

小提琴 和弦技法 专题训练

*Chords-playing Technique
Training for Violin*

黄晨星 黄忠伯 著

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前 言

在小提琴作品中,和弦是一种常用的音乐语汇,它那独特的音响为小提琴艺术锦上添花,进一步丰富了小提琴的表现力。而和弦演奏技法,无论是指法还是弓法,都有其本身的特点,是小提琴基本技法中独具一格的重要组成部分,必须进行系统的专门训练,才能完美地掌握。但至今为止,小提琴和弦技法的教学、训练和研究都相对滞后于其他基本技法(如双音等),究其原因,一方面是不少人在学习中对其重视不够,另一方面也和教材不够丰富、系统(特别是专项教材不足)有关。相比之下,双音技法训练的专门教材(音阶、练习曲等)非常丰富和系统,从而大大促进了双音的教学和演奏。出于以上想法,笔者编著了这本书,期望能为和弦技法的教学和训练添砖加瓦。

本书训练的内容包括三音和弦和四音和弦,主要是古典作品中常见的三和弦和七和弦(包括四种三和弦:大三和弦、小三和弦、减三和弦、增三和弦;五种七和弦:大七和弦、大小七和弦、小七和弦、减小七和弦、减七和弦)。本练习可供专业学生和业余爱好者使用,即便是中、初级程度的演奏者,部分选用本书材料也会很有好处的。全书共分五个专题,依据和弦技法的特点以及左右手技术训练的需要,从五个方面来学习和提高演奏技巧。

一、多弦按指机能练习 和弦指法最大的特点就是“多弦按指”,即几个手指同时按在不同的弦上,这种手指跨弦动作不仅仅是和弦演奏的需要,同时也是左手技术中手指的三大基本动作(“上下”、“前后”、“左右”)之一。(“上下”:手指抬起按下;“前后”:手指高低移位;“左右”:手指左右跨弦。)进行手指左右跨弦的训练,有利于全面提升左手的机能。由于本项训练是以增强手指跨弦机能为目标,因而训练内容是按手指跨弦的位置特点来设计的(与和弦结构无关)。在多弦按指中手指跨弦的形式大体可分三类:“顺向”跨弦(序号低的手指按低音弦,序号高的手指按高音弦,即1、2、3、4指分别按G、D、A、E弦);“逆向”跨弦(与顺向相反,即1、2、3、4指分别按E、A、D、G弦);“交叉”跨弦(同时包含顺向和逆向的因素,但整体上可能会以顺向为主或逆向为主)。在练习中可以根据手指跨弦的类型和自己手的生理特点调整好手型,如顺向跨弦腕可以向前拱出一些,逆向跨弦腕可以向里凹进一点,还要调整手指弯曲度、方向、触弦点等,力求动作自然、省力、稳定。

二、和弦指法分类练习 本部分内容是按弦手指组合的方式进行分类,把多弦按指排列结构相同的和弦放在一起(同一小节内)练习,使学习者对各种和弦指法的特点和异同有更清晰的认识,练习起来目的更明确。练习本部分时,建议注意下述几点:(一)找到和调整好合适的手型,可以和正常手型一致,也允许和正常手型不一致;(二)明确“中心指”,其他手指依据中心指来调整指距和指型;(三)决定“先按指”(即首先按下的手指,也可能就是中心指),演奏和弦虽然要求手指同时按下,但在很多情况下,必须有一个手指先按下作为依托。“先按指”常常是和弦的低音,但也可以是高音或其他音(应该从效果出发,因人而异)。如有的和弦须采用“超密集”指法(有两只手指按弦处于平行位置),

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一、多弦按指机能练习

用两种方式练习：一种是常规方法，自左至右逐行演奏，主要练习手指各种不同的跨弦动作；另一种练习方法是自上到下逐列演奏（如每行第一小节连起来演奏），主要是练习变换手指间的距离。可先做无声的徒手练习，动作协调自然后再用弓演奏。

（一）1指保留在G弦，其他手指按上去后再保留，四个音为一组，练完一组后，2、3、4指抬起来，接着练下一组。

A)

B)

C)

Exercise C) consists of four staves of music. The first staff is in G major (one sharp) and contains six measures of eighth-note patterns. The second staff is in A major (two sharps) and contains six measures. The third staff is in B major (three sharps) and contains six measures. The fourth staff is in C major (no sharps or flats) and contains six measures. Each measure contains a sequence of eighth notes, with some notes marked with an 'x' to indicate fingerings or specific techniques.

(二) 2指保留在G弦, 其他手指按上去后再保留, 四个音为一组, 练完一组后, 1、3、4指抬起来, 接着练下一组。

A)

Exercise A) consists of four staves of music. The first staff is in G major (one sharp) and contains six measures of eighth-note patterns. The second staff is in A major (two sharps) and contains six measures. The third staff is in B major (three sharps) and contains six measures. The fourth staff is in C major (no sharps or flats) and contains six measures. Each measure contains a sequence of eighth notes, with some notes marked with an 'x' to indicate fingerings or specific techniques.

B)

Section B consists of four staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a time signature of 2/4. It contains a sequence of eighth notes with a '2' below the first measure. The second staff continues the melody with similar eighth-note patterns. The third and fourth staves show a change in key signature to one flat (Bb) and continue the melodic line with eighth notes and some rests.

C)

Section C consists of four staves of music. The first staff begins with a treble clef, a key signature of one flat (Bb), and a time signature of 2/4. It contains a sequence of eighth notes with a '2' below the first measure. The second staff continues the melody with similar eighth-note patterns. The third and fourth staves show a change in key signature to two flats (Bb, Eb) and continue the melodic line with eighth notes and some rests.

(三) 3指保留在G弦, 其他手指按上去后再保留, 四个音为一组, 练完一组后, 1、2、4指抬起来, 接着练下一组。

A)

Exercise A consists of four staves of music. The first staff is in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. It contains six measures of music, each starting with a triplet of eighth notes. The second staff is in treble clef with a key signature of one flat (Bb) and a 3/4 time signature, also containing six measures of music. The third staff is in bass clef with a key signature of one flat (Bb) and a 3/4 time signature, containing six measures of music. The fourth staff is in bass clef with a key signature of two flats (Bb, Eb) and a 3/4 time signature, containing six measures of music. The music is a rhythmic exercise involving triplets and quarter notes.

B)

Exercise B consists of four staves of music. The first staff is in treble clef with a key signature of one flat (Bb) and a 3/4 time signature, containing six measures of music. The second staff is in treble clef with a key signature of one flat (Bb) and a 3/4 time signature, containing six measures of music. The third staff is in treble clef with a key signature of one sharp (F#) and a 3/4 time signature, containing six measures of music. The fourth staff is in treble clef with a key signature of one sharp (F#) and a 3/4 time signature, containing six measures of music. The music is a rhythmic exercise involving triplets and quarter notes.

C)

(四) 4指保留在G弦, 其他手指按上去后再保留, 四个音为一组, 练完一组后, 1、2、3指抬起来, 接着练下一组。

A)

B)

Section B consists of four staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The music features a rhythmic pattern of eighth notes, often beamed in pairs, with a '4' marking below the first measure of each staff. The second staff continues this pattern with a key signature change to one flat (Bb). The third and fourth staves maintain the rhythmic structure, with the fourth staff ending with a double bar line.

C)

Section C consists of four staves of music. The first staff begins with a treble clef, a key signature of two flats (Bb, Eb), and a 4/4 time signature. The music features a rhythmic pattern of eighth notes, often beamed in pairs, with a '4' marking below the first measure of each staff. The second staff continues this pattern with a key signature change to two sharps (F#, C#). The third and fourth staves maintain the rhythmic structure, with the fourth staff ending with a double bar line.

二、和弦指法分类练习

三音和弦

谱中的小节线是为指法分类而设的，手指排列方式相同（指位不同）的和弦放在同一小节内，这有助于对和弦指法的认识和理解。

为了把注意力重点放在指法上，先用下面较简单的弓法练习每个和弦（见下面谱例），更多的弓法训练请参阅本书第五部分。

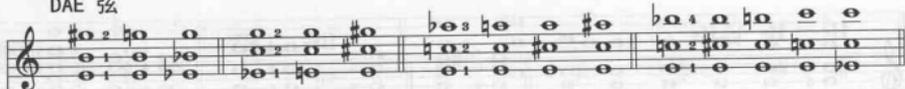
（一）第一把位练习

原型 弓法

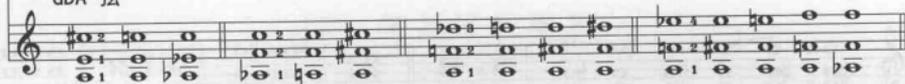


以1指按低音的和弦

D A E 弦



G D A 弦



以2指按低音的和弦



The first system consists of two staves of music. The top staff contains a sequence of chords with fingerings: a triad with fingers 3, 2, 1; a triad with fingers 4, 3, 2; a triad with fingers 3, 2, 1; a triad with fingers 4, 3, 2; a triad with fingers 3, 2, 1; and a triad with fingers 4, 3, 2. The bottom staff contains a sequence of chords with fingerings: a triad with fingers 3, 2, 1; a triad with fingers 4, 3, 2; a triad with fingers 3, 2, 1; a triad with fingers 4, 3, 2; a triad with fingers 3, 2, 1; and a triad with fingers 4, 3, 2.

以3指按低音的和弦

The second system consists of two staves of music. The top staff contains a sequence of chords with fingerings: a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; and a triad with fingers 2, 3, 4. The bottom staff contains a sequence of chords with fingerings: a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; and a triad with fingers 2, 3, 4.

以4指按低音的和弦

The third system consists of two staves of music. The top staff contains a sequence of chords with fingerings: a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; and a triad with fingers 2, 3, 4. The bottom staff contains a sequence of chords with fingerings: a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; a triad with fingers 2, 3, 4; a triad with fingers 1, 2, 3; and a triad with fingers 2, 3, 4.

以2指按低音的和弦

Four staves of musical notation showing chords with the 2nd finger on the bass. The first two staves are in G major (one sharp), and the last two are in D major (two sharps). Fingerings are indicated by numbers 1, 2, 3, and 4 above the notes.

以3指按低音的和弦

Four staves of musical notation showing chords with the 3rd finger on the bass. The first two staves are in G major (one sharp), and the last two are in D major (two sharps). Fingerings are indicated by numbers 1, 2, 3, and 4 above the notes.

以4指按低音的和弦

Two staves of musical notation showing chords with the 4th finger on the bass. The first staff is in G major (one sharp), and the second is in D major (two sharps). Fingerings are indicated by numbers 1, 2, 3, and 4 above the notes.