B) A big dinner was given to early Europeans to welcome their arrival.
- C) A special TV program was offered to distribute free Christmas presents.
- D) A celebration was held by the Native Americans for the arrival of the ship the Mayflower.

Passage 2

4. A) It has been proven to be the best pain-killer.
- B) It is a possible cure for heart disease.
- C) It can help lower high body temperature effectively.
- D) It reduces the chance of death for heart surgery patients.
5. A) It keeps blood vessels from being blocked.
- B) It speeds up their recovery after surgery.
- C) It increases the blood flow to the heart.
- D) It adjusts their blood pressure.
6. A) It is harmful to heart surgery patients with stomach bleeding.
- B) It should not be taken by heart surgery patients before the operation.
- C) It will have considerable side effects if taken in large doses.
- D) It should not be given to patients immediately after the operation.

Passage 3

7. A) The advantages of living in the countryside.
- B) The natural beauty of the countryside.
- C) A healthy lifestyle by people living in the countryside.
- D) A brief introduction to the countryside of both Britain and America.
8. A) Many beautiful areas and national parks are preserved in Britain.
- B) Britain has long and rugged coastline.
- C) Many Americans, young or old, like to live in the countryside.
- D) Some people have to drive to pick up their mails in the main road.
9. A) Clean, safe, and convenient.
- B) Vast green areas with few people to be seen.
- C) Public services are within the walk distance.
- D) Many go to work in towns with few working on farms.
10. A) Because of its environment. B) Because of its safety.
- C) Because of its beauty. D) Because of its ideal place for relaxation.

Wednesday

Directions: In this section, you will hear 2 passages three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks numbered from 1 to 8 with the exact words you have just heard. For blanks numbered from 9 to 11, you are required to fill in the missing information. For these blanks, you can either use the exact words you have just heard or write down the main points in your own words. Finally, when the passage is read for the third time, you should check what you have written.

Passage 1

The best way to improve your reading ability is, of course, to read. The student must make a real (1) _____ to improve his speed, and if necessary, his (2) _____ with each exercise. Too many students read (3) _____ and without (4) _____; they simply start at the first word and read through to the end.

However, you should read a passage actively, selectively and (5) _____. You must believe that you indeed have the ability to read faster and understand more.

Reading, like everything else in life, is best done when you are (6) _____. The key to improve it is (7) _____. You must be willing to break some old habits and form new ones. Extra body language should be stopped (8) _____ and completely. (9) _____
_____. Then you should see words as part of a whole sentence or paragraph, not just in isolation. (10) _____
_____.

The student must learn to improve reading skills on their own, and not just when a teacher is looking over his shoulder. (11) _____
_____. Don't give up.

Passage 2

Today, students who want to learn English in the U.S. have a wide choice of courses and institutions to (1) _____ from. And, because the U.S. is such a big country, they also have a huge variety of (2) _____ in which to study. The U.S. has a long (3) _____ of teaching English because, (4) _____ its history, the country has welcomed (5) _____ from all over the world, most of whom have needed to learn English. Today, the U.S.'s English language teaching sector is well developed and its teachers are highly (6) _____ and

experienced. American universities and colleges welcome many thousands of (7) _____ students each year, who (8) _____ in degree or post graduate courses. (9) _____

_____. These courses are called Intensive English Language Programs and (10) _____

_____. In addition to language teaching, Intensive English Language Programs give students (11) _____

_____.

Thursday

Section A Conversations

Directions: *In this section, you will hear 8 short conversations, and 2 long conversations. At the end of each conversation, one or more questions will be asked about what was said. After each question there will be a pause, during the pause, you must read the four choices marked A), B), C) and D) and decide which is the best answer.*

Short Conversations

1. A) It wasn't a good investment.
B) It should have lasted longer.
C) The man should buy new parts for it.
D) The man won't be able to get it repaired.
2. A) She's surprised the movie won so many awards.
B) There aren't many movies.
C) The man should watch the awards ceremony.
D) The movie is probably worth seeing.
3. A) The man shouldn't have invited her roommate to the meeting.
B) Her roommate was unable to attend the meeting.
C) Her roommate is unreliable to deliver messages.
D) She forgot about the time change.
4. A) She will take a walk this afternoon.
B) She will walk back and finish her homework.
C) She's going to buy some aspirin.
D) She probably works at the drugstore.
5. A) She does a lot of part-time work in museums.
B) She isn't really interested in art museums.