

上海市上海中学·编

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初中 英语辅导100天

每天30分钟

Tian

初中英语辅导 100 天

上海市上海中学编写组 编

上海科技教育出版社

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前 言

本书以广大初中学生为对象，集我们多年的英语教学实践经验，根据十年制中学英语教学大纲(初中部分)编写的。

本书对初中学生学习英语的重点和难点，以及必须掌握的语法和语言点，以练习形式加以归纳整理。通过练习，可以解决初中英语教学中的许多实际问题 and 提高学生应试能力。

本书共分100个单元，其中1~20单元为A级，21~40单元为B级，41~60单元为C级，61~85单元为D级。一般说，A、B、C三级为基本点，D级为较高要求，86~100为阅读理解练习题。书末附有两份自测题，供读者在做完全册练习后自测使用。本书可供初中在校学生复习、高中学生复习初中所学内容用，也可供教师日常教学和复习时作参考。书中答案供读者参考，有些题目可能有多种答案。

本书1~85单元的1~12题及86~100单元由陈敏老师编写，1~85单元的13~25题由裔蕙茜老师编写。如有不当之处，欢迎读者批评指正。

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CONTENTS (目 录)

Unit	1		
Unit 1 (1)	Unit 2 (2)	Unit 3 (4)	Unit 4 (5)
Unit 5 (7)	Unit 6 (8)	Unit 7 (10)	Unit 8 (11)
Unit 9 (13)	Unit 10 (14)	Unit 11 (16)	Unit 12 (17)
Unit 13 (18)	Unit 14 (20)	Unit 15 (22)	Unit 16 (23)
Unit 17 (24)	Unit 18 (26)	Unit 19 (27)	Unit 20 (29)
Unit 21 (30)	Unit 22 (32)	Unit 23 (34)	Unit 24 (35)
Unit 25 (37)	Unit 26 (39)	Unit 27 (41)	Unit 28 (42)
Unit 29 (43)	Unit 30 (45)	Unit 31 (47)	Unit 32 (49)
Unit 33 (50)	Unit 34 (52)	Unit 35 (53)	Unit 36 (55)
Unit 37 (57)	Unit 38 (60)	Unit 39 (62)	Unit 40 (64)
Unit 41 (65)	Unit 42 (67)	Unit 43 (70)	Unit 44 (71)
Unit 45 (73)	Unit 46 (75)	Unit 47 (77)	Unit 48 (79)
Unit 49 (81)	Unit 50 (83)	Unit 51 (84)	Unit 52 (86)
Unit 53 (88)	Unit 54 (90)	Unit 55 (92)	Unit 56 (94)
Unit 57 (96)	Unit 58 (98)	Unit 59 (101)	Unit 60 (103)
Unit 61 (104)	Unit 62 (106)	Unit 63 (108)	Unit 64 (110)
Unit 65 (112)	Unit 66 (114)	Unit 67 (116)	Unit 68 (118)
Unit 69 (120)	Unit 70 (122)	Unit 71 (124)	Unit 72 (126)
Unit 73 (128)	Unit 74 (130)	Unit 75 (133)	Unit 76 (135)
Unit 77 (137)	Unit 78 (140)	Unit 79 (142)	Unit 80 (145)
Unit 81 (147)	Unit 82 (149)	Unit 83 (151)	Unit 84 (154)
Unit 85 (157)	Unit 86 (160)	Unit 87 (162)	Unit 88 (164)
Unit 89 (165)	Unit 90 (166)	Unit 91 (168)	Unit 92 (169)
Unit 93 (171)	Unit 94 (172)	Unit 95 (174)	Unit 96 (175)
Unit 97 (177)	Unit 98 (178)	Unit 99 (179)	Unit 100 (182)
Test Paper (一)	184		
Test Paper (二)	192		
Key and Notes	206		

Unit

Unit 1

一、找出发音不同的词:

1. a. dear b. hear c. wear d. near
2. a. forty b. worse c. short d. corner
3. a. moon b. soon c. foot d. shoot
4. a. country b. house c. mountain d. shout
5. a. what b. whole c. white d. where

二、根据音标和句子意思填词:

6. It's too _____ ['difikəlt] to finish the work within three months.
7. In autumn, leaves _____ [tə:n] yellow.
8. Can you think of a _____ [wai] to work out the problem?
9. _____ [iks'kju:z] me, can you tell me the way to the post office?
10. Will you meet her at the _____ ['steifən] this afternoon?
11. The nearest bus stop is at the _____ ['kɔ:nə] of the street.
12. The sun _____ [raiziz] in the east and sets in

the west.

三、划出下列各句中表示人的名称的词:

13. The girl saw her sister.
14. The pupils are staying with their teachers.
15. The soldiers were led by an officer.

四、划出下列各句中表示事物名称的词:

16. On the desk there are some apples and oranges.
17. Open your books and read the words on page one.
18. The car went quickly along the road.

五、写出 5 个表示动物的名称的词:

19. _____

六、用合适的名词填空:

20. Ali opens the _____ of the _____.
21. Mary went to the _____ and bought a _____.
22. The _____ climbed the _____ and picked an _____.

七、将下列单数形式的名词变成复数形式:

23. horse, car, day, tree, shop, bottle
24. brush, box, church, fox, hero, cargo
25. leaf, half, baby, city, sheep, foot

Unit 2

一、找出发音不同的词:

- | | | | |
|----------------------|-------------------|------------------|----------------------|
| 1. a. <u>a</u> bout | b. <u>a</u> bove | c. <u>a</u> ble | d. <u>a</u> dvice |
| 2. a. t <u>r</u> y | b. b <u>y</u> | c. t <u>y</u> pe | d. p <u>h</u> ysical |
| 3. a. c <u>l</u> ean | b. br <u>e</u> ak | c. m <u>e</u> at | d. h <u>e</u> at |

4. a. agree b. along c. age d. ahead
 5. a. change b. cheap c. chair d. chemical

二、根据音标和句子意思填词：

6. You won't _____ [ki:p] up with your classmates if you don't study harder.
 7. Can you tell me how long it _____ [teiks] you to walk to your school from your home every day?
 8. Are we going to have a physics _____ [test] next Monday?
 9. This book has _____ ['nʌθɪŋ] to do with our work. We are not going to buy it.
 10. Will you show us _____ [ə'raʊnd] your school?
 11. I met a friend of _____ [main] on my way home.
 12. He left in such a _____ ['hæri] that he forgot to close the door.

三、指出下列各句中所出现的专有名词：

13. Tom came to our school on Saturday.
 14. Beijing is the capital of China.
 15. Mary has gone to Turkey.

四、抄写下列句子，将应该大写的字母改成大写：

16. my brother's name is george.
 17. william shakespeare was one of england's greatest poets.
 18. my birthday is on thursday, the 15th of may.

五、写出下列短语的所有格形式：

19. the homes of the boys

20. the legs of the horse

21. the barks of the dogs

六、在下列名词前的横线上填上适当的形容词：

22. a _____ horse, a _____ day, a _____ dinner, a _____
book, a _____ boy, a _____ tree, a _____ headache

七、用数量形容词填空：

23. There were _____ bottles on the wall.

24. You have not done very _____ work.

25. There are not _____ pictures in that book.

Unit 3

一、找出意思相近的词或词组：

- | | |
|---------------|--------------------------------|
| 1. () easy | a. the last season of the year |
| 2. () maybe | b. father or mother |
| 3. () decide | c. not difficult |
| 4. () parent | d. perhaps |
| 5. () winter | e. make up one's mind |

二、根据要求写出相应的词：

- | | | |
|------------|--------|-------|
| 6. swam | (原型动词) | _____ |
| 7. fight | (过去式) | _____ |
| 8. dig | (现在分词) | _____ |
| 9. bench | (复数) | _____ |
| 10. well | (最高级) | _____ |
| 11. sink | (过去分词) | _____ |
| 12. danger | (反义词) | _____ |

三、用 what, which, whose 填空：

13. _____ bicycle is that?
14. _____ question have you answered?
15. _____ time is it now?
16. _____ lesson do you like best?
17. _____ colour were the bottles on the shelf?
18. _____ bicycle do you want?
19. _____ price is that bicycle?
20. _____ pencil is on the desk?

四、用由 is, was, am, are, were, has, have, had, will 与
括号内的动词组成的两部分动词填空:

21. The woodman _____ (cut) a piece of wood when I saw him.
22. The woodcutter _____ (lose) his axe when he got home.
23. Tom's mother _____ (cook) a good dinner.
24. The Fairy said, "I _____ (give) you the gold axe and the silver axe."
25. The boys _____ (play) in the playground, while the girls were doing their lessons.

Unit 4

一、找出意思相近的词或词组:

- | | |
|--------------------|--------------------------|
| 1. () wash | a. get to |
| 2. () problem | b. quickly |
| 3. () leave | c. make clean with water |

4. () fast d. question
5. () arrive at (in) e. go away

二、根据要求写出相应的词：

- | | | |
|-----------|--------|-------|
| 6. woke | (原型动词) | _____ |
| 7. twenty | (序数词) | _____ |
| 8. fall | (过去式) | _____ |
| 9. win | (现在分词) | _____ |
| 10. brush | (复数) | _____ |
| 11. much | (最高级) | _____ |
| 12. speak | (过去分词) | _____ |

三、指出下列各句中的主语、谓语、宾语、表语、状语、宾语补足语及定语：

13. Birds fly.
14. The pupil reads a book.
15. Margaret goes to school.
16. His father is a worker.
17. The flower seems dead.
18. They work hard.
19. He was talking to a teacher when I saw him.
20. I found it important.

四、用代词代替句中的划线词：

21. The teacher gave John a lesson.
22. Margaret is a nice girl. My wife and I like Margaret.
23. My dog is called Tim. My dog is very nice.
24. The teacher spoke to John and Margaret. The

teacher asked John and Margaret to come and see the teacher.

25. "My name is Li Lian. What are your names?"
"Our names are Jane and Elizabeth. Jane and Elizabeth are very pleased to meet Li Lian. Is Li Lian pleased to meet Jane and Elizabeth?"

Unit 5

一、填元音字母，每空一个字母：

- | | | |
|---------------|--------------|----------|
| 1. s__rry | sp__ceship | sp__rit |
| 2. st__mp | st__tion | str__ct |
| 3. str__ng | str__ggle | subj__ct |
| 4. s__mmer | surpr__se | sw__m |
| 5. teleph__ne | temp__rature | t__mple |

二、写出下列单词的音标：

- | | | | |
|-----------|---------|-------|---------|
| 6. fourth | [] | force | [] |
| 7. they | [] | day | [] |
| 8. three | [] | free | [] |
| 9. think | [] | sink | [] |
| 10. light | [] | right | [] |
| 11. sun | [] | sung | [] |
| 12. there | [] | dare | [] |

三、将下列形容词变为副词：

13. quick, fast, slow, hard, bright, good, quiet,
- _____

bad, clear, sudden

四、指出句子中每个副词是表示动作的方式、地点还是时间：

14. The boy wrote badly.
15. I will do the work carefully.
16. You are working too hard.
17. Open the door quietly.
18. Come here, I want to speak to you.
19. I saw Jane yesterday and I shall see her again tomorrow.
20. John drove the car fast along the wide road but slowly in the crowded streets.
21. It was a beautiful day, the sun was shining brightly, the birds were singing sweetly and the children were playing in the park.
22. Mary is a good singer, I didn't know she sang so well.
23. Learning English is hard work, but I want to learn it and so I will work hard.

五、翻译句子，注意副词的用法：

24. 士兵们战斗得很勇敢。
25. 她坐在那里。

Unit 6

一、填元音字母，每空一字母：

1. saf__ty

sat__llite

s__tisfy

2. sc__ence	seas__n	sent__nce
3. s__rious	serv__nt	sev__n
4. sh__ke	sh__rtcoming	sil__nt
5. s__ze	sm__le	sm__ke

二、写出下列单词的音标：

6. cap	[]	cup	[]
7. here	[]	hare	[]
8. west	[]	vest	[]
9. thin	[]	thing	[]
10. thing	[]	sing	[]
11. light	[]	night	[]
12. some	[]	son	[]

三、划出下列各句中的介词：

13. The driver of the car went fast.
14. My mother cut the cake with a knife.
15. The cake was made by my sister.
16. The cat jumped through the window.
17. They finished their work at four o'clock.
18. We played football after the lesson.
19. She lives in our street.
20. Alice sang a song at the concert.
21. The sound of the bell was heard all over the house.
22. After a week or two the doctor sent the bill for his visits.

四、用连词 and, but, because, until 或 or 连接前后句子：

23. Alice played the piano. Mary sang a song.

24. Tom has a new bicycle. He can't ride it.
25. Finish your exercise. You won't be allowed to play football.

Unit 7

一、找出发音不同的词：

- | | | | |
|-----------------------|--------------------|----------------------|--------------------|
| 1. a. <u>g</u> eneral | b. a <u>g</u> o | c. <u>g</u> un | d. <u>g</u> ame |
| 2. a. bo <u>y</u> s | b. gi <u>r</u> ls | c. ca <u>r</u> s | d. tru <u>c</u> ks |
| 3. a. sail <u>e</u> d | b. pass <u>e</u> d | c. answer <u>e</u> d | d. play <u>e</u> d |
| 4. a. t <u>a</u> lk | b. h <u>a</u> lf | c. ch <u>a</u> lk | d. w <u>a</u> ll |
| 5. a. sp <u>e</u> ak | b. h <u>e</u> at | c. gr <u>e</u> at | d. <u>e</u> ach |

二、根据音标和句子意思填词：

6. I've just _____ [ri'si:vɪd] a letter from my sister.
She is in Japan.
7. This typewriter is new and that one is very _____ [əʊld].
8. The _____ [brɪdʒ] over there is made of stone.
9. I think this _____ [pi:s] of music is very beautiful.
What do you think of it?
10. Are the children _____ [pleɪɪŋ] happily in the garden?
11. Please make a _____ ['sentəns] with the verb 'clean'.
12. Great changes have taken place since _____ [lɪbə'reɪʃən].

三、用连词 and, but, because, untill 或 or 连接下列前后句子:

13. We can't play football. We have lost the ball.
14. George knocked at the door. The servant opened it.
15. Fred came to see us. He didn't stay long.
16. The housekeeper told the servant to stay with Newton. He had eaten the egg.
17. You must work hard. You won't be a good student.

四、在必要的地方填上 a 或 an:

18. That is _____ man.
19. These are _____ men.
20. _____ house can be built of _____ stone.
21. _____ cow is _____ animal.
22. _____ cows are _____ animals.
23. _____ cigarette is made of _____ tobacco and _____ paper.
24. _____ chair is made of _____ wood.
25. _____ chairs are made of _____ wood.

Unit 8

一、找出发音不同的词:

- | | | | |
|-------------------|-----------------|-------------------|-----------------|
| 1. a. <u>hair</u> | b. <u>here</u> | c. <u>where</u> | d. <u>there</u> |
| 2. a. <u>me</u> | b. <u>these</u> | c. <u>Chinese</u> | d. <u>next</u> |

- | | | | |
|---------------------|------------------|------------------|-------------------|
| 3. a. <u>st</u> ill | b. <u>sm</u> ile | c. <u>wr</u> ite | d. <u>f</u> ine |
| 4. a. <u>pu</u> t | b. <u>hu</u> ge | c. <u>u</u> se | d. <u>f</u> uture |
| 5. a. <u>ha</u> nd | b. <u>ba</u> ck | c. <u>f</u> at | d. <u>f</u> ast |

二、根据音标和句子意思填词：

- This book is written _____ [bai] Mr. Zhu.
- The fisherman _____ [dru:] in his net and found only one fish in it.
- The Chinese scientists have done a lot in the _____ [fi:ldz] of science.
- The People's Republic of China was _____ [faun-did] in 1949.
- There is a beautiful garden in _____ [frant] of the building.
- The famous spy was _____ [hæŋd] in October, 1939.
- We Chinese people are working hard to make our _____ ['kantri] richer and stronger.

三、翻译下列句子，注意动词形式：

- 今年，我在二年级英语班。
- 去年，我在一年级英语班。
- 明年，我将在三年级英语班。
- 今天，我在外衣上戴了一朵花。
- 昨天，我在外衣上戴了一朵花。
- 明天，我要在外衣上戴上另一朵花。
- 这周，我的学生们在四号房间做功课。
- 上周，他们在三号房间做功课。