

# 领先大学英语

## Video-based Textbook

English Book 1 Pioneer College English Book 1 Pioneer College English Book

总主编 张思锐

Pioneer College English  
**Book 1**

陕西师范大学出版社  
SHAANXI NORMAL UNIVERSITY PRESS



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# 前言

《领先大学英语》(Pioneer College English, Video-based Textbook)是一部理念新颖而切合实际的大学英语教材,它以视听片断为主干,从视听入手获取语言现象和形式,通过与视频情节的互动和意义协商达到语言水平的整体提高。这套教材结合多媒体的优势,旨在推行教育部教育司《大学英语课程教学要求》的精神,以听说领先,向阅读、写作和翻译扩展,全面培养学生的交际认知能力。

同学们从中学来到大学时,已经学习过了大量的语法规则和词汇,具有相当的阅读能力。但是他们对语言的掌握不足,缺乏灵活使用能力,难以驾驭词汇,造成大部分同学英语学习长期停滞,无法突破。如果在大学英语学习阶段继续实行传统的阅读、语法、听说等的分离训练,势必让学生失去英语学习的兴趣和动机。《领先大学英语》正是出于激发学生兴趣、调动学生自主学习积极性的目的而编写的。在编排和选材上尽量照顾学习者的情感因素,充分发挥他们主动获取信息的建构能力,激发他们的创造潜力。外语学习中,学习者是主体和内因。教材的内容和布局仅仅是语言的输入,是外因。学生如何处理语言、内化语言规则以及顺利地输出所学语言都取决于教材、教师、学生、教学手段和方法诸方面的密切配合与互动,构成和谐良好的生态环境,到达最佳效果。本教材力图开发学习者的潜能,挖掘学习者的已有百科知识,利用学习策略和其他认知能力,在思考中学习,在学习中思辨,综合、开放性地吸取外语知识和技能。

《领先大学英语》以精选的视频片断作为课文,练习围绕视频拓展,因此称

为Video-based教程。每册设置8个单元,每单元分为A,B,C,D,E,和F等6个部分,包含Warming-up Activities, 5个影视节选,共12个Task,并附加一份学生自评表。其中12个任务项构成了教程的主要模块,涉及到视听理解、词义搭配和意义协商、语块扩展、命题写作、汉英翻译以及填补信息等内容。学生在每一个单元里可以体验5个情景和题材都不相关的视频,随后针对观看到和听到的内容开展交互活动与合作练习。学生自评表(Students Self-assessment)设计的目的,是供学生自查,以检验学习的结果,增强使用学习策略的意识。8个单元依靠重复出现的12个“任务”来巩固语言学习的策略与方法,养成处理语言的正确途径。每册教材配备多媒体光盘一张。教学活动需要在多媒体环境下课本与光盘结合使用,或学生进行自主学习,或在教师指导下有步骤地完成每个单元学习任务。

教材的内容只能反映语言的个别现象,要真正掌握语言系统的全貌,学生需要按照课本编写的范例,充分体会各个活动和任务的操练目的,并利用计算机网络的便利,浏览书中所罗列的网址,超越课本的局限去主动挖掘资源、了解文化背景、建立语感、促进词汇学习,从而提高综合语言的技能。值得特别提及的是,本教材创新之处在于使用了一些语言教学和认知语言学的概念(比如语块、隐语、输入处理)作为尝试并注入教材的编写中。希望这些创新的举措可以改变学生和教师的观念,事半功倍地学到语言的规则和意义,进而获得持续学习语言的本能,达到终生学习,学而不厌。

《领先大学英语》不是传统意义上的大学英语教材,也不纯粹是视听教材。这种试探或许能为英语教学打开一条新的渠道,为英语教育带来新的气象。但同时,由于本教材编写时间短,新的理念还没有得到教学实践的检验,难免在编写和编排中出现失误,敬请谅解。

编者

2009年8月



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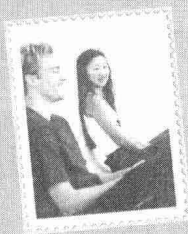
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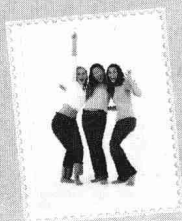
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# Unit 1

## I ntroduction

This unit contains 4 video clips, dealing respectively with topics of friendship and justice, honesty, family problem, and righteousness. In Section A, warming-up activities facilitate students in pronouncing one English key sound /æ/, appreciating a song by Britney Spears “*Not a Girl Not Yet a Woman*”, and discussing several general questions related to the following 4 video clips. Section B, Video Clip 1 activities, focus on listening comprehension, the use of English collocations, metaphors, and one useful expression. Section C, Video Clip 2 activities, are intended to enhance students’ meaning grasp ability. Section D, Video Clip 3 activities, put most of the efforts on practicing students’ English intonation and sentence stress by their imitating and role playing. In Section E, Video Clip 4 activities including a detective part, students are required to find out what happened in the video clip in details, and, after fully understanding of the event, students are required to write an essay based on their own understanding and knowledge. Section F, additional activities, provide students with more useful English expressions selected from more than 100 movies and TV programs. At the end, students will have an opportunity to enjoy one complete TV episode with language points provided.



## Section **A**

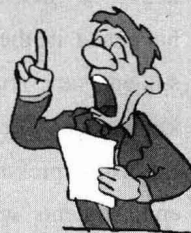
### Warming-up Activities

Please finish the following three warming-up activities and get ready for the watching of video clips. In *Open Your Mouth*, you are to twist your tongue to exercise one English sound /æ/. In *Song Appreciation*, you can enjoy a song and at the same time pick up language points. You may discuss these *General Questions* as starting point to broaden your view.

#### Activity 1 Open Your Mouth

**Directions:** In this part, a tongue twister is given for you to read. Read it as fast as you can without break. Once you are fluent enough, read it backwards as fast as you can. And now open your mouth and read aloud.

**Example:** A noisy noise annoys an oyster.  
Oyster an annoys noise noisy a.



# Twister 1

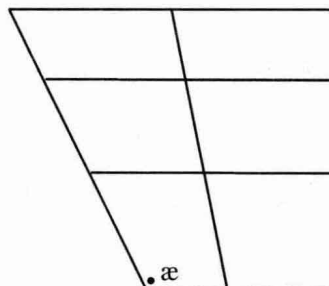
Cat, cat, catch that fat rat.  
Where are you going, my little cat?  
I'm going to town to buy a new hat.  
What a hat for a cat? A cat with hat?  
Who ever heard a cat with a hat?

## Pronouncing Rules:

/æ/ cat, catch, hat, fat, rat

The vowel /æ/, classified as a front, short and lax vowel, is nevertheless generally lengthened before /b, d, g, ʒ, m, n/. Thus /æ/ in “bag” is considerably longer than /æ/ in “back”.

该音是个前元音,是字母a在重读闭音节中的发音。它是短元音,松元音。发音时舌尖抵下齿,舌前部稍抬高,双唇平伸,成扁平形。(如右图所示)



## Activity 2 Song Appreciation

**Directions:** Listen to the following song and try to get it understood without looking at the lyrics, and then take down some interesting lines or idiomatic phrases.



## Not a Girl Not Yet a Woman

Britney Spears

### [Opening]

*O.K, want to sing...to you guys a song that's really special to me.*

*It's really just about growing up and...*

*What I'm going through in my life right now, what I'm experiencing...*

*What I'm yet to experience.*

*You know, I know I get a lot of flack for what I wear and what I say and what I don't say.*

*But I'm not a little girl anymore.*

*And I guess I do those things because the way I feel inside.*

*And I also know that I'm a young lady and I have a lot to learn and a lot to experience and I guess...*

*What I'm trying to say is that the way I feel right now inside...*

*I feel so wonderful because I'm doing exactly what I love to do.*

*And I'm experiencing all of my wildest dreams and my advice to you is to never ever ...*

*Lose your passion to dream. Please don't.*

*Okay, I'm going to stop rambling.*

*I'm going to sing one of my songs.*

*It's called "Not a Girl Not Yet a Woman".*

*I hope you like it.*

### [Song]

I used to think

I had the answers to everything

But now I know

That life doesn't always

Go my way, yeah

Feels like I'm caught in the middle

That's when I realize

I'm not a girl

Not yet a woman

All I need is time

A moment that is mine

While I'm in between

I'm not a girl

There is no need to protect me

It's time that I

Learn to face up to this on my own

I've seen so much more than you know now

So tell me to shut my eyes

I'm not a girl

Not yet a woman

All I need is time

A moment that is mine

While I'm in between

I'm not a girl

But if you look at me closely

You will see it in my eyes

This girl will always find

Her way

I'm not a girl

I'm not a girl don't tell me what to believe

I'm just trying to find the woman in me, yeah

All I need is time that's mine

While I'm in between

I'm not a girl

I'm not yet a woman

Not now

All I need is time, a moment that is mine

While I'm in between

I'm not a girl

Not yet a woman



## Background

Britney Jean Spears (December 2, 1981—)

Britney is an American singer and entertainer. Born in McComb, Mississippi on December 2, 1981 and raised in Kentwood, Louisiana, Spears first appeared on national television in 1992 as a contestant on the **Star Search** program, and went on to star in **Disney Channel's** television series **The New Mickey Mouse Club** from 1993 to 1994. In 1997, Spears signed a recording contract with Jive, releasing her debut album ***Baby One More Time*** in 1999. The album debuted at number one on the **Billboard 200**, and established her as a pop icon and “bona fide pop phenomenon”, credited for influencing the revival of teen pop in the late 1990s. Her next three albums also debuted at number one. In December 2008, her sixth studio album, ***Circus***, was released.

According to **Zomba Label Group** and **Sony BMG**, as November 2007 Spears has sold over 83 million records worldwide. In addition, she is ranked as the eighth best-selling female recording artist in the U.S. with 32 million sold albums certified by the **RIAA**, and is currently the fifth best selling artist act of the decade in the country, as well as the *top selling female artist*. Spears is also ranked by ***Forbes*** 2009 issue as the 13th most powerful celebrity with over \$35 million dollars in earnings this year.

Besides the money and reputation she made, she also was and still a controversial artist. She has been entitled “One of the most controversial and successful female vocalists of the 21st century,” by ***Rolling Stone*** magazine. She is listed by the ***Guinness World Records*** as having the “best-selling album by a teenage solo artist” for her debut album ***Baby One More Time*** which sold over thirteen million copies in the United States.



For more information about Britney Spears you can check:  
[http://en.wikipedia.org/wiki/Britney\\_Spears](http://en.wikipedia.org/wiki/Britney_Spears)

**What are the interesting lines and idioms you got in the lyrics?**

**List and compare them with your peers'.**

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

### Activity 3 General Questions to Be Discussed

**Directions:** *You are to discuss the following questions according to your own understanding, experience and encyclopedia knowledge. These questions may have something to do with the video clips we are going to watch. When we watch or listen to some stories, we must relate what we watch to what we have already known in the real world. So, whatever we watch or listen, we should immediately activate all the knowledge we have and make new assumptions, arguments, conclusions and imaginations.*



1. What's your attitude towards friendship?
2. Do you think your friends should cover your lies?
3. Which one comes first, friends or family?
4. Do you believe the idea that "a friend in need is a friend indeed"?
5. Does social status influence your choice of friends?
6. "Constant friends are not welcomed." What do you say?
7. Have you ever been offended by aggressive driving when crossing the street?
8. On a busy road, who are the first to go, pedestrians or vehicles?
9. What is your normal attitude towards a criminal incident?
10. Did your parents or grandparents tell you some stories that you never forget?





# Section B

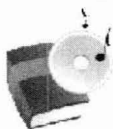
## First Watching

Please watch the Video Clip 1 and answer the comprehension questions based on your first brief impression. You may not get the exact meaning of each utterance, but you should take efforts to comprehend their possible meanings.

## Second Watching

Watch the clip again and pay special attention to collocations, expressions, and utterances in details. Remember, words should not be learned separately.

## Video Clip 1



**Directions:** In this part, you will watch this video clip and choose the best answers to the questions based on what you get from it.

- ① Why was Duane drinking light beer when the policeman stopped him?
  - A. He got divorced.
  - B. The policeman wanted to revenge.
  - C. Light beer was cheaper.
  - D. He was losing weight.
- ② When the policeman found Duane was drunk, what did he advice him to do?
  - A. Take a taxi.
  - B. Ask his friend to pick him up.
  - C. The policeman would give him a ride.
  - D. Ask his wife to help.
- ③ Why was Duane brought to the court?
  - A. Because he was drunk and drove twice the legal limit with his daughter.
  - B. Because he was drunk and insulted the policeman.
  - C. Because he hit another car.
  - D. Because he drove twice the legal limit.
- ④ For what reason is Duane allowed to be bailed out?
  - A. It was his first time to break the law.
  - B. He showed very nice attitude.
  - C. The judge considered he had a daughter to take care of.
  - D. Because of the lawyer's effort.
- ⑤ What did the judge say by telling Duane to go to work by bike?
  - A. Just calm down.
  - B. It's safer to ride a bike.
  - C. Keep a low profile.
  - D. It's cheaper to ride a bike.



## Activity 1 Collocation

**Directions:** *The following four adjective words are from video clip 1. Try to match them with the nouns on the right, so as to realize some reasonable or possible collocations on the basis of your general knowledge.*

light

low

back

legal

action  
system  
regulation  
color  
flavor  
cost  
growth  
budget  
status  
ends  
seat  
door  
rights  
beer  
voice  
help  
divorces  
restrictions  
risk  
income  
industry  
profile

For further information of English collocation, you can refer to the following webs:  
<http://www.collins.co.uk/Corpus/CorpusSearch.aspx>  
<http://www.americancorpus.org/>  
<http://corpus.byu.edu>

## Activity 2 Expression

**Directions:** As we plan the talking, we usually think of some notions to express our wanted ideas while at the same time we fail to find the exact words or expressions to convey them. In this case, we may possibly tell them out by figurative means, that is, we may naturally use some familiar and commonly-used words to facilitate the expressing of ideas. This is called metaphorical use of words. Pay attention to the use of the particle "out" in the following sentences and point out their metaphorical meanings in each sentence.

1. It was all Mike could do to **put out** the fire with his suit coat.  
put out: \_\_\_\_\_
2. He forced himself to **put out** his hand and touch the demon lightly on the shoulder.  
put out: \_\_\_\_\_
3. He called and said he was through with his finals, and he wanted to **go out** to eat and celebrate.  
go out: \_\_\_\_\_
4. Long skirts **are out** this year.  
be out: \_\_\_\_\_
5. My real father **is out there** and one day I plan to find him.  
be out there: \_\_\_\_\_
6. The bill **was out** by over \$10.  
be out: \_\_\_\_\_
7. I can't believe it — the computer **is out** again.  
be out: \_\_\_\_\_
8. They have rented a farmhouse right **out in the country**.  
out in the country: \_\_\_\_\_
9. As soon as someone asks their opinion, women generally begin to **speak out** and dare to make decisions.  
speak out: \_\_\_\_\_
10. To **carry out** projects without recognizing and exploring these intersections results in less effective outcomes.  
carry out: \_\_\_\_\_
11. He **set out** to become the first person to fly solo around the world.  
set out: \_\_\_\_\_
12. A true colony offers no image to the traveler. The conquerors **took things out** and put nothing at all back in.  
take (sth.) out: \_\_\_\_\_

Normally, as we learn the structure of "verb + particle", we put emphasis on verb itself but usually neglect the meaning of the particle. Try to think and perceive the problem in the other way.

Can you give a summary of the meaning of "out"?

What is the spatial meaning of "out"?

What is the figurative or metaphorical meaning of "out"?

Can you make more sentences with "out"?