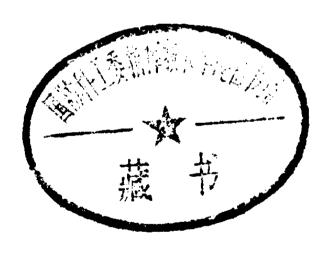


《大学英语·精读》学习效率手册

主编 大学英语考试命题研究室

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内容简介

本书是《大学英语·精读》的学习效率手册,共四册。每单元分课前预习、课文注释和练习三大部分。课前预习包括重点词汇和短语的中英文解释、举例说明和易混词的辩析、重点语法的讲解、针对课文内容的附加练习;课文注释中对较难句子进行了分析,给出了英文解释及中文翻译;练习部分针对课后习题给出了生词及较难内容的汉译并对 Reading Activity 做出了详尽的注释,给出了习题参考答案,并增加了三项不带答案的补充练习。另外,每册书后还精选了四套相应级别的统考模拟试题(新题型),以便学完本册书后自测是否达到相应水准。

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目前,公共英语教学课时少,内容繁杂,为完成教学任务,教师不得不把整堂课用于讲解,学生很少有机会操练。因此,课前预习便成了解决这一问题的关键。本书编者根据多年教学经验,将有关预习材料精选汇编,形成了此书的第一部分,旨在给学生课前预习创造条件,使其有足够的时间在课堂上在老师的指导下进行语言实践。第二部分是围绕课文中易于造成歧义、理解困难的句子或表达方式,给予适当、简明的英汉两种注释,以期达到课前、课上、课后能有文字材料帮助学生习的目的。第三部分,首先给出了课后练习中词汇、短语或习语的设计,给出了练习的答案,对阅读和翻译实践中的文章作了注释和解答,并对写作实践提供了范文。这样做有助于学生认真地消化所学的知识,克服因某些掌握不牢的词汇、短语或习语等造成的消极情绪,鼓励学生在自我理解的前提下独立作题。此外,我们还补充了课后模拟试题,以期达到自测与大学英语四级考试接轨的目的。

本书共分 4 册, 40 个单元。每单元包括"Prestudying the Text"; "Notes to the Text"和"Exercises"三大部分。第一部分供学生学习课文之前预习使用,内容包括词汇和短语的解释与应用、易混淆词语辩析、句型与语法现象的阐述;并就课文提供了一定的背景知识,供学生理解课文时参考;为检查学生的课前准备程度,特设了预习习题,学生可用以自测,教师可用来课堂检测。所有内容均紧紧围绕本单元出现的词汇、短语和语法现象。使用本书可减少对常用词汇和常见语法结构查

找字典和语法书籍的麻烦。第二部分供学生在课堂上配合教师讲解课文时使用,以便加深理解,解除课堂笔记记不全的烦恼。做课后练习时请参考本书第三部分,它可使你能加快做题速度,避免看看停停,为那些没有掌握牢靠的词汇翻查字典,或者为那些不易理解的句型结构而瞑思苦想。本部分为你提供了必要的提示,会增加你的做题兴趣、做题准确率和做题速度。特别是对那些基础稍差的学生,使用本书会为你迎头赶上助一臂之力。本部分又增加了与统考相近的练习,可为熟悉这类试题给你一定的帮助。

如能有效地利用本书预和复习,教师就可以在课堂上把讲解减少到最低程度,而腾出尽可能多的时间引导、帮助学生进行操练和巩固; 学生则可一直处于主动地位进行学习,提高效率,会收到事半功倍的效果。由于编者水平有限,难免有疏漏之处。望使用者及同行不吝赐教。联系电话:13601002700。本书编写过程中参考了部分名家之著,恕不列举,谨表示感谢。

> 编 者 1999年8月

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UNIT 1

Is There Life on Earth?

Part One Prestudying the Text

A.	Word	Study

的。

2) send (a letter) to 寄往

1.	signal n. a sound or action intended to warn, command, or give a
	message 信号
	The satellite has been sending back signals as well as pho-
	tographs ever since. (L. 3) 此后卫星便不断发回信号和
	图片。
	- Fortunately, a pilot saw the signal and sent a message by
	radio to the nearest town. 幸运的是,这位飞行员看到了
	信号,用无线电给最近的城镇发了报。
	——A red light is usually a signal of danger. 红灯通常是危
	<u>。</u> 险的信号。
	$\sim v$. tell people sth. by moving one's hand, a flag, etc. or by
	putting on a light 向…发信号;用手势等表示,用信号通知
	The policeman signalled the children to cross the road.
	警察做手势叫孩子们过马路。
2.	direct v .
	1) turn sth. straight to or at 把…对准某一目标(或方向);针

The satellite was directed into an area known as Manhat-

——This warning is directed at you. 这个警告是针对你来

- You ought to direct your letter to the dean of the depart-

tan. (L. 5) 卫星对准了名为曼哈顿的发射区。

你该把信邮给系主任。

- 3) tell or show sb. how to do sth. or to go somewhere 指引; 指示(后接动词不定式,或接 that 引导的虚拟从句)
- ——Can you direct me to the station? 您能指给我去车站的路吗?
- —— The general directed that the prisoners should be set free. 将军命令释放囚犯。

用于短语中:

direct at / against 把…对准(某一目标或方向);把…针对而发——His remarks were directed at you. 他的话是针对你说的。

direct to pay (attention or energy etc.) to 把(注意力,精力等)贯注到…上

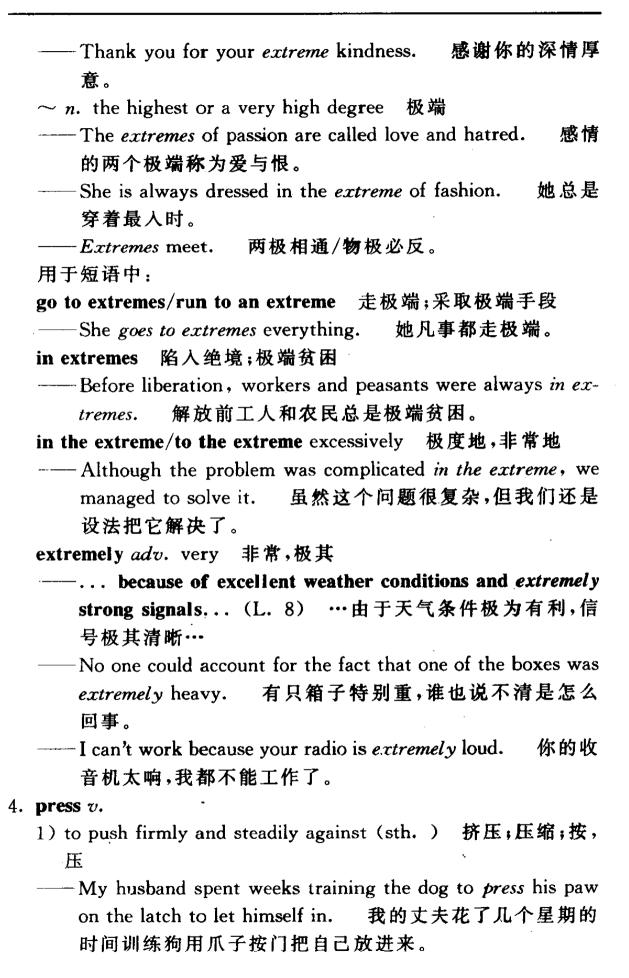
—— He directed all his energies to the task. 他把全部精力都 放在这项工作上。

$\sim adj$.

- 1) nothing or no one between 直接的
- ——The Prime Minister is in *direct* contact with the President. 总理和总统直接联系。
- —— Direct flights from Beijing to Hainan were open last year. 去年开通了一条北京到海南的直达航班。
- 2) straight; frank 直率的
- ——His father has a *direct* way of speaking. 他的父亲说话直率。
- ~ adv. not stopping; going straightly 直接地;径直地
- ——The manager came *direct* to Beijing. 经理直接来到北京。

3. extreme adj."

- 1) farthest 尽头的,末端的
- ——I can't see the people at the *extreme* end of the hall. 我看不见大厅最后面的人。
- ——He lives in the *extreme* south of the city. 他住在市区的最南边。
- 2) very great 最大的,极度的,极端的



- Eastman's slogan was "You press the button, we do the rest." 伊斯曼的口号是"你按快门,我们为你做其余的事。"
- 2) to demand or ask for continually 逼迫;催促;迫使
- ——She pressed me to stay to lunch. 她硬让我留下吃午饭。
- ——Don't press your own ideas upon others. 不要把你自己的想法强加给他人。
- 3) iron clothes, etc. 熨衣服等,如: to press trousers 熨裤子——Press clothes with an electric iron 用电熨斗把衣服熨平。用于成语中:

press for urge strongly 迫切要求,敦促

— The representatives from all over the country pressed for e-conomic reform on a large scale. 全国各地的代表纷纷要求进行大规模的经济改革。

press on go on doing sth. 继续,加快。

- ——I must *press on* with my work because it is late. 我必须加紧干这活,因为天晚了。
- We pressed on towards the village in spite of the storm.
 不顾暴风雨我们继续向村子行进。

press out get the juice out of fruit 压出,榨出

——She *pressed* the juice out of the orange. 她把桔子的汁挤了出来。

$\sim n$.

- 1) the newspaper and magazines in general 报刊(总称);新闻,如: the Party press 党刊
- --- We read news in the daily *press*. 我们从每天的报刊上看新闻。
- ——The power of the press can not be neglected. 报刊的威力是不可忽视的。

the press 新闻界,舆论界,报界人士(用做复数)

——A press conference was held at the Venus Institute of Technology. (L. 10) 在金星理工学院召开了一次记者招待会。

- The press were invited to the opening ceremony of the Asian Games. 新闻界人士都被邀请出席亚运会的开幕式。
- 2) pushing firmly 按,压
- -- Give the door bell a press. 按一下门铃。
- Give a press to the button. 请按下按钮。

用于短语中:

go to press be printed 付印

The newspaper goes to press at midnight. 该报半夜付印。

in the press being printed 正在印刷

- The book is in the press now. 这本书目前在印刷中。
- off the press 刚(已)印好(发行)
- --- We will send you the book as soon as it is off the press. 书一出版我们就寄给你。

5. conference n.

- 1) a meeting held so that opinions and ideas on a subject can be exchanged 会议
- Reports kept pressing for interviewing so lawyers had to be employed to act as spokesmen for the family at press conference. 由于记者纷纷要求会见,他们只得请律师充当他家的发言人举行记者招待会。
- The conference on international economic problems met in Geneva. 有关国际经济问题的会议在日内瓦召开了。
- 2) consultation 磋商,交换意见
- ——The teacher was in *conference* with parents after school. 放学后教师和家长们谈话。
- ——They had many conferences with reference to the matter. 他们对此事曾多次交换过意见。

比较 meeting 和 conference 的用法:

meeting 用于两人或多人,指一般性的会议,用于任何场合。

——We'll have a *meeting* at 9. am tomorrow. 明早九点我们开会。

conference 较为正式,多指就专门的问题进行研究或交换意见的会议,但同 meeting 一样,也可用于两人或多人的集会。

the scheduled disarmament conference at Geneva 计划在日内瓦召开的裁军会议

the Chinese People's Political Consultative Conference 中国人民政治协商会议

6. institute n.

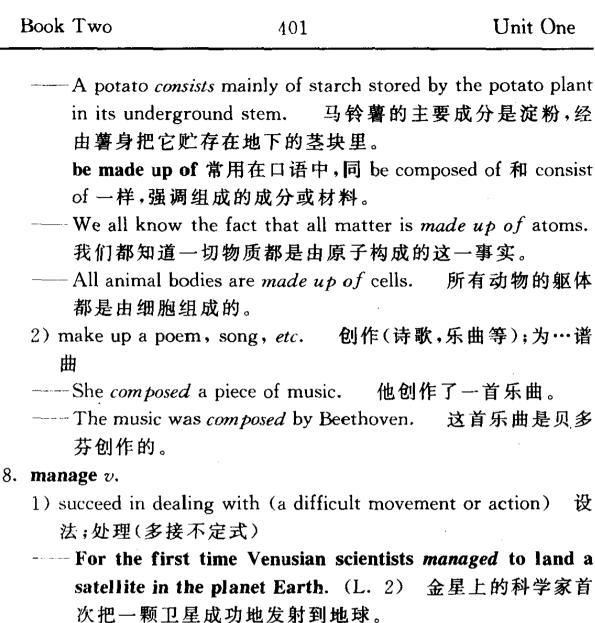
- 1) society or organization for a special purpose 学会,学院研究所,如: a designing institute 设计院
- --- The university plans to establish an *institute* for Chinese studies. 该大学计划设立一个中国研究院。
- 2) building or office for meetings of a group of people 会址,院址
- ~ v. establish, start an custom /rule etc. 设立,制定(风俗,规则等)
- They *instituted* many social reform. 他们组织了许多社会改革。

7. compose v.

- 1) make up; form 组成,构成(常用被动形式)
- —— Earth's surface in the area of Manhattan is composed of solid concrete and nothing can grow there. (L. 16) 曼哈顿地区的地表都是坚固的混凝土构成的,那里什么东西都无法生长。
- ——The class is *composed* of twelve boys and eight girls. 这个班由十二名男孩和八名女孩组成。
- ——China is a country with a very large population composed of many nationalities. 中国是由一个多民族组成的人口众多的国家。

比较 compose, consist of 和 be made up of 的用法: compose 指全部的构成成分,多用于溶为一体的东西。 consist of "由…组成"是书面语,包括形成整体的全部成分,强调全体概念。

——This book consists of five chapters. 这本书由五章组成。



- --- For the first time Venusian scientists managed to land a satellite in the planet Earth. (L. 2) 金星上的科学家首
- ---- Though he managed to take a number of brilliant photographs, he could not stay near the volcano for very long. 尽管他设法拍了一些十分精彩的照片,但他却不能在火山 附近停留太长的时间。
- ——Did you manage to get anything to eat before you came? 你来之前设法准备吃的东西了吗?

比较 manage 和 try 的用法:两词词义均为"设法做"或"设法 完成某事"。manage 指成功的把握性大些。

- --- Do you think we'll manage to finish the work by Friday? 你认为到星期五我们能设法完成这项工作吗?
- ----We must try to keep everything in order. 我们必须尽力。 保持一切井井有条。
- 2) control sb. /sth. 控制;管理,处理

manage 作"管理,控制"时,着重指业务管理,常指实际地处理一些特殊业务。

- ——He managed the shop for the owner. 他为店主管理商店。
- —— Now do you leave this affair in my hands. Only tell me which woman it is and I will manage the affair. 现在把这件事交给我。只告诉是哪个女人我就会处理这件事。

9. deadly adj.

- 1) likely to cause death 致命的;致死的,要命的
 - The atmosphere is filled with carbon monoxide and other deadly gases. (L. 17) 大气层中充满了一氧化碳和其它致命的气体。
- ——A laser beam can be turned into a *deadly* weapon. 激光可以成为一种致命的武器。
- ——The man gave the dog a deadly blow. 那人给这条狗以 致命的一击。
- 2) full of hate 不共戴天的;殊死的
- --- The two men are *deadly* enemies. 他俩是不共戴天的仇敌。
- 3) excessive 过度的,非常的
- ——She went to the hospital in a *deadly* hurry. 她非常匆忙 地赶到医院。
- ~ adv. excessively 极其地,过度地
- ——Her face was deadly pale. 他的脸色死一般的苍白。
- ——After travelling two days by boat, I was *deadly* tired and sleepy. 在海上的两天航程使我极其困乏。

10. survive v.

- 1) to continue to live after 经历后…继续存在;活下来
- ——Nobody could possibly breathe this air and *survive*. (L. 18) 任何人都不可能呼吸这种空气后而幸免于难。
- In order to *survive*, plants and animals must compete successfully for the available food. 要存活下来,动植物必须成功地获取可得到的食物。

雾对

吗?

11.

	£
	2) live longer than 比…活得长
	—Generally speaking, wives survive their husbands. 一般
	说来,妻子比丈夫寿命长。
	——She will probably survive me by many years. 或许她会
	比我多活好多年。
11	program n.
11.	1) a plan of what is to be done 计划,方案
	— What does this mean as far as our flying saucer program
	is concerned?(L. 20) 这对我们的飞碟计划来说又意味
	着什么呢?
	The government has decided on a new <i>program</i> to deal
	with the present situation. 政府已确定解决目前局势
	的新方案。
	2) a list of items 节目
	——New <i>programs</i> appear in the fall on television. 秋季将
	有新电视节目上演。
	3) list of things in a concert, etc. 节目单;说明书
	It will be sold in the theatre with the <i>program</i> . 它将在
	剧院与节目单一起出售。
	— Did you see the <i>program</i> on "Man and Nature" yesterday?
	昨天你看《人与自然》节目了吗?
	4) a set of instructions to be performed by a computer 程序
	——A programmer is a person who prepares a computer pro-
	gram. 程序编制员是编制计算机程序的人。
	\sim vt. make a list of; make a set of instructions for (a comput-
	er) 为···编节目单;(计算机)编程序
12.	hazard n.
	1) risk; danger 风险,危险
	Are there any other hazards that you discovered in your

studies?(L. 24) 在你们的研究中还发现有其它的危险

-Fog can be a hazard on the motorway in winter.

冬季的高速公路是一种隐患。

2) chance 碰巧,机会

用于成语中:

by hazard by chance 偶然地

——By hazard he took a wrong turning and discovered a short cut. 他偶然拐错弯却发现了一条近路。

in/at hazard in danger 在危险中

- The workers stuck to their posts even when they were in hazard. 甚至在危险之时,工人们仍坚守岗位。
- ~ v. take the risk of 冒…的危险
- ——Rock-climbers sometimes hazard their lives. 攀岩者常冒生命危险。

比较 hazard 和 danger 的用法:

danger 是常用词,通常指目前的危险,也指今后的或不一定发生的危险。

hazard 指变化莫测的无法控制的危险,带有"碰运气"的意思。

- ——The patient was out of danger. 病人已经脱离危险。
- ——He had a life full of hazard. 他的一生充满了冒险。

13. hover vi.

- 1) stay in the air in one place 盘旋,翱翔
- You see this dark cloud hovering over the surface of Earth? (L. 25) 诸位是否看到了在地球表面上方正漂浮的这片黑云呢?
- ——A bird hovered over the field, looking for a mouse. 只鸟在田野上空盘旋,寻找老鼠。
- 2) (of persons) wait about (指人)守在附近;徘徊
- The students hovered round their teacher, wanting to know the examination results. 学生们在教师身边转来 转去,想知道考试结果。
- ——The temperature hovered around 36°C. 气温在摄氏 36 度左右徘徊。

14. consolidate vt.

1) make strong 加强,巩固;联合