



高校英语选修课系列教材

A COURSEBOOK OF SPOKEN ENGLISH FOR APPLIED COLLEGES

应用型大学英语 交际口语教程

主编 高朝阳 钟雪文

副主编 张晓红 梁玉兰 杨梅 常伟



清华大学出版社



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北京

内 容 简 介

本教材以应用型本科院校的人才培养为目标,充分考虑应用型本科院校学生的实际英语口语水平和学习需求,在编写时融入地方文化特色,让学生感到有话可说。全书共6个单元,话题涉及大学生活、我的家乡、特色美食、休闲旅行、购物、运动康养;单元内设计了丰富有趣的口语活动,并配有彩色图片,引导学生“看图说话”;教材中的音视频均由学生录制,容易激发学生口语练习的积极性;随文附带二维码,学习者可直接扫码听看。本教材可作为应用型本科院校大学英语基础课、选修课教材,也可作为口语练习材料,供学生自学使用。

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图书在版编目(CIP)数据

应用型大学英语交际口语教程/高朝阳,钟雪文主编.—北京:清华大学出版社,2019
(高校英语选修课系列教材)

ISBN 978-7-302-53330-6

I. ①应… II. ①高…②钟 III. ①英语-口语-高等学校-教材 IV. ①H319.32

中国版本图书馆CIP数据核字(2019)第161026号

责任编辑:黄智佳 刘 艳

封面设计:陈国熙

责任校对:王凤芝

责任印制:宋 林

出版发行:清华大学出版社

网 址: <http://www.tup.com.cn>, <http://www.wqbook.com>

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质量反馈:010-62772015, zhiliang@tup.tsinghua.edu.cn

印装者:北京嘉实印刷有限公司

经 销:全国新华书店

开 本:185mm×260mm 印 张:7.75 字 数:140千字

版 次:2019年9月第1版 印 次:2019年9月第1次印刷

定 价:49.90元

产品编号:083642-01

前言 Preface

培养应用型人才是我国经济社会发展对高等教育提出的新要求，也是地方应用型本科高校的历史使命。应用型人才要求在一定的理论规范指导下，从事非学术研究性工作，具体到大学英语这门课程上就是培养学生的英语实际应用能力，培养学生用英语交流和解决问题的能力。英语交流能力分为口头交流能力和书面交流能力，对大多数学生来说，提高英语口头交流能力是最紧迫的任务。

针对这一实际需求，我们编写了这本《应用型大学英语交际口语教程》。本教材有以下特点：

针对校本人才培养：本教材专门针对应用型普通本科高校学生而编写，编写过程中充分考虑到应用型本科高校的人才培养目标和学生的实际英语水平。学生实际英语水平是英语口语教材编写的最主要依据。应用型本科院校学生的入学英语水平普遍较低，英语语音基础掌握得不牢固，相当部分的学生通过大学阶段的英语学习仍不能达到大学英语四级水平。因此，在教材编写过程中，我们不好高骛远，而是以学生实际英语水平和学习需要为准则进行编写。

融入地方文化特色：本教材编写过程中充分考虑到编者所在学校的地方文化特色和学校特色。人们只有在谈论自己熟悉的事情时才有话可说，因此在编写过程中，我们

尽可能选择能够体现地方文化特色的素材，让学生感到有话可说。教材中专门加入了饮食文化、民俗文化等内容，这些内容都是学生所熟悉的，更能激发他们参与讨论的兴趣和积极性。

话题人文色彩浓厚：本教材共 6 个单元，话题涉及大学生活、我的家乡、特色美食、休闲旅行、购物、运动康养，与学生生活息息相关，富于人文关怀。

口语活动丰富有趣：单元内设计了丰富有趣的口语活动，并配有彩色图片，引导学生“看图说话”。教材中的音视频*均由学生录制，容易激发学生口语练习的积极性。随文附带二维码，学习者可直接扫码听看。

本教材可作为应用型本科院校大学英语基础课、选修课教材，也可作为口语练习材料，供学生自学使用。

教材中的部分图片来源于网络，因著作者不明无法取得联系，请相关图片著作者看到后及时与出版社或编者联系，以便支付稿酬。

由于编者水平有限，书中难免有不足之处，恳请读者批评指正。

编者

2019 年 2 月

* 本教材的音视频脚本，可从清华大学出版社资源库里免费下载，下载地址：
<ftp://ftp.tup.tsinghua.edu.cn/>。



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Unit 1

College Life



Objectives

1. To know useful information about college life
2. To practice dialogues about college life
3. To describe pictures about college
4. To discuss topics about college

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Warm-up Questions

- ① Where are you studying now? What do you think about your college life?
- ② What do you think you can benefit from your university?
- ③ Talk about a favorite class that you take in college. Why is it your favorite and what do you think you have learned from it?



Section A Getting Ready to Speak

Part One Reading for Information

Read the following passages and get useful information about college life.



Tips for Adjusting to University Life

For many first-year students, university may be their first experience living away from home for an extended period of time. It is a definite break from home. Here are some tips for students to adjust to university life.

The first few weeks on campus can be a lonely period. New relationships should not be expected to develop overnight. Living with roommates can present special, sometimes intense, problems. Negotiating respect of personal property, personal space, sleeping habit, and relaxation needs can be a complex task. The complexity increases if roommates are from different ethnic and cultural backgrounds with different values. Communicating one's legitimate needs calmly, listening with respect to a roommate's concerns, and being willing to compromise to meet each other's most important needs can promote resolution of issues.

Roommates may work out mutually satisfying living arrangements, but the reality is that each one may tend to have his or her own circle of friends.

University courses are a great deal more difficult than high school courses. In order to survive, a student must take responsibility for his or her actions. This means he/she needs to follow the course outlines and keep up with the courses.



How to Choose a College Major

Selecting a college major is a personal decision and you have to spend time reflecting on your goals, likes, dislikes, skills, and so on. Here are some tips:

Ask questions

Some factors to consider when selecting a college major:

What are your interests?

Which subjects did you enjoy studying the most in high school?

What skills do you have?

Do you have any hobby that you would like to pursue as a career?

What have you learned about your like and dislike from your experience?



The answers to these questions can help guide your selection of a college major. For example, if you held a part-time job in retail while in high school and you absolutely hated the work, you can immediately scratch retail management off your list. However, if you enjoyed the part of the job that involved setting up product displays, you might seriously want to consider a major in visual merchandising.

Don't be panic

Selecting a college major is an important decision, and it is not one that should be made lightly. It is important to remember, however, that declaring a major is not an irreversible decision. It is not uncommon for college students to change majors one or more times after enrolling in college. Set college goals, do your researches, keep an open mind, and be honest with yourself, and you can choose a college major that will steer you down the path to success.



College Social Life

In college, maintaining your social life and expanding your social circle are very important and should not be neglected. Not only is socializing beneficial for your health, happiness, and your self-confidence, but it's also a great way to learn outside of the classroom. Here's why college social life is important.

Make study easier

It makes study easier if someone is there to help you. Study partners can not only teach you new study techniques, but can also help you study more efficiently and keep you on track.

Expose to different cultures

Exposing yourself to a variety of social situations, whether it be joining a club, going to a party, or eating dinner downtown with your friends, allows you to develop relationships with people from different places and cultures. Expanding your social circle will help you form cross-cultural connections as well as develop a greater world perspective. Interacting with people from different backgrounds will teach you more about life than any college course will.

Keep you emotionally stable

Humans are inherently social beings. We need to interact with people in order to maintain our sense of self and stay sane. Have you ever noticed how much better and less stressed you feel after talking to a friend about a horrible day? Then maybe you should make that a routine. Do not neglect your emotions. Taking time for yourself is just as important as taking time for your courses.

Build your self-confidence

Surrounding yourself with people who like you will help boost your self-esteem and encourage personal growth. During college you may be placed in social situations that can be out of your comfort zone and make you feel vulnerable, but if you push yourself to interact with others, you can develop your social skills and build your self-confidence.



Impact your future

The social life you choose to have in college can greatly affect your future endeavors. The friends you make in college may become co-workers and allies in the work force. You have already started building your professional network, so keep it up!

Part Two Dialogue Samples

Practice the following dialogues with your partner. Change the role when necessary.



Ann: Morning, Jennifer. You look rather pretty on this pink dress.

Jennifer: Thank you. Yesterday was my birthday and mom gave it to me as a gift.

Ann: Though maybe it is a bit late, but still “Happy Birthday”.

Jennifer: Thank you anyway. By the way, how do you handle the course selection? Ah! I’m still confused about it and can not decide which to take.

Ann: I have been planning since last term but still not decided. On one hand, there are so many courses which are practical for later career. On the other hand, several distinguished professors will give lectures this term. However, our time and energy are limited, so it is really hard to make a final decision.

Jennifer: Yeah. We cannot have our cake and eat it. What you said just now reminds me that I have to take future career into consideration as well. I have never thought of that before. Then why not take two practical classes and two lectures given by our famous professors?

Ann: Sounds good. As for me, I think I will take Chinese and applied mathematics as the practical classes and at the same time follow the lectures in anthropology and cognitive science given by our famous professors.

Jennifer: Chinese? I was considering taking this course, too. But those who had taken it said it is rather hard for us whose native language is of the Indo-European language family.

Ann: Anyway, I'm charmed by the Chinese language and culture and I think speaking Chinese will bring much convenience when we hunt for a job. So I would like to take the challenge.

Jennifer: Uh, I think it deserves your hard work. And I want to have a try, too. Then when we can speak some Chinese, we can travel to China together.

Ann: Good idea. Profound history and beautiful scenery in China are so attractive. Then, what about you? What's your decision?

Jennifer: Besides Chinese, I would like to take African studies, economics and literature. You know that Africa is undeveloped and there are so many poor people who need urgent help. When I have a basic knowledge of Africa, I can explain to the public and call on them to do something within their power.

Ann: You are so kind-hearted. And I think after class you can surf the Internet to find more information and pictures about Africa if you like. Still there are three courses which I have a great passion for. It's a pity that I have to give them up.

Jennifer: Don't worry! Maybe you can borrow the suggested readings and notes from our classmates who choose these classes and read them by yourself. And when you have trouble in understanding, you can ask them for help.

Ann: Good idea. By doing so, twice can be accomplished with half the effort. You are such a smart girl. Thank you very much.

Jennifer: Not at all. I'm sorry I must leave now. I have an appointment at 10 a.m. See you next time.

Ann: See you.



Kevin: How are you doing, Ann?

Ann: Fine. And you? How about your college life?



Kevin: Great! I study in Arts and Sciences College of Sichuan Normal University.

Ann: Yes, I've heard that it was founded in 1999 and is one of the independent institutes of our province.

Kevin: That's right. Its two campuses are located respectively in Chengdu and Jingtang County.

Ann: How many hectares does it cover?

Kevin: It covers an area of more than 66.7 hectares.

Ann: Wow, great! Your campus must be very beautiful.

Kevin: Em, it has a good environment for study.

Ann: Any more information about your college?

Kevin: Over the past 10 years, guided by the college motto: Arts for Virtue, Sciences for Truth, Unity in Diversity, Progress in Development, it has accumulated rich experience in offering educational programs.

Ann: Now, how many students are there in your college?

Kevin: It has a total enrollment of about 18,000 full-time students.

Ann: How about teachers?

Kevin: Our college has a high-level team of faculty including 800 full-time teachers.

Ann: Huge number!

Kevin: Our college has set up 2 research institutions and 14 departments. The library has plenty of books in its collection and has access to many E-books of diverse contents.

Ann: How many specialties does your college offer?

Kevin: It offers more than 60 specialties to undergraduates.

Ann: Great! If there is a chance, I want to visit your college.

Kevin: Welcome to our college. I can be your guide.

Ann: Oh, thank you!



Robert: Have you been to our campus BBS recently? There is a hot issue that attracts me. People are arguing whether it is good for us to take part in social activities. What's your opinion?

John: In my opinion, it is positive to attend social activities in college. Students can benefit a lot and it would be very helpful for their future careers.

Robert: Can you explain in detail?

John: Definitely. Through attending these social activities, students can meet a lot of people and enlarge their social circles, and they can improve their abilities to deal with interpersonal relationships.

Robert: It does make sense. But I think it would waste a lot of time if students attend these social activities and it would distract students' attention from their studies.

John: I'm not in agreement with what you say. Mastering all the knowledge in the textbooks is not the only prerequisite for getting a good job. I know some graduates who are excellent in their studies, but know little about interpersonal communication, which has been an obstacle in their future work and lives.

Robert: However, for some students, these social activities are far more attractive than the classes. They take part in them just for fun. And finally they would neglect their studies and be misled and go astray.

John: That's possible. But in my eyes, a successful university education is to cultivate talents not only mastering all the knowledge and skills in the textbooks but also having abilities to handle interpersonal relationships. It's true that some of the students are not mature enough to distinguish the true from the false. But these students can get useful experience by participating in social activities, and they can have healthy and all-round development.

Robert: I still can't agree with you. Social activities would take students' minds off their studies, which would have a negative effect on their studies.

John: From the beginning to the end, I believe that learning to deal with human interaction is a part of university education and students can develop these skills by taking part in various social



activities. Therefore, social activities have positive effects on university studies.

Robert: Maybe you are right, but let's agree to disagree.

Part Three Useful Expressions

Expressions below may help you talk about campus life.



- a good social reputation 良好的社会声誉
- a sound learning atmosphere 良好的学习氛围
- academic activity 学术活动
- adult higher education 成人高等教育
- advanced talents with practical skills 高素质应用型人才
- comprehensive university 综合性大学
- compulsory/optional course 必修/选修课
- curriculum 课程
- college entrance examination 高考
- Department of Biology 生物系
- Department of Foreign Languages 外语系
- Department of Art 美术系
- Department of Chemistry 化学系
- Department of Chinese Language and Literature 中文系
- Department of Education 教育系
- Department of Math and Information Technology 数学与信息技术系
- Department of Physical Education 体育系
- Department of Physics and Electronic Engineering 物理电子工程系
- Department of Politics and Law 政法系
- Department of Tourism Management 旅游管理系
- discipline 学科
- educational background 教育背景



- educational highlights 课程重点部分
- educational history 学历
- foreign student 留学生
- freshman 大学一年级学生
- grant-in-aid system 助学金制度
- higher vocational education 高等职业教育
- intern 实习生
- junior 大学三年级学生
- liberal art 文科
- major 主修
- minor 副修
- physical activity 体育活动
- political and ideological education 政治思想教育
- post doctorate 博士后
- recreational activity 娱乐活动
- senior 大学四年级学生
- social activity 社会活动
- social practice 社会实践
- sophomore 大学二年级学生
- to become educated through independent study 自学成才
- to call the roll 点名
- to earn a credit 修学分
- to have both integrity and ability 德才兼备
- to register for/sign up for/enroll in/enlist in/take 选(课或专业)
- to shift/transfer to 转(系或专业)
- to waive a course 免修一门课程
- undergraduate 大学本科生