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——90天突破考研阅读瓶颈

# 120+60

徐绽 主编

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## 内 容 简 介

本书涵盖 120 篇选自英文原版权威报纸杂志中的文章, 涉及主题广泛而丰富, 接近真题命题特点; 另有 60 篇文章超值附赠, 助考研学生进一步拓展阅读量。本书的姊妹篇《考研英语美文诵读宝典 60+30》(晨读) 精选 90 篇脍炙人口的英语经典美文, 适合全程特别是在基础阶段朗读背诵, 潜移默化铸就写作高分。本套图书为考研全程备考量身打造, 另外也适用于四六级、考博、留学英文考试以及其他大型英语考试备考使用。

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《圆觉经》上讲：当知轮回，爱为根本。

你我都曾为这段话而怦然心动、若有所思：

when you are old and grey and full of sleep,  
And nodding by the fire, take down this book,  
And slowly read, and dream of the soft look.

当你老了，两鬓斑白，睡思昏沉  
在炉火旁打盹，请取下这本书，  
慢慢诵读……

尘世间，总是花开花落，云卷云舒，看河岸杨柳、夏日清荷、秋夜凉风、冬日玉雪，总有一番滋味萦绕心头，我们总在白天不停地追赶，我们的白天总是充满了无谓的喧嚣和浮华，还有这样那样的随波逐流、身不由己，所幸，我们还拥有还原自己的静谧自省的夜晚。

我们的情怀也总是诗——谁不暗自在心中为操劳一生的父母、亲爱的人、相扶相助的朋友描绘出一幅幅世上最绚丽的前景？谁不想用世上最温柔的情怀来将他们呵护？谁不想寻遍世上最坚强的铠甲来将他们保护？谁不想穷尽世上最瑰丽的语言来将他们表达？但是，总在不知不觉间我们匆匆误了多少光阴，我们年少时的憧憬，成年以后的理想往往被抛诸脑后、束之高阁，想过没有？其实只要我们踮起脚

尖儿就可以将它们重新翻取。世界那么大，唯有爱无论如何载不完也装不下。

既然白日的喧嚣、太阳的炙热已经褪去。一轮新月已然捧出，是时候为着自己的心、为着理想唱诵，那么，请取下这本书慢慢读……

相信你再也不把考研看成是一场苦旅，你将坚定地为爱而行！

每年有两百多万人参与考研战役，很多考生最终会由于英语成绩差而惨败沙场！而英语提分的重点在于攻克阅读壁垒，众所周知，“得阅读者得天下”。纵观近几年考研英语阅读真题的命题规律，认真分析总结，发现其有三大新特点：

第一个新特点是与时俱进。文章大多为西方的报刊摘选，但是与早些年不同的是：命题人节选的文章都很新，大多为最近一两年出版的报纸、杂志，有些甚至选自命题当月出版的最新杂志。选材的内容上以社会科学（social science）文章为主，自然科学（natural science）文章为辅，还会涉及一些人文科学（humanities）的散文及文学评论等。社会科学类文章主要考查范围是经济学、教育学、心理学以及传播学等。

第二个新特点是偏好集中。虽然命题人选取文章时大多参考外刊，但是总结近五年的真题来源就会发现，真题文章的选取主要集中在几类杂志。命题人偏好的杂志包括：The Economist（《经济学家》）、The New York Times（《纽约时报》）、Scientific American（《科学美国人》）、Business Week（《商业周刊》）、News Week（《新闻周刊》）、Time（《时代周刊》）、US News&World Report（《美国新闻周刊与世界报道》）、McKinsey Quarterly（《麦肯锡季刊》）、Science（《科学杂志》）、Harvard Business Review（《哈佛商业评论》）。选自这十类杂志的文章占考研英语客观试题总量的90%。



第三个新特点是网络资源作为试题来源。自几年前考研英语试题阅读理解部分首次选取微软旗下MSN网站上百科全书中的文章开始,就打破了考研命题一直使用西方著名的报纸、刊物等传统纸质媒体中的文章的现象,互联网资源的文章开始出现在了考研英语的试题中,可见考研英语的网络时代已经全面来临!建议考生也可多关注网络资源,比如:美国新闻在线([www.usnews.com](http://www.usnews.com))等等。

为了更好地帮助广大考生理解文章和扩充知识面,编者从命题人偏好的英文原版权威报纸杂志中选取了最接近考研真题命题特点的新文章,绝大部分文章节选自2018年7月—12月的时文,所涉及的内容广泛而丰富,从经济、外交到科技、文化、教育、体育、娱乐等无所不有,而且文体不尽相同,形式各异。话题贴近生活、贴近现实,具有时代性、知识性、趣味性等特点。文章语言优美,文笔流畅,寓知识性、趣味性、信息性于一体,让你尽览原汁原味的英文风采。选材不但符合时代的潮流,而且贴近考研命题趋势,使考生从庞大的信息资源中解放出来,节省宝贵的复习时间,达到事半功倍的效果。

同时,考虑到广大考生的经济负担,我们选取最有代表性的120篇文章集结出版,另外还赠送免费下载文章60篇供考生继续扩大阅读量,这样就降低了书的定价,使大家少花钱多获取。

60篇赠送文章可以在[www.xuzhan.com](http://www.xuzhan.com)上免费下载。

本书具有以下特色:

本书根据考研英语阅读文章的题材类型分为教育文化界、经贸风云榜、科普大世界、生活新风尚、娱乐百分百、世界任我行六大板块。其中,每篇文章又包含以下几个部分:

**来源:**详细说明文章节选自何处。

**导读:**原汁原味、内容翔实的英语报刊文摘。或是对文章主题的提炼,或是对人生感悟的阐发,或是对文章布局谋篇的描述;既是对正文的铺垫,也是对文章背景和主题的简要介绍,帮助读者迅速了解文章的背景信息。

**全文节选:**在风格、内容、难易程度方面均与考研英语阅读文章相近。

为了在保证文章原汁原味的基础上更好地体现考研英语阅读的特色，编者特节选结构内容相对完整、篇幅与考研英语阅读文章相当的部分作为阅读范文，以便于考生实时与考研英语阅读接轨。

**词海撷英：**列出考生需掌握的重点单词。重点单词部分列出文中出现的、考研大纲中所包含的词汇，后面还附有音标、文中释义和重点词义，在原文中以下画线标出，以帮助考生在阅读的同时更全面地掌握重点单词，并通过对单词的理解更好地进行阅读。帮助考生在阅读报刊文章的同时增加词汇认知，扩充词汇量。

**难句解析：**精选2至4个长难句，从句子结构、句意切割、语言难点解释、翻译技巧说明及完整译文五个层面进行分析，帮助读者掌握长难句的阅读和翻译技巧。

**译海拾贝：**给原文提供精准的译文，每篇译文均经过字斟句酌，力求做到准确、流畅、优美，为考生理解文章提供借鉴。

此外，书中配有大量精美插图，活泼有趣，轻舞飞扬，与熠熠生辉的文章相得益彰，增加了阅读舒适度，让你享受英语阅读的乐趣。此外，书中对每篇文章均给出了星级提示，不同的星级代表文章不同的难度，以助考生加深对英语原文的进一步理解，方便选读。

### 三颗★★★

文章有一些生词，但都较容易。句式多为简单句，读来通顺，易于掌握。

### 四颗★★★★

生词较多，句式较复杂，有个别长难句，理解有一定困难。

### 五颗★★★★★

生词较多，句式很复杂，长难句多。或因作者本人的文学性较强，文章内容意蕴深远，而导致文章内容不易理解。

在行走的时代，要珍惜阅读的契机。夜阑人静，清风徐来，细雨敲窗，心绪沉寂，香茗书卷，正是夜读之佳境。浸染于文字氛围，品评人生百味。



鲜活的语言，纯正地道的表达，够潮、够炫的词汇，酷辣新鲜的话题，短小精悍，滴水藏海。或掩卷沉思，或轻松愉悦，绝对真正让你做到“诵读宝典，国际表达”。读权威英文报刊，学原汁原味英文。

此外，全书配有外籍专家专业朗读的 MP3 音频——还带舒缓动听的背景音乐哦！现在开启你美妙愉悦的阅读之旅吧！书中所有文章均以图文并茂的形式呈现，让你感觉如沐春风，身临佳境！经典佳作的语言，有力度，有内涵！轻松的版面设计，赏心悦目的图片，让你放松心灵，也让阅读不再枯燥、孤单！

音频免费下载网站地址：[www.xuzhan.com](http://www.xuzhan.com)。

在本书的编撰过程中，我们参考了国外的多种报刊，恕不一一说明，在此谨向原作者表示敬意。

编者

2019 年 3 月

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## Section Two

### 精华时文 60 篇

(注: 该部分目录及内容请见徐绽网校: [www.xuzhan.com](http://www.xuzhan.com))

## Section One

# 经典时文 120 篇

教育文化界  
生活新风尚  
娱乐百分百  
经贸风云榜  
世界任我行  
科普大世界

**PART**



# 教育文化界