

N **STYLE**
NEW ENGLISH 总主编 韩满玲 曹晓玮

新思维研究生英语 读写教程

主编 杨桦 李远征

(初级)

新思维研究生英语

读写教程 (初级)

New Style



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新思维研究生英语系列教材基于数据驱动与开放式语料库,设定为三个级别:初级(**preliminary**,针对基础较弱的学生,如特招生,在职研究生,单考、联考入校生等)、中级(**vantage**,针对通过全国研究生英语入学考试的学生,如大部分在校脱产研究生)和高级(**higher**,针对有较好英语基础的入学后免修生或有志于参加托福、雅思、GRE等考试的学生)。每个级别包括3本书:听说教程、读写教程、听说教程教师用书,即出版纸质教材共9本。在具备一定技术支持条件下,还将陆续出版发行其他衍生产品,如练习册、多媒体教学资源光盘、智能学习软件、流媒体在线学习平台、手机版无线学习软件等。

本套教材初级教程的材料选择难度控制在5 000~6 000词汇量的范围内,通过此段学习,学生应能达到四、六级水平;中级的词汇量为6 000~8 000,通过此段学习,学生应能达到研究生学位的水平;高级的词汇量为8 000~10 000,通过此段学习,学生可以通过托福、雅思等考试。

本套教材的编写具有横向、纵向两方面的连贯性、传承性和系统性,即既在同一级别的听说教程和读写教程之间体现出主题相关、练习相联、相互促进的特点,又使同为听说教程或读写教程但不同级别的3本教材体现出循序渐进的递进性和促进学生语言知识和运用能力逐步提高的特点。这样教材将不只面对高校师生,还可以满足其他各种有意提升自己英语水平的读者。

本套教材的体例和练习设置具有一定的灵活性和实用性。教材内容尽可能既贴近学生的学习、生活、工作,具有一定的时代感和现实性,又结合经典文章,让学生欣赏到历久弥新的具有传承性和共时性的佳作典章。

本套教材的基本体例为:每本教材8~12个单元不等。每个级别的听说教程和读写教程的相应单元的主题一致。读写教程中,初级教材的课文词汇量为800~1 000词,中级为1 200~1 500词,高级为1 600~2 000词。听说教程则突出循序渐进的思想,在初级教程中系统穿插了一些与听说有关的基本知识,如拼读规则、易混音辨识等,同时注重对话、短文的听记,培养学生的速记能力并提供相关的学习方法,另外要求学生对生活英语熟练掌握与表达;中级教程则在初级英语听说知识与技能的基础之上强调较长的对话、文章以及演讲、报告等的



听说训练,突出工作英语的特点,培养学生毕业后就职中的英语运用技能;高级教程在初级和中级基础上突出在听说方面对学术英语的运用和掌握,提供的相关材料为高校课堂英语母语教师授课内容,学术会议中的发言,与某些专业的科研相关的演讲、报告等,以提高学生从英语听、说两方面掌握知识和技能的能力。

本套教材适应当今国际化大趋势下英语教学改革必须进行创新的需要,遵循因材施教、个性化学习和分层次教学相结合的原则,可以帮助使用本套教材的各高校和研究院所在研究生外语教学上形成“基于网络的运行机制、自学为主的学习模式、根据差异的教学安排、重在运用的教学内容”等特点,在研究生英语教学领域开拓一片崭新的天地。

《新思维研究生英语读写教程（初级）》以数据驱动与开放式语料库为基础，为基础较弱的学生，如特招生，在职研究生，单考、联考入校生等编写。

本教程的词汇量在 5 000~6 000 的范围内，通过此段学习，学生可达到四、六级水平。

本教程的体例和练习设置具有一定的灵活性和实用性。内容尽可能既贴近学生的学习、生活、工作，具有一定的时代感和现实性，又结合经典文章，让学生欣赏到历久弥新的具有传承性和共时性的佳作典章。

本教程共包括 8 个单元，每个单元包括 3 篇课文：主课文、辅课文和自学课文。主课文和自学课文选词量控制在 800~1 000 词，辅课文选词量控制在 700~900 词。本教程选材丰富且贴近现实生活。通过阅读和学习本教程，学生不仅会提高自己的英语基础知识水平，在词汇、语法、写作等方面得到很多收获，而且可以极大地丰富自己在多学科多方面的知识，以跨学科、多视角的方式来进行学习和研究，为未来的生活、学习和工作奠定一种具有新思维、新视野的扎实基础。

本教程每个单元的体例安排得当。首先，突出强调了对学生批判性思维能力的培养，通过要求学生解读与文章内容相关的图片提高其预测推断能力，拓展其思维，并帮助他们掌握和运用相关英语词汇。其次，在文章阅读和讲解中加强对 学生阅读技能的培养和训练，提供大量的问题和机会来帮助其提高分析判断和概括总结的能力。再次，每个单元中都安排了与之相关的写作内容，包括对英语写作技巧和方法的介绍和训练，以及生活、工作中常见应用文体的介绍与实践演练等，帮助学生提高英语实用能力。

由于教材编写时间仓促，编者水平和能力有限，书中不足和谬误之处在所难免，敬请各位读者不吝赐教，以便进一步修订完善。

编者

2009 年 2 月



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Growth and Success

Text A How to Be Self-Made Millionaires

Reading Passage To Tell the Truth

Text B I Was Fired!





Text A

How to Be Self-made Millionaires

They're just like you. But with lots of money.

Kristyn Kusek Lewis



BUY THE BOOK



PREREADING

Look at the photos above and the title of this unit. Then discuss these questions with your partners.

1. Have you ever thought of being a millionaire?
2. What do you expect to learn from the book *Secrets of Millionaire Mind* when you first see the title?
3. Find out the differences between you and a moneybag as far as you can tell.



SHARING INFORMATION

Work in groups. Give your interpretations of these quotations. Do you agree with any of them? Why or why not?

1. I believe you've been ripped off by the "modern day" educational system and you deserve to learn how to achieve all the wealth and success you desire... even if I have to let you have it for free to get it!

—Jason Oman, *Conversations with Millionaires*

2. The great news is that you can follow the tracks of successful people to arrive at the ultimate destination of becoming a millionaire. I have been doing extensive studies with self-made millionaires for many years now and the simple conclusion is that success is NOT an accident. Success can be learned by anyone. Success can be learned by YOU!

—Brian Tracy

3. Millionaire Status! This program is amazing... the simple strategies will put you on the fast track to becoming a millionaire. I've already seen an impact in my bottom line.

—Jerry Richards, Millionaire in Training, NY

4. I expect more from myself than anyone would ever expect from me! When my coach expects me to train 3 times per week, I would train 5 times. When my coach expects me to score 15 points for each game, I would score 36 points! That is why I'm the best in the world.

—Michael Jordan, the world's greatest basketball player



PREPARING TO READ

Idea in Brief

Secrets of Self-Made Millionaires is a series of “rags-to-riches” stories which will teach people the fundamental wealth mindsets and principles that have made countless people financially free. In fact, the millionaires create their own destiny. Though most of them do not start out rich, they set challenging goals for themselves and take massive actions, as they are motivated by freedom and have a passion for what they do. Often filled with obstacles, the millionaires focus on opportunity, invest in it and then see their money “grow”. Millionaires may have earned their money through a combination of discipline and dedication, but it's their frugal habits that keep them rich.



When you think of “millionaire”, what image comes to mind? For many of us, it’s a flashy Wall Street banker type who flies a private jet, collects cars and lives the kind of decadent lifestyle that would make Donald Trump proud.

But many modern millionaires live in middle-class neighborhoods, work full-time and shop in discount stores like the rest of us. What motivates them isn’t material possessions but the choices that money can bring: “For the rich, it’s not about getting more stuff. It’s about having the freedom to make almost any decision you want,” says T. Harv Eker, author of *Secrets of the Millionaire Mind*. Wealth means you can send your child to any school or quit a job you don’t like.

According to the Spectrem Wealth Study, an annual survey of America’s wealthy, there are more people living the good life than ever before—the number of millionaires nearly doubled in the last decade. And the rich are getting richer. To make it onto the Forbes 400 list of the richest Americans, a mere billionaire no longer makes the cut. This year you need a net worth of at least \$1.3 billion.

What does the paragraph following this passage probably discuss?

If more people are getting richer than ever, why shouldn’t you be one of them? Here, five people who have at least a million dollars in liquid assets share the secrets that helped them get there.

Twenty years ago, Jeff Harris hardly seemed on the road to wealth. He was a college dropout who struggled to support his wife, DeAnn, and three kids, working as a grocery store clerk and at a junkyard where he melted scrap metal alongside convicts. “At times we were so broke that we washed our clothes in the bathtub because we couldn’t afford the Laundromat.” Now he’s a 49-year-old investment advisor and multimillionaire in York, South Carolina.

There was one big reason Jeff pulled ahead of the pack: He always knew he’d be rich. The reality is that 80 percent of Americans worth at least \$5 million grew up in middle-class or lesser households, just like Jeff.

“Wanting to be wealthy is a crucial first step.” says Eker, “The biggest obstacle to wealth is fear. People are afraid to think big, but if you think small, you’ll only achieve small things.”

It all started for Jeff when he met a stockbroker at a Christmas party.

“Talking to him, I felt like discovering fire,” he says. “I started reading books about investing during my breaks at the grocery store, and I began putting \$25 a month in a mutual fund.” Next he taught a class at a local community college on investing. His students became his first clients, which led to his investment practice. “There were lots of struggles,” says Jeff, “but what got me through it was believing with all my heart that I would succeed.”

When Steve Maxwell graduated from college, he had an engineering degree and a high-tech job—but he couldn’t balance his checkbook. “I took one finance class in college but dropped it to go on a ski trip,” says the 45-year-old father of three, who lives in Windsor, Colorado. “I actually had to go to my bank and ask them to teach me how to read my statement.”

One of the biggest obstacles to making money is not understanding it: Thousands of us avoid investing because we just don’t get it. But to make money, you must be financially literate. “It bothered me that I didn’t understand this stuff,” says Steve, “so I read books and magazines about money management and investing, and I asked every financial whiz I knew to explain things to me.”

He and his wife started applying the lessons: They made a point to live below their means. They never bought on impulse, always negotiated better deals (on their cars, cable bills, furniture) and stayed in their home long after they could afford a more expensive one. They also put 20 percent of their annual salary into investments.

Within ten years, they were millionaires, and people were coming to Steve for advice. “Someone would say, ‘I need to refinance my house—what should I do?’ A lot of times, I wouldn’t know the answer, but I’d go to find it and learn something in the process,” he says.

In 2003, Steve quit his job to become part owner of a company that held personal finance seminars for employees of corporations like Wal-Mart. He also started going to real estate investment seminars, and it’s paid off: He now owns \$30 million worth of investment properties, including apartment complexes, a shopping mall and a quarry.

“I was an engineer who never thought this life was possible, but all it

truly takes is a little self-education,” says Steve, “You can do anything once you understand the basics.”

In 1995, Jill Blashack Strahan and her husband were barely making ends meet. Like so many of us, Jill was eager to discover her purpose, so she splurged on a session with a life coach. “When I told her my goal was to make \$30,000 a year, she said I was setting the bar too low. I needed to focus on my passion, not on the paycheck.”

Jill, who lives with her son in Alexandria, Minnesota, owned a gift basket company and earned just \$15,000 a year. She noticed when she let potential buyers taste the food items, the baskets sold like crazy. Jill thought, why not sell the food directly to customers in a fun setting?

With \$6,000 in savings, a bank loan and a friend’s investment, Jill started packaging gourmet foods in a backyard shed and selling them at taste-testing parties. It wasn’t easy. “I remember sitting outside one day, thinking we were three months behind on our house payment, I had two employees I couldn’t pay, and I ought to get a real job. But then I thought, ‘No, this is your dream. Recommit and get to work.’”

She stuck with it, even after her husband died three years later. “I live by the law of abundance, meaning that even when there are challenges in life, I look for the win-win,” she says.

The positive attitude worked: Jill’s backyard company, Tastefully Simple, is now a direct-sales business, with \$120 million in sales last year. And Jill was named one of the top 25 female business owners in North America by *Fast*

Company magazine.

What could the word “vocation” in Line 4 be best replaced by?

According to the research by Thomas J. Stanley, author of *The Millionaire Mind*, over 80 percent of millionaires say they would never have been successful if their vocation wasn’t something they cared about.

Most of us know the never-ending cycle of living paycheck to paycheck. “The fastest way to get out of that pattern is to make extra money for the specific purpose of reinvesting in yourself,” says Loral Langemeier, author of *The Millionaire Maker*. In other words, earmark some money for the sole

purpose of investing it in a place where it will grow dramatically—like a business or real estate.

There are endless ways to make extra money for investing—you just have to be willing to do the work. “Everyone has a marketable skill,” says Langemeier, “When I started out, I had a tutoring business, seeing clients in the morning before work and on my lunch break.”

A little moonlighting cash really can grow into a million. Twenty-five years ago, Rick Sikorski dreamed of owning a personal training business. “I rented a tiny studio where I charged \$15 an hour,” he says. When money started trickling in, he squirreled it away instead of spending it, putting it all back into the business. Rick’s 400-square-foot studio is now Fitness Together, a franchise based in Highlands Ranch, Colorado, with more than 360 locations worldwide. And he’s worth over \$40 million.

When extra money rolls in, it’s easy to think, now I can buy that new TV. But if you want to get rich, you need to pay yourself first, by putting money where it will work hard for you—whether that’s in your retirement fund, a side business or investments like real estate.

Which of these characteristics that make them different from us are the ones that you aspire to have?

Words and Expressions

1. **abundance** *n.* a great or plentiful amount 丰富, 充裕
2. **annual** *a.* recurring, done, or performed every year; yearly 每年的
3. **apply** *vt.* to put into action 应用, 运用
4. **balance** *vt.* to reconcile or equalize the sums of the debits and credits (of an account) 使收支平衡
5. **complex** *n.* a whole composed of interconnected or interwoven parts 联合体
6. **convict** *n.* a person found or declared guilty of an offense or crime 罪犯
7. **crucial** *a.* extremely significant or important 关键性的, 极其重要的
8. **decadent** *a.* marked by or providing unrestrained gratification; self-indulgent 堕落的, 颓废的, 自我放纵的



9. **discount** *n.* a reduction from the full or standard amount of a price or debt 折扣
10. **double** *vt.* to be twice as much as 是……的两倍
11. **dropout** *n.* one who quits school 退学生
12. **earmark** *vt.* to reserve or set aside for a particular purpose 留置一边以作特殊用途
13. **flashy** *a.* cheap and showy; gaudy 俗艳的, 华而不实的
14. **franchise** *n.* authorization granted to someone to sell or distribute a company's goods or services in a certain area 特许经营权
15. **gourmet** *n.* a connoisseur of fine food and drink 美食家
16. **household** *n.* a domestic unit consisting of the members of a family who live together along with non-relatives such as servants [集合词] 家属, 家眷; 家庭
17. **image** *n.* the opinion or concept of something that is held by the public 形象
18. **Laundromat** *n.* a service mark used for a commercial establishment equipped with washing machines and dryers, usually coin-operated and self-service 〈美〉自动洗衣店的招牌
19. **liquid assets** assets in the form of cash (or easily convertible into cash) 流动资产
20. **literate** *a.* knowledgeable or educated in several fields or a particular field 精通的
21. **motivate** *vt.* to provide with an incentive; to move to action 激发
22. **multimillionaire** *n.* one whose financial assets are worth several million dollars 千万富翁
23. **mutual** *a.* possessed in common 共有的
24. **net** *a.* remaining after all deductions have been made, as for expenses 净的, 纯的
25. **obstacle** *n.* one that opposes, stands in the way of, or holds up progress 障碍物
26. **pay off** to be successful or profitable 赢利
27. **pull ahead (of)** to move in front of or gain a lead over somebody or

- something moving in the same direction 赶到……前面, 超越
28. **refinance** *vt.* to provide new financing for 再提供资金
29. **splurge** *vt.* to spend extravagantly or wastefully 挥霍
30. **squirrel** *vt.* to hide or store 贮藏
31. **statement** *n.* an abstract of a commercial or financial account showing an amount due; a bill 账目
32. **stick with it** endure 忍耐
33. **stockbroker** *n.* one that acts as an agent in the buying and selling of stocks or other securities; a broker 股票经纪人
34. **trickle** *vi.* to move or proceed slowly or bit by bit 缓慢前进
35. **tutor** *vt.* to act as a tutor to; to instruct or teach privately 做……的家庭教师; 私下辅导或教授
36. **whiz** *n.* (informal) one who has remarkable skill (非正式用语) 专家, 奇才
37. **win-win** *n.* a win-win game is a game which is designed in a way that all participants can profit from it in one way or the other 双赢
38. **with all one's heart** heart and soul 全心全意地

Notes

1. **About the author** Kristyn Kusek Lewis started her full time writing career in 1999 at the *Government Executive* magazine in Washington, D.C. Since then, she has written for many of the nation's top publications, including *The New York Times*, *O, The Oprah Magazine*, *Real Simple*, and *Reader's Digest*. Kristyn's solid reputation comes from years of delivering lively stories on a variety of topics concerning lifestyle, cultural trends, food, travel and health. Versatility is her strong suit.
2. **Article source** From *Reader's Digest*—December 2007
<http://financialplanning4u.blogspot.com>
3. **Donald Trump** Donald Trump is the very definition of the American success story, continually setting the standards of excellence



while expanding his interests in real estate, gaming, sports, and entertainment. 唐纳德·特朗普

4. **get more stuff** This refers to earning more money and obtaining larger fortunes.
5. **T. Harv Eker** He is the founder and president of Peak Potentials Training, the fastest growing personal development company in North America. Eker is the author of the best-selling books, *Secrets of the Millionaire Mind* and *SpeedWealth*. T·哈威·艾克
6. **Forbes** Forbes is an American publishing and media company. Its flagship publication, *Forbes* magazine, is published bi-weekly. The magazine is well-known for its lists, including its list of the richest Americans (the Forbes 400) and its list of billionaires. The motto of Forbes magazine is "The Capitalist Tool". 《福布斯》杂志
7. **make the cut** This means to share a portion of profits or earnings.
8. **Wal-Mart** A lot like your neighborhood Wal-Mart store, it features a great selection of high-quality merchandise, friendly service and, of course, Every Day Low Prices. 沃尔玛
9. **a mutual fund** 共有基金 (一种投资公司形式)
10. **make a point to live below their means** Here it refers to try their best to make ends meet.
11. **Jill Blashack Strahan** The founder & CEO of Tastefully Simple, Inc., a national direct sales company founded in Alexandria, MN, in June of 1995. Tastefully Simple, Inc. is the original national home taste-testing company, offering upscale, easy-to-prepare gourmet foods. 吉尔·布莱莎克·斯特拉罕
12. **Loral Langemeier** The founder and CEO of Live Out Loud. Loral is a master coach and wealth strategist who has helped hundreds of people become millionaires in three to five years. 劳拉·郎格梅尔
13. **Rick Sikorski** The founder and CEO of the Fitness For Life Franchise Corporation, now called Fitness Together (www.fitness-together.com). 里克·西科尔斯基