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内容提要


沂河中心水，车云山上茶。

信阳，山清水秀，人杰地灵，文化厚重……这里是中国十大名茶信阳毛尖的主产区。

追溯信阳毛尖的历史，了解信阳茶区茶品的分布，解读信阳茶文化的内涵，领略信阳茶的采制工艺，纵览信阳毛尖的茶俗茶艺，聆听名家名人的点评鉴赏，和、美、清、敬、雅的茶道精神尽在其中。

信阳水好，信阳茶香。

叶舒次。阴山坡谷者，不堪采掇，性凝滞，结痼疾。茶之为用，味至寒，为饮最宜。精行俭德之人，苦热渴、凝闷、脑疼、目涩、四肢烦、百节不舒，聊四五啜，与醍醐、甘露抗衡也。采不时，造不精，杂以卉莽，饮之成疾。茶为累也，亦犹人参。上者生上党，中者生百济、新罗，下者生高丽。有生泽州、易州、幽州、檀州者，为药无效，况非此者。设服莽莠，使六疾不瘳。知人参为累，则茶累尽矣。



Synopsis

Water in the Shihe River gives life to tea on the Cheyun Mountain.

With green hills and clear waters, Xinyang gave birth to outstanding figures, glorious places, and generous culture...Xinyang Maojian Tea, one of China's ten famous tea, grows here.

In this book, you can trace back to the history of Xinyang Maojian Tea, find out the distribution of tea varieties in Xinyang tea areas, comprehend the connotation of Xinyang tea culture, see and appreciate its picking and processing technology, read extensively about tea custom and tea art, listen respectfully to famous experts' and celebrities' appraisal and appreciation. The spirits of tea method like harmony, beauty, pureness, politeness, and elegance are all in this book.

Xinyang's water is good. Xinyang's tea is fragrant.

唐·陆羽《茶经》

茶者，南方之嘉木也。一尺、二尺，乃至数十尺。其巴山峡川有两人合抱者，伐而掇之。其树如瓜芦，叶如梔子，花如白蔷薇，实如栝榈，蒂如丁香，根如胡桃。其字，或从草，或从木，或草木并。其名，一曰茶，二曰檟，三曰蔎，四曰茗，五曰荈。其地，上者生烂石，中者生砾壤，下者生黄土。凡艺而不实，植而罕茂。法如种瓜，三岁可采。野者上，园者次。阳崖阴林，紫者

序

信阳市人民政府市长 王 铁

茶是中国原产而特有的绿色瑰宝。它发乎于神农，兴于唐，盛于宋，从药用、食用到饮用，时空变换，星移斗转，已经走过了几千年的历程。茶不仅是中国人的国饮，而且已经传遍世界，成为风靡全球的三大无酒精饮料（茶、咖啡、可可）之一。中国的茶文化在世界饮食中也是最为靓丽和无可比拟的风景，独领风骚，璀灿夺目，令世人惊异。

一方山川水土造就一方人文物产。信阳是信阳毛尖的家乡，悠悠的淮河水，莽莽的大别山，不仅养育了勤劳善良的信阳儿女，而且滋养了满山遍野的翠绿茶树。茶是信阳人民生活之必备，经济之必需，发展之必由，是信阳人须臾不可分离的亲密朋友。茶不仅是信阳人民闪亮的名片和徽章，也是信阳人民永远的骄傲。

从历史深处走来的信阳茶，在新的历史时期取得了蓬勃发展和飞跃的进步。新中国成立以来，特别是改革开放、农村实行联产承包责任制以来，信阳人民大力改造老茶园，开垦新茶园，改



良引进新品种，科学栽培管理，精心采摘制作，发展无公害绿色产品，不断提高茶叶质量，因而信阳茶赢得了广大消费者的赞誉和信赖。信阳茶叶种植面积2004年已达62万亩，年产茶叶1500万千克，产值8.44亿元，畅销全国25个省（市），还出口美国、英国、日本、澳大利亚、新加坡、马来西亚等20多个国家和地区。信阳茶叶在国内外的展览评比中，屡获殊荣，摘取了国家优质产品金质奖和一系列奖牌，享誉中外。目前，头戴桂冠，身披霞光的信阳毛尖正向世界茶叶的巅峰攀登。

信阳茶业的开发任重道远。为了适应国内外市场和消费者的需求，目前正面对着调整茶叶产业结构，发展无公害绿色茶品，加速企业化发展等一系列课题，我们要抓住时代的机遇，加快发展步伐，努力将信阳茶区建设成中国优质无公害绿茶的生产基地、茶叶品种繁育中心和全国茶叶销售集散地。建设茶城市，开发茶基地，发展茶经济，融入茶文化，把信阳打造成中国著名的“茶都”，这是时代赋予我们的神圣职责。

历史是前车之鉴、后车之循。全面回顾和总结信阳茶业的历史之路，展望未来，制定新的发展战略是十分重要的。中国名茶系列《信阳毛尖》一书，系统考证了信阳茶的历史和文化，全面介绍了信阳毛尖的生产、采制及冲泡，是一本可读性很强的信阳“茶经”，为信阳茶的发展做了一件有益的大事。在中国信阳第13届茶文化节来临之际，我畅叙感言，是为序。



Preface

Wang Tie Mayor of Xinyang City

Tea, originating from and peculiar to China, is a green gem. It was discovered by Shennong (a legendary person in ancient China) that tea is of value to human body. Springing up in Tang Dynasty, it was most popular in Song Dynasty. First used as medicine and afterwards as food and drink with the passage of time, it has covered thousands of years. Now, tea is not only the most popular drink in China, but also one of the three non-alcohol drinks—tea, coffee and cocoa—all the vogue in the world. Chinese tea culture is the most glittering and incomparable landscape, dazzling the eyes and amazing the common people.

It is the natural environment and climate that give birth to the distinctive culture and native produce. Xinyang is home to Xinyang Maojian Tea. Both the everlasting Huaihe River and the vast Dabie Mountain rear hardworking, kindhearted sons and daughters of Xinyang, and nourish emerald green tea trees as well. Tea is something Xinyangers cannot do without even for a moment. It is essential for Xinyangers' daily life and economy. It's the only road to development. Not only is it looked on as the glittering name card and the insignia of Xinyangers, but also it is their forever pride.

With a long history, Xinyang Maojian Tea has forged rapidly ahead in the new historical period. Since the founding of the People's Republic of China, especially the reform and opening up, and the system of contracted responsibility linking remuneration to output, Xinyang people have transformed old tea gardens vigorously, reclaimed new tea gardens, improved and introduced new varieties of tea by means of scientific cultivation and management, picking and making elaborately, and developing "green" products. Therefore, Xinyang Maojian Tea has been commended by the mass of consumers for its high quality. By 2004, the tea-growing area amounts to 620 000 mu, the annual output

is 15 million kg, and the output value is 844 million RMB yuan. The tea sells well on 25 provinces' markets in our country and is exported to 20 countries and regions such as America, Britain, Japan, Australia, Singapore, Malaysia, etc. In the public appraisal through exhibition and comparison, Xinyang Maojian Tea repeatedly won special honours and was awarded the gold medal of national high-quality products and a series of medals, enjoying great prestige both at home and abroad. At present, with lots of honours it deserves, Xinyang Maojian Tea is scaling new heights of world tea.

We are shouldering heavy responsibilities for developing Xinyang tea. The burden is heavy and the road is long. There are a series of problems before us, such as restructuring tea industry, developing "green" varieties of tea, accelerating the process on the basis of enterprise, etc. in order to meet the needs of consumers from home and abroad. We must grasp the opportunity, speed up development, strive to build Xinyang tea areas into the base of high-quality "green" Green Tea in China, breeding ground of tea varieties and distribution center for all kinds of tea from all over the country. Our age has entrusted to us the sacred duty of building a tea city, developing a tea base, expanding tea economy, blending culture with tea, and making Xinyang a famous "Tea Capital" of China.

History should be a warning to us. It's very important to review and sum up the history of Xinyang tea in an all-round way, to look forward to the future, and to work out new strategies. Xinyang Maojian Tea, one of China's Famous Tea Series, makes textual criticism systematically of the history and culture of Xinyang tea, introduces comprehensively the producing, picking, processing and making of Xinyang tea, so it's of great readability and can be used as Xinyang Tea Sutra. The publication of this book will make valuable contributions to the development of Xinyang tea. It will soon be the 13th China Xinyang Tea Festival. On the occasion of this forthcoming grand gathering, I express cheerfully what I think of this book. This is my preface.







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