

工 农 兵 歌 舞

抢 扁 担



上海文艺出版社

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(舞 蹈)

上海市新海农场 创作
业余文艺宣传队

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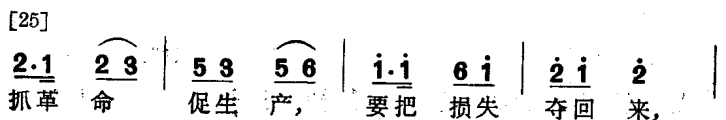
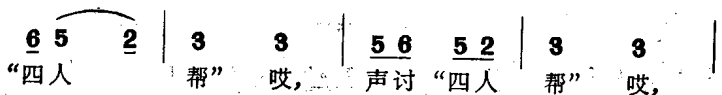
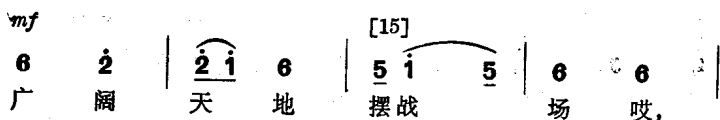
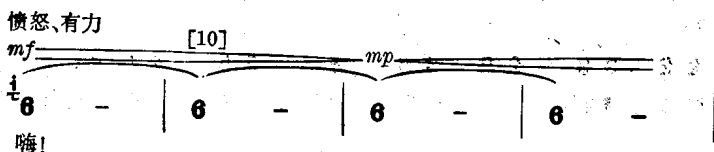
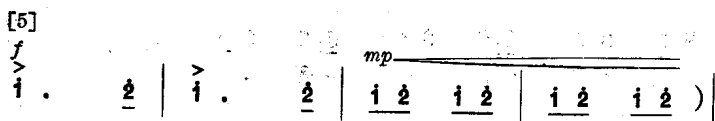
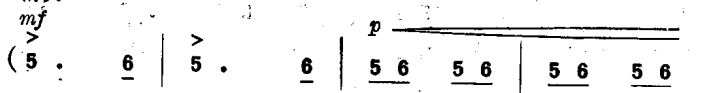
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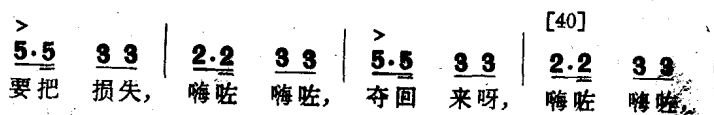
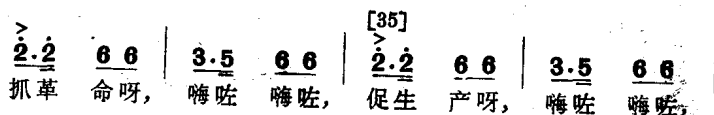
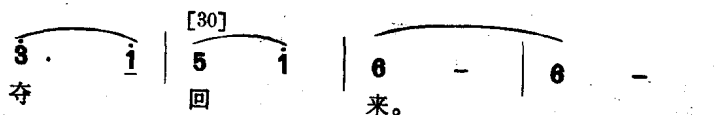
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音 乐

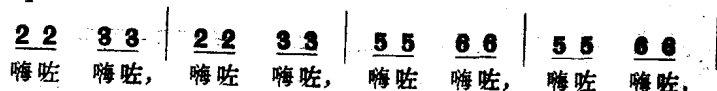
1=F $\frac{2}{4}$

热烈、紧张
稍快

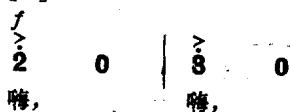




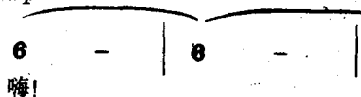
渐强
mp



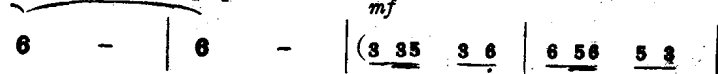
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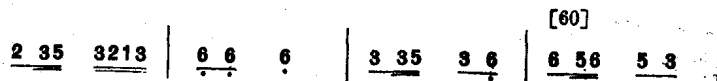
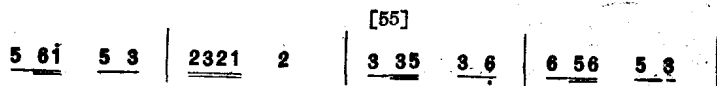
渐强
mp



[50]



活泼、跳跃
mf



5 6 1 5 | 2 3 2 1 2 | 3 3 5 3 6 | 6 5 6 5 3 |

[65] 2 3 5 3 2 1 3 | 6 6 6 | *f* 6 6 1 | 6 1 6 5 6 |

mf 2 2 3 | [70] 2 3 2 1 2 | *f* 6 6 1 | 6 1 6 5 6 |

mf 2 2 3 | 2 3 2 1 2 | [75] *mp* 渐强 1 5 6 1 | 2 6 1 2 |

3 1 2 3 | 5 3 5 6 | [80] 1 5 6 1 | 2 6 1 2 |

3 1 2 3 | 5 3 5 6 | *mf* 1 6 - | 6 - |
嗨!

[85] 6 - | 6 - | 2 2 6 6 | 3 5 6 6 |
抓革 命呀, 嗨咗 嗨咗,

[90] 2 2 6 6 | 3 5 6 6 | 5 5 3 3 | 2 2 3 3 |
促生 产呀, 嗨咗 嗨咗, 要把 损失, 嗨咗 嗨咗,

> [95]
5.5 3 3 | 2.2 3 3 | 2 2 3 3 | 2 2 3 3 |
 夺回 来呀, 嗨 咗 嗨 咗, 嗨 咗 嗨 咗, 嗨 咗 嗨 咗,

[100]
2 6 2 6 2 | 3 6 2 |
5 5 6 6 | 5 5 6 6 | 2 - | 2 - |
 嗨 咗 嗨 咗, 嗨 咗 嗨 咗, 嗨!

5 25 2 5 | 6 2 5 | 2 6 6 2 | 5 2 2 5 |

转 1 = ^bB
 诙谐地
 [105]
 > 2 0 | > 2 0 | 6 - | 5 . 1 |

[110]
6 5 3 2 | 1 6 | 1 . 2 | 3 2 3 1 |

[115]
 6 - | 6 - | 2 - | 6 . 2 |

[120]
 6 5 6 | 5 3 | 2 . 6 | 6 5 6 |

欢快地
 3 - | 3 . 12 | 6 6 6 56 | 3 3 3 12 |

[125]

6 6 6 5 6 | 3 3 3 4 5 | 6 6 6 5 1 | 6 6 6 4 5 |

[130]

转 1 = ^bE

6 6 6 5 1 | 6 6 6 | 6 6 6 3 5 | 6 6 6 3 5 |

[135]

6 5 1 1 2 | 3 3 3 | 2 2 2 6 1 | 2 2 2 6 1 |

[140]

2 6 5 3 5 3 2 | 1 6 2 | 6 6 6 3 5 | 6 6 6 3 5 |

6 5 1 1 2 | 3 3 3 | 2 2 2 6 1 | 2 2 2 6 1 |

[145]

2 6 5 3 5 3 2 | 3 2 6 | 1 2 1 6 6 | 1 2 1 6 6 |

[150]

渐慢

5 6 5 3 3 | 5 6 5 3 3 | 6 0 | 6 0 |

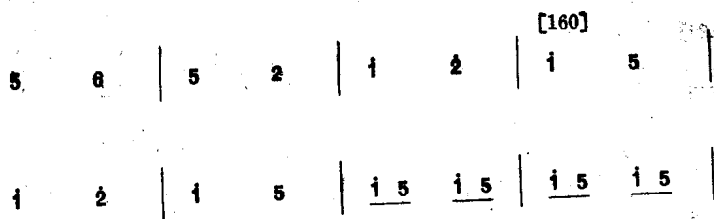
[155]

转 1 = F

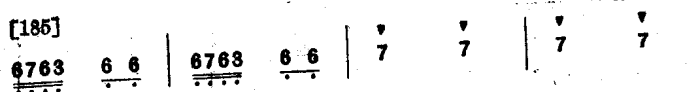
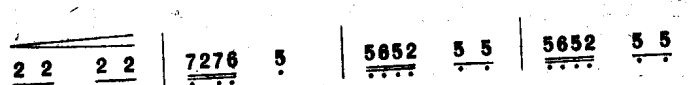
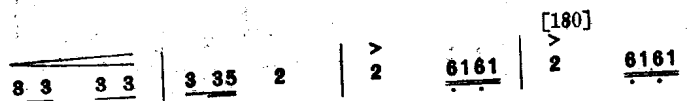
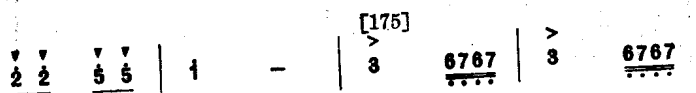
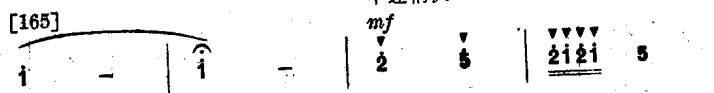
慢起渐快

mp

6 - | 6 - | 5 6 | 5 2 |



转 1 = $\flat$ B
中速稍快



$\begin{array}{c} > \vee \\ \underline{7.7} \end{array}$
 $\begin{array}{c} \vee \vee \\ \underline{7.7} \end{array}$
 $\begin{array}{c} [190] \\ \vee \vee \\ \underline{7.7} \end{array}$
 $\begin{array}{c} \vee \vee \\ \underline{7.7} \end{array}$
 $\begin{array}{c} 6 \\ - \end{array}$
 $\begin{array}{c} 2 \\ . \end{array}$
 $\begin{array}{c} \underline{6} \end{array}$

$\begin{array}{c} 5 \\ - \end{array}$
 $\begin{array}{c} \underline{6.3} \end{array}$
 $\begin{array}{c} 2 \\ - \end{array}$
 $\begin{array}{c} [195] \\ 6 \\ - \end{array}$
 $\begin{array}{c} 2 \\ - \end{array}$
 $\begin{array}{c} \underline{3.1} \end{array}$

$\begin{array}{c} \text{—} \\ 2 \\ - \end{array}$
 $\begin{array}{c} 2 \\ - \end{array}$
 $\begin{array}{c} 6 \\ - \end{array}$
 $\begin{array}{c} [200] \\ 2 \\ . \end{array}$
 $\begin{array}{c} \underline{3} \end{array}$

$\begin{array}{c} \underline{2.1} \end{array}$
 $\begin{array}{c} \underline{6.5} \end{array}$
 $\begin{array}{c} 6 \\ - \end{array}$
 $\begin{array}{c} 2 \\ . \end{array}$
 $\begin{array}{c} \underline{3} \end{array}$
 $\begin{array}{c} 2 \\ - \end{array}$
 $\begin{array}{c} \underline{6.1} \end{array}$

$\begin{array}{c} [205] \\ \text{—} \\ 5 \\ - \end{array}$
 $\begin{array}{c} 5 \\ - \end{array}$
 $\begin{array}{c} \text{稍快} \\ \underline{5.65} \end{array}$
 $\begin{array}{c} \underline{2.5} \end{array}$
 $\begin{array}{c} \underline{5.65} \end{array}$
 $\begin{array}{c} \underline{2.5} \end{array}$

$\begin{array}{c} [210] \\ \underline{1.21} \end{array}$
 $\begin{array}{c} \underline{5.1} \end{array}$
 $\begin{array}{c} \underline{1.21} \end{array}$
 $\begin{array}{c} \underline{5.1} \end{array}$
 $\begin{array}{c} > \\ \underline{3} \end{array}$
 $\begin{array}{c} \underline{6767} \end{array}$
 $\begin{array}{c} > \\ \underline{3} \end{array}$
 $\begin{array}{c} \underline{6767} \end{array}$

$\begin{array}{c} \underline{3.3} \end{array}$
 $\begin{array}{c} \underline{3.3} \end{array}$
 $\begin{array}{c} \underline{3.35} \end{array}$
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 $\begin{array}{c} > \\ \underline{2} \end{array}$
 $\begin{array}{c} \underline{6161} \end{array}$

$\begin{array}{c} \underline{2.2} \end{array}$
 $\begin{array}{c} \underline{2.2} \end{array}$
 $\begin{array}{c} \underline{7278} \end{array}$
 $\begin{array}{c} 5 \\ - \end{array}$
 $\begin{array}{c} \underline{5.65} \end{array}$
 $\begin{array}{c} \underline{2.5} \end{array}$
 $\begin{array}{c} [220] \\ \underline{5.65} \end{array}$
 $\begin{array}{c} \underline{2.5} \end{array}$

1 2 1 5 1 | 1 2 1 5 1 | 5 5 6 5 5 6 | 1 1 2 1 1 2 |

[225] 5 5 6 5 5 6 | 1 1 2 1 1 2 | 2 - | 6 - |

渐强

愤怒地
稍快

[230] 1 - | 2 - | 4 . 4 4 | 4 1 4 1 |

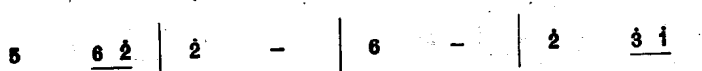
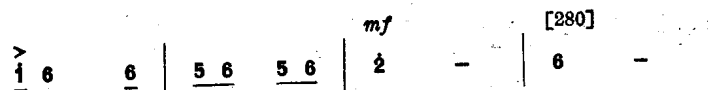
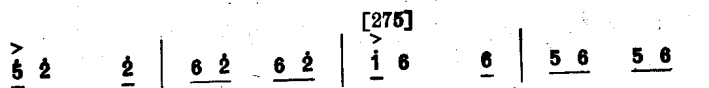
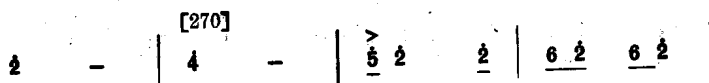
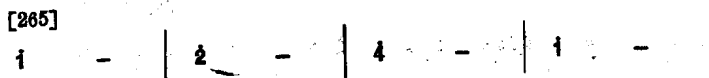
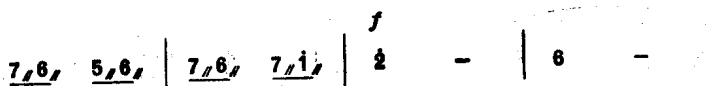
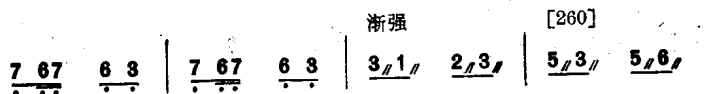
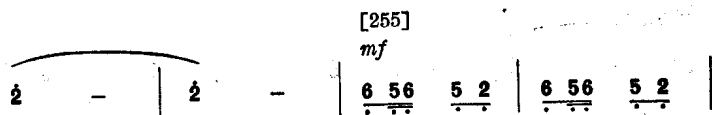
[235] 4 . 4 4 | 4 1 4 1 | $\flat$ 7 . 7 7 | $\flat$ 7 4 7 4 |

[240] $\flat$ 7 . 7 7 | $\flat$ 7 4 7 4 | 1 - | 5 - |

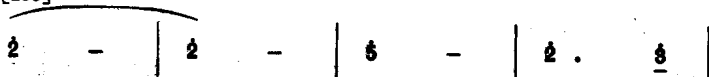
6 5.6 | 1 - | 1 5 | 1 2 5 |

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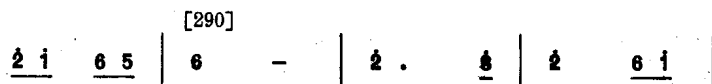
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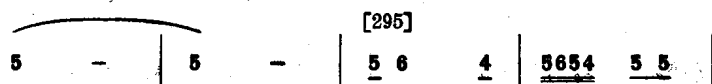
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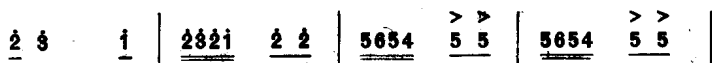
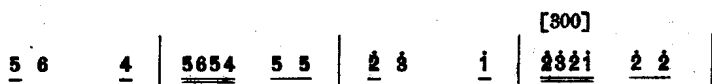
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[295]



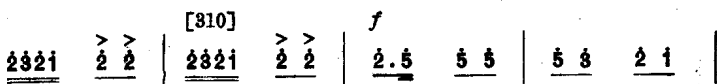
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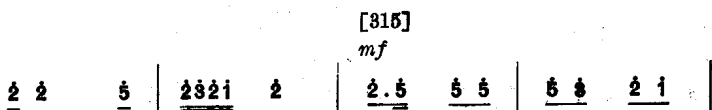
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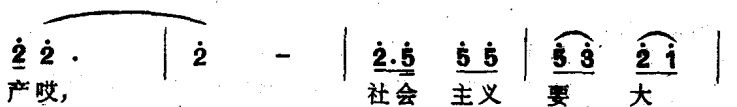
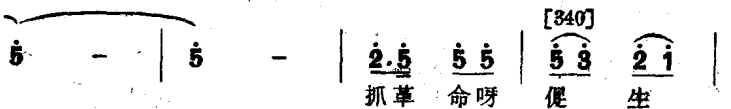
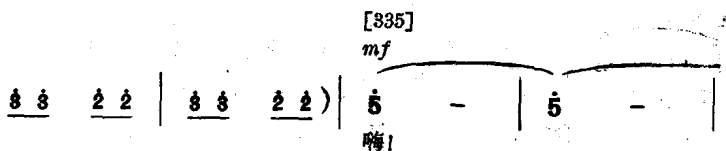
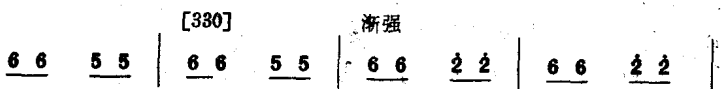
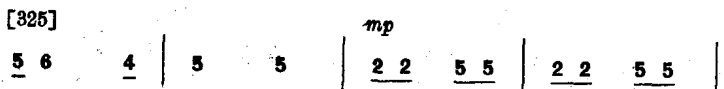
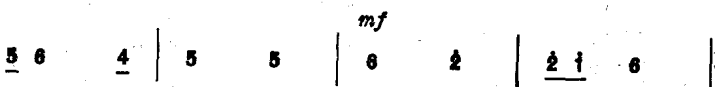
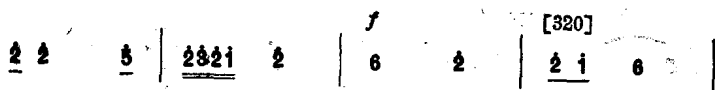


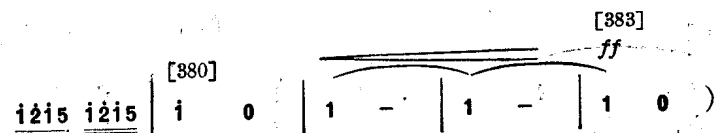
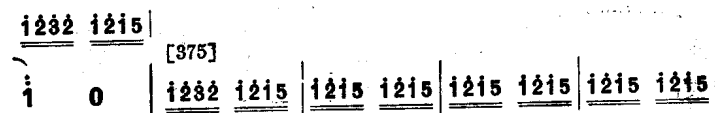
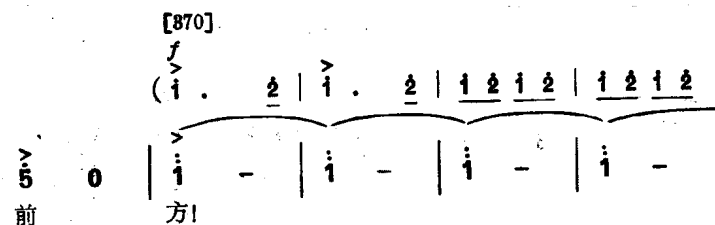
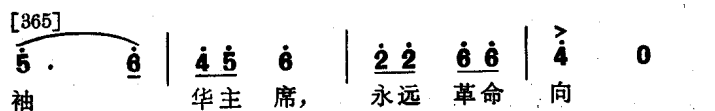
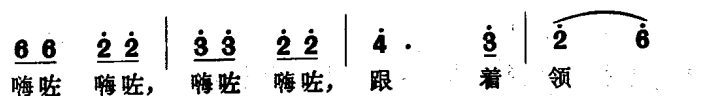
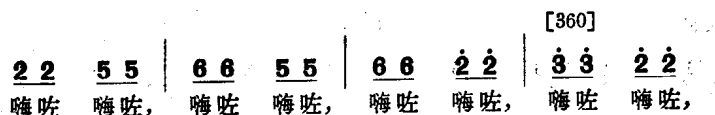
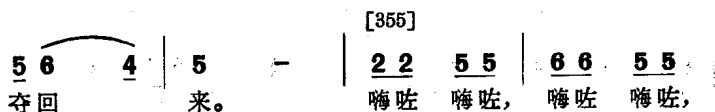
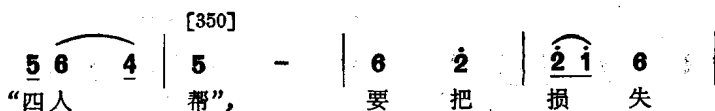
[310]



[315]

mf





动 作

拐腿跳步

第1拍：左脚后退或前进一步，半蹲，同时右腿屈膝抬起，小腿稍向里拐(见图一)。

第2拍：右脚后退或前进一步，半蹲，同时左腿屈膝抬起，小腿稍向里拐。



图 一

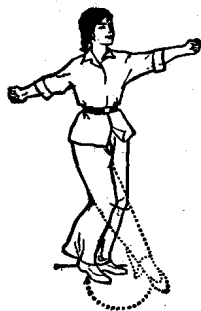


图 二

划圈跳步

第1拍：双膝微屈，右脚向右后方后退一步，同时左脚掌着地向外划一小圈，收成“正步”(见图二)。

第2拍：左脚向左后方退一步，同时右脚掌着地向外划一小圈，收成“正步”。