

英语语音实践

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前 言

这套《英语语音实践》是为初学英语者和已有一定的英语基础语法和词汇但语音不正确者学习或纠正英语发音而编制的，也可供英语教师进行语音教学使用。

学习外语，不管其目的是用来直接交谈或是翻译阅读书面资材，都要学习和掌握这种外语的语音。学好英语发音是很重要的，因为只有掌握了正确的英语发音方法，才能使别人听懂，便于交流，并可以通过听觉和动觉来加强对语言的感受，增进记忆，从而更有效地掌握英语词汇和语法，迅速提高听说读写译的能力。

这套《英语语音实践》包括书面材料和录音带两部分。下面是使用这套材料的说明。

- 1.口形图：每个音素都有一幅口形图，用来说明发音部位及方法，增加这方面的理性认识。
- 2.音标：用 46 个国际音标代表 46 个不同的英语音素，音标放在 // 中，以免与英语字母混淆。录音带上每个音素发四次，每次都留有间隙时间，供学习者跟读模仿。
- 3.单词：列出各音素在英语单词中不同位置的发音，有意识地提供英语读音规则和拼读方法。每个音素提供 9—12 个单词，每个单词读音都

录在磁带上，留有间隙，供跟读模仿。

4.长句：以同一音素在长句中的复现频繁的特点，通过反复跟读实践，可使学习者熟练地掌握各音素的正确发音。

5.复习：提供方块比较型的练习，便于学习掌握音标的拼读方法；训练和检查学习者对各音素的辨别能力，更好地掌握学过的音素。

6.答案：便于学习者自己检查自己的学习效果，每个听觉练习都提供答案。但要求在自己听写后才能对照检查。

7.录音材料：录音材料都选自国外语音学家的录音。

一九八二年一月

编者

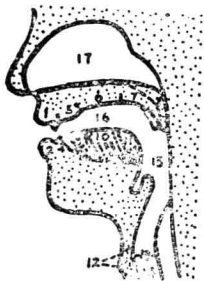
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要学好语音，除了用心模仿之外，还必须了解发音的原理。语音是由从肺部呼出的气流经过发音器官的调节而形成的。发音器官的构造及其各部分的名称如下图所示。



发音器官图

- | | |
|----------------|----------|
| 1. 上唇 | 10. 舌前部 |
| 2. 下唇 | 11. 舌后部 |
| 3. 上齿 | 12. 喉头 |
| 4. 下齿 | 13. 声带位置 |
| 5. 上齿龈 | 14. 气管 |
| 6. 硬腭 | 15. 咽腔 |
| 7. 软腭 | 16. 口腔 |
| 8. 小舌 | 17. 鼻腔 |
| 9. 舌端 (其尖端为舌尖) | |



/i:/

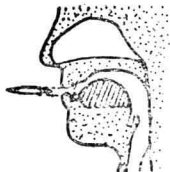
/i:/ 是前元音，长元音。发此音时，舌端抵下齿，舌前部抬得很高，双唇成扁平形。发音与汉语普通话“一、衣、医”相似，但要注意没有摩擦。

单词发音练习

/i:/	/i:/	/i:/	/i:/
sea	three	tea	he
please	leave	wheel	seem
sleep	meat	leaf	week

长句练习

Come to tea! Come to tea with me! Come to tea with me by the sea! If you're free come to tea with me by the sea. Do you agree, if you're free, to come to tea with me by the sea?



/i/

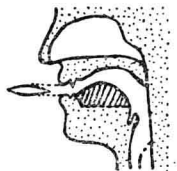
/i/ 是前元音，短元音。发此音时，舌端抵下齿，舌前部向硬腭抬起，比 /i:/ 低。唇形扁平，牙床开得比 /i:/ 宽，齿间可容下一小指尖。

单词发音练习

/i/	/i/	/i/	/ɪ/
city	pritty	coffee	willingly
did	pig	bridge	give
sit	brick	lip	stick

长句练习

He's swimming. He's swimming in the river. He's swimming in the river with Tim. Come in, he's swimming in the river with Tim. Will you come in, he's swimming in the river with Tim.



/e/

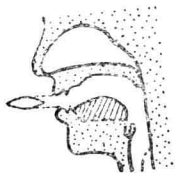
/e/ 是前元音，短元音。发此音时，舌端抵下齿，舌前部稍抬起，抬得比 /i/ 低。唇形稍扁，牙床开得比 /i:/ 宽，齿间可容纳一个食指。

单词发音练习

/e/	/e/	/e/	/e/
bed	leg	says	well
then	again	get	neck
deaf	strength	dress	else

长句练习

He sells eggs. He sells hens' eggs. He sells the best hens' eggs. He sells the best hens' eggs every Wednesday. He sells the best hens' eggs every Wednesday in the market.



/æ/

/æ/ 是前元音，短元音。发此音时，舌端抵下齿，舌前部向硬腭抬起，但比 /e/ 低。双唇向两边平伸，成扁平形，齿间可容纳食指和中指。发这个音时喉部比较紧张。

单词发音练习

/æ/	/æ/	/æ/	/æ/
and	bag	bad	have
has	hands	at	back
catch	rash	happy	cats

长句练习

He attacked the man. He attacked the man in the van. He attacked the man in the van with a hammer. He attacked the man in the van with a hammer which he held with both hands.



/ɑ:/

/ɑ:/ 后元音，长元音。发此音时，口张大，舌身平放后缩，舌尖离开下齿，唇形为自然形。

单词发音练习

/ɑ:/	/ɑ:/	/ɑ:/	/ɑ:/
car	jar	far	bar
arm	hard	starve	large
heart	sharp	park	half

长句练习

I shan't. I shan't sing. I shan't sing at the garden party. I shan't sing at the garden party at my aunt's farm. I shan't sing at the garden party at my aunt's farm tomorrow afternoon.



/ɔ/

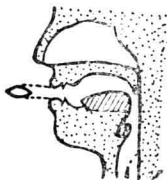
/ɔ/ 是后元音，短元音。发此音时，口张大，先发 /ɑ:/ 音，然后双唇稍稍收圆，舌后部稍稍抬高，即可发出 /ɔ/ 音。

单词发音练习

/ɔ/	/ɔ/	/ɔ/	/ɔ/
on	of	job	was
doll	gone	off	top
got	watch	cross	wash

长句练习

Where's the watch? Where's the watch I put in my pocket? Where's the watch I put in my pocket to take to the shop? Where's the watch I put in my pocket to take to the shop because it had stopped?



/ɔ:/

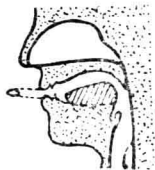
/ɔ:/ 后元音，长元音。发此音时，舌后部抬得比 /ɔ/ 略高，双唇也收得更圆更小，并须用力向前突出。

单词发音练习

/ɔ:/	/ɔ:/	/ɔ:/	/ɔ:/
jaw	tore	door	wore
all	board	storm	born
ought	talk	fourth	horse

长句练习

Paul called. Paul called from the hall. Paul called from the hall that he'd slipped on the floor. Paul called from the hall that he'd slipped on the floor and couldn't get to the door.



/u/

/u/ 是后元音，短元音。发此音时，双唇拢圆，稍稍向前突出，舌身后缩，舌尖离开下齿，舌后部向软腭抬起。

单词发音练习

/u/	/u/	/u/	/u/
full	room	could	sugar
stood	woman	cook	push
foot	look	put	took

长句练习

Have a look at this book. Have a look at this book which I found near a brook. Have a look at this book which I found near a brook and gave to our cook.



/u:/

/u:/是后元音，长元音。发此音时，双唇较 /u/ 收得更圆更小，向前突出，舌后部抬得比发 /u/ 更高，发音稍拖长，便可得 /u:/。

单词发音练习

/u:/	/u:/	/u:/	/u:/
do	who	blue	through
rule	move	rude	lose
roof	group	root	tooth

长句练习

I'd choose blue. I'd choose blue shoes. I'd choose blue shoes to take to school. I'd choose blue shoes to take to school to use. I'd choose blue shoes to take to school to use if I were you.