



普通高等教育“十一五”国家级规划教材  
大学英语自主系列教材

总主编 余建中  
主 编 季佩英 黄 莺

# 大学英语 自主听力

*An Autonomous  
Learning Edition*

4



高等教育出版社  
Higher Education Press



普通高等教育“十一五”国家级规划教材  
大学英语自主系列教材

总主编 余建中  
主 编 季佩英 黄 莺  
编 者 景 蓉 俞蓓迪

# 大学英语 自主听力

An Autonomous  
Learning Edition

4



高等教育出版社

Higher Education Press

#### 图书在版编目 (CIP) 数据

大学英语自主听力·4/余建中主编;季佩英,黄莺分册主编. —北京:高等教育出版社,2009.5  
ISBN 978-7-04-026538-5

I. 大… II. ①余…②季…③黄… III. 英语—听说教学—高等学校—教材 IV. H319.9

中国版本图书馆 CIP 数据核字 (2009) 第 065262 号

策划编辑 陈锡鏖 叶春阳      责任编辑 王雪婷      封面设计 王 峥  
责任印制 尤 静

出版发行 高等教育出版社  
社 址 北京市西城区德外大街 4 号  
邮政编码 100120  
总 机 010-58581000

经 销 蓝色畅想图书发行有限公司  
印 刷 北京四季青印刷厂

开 本 889×1194 1/16  
印 张 10.5  
字 数 322 000

购书热线 010-58581118  
免费咨询 800-810-0598  
网 址 <http://www.hep.edu.cn>  
<http://www.hep.com.cn>  
网上订购 <http://www.landaco.com>  
<http://www.landaco.com.cn>  
畅想教育 <http://www.widedu.com>

版 次 2009 年 5 月第 1 版  
印 次 2009 年 5 月第 1 次印刷  
定 价 19.00 元

本书如有缺页、倒页、脱页等质量问题,请到所购图书销售部门联系调换。

版权所有 侵权必究

物料号 26538-00

## 前言

随着我国改革开放日益深化及加入世界贸易组织,社会各领域参与国际交流的机会越来越多,新的社会需求对大学生的英语能力提出了更高的要求,教育部制定的《大学英语课程教学要求》也提出了新的大学英语课程教学目标,即在培养学生英语综合运用能力的同时,增加其自主学习能力,提高综合文化素养,以适应我国社会发展和国际交流的需要。

鉴于现有的教学内容和教学学时不足以满足人才培养的需要,要切实保证大学英语课程教学目标的实现,我们需要充分利用学生的课余时间,激发学生课后的自主学习兴趣,提高他们的自主学习能力,不断扩大学生广泛接触英语的天地,使得他们的课堂学习内容在课后能得到进一步延伸。课后广泛的听说训练,不仅能使学生巩固课堂上掌握的学习方法和学习策略,更能增加人文和科学知识,提高综合素养。

本套教材为现有大学英语教材的补充和延伸,与现有课堂教学内容交相辉映。我们期待本教材能够引导学生最终成为快乐的英语学习者、终身的英语学习者、集技能与策略于一身的英语学习者,从而使《教学要求》的目标最终得以实现。

本套教材的编者充分研究了国内外各种英语听力教材的编写特点,从思想性、知识性、科学性、人文性、时代性、实用性及趣味性等多角度入手,以注重打好语言基础为出发点,同时注重培养学生的实际应用能力。

本套教材的特点是:

1. 强调自主学习特征。作为对现有大学英语教材的延伸和补充,本套教材强调发挥学生在学习过程中的自主作用,每单元都以学习任务为出发点,反复操练,逐步深入,旨在有步骤、有目的地引导学生开发各种学习潜能。

2. 突出语料的真实性和语境的实用性。大量语料选自英、美人的日常生活会话,真实自然,便于学生今后对外交流时直接应用。

3. 注重文化信息。在注重英语语言基础知识和基本技能训练的同时,注意将文化内容与语言材料相融合,话题覆盖英美文化生活的方方面面。

4. 融教学与考查为一体。除了课文训练之外,本教材还有期中、期末自测题,供学生自我检查学习效果。

5. 辅助课堂教学。本套教材既可以用于学生自主学习,又可以作为普通听力教程。本教材配套指南包含了详细的学习目标与学习计划,对文化信息、语言信息也有相应的补充和解释。

6. 帮助学生应对大学英语四、六级考试。随着大学英语教学改革的深入,英语听力在大学英语教学和考试中的比重已经显著增加。本教材第三册的难度约与大学英语四级考试相当,第四册的难度在四级以上。因此,学完本教材的学生在听力方面不仅能够从容应对大学英语四级考试,还能挑战大学英语六级考试。

《大学英语自主听力》由复旦大学余建中教授担任总主编,本册主编是季佩英、黄莺,参加编撰的还有景蓉、俞蓓迪。

本教材是适应教育部《大学英语课程教学要求》全新理念的尝试和探索,由于编者水平所限,敬请广大师生在使用过程中多提宝贵意见和建议。

编者

2009年4月

# 使用说明

本套教材共分4册,每册共16个单元,并配有两套水平自测题。每单元按照不同的学习任务展开,题材广泛,涉及生活的各个领域。本册的各个单元由以下5个部分组成:

## Part A Language Focus

该部分是本单元的准备阶段,提供本单元基本词汇和部分句型。为方便学习者使用,句子或词组中较难的词汇用斜体表示,并加以中文注释。

## Part B Authentic Conversations

该部分基本由6段短会话、2段长对话组成,语料具有真实性和实用性,能够帮助学习者在真实语言情景中锻炼英语听力。

## Part C Talks from Radio/TV Programs

该部分取材于英语国家的电台或电视节目,有人物介绍、新闻、故事、评论、访谈等内容,主要培养学习者听懂英语电台广播、看懂英语电视节目的能力。

## Part D Dictation

该部分主要训练学习者的听写能力。

## Part E Fun Time

该部分一般包含幽默故事、诗歌、英语成语、英语歌曲等,是轻松的英语娱乐时间,其目的是培养学习者对英语语言学习的兴趣,并缓解听力训练给他们带来的紧张情绪。

本册中所含的水平自测题完全按照大学英语四级考试的框架编写,但是内容跟试卷前面的各单元相关。

本套教材拟定两个学年完成,建议一学期完成一册的学习任务,每周安排一个单元。

编者

2009年4月

# 郑重声明

高等教育出版社依法对本书享有专有出版权。任何未经许可的复制、销售行为均违反《中华人民共和国著作权法》，其行为人将承担相应的民事责任和行政责任，构成犯罪的，将被依法追究刑事责任。为了维护市场秩序，保护读者的合法权益，避免读者误用盗版书造成不良后果，我社将配合行政执法部门和司法机关对违法犯罪的单位和个人给予严厉打击。社会各界人士如发现上述侵权行为，希望及时举报，本社将奖励举报有功人员。

反盗版举报电话：(010)58581897/58581896/58581879

传 真：(010)82086060

E-mail: dd@hep.com.cn

通信地址：北京市西城区德外大街4号

高等教育出版社打击盗版办公室

邮 编：100120

购书请拨打电话：(010)58581118

# Contents

## Unit 1 Studying Abroad



Part A	Language Focus	1
Part B	Authentic Conversations	2
Part C	Talks from Radio/TV Programs	5
Part D	Dictation	7
Part E	Fun Time	8

## Unit 2 Personal Finances



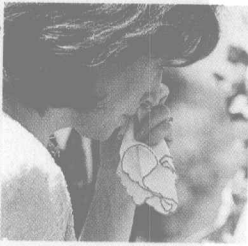
Part A	Language Focus	9
Part B	Authentic Conversations	11
Part C	Talks from Radio/TV Programs	14
Part D	Dictation	16
Part E	Fun Time	16

## Unit 3 Entertainment



Part A	Language Focus	17
Part B	Authentic Conversations	18
Part C	Talks from Radio/TV Programs	21
Part D	Dictation	23
Part E	Fun Time	24

## Unit 4 Sympathy and Consolation



	25
Part A Language Focus	25
Part B Authentic Conversations	26
Part C Talks from TV Programs	29
Part D Dictation	31
Part E Fun Time	32

## Unit 5 Hometown



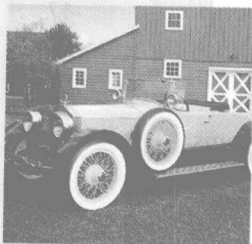
	33
Part A Language Focus	33
Part B Authentic Conversations	35
Part C Talks from TV Programs	38
Part D Dictation	40
Part E Fun Time	40

## Unit 6 Historical Events



	42
Part A Language Focus	42
Part B Authentic Conversations	43
Part C Talks from TV Programs	46
Part D Dictation	48
Part E Fun Time	49

## Unit 7 Automobiles



	50
Part A Language Focus	50
Part B Authentic Conversations	52
Part C Talks from Radio/TV Programs	55
Part D Dictation	57
Part E Fun Time	58



## Unit 8 Aging

59



Part A Language Focus

59

Part B Authentic Conversations

60

Part C Talks from Radio Programs

63

Part D Dictation

65

Part E Fun Time

66

## Test Yourself(Units 1~8)

67

## Unit 9 Growing Pains

72



Part A Language Focus

72

Part B Authentic Conversations

74

Part C Talks from Radio/TV Programs

76

Part D Dictation

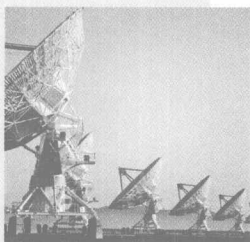
78

Part E Fun Time

79

## Unit 10 Technology

80



Part A Language Focus

80

Part B Authentic Conversations

82

Part C Talks from Radio/TV Programs

85

Part D Dictation

87

Part E Fun Time

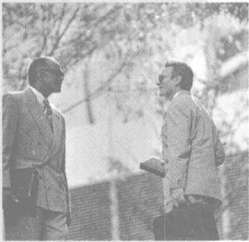
88

## Unit 11 Newspapers



Part A	Language Focus	89
Part B	Authentic Conversations	91
Part C	Talks from Radio/TV Programs	93
Part D	Dictation	95
Part E	Fun Time	96

## Unit 12 Helping Others



Part A	Language Focus	97
Part B	Authentic Conversations	98
Part C	Talks from Radio/TV Programs	101
Part D	Dictation	103
Part E	Fun Time	104

## Unit 13 Social Customs



Part A	Language Focus	105
Part B	Authentic Conversations	106
Part C	Talks from TV Programs	109
Part D	Dictation	111
Part E	Fun Time	112

## Unit 14 Making Complaints



Part A	Language Focus	113
Part B	Authentic Conversations	114
Part C	Talks from TV Programs	117
Part D	Dictation	119
Part E	Fun Time	120

## Unit 15 Emergency

---

121



Part A Language Focus

121

Part B Authentic Conversations

122

Part C Talks from Radio/TV Programs

125

Part D Dictation

127

Part E Fun Time

128

## Unit 16 Talking About the Future

---

129



Part A Language Focus

129

Part B Authentic Conversations

130

Part C Talks from Radio/TV Programs

133

Part D Dictation

136

Part E Fun Time

137

## Test Yourself (Units 9~16)

---

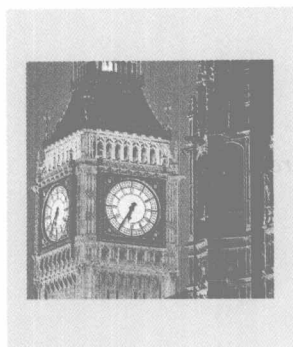
139

## Appendix Key to Exercises

---

144

## Unit 1



# Studying Abroad

## Preview

This unit integrates various useful expressions and authentic talks about studying abroad.



## Part A Language Focus

### 1. Study at college

*investigate* (调查研究)

*specialize in sth.* (专门研究)

She specializes in family law.

research

Scientists are researching the effects of pollution on fish.

We are doing research into *global warming* (全球变暖).

subject

Which subject did you study at university? I did *anthropology* (人类学) at university.

field

I'm afraid I don't know much about that. It isn't my field.

major

I am an English major. I major in English.

a philosophy student, the history department, a *linguistics* (语言学) exam, a sociology textbook, a philosophical problem, a psychological experiment

He joined a study abroad program which took him to Japan.

## 2. Life at college

student

*an international student* (留学生)

*advisor* (指导老师)

*supervise* (指导), *supervisor* (指导老师)

researcher

scholar, *a visiting scholar* (访问学者), *a Shakespearean* (莎士比亚的) scholar

professor, *associate professor* (副教授), *assistant professor* (助理教授), *lecturer* (讲师), *teaching assistant* (助教)

*board* (膳食), *lodging*, *accommodation* (or *accommodations*) (住所; 宿舍)

full board and lodging (= a room to stay in and all meals provided)

The first thing you must do is to find some accommodation.

share a room/flat/house/dorm with sb.

roommate

*tuition* (学费), *scholarship*, *grant* (助学金), *student loan* (学生贷款), *part-time job*

He made his living by doing a part-time job.

## 3. Going abroad

a foreign country, a foreign language

abroad, overseas

go abroad

My grandmother has never been abroad.

apply, *applicant* (申请人), *application*

I applied to five universities in the USA and was accepted by three of them.

passport

visa



# Part B Authentic Conversations

## Short Conversations

### Word Bank

Addis Ababa /'ædis'æbəbə/

亚的斯亚贝巴(埃塞俄比亚首都)

Ethiopia /i:'θi'əpiə/

埃塞俄比亚(非洲东北部国家)

qualify /'kwɒlɪfaɪ/ (for) vi.

to have the right to have or do sth. 具有资格做……

security /sɪ'kjʊərəti/ *n.*

freedom from risk or danger 安全

acknowledge /ək'nɒlɪdʒ/ *vt.*

to admit or accept that sth. exists, is true, or is real 承认

inherent /ɪn'hɪərənt/ *adj.*

naturally belonging to or part of the very nature of sth. 内在的, 固有的

**Directions:** You will hear 6 conversations between two speakers. Listen to them and answer the following questions by choosing the right options.

- A. Mr. Abebe was born in the USA 40 years ago.

B. Mr. Abebe is a young international student in the USA.

C. Mr. Abebe traveled to Ethiopia when he was young.

D. Mr. Abebe is a middle-aged or old African American.
- A. French.

B. Arabic.

C. Chinese.

D. English.
- A. He is a language learner.

B. He is a school teacher.

C. He is a pop star.

D. He is an anthropology student.
- A. He is a medicine major.

B. He came to the United States 6 years ago.

C. He is going to graduate from a medical university in 4 days.

D. He is planning to go back home very soon.
- A. One's interest.

B. Good grades.

C. One's background.

D. Application at an early time.
- A. The students know the way to and from the places they are going to.

B. The students know the risks involved in going abroad.

C. The students get some medical training.

D. The students get permission from their parents.

# Longer Conversations

## Conversation One

### Word Bank

Muslim /'mʊzɪm/ *adj.*

relating to the followers of Islam or to Islamic areas, cultures or activities 穆斯林的, 伊斯兰教的

Jewish /'dʒu:ɪʃ/ *adj.*

of Judaism or Jews 犹太教的, 犹太人的

Catholic /'kæθəɪlɪk/ *adj.*

belonging to or characteristic of the Roman Catholic Church 天主教的

prevention /prɪ'venʃən/ *n.*

the act that stops sth. bad from happening 预防

Saudi Arabia /'saʊdiə'reɪbiə/

a country in Southwest Asia, on the Arabian Peninsula 沙特阿拉伯

mutual /'mjʊtʃʊəl/ *adj.*

done, felt or expressed by each towards the other 相互的

**Directions:** You will hear a conversation between two speakers. Listen to the conversation twice and answer the questions by choosing the right options.

- A. Muslim.  
B. Jewish.  
C. Catholic.  
D. Indian.
- A. To make friends with his co-workers.  
B. To prevent lung cancer.  
C. To change his religious belief.  
D. To live with people from different backgrounds.
- A. He is going back home to see his parents soon.  
B. He will be able to serve his country soon.  
C. He can speak several foreign languages now.  
D. He will have co-workers from all over the world.
- A. Foreign language learning.  
B. Prevention of lung cancer and other diseases.  
C. Different ways of thinking.  
D. Understanding people who think in a different way.

## Conversation Two

### Word Bank

full-ride (scholarship)	全额奖学金
Stanford /'stænfəd/ University	a major private university in Stanford, California, USA 斯坦福大学(美国)
definitely /'defɪnɪtli/ <i>adv.</i>	without any doubt 肯定地
Moscow /'mɒskəʊ/	the capital of Russia 莫斯科(俄罗斯首都)
work out	to have a satisfactory or successful result 做成功,令人满意
bunch /bʌntʃ/ <i>n.</i>	a number of things growing or fastened together 一群,一串

**Directions:** You will hear a conversation between two speakers. Listen to the conversation twice and answer the questions by choosing the right options.

- A. They covered all the expense.  
B. They helped pay for the tuition, room and board.  
C. They enabled him to have some pocket money all the time.  
D. They helped pay for his books, computer and transportation back home.
- A. The reputation of the college.  
B. A big scholarship that covers everything.  
C. The location of the college.  
D. A big library that offers all facilities for learning.
- A. He is a very talented student.  
B. His has a very unusual family background.  
C. He applied for both big and little scholarships.  
D. He had a good plan for study at Stanford.



## Part C Talks from Radio/TV Programs

### Excerpt One

#### Word Bank

peek /pi:k/ *n.* a quick or secret look at sth. 窥视



humanize /'hju:mənəɪz/ vt. to make a place or system more pleasant or more suitable for people 使人性化

**Directions:** You will hear a short talk from a radio program. Listen to it twice and complete the following summary by filling in the blanks.

The number of American students studying abroad increased by almost 1) \_\_\_\_\_ between 2001 and 2003. They have become particularly interested in the 2) \_\_\_\_\_ world. Living abroad can be a(n) 3) \_\_\_\_\_ experience. It's a chance for 4) \_\_\_\_\_ at another culture, to see things and people through 5) \_\_\_\_\_. People-to-people exchanges also help to humanize America and Americans in places where US policy may not be 6) \_\_\_\_\_. The goal is 7) \_\_\_\_\_. Today we will speak with some students and scholars who have returned from Africa.

## Excerpt Two

### Word Bank

feat /fi:t/ n.	sth. impressive done by someone 非凡的事情
multiply /'mʌltɪplaɪ/ vt.	to increase by a considerable number, amount, or degree 增加
Austin /'ɒstɪn/	the capital of Texas, USA 奥斯汀(美国得克萨斯州首府)
come to an end	to reach a final point 到达终点
cliché /'kli:ʃeɪ/ n.	a phrase that has been used too often and is no longer original 陈腐的说法
Gabon /gə'beɪn/	a country in west central Africa on the Atlantic coast 加蓬(非洲西部国家)
Grayson /'greɪsn/	a county located in the U.S. state of Texas 格雷森(美国得克萨斯州的一个县)
minor /'maɪnə(r)/ n.	a secondary area of specialized academic study in higher education 辅修专业

**Directions:** You will hear a short talk from a TV program. Listen to it twice and answer the questions by choosing the right options.

1. A. A student born in Austin.  
B. An old student.  
C. A female student.  
D. A foreign student.
2. A. An academic conference.  
B. A concert of modern African music.  
C. An outdoor party.