



初中英语专项训练

KOUYUJIAOJI YU SHUMIANBIAODA

口语交际与书面表达

八年级

◆适用于各种版本教材 ◆

主编/陆会敏

情景交际锻炼口语 话语选择切合实际 书面表达优化设计 精选试题彰显能力

THE DIPPER



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汇聚教材重点话题 创新"说""写"训练模式 动态提升交际能力和写作能力

口语交际题要求同学们按照所给的情景选择最佳问句或答句,完成题目。解答这类题目时要遵循以下一些原则: 1.要根据不同的情景,使用不同的表达法。2.要正确判断出对话的情景。3.问话或答语不能离题。4.用筛选法选择正确对话。5.从语意进行判断。6.根据习惯用法进行选择。7.答语要符合西方人的文化、风俗和习惯。8.要使用文明礼貌的语言。9.要遵照口语交际特点,不要死套语法规则。

书面表达是英语学习的难点,考查词汇、语法等多方面的知识。只有掌握了 科学的写作步骤,才能写出高质量的英语作文。

- 审题。主题是文章所要表达的中心,是文章的灵魂。如果审不清主题,就有可能出现"下笔千言,离题万里"的情况。
- 2. 选材。材料必须为主题服务,只有平时多观察,多学习,多积累,才能保证材料鲜活、充分、详实。在具备充足材料的基础上,既要学会去租取精,去伪存真,还要分清材料的主次与详略,做到详略得当。
- 3. 列提纲。列提纲可以使杂乱无章的材料变得井然有序,可以使文章紧扣主题,还可以节约时间,提高写作效率。
- 4. 动笔。写作时一定要切题,抓住要点。题目要求的要点一定要写进去,以保证内容的完整。对于与要求无关的内容切忌任意发挥,避免画蛇添足。写作时还应语法正确,用词得当,语言地道。在写不同题材和体裁的文章时,所用的句式、时态要有变化。
- 5. 检查修改。要提高英语写作水平,除了准确遗词造句。严谨布局外,文章 的修改润色也是很重要的一步。

本书系统归纳了本年级应该掌握的常见话题,同一个话题下既有口语训练,又有写作训练,达到"说"和"写"的有机结合,能力的有效提高。

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SECO

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8. --- What's your favorite program?

话题一 活动调查



1 . 年 吸 15 1年 。			
1. How is your	grandpa?		
-He's very we	ell because he	every day.	
A. sleeps	B, surfs		D. exercise:
2. —Mary, would	you like to visit th	e Science Museum with	n me?
, bu	t surfing the Inters	net seems more interest	ing.
A. I'd love to		B. That's OK	
C. You're welco	ome	D, No problem	
31'll be away o	on holiday. Would	you mind looking after	my cat?
Not at all,	·		
A. I have no tin	ne	B, I'd rather no	ot
C. You can leav	re	D, I'd be happy	to .
4. — do	you take PE classe	s a week?	
-Once or twice	e.		
A. How often		B. How many	
C, How long		D. How many	times
5 hou	urs does he sleep e	very night?	
-Eight.			
A. How often		B. How many	
C. How long		D. How many times	
6. —I won the hig	h jump yesterday.		
A. lt's a small t	hing	B. That's all	
C, I hope so		D. Congratulat	ions to you
7. —Could you co	me plcase? I want	some help,	
A. Yes, I could		B. You're welc	ome
C. Sure, I'm con	ning now	D. That's right	

It's	,				
A. Tian Long B		B. Animal Wor	ld		
C. LiuYifei		D. Who am I	D. Who am I		
doe	es she shop?				
—Once a week.					
A. How long		B. How often			
C. How soon		D. How much			
10. — do	es Lucy do on weeker	nds?			
—She often go	es to the movies.				
A. Where	B, Which	C. What	D. Whom		
.根据上下文,填	1写恰当的句子。				
News Reporter:G	ood afternoon. Our gu	est today is Michael	Class 2, Grade 1. Hello, Michael	!	
Michael:	1 .				
News Reporter: W	e want to know about	t the school life of A	merican students. 2 ?		
Michael: W	ell, almost all the stu	dents walk or take a	yellow school bus to school.		
News Reporter:	3 ?				
Michael: T	hey usually have lunc	h at school. They sel	dom eat out on school days.		
News Reporter:D	o they have a short br	eak after lunch?			
Michael:	. This is very diffe	erent from the stude	nts in China.		
News Reporter; D	o they often do sports	after school in the a	afternoon?		
Michael:	, Most American	students are the mer	mbers of their school sports team	١.	
A	nd they can play a!l k	inds of sports games	after school.		
11.从方框内选择作	恰当的句子补全对话。				
A.Hi!					
B:I often watch a	big match. What about	it you?			
A ₁ Oh. 2					
B:How often do y	ou exercise?				
A: Every Sunday.	3		•		
B;Basketball,base	ball football and tenn	is are all my favorit	es.		
A:Wow,you are r	eally an outstanding a	thlete.			
B: I only was	tch them on TV,I har	dly ever play them.	But I have their collection.		
A:					
B:I have five bask	etballs,four baseballs	eight footballs.one	tennis racket and many old poste	rs	
about them.					
A. Wow.					

A. What is your favorite sport?

B. What do you often do on weekends?

C. Your collection is very interesting.

E. What do you have about them?

D. Not right.

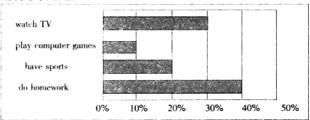
	F. I often exercise.	
. 在方	框内选择恰当的句子补金对话。	
۱. i		
3:1 usu	ally watch TV and read English books.	
l usu	ally do exercise, so I am healthy but not heavy.	
3:		
Twic	ee a week.	
3:		
Yes,	I love it,	
3: "		
No.r	not often. I try to eat it once a week.	
1	A. Do you often eat junk food?	
	B. What do you usually do on weekend?	
	C. What about you?	
	D. Do you like junk food?	
	E. How often do you exercise?	
.填入	恰当的单词完成对话。	
.Oh.y	you look fine. Do you have many good ways to 2 your healthy?	
. Yeah	can you guess what they are?	
No. E	But I can make a survey. How do you exercise?	
:Often	1,	
.What	t about playing tennis?	
3;Oh,o	nce week	
.Do y	ou like walking?	
I go t	to school on everyday.	
Do y	ou eat junk food?	
: Hard	ly ever. And I have6 of fruit and vegetables.	
.How	often do you to the doctor's?	
Twice	e 8 year.	
.Oh,	you have a healthy 9 . The two points 10 exercise and healthy	food are
impo	ortant.	
		•
		3



@ 例题点评

【经典试题 1】

下图是 Gina 对班上的同学的周末活动进行调查后得出的结果。同学们的周末活动丰富 多彩,想一想你和你的同学是如何度过美好的周末的?写一篇名为"Weekend Activities"的文章,读一读你们的周末活动。



要求:1. 语意连贯,句式规范。

- 2. 文中不得出现真实的校名以及真实的人物姓名。
- 3. 词数 60-80。

【写作册导】

- ① 首先注意时态,因为要写周末的日常活动,因此应用一般现在时。
- ② 注意话用 most/some/others 等词语。
- ③ 尽量运用学过的话语来表达,这样不至于出现太多的错误。

【范史欣赏】

Weekend Activities

In my class, most of my classmates⁽¹⁾ bave colorful⁽²⁾ weekends.

In the morning, we usually stay at home, because⁽³⁾ we sleep late, and then we do our homework

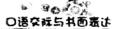
In the afternoon, some play computer games with friends online, others visit their friends and enjoy staying with them[®], some of us play sports, especially boys like playing basketball, Girls always like hanging out and going shopping with their friends.

In the evening most of us watch TV , I usually play ping — pong with my sister. That is my favorite sport.

【范文表评】

- ①most of my classmates 意思是"我的大部分同班同学",注意不能丢掉介词 of。
- ②colorful 意思是"丰富多彩的",修饰周末活动,很形象贴切。
- ③运用 because 引导的原因状语从句、很成功:sleep late 意思是"睡过头儿,起得晚"容易错解成"睡得晚"。
- ④enjoy staying with them 意思是"喜欢和他 们待在一起",注意 enjoy doing sth 与下文的 like doing sth,都是强调"喜欢、爱好"。
- ⑤in a word 意思是"总而言之",用此短语句引出结尾,可谓妙笔生花。

文章准确运用了一般现在时态和原因 状语从句, 首尾呼应; 利用三个时间段的话 动描述, 对文章进行了拓展, 内容环环相扣 丰富多彩, 用 in a word(总之), 结尾非常 漂亮。



【经典试题 2】

根据所给的调查表,写一篇关于 No. 18 High School 的活动调查报告。

No. 18 High School: Activity Survey			
activity	every day	once a week	three or four times a week
do homework	95%	0%	5%
surf the Internet	60%	25 %	15%
watch TV	15%	65 %	20%

要求:1. 语意连贯,句式规范,字迹工整。

- 2. 词数 80 左右。
- 3. 开头已给出,不计人总词数。

Here are the results of the students activity at NO, 18 High School,

【写作指导】

- ① 首先应该注意时态,因为调查的是日常活动,应该用一般现在时。
- ② 尽量运用所学过的话语来表达,这样不至于出现太多的错误。

【范文欣赏】

Here are the results of the students activity at No. 18 High $School^{\oplus}$.

Most students do homework every day. Some students do homework three or four times a week. No students do homework once a week. As for surfing the Internet, most students surf the Internet once a week. Some students surf the Internet three or four times a week. The results for "watch TV" are interesting. Some students watch TV every day.

A number of students watch TV once a week. Some students watch TV three times a week. That's all...

【范文点译】

- ① 首句运用倒装,总领全文。The results of the students activity 意思是"学生活动调结果", students 应改为 student,作修饰成分的名词一般用原形。
- ② three or four times a week 意思是"一周三到四次",表示頻度,介词 or,易错写成 to。
- ③ as for 意思是"至于,对于",其后跟名词性的词,如名词、代词宽格、动名词等。
- ① the results for "watch TV" "看电视"的调查结果。注意 for 的使用。
- ⑤ a number of 意思是"大量的,许多的",不能错写成 the number of ,其意思是"……的数量"。
- ⑥ 最后一句为全文作结。

本文是一篇关于学生活动的调查结果,采用先总后分的方式,分别对各项活动的结果进行总结,条理性强,尤其是几个连词如 as for, the results for 使得文章结构严谨, 浑然一体。

●知识宝庫

【词汇归纳】

- 1. how often 多久一次
- 3. How long 多久
 - How long 多久
- 5. watch TV 看电视 7. do homework 做作业
- 9. surf the Internet 上网冲浪
- 11. go shopping 去购物

- 2. How soon 多久以后
- 4. twice a week 一周两次
- 6. play computer games 玩电脑游戏
- 8. have sports 做运动
- 10. hang out 闲逛

【经典句型】

- 1. How often do you...? 你多久……一次?
- 2. What do you usually do on weekends? 你周末通常做些什么?
- 3. What's your favorite...? 你最喜欢的……是什么?
- 4. How many hours do you sleep every night? 你每晚睡多少个小时?
- 5. How many times does the baby drink the milk everyday? 这个婴儿每天喝几次奶?
- How soon will you come back? 你要多久才回来?

● 模拟训练

【训练试题 1】

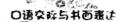
你有健康的生活方式吗?请用下面表格内提供的信息,用第一人称介绍一下自己健康的 生活方式。

exercise	everyday
eat vegetables	twice a day
eat fruit	four times a week
have milk	once a day
eat junk food	once a week
sleep	about eight hours

【参考范文】

I have a healthy lifestyle. So I'm pretty healthy, I exercise every day, usually when I come home from school. My eating habits are good, too, Vegetables, fruit, milk are good for my health, so I eat vegetables twice a day. I eat fruit four times a week. I have milk once a day.

6



Eating much junk food is bad for my health, so I eat it only once a week. And I sleep eight hours every night. So you see why I am so healthy. Do you think I have a healthy lifestyle?

【范文点评】

作者运用 be good for...(对……有好处)/be bad for(对……有害)等词组对健康的生活方式进行了说明。结尾"Do you think I have a healthy lifestyle?"—句运用得非常精彩。

【训练试题 2】

根据下面表格的内容,写一篇介绍你的朋友以及他/她们一周的活动情况的短文。词数 60 左右,语句通顺、句式工整。

活动	get up at 6:00	have food	do homework	have sports	be late for school
频率	100%	80%-90%	60%	10%	0%

【参考范文】

I have a number of friends at school. They all get up early everyday. They usually get up at 6:00 in the morning. Most of them have a quick breakfast and then go to school. They usually get to school early. Nobody is late for school. Most of them are hard-working. They do their homework everyday, but they don't like doing sports. Only some students have sports everyday.

【范文点评】

本文讲述了朋友们一周的活动情况,文章的难度不大,时态比较容易把握,用一般现在时即可。此文中用到了 a number of/have a quick breakfast 这些词组,令文章增色不少。对于Nobody is late for school 这句话,作者进行了补充说明"Most of them are hard-working",这体现了学生们的积极向上。

【训练试验3】

写一篇有关你和你就读的学校开展体育活动的短文。

要求: 所写短文必须包括以下提示要点。意思表达清楚, 文句通顺连贯, 单词拼写正确, 标点无误, 词数 70 左右。

提示:1. 学校每年秋季都要举行运动会。

- 2. 同学们通常有晨练,下午做眼保健操,课后打篮球或踢足球等活动。
- 3. 介绍你最喜欢参加的运动和观看的节目。

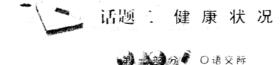
【参考范文】

I study at No. 7 Middle School. There is a sports meeting in our school every autumn. I won the long jump last year. We usually take exercise in the early morning. We do eye exercise in the afternoon. After class we play basketball some of us play soccer. My favorite sport is soccer. I often watch a football match on TV on Sundays. I think doing sports is good for our health. I am going to do more exercise.

【范文点评】

8

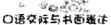
本文首先能够把提示要求的内容表达出来,用词准确精炼。其次,作者还表达了自己的观点,I think doing sports is good for our health. I am going to do more exercise,用此结尾使文章更加精彩。



.单项选择。	
. —Are you feeling all right toda	y?
-Not very well.	
A. Oh. I see	B. It doesn't matter
C. You'd better be happy	D, I'm sorry to hear tha
- How is your brother today?	
A. He is a student	B. He is thirteen
C. He is very tall	D. He is much better
. —Oh, Mary isn't here these day	ys. Is she ill?
Her mother told n	ne she was in hospital.
A. I am afraid so	B. I hope not
C. I don't mind	D, I don't think so
. If you are not by then	n,I'll take you to see the doctor.



A. good	B. well	C. fine	D. better
5.—Doctor•I ca	ught a bad cold, and I l	nave a sore throat.	
How long	like this?		
A. did you		B, were you	
C. have you be	een		
6?			
—I have a hea	adache, doctor.		
A. How are y	ou feeling	B, What's wrong	g with you
C. What's you	r name	D. How are you	
7.—How are yo	ou?		
1'm not_			
A. feel well		B. feel good	
C. feeling well	1	D. feeling good	
8 Mr. Green i	s ill in hospital. So he	can`t go to Shijiazhuai	ng today with us.
A. Is he real i	11?	B. I'm sorry to	hear that.
C. Which host	ontal is he in?	D. Is he fine?	
9. You look too	tired. You re	st and work	s hard.
A. should, sho	ouldn't	B. shouldn't sho	ouldn't
C. shouldn't, should D. should, shouldn			dn
10.—How are y	ou today, Bob?		
I'm even_	now. I don't t	hink the medicine is g	good for me.
A, better	B. worse	C. happier	D. unluckier
11.根据上下文	,填写恰当的句子完成对	対话。	
A: Hi, John. You	didn't come to school	yesterday afternoon,	What was wrong with you?
В			
A:I'm sorry to	hear that. ?		
B: Much better.	But I still cough and fe	el weak.	
A: ?			
B; Yes, I have, I	went to the doctor's la	ast night. The doctor	gave me some medicine and asked
me to stay in	bed for three days.		
A: ?			
B:Because I'm a	afraid I'll miss more les	sons and fall behind.	
A:Don't worry	about that,		
B:It's very kind	of you to say so. Than	ks a lot.	
A:You are welc	ome.		



OBXMPHEME 7/
Ⅲ.从方框中选择适当的句子补全对话。
Jane: Hi, Bob, you aren't looking well today.
Bob: No.1've got a fever, a headache and a sore throat.
Jane: I'd say you've got a bad cold!
Bob: Oh, thanks. It should bring my fever down.
Jane: Yes. 3
Bob: Thanks, Cold water will cool me down, too.
Jane: Hope so.
Bob: I guess you're right.
(An hour later.)
Jane: So, Bob, how are you feeling now?
Bob; Oh, much better, Thanks a lot.
Jane: Well, that's very good.
A. Are you OK?
B. And here is some water.
C. I think I'm getting over it.
D. Why don't you go and lie down for a while?
E. I have some medicine in my bag here.
N. 从方框中选择适当的句子补全对话。
Mother: Why don't you get up, Kate? It's time for school.
Kate: Sorry, Mum!
Mother: Oh, dear!
Kate: I've got a headache and a cough,
Mother:
Father: What's wrong with Kate?
Mother: I told her to stay in bed till tomorrow.
Father: Nothing serious, I hope.
Mother:
A. What's your trouble?
B, I don't feel very well.
C. She's not feeling well.
D. Perhaps she's caught a cold.
E. You'd better stay in bed till tomorrow.
F. I want to drink some water.
G. You should drink some water.
\ 植》活出的前词结对话宫教

\.填入适当的单词使对话完整。 A:Shall we have dinner now?

B;I can't eat ______, I'm not feeling well today, I have a headache.
A;You may ______ ill. You must ______ the doctor _______ you are ill.

B.I don't know doctors are.

A: I know a good in near the park, Shall I call him?

B: No, thanks, I I'll feel better tomorrow.

A: Well, go to bed early and have enough

B:I have to study. We are going to have an English test tomorrow, I'm _____ I'll fail(不及格)in the test.

A: I'm afraid you can't study with a terrible headache.



② 例题点评

[22 (6) (7, 29, 1)]

小明今天不能上学,因为他感冒了,并且发烧。请你给他一些建议,告诉他应该怎样做。要求, 1.语句通顺流畅。

2. 词数 80 左右。

3.可适当发挥。

【写作指序】

- ① 首先注意时态,因为今天小明不能上学,所以应该用一般现在时。
- ② 给出建议,应用 should do sth 或 shouldn't do sth.
- ③ 尽量运用学过的话语来表达,这样不至于出现太多的错误。

【范文欣赏】

【范文点评】

Xiao Ming isn't feeling well[®]. He has a bad cold and has a fever. He can't go to school.

I think he should have some medicine. He should have a good rest. He should drink some water with honey. Xiao Ming doesn't like doing sports. I think he should take a lot of exercise. every week. It's good for. his health. He shouldn't stay up late. And he eats less fruit. I think he should eat more fruit. I hope that he will feel better soon.

- ① isn't feeling well 意思是"感觉不舒服",不可以用形容词 good。
- ② some water with honey 意思是"加蜜的水", with 介词 短语作 water 的修饰成分。
- ③ exercise 意思是"运动",一般无具体修饰词时,不可数。
- ④be good for 意思是"对……有好处", for 不可用 to 代替。
- ⑤shouldn't stay up late 意思是"不应当熬夜"。
- ⑥ 结尾用 I hope that he will be better 表达了自己的良好祝愿。

本篇文章运用第三人称,语句通顺流畅,合理发挥想象,运用一般现在时、宾语从句、状语从句等,把在课堂上的了解(生病给出建议的常用语)作为纽带,给出了自己的见解,结尾用 I hope that he will be better 表达了自己的良好祝愿。

F 25 → 10 3 m ¥

【经典试题 2】

假设你叫李明,昨天上学忘记了带雨伞,回家路上淋了雨,患上了重感冒,今天早上你觉得身体不舒服。你母亲给你量体温后,发现你发烧了,便带你去看医生。医生说你需要卧床休息两天。就此内容,给程老师写一封信,诸假两天。

要求: 1. 词数 80 左右。

- 2.语句通顺流畅。
- 3.包括提示的内容。

【写作指导】

- ① 首先注意时态的运用,因为是昨天以及今天早上的事情,应用一般过去时。
- ② 淋雨应用 be caught in the rain。
- ③ 尽量运用学过的话语来表达,这样不至于出现太多的错误。

Fire as courte

1. 电文机 复】	[范义,张行]
Dear Mr. Cheng,	① 首句很长,说明作者驾驭语言文字能力
I'm very sorry to write and tell you that	很强。
I can't go to school [®] .	② 结果状语从句运用得好。
Yesterday I didn't take an umbrella with	③ have got a sericus cold 意思是"得了严重
me, so I was caught in the rain on the way	的感冒"。serious 用得很到位。
home [®] , I have got a serious cold [⊕] , I felt	④stay in bed for two days 意思是"卧床休息
really bad this morning. My mother took my	两天",in bed 中间不用定冠词 the。
temperature and found that I got a fever. She	⑤ask for two days' leave 意思是"请两天的
took me to see a doctor, and the doctor said	假"
that I had to stay in bed for two days.	本篇文章开头提出不能上学所以请假,
Now, I'm writing to you ask for two	后边着重写原因及对策,最后提出请两天的
days' leave . today and tomorrow.	假,书信格式正确,语句通顺流畅,正确运用
Your student,	了一般现在时,一般过去时、情态动词及一
Li Ming	些复合句,显示了扎实的写作基础。
0.5	

② 知识宝库

【词汇归纳】

- 1. stay in bed/ be in bed 生病卧床
- 2. take some medicine 吃药
- 3. see a doctor 看医生
- 4. have a cold/catch a cold 感冒
- 5. have a fever 发烧
- 6.drink some water with honey 喝些蜂蜜水
- 7. take one's temperature 量体温

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