# 3000英语水平单词 学习手册

A Vocabulary Workbook for English Proficiency (3000 items)

林汝昌 主编

華中工學院出版社

### 3000英语水平单词学习手册

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## 编写说明

- 1. 尚汇学习的重要性: 词汇是学习一门外语的基础。教材的编写, 教学大纲的制订, 试题的构思, 无一不以词汇量的多少为依据。在学习过程中, 要有效地提高阅读理解能力和阅读速度, 脱离词汇学习是办不到的。在各种类型的外语测试中, 如美国的 TOEFL (Test of English as a Foreign Language), CELT (Comprehensive English Language Test), MTELP(Michigan Test of English Language Proficiency), GRE(Graduate Record Examination), 英国的 CPE(Certificate of Proficiency in English), GCE(General Certificate of Education exam) 以及我国的硕士研究生英语测试和教育部主持的EPT(English Proficiency Test) 英语水平测试, 词汇都被列为测试的专项,可见词汇学习在整个外语学习中占有权其重要的位置。
- 2. 要掌握多少单词: 要有效地提高阅读理解能力和速度, 顺利地通过上述各种测试, 应该掌握多少单词呢? 根据国内外一些专家的意见, 对于把英语作为外国语的学生来说, 一般要掌握5,000左右的单词才能满足阅读的需要。现在国内高等院校使用的理工科英语教材的选词范围一般也在5,000左右。至于要对付各种考试, 专家们认为, 通过国内硕士研究生英语考试更有5,000左右的词汇量, 通过教育部主持的EPT 考试要有7,000左右的词汇量, 通过 TOEFL 考试和 Michigan Test要有10,000左右的词汇量, 要通过难度较大的 GRE考试, 则需要10,000以上的词汇量。

3. 词汇的选择: 英语单词约有五十万个,要在这洁瀚的词汇海洋里选出我们需要的几千单词并非易事。不少语言学家和词典编纂家曾作过不懈的努力,也出过不少的好词典和词汇表,到目前为止,比较知名的有桑戴克 (Edward L. Thorndike)和罗济 (Irving Lodge) 合编的《教师三万词词书》 (The Teacher's Work Book of 30,000 Words) 这本词书的选词是从几千万个词的文献中统计出来的。该书指出了每个词在 1,000,000 字的文献中平均出现的次数,出现的次数越多,就说明该词越常用。这样选出来的词应该是比较客观和可靠的。本书选出的近3,000 单词和所给的词频主要以该书为依据。本书 句子括号内的数字说明该词的常用程度,如 (2) 表示该词出现频率较高,属于2,000最常用词范围内的词。 (4) 则表示该词属于 4,000一般常用词范围内的词,如此类推。少数在(8) 宏注有(\*) 号的词则属于8,000常用词以外的词。

为了使选出的词更加切合我国读者的需要,我们在选词中注意下列几个原则: (1) 不选专用名词,只选常用的动词、副词、形容词和普通名词; (2) 对同词根而词义又基本相同的词尺选其中一个,如imagine, imaginary, imagination, imaginative 这四个词,我们只选了imaginary,因为掌握了 imaginary这个词的词义,对其它三个词的词义就不难理解了; (3) 考虑到属于1—2,099 单词量的词比较简单,我们重点选择2,000到8,000词汇量之间的单词,此外还有少量8,000词汇量以上的单词和159 多条常用词组; (4)尽量选择 TOEFL和 EPT考试中出现过的单词。在选词过程中,除注意参考 Thorndike 和Lodge 所提供的词汇外,我们还参考了从1977年到现在国外出版介绍 TOEFL 模拟考试的书籍中所提供的词汇表,以及历届TOEFL 考试和EPT考试试 题中词汇部分的选词。除舍弃它们

中部分较难较偏的单词外,其它的我们都一概收进本书里,并 保留其原句。在这句子末尾注有(T)的,表示曾在 TOEFL 试 趙或 TOEPL 模拟试题里出现过,注有(TT)的,则表示出现 过两次或两次以上,注有(TE)的则表示在TOEFL和 EPT 试题中均出现迹。本书所选出的例句属 (T)或 (E)的约有 812 条,属(TT)或(TE)的约有271条,总典目,983条占全部 所选词汇三分之一以上。

4. 如何学习单词:不少同志深感词汇学习的重要,但又 常为不知如何选择、扩大和巩固自己的词汇量而烦恼。有些围 志甚至不惜花费时间去背字典,这种孤立地死记硬背单调的办 法是不可取的。即使记住了某些单词的词义,个在使用时也拉钮 会出错。扩大词汇量主要靠大量阅读,也就是说把单词放在一 定的语言环境里, 通过句子去学习。这样不但可以通过上下文 学会分析、推测该词的词义, 而且还可以学到不少好的句型, 养成良好的阅读习惯,这无疑对提高我们的阅读能力是大有神 To mer of Marc Ross 益的.如: 

86(5). When I was a boy my allowance was 50 d a week. The second of the

A) income B) tax

C) wage

D) pocket money

不难看出 allowance 在句子里的意思是"零用钱" (pocket money) 因为五角钱一周不可能是工资,更不会是税款。又如:

> 356(7). The man walked briskly to keep warm on the very cold night (TT).

A) quickly B) excitedly

C) aimlessly D) steadily

在一个寒冷的夜晚,当然只有快步走才会暖和,因此哪怕不懂

briskly 的词义, 也会猜出它和 A) quickly近义。

当然并不是每个词都可以通过上下文猜出来,但在句子里多少可以找到有助于理解该词的线索。同时通过对词义的选择我们还可以学到不少同义词。反义词或因词形相近而容易相混的调。为了使读者能更好地了解一些词的确切含义,我们在注释部分对200多组词中的500多同义词作了简明的解释。

5. 本书的编排:为了使读者易于学习,我们把选出的单词按字母顺序排列,40个词为一组,共75组(后三组为常用词组)。每个单词在注释里都有解释,对句子里出现的一些较难的调在注释里也作了必要的说明。另外每组单词均配有相应的Review Exercise 以巩固所学的单词。全部习题均附有答案,每个练习的答案,均放在它下一个练习的末尾处)。

4 电工学院谢惠韫同志对本书的选材、编排提出了不少宝贵意见,机械工业部教育局柯秉衡副教授对本书的出版给予热情关怀和支持,湖南大学美籍教师 Marc Betz 参加了全书的审阅工作,湖南大学他曦、沈平同志曾协助编者做了大量工作,在此特向这些同志表示衷心的感谢。

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编者

1985年1月27日

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|-----|--|----|-----|----|
| ıE. | 文  | (  | 1   | )  |
| 附   | 录(1)                                       | (7 | '0( | )) |
| 附   | · 录(2)···································· | (7 | '2( | 0) |

| MOKD   | 31001(1)                  |  |
|--------|---------------------------|--|
| 1 (3). | They built the motel or   | n the edge of an abandoned   |
| •      | village(E).               | And the state of t |
|        | A) immense                | B) deserted  |
|        | C) well-run               | D) remote  |
| 2 (8). | The storm seems to have   | re abated(T).  |
|        | A) enlarged -             | B) stopped   |
|        | C) destroyed              | D) feigned   |
| 3 (8). | She abhores snakes (TT)   |  |
|        | A) hates                  | B) loves   |
|        | C) admires                | D) cats  |
| 4 (4). | He will abide by his pr   | omise if he gives it(T).   |
| -      | A) allow for              | B) renege on   |
|        | C) renew                  | D) stick to  |
| 5 (8). | The old couple lived in   | a abject poverty.  |
|        | A) honest                 | B) financial   |
|        | C) complete               | D) nobie   |
| 6 (5). | They voted to abolish the | he office of second vice-  |
| •      | president(T).             |  |
|        | A) decorate               | B) create  |
|        | C) improve                | D) eliminate   |
| 7(6).  | The area abounds in wil   | ·  |
|        |                           | B) has too many  |
|        | C) has a few              | D) is full of  |
| 8 (5). |                           | abruptly when she heard  |
|        |                           | e(T.E)inner a serie proper   |
|        | A) suddenly               | B) hurriedly   |
|        | ,                         | /  |

|        | C) hastily                   | D) unexpectedly        |
|--------|------------------------------|------------------------|
| 9 (3). | A vacuum, which is the abs   | ence of matter, cannot |
|        | transmit sound.              |                        |
|        | A) vacancy                   | B) abundance           |
|        | C) scarce                    | D) plenty              |
| 10(3). | The police have absolute pro | of of his guilt.       |
|        | A) definite                  | B) fresh               |
|        | C) further                   | D) ample               |
| 11(4). | Larry was so absorbed in his | s novel that he forgot |
|        | about his dinner cooking in  | the oven (T).          |
|        | A) engrossed                 | B) enlivened           |
|        | C) obliged                   | D) excelled            |
| 12(8). | Abstract ideas may lead to   | concrete plans (T).    |
|        | A) Different                 | B) Great               |
|        | C) Conflicting               | D) Theoretical         |
| 13(5). | This is an absurd production | n; I'm leaving! (T)    |
|        | A) foolish                   | B) abstract            |
| • :    | C) bitter                    | D) kind                |
| 14(4). | Blue-green algae grow abun   | dantly in salt marshes |
|        | <b>(T)</b>                   |                        |
|        | A) primarily                 | B) slowly              |
|        | C) on plants                 | D) in great numbers    |
| 15(4). | A good rider doesn't abuse   | his horse.             |
|        | A) ill-treat                 |                        |
| N Wast | C) tie                       | D) blame               |
| 16(8). | The mountain trail ran alo   |                        |
|        | A) a river                   | B) a bottomless pit    |

|        | C) a plateau                     | D) a swamp   |
|--------|----------------------------------|--|
| 17(8). | The candidate felt that his acad | lemic credentials were   |
|        | sufficient to win him the job    | (T).   |
|        | A) important                     | B) educational   |
|        | C) costly                        | D) experience  |
| *18(8) | My wife didn't accede with       | what you suggested to  |
|        | us $(T)_{\bullet}$               |  |
| ı      | A) agree to                      | * · · · · · · · · · · · · · · · · · · ·  |
|        | C) listen to                     | D) argue about   |
| 19(6). | Miss Jones, a reporter for th    | ne New York Times,   |
|        | had access to a lot of industr   | ies (T)  |
|        | A) admittance to                 | B) knowledge about   |
| :      | C) contacts in                   | D) engagements in  |
| 20(7). | The new auditorium was alw       | ays a welcome acces-   |
|        | sary to the school.              |  |
|        | A) partner                       |  |
| •      | C) attachment                    | D) scene   |
| 21(8). | He received world-wide acc       | laim for linding on  |
|        | the moon.                        | The state of the s |
|        | A) success                       |  |
|        | C) praise                        | D) complaint   |
| 22(7). | What kind of accommodations      | did you have on the  |
|        | ship?                            | The state of the second  |
|        | A) entertainment                 |  |
|        | C) rooms                         | D) food  |
| 23(6). | When he was director of the      | company, his first   |
|        | accomplishment was to bring      | about better working   |

|        | A) accumulation                                   | B) achievement                   |  |  |  |  |
|--------|---|----------------------------------|--|--|--|--|
|        | C) defeat   | D) job                           |  |  |  |  |
| 24(4). | The views of the F                                | President and Vice-President ac- |  |  |  |  |
|        | cord on the new ta                                | x bill.                          |  |  |  |  |
|        | A) conflict                                       | B) disagree                      |  |  |  |  |
|        | C) agree  | D) differ                        |  |  |  |  |
| 25(4). | It was lunch time,                                | accordingly, they all stopped    |  |  |  |  |
|        | work.   |                                  |  |  |  |  |
|        | A) however  | B) thereby                       |  |  |  |  |
|        | C) consequently                                   | D) conversely                    |  |  |  |  |
| 26(5). | While they were away on vacation, they allowed    |                                  |  |  |  |  |
| ,      | their mail to accumulate at the post office (TT). |                                  |  |  |  |  |
|        | A) be delivered                                   | B) pile up                       |  |  |  |  |
|        | C) get lost                                       | D) be returned                   |  |  |  |  |
| 27(5). | The drawing of the                                | house is accurate in every       |  |  |  |  |
|        | detail.   |                                  |  |  |  |  |
|        | A) erroneous                                      | B) wrong                         |  |  |  |  |
|        | C) careless                                       | D) faultless                     |  |  |  |  |
| 8(4).  | He accused his brot                               | her of stealing his money.       |  |  |  |  |
| ,      | A) charged  | B) defended                      |  |  |  |  |
|        | C) attacked                                       | D) believed                      |  |  |  |  |
| 29(3). | The boy soon became accustomed to hard work and   |                                  |  |  |  |  |
|        | poor food.  |                                  |  |  |  |  |
|        | A) sick to  | B) used to                       |  |  |  |  |
|        | C) satisfied with                                 | D) fond of                       |  |  |  |  |
| 0(4).  | Only a doctor can                                 | fix that ache.                   |  |  |  |  |
| ~ 4    | ~   | •                                |  |  |  |  |

| A) teeth                          | B) pain   |
|-----------------------------------|---|
| C) disease                        | D) bike   |
| 31(4). He would never acknowledge | wledge his mistake.                                     |
| A) reject                         | B) ignore   |
| C) recognize                      | D) denied   |
| 32(3). It takes time to acquain   | nt yourself with a new job.                             |
| Maria A) know a service of        | B) familiarize  |
| C) stick                          | D) quit   |
| 33(3). Where did he acquire       | all his wealth?   |
| A) gain                           | B) lose,  |
| C) hide                           | D) steal land 11.                                       |
| 34(8). He was acquitted of his    | role in the disturbance (T).                            |
| A) absolved                       | B) accused  |
| C) criticized                     | D) punished   |
| 35(1). Lindbergh's first non-s    | stop flight across the Atlantic                         |
| Ocean was an act of gr            | cat daring and courage (T).                             |
| . A) a suffer tall is             | B) a feat   |
| C) a defeat                       | D) an honor   |
| 36'(1). Some psychologists insi   | st that a child's actions should                        |
| be modified by impo               | sing a system of rewards,                               |
|                                   | ve that punishment is also                              |
| necessary (T).                    | n vietnik 1900 – 1916, kierin Bilgeryk er en i<br>Grand |
| A) debtor                         | B) behavior   |
| C) proprietor                     | D) tutor  |
| 37(6). Her parents are acutely    | aware of the problem (T).                               |
| A) cleverly                       | B) quietly  |
| C) tentatively                    | D) keenly   |
|                                   | ~ 5 ~   |
| •                                 |   |
|                                   | •   |

- 38(4). He easily adapted himself to his new life.
  - A) adjusted

B) changed

C) challenged D) stuck

- 39(4). The company asked for additional information (T).
  - A) certain

B) emphatic

C) further D) enchanting

- 40(5). Our hotel room wasn't luxurious, but it was adequate (T).
  - A) spacious B) small.

C) sufficient

D) musty

#### [Note]

1. abandoned 被遗弃的 (注释见forsake 和 quit 条; motel 汽车游客旅 馆) 2. abate减弱 3. abhor厌恶 4. abide by遵守 5. abject凄惨的 (abject poverty 赤贫) 6. abolish废除 (注释见 extinguish条; office 官职) 7. abound充满 (game猎物) 8. abruptly突然地 9. absence缺 乏 10. absolute绝对的(guilt 犯罪行为) 11. absorb使全神贯注 12. abstract抽象的 13. absurd荒谬的 (production演出) 14. abundantly 丰富 (注释见 plentiful 条; algae 水藻; marsh 沼泽): 15. abuse 虐待 16. abyss 深渊(trail荒野山区中的小道) 17. academic学术的(candidero使选人: credentials 证书》 18. accede同意。19. access进入…的权 利(或机会) 120. accessary附属品。21. acclaim欢呼 22. accommoda-Algus居住舱室 23. accomplishment成就(注释见fulfil条) 24. accord 一致(tax bill税收法案) 25. accordingly因此 26. accumulate堆积27. accurate准确的 28. accuse控告 29. accustomed习惯于 30. ache疼痛 (注释见pain条) 31. acknowledge承认 32. acquaint 使…了解 33. acquire 获得 (注释见 get 条) 34. acquit 宣判…无罪 (disturbance 骚 乱) 35. act行为 36. action行为 (psychologist 心理学家; impose推 行; reward 奖赏) 37. acutely敏锐的 38. adapt 使适应 (注意 adapt 和 adopt "采用", adept "熟练的"三字拼写区别) 39. additional 另外

| REVI<br>Matc | h the words in the ight-hand column: |                                |                  | those in   |
|--------------|--------------------------------------|--------------------------------|------------------|--|
| (A)          | 1 accede with                        | nga <del>n</del> ang kalanggan | 1 . hurt         | in war in San San San San San San San San San Sa |
|              | 2. accordingly                       |                                | 2 cancel         |  |
|              | 3. abolish                           |                                | 3. lack          |  |
|              | 4 abuse                              |                                | 4 . conduct      | *<br>•   |
|              | 5. acclaim                           |                                | 5. obtain        | *  |
|              | 6 abandon                            |                                | 6 . cheer        |  |
|              | 7. ache                              |                                | 7 therefore      | Ге   |
|              | 8 absence                            |                                | 8 consent        | to   |
|              | 9 . acquire                          |                                | 9 empty          |  |
|              | 10. action                           |                                | 10, ill_use      |  |
| Answ         | ers:                                 |                                |                  | a sea treatment                                  |
| 1 6          | · 2                                  | 3                              | 4 · 5 · 9 · 10 · | A DEWAYS.  |
| / <b>D</b> \ | t shound                             | , δ                            | 1. enough        |  |
| <b>(B</b> )  | 1 abound 2 accessary                 |                                | 2 . ddmit        |  |
|              | 3 absolute                           |                                | 3 addition       |  |
|              | 4 acutely                            |                                | 4 make far       |  |
|              | 5. abhor                             |                                | 5 Intensely      |  |
|              | 6 acquaint                           |                                | 6. have pie      | _  |
| · · ·        | 7 abyss                              |                                | 7 performa       |  |
|              | 8 acknowledge                        |                                | 8 decisive       |  |
|              | 9 adequate                           |                                | 9 guif           |  |
|              | w d                                  |                                | F • • •          |  |

| 10. accomplishment | 10. loathe          |
|--------------------|---------------------|
| Answers:           |                     |
| 1 2 3              | 4                   |
| 6 7 8              | 910                 |
| (C) 1. abstract    | 1. thorough         |
| 2. accommodation   | 2 . collect         |
| 3. abate           | 3. college          |
| 4. accumulate      | 4. plentifully      |
| 5. abject          | 5. let up           |
| 6 acquit           | 6 familiarize       |
| 7. abundantly      | 7. extra            |
| 8. accustom to     | 8. lodging          |
| 9 . additional     | 9 intellectual      |
| 19. academic       | 10. forgive         |
| Answers:           | 12 5 c 30 A         |
| 1 2 3              | 4 5                 |
| 6 · 8 ·            | 9 19                |
| D) 1. abide by     | h mode ( ) (e) i    |
| 2 - accuse         | 2 immediately       |
| 3. access to       | 3. entry to         |
| 4 abruptly         | 4 . deed            |
| 5 absurd.          | 5 persist in        |
| 6. accord          | 6. hold responsible |
| 7. absorb          | 7. take up          |
| 8. adapt           | 8, think alike      |
|                    |                     |

| 9. act 10. accurate |                                   |              |        | 9. mold          |              |              |                 |            |       |     |
|---------------------|-----------------------------------|--------------|--------|------------------|--------------|--------------|-----------------|------------|-------|-----|
|                     |                                   |              |        | 10. exact        |              |              |                 | •          |       |     |
| Answe               | rs:                               | ?3           |        | 5 1 5 <b>3</b> 3 |              | 14           |                 |            | •     |     |
| 1.                  |                                   | 2.           | 3.     |                  |              | 4            |                 | 5.         |       |     |
| 6.                  |                                   | 7 •          |        |                  |              |              |                 |            |       |     |
| •                   |                                   | <del> </del> |        | <del></del>      | <del>-</del> |              | :               |            |       | ÷   |
| Ansv                | er Key:                           |              |        | -                |              |              |                 |            |       |     |
| (A                  | ) = <b>1</b> /- ;                 | 2/ 3/        | 4/     | 5/               | 6/           | 7/           | 8/              | 97         | 10/   |     |
|                     | ) 1/ 2                            |              |        |                  |              |              |                 | ,          |       |     |
|                     | 1/ 2                              |              |        |                  |              |              |                 |            |       |     |
| (D)                 | ) 1/ /                            | 2/ 3/        | 4/     | 5/               | 6/           | 7/           | 8/              | 8/         | 10/   | -   |
| 41(8).              | He adhericality  A) char  C) clin | nges         | No. 2  | . 3<br>. 4° 4 g  |              |              | ollo            | ws         |       | ac- |
| 42(7).              | We bou                            | ight lan     | d adjo | ice <b>n</b> t   | to           | the r        | iver.<br>adjoi  | ning       |       |     |
|                     | •                                 | ront of      |        |                  |              |              |                 |            |       |     |
| 43(6).              | The pla                           |              |        |                  |              |              |                 |            |       |     |
| · .                 | •                                 | ext to       |        |                  |              |              |                 |            |       |     |
|                     | C) is fa                          | ar away      | fron   | <b>1</b>         |              | <b>D</b> ) - | is pa           | rt of      |       |     |
| 44(5).              | The cha                           | irman v      | vante  | d to             | adjo         | ourn 1       | he n            | neeti:     | ng (T | ).  |
|                     | A) diss                           | olve         |        |                  |              | B) 1         | inisi           | <b>1</b> ; |       |     |
|                     | C) adm                            | it           | · \$ . |                  | -            | D) 8         | ıd j <b>o</b> i | n (;       |       | , , |
| 45(5)               | The tw                            |              |        |                  |              |              |                 |            |       |     |
| -0 (0/•             | they co                           |              |        |                  |              |              |                 | -          |       |     |