

核心英语

Kernel English

八年级听力
Listening

8N



东北师范大学出版社

北京核心教育文化研究中心《核心英语》课题组

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KERNEL ENGLISH

8 年级 / 听力

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UNIT 1

How often do you exercise?

♥ 核心目标:

1. 能听懂有关日常所做事物的句子和文章。
2. 能就日常活动的句子提问。
3. 能理解所听到的含有少数生词的文章。

Exercise 1

Match the answers you hear with the questions below. (将你所听到的答复与下面的问句搭配起来)

- () 1. How soon will the bus be back?
- () 2. How long did you study in Shenyang?
- () 3. How far is the stadium?
- () 4. How many times did you see the movie "Harry Potter"?
- () 5. Why does she eat junk food?
- () 6. How often does she exercise?

Exercise 2

♥ 核心提示:

美国人很喜欢运动和娱乐,他们在娱乐活动上要花很多钱,如购买运动器械、观看体育比赛以及参加各类活动。

Listen to this passage and tick (✓) the activities of different ages you hear. (把你听到的内容用✓号标上)

	Children	Teens	Young adults	Middle-aged people	Older people
Baseball					

Roller-skating					
Soccer					
Swimming					
Tennis					

♥ 核心语法:

How often does Chen surf the Internet?

He surfs the Internet twice a week.

How often do you exercise?

Once a week.

Exercise 3

Fill in the blanks according to the passage you hear. (根据你所听到的短文填空)

Hello, my name's Susie. I _____ at half past six. I make the _____ quickly. Then I _____ for about 10 minutes, washing my face and my hair. _____ is ready at about 8:00. After breakfast I _____. I eat lunch at school. At about _____, I come back home. First I do my _____. Then I practice the violin. Sometimes I help Mommy with her _____. After dinner I usually _____ for one hour. Then _____ for bed.

Exercise 4

♥ 核心提示:

运动 (sports) 是很受英国人欢迎的娱乐方式, 有三分之二的英国成年人坚持运动。其中散步 (taking a walk) 的人最多, 有47%的男性 and 41%的女性喜欢散步。对于男性来说, 除散步外, 台球 (billiards) 是最受欢迎的第二运动, 参与者约为19%。健身 (bodybuilding) 则是在女性中第二受欢迎的运动, 参与者占17%。

Listen to the conversation and decide whether the statements are true or false. (听对话后判断下列句子是否正确)

- _____ 1. Fred likes soccer as much as Chris.
- _____ 2. Basketball is very popular in America.
- _____ 3. Brazil is one of the countries who are very good at soccer.
- _____ 4. Australians are very good at swimming, though they seldom get swimming gold medals at Olympic Games.
- _____ 5. Russians like winter sports because of the weather.
- _____ 6. China is the second strongest country in sports.

Exercise 5

♥核心提示:

西方年轻人大都热衷于体育运动, 每天都要保证一定时间进行体育锻炼。他们会把体育锻炼与课内学习同等对待。体育锻炼不仅能使他们的身体强壮, 学习效率提高, 更重要的是可以培养一种健康的生活态度和生活习惯。你喜欢锻炼吗? 让我们来听听Helen的锻炼项目。

Listen to the conversation and fill in the form. (听对话, 填表格)

	Sports	Reasons for liking
1		1. 2.
2		1. 2.
3		1. 2.
4		1. 2.
5		1. 2.

♥核心词汇:

the Olympic Games
奥林匹克运动会
beat 击败; 打败
gold medal 金牌
own 自己的
develop 发展
sooner or later 迟早

♥核心词汇:

jog 慢跑
cycling 骑脚踏车兜风
yoga 瑜伽术
breathe 呼吸

♥ 核心语法:

What's cycling good for? It's good for legs.

be good for 做某事对……有好处，主语通常是it或动名词或不定式。由于for是介词，其后通常跟有名词或动名词。例如：

It's good for losing weight.

UNIT 2 What's the matter?

♥核心目标:

1. 能听懂一些表示常见疾病的词汇。
2. 能就What's the matter? 这一问句进行回答并提出建议。
3. 能听懂含有少量生词的文章并理解大意。

Exercise 1

Listen and write down the word of body part for each statement. (你将听到一些人谈论他们身体的不适之处, 写出身体的部位名称)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Exercise 2

Listen to the sentences and complete the missing information in the following table. (听句子, 完成下面的表格)

Problem	How did he/she get it?
1.	
2.	
3.	
4.	
5.	

♥核心词汇:

age 变老, 上年纪
bleed 流血

♥核心语法:

I have had a sore throat for three days. 我的嗓子痛了三天了。

这是一个现在完成时的句子。

But his hair makes him look 50 years old or even older. 但是他的头发使他看起来像50岁甚至更老。

make somebody do something是一个固定句型,意思是“使(让)某人做某事”。

Exercise 3

Fill in the blanks according to the dialogue you hear. (根据你所听到的对话完成下面短文)

Steve got a _____ cold. His friend Jim gave him garlic _____ for his cold. Jim told Steve to _____ it every two _____ and it's really _____ for a cold. Steve was glad to _____ it.

Exercise 4

♥核心提示:

并非所有的病都要去看医生。有一些病我们只需在药店买些常用药就可以治好。

According to the reading you hear, tell true or false of the following sentences. (根据你所听到的内容判断正误)

- _____ 1. According to the reading, it's important to visit the doctor's office for some medical problems like a sore throat or a cold.
- _____ 2. It's possible to buy some medicine without going to a doctor.
- _____ 3. It's useful to drink hot water with lemon and

♥核心词汇:

gargle 含漱剂,
漱口药
be treated with
处理; 治疗
settle 解决
garlic 蒜
local drug store
当地的药店

honey when you have a cold.

4. Some people prefer going to a doctor to buying some medicine in a drug store.

5. When you have a sore throat, it's difficult to treat with it at home.

Exercise 5

♥核心提示:

疲劳会降低人对感冒和其他几百种疾病的抵抗能力，并会增加焦虑和烦恼，所以在感到疲劳之前，就要休息。在忧虑、紧张和情绪不安时，唯一的解决办法就是放松，放松，再放松。充足的睡眠是身体健康的保证，此外，适当参加社交活动、听音乐、看电影或电视、读小说等也都是积极的休息。

Choose the best answers according to the conversation you hear. (根据你所听到的对话选择最佳答案)

- () 1. What's the matter with Gerry?
- A. He has a cold.
B. He has the flu.
C. He has a stomachache.
- () 2. How long has Gerry been sick?
- A. Since Friday.
B. Since Saturday.
C. Since Sunday.
- () 3. What was Gerry worried about?
- A. His English class.
B. His performance with Tanya.
C. Whether the medicine will work well or not.
- () 4. How did Gerry feel on Monday morning?
- A. He felt a bit better.

♥核心词汇:

flu 流行感冒
a terrible headache
头痛得厉害
do the performance
表演节目

B. He had a headache.

C. He had a sore throat.

() 5. What's the relationship between Tanya and Gerry?

A. They are a teacher and a student.

B. They are partners.

C. They are a doctor and a patient.

♥核心语法:

I'm supposed to take the medicine three times a day after eating.

suppose 的本义是“假定”、“假想”，但在这里意思是“医生建议我如何如何”。

Can we do it another time?

another time指另选时间。

UNIT 3

What are you doing for vacation?

♥ 核心目标:

1. 能听懂有关假期活动的计划。
2. 能简单地复述一些有关假期的计划和安排。
3. 能理解所听到的含有少数生词的文章。

Exercise 1

Match the answers with what you hear. (将你所听到的与下面的回答搭配起来)

- | | |
|---------------|----------------------------------|
| () Speaker 1 | a. stay at home |
| () Speaker 2 | b. play football every afternoon |
| () Speaker 3 | c. visit places |
| () Speaker 4 | d. I don't know |
| () Speaker 5 | e. play, play and play |
| () Speaker 6 | f. eating, sleeping, playing |
| () Speaker 7 | g. learn swimming and skating |
| () Speaker 8 | h. getting up late |

Exercise 2

♥ 核心提示:

在美国几乎每家都有小汽车。美国的高速公路四通八达, 因此很多美国人的工作地点与居住地距离很远。在假日里, 他们经常会全家驾车出游。

Fill in the form according to the passage you hear. (根据你所听到的短文将下表补充完整)

♥ 核心词汇:

make a plan 制定计划

Week 1	
Morning:	
Afternoon:	
Evening:	

Week 2 and 3	
Morning:	
Afternoon:	
Evening:	

Week 4	
Morning:	
Afternoon:	
Evening:	

Week 5	

bicycle riding 骑自行车
 play hide and seek
 捉迷藏

♥ 核心语法:

What's she doing for vacation? She's going sightseeing.

What are they doing for vacation? They're relaxing at home.

When are you going? I'm going on Sunday.

When are they going? They're going next week.

这是现在进行时，本单元用现在进行时来谈论将来的事情。

Exercise 3

Fill in the blanks according to the dialogue you hear. (根据你所听到的对话完成下面短文)

Iris and Sam are planning to go to _____ and _____. They will travel for _____ days all together. They will go there by _____. They'll reach Vancouver and stay in Hammersmith in _____. They are going to see a place called Stanley Park in _____. And then they will take the _____ to see the Crown Jewels in _____. It sounds _____ an _____ trip.

Exercise 4

♥核心提示:

在西方国家,人们经常利用假期和周末去拜访朋友或去风景区参观。由于英国的剧院很多,许多英国人喜欢利用周末的时间去剧院看剧,放松自己。

Listen to the conversation and decide whether the statements are true or false. (听对话后判断下列句子是否正确)

- _____ 1. Annie is going to a seaside city this summer vacation.
- _____ 2. She is going to stay there for three weeks.
- _____ 3. Five people are going there with her.
- _____ 4. Chris is from the USA and teaches English in Annie's mother's college.
- _____ 5. Annie's parents are going to teach there.
- _____ 6. Chris is going to help Annie's father with his teaching.
- _____ 7. May's mother will take care of Annie, May and Chris.
- _____ 8. Annie and May are going to swim in the sea.

♥核心词汇:

sea-side 海边
in fact 事实上
anyway 总之; 无论如何
definitely 确切地说
salty 咸的

Exercise 5

♥核心提示:

这是一个美国青年对未来的打算。通过这个对话，你将会对美国青年的生活有一点了解。

Choose the best answers according to the passage you hear.

(根据你所听到的短文选择最佳答案)

() 1. Leon's plan is _____.

- A. doing sports
- B. getting a loan from a bank
- C. opening his own business

() 2. This story tells us that American young men

- _____.
- A. depend on themselves
- B. live on their parents
- C. have no plans for the future

() 3. Who will run a small business ?

- A. The woman.
- B. Leon.
- C. Both of them.

♥核心词汇:

a course on 一个关于……的讲座
get a big loan from a bank 从银行贷款
be worth 值得，
有……的价值

♥核心语法:

1. I really want to open my own business.

句中open是“开张”、“营业”、“开放”的意思。

例如: Banks don't open on Sundays. 银行星期日不办公。

2. I'm taking a course on running a small business.

run在此处的意思是“经营”、“管理”。