A HANDBOOK OF

PRACTICAL MEDICAL TERMS

(ENGLISH CHINESE)

中釋實用醫學詞題

Fourth Edition



William, I. Wei Stephen W. K. Cheng Anthony Ng 韋霖、鄭永強、吳崇文 合編

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Foreword to the Fourth Edition

Practising medicine requires developing a trusting relationship with patients. The ability to understand patients' expectations, and to explain diagnoses and treatments in a way they can comprehend are essential skills for all medical practitioners.

The popular, well-written, and comprehensive English-Chinese Handbook of Practical Medical Terms has benefited generations of medical practitioners, from medical students, nurses to experienced doctors. It has been most useful as a handy reference for those practitioners whose first language may not be English or those who wish to know the current Chinese nomenclature of a well known medical term.

The current edition has retained the characteristics of the previous editions, as a quick reference on relevant topics, but it has also incorporated newer medical terms that accompany the advance of medical technology. It remains an indispensable guide to the medical profession, and offers excellent value in terms of content, size and efficient reference.

Dr the Honourable York CHOW Yat-ngok Secretary for Food and Health Hong Kong SAR



Preface to the Fourth Edition

Never before has the need to communicate been greater in this day of true multinational collaboration. Doctors in Hong Kong are blessed with exposure to medical knowledge in English and Chinese. On a daily basis we speak to patients and their relatives, participate in academic meetings and write to colleagues, and make new alliances in research in these two languages. As we grew used to Chinese medical terms and became more comfortable in general exchanges over the last decades, new challenges arise as our practices also evolve. With the advancement of technology, we witnessed a rapid change in the treatment options of our patients across all specialties, and new medical terms are created while old names and procedures became obsolete. An expansion of our medical vocabulary calls for an up-to-date, practical guide. This is particularly relevant in view of the increasing interaction between doctors across the border in recent years

A Handbook of Practical Medical Terms (English-Chinese) has been with us for more than two decades. For some, it has been a companion throughout their entire medical career. The book has become the definitive guide, produced by local practising physicians, to English-Chinese medical translation in Hong Kong. This latest edition has been extensively revised by recognized experts in their fields, and is presented in a user-friendly, clearly classified format under different systems and specialties. It is our wish that it will continue to appeal to

medical students, allied health providers, nurses, doctors, and patients alike.

We would like to thank all those who have contributed to this fourth edition, without their devoted efforts, this would not be possible.

William I. Wei Stephen W. K. Cheng Anthony Ng June 2008 Hong Kong



Preface to the First Edition

This handbook is written with the Hong Kong medical community in mind. For some time, a communication gap has existed between patients and clinical staff. This gap has widened even more now that treating patients has become more of a science than an art.

The lack of a direct doctor/patient relationship in the public system of health care is an important contributing factor to this gap. The main reason for poor communications is language. Medical students are taught in English. As a result, students and graduates alike all find it difficult to translate their medical knowledge into Chinese — the language most patients can understand and relate to.

As the community becomes more educated, they will demand to know more than just 抽血, 做手術. Better communications not only make for improved relationships and patient care, but also offer a golden opportunity to educate patients about their bodies, in health and in sickness.

This handbook is complied by surgeons — the 'action arm' of the medical profession — who see the vital need to bridge the language gap. The aim is to improve clinican/patient communication. It is not designed for inter-professional communication, where English remains a satisfactory medium. It is intended that it will be studied rather than be used as a reference dictionary, of which many good ones are available.

The reader, whether a student going through a rotation or a practitioner in a specialty, can refer to the respective section easily and quickly, and will be able to master the vocabulary necessary to communicate with the patient.

There are terms which patients will find difficult to understand and which will need further clarification. The degree of comprehension depends upon the level of education of the patients.

It is inevitable that there will be gaps in the handbook. In determining which terms to be included, a practical approach was adopted, the various sections were sent to practising clinicans in the respective fields for verification. Language experts from the Chinese University of Hong Kong were also consulted and difficult translations were only adopted after careful consideration.

The responsibility of the final editing rests with the authors.

We hope that we have made a start in improving 'patient care and communication'.

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abrasion 擦傷

General 一般通用

abscess 膿腫 (瘡)
acquired 後天性
acquired immunodeficiency
syndrome (AIDS)
後天性免疫缺乏綜合症
(愛滋病)
acute 急性
addiction 上癮
adenoma 腺瘤
adhesion 黏連
adrenergic 腎上激素性
aggravating factor 惡化因素
agitated 激動 (不安定)
agonist 催動素

airway 呼吸道,空氣通道

albumin 清蛋白 allergy 變態反應 (過敏症) alleviating factor 緩和因素 allograft 同種移植 anaesthesia, anesthesia 麻醉,麻醉科 anaesthesiology/ anaesthesiologist 麻醉科/麻醉科醫生 analgesic 止痛藥 anaplastic 退變性,反樸性 anatomy/anatomist 解剖學/解剖學家 anorexia 厭食(無胃口) antagonist 反動素 anterior 前

antibiotic 抗菌素 (抗生素) antihelminthic 杜蟲藥 antihistamine

抗組織胺藥(抗敏感藥)
anti-inflammatory drug
消炎藥
antileprosy drug 痳瘋藥
antimalarial drug 防瘧藥
antineoplastic drug 抗癌藥
antipyretic drug 退熱藥
antiseptic 抗菌藥(消毒劑)
antituberculous drug

抗結核菌藥
appendage 附器
arterial blood gas 動脈血氣壓
atresia 閉鎖
atrophy 萎縮
auscultation 聽診
autoantibody 自身抗體
autograft 自體移植
autonomic nervous system
自主神經系統

autonomic nervous system, parasympathetic 副交感自主神經系統

autonomic nervous system, sympathetic

交感自主神經系統

bacteria 細菌 basal metabolic rate (BMR) 基本新陳代謝率 benign 良性 bilateral 兩側 biochemistry/biochemist 生(物)化學/生化學家 bionics 生機電子(仿生學) biopsy 活組織檢驗 blood bank 而庫 blood pressure 血壓 blood pressure, diastolic 心舒血壓 blood pressure, systolic 心縮血壓 blood transfusion 輸血 blunt 鈍 body build 體形 body weight 體重

cachexia 衰弱
calcification 鈣化
calcium 鈣
carbohydrate 碳水化合物
carbon dioxide 二氧化碳
carbon monoxide 一氧化碳

buffer 中和

carcinoma 癌 cardiology/cardiologist

心臟科/心臟醫生
caseation 乾酪化
catabolism 分解性代謝
catheter 導管
cautery 燒灼術

cell 細胞
cell cytoplasm 細胞體漿
cell division 細胞分裂
cell membrane 細胞膜
cell nucleoli 細胞核仁
cell nucleus 細胞核
cellulitis 輭組織炎
central nervous system
中樞神經系統

certificate 證明 chemotherapy 藥物療法 chest medicine/chest physician

胸肺科/胸肺醫生
chills 寒戰
chloride 氯化物
cholesterol 膽固醇
chromatography 色素分離法
chromosome 染色體
chronic 慢性,慣性
cold, common 傷風・感冒

collapse 虛脱 coma 昏迷 complaint 陳訴,訴苦 complaint, chief 主訴 complication 併發病 condition 情況 condition, critical 情况危殆 condition, deteriorating 情況惡化 condition、fair 情況普通 condition, improving 情況轉佳 condition、labile 情況不穩 condition, poor 情況欠佳 condition, satisfactory 情況滿意 condom 避孕套 (安全套) confused 神智混亂

congenital 先天性
conscious 神智清醒
consent, informed 知會同意
consent form 意願書 (同意書)
constitution 體質
consultant 主管醫生
(顧問醫生)

consultation 會診
contagious 接觸傳染
contusion 撞傷(挫傷)

cream 輭膏(霜)
criteria 準則
cross match 血互配
cryosurgery 冷烙療法
crystal 結晶
cyanosis 發紫,發紺
cycle 周期,循環
cyst 水囊,囊腫
cytology 細胞檢驗
cytology/cytologist
細胞學/細胞學家

debridement 清創術
decompression 減壓 (解壓)
degeneration 退化
dehydration 脱水,失水
dermatology/dermatologist
皮膚科/皮膚醫生
dermoid cyst 皮纖維水囊
desmoid tumour 硬纖維瘤
deterioration 惡化
diagnosis 診斷
diagnosis, clinical 臨床診斷
diagnosis, differential
鑑別診斷
diarrhoea, diarrhea
腹瀉 (肚疴)

diathermy 透熱燒灼術 dietetics/dietitian, dietician 營養學/營養學專家 differentiation 分化 differentiated, poorly 低度分化 differentiated, well 高度分化 discharge 排出物 discharge, purulent 膿狀排出物 discharge, serosanguineous 血水性排出物 discharge, serous 水性排出物 disease 病,病症 disinfectant 消毒劑 distress 危急 dominant 顯性 donor 捐贈者 dorsal 背 dose, dosage 劑量 drain 引流 drug 藥物 drug absorption 藥吸收 drug action 藥功能 drug distribution 劑量分佈 dysplasia 增殖不良 dvstrophv 增長不良