

独秀大学英语学习策略丛书

英语词汇学习策略

周晓玲 严幸智◎主编



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序

英语是一门综合分析性语言,其词汇量之大,是我国英语学习者、尤其是非英语专业的英语学习者在学习掌握英语过程中的一道难关。以汉语为母语的中国学生,若能熟记认知 9000 到 12000 个英语单词,那么,他/她阅读理解英语国家出版的报纸杂志和典籍的能力就会大大提高。当然,要熟记并掌握 9000 至 12000 个英语单词,必须经历一个珠积玉累、持之以恒的过程,绝非是为了备考而突击背单词所能奏效的。对一个不是为了“考试过级、万事大吉”,而是志在真正掌握英语的大学生来说,他/她将会一辈子都在与英语单词打交道。



我国古代文论家刘勰在其《文心雕龙》中指出:“夫人之立言,因字而生句,积句而成章,积章而成篇。篇之彪炳,章无疵也;章之明靡,句无玷也;句之清英,字不妄也;振本而末从,知一而万毕矣。”从刘勰的这一论述中我们至少可以悟出一点:说话或作文之目的是为了表达个人的思想观点,而能否取得预期效果,则用词是否精到、准确是其根本所在。无论用哪一种语言来表达思想,皆同此理。对大学英语学习者来说,不断扩大自己的词汇量关乎当前能否顺利完成规定的学习任务以及今后能否在英语学习方面进一步发展提高。我们都知道,脑子里贮存的可供调用的词汇量越大,我们在用英语进行会话或写文章时,所碰到的“想要表达却表达不出来”的令人尴尬的情况就会越少。于是,英语词汇学习的重要性已不言自明,无须赘述。

英语词汇分高频词和低频词。依本人对英语词汇的考察,浅见认为,基于人类语言的共性——体验性、象征性和模糊性,我们

可从英语的高频词汇中析出其核心词汇。英语核心词汇主要由那些表述人体部位、人体动作的词语以及由它们派生出来的短语组成。可以信手拈出例子说明。例如: face, head, heart, beat, carry, catch, come, cover, do, fall, feel, go, have, hold, keep, look, make, move, play, press, put, pull, push, run, sit, stand, switch, take, turn, watch, 等等。这类词语以及由它们派生出来的短语在英语中极其活跃,表现力极强。我主张,在大学英语教学中,教师应引导学生关注这类词汇;学生作为学习主体应养成熟记并应用这类词汇的习惯和自觉性。学生若能养成这方面的习惯和自觉性,将会在英语词汇的学习记忆和实际运用中获益匪浅。

摆在读者面前的这本题为《英语词汇学习策略》的教辅书,是独秀大学英语学习策略丛书中的第二册。策略之谓,对策与方法也。本书简明扼要地介绍了英语词汇学习策略:“认知策略包括:语境、分类、推断、联想、对比、演义、运用、练习、笔记、查字典,关于认知策略我们主要介绍语境、分类、推断、联想、对比 5 种策略。”依本人之见,在诸多英语词汇学习策略中,最值得强调的是“对比”、“联想”和“运用”。“对比”有助于触类旁通,激活记忆贮存;“联想”不但有助于举一反三,更有助于实现由短时记忆进入长时记忆;“运用”则有助于巩固记忆。如果在英语词汇学习中做到了“学之用之”,就能对一些学过的词语经久不忘,完全实现长时记忆。这是因为,语言是在使用中习得的。

本书编写者按“以例出法”的原则编写此书,凸显了它的实用性和针对性;同时,既有理论根据又有大量实例佐证。本书采撷的实例涵盖面广,是对当前通用的各种版本《大学英语》教材内容的适当补充。本书作为一本教辅书,就其涉及的内容而言,非常适合大学英语学习者学用。

行文至此,爰成几句韵语如下,作为本《序》的结语:

单词记忆若得法
事半功倍亦轻松



欲知如何记单词
方略已在此书中

柏敬泽

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前言

学英语,免不了要记单词,背短语。除了务必要有“铁杵磨针”的毅力和“水滴石穿”的坚持外,在词汇学习方面讲究策略也是十分重要的。

本书从学生的学习实际和学习需求出发,贯穿“用中学、学中用”的编写理念,介绍了几种常见的英语词汇学习策略,并辅之以大量练习,目的是让学生通过本书随附的练习材料初步学会运用这些策略。

英语词汇学习策略分为两大类:认知策略和元认知策略。认知策略包括:语境、分类、推断、联想、对比、演义、运用、练习、笔记、查字典。关于认知策略,我们主要介绍语境、分类、推断、联想、对比5种。

对每一种词汇学习策略,我们都编有例词,辅之以练习题,并提供参考答案,可供大学英语学习者自主学习之用。这些策略相互关联、相辅相成,如果能坚持不懈地、灵活地运用,相信大学英语学习者定能在学习和记忆英语单词方面产生事半功倍的良好效果。

例子、练习和答案中用的单词主要选自《新视野大学英语》和《全新版大学英语》的教材,四级词汇覆盖率达80%以上。对这些词汇的掌握将有助于大学英语学习者顺利通过四级考试,同时也有助于他们掌握词汇记忆的规律,提高学好英语的自信心,不再为背单词、记短语之事而感到苦恼或索然乏味。

本书得以出版问世,我们感谢广西师大外国语学院领导的大力支持和热情鼓励,感谢广西师大外国语学院资深专家柏敬泽教



授的指点和帮助,感谢广西师大外国语学院大学英语教学团队以及教学论方向研究生们的积极参与。

书中难免出现疏漏和不足之处,我们诚挚希望读者和专家不吝赐教,提出宝贵意见。

周晓玲 严幸智

2013 年 3 月



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第 1 章

在语境中学单词

通过语境学单词可以加深对单词的理解和记忆,但不容易做到。很多同学知道从上下文猜词很重要,但觉得无从下手,遇到生词还是以查词典为主。关于如何从上下文猜词义,通常主要有以下几种方法:

1.1 利用上下文里的同义词和近义词

在写作过程中,为了避免重复,作者经常用不同的词表达同一个概念或意义,这为我们猜词义提供了很好的线索,请看下面例子:

A study of more than 12,000 American teenagers found that young people who spend more time with their parents are happier than ... It was also found kids who spend more time with their parents do better in their school subjects ...

假设例子中的 teenager 和 kid 是生词,我们可以这样来猜测:一项对美国 12 000 名 teenagers 的调查发现,与父母在一起时间较多的年轻人(young people)更快乐。那么 teenagers 是不是就是“年轻人”的意思呢?后面又说“... kids who spend more time with their parents do better in their school subjects ...”,这个句子的句型和意思都与前面的“... young people who spend more time with their parents are ...”很接近。那么, kids 是否就意为 young people 呢?学习者稍加分析就能猜出单词的准确意义。



练习

- (1) With the help of his teacher, he got an opportunity to learn English in Britain. So he made his mind to catch this good chance to master English very well.
- (2) The music has a strong rhythm; you can follow the regular repeated pattern of sounds to have a dance with me.
- (3) The thieves intimidated the general manager by saying that they would kill him; the manager was so frightened by their threats that he agreed to give all of his money and credit cards to them.
- (4) “Don’t just watch me; give me some positive advice.” Tom said to me. But at that time, I hadn’t any effective or helpful idea in my mind, so I just kept silent.
- (5) My meeting with my friend in New York was not an expected encounter.
- (6) Every year, many visitors come to this beautiful and comfortable island to enjoy themselves because they think it is an ideal place for a holiday.
- (7) Nothing is more precious than life and time. Since the two are so priceless, everyone should cherish them.
- (8) The herdsman, who looks after sheep, earns about 650 *yuan* a year.
- (9) The schools are reluctant to take time off—even teachers with tickets for the England-Argentina game had trouble getting the day off.
- (10) The dish was so delicious that I enjoyed it very much.
- (11) Cleaning up waterways is an enormous task. The job is so large, in fact, that the government may not be able to save



some of the rivers and lakes which have been polluted.

- (12) A mosquito is a small flying pest that thrusts(刺) the skin and then drinks blood.
- (13) The word “adolescence” means the period between childhood and adulthood.
- (14) A person who is skilled at making or repairing wooden objects is called a carpenter.
- (15) His uncle is a zoologist, an expert who does research on animals.
- (16) We are on the night shift—from midnight to 8 a. m.—this week.
- (17) Now in China there are many senior citizens who are very old and need the whole society to take care of them.
- (18) When you grow older you need more discipline. If you don't know how to control yourself you will never be mature.
- (19) When you become a married man you have to keep your commitment to your marriage which is the promise you have given to your wife on your wedding day.
- (20) Now many net citizens like to post their opinions on the Internet, which means they like to put up some discussions or suggestions on some particular websites.
- (21) Science keeps progressing because people dare to challenge old theories just like Copernicus questioned the rightness of the geocentric theory.
- (22) The new policy facilitates the increase of the social productivity which makes the producers easier to create more opportunities to enlarge their production of the commodities.
- (23) Computers operation skills are very essential to the staff in this company, because they have to use computers when they do



their jobs.

- (24) As soon as Jim knows he commits a mistake he will correct it immediately. He said, “When you know you have done something wrong but still stick to it, that will make you very stupid.”
- (25) According to the weather forecast it is likely to rain or probably be cloudy.
- (26) The mass medium has no comment on this event. I think it is very strange that no people express their opinions as to such a big event.
- (27) What you have done to your roommates is very disgusting. I have to say your behavior is always very unpleasant.
- (28) When you fill in the form, make sure to write down the name of your spouse, that is, the name of your husband or wife.
- (29) The new president of our university will like to address on New Year's Eve. When he makes this speech, all the staff will be invited to listen at home.
- (30) Many women don't know how to match the color of their top with their skirt. If the color of the top isn't suitable for the skirt it will make you look very funny.
- (31) When you meet difficulties, remember to lighten up. Making yourself cheerful can help you to overcome the difficulties more easily.
- (32) I lost contact with one of my good friends who moved to another city. I really hope I can still keep in touch with her.
- (33) What he said depressed me a lot. I was wondering why he always liked to make me unhappy by his words.
- (34) The audience gave a lot of laughter. The people who were listening to their talk show really liked their performance.



- (35) Your judgment will be very important to you. The opinion on everything will decide what kind of life you will have.
- (36) Should the government regulate the cost of resources such as oil and gas? Some people do not believe that government control is the solution to the problem of the rising cost of fuel.
- (37) Doctors, scientists and public health experts often travel to these regions to solve the mystery of a long healthy life; the experts hope to bring to the modern world the secrets of longevity.
- (38) I see people, old and young alike, are now taking tests of intelligence, education and skill. I wonder why there is no test of one's virtue or goodness.
- (39) It's not only drivers who cause accidents. People on foot—pedestrians and bicycle riders often cause accidents, too.
- (40) Girls tend to outperform boys in their education, and this may lead schools to assume all girls will do better than boys in study.
- (41) The weather in Hawaii is always mild. It is pleasant and warm. There is usually a light wind to cool the air.
- (42) This small Christmas tree is made of plastic. It is not a real tree. It is artificial.
- (43) There are many storybooks written for children that have historical value. Photographs lend authenticity or reality to these books as well as teach the lesson in an enjoyable manner.
- (44) Children often try to emulate or copy the behavior that they see on TV.
- (45) When it comes to manufactured goods, there is actually more diversity in this country than Europe has ever known. The variety of goods carried by our stores is the first thing that impresses any visitor from abroad.
- (46) Medical scientists and computer scientists have worked together



to develop computer programs to identify diseases from signs, symptoms and test results.

- (47) There was a consensus, or an agreement, among the faculty to require one term paper for each course.
- (48) The organisms that survive will be the ones that overcome their enemies or rivals.
- (49) We may have special standards or criteria in mind when we analyze something.
- (50) Many famous psychologists are trying to understand the problems modern people suffer from, but these eminent scholars are confused about what causes them.
- (51) Some people don't like to travel to foreign countries. They prefer the comforts and familiarity of home instead of the strangeness of an alien environment.
- (52) The young man was unfriendly, bitter and angry, even though everyone else seemed happy and pleasant. I could not imagine why he had so much hostility towards everyone.
- (53) As Jane looked so immature, everyone expected her to act childishly.
- (54) In order to discover who had a natural ability to learn language, the students were given a test to determine their language aptitude.
- (55) He replied quickly. But after he considered carefully, he regretted having made such a hasty decision.
- (56) But sometimes no rain falls for a long time. Then there is a dry period, or drought.
- (57) The government has budgeted £100 million for education spending.
- (58) Jane is a diligent and careful girl. She is a good student. All her

