

义务教育课程标准实验教科书

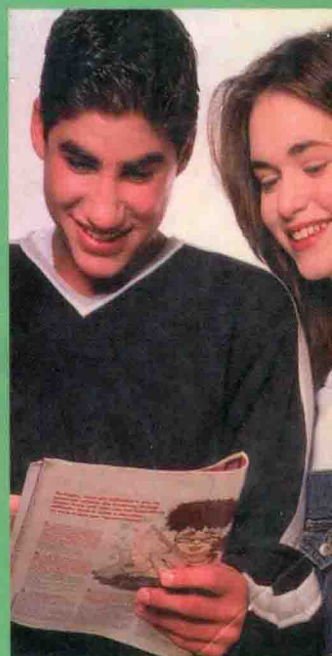


英语(新目标)

# 同步听力

八年级 上册

人民教育出版社教学资源分社 策划组编



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初中英语跟我学

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## 编写说明

为配合人民教育出版社出版的《义务教育课程标准实验教科书英语（新目标）》的推广使用，使学生的英语水平和听、说、读、写技能达到课程标准规定的要求，形成一定的综合语言运用能力，我们组织北京市人大附中和北大附中的教师编写了《初中英语跟我学》丛书。丛书紧密配合教材，包括：《同步听力》《同步阅读》《同步写作》和《同步词汇语法》。

丛书编排形式新颖，体现一定的指导和辅导作用；训练题型多样、有新意，体现能力的培养；选材语言地道、题材广泛、信息量大，体裁多样，具有知识性、欣赏性和趣味性，体现时代气息。

丛书突出综合语言运用能力的培养，坚持素质教育与适应应试教育相结合的原则，有以下特点：

1. 权威性。丛书作者系长期从事教学工作的第一线实验区的著名教师。既熟悉课程标准和教材，又有多年的研究成果、教学经验和最新的资料。同时，教科书的编者也给予指导并审阅了全部书稿。

2. 实用性。丛书依据教育部新近颁布的英语课程标准，紧密配合最新出版的人教版义务教育课程标准实验教科书，注重语言知识的体系、规律和创新，使学生在知识、能力和智力等方面都得到提高和发展。

3. 针对性。从学生认知心理和认识过程的实际出发，充分考虑学生理解能力和接受程度，培养学生听、说、读、写技能，发展他们综合运用语言的能力。

4. 启发性。对语言知识的难点、重点和学习中易出现的错误，提出指导性意见，指出理解、掌握知识的学习思路和运用时的注意事项。注重综合语言运用能力的培养，启发学生积极思维，拓展学生的视野，丰富学生的知识面，调动学生的学习积极性。

新课程标准教材的实验刚刚开始，这套丛书的编写也是探索，欢迎广大一线教师提出建议和批评，并把你们有价值的实践成果提供给我们，以便再版修订时参考。

编者

2007年5月

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## How often do you exercise?

**1** Listen to the sentences, choose the correct answer for the sentence you hear. (听句子, 选择正确答语)

- ( ) 1. A. I usually play soccer.  
B. I don't like it.  
C. I often watch TV on weekdays.  
D. I read English every day.
- ( ) 2. A. For an hour.  
B. Once a week.  
C. All the week.  
D. At 10 o'clock.
- ( ) 3. A. That's interesting.  
B. His favorite sport is swimming.  
C. He likes TV programs.  
D. It's *Animal World*.
- ( ) 4. A. Twice a week.  
B. Once a month.  
C. Every day.  
D. Three times a year.
- ( ) 5. A. Eight.  
B. Nine times.

- C. Once a day.
- D. Too many hours.

**2 Listen to the tape and fill in the chart.** (听录音, 完成表格)

	read English stories	write in English	watch English programs
Mary			
Jim			

**3 Listen to the conversion. Write T(true) or F(false) before each statement.** (听对话判断下列句子是否符合对话的内容, 符合的写 T, 不符合的写 F)

- ( ) 1. Alison is Tom's cousin.
- ( ) 2. Alison is a running star in Hilltop High School.
- ( ) 3. Alison drinks milk and eats meat and a lot of fruit and vegetables three times a day.
- ( ) 4. Alison exercises five times a week.
- ( ) 5. Alison is good at study because good food and exercise help him to study better.



**4 Listen to the passage. Choose the right answer.**

(听短文, 选择正确答案)

- ( ) 1. According to the doctor, what will help the old gentleman to be healthy?
- A. Medicine.
  - B. Have a complete rest.
  - C. Drink juice.
  - D. Smoke.
- ( ) 2. According to the doctor, how often should the old gentleman drink milk?
- A. Four times a week.
  - B. Once a day.
  - C. Twice a week.
  - D. Three times a month.
- ( ) 3. According to the doctor, how often should the old gentleman take a walk?
- A. Every day.
  - B. Twice a day.
  - C. Three times a week.
  - D. Four times a week.
- ( ) 4. How was the old gentleman after a month?
- A. He felt healthier.
  - B. He became younger than before.
  - C. He didn't feel quite well.
  - D. He became unhealthier than before.

- ( ) 5. Why did the old gentleman say that the cigars almost killed him?
- A. It was his first time to smoke because he wanted to follow the doctor's advice.
  - B. The cigars were so strong that he liked it very much.
  - C. He smoked all the time.
  - D. He thought it was a joke for him to smoke one cigar a day.

## What's the matter?

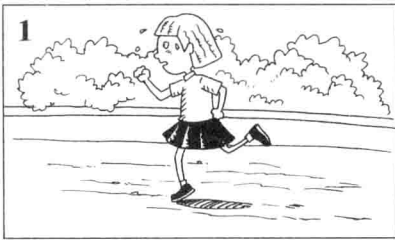
**1** Listen to the sentences, choose the correct answer for the sentence you hear. (听句子, 选择正确答语)

- ( ) 1. A. I have a sore throat.  
B. My nose is big.  
C. His bike is broken.  
D. You don't feel well.
- ( ) 2. A. Thanks.  
B. I will drink a glass of water.  
C. That sounds like a good idea.  
D. I will listen to you.
- ( ) 3. A. You should drink a lot of water.  
B. You should lie down and have a rest.  
C. You should drink some hot tea with honey.  
D. You should see a dentist.
- ( ) 4. A. The medicine didn't cost much.  
B. He has to take the medicine in the afternoon.  
C. Twice a day.  
D. For one hour.
- ( ) 5. A. About two days ago.  
B. Three times a week.

C. In two days.

D. For two hours.

**2 Listen to the conversations. First match the pictures, then fill in the blanks. (听录音, 先连线, 然后填空)**



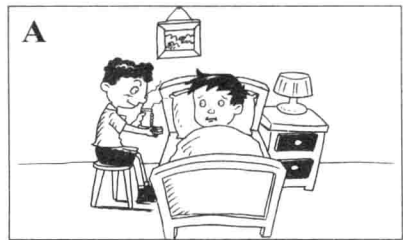
She feels \_\_\_\_\_.



He has \_\_\_\_\_.



She feels \_\_\_\_\_.



He should \_\_\_\_\_.



She should \_\_\_\_\_.



She should \_\_\_\_\_.

**3 Listen to the passage. Write T(true) or F (false) before each statement.** (听短文判断下列句子是否符合短文的内容, 符合的写 T, 不符合的写 F)

- ( ) 1. I got a fever last week.
- ( ) 2. The doctor was too serious so that I was afraid.
- ( ) 3. The doctor advised me to drink hot water with honey and eat more fruit.
- ( ) 4. I should take some aspirin and some medicine for my sore throat.
- ( ) 5. I thought staying at home was comfortable and I didn't want to go to school.

**4 Listen to the passage. Choose the right answer.** (听短文, 选择正确答案)

- ( ) 1. How old was George?
- A. Sixteen.
- B. Six.
- C. Sixty.
- D. Sixth.
- ( ) 2. George went to the doctor because \_\_\_\_\_.
- A. he didn't like doctors
- B. he felt very bad
- C. he liked to see the doctor

- D.** he didn't want to listen to his wife
- ( ) 3. George liked to drink \_\_\_\_\_.
- A.** water
  - B.** milk
  - C.** drinks
  - D.** whisky
- ( ) 4. What was the doctor's advice?
- A.** Drink more whisky.
  - B.** Drink more milk.
  - C.** Drinking milk is dangerous.
  - D.** George couldn't drink milk because he was not a baby.
- ( ) 5. Why did George tell the doctor that drinking milk was dangerous?
- A.** Because his friend was dead because of drinking milk of a cow.
  - B.** Because George couldn't drink milk.
  - C.** Because George didn't like milk and this was an excuse.
  - D.** Because George's wife didn't want him to drink milk.

## What are you doing for vacation?

**1** Listen to the sentences, choose the correct answer for the sentence you hear. (听句子, 选择正确答语)

- ( ) 1. A. I'm visiting my grandmother.  
B. I'm playing football now.  
C. I did nothing.  
D. I'm going camping next month.
- ( ) 2. A. In a week.  
B. Two weeks ago.  
C. For a week.  
D. After a week.
- ( ) 3. A. He is visiting his parents.  
B. He is going on Sunday.  
C. He is going with Mary.  
D. He is going for holiday.
- ( ) 4. A. I'm leaving for Chicago.  
B. I'm leaving at nine o'clock.  
C. I'm leaving with Mike.  
D. I'm leaving from Tokyo at nine o'clock.
- ( ) 5. A. Great. Let's go.  
B. Enjoy yourself.

C. Bye-bye.

D. That's good advice.

**2 Listen to the tape and fill in the chart.** (听录音, 完成表格)

Reporter's question	Vanessa	Pierre
Where are you going?		
What's the weather like there?		
Who are you going with?		
What are you doing there?		

**3 Listen to the passage.** (听短文)

**A. Write T(true) or F(false) before each statement.** (判断下列句子是否符合短文的内容, 符合的写 T, 不符合的写 F)

- ( ) 1. Carol was satisfied with last year's holiday.
- ( ) 2. She had a good time in Europe.
- ( ) 3. She went to the countries in Europe only by train.
- ( ) 4. Carol is going to visit only one city by herself this summer.
- ( ) 5. Carol will feel happy after her holiday this year.

**B. Listen again. Choose the right answer.** (听



短文, 选择正确答案)

- ( ) 1. How long is Carol's holiday every summer?
- A. One month.
  - B. Two months.
  - C. Four weeks.
  - D. Two weeks.
- ( ) 2. How many countries did she go to last summer?
- A. Two.
  - B. Three.
  - C. Four.
  - D. Five.
- ( ) 3. What's wrong with Carol's last holiday?
- A. There were too many museums and that was boring.
  - B. She was always in a hurry because she only stayed in each country three days.
  - C. She didn't like traveling by bus.
  - D. She didn't feel well and was too tired to visit other beautiful places.
- ( ) 4. What's Carol going to visit this summer?
- A. She is going to visit one city.
  - B. She is going to visit two cities.
  - C. She is going to visit four counties.
  - D. She is going to visit one country and one city.
- ( ) 5. What's the characteristic (特征) of the place Carol wants to visit?
- A. It's still in Europe.