

会读才能会听 口勤才能耳聪

**CETB**  
长喜英语

大学英语 **4** 级考试

**听力**

常考时文朗诵

**C**URRENT ARTICLES  
FOR READING LOUDLY **100 篇**

《长喜英语》图书编委会 **编** 王长喜 **主编**

**每篇时文**

**听读结合 以读促听 打通耳朵**

先听录音，回答文前所提问题

红膜盖住，精听文中标红词句

听音自测

红膜听写

欣赏

熟读朗诵

力银词听力金句

跟着录音，规范发音熟悉节奏



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主 编：王长喜

副主编：赵丙银

《长喜英语》图书编委会 编

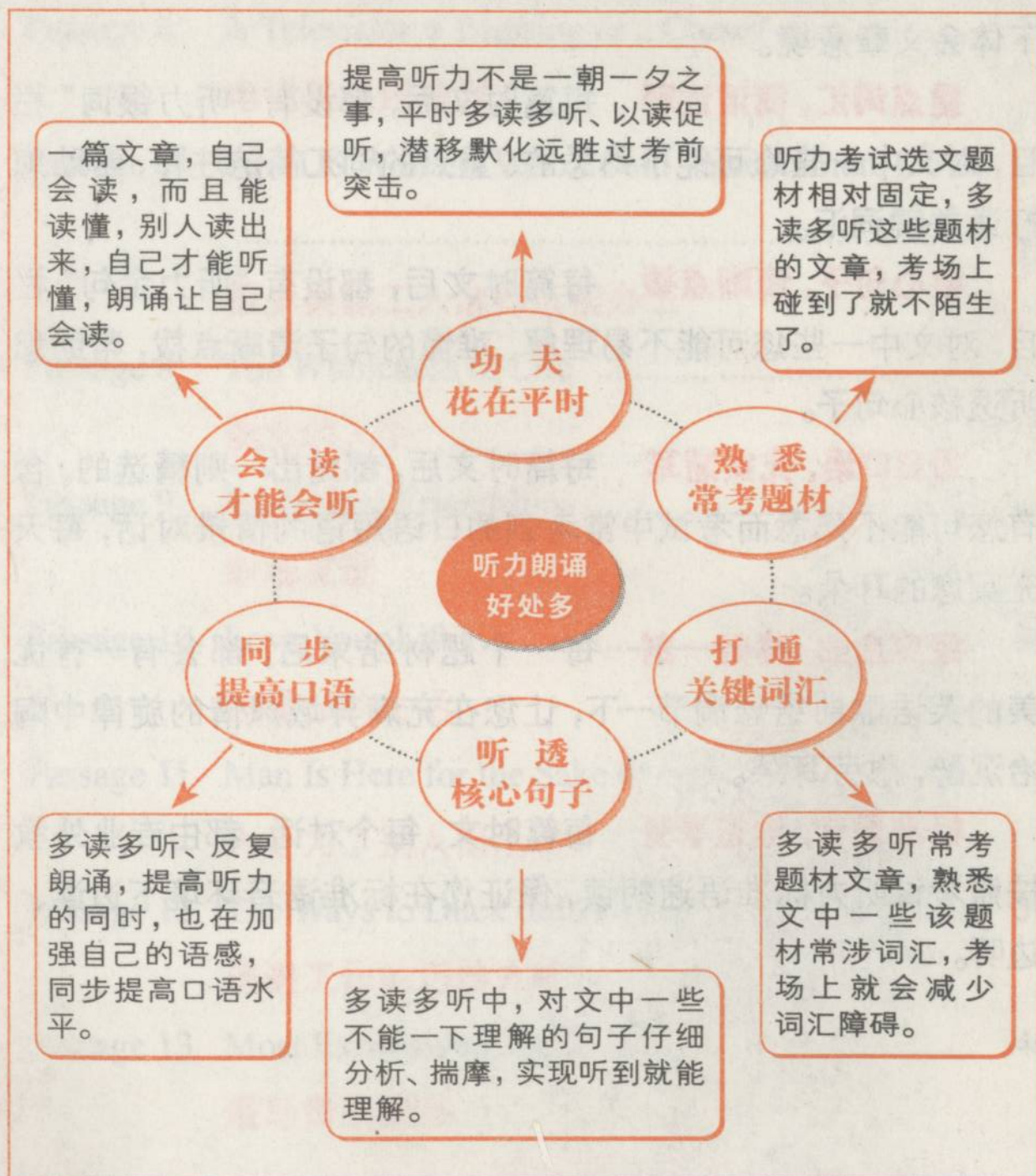
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## 前言

会读才能会听，口勤才能耳聪。——这句话，道出了英语听力的真谛，也是诸多英语学习者经验之谈。

试想，一篇文章，你读都不会读，不知道哪里重读、哪里连读、哪里停顿，别人读出来，你能听懂吗？试想，一篇文章，你读都读不懂，一些词汇不熟悉、一些句子不理解，换成用耳朵来听，你能听懂吗？所以，要听懂一篇文章，一个前提就是，这篇文章若让你来读，你能读得很流畅，而且读完即能理解。

所以，为了将来考场上能对听力轻松驾驭，我们就在平时选择听力试题常考题材的文章来多多朗诵吧——朗诵中，跟着录音纠正自己的读音，让自己的耳朵熟悉规范的朗读；朗诵中，熟悉一些常考的词汇，分析一些生涩的句子，提高自己快速理解的能力，让自己听到即能理解。



您手中的这本轻巧灵秀、精致温婉的《听力常考时文朗诵100篇》，正是这样一本让您平时多读多听、考场之上耳朵轻松的四级听力好伙伴。

**常考题材，尽数涵盖** 100篇时文尽数涵盖四级听力8大常考题材——工作生活14篇、社会问题13篇、人物故事13篇、社会习俗13篇、文化教育13篇、新闻报道12篇、经济技术11篇、科普知识11篇。

**最新时文，标准收录** 每种题材下所选时文，均来自最新英美报刊、杂志，话题新颖，且每篇时文均依照四级听力短文标准精心剪辑而成。

**读前听音，精巧自测** 每篇时文朗诵前，先进行听音自测——先不看文章，做文前问答题目，然后红膜盖住文中标红词、句，做听写练习。

**听后朗诵，琅琅妙译** 每篇时文都给出文采四溢的全文翻译，以帮助您在听后朗诵时更准确地理解全文，并在双重语境下体会文章意境。

**重点词汇，简洁注释** 每篇时文后，都设有“听力银词”栏目，对文中一些您可能不熟悉的、重点的词汇简洁注释，帮助您打通关键词汇。

**核心句子，清晰点拨** 每篇时文后，都设有“听力金句”栏目，对文中一些您可能不易理解、难懂的句子清晰点拨，帮助您听透核心句子。

**每日口语，充实慧耳** 每篇时文后，都给出一则精选的、含有您可能不熟悉而考试中常考到的口语短语的情景对话，每天充实您的耳朵。

**经典金曲，休闲一刻** 每一个题材结束后，都会有一首优美的英语歌曲给您调节一下，让您在充满异域风情的旋律中陶冶沉醉，慰劳耳朵。

**标准录音，地道享受** 每篇时文、每个对话，都由专业外教按照考试听力标准语速朗读，保证您在标准语音环境下边读、边听。

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# Part 1 工作生活篇



# Passage

## 1

### 听音自测

1. What do animals live on?  
\_\_\_\_\_.
2. What are human needs based on?  
\_\_\_\_\_.
3. What would a businessman sacrifice to grow rich?  
Health and \_\_\_\_\_.
4. Why do many rich ladies spend boring hours learning to talk about fashionable new books?  
To be thought \_\_\_\_\_.

### 红膜听写

## The Road to Happiness

There are a great many people who have all the material conditions of happiness, i. e. health and a sufficient income, and who, nevertheless, are **profoundly** unhappy. In such cases it would seem as if the **fault** must lie with a wrong theory as to how to live. In one **sense**, we may say that any theory as to how to



live is wrong. We **imagine** ourselves more different from the animals than we are. Animals live on impulse, and are happy as long as **external** conditions are favorable. If you have a cat, it will **enjoy** life if it has food and warmth and opportunities for an **occasional** night on the tiles. Your needs are more **complex** than those of your cat, but they still have their basis

on instinct. In civilized societies, especially in English-speaking societies, this is too apt to be forgotten. People propose to themselves some one paramount objective, and restrain all impulses that do not minister to it.

A businessman may be so anxious to grow rich that to this end he sacrifices health and private affections. When at last he has become rich, no pleasure remains to him except harrying other people by exhortations to imitate his noble example. Many rich ladies, although nature has not endowed them with any spontaneous pleasure in literature or art, decide to be thought cultured, and spend boring hours learning the right thing to say about fashionable new books that are written to give delight, not to afford opportunities for dusty snobbism.

[253 words]

琅琅妙译

### 快乐之道

很多人拥有快乐生活的全部物质条件,例如健康的体魄和丰足的收入,可是他们却根本不快乐。在这种情况下,问题似乎一定是出自其错误的生活理论上。从某种意义上讲,我们可以说任何关于生活的理论都是不正确的。我们和动物的区别实际上并没有我们想象得那么大。动物是凭本能生活的,只要外部条件对其有利,它们就会快乐。如果你有一只猫,它只要有东西吃,感到暖和,偶尔晚上有机会去寻欢,它就会很快活。你的需要比猫要复杂,但还是建立在本能基础之上。在文明社会中,特别是在英语国家,这一点很容易被忽视。人们给自己定下一个首要目标,对一切不利于实现这一目标的本能冲动都加以克制。

生意人可能因为想要发财以至于最终牺牲了健康和感情。然而等他终于发了财,除了训导别人向自己学习、以自己为榜样而折磨别人外,他并没有得到其他任何快乐。很多有钱的贵妇人,尽管上天并未赋予她们任何可以在文学或艺术方面获得快乐的天赋,她们却决意要使别人认为她们有教养,于是硬着头皮花费很多时间去学习怎样正确地评论那些流行的新书。然而这些书的创作本意是为了要给人们带来快乐,而不是给她们提供附庸风雅的机会的。

## 听力银词

|                                          |              |
|------------------------------------------|--------------|
| ▶ <b>sufficient</b> / sə'fɪʃənt/         | a. 充足的       |
| ▶ <b>profoundly</b> / prə'faundli/       | ad. 极度地, 深深地 |
| ▶ <b>impulse</b> / 'ɪmpʌls/              | n. 冲动        |
| ▶ <b>paramount</b> / 'pærəmaʊnt/         | a. 极为重要的     |
| ▶ <b>sacrifice</b> / 'sækrɪfaɪs/         | v. 牺牲        |
| ▶ <b>harry</b> / 'hæri/                  | v. 使苦恼, 烦扰   |
| ▶ <b>exhortation</b> / ɪgʒɔ:(r) 'teɪʃən/ | n. 劝告        |
| ▶ <b>endow</b> / ɪn'dau/                 | v. 赋予        |
| ▶ <b>spontaneous</b> / spɒn'teɪnjəs/     | a. 自然产生的     |
| ▶ <b>snobbism</b> / 'snɒbɪzəm/           | n. 势利        |

## 听力金句

1. There are a great many people who have all the material conditions of happiness, i. e. health and a sufficient income, and who, nevertheless, are profoundly unhappy.

【妙点】and 连接两个并列的 who 引导的定语从句。i. e. health and a sufficient income 为插入语, 表示举例。

2. When at last he has become rich, no pleasure remains to him except harrying other people by exhortations to imitate his noble example.

【妙点】when 引导时间状语从句。except 为介词, 意为“除了...以外(没有)”。不定式短语 to imitate... 充当 exhortations 的后置定语。

3. Many rich ladies, although nature has not endowed them with any spontaneous pleasure in literature or art, decide to be thought cultured, and spend boring hours learning the right thing to say about fashionable new books that are written to give delight, not to afford opportunities for dusty snobbism.

【妙点】本句由 and 连接的含有主从复合句的并列分句构成。在第一分句中 although 引导让步状语从句, 在此作为插入语。endow sb. with... 意为“使某人天生具有...”。在第二分句中 that 引导定语从句, 修饰 books。两个并列的不定式短语“to ..., not to...”意为“是为了..., 而不是为了...”, 充当目的状语。

**W:** You can't work round the clock. You can't endure too much pressure.

你不能没日没夜地工作,也不能承受过多的压力。

**M:** I know. But I just seem unable to simmer down.

我知道,但我就是平静不下来。

**Key** 1. Impulse 2. Instinct 3. private affections 4. cultured

# Passage

## 2

### 听音自测

1. What is perhaps the most difficult task we should take?

To \_\_\_\_\_.

2. According to the passage, what induces the individual to perfect himself? \_\_\_\_\_.

3. What is the learning time of love like?

It is always \_\_\_\_\_ and \_\_\_\_\_.

### 红膜听写

### Love Is Difficult

*I*t is good to love, but love is difficult. For one human being to love another human being is perhaps the most difficult task that has been **entrusted** to us — the ultimate task, the final test and **proof**, the work for which all other work is merely **preparation**. That is why young people, who are beginners in everything, are not yet **capable** of love: it is something

