



普通高等教育“十一五”国家级规划教材  
高职高专公共基础课教材系列

# 高等实用 英语教程

(第一册)

- 总主编 徐秋琴
- 主 编 张 静 耿广利



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梅 白 主 审

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北 京

## 内 容 简 介

本书共分10个单元。每单元按照语言教学规律进行编排,包括: Listening and Talking (听说部分)、Intensive Reading (精读部分)、Learning Strategy (学习策略部分)。以学生入学开始的生活为主线,在具体的交际场景中进行听说系统训练,精选了与学习、生活紧密相关的文章进行讲解,并提供了涉及阅读、翻译和写作的学习策略和语言应用技巧。

本书可作为高职高专非英语专业学生教材,也可作为相关职业培训的参考教材。

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在迅速发展的社会环境中，中国英语教学的现实已发生了深刻的变化。除了从单纯的语言知识教学转向综合语言能力的培养方面外，普通高等教育和高等职业教育的培养目标也区分日趋明确。后者在语言能力的培养上更要求与学生的就业岗位进行有效衔接。编者在充分考虑高职高专学生英语学习能力的现状和吸取传统教材设计优点的基础上，编写了本套《高等实用英语教程》。

本套教材编写目标指向明确，专门为高职高专在校生编写。全套教材共四册，每本教材均配有教师用书。前三册以英语知识在各学科的通用性内容为主，同时充分考虑职场语言技能需求，将语言的实际运用和语言的基础知识相结合。第四册为专业英语教材，内容涉及各常见学科。建议教学以前三册为主要教学内容，教师可根据教学的具体情况，对教材中的内容进行取舍。一般可以将词汇、精读和语法作为主要教学内容，对于语言功底比较扎实的学生，可将教和学的重点放在学习策略方面。第四册的教学可在不同专业内自主进行，因材施教。

## 编写原则

以现代语言学和语言教学理论为指导，强调任务型语言教学理念，目的是培养学生用语言来做事情的能力。

## 编写特点

(1) 本教材既是英语学科的知识传授用书，又可起到词典、工具书和教辅材料的功能。教材中给出的大量句型、范文、学习策略等内容，会帮助学生在日后的工作中进行有效的语言运用。

(2) 本教材取材于真实语料，来源广泛，文体多样，在具有实用性和趣味性的同时，注重了学生人文素质的培养。选题立意深刻，范围广泛，涉及了各种生活场景。同时，适当插入了相关图片、表格。在保证良好视觉效果的同时，帮助学生更好地理解跨文化交际的内涵。

(3) 本教材注重学生自主学习能力的培养。按语言功能编排并突出

了语用特点,使学生在日常学习和日后的工作中得以更便利地查找、模仿和使用。同时,本教材顾及不同层次的高职高专学生的需求,教材内容循序渐进、环环相扣。学生可根据自己的学习情况选取教材中的内容进行自主学习。

(4) 本教材在每单元均提供了大量操作性强的学习任务,将语言知识的积累、技能训练和语言信息的有效输出在学习任务的驱动中巧妙结合,用任务强化能力。

### 编写内容

每册书共10个单元。每单元按照语言教学规律进行编排:

#### 1. 听说部分

将实际的英语交际场合进行分类,以学生从入学开始的生活为主线,在具体的交际场景中进行听和说的系统训练。同时,该套教材提供了精选的表达模式以丰富学生的交际语言,并通过任务驱动来帮助学生举一反三。

#### 2. 精读部分

充分关注语言成分,以词汇、句型和整体语篇分析为主。通过该内容的教学将使学生更深刻地理解语言形式、功能和意义是怎样进行结合的。

#### 3. 学习策略部分

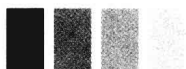
该内容提供了实用的学习策略和语言应用技巧,具体内容涉及阅读、翻译和写作的系统训练。

语法部分的编排也是本套教程的重点内容之一。因为高职高专的学生语言能力差异很大,这是由多方面的原因造成的。为了让学生打好语言基础,每单元后附上语法基本知识的讲解和练习,使学生可根据自身情况进行自主学习。

本套书由太原大学徐秋琴担任总主编,梅白担任主审。本册书由太原大学张静、开封大学耿广利担任主编,开封大学樊玉霞担任副主编。全书编写分工如下:太原大学徐秋琴编写第1单元、张静编写第2~4单元、耿广利编写第5~6单元、樊玉霞编写第7单元、山西医科大学汾阳学院王艳华编写第8单元、开封大学张毓编写第9单元、嵩山少林武术职业学院侯秋晨编写第10单元。

总之,本套教材在科学发展、理论指导和吸取前人经验的基础上,围绕学生语言运用的流利性、准确性和得体性进行了精心的编排。但学无止境,法无定法,书中难免有不当之处,敬请专家、同行和广大读者批评指正,在此致以诚挚的感谢。

<b>Unit One</b> .....	1
<b>Listening and Talking</b> .....	1
Enrollment .....	1
<b>Intensive Reading</b> .....	3
Text A School Opening Speech .....	3
Text B Eight Tips for Students	
Starting College .....	7
<b>Learning Strategy</b> .....	10
<b>Unit Two</b> .....	22
<b>Listening and Talking</b> .....	22
In the Dormitory .....	22
<b>Intensive Reading</b> .....	25
Text A What is Cooler Living .....	25
Text B Thinking Rationally	
about Global Warming .....	28
<b>Learning Strategy</b> .....	31
<b>Unit Three</b> .....	40
<b>Listening and Talking</b> .....	40
Dining .....	40
<b>Intensive Reading</b> .....	42
Text A Knife and Fork or Chopsticks? .....	42
Text B Table Manners in North America .....	46
<b>Learning Strategy</b> .....	49



## **Unit Four**..... 59

**Listening and Talking** ..... 59

Making Phone Calls I ..... 59

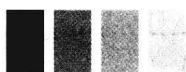
**Intensive Reading** ..... 62

Text A Young People's Life Goals

Become Diversified ..... 62

Text B Ideal Life ..... 65

**Learning Strategy**..... 70



## **Unit Five** ..... 81

**Listening and Talking** ..... 81

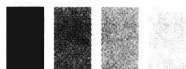
Making Phone Calls II ..... 81

**Intensive Reading** ..... 84

Text A I Am Proud of My Motherland ..... 84

Text B The Green Long March ..... 88

**Learning Strategy**..... 93



## **Unit Six** ..... 103

**Listening and Talking** ..... 103

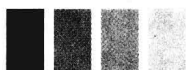
Taking Courses ..... 103

**Intensive Reading** ..... 106

Text A The 5Rs of Lifelong Learning ..... 106

Text B Preparing for Life in College ..... 111

**Learning Strategy**..... 115



## **Unit Seven** ..... 128

**Listening and Talking** ..... 128

In the Library ..... 128

**Intensive Reading** ..... 131

Text A Reading in English Benefits

You a Lot (1) ..... 131

Text B Reading in English Benefits

You a Lot (2) ..... 135

**Learning Strategy**..... 139





## **Unit Eight** ..... 149

**Listening and Talking** ..... 149

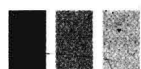
Making Friends ..... 149

**Intensive Reading** ..... 152

Text A Friendship vs. Love ..... 152

Text B Love and Friendship ..... 155

**Learning Strategy** ..... 160



## **Unit Nine** ..... 171

**Listening and Talking** ..... 171

Election ..... 171

**Intensive Reading** ..... 174

Text A Winning Speech ..... 174

Text B How to Get on the Student Council ..... 178

**Learning Strategy** ..... 183



## **Unit Ten** ..... 193

**Listening and Talking** ..... 193

Examinations ..... 193

**Intensive Reading** ..... 196

Text A How to Prepare for Exams ..... 196

Text B Tips for Taking Exams ..... 200

**Learning Strategy** ..... 204



## **References** ..... 215

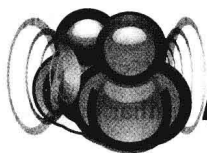




# Unit One

## Listening and Talking

### Enrollment



### *PART I LISTENING*

Kelly (A), a newcomer at the college, is talking with Josh (B). They are trying to know about each other.

#### Task 1

Listen to the conversation twice and fill in the blanks with the words you hear from the recording.

A: Hi! I'm Kelly. What's your name?

B: I'm Josh. Nice to meet you!

A: Nice to meet you, too. Are you also new to the \_\_\_\_\_ (1)?

B: No. I've been here for more than a year. I'm studying in the Accounting Department (会计系). What's your major (专业)?

A: I \_\_\_\_\_ (2) in software programming (软件编程). So where are you from?

B: I'm from \_\_\_\_\_ (3) here in Seattle, and you?

A: Actually I'm from Brighton, England.

B: Well, It's really nice to meet you.

A: Me too. I hope we see each other \_\_\_\_\_ (4) soon.

B: Yeah, me too. Have a great \_\_\_\_\_ (5). Bye!

## Task 2

Listen to the recording carefully and mark the strong syllable in each word.

millionaire	referee	Colorado	defend	above	window
important	project	object	refuse	produce	record
insult	conduct	present	content		



## Sample

Lily: Today is the new students enrolling day.

Ann: Yeah, there are many students and parents.

Lily: In my opinion, parents shouldn't come here. They should make their child independent.

Ann: I think exactly the same way! I remember last year we all came here by ourselves.

Lily: Yes, I was very uneasy and anxious when I first time came to an unfamiliar city and meet so many strangers.

Ann: We have the same feeling, but I believe it's a special experience in our school life.

Lily: Look. The new students only stand aside while their parents are busy helping them enroll.

Ann: Who do you believe should be responsible for such a situation?

Lily: I think both, but the parents' indulgence (溺爱) is the major reason.

Ann: I absolutely agree with you!

## Task 1

Answer the questions.

(1) Did you come to school alone or with your parents? Why?

- (2) How did you spend your first day in this school?
- (3) What impressed you most that day?

Task 2

Hold a debate.

The college provides a chance for the students to become independent. Students may plan their own life. But there are different opinions about independence. Someone may think they should be partially independent. The others believe they can be totally independent while entering the college. So divide the class into two parts, and have a debate over the topic “Should we be totally or partially independent” ?

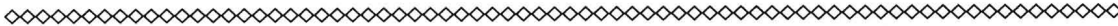
Sentence Drills

Try to be familiar with the following sentence drills; maybe they will help you to organize a better discussion to the topic.

arguments	counter- arguments
It’s good for the students to...because... ...can foster a sense of independence. ...make students more confident because... ...can help student apply their knowledge in practice...	It’s not good for students to...because... Students have the decline in their studies... It often distracts students’attention from... They will become money-oriented...

Intensive Reading

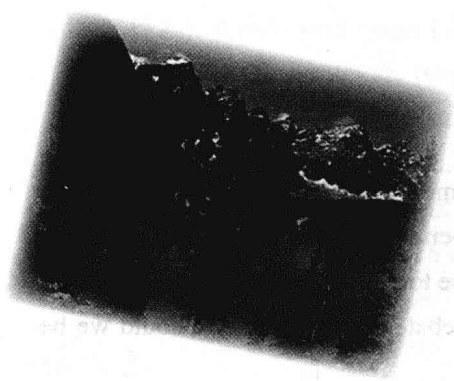
Text A School Opening Speech



Good Evening!

Thank you for that introduction, Steve!

It is a pleasure to see so many members from Erie this evening-students, parents, teachers, and administrators alike.



I am honored to be here to participate in acknowledging the growing capability of our community and to say a few words about the grand opening of this wonderful facility.

I applaud the builders, architects, designers, and workers, who showed creativity and diligence to complete this project under the tightest fiscal (政府财政) and time constraints. I appreciate the forethought that they went into tying this building into Erie's history as a mining community.

But most of all, I want to acknowledge the students who will be making use of this school and the opportunity it provides them. It is to this group that I want to offer a few thoughts.

Take a look around you. Appreciate the environment and fabulous (精彩的) views; marvel at the technology; show your spirit at the sports facilities; explore the arts facilities; use your gathering areas; but mostly, be supportive of your teachers.

The building, without doubt, will provide you with a safe, pleasant, comfortable environment to learn. But this is just the opportunity. It is up to each and every student to take full advantage of their unique learning opportunity and get the most out of the experience at Erie High.

Your teachers are the conduit of knowledge. They help with learning and preparation for a successful future.

Although I'm proud to be Erie's Mayor and have this wonderful school we can all brag about, I'm even more proud of the environment Erie High School teachers provide. Next time when looking at that Rocky Mountain view, you will dream about your future, think of your teachers. I know I still do.

It has been said that education is not about filling buckets; it is about lighting fires. Today we celebrate not just the bricks and mortar, but the dedication of a school where thousands of sparks are going to light fires as the class of 2006 become the first to complete their journey at the new Erie High School.

To the St. Vrain Valley School District Board, Principal Steve Payne, and to all of those who contributed to this wonderful accomplishment, congratulations, and thank you for inviting me to this wonderful celebration.

Thank You!



## Words and Phrases

administrator	[əd'ministreitə]	<i>n.</i>	管理者
alike	[ə'laik]	<i>a./ad.</i>	同样
participate	[pɑ:'tisipeit]	<i>v.</i>	参加
acknowledge	[ək'nɒlidʒ]	<i>v.</i>	公认, 致意
capability	[keipə'biliti]	<i>n.</i>	潜力
community	[kə'mju:niti]	<i>n.</i>	社区, 群体
facility	[fə'siliti]	<i>n.</i>	机构, 设施
applaud	[ə'plo:d]	<i>v.</i>	称赞, 鼓掌
architect	['ɑ:kitekt]	<i>n.</i>	建筑师, 设计者
creativity	[kri:ei'tiviti]	<i>n.</i>	创造力
diligence	['dilidʒəns]	<i>n.</i>	勤勉, 勤奋
constraint	[kən'streint]	<i>n.</i>	限制
forethought	['fɔ:θɔ:t]	<i>n.</i>	深谋远虑, 预谋
tie	[tai]	<i>v.</i>	联系, 系
opportunity	[ɒpə'tju:niti]	<i>n.</i>	机会, 时机
gathering	['gæðəriŋ]	<i>n.</i>	集会
supportive	[sə'pɔ:tiv]	<i>a.</i>	支持的, 赞助的
unique	[ju:'ni:k]	<i>a.</i>	独一无二的, 特有的
conduit	['kɒndit]	<i>n.</i>	管道
brag	[bræg]	<i>v.</i>	自夸, 吹嘘
brick	[brik]	<i>n.</i>	砖
mortar	['mɔ:tə]	<i>n.</i>	砂浆
dedication	[dedi'keiʃən]	<i>n.</i>	奉献
spark	[spɑ:k]	<i>n.</i>	火花, 火星
principal	['prinsəpəl]	<i>n.</i>	校长
accomplishment	[ə'kɒmplɪʃmənt]	<i>n.</i>	成就, 业绩
go into			从事, 着手处理
most of all			尤其是, 最……
make use of			使用, 利用
marvel at			对……惊奇
take full advantage of			充分利用
get the most out of			最有效的使用, 发挥…… 的最大功效
bricks and mortar			房屋
school district			学区



## Notes

(1) 本文是市长在开学典礼上的演讲，对于学生们寄予殷切的希望。

(2) Next time when looking at that Rocky Mountain view, you will dream about your future, think of your teachers. I know I still do.

Rocky Mountain 落基山脉：从加拿大横越美国西部、绵延超过4800公里。

【译文】下次大家眺望落基山脉，你会畅想未来，缅怀师生情谊。这是我的情结，依然魂牵梦萦。

(3) ...thousands of sparks are going to light fires as the class of 2006 become the first to complete their journey at the new Erie High School.

【译文】随着 2006 级成为第一批在新伊利高中完成学业的同学，千万朵火花将形成燎原之势。

(4) St. Vrain Valley School District Board 圣弗赖因谷学区教育委员会。

## Task 1

Fill in the blanks with the words given and change the form where necessary.

alike                      participate                      acknowledge                      capability                      applaud                      tie  
go into   make use of   marvel at                      get the most out of

(1) They \_\_\_\_\_ that China is advancing rapidly in industry.

(2) Great minds think \_\_\_\_\_.

(3) Having visited two schools in China recently, I can't help but \_\_\_\_\_ the ideal of education upheld by the principals.

(4) He won the election more on personality than on \_\_\_\_\_.

(5) They have asked us to \_\_\_\_\_ in the negotiations.

(6) Shall I \_\_\_\_\_ all these things together with string?

(7) If you seriously wish to \_\_\_\_\_ college, you must put the time message into practice.

(8) New problems come up when they \_\_\_\_\_ the discussion.

(9) We must \_\_\_\_\_ our spare time.

(10) The tourists \_\_\_\_\_ the beauty of the lake.

## Task 2

Translate the following sentences into English.

(1) 他问我是否会参加会议。(participate)

(2) 他们承认中国在工业上发展迅速。(acknowledge)

(3) 我从未见过观众的鼓掌是那么热烈。(applaud)

- (4) 几个星期来她一直呆在家中照顾老父亲。(tie)
- (5) 外国游客惊叹西湖的优美景色。(marvel at)

- (5) 外国游客惊叹西湖的优美景色。(marvel at)

## Text B Eight Tips for Students Starting College

## Eight Tips for Students

# Starting College

(1) Go to class. This is number one for a reason. College is an amazing experience, but you can't stay if you fail your courses. Missing class is one of the worst things you can do. Remember: your goal is to graduate. How are you going to do that if you can't even make it to class regularly?

(2) Participate in events early on — especially during Orientation. Let's be honest: not all events aimed at first-year students are super exciting. Tours of the library and silly-sounding mixers may not be your things. But they connect you to the campus, help you meet people, and prepare you for academic success. So roll your eyes if you must, but go.

(3) Don't go home every weekend. This can be especially tempting if you have a boyfriend or girlfriend at home or if you live close to your school. But going home every weekend prevents you from connecting with other students, getting comfortable with your campus, and making it your new home.

(4) Take risks. Do things that are outside of your comfort zone. Never been to a program that explored a certain religion? Never tried a kind of food that's available in the cafeteria? Never introduced yourself to someone from a certain country? Step outside of your comfort zone and take some risks. You went to college to learn new stuff, right?

(5) Sign up for a class you know nothing about. Just because you're premed doesn't mean you can't take a course in astronomy. Expand your horizons and take a subject you never even considered.

(6) Learn how to say “no.” This may be one of the most challenging skills to learn when you’re first in school. But saying “yes” to everything that sounds fun, interesting, and exciting will lead you to trouble. Your academics will suffer, your time management will be horrible, and you’ll burn yourself out.

(7) Ask for help before it's too late. Colleges are generally pretty good places; no one there wants to see you do poorly. If you're struggling in a class, ask your professor for help or go to a tutoring center. If you're having a hard time adjusting, talk to someone in the counseling center. Fixing a smaller problem is almost always easier than fixing a big one.

(8) Stay on top of your finances and financial aid. It can be easy to forget that appointment with the Financial Aid Office or that deadline by which you had to submit a simple form. If you

let your finances slip, however, you can quickly find yourself in a lot of trouble. Make sure you're sticking with your budget throughout the semester and that you always know the status of your financial aid package.

## Words and Phrases

amazing	[ə'meiziŋ]	<i>a.</i>	令人惊异的
regularly	['regjuləli]	<i>ad.</i>	有规律地
orientation	[ɔ:'rien'teɪʃən]	<i>n.</i>	定位, 熟悉情况
mixer	['miksə]	<i>n.</i>	混音器, [美]交谊舞, 交谊会
campus	['kæmpəs]	<i>n.</i>	(大学) 校园
academic	[ækə'demik]	<i>a.</i>	学校的, 学术的
tempting	['temptɪŋ]	<i>a.</i>	诱人的
zone	[zəʊn]	<i>n.</i>	区域
explore	[iks'plɔ:]	<i>v.</i>	探索
available	[ə'veɪləbl]	<i>a.</i>	可用的, 可得到的
cafeteria	[kæfi'tiəriə]	<i>n.</i>	餐厅, 食堂
stuff	[stʌf]	<i>n.</i>	材料, 东西
premed	[pri:'med]	<i>n.</i>	医学预科生
astronomy	[əst'rɒnəmi]	<i>n.</i>	天文学
expand	[iks'pænd]	<i>v.</i>	扩大, 扩展
horizon	[hə'raɪzn]	<i>n.</i>	地平线, 眼界
management	['mænɪdʒmənt]	<i>n.</i>	管理, 经营
generally	['dʒenərəli]	<i>ad.</i>	一般地, 普遍地
poorly	['puəli]	<i>ad.</i>	糟糕地
professor	[prə'fesə]	<i>n.</i>	教授, [美](泛指)教师, 教员
tutor	['tju:tə]	<i>v./n.</i>	辅导/导师
counsel	['kaʊnsəl]	<i>v.</i>	劝告, 商讨
finance	[faɪ'næns]	<i>n.</i>	财政, 资金
slip	[slɪp]	<i>v.</i>	滑落, 忽略
budget	['bʌdʒɪt]	<i>n.</i>	预算, 经费
semester	[si'mestə]	<i>n.</i>	学期
status	['steɪtəs]	<i>n.</i>	身份, 状况
number one			重要的, 头号的



make it	及时到达, 成功
early on	在早期
aim at	针对, 以……为目标
be the thing	合适, 符合需要
take risks	冒险
sign up for	选课, 报名参加
burn out	烧尽, 筋疲力尽
tutoring center	辅导中心
counseling center	咨询中心
stay on top	知道, 掌握 (信息)
Financial Aid Office	助学金部门
stick with	继续做, 坚持

## Notes

(1) 本文对大学新生提出了 8 点忠告。虽然中西文化有差异, 但是劝人向善其意可鉴。

(2) Participate in events early on — especially during Orientation.

【译文】尽早参加校园活动, 尤其是在刚入校适应阶段。

(3) Tours of the library and silly-sounding mixers may not be your things.

【译文】也许你对造访图书馆和参加傻里傻气的聚会不感兴趣。

Mixer: 美国式的交谊舞或交谊会。

(4) It can be easy to forget that appointment with the Financial Aid Office or that deadline by which you had to submit a simple form.

【译文】与助学办的约定、提交简表的时限, 此类事情很容易被抛之脑后。

(5) financial aid package 大学助学金一揽子计划 (包括奖学金、贷款和校内工读自给款)。

## Task 1

Fill out the blanks with the proper words or phrases you have learned in the text.

- (1) The new library was built in the centre of the \_\_\_\_\_.
- (2) Reading guidance service in the academic library is a component of \_\_\_\_\_ library service.
- (3) It's my pleasure to \_\_\_\_\_ the possibility of trade with you.
- (4) Several cars are \_\_\_\_\_ within this price range.