

雅〇主编

- 帮助考生熟记核心单词 巧记速记
- 扩展联想 强化目标词汇重点用法
- 对易混单词进行详细辨析 易混辨析
- 提高考生对词汇的关注度 真题点击

核心词汇



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刘昕齐志刚

空航天大学出版社 2009.7

ISBN 978-7-81124-840-1

心词汇

37 号(100191)。发行潜电话,010-82317024 传点。010-82328026

据是出作现象。美国国会别特别自卑高指挥案。 *

开本。850×1168 1/32 印能。15 字数: 432 千9 2009 年7月第 1 版 2009 年7月第 1 次印刷

158N 978-7-81124-84U-1 22 ft : 29.80

图书在版编目(CIP)数据

冲击 710 分英语四级高分·核心词汇/张雅主编. —北京:北京航空航天大学出版社,2009.7

ISBN 978-7-81124-840-1

I. 冲··· II. 张··· III. 英语-词汇-高等学校-水平考试-自学参考资料 IV. H310.42

中国版本图书馆 CIP 数据核字(2009)第 110391 号

冲击 710 分英语四级高分·核心词汇 主 编 张 雅 责任编辑 潘 静

北京航空航天大学出版社出版发行

北京市海淀区学院路 37 号 (100191) 发行部电话: 010-82317024 传真: 010-82328026 http://www.buaapress.com.cn E-mail:bhpress@263.net

涿州市新华印刷有限公司印装 各地书店经销

开本: 850×1168 1/32 印张: 15 字数: 432 千字 2009 年 7 月第 1 版 2009 年 7 月第 1 次印刷 ISBN 978-7-81124-840-1 定价: 29.80 元

前言

大学英语是我国高等教育基础课,大学英语四、六级考试是考查学生英语水平的重要方式。随着人们对英语学习认识的不断提高和英语水平的进一步发展,大学英语课程大纲以及四、六级考试的内容形式都在不断发生着调整和变化。其实"万变不离其宗",不论考试内容和形式如何改变,词汇作为语言的三要素之一 (另两个为语音和语法),其重要性始终不变,词汇的正确理解和恰当运用始终是语言学习的基础。

本书的编撰依据是教育部高等教育司最新颁布的《大学英语课程教学要求》。我们对其中"一般要求"(相当于原来的四级要求)的4,000多个单词和700多个词组做了详细的讲解并给出历年真题作为实例,配以"巧记速记"、"扩展联想"、"易混辨析"和"真题点击"等栏目,旨在帮助读者更好地掌握四级词汇,从根本上提高自己的英语水平。

本书具有以下特点,

- 1. 紧扣历年真题。编者对最近十年真题进行整理归纳,尤其对题型改革之后的试题进行了详细分析总结,提炼出考试中出现频率较高的词汇。
- 2. 快速记忆点拨。在较难记忆的词条下利用"巧记速记"、"扩展 联想"等栏目帮助读者进行意义联想,全面突破记忆难点。
- 3. 易混词语辨析。对于意思相近的常用词汇的区别给出详细释义和例句,以便读者进行比较,掌握单词用法。
 - 4. 释义详尽。在重要的词条下列出词语全面的用法讲解,内容包

I.

括巧记速记、扩展联想、真题点击、易混辨析等。

在本书的编辑过程中,策划编辑秦莹女士,责任编辑潘静女士做了大量细致的工作,谨在此向她们表示诚挚的感谢。

由于编者能力有限,加之时间仓促,书中纰漏在所难免,敬请广大专家和读者批评指正。

编者 2009年5月

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abandon [əˈbændən]

- vt. ① 离弃;抛弃;遗弃【同】desert【反】maintain ② 放弃;中止 to abandon a research project 放弃研究项目
- n. 放任;纵情 to dance with wild abandon 纵情地跳舞

巧记速记a (不)+ban+don (给予)→不禁止给出去→放弃

扩展联想 abandon oneself to sth. 完全屈从于 The young man abandoned himself to despair.

真题点击 Dozens of homes have had to be abandoned as the sea has crept farther and farther inland. 许多家园由于大海日益向内陆漫延而被遗弃。(01-6-阅读)

ability [ə'biliti]

n. ① 能力;力量【同】capacity, capability ② 天资;才能【同】faculty **巧记速记**[熟]able 有能力的→[生]ability 能力;enable 使能够

扩展联想 to the best of one's ability 尽其所能

奧題点击 The organization says that animals must have food, water, shelter, health care and the *ability* to reproduce. 该组织称动物必须拥有食物、水、收容所、医疗护理,并且能够繁殖。(06-6-听力)

abnormal [æb'no:məl]

- a. ① 不正常的,反常的 It is abnormal for a man to walk in his sleep.
 - ② 变态的;畸形的 abnormal behavior 变态行为

巧记速记[熟]normal 正常的→[生]abnormal 反常的

易混辨析 abnormal, uncommon, disordered 都有"反常的"的意思。

abnormal 意为"不正常的,反常的(但并非罕见)",指行为或现象(如气候)的异常,如:His body temperature has been abnormal for 3 days, the highest point reaching 40.5 degree centigrade.

uncommon 意为"罕见的,不平常的",指很少经历或很少见到的状况;特别的,出色的,如:Hurricanes are uncommon in England.

disordered 意为"混乱的,杂乱的;(精神或身体)有病的",如:We couldn't understand her disordered presentation.

真题点击 Cancer is a group of diseases in which there is uncontrolled and disordered growth of abnormal cells. 癌症指的是由于病变细胞不受控制地无序生长而引起

1 -----



的多种疾病的统称。(CET6 05/12)

aboard [ə'bəid]

ad. 在船(或飞机、车)上 All passengers aboard fell into the river. prep. 上(船、飞机、车) They were the last two to go aboard the ship. **巧记速记** a(到)+board(厚板)

abolish [ə'bəlif]

vt. 废除,废止 Bad customs and laws ought to be abolished. 【反 Jestablish

真题点击 Slavery was **abolished** in Canada in 1833, and Canadian authorities encouraged the slaves, who escaped from America, to settle on its vast virgin land. 1833 年加拿大废除了奴隶制,加拿大当局鼓励那些逃离美国的奴隶在加拿大广袤的未开垦的土地上定居。(CET6 05/12)

abroad [ə'brəɪd]

ad. ① 在国外, 到海外 at home and abroad 在国内外 ② 在外面; 到外面 They usually walk abroad in warm days. ③ 广泛地; 遍布; 流行; 到处传开 The news spread abroad.

扩展联想 ad. aboard 上(船、飞机)

abrupt [ə'brʌpt]

a. ① 突然的, 意想不到的 an abrupt turn 急转弯 ② 唐突的, 没礼貌的 in an abrupt manner 无礼的态度 ③ 陡峭的, 险峻的 She did not dare to bike down the abrupt slope.

巧记速记 ab(=off)+rupt(=break)

历年真题 Even sensible men do **absurd** things sometimes. 即使是明智的人有时也会做出荒唐的事。(CET6 02/6)

absent ['æbsənt]

a. ① 缺席, 不在 He was absent from the meeting. [反] presence ② 不关心的, 心不在焉的 She had an absent look on her face. ③ 不存在的; 没有 Snow is absent in some countries.

巧记速记 ab(离去)+sent(出现)→没有出现→缺席的

扩展联想 n. absence 不在, 缺席 [反] presence; 缺少, 缺乏 [同] lack

奧题点击 A startling finding of the research is that the **absent**-minded activity is a hazard of doing things in which we are skilled. 此项研究的一个惊人发现是心不在焉的行为原来是我们在做熟练之事时所犯的。(03-6-阅读)

absolute ['æbsəlu:t]

a. ① 绝对的; 完全的, 纯粹的 absolute ignorance 完全无知 【同】complete, utter,

sheer ② 无条件的, 不受限制的 absolute independence 完全独立 ③ 确实的, 肯定的 an absolute fact 一个无疑的事实

巧记速记 [熟]solve 解决→[生]absolve 解除→[生]absolute 不受限制的扩展联想 ad. absolutely 完全地,肯定地;绝对地

absorb [əb'sə:b]

vt. ① 吸收 absorb moisture from the air 从空中吸收水分 ② 合并; 吞并 Small businesses are absorbed by big ones. 【同】incorporate, merge ③ 使(精神)贯注 He is absorbed in study. 【同】attract

巧记速记 ab(相反,变坏,离去)+sorb(吸收)→吸收掉

扩展联想 n. absorption 吸收

be absorbed in 一心从事, 热衷于 The old man was utterly absorbed in the book.

abstract ['æbstrækt]

- a. 抽象的 Some people say beauty itself is abstract. [反] concrete
- n. ① 抽象 ② 提要, 摘要 【同 digest
- vt. ① 抽取; 提炼, 转移 abstract sb.'s attention from 把某人的注意从…上转移
 - ② 概括, 摘要, 节略 abstract a lengthy speech 概括冗长的讲话

巧记速记 abs(相反,离去)+tract(拉)→被拉开→心不在焉

扩展联想 n. abstraction 抽象,提取

abundant [ə'bʌndənt]

a. 丰富的, 充足的 an abundant harvest 丰收【同】plentiful, ample, rich

巧记速记 ab(加强)+und+ant→丰富的

扩展联想 n. abundance 丰富, 充裕

abundant in 富于… The country is abundant in natural resources.

奧题点击 Madonna and Michael Jackson are famous, but who would claim that their fans find life more **abundant**? 麦当娜和迈克尔·杰克逊很有名,但是谁又能说他们的歌迷因此觉得生活更丰富呢? (03-1-阅读)

abuse [əˈbjuːz]

- vt. ① 滥用(职权等), 妄用 abuse one's privilege 滥用特权 ② 辱骂; 污蔑 abuse a friend 辱骂朋友【同】insult, maltreat
- n. ① 弊病, 弊端, 恶习 ② 辱骂, 讲坏话

巧记速记 ab(相反,变坏)+use(用)→用坏→滥用

扩展联想 a abusive 辱骂的,诅咒的,虐待的

真题点击 Lawyers can specialize in "elder law," which covers everything from trusts and estates to nursing-home abuse and age discrimination (歧视). 律师可能非常精



通"老年人法",它包括了从监管、财产到敬老院虐待及年龄歧视等所有问题。(02-1-阅读)

academic [,ækə'demik]

- a. ① 大学的, 学院的; 学校的 ② 学术的 academic freedom 学术自由 ③ 纯理论的 He has no interest in academic questions.
- n. 大学教师

扩展联想 n. academy 高等专科院校, 研究院, 学院 an academy of music 音乐学院

奧題点击 In a time of low academic achievement by children in the United States, many Americans are turning to Japan, a country of high academic achievement and economic success, for possible answers. 在美国儿童学业成绩不佳的时候,很多美国人转向了日本这个学术高度发展、经济极度繁荣的国家寻求解决方案。(05-1-阅读)

accelerate [æk'seləreit]

vt. ① 使增速 The driver stepped on the gas and accelerated the car. ② 促进; 促使…早日发生 The bad weather accelerated our departure.

vi. 加快,增长,增加 The car suddenly accelerated.

巧记速记 ac(再)+celer(速度)+ate(动词后缀)→一再增加速度

扩展联想 n. acceleration 加速,促进,加速度

accent ['æksənt]

- n. ①重音;重音符号【同】stress ②口音,腔调【同】tone ③强调,着重
- vt. ① 重读; 加重音符号于 Accent the word "energy" on the first syllable.
 - ② 强调、着重、极力主张

巧记谏记 ac(再)+cent(=sing, song, 唱)

扩展联想 n. assent 同意 n. ascent 上升

accept [ək'sept]

vt.& vi. ① 接受,答应,同意 He has accepted our invitation. ② 承认,认可 The astronaut accepts danger as being part of the job. ③ 相信 I don't accept that the firm will go bankrupt.

巧记速记 ac(=to)+cept(拿)

扩展联想 n. acceptance 接受,领受;欢迎,赞同;相信,承认

a. acceptable 可以接受的;令人满意的 Compliments are always acceptable.

真题点击 The key to preventing or treating behavior problems is learning to teach the dog to redirect its normal behavior to outlets that are acceptable in the domestic setting. 防止或处理狗的行为问题的关键是学会教狗将其正常的行为改成在家庭环境下可以接受的行为。(01-1-阅读)

access ['ækses]

n. ①接近,进入【同】approach ②通道,入口【同】entry, entrance

vt. ① 接通(电脑等); 取数; 存取 ② 接近, 进入, 使用

巧记速记 ac(=ad-, to)+cess(=go)→going to→进人

扩展联想 a. accessible 可得到的,易接近的

易混辨析 access, assess 这两个词为一组"形近易混词"。

access 意为"接近,进人"。The people living in these apartments have free access to that swimming pool.

assess 意为"评估(财产、价值)"。 I assessed how much it would cost to build a new apartment.

accident ['æksident]

n. ① 事故; 灾祸 ② 意外事情; 机遇

扩展联想 a. accidental 偶然的;意外的 n. incident 小事情

by accident 偶然 He met Tom by accident.

by accident of 凭着…的机遇 By accident of birth she was rich.

accommodation [ə,kəmə'deifən]

n. ① 适应; 调节 ② 调和; 和解 ③ 乐于助人 ④ 方便; 方便设施 ⑤ 住处; 膳宿【同】lodging

扩展联想 v. accommodate 使适应,调节,和解

accompany [əˈkʌmpəni]

vt. ① 陪同, 伴随 He wished her to accompany him. ② 随着…发生, 伴有Lightning usually accompanies thunder. 【同 Jconcur ③ 为…伴奏, 为…伴唱The pianist accompanied her singing.

巧记速记 ac(表示"一再"等加强意)+company(伙伴)→陪伴

accomplish [ə'kəmplif]

vt. ① 完成, 实现, 达到 They didn't accomplish the purpose desired. 【同 Jachieve, complete ② 走完, 度过 She has accomplished 95 years of her life.

巧记速记 ac(表示"一再"等加强意)+cent(唱歌)→一再唱出→强调

扩展联想 n. accomplishment 成就

易混辨析 accomplish, complete, end, finish 都含有"完成"之意。

accomplish 指成功地完成预期的计划或达到预期的目的或成果,如:We tried to settle the arguement but accomplished nothing.

complete 指完成一件指派或预定的任务,或完善、完整未完成的部分,如:When will the work be completed.

5 :



end 指一个动作或一件事情的结束或终止,如:The term will end early in July. finish 指把一件事或一个动作做完,强调事情的了结、终止,如:The building was finished in 1962.

accord [ə'kəid]

vi. 一致, 相合 His actions accord with his words. [同]agree, harmonize

vt. 给予 We accorded him a hearty welcome. [同]grant, confer

n. ① 一致, 符合 【同 Jaccordance, agreement ② 协议; 条约 【同 Junderstanding **巧记速记** ac(一再)+cord(=heart 心脏, 一致)

扩展联想 n. accordance 一致,协调

in accordance with 根据,依照;与...一致,合乎

奧题点击 Excessive speed plays a major role in as much as one-fifth of all fatal traffic accidents, *according* to the foundation. 根据基金会的调查,五分之一的致命车祸是因为超速。(00-1-阅读)

according [ə'kə:diŋ]

a. 相符的, 一致的 according to all accounts 照大家所说的

扩展联想 ad. accordingly 照着; 相应地; 因此; 于是

according as 根据…而…;随着…而…

according to 按照; 根据…所说; 随…而; 按照

account [ə'kaunt]

- n. ① 户头, 账目 【同】bill ② 账户; 客户 ③ 记述, 描述; 报导 【同】description ④ 解释, 说明 【同】statement ⑤ 根据, 理由
- vt. 认为…如何 I account myself well paid.

vi. 解释; 说明 He could not account for his absence from school. 【同]explains

巧记速记[熟]count 点数,计算→[生]account 账户

扩展联想 n. accountant 会计

account for 说明; 证明

no account 无价值的; 无关紧要的

of account 重要的

on account of 因为, 由于 Bill cannot come to the meeting on account of illness.

奧题点击 The finding of this study failed to take people's sleep quality into *account*. 研究结果没有将人们的睡眠质量考虑在内。(07-6-翻译)

accumulate [əˈkjuːmjuleit]

vt.& vi. 累积, 积聚; 积攒 They set to accumulating a huge mass of data. 【同】pile, stock



巧记谏记 ac(一再)+cumul(堆积)+ate→堆积起来→积累

扩展联想 n. accumulation 积聚,累积

p题点击 While it's true that we all need a career, it is equally true that our civilization has accumulated an incredible amount of knowledge in fields far removed from our own and that we are better for our understanding of these other contributions—be they scientific or artistic. 诚然,我们都需要一个职业,但同时我们也应该看到文明已经在一些远离我们自身职业的领域积聚了大量的知识,由于理解了这些文明的贡献——不管它们是科学的还是艺术的——我们的生活将更加美好。(03-1-阅读)

accurate ['ækjurit]

a. 准确的, 精密的 His information was accurate. [同] precise, correct, exact

巧记速记 ac(再)+cur(关心)+ate→一再关心,弄精确为止

扩展联想 n. accuracy 正确性, 准确度; 精确性【同】precision

易混辨析 accurate, correct, exact 均含"正确的"意思。

accurate 表示"准确的, 精确的",指"通过努力,使事情达到正确",如:She gave an accurate account of the accident.

correct 为一般用语,指"正确的",如:He gave correct answers to the questions. exact 表示"确切的""精确无误的",指"与事实完全相符",如: His answer is quite exact.

accuse [əˈkjuːz]

vt. ① 非难,控告 They accused him of taking bribes. 【同] charge ② 归罪,指责 Man often accuses nature for his own misfortunes. 【同] blame

vi. 控诉;起诉

巧记速记[熟]cause 原因→[根]cuse→[生]accuse 指控;excuse 接口

扩展联想 accuse sb. of 指控某人… She accused him of stealing her watch.

真题点击 Foxes and farmers have never got on well. These small dog-like animals have long been *accused* of killing farm animals. 狐狸和农场主从来就不能和睦相处。这些小小的像狗的动物一直因为咬死农场里的动物而受到谴责。(02-1-阅读)

accustomed [ə'kʌstəmd]

a. 通常的,习惯的【同】used, habitual

巧记速记ac(靠近)+custom(习惯)+ed(形容词后缀)

扩展联想 be accustomed to 习惯于 These people are accustomed to hard work.

真题点击 Accustomed to seeing A's and B's on high school report cards, they may be upset when their children's first semester college grades are below that level. 他们(家长)习惯了孩子高中成绩单上的 A 和 B,当看到上大学后第一个学期的成绩在这之下时,便开始不安。(07-6-听力)



achieve[ə'tʃi:v]

- vt. ① 完成, 实现【同 Jaccomplish, attain ② 获得 achieve success
- vi. 取得预期效果 He achieved because he was a hard worker. [同] succeed **巧记速记**a(=to)+chief(头)→到头→完成

扩展联想n. achievement 达成; 完成; 成就, 成绩 [同]accomplishment

acid['æsid]

- n. ①酸 ②有酸味的东西 ③尖刻,讥刺
- a. ① 酸的,有酸味的 ② 尖酸刻薄的 John has an acid tongue. 【同】sour

acknowledge[ək'nɔlidʒ]

- vt. ① 认,以…为真, 承认, 公认 acknowledge one's defeat 承认失败
 - ②答谢;感谢 acknowledge a favor 感谢帮助

巧记速记[熟]know 知道→[生]acknowledge 承认,感谢

真题点击 Professor Hawking is *acknowledged* as one of the world's greatest living physicists. 霍金教授被认为是当代最伟大的物理学家之一。(CET6 02/6)

acquaint [ə'kweint]

vt. ①告知,通知 Let me acquaint you with the facts. ② 使熟悉,使了解,使通晓 I am already acquainted with him.

巧记速记[熟]acquaintance认识,了解→[生]acquaint使了解,使认识

扩展联想 n. acquaintance 相识,熟人 a speaking acquaintance 泛泛之交 acquaint sb. with 把…通知(告诉)某人 acquaint sb. of 把…通知某人

真题点击 Through their reading they find a deeper significance to life as books acquaint them with life in the world as it was and it is now. 通过阅读,他们发现了生活的更深刻意义。因为书籍使他们了解到生活过去和现在的样子。(08-12-阅读)

acquire [əˈkwaiə]

vt. 得到,获得 Gradually we acquired experience in how to do the work. [同]obtain, get 巧记速记[根]quire(问,求)→[生]acquire 取得;inquire 询问;require 要求

扩展联想 n. acquisition 获得,所获之物

真题点击 The two fundamental principles of British education today are that education is education of the whole person, and that it is best acquired through full and active co-operation between two persons, the teacher and the learner. 今日英国的教育有两个基本原则:教育是对人的全面教育;通过教学双方充分、主动的合作实现最好地习得。(03-6-阅读)



act [ækt]

- n. ① 行为;行动【同 Jaction ② (常大写)幕;节目 ③ (常大写)法案,法令 【同 Jdecree
- vi. ① 行动 We should act immediately. 【同】behave ② 起作用,见效(on/upon) ③ 假装;演戏,表演 The actress acts very well. 【同】perform
- vi. ① 上演; 扮演 Lu Xun's plays always act well. ② 装出; 举动像 Try to act interested.

扩展联想 a. active 积极的,活跃的;现行的 anactive law;主动的【反】passive

n activity 活动,活动力;行动 a. actual 现实的,目前的 [同] real, true

n. action 行动;行为【同】act, deed;作用【同】effect

act against 违反 She acted against my will.

act for 代理,代表 She acts for me in the matter.

act on 奉行,按照…办事

act up 出毛病,捣乱,胡闹 The car's engine began to act up.

act up to 遵照原则办事;按照…行事;履行(诺言等)

易混辨析 act, action 与 deed 均含有"动作或行为"的意思。

act 强调动作的结果,指单一的和个人的动作,适用于个人力量可以完成的事,一般属暂时性的,如:It is an act of kindness to help a blind man across the street.

action 强调动作的方式和历程,而且指比较复杂的动作,需要较长时间才能完成的事,如:While a ship is in distress, rescuing passengers from danger is a heroic action.

deed 如同 act,强调行为的结果和单一性,但 deed 指较为庄重的、显著的、伟大的和感人的行为,而且含有永久性,如:He is a good leader in deed as well as in name.

acute [əˈkjuːt]

- a. ① 尖的,锐的【同]sharp ② 敏锐的;敏感的 acute sense【同]sharp, sensitive
 - ③ 明显的,剧烈的 acute pain 剧痛 【同】severe, intense 【反】chronic

易混辨析 acute, critical, crucial, urgent 均有"严重的,重要的"意思。

acute 意为"剧烈的,严重的;急性的(病)",如:An acute lack of food brought hunger to the Iraqi people.

eritical 意为"关键的",表示处于极度缺乏的状态或事件的转折点,与 crucial 相似。该词与 crucial 的区别在于它对缺乏的或危急的程度有更准确的衡量;还指"批判性的,分析性的"。如:It is critical that you study hard for the exam or you will fail it.

crucial 意为"决定性的,紧要关头的,至关重要的",最为笼统,适用于上述两种情况。如:Improved consumer confidence is crucial to an economic recovery.

nrgenl 意为"紧迫的,急迫的,紧要的",它不强调所指的问题是最重要的,仅强调"紧急的"状态。如:We have an urgent need for help; we are running out of water.



adapt [ə'dæpt]

- vt. ① 使适应, 使适合 He tried hard to adapt himself to the new conditions.
 - ② 改编, 改写 The author is going to adapt his play for television.

vi. 适应各种不同情况和环境 She lacked the ability to adapt easily.

巧记速记 ad(做···,加强···)+apt(能力)→有适应能力

扩展联想 v. adopt 采用 a adept 内行的

易混辨析 adapt, adjust, fit, suit, match 都含"适合""适应"的意思。

adapt 指"修改或改变以适应新条件", 如: You should adapt yourself to the new environment.

adjust 指 "调整""调节" 使之适应, 如: You can't see through the telescope until it is adjusted to your eyes.

fit 多指"大小适合", 引伸为"吻合", 如: The shoes adapt me well.

suit 多指"合乎要求、口味、性格、情况",如:No dish suits all tastes.

match 指"大小、色调、形状、性质等相配或相称",如: A red jacket doesn't match green trousers.

add [æd]

- vi. ① 添加;增加 ② 将…相加 ③ 补充说
- vt. ① 增加 add fuel to the flame(火上加油) [同]increase ② 做加法;加起来扩展联想 add to 增加,加到

add up 加起来, 总计

add up to 总计共达 The bills add up to exactly \$100.

addition [ə'diʃən]

n. ①加,附加 The addition of fruit makes the cereal taste good. ②加法 do addition and subtraction 做加减法 ③增加的人(或物) The baby is a new addition to our family.

扩展联想 in addition 加上,又 They eat a great deal of fruit in addition.

in addition to 除…外 In addition to French, he has to study Japanese.

additional [ə'difənl]

a. 附加的, 另外的 the additional regulation 附加规定 [同]excess

真题点击 An additional 7% did not know which revolved around which I have no doubt that virtually all of these people were taught in school that the earth revolves around the sun; they may even have written it on a test. 另有 7%的人不知道究竟哪个围绕哪个转。我毫不怀疑实际上所有这些人在学校里都曾学过地球是围绕太阳转的,他们甚至还在考卷上写过。(00-1-完形)

address [ə'dres]

- n. ①演说;正式讲演 ②称呼 ③地址,通讯处
- vt. ① 向…致辞;演说 address a meeting 向大会发表演说 ② 写姓名地址 The letter was addressed to the wrong house.

扩展联想 n. addressor 发言人

adequate ['ædikwit]

a. ① 足够的 The supply is not adequate to the demand. ② 恰当的, 可以胜任的 I hope you will prove adequate to the job. ③ 让人满意的, 尚可的 That hotel is merely adequate.

巧记速记 [熟]equal 相等→[根]equ 相等→[生]adequate 足够的

扩展联想 n. adequacy 足够

be adequate for 适合:足够

adjust [ə'dʒʌst]

vt. ① 校正;校准;调整 adjust the errors校正误差 ② 调节;改变…以适应 She must learn to adjust herself to English life. 【同】adapt

巧记速记 ad(做···,加强···)+just(正确)→弄正确→调整

扩展联想 n. adjustment 调整,调节器 a adjustable 可调整的 adjust to 使自己适应…

奧题点击 Some of them aren't very helpful with the problems their sons and daughters have in *adjusting* to college, and a few of them seem to go out of their way to add to their children's difficulties. 有些(家长)对子女在适应大学生活时产生的问题帮不上什么忙,个别(家长)甚至会帮倒忙。(07-6-听力)

administration [əd,minis'treifən]

n. 管理,经营,行政部门

巧记速记[熟]minister 部长→[生]administer 经营,管理

扩展联想 v. administrate 管理 a administrative 管理的

admire [ədˈmaiə]

- vt. ① 称赞,钦佩 He admires your poems very much. 【同]praise, compliment
 - ② 羨慕;崇拜 I admire (him for) his courage. 【同 Jenvy

巧记速记 ad(做…,加强…)+mire(惊奇)→惊喜;羡慕

扩展联想 n admiration 钦佩,赞赏 a admirable 值得赞美的

admit [ədˈmit]

vi. ① 承认 ② 准许进人;准许…进人 ③ 容许; 可容纳 The theater admits 1,000 people.

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