

施孝昌 编著





# 超级生活美语

施孝昌 编著

#### 图书在版编目(CIP)数据

超级生活美语(含 MP3 光盘)/施孝昌编著.

一上海:华东理工大学出版社,2010.1

ISBN 978 - 7 - 5628 - 2641 - 5

I.超... II.施... Ⅲ.英语-口语-美国 IV.H319.9

中国版本图书馆 CIP 数据核字(2009)第 180328 号

本书由(台湾)三思堂文化事业股份有限公司授 权华东理工大学出版社在中国大陆地区以简体 字出版发行。

著作权合同登记号:"图字:09-2008-128号"

### 超级生活美语(含 MP3 光盘)

编 著/施孝昌

策划编辑/王耀峰

责任编辑/高 杨

责任校对/金慧娟

封面设计/陆丽君

出版发行/华东理工大学出版社

地 址/上海市梅陇路 130 号,200237

电 话/(021)64250306(营销部)

(021)64251904(编辑室)

传 真/(021)64252707

网 址/press. ecust. edu. cn

印 刷/上海崇明裕安印刷厂

开 本/890mm×1240mm 1/32

印 张/8

字 数/237 千字

版 次/2010年1月第1版

印 次/2010年1月第1次

即 数/1-6000 册

书 号/ISBN 978 - 7 - 5628 - 2641 - 5/H • 873

定 价/25,00元(含 MP3 光盘)

(本书如有印装质量问题,请到出版社营销部调换。)

# 前言

### 自然英语学习法

学好英语的不二法门,除了勤学苦练之外,环境当然也很重要。

大家一定听过,只要到了美国,在一个完全说英语的环境中生活,自然就能学会一口流利的英语。

为什么会这样呢?因为语言的学习本来就是模仿、衍生、创造的过程。

每个人学习语言都是从模仿开始的,然后我们的大脑就自然会把这些句型和词汇融合、衍生,再根据各种不同的场合,组合创造出应该说或是想要说的话。

但是,不是每个人都有机会可以生活在英语环境中,天 天听着、跟着美国人说英语,然后练出一口流利的英语。本 书针对人类自然学习语言的本能,创造出模拟的美语生活环境;您只要跟着本书的英语对话,一句一句跟着读,就好像生 活在美国家庭中,天天听着美国人说英语一般,您的英语就 会一点一滴地在脑中累积、生根、发展,自然成为可以应用自 如的语言。

除了模拟实况对话外,本书另有句型练习和单词短语两部分:句型练习列出更多的生活句型,可以丰富您的英语表达,避免言语乏味,一成不变;单词短语部分,详列实况对话和句型练习中的生词和短语,并注明音标和中文解释,省去翻查词典的麻烦,增加便利性与实用性。

本书特别邀请美国语言教学专家精心录制 MP3。请您每个句子读两遍,一快一慢:一方面训练听力;一方面可以跟着复诵,达到英语自然学习法的最佳效果。

	П			4.0	1		۸т	114			
U	31	P	D	uer	2 الله		4 I	ПΟ	me	37	居
						•			—	~	•

Unit 1 In the	e Morning 早晨	
Situation 1	In the Bedroom 在卧室	2
Situation 2	In the Bathroom 在盥洗室	4
	Breakfast Time 早餐时间	
Unit 2 Durin	ig the Day 一天之中	
Situation 1	In the Living Room 在客厅	8
	Reading the Newspaper 看报纸	
	Watching TV 看电视 ···································	
Situation 4	Listening to the Radio 听收音机	
Situation 5	Someone Knocks on the Door 有人敲门	
Situation 6	Telephone Rings 电话铃响	
Unit 3 In the	e Evening 晚上	
Situation 1	Husband Comes Home from Work	
	先生下班回来	20
Situation 2	Children Get Home from School	
	小孩放学回家	22
Situation 3	Dinner Time 晚餐时间	24
Situation 4	Small Talk Among the Family 家人闲聊	26
	e Going to Bed 就寝之前	
	Bedtime Story 床边故事	
Situation 2	In the Bathroom 在盥洗室	30
Situation 3	Ways to Say "I'm going to bed"	
	"我要去睡觉了"的几种说法	32



Unit 5 Meal	ls at Home 在家吃饭	
Situation 1	Before Meals 吃饭前	34
Situation 2	Table Manners 餐桌礼节	36
Situation 3	Other Sayings Used at the Dinner Table	
	用餐的其他用语	38
Chapter 2	Housework 家务	
Unit 1 Cook	king 烹饪	
	Breakfast 早餐	42
	Lunch 午餐 ···································	
	Dinner 晚餐 ·······	
Unit 2 Kitch	nen Work 厨房杂事	
	Washing the Dishes 洗碗	48
	Taking out the Garbage 拿垃圾出去	
Unit 3 Sprin	ng Cleaning 春季扫除	
•	Clean Your Room 打扫你的房间	52
	Cleaning the House 打扫房间	
Situation 3		
	Cleaning the Bathroom 清洗浴室	
	Washing the Car 洗车	
Unit 4 Laune	drv 洗衣服	
	At the Laundromat 在洗衣店	62
	Folding the Laundry 叠衣服 ···································	
	Dry-cleaning 干洗	
Unit 5 Yard	Work 整理院子	
	Mowing the Lawn 割草 ···································	68
	Raking Leaves 耙叶子	
	Planting a Garden 开辟花园	

# Chapter 3 Shopping 逛街

Unit 1 Buyir	ng Clothes 买衣服	
Situation 1	Department Stores 百货公司	76
Situation 2	The Mall 购物中心 ·······	
Situation 3	Trying on Clothes 试穿衣服	80
Situation 4	Is this returnable? 这个可以退吗?	82
Unit 2 Buyir	ng Cosmetics 购买化妆品	
Situation 1	Where to go? 在哪里买的?	84
Situation 2		01
	我怎么知道哪种颜色适合我?	86
Situation 3	Buying Perfume 买香水	88
tm:1-2   A4-15	a lawalan Otana #FT# rh rh	
	e Jewelry Store 在珠宝店	
	Where to buy jewelry? 到哪里买珠宝?	
Situation 2	Jewelry 珠宝 ···································	92
Unit 4 At th	e Shoe Store 在鞋店	
Situation 1	Shoe Stores 鞋店 ······	94
Situation 2	Buying Shoes 买鞋子	96
Unit 5 At th	e Boutique 在专卖店	
Situation 1	Antique Boutiques 古董专卖店 ·······	98
Situation 2	General Boutiques 一般专卖店 ···················· 1	
	Specialized Boutiques 专卖店 1	
Unit 6 Buyir	ng Accessories 买配饰	
	Purses and Bags 钱包和手提包 1	04
	Watches 手表	
	Hair Accessories 发饰	
	Belts and Scarves 皮带和围巾 1	

Unit 7 At the	e Optician's 在眼镜店	
Situation 1	Having Your Eyes Tested 检查视力	112
	Near-sighted and Far-sighted 近视和远视	
Situation 3	201001112 C 1110010 11000100	116
Situation 4	Selecting Contacts 选择隐形眼镜	118
Unit 8 Buvin	ig Food 买食物	
	Getting Ready to Go to the Grocery Store	
Ortaation ,	准备去杂货店	120
Situation 2	Going to the Grocery Store 去杂货店	
	Going to the Butcher's Shop 去肉店	
Unit O Dinie	og Flowers 37 #	
•	ng Flowers 买花	196
Situation i	At the Grocery Store 在杂货店	120
•	ing Fruit 买水果	
Situation 1	At the Grocery Store 在杂货店	128
	At the Farmer's Market 在农贸市场	
Situation 3	Fruit Stands 水果摊	132
Chanter 4	At the Beauty Parlor 在美容院	
	At the beauty ranor 112 and	
Unit 1 Getti	ng in 进去	
Situation 1	Going without an Appointment	
	没预约就去	136
Situation 2	Going with an Appointment 有预约而去	138
Unit 2 Hair	Style 发型	
Situation 1	Shampoo, Set and Style	
C. Ladeloi, 1	洗头、做头发和造型 ····································	140
Situation 2		
	Getting a Permanent 烫发	144
	I Need a New Style 我需要一个新发型	

# Contents

Situation 5	Dyeing Hair 染发	148
Unit 3 Payi	ng and Tipping 付款和给小费	
	Paying 付款	150
	Tipping 给小费	
	-110 71.77	102
Unit 4 At th	ne Barber's Shop 在理发店	
	Haircut 剪发	154
Situation 2	Shave 刮胡子	156
	•	
Chapter 5	Transportation 交通	
Unit 1 Getti	ing Information 询问路况	
Situation 1	Asking for Directions 问路	160
	Giving Directions 指路	162
	How long will it take? 要多久?	
Situation 4	How far is it? 有多远?	166
Unit 2 On th	ne Plane 在飞机上	
Situation 1	Arriving at the Airport Early 提早到机场	168
	Finding Your Seat 找位子 ···································	170
	Meals and Drinks 餐食和饮料	
Situation 4	Luggage Claim 领取行李 ······	
	00 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1,1
Unit 3 Buse	s 公交车	
Situation 1	Bus Schedules 公交车时间表	176
Situation 2	City Buses 市内公交车 ····································	178
Situation 3	Taking a Trip by Bus 搭巴士旅行	180
Situation 4		182
		<b>-</b>
Unit 4 Takin	ng the Train 搭火车	
Situation 1		184
Situation 2	D'1'	186

Unit 5 The	Subway 地铁	
Situation 1	Before Getting on the Subway 搭地铁之前	188
Situation 2	Riding the Subway 搭地铁	190
Unit 6 The	Taxi 出租车	
Situation 1	Getting a Taxi 拦出租车	192
Situation 2	Telling the Driver Your Destination	
	告诉司机你的目的地	194
Situation 3	Paying and Tipping 付款和给小费	196
Unit 7 Drivi	ng a Car 开车	
Situation 1	Signaling for a Turn 转弯时打信号灯	198
	Changing the Oil 换机油	
	Getting Gas 加汽油	
	_	
Unit 8 Boats	s 船	
Situation 1	Cruises 海上旅游 ·······	204
Situation 2	Motor Boats and Sail Boats	
	电动快艇和帆船	206
Chapter 6	Entertainment 娱乐	
Unit 1 Music	¬ 辛乐	
	What kind of music do you like?	
Situation	你喜欢哪种音乐?	210
Situation 2	Concerts 音乐会 ···································	
	— · - ·	
Situation 3	Operas and Symphonies 歌剧和交响乐	214
Unit 2 Movie	es 电影	
Situation 1	What type of movies do you like best?	
	你最喜欢哪一类电影?	216
Situation 2	Getting Tickets 买票	218

# Contents

Situation 3	No Talking during the Film	
	看电影时不要讲话	220
Situation 4	Refreshments 点心	
Unit 3 TV F	<b>电视</b>	
Situation 1	What's on TV? 电视在演什么?	224
Situation 2	The Remote Control 遥控器	226
Situation 3	VCRs 录像机	
Situation 4	Renting Movies 租电影片	230
Unit 4 Parti	es 宴会	
Situation 1	Having a Party 举行宴会	232
Situation 2	Being Invited to a Party 被邀请参加宴会	234
Situation 3	Attending a Party 参加宴会	236
Unit 5 Book	s 书籍	
Situation 1	Do you read a lot? 你常看书吗?	238
Situation 2	Have you read any good books lately?	
	你最近看了什么好书吗?	240
Situation 3	Getting Books 买书	242
Situation 4	Paperbacks and Hardbacks 平装书和精装书 …	244

# Chapter 1 At Home 家居

Unit 1 In the Morning 早晨

Unit 2 During the Day 一天之中

Unit 3 In the Evening 晚上

Unit 4 Before Going to Bed 就寝之前

Unit 5 Meals at Home 在家吃饭



### Unit 1

#### In the Morning 早晨



Situation 1

In the Bedroom 在卧室



- A: Wake up! 起床啦!
- **B**: Do I have to get up now? 我一定得现在起来吗?
- ◆ "Wake up."是祈使句,以动词原形开头,主语"You"省略。

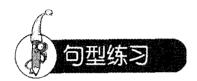


- A: You'd better get up or you're going to be late. 你再不起来就要迟到了。
- What are you talking about? 你说什么呀? The alarm hasn't even gone off yet! 闹钟都还没响呢!
- A: Yes, it has. It went off 15 minutes ago. 晌了,15 分钟前就响了。
- ▶: I must have slept right through it. 我一定是睡过头了。
- ◆ go off 是动词短语,指"闹钟响"。过去式为"went off";现在完成式为"have/has gone off"。



A: Rise and shine, sleepyhead. 起来洗脸,你这贪睡鬼。

- 3. Just let me sleep 10 more minutes! 计我再多睡 10 分钟嘛!
- ◆ Rise and shine. 是一句美国人常用在叫人起床时的口语。



- 1. Yeah, there's no school today. I can sleep late. 太好了,今天不用上学,我可以睡晚一点。
- 2. Oh, no, my alarm clock didn't go off this morning. 哎呀!糟了,我的闹钟今早没响。
- **3**. No breakfast for me today. I'm running late. 我不吃早饭了。我快要迟到了。
- **4**. It's already 8:00. I'm going to be late today. 已经 8 点了。我今天要迟到了。
- **5**. You'd better get up or you'll be late. 你再不起来就要迟到了。



had better

• get up

• go off

• alarm [əˈlɑːm]

• rise [raiz]

• shine [[ain]

最好

起床

(闹钟)响

闹钟

起来

照耀

### Unit 1

### In the Morning 早晨



Situation 2

In the Bathroom 在盥洗室



- A. Are you almost finished? I need in there, too. 你快好了吗?我也等着进去呢。
- **5**: I'll be out in just a second. 我马上就出来了。
- ◆ there 可以作名词,是"在那里"的意思,作介词 in 的宾语。



- A. What takes you so long in the bathroom? 你为什么在浴室待那么久?
- **8**: I have to take a shower, then put on my make-up and fix my hair.

我得冲澡、化牧,还得梳头。

- A: Then you should let me go first.那么你应该让我先用。I just have to go to the bathroom and shave.我只需要上厕所和刮胡子。
- 5: You men have got it lucky, all right. 好吧,你们男人比较幸运。



A. Please hurry up in there. 请你在里面快一点。

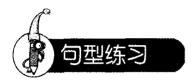
You're going to make me late for work. 你要害我上班迟到了。

B: Don't rush me.

不要催我。

I'm getting ready as fast as I can.

我尽可能在快了。



1. Don't take too long in there. 不要在里面待太久。

- **2**. How long are you going to be in the bathroom? 你会在浴室待多久?
- **3**. Let me in there first. I have to use the bathroom. 先让我,我急着上厕所。
- **4.** Are you going to take a shower now? 你现在要冲澡吗?
- **5**. We need two bathrooms. 我们需要两间浴室。



• shower [¹∫aʊə]

• make-up

• shave [ʃeɪv]

rush [rʌ∫]

淋浴

化妆品

刮胡子

催促

## Unit 1

### In the Morning 早晨



Situation 3

Breakfast Time 早餐时间



- A: Are you having breakfast here this morning? 你要在这儿吃早餐吗?
- No, I'll pick something up on the way to work.
  不了,我会在上班的路上买点东西吃。
  - ◆ "Are you having"是用现在进行式,表示即将要做的动作。



- What do you want for breakfast today? 你早餐要吃什么?
- : I'd like eggs and toast. 我想吃蛋和叶司面包。



- A: Do we have any orange juice, mom? 妈,有没有橘子汁?
- Yes, I made some orange juice. 有的,我刚做好了。