

中英对照)

头针穴位解剖图解

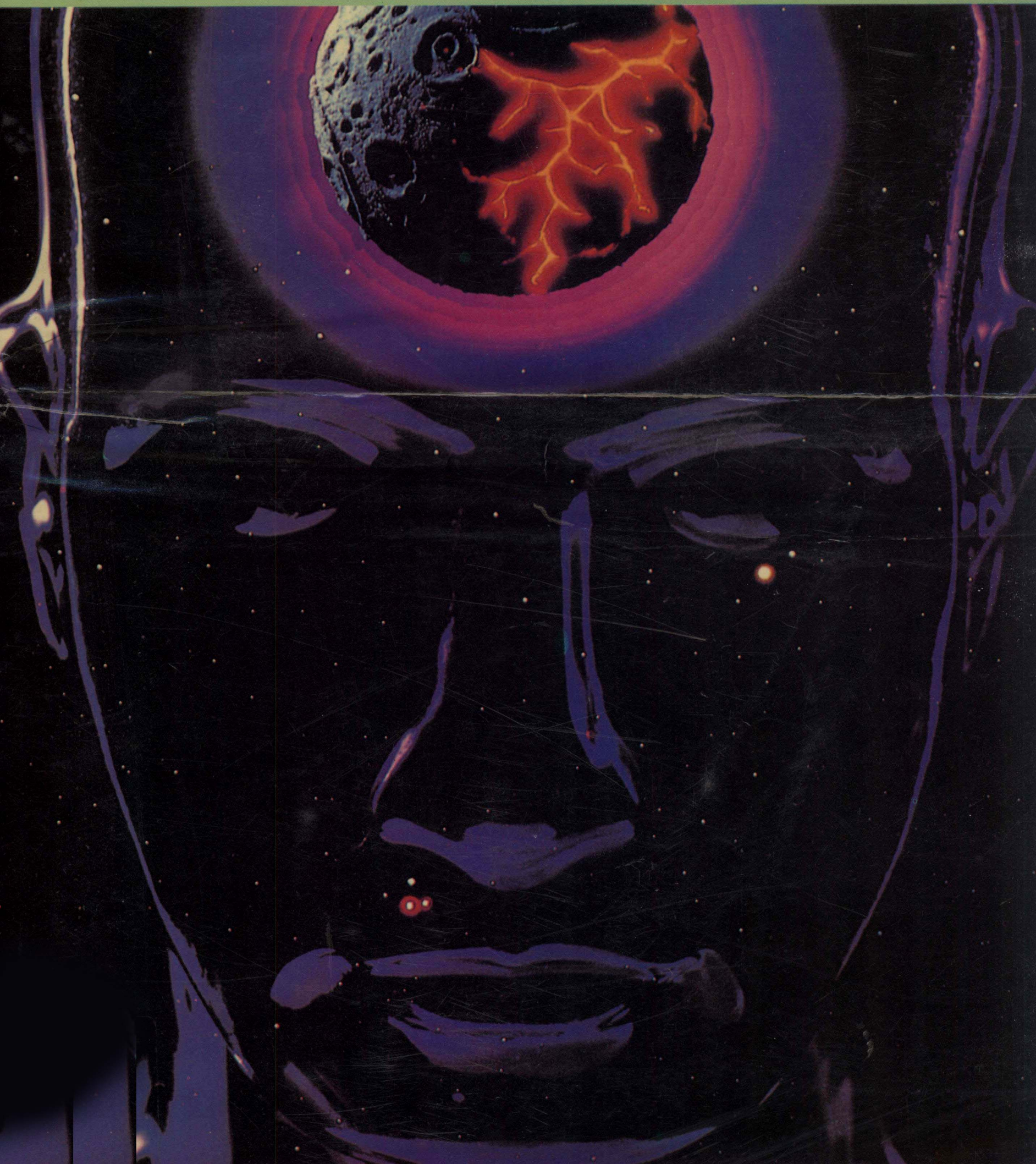
Anatomical Atlas of Scalp Acupuncture Points

严振国 主编

上海科学技术出版社

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编 者 的 话

本书是针灸头针与头部解剖相结合的图册，是以中西医结合及基础与临床相结合的形式，介绍头(皮)针刺激区的层次解剖结构，明确表示头针线的定位与形态结构的关系。头针刺激区的定位是根据1984年5月WHO(世界卫生组织)西太区国际会议通过的《关于头针穴名标准化方案》为准。我们编绘这本《头针穴位解剖图解》，其目的在于推广头针疗法，掌握头针穴位的解剖结构，做到安全正确进针，并考虑读者携带方便，可随时翻阅，以利参考与学习。

本图解共有图7幅，内容包括头部前面、后面、侧面观的外形图各1幅；又显示头部前面、后面、侧面、顶面的血管、神经和肌肉图各1幅，7幅图均分别标明头针刺激区的穴位和头针线，穴位定位是根据中国针灸学会于1984年8月公布的方案为准。方案资料由恒健生、吴绍德等医师提供。特此致谢。

本图解可供医学院校针灸专业的师生、针灸临床医生以及自学针灸者参考应用。

上海中医学院解剖学教研室主任、教授、博士生导师

严振国

Preface

This book is a diagrammatic book which combines scalp-acupuncture with head anatomy. With the combination of traditional Chinese medicine and western medicine as well as the combination of the foundation and the clinic, the book introduces the anatomical structure in the scalp-acupuncture stimulating region, clearly indicating the relationship between the location of scalp-acupuncture line and its morphology. The location of scalp-acupuncture stimulating region is based on "The Stipulations on the Standardization of Scalp-Acupuncture Point Term" passed by WHO Western Pacific International Conference in May, 1984. The purpose of the book is to advertise the scalp-acupuncture therapy, letting those concerned grasp the anatomical structure of scalp-acupuncture points so that they can practise the therapy safely. Also the book is handy and the readers can carry and read it easily.

The book totally contains seven diagrams including three superficial head diagrams of anterior part, posterior part and lateral part; including four diagrams of the blood vessels, nerves and muscles in anterior part of head, posterior part, lateral part and top part. These seven diagrams respectively demonstrate the acupuncture points and lines in the scalp-acupuncture stimulating region. The location of acupuncture points is based on the Stipulations promulgated by China Acupuncture Association in August, 1984, which was offered by Dr. Heng Jian Seng, Dr. Wu Shao De, etc. Here, I express my heartfelt thanks for their help.

The book is available as a reference book for the acupuncture teachers and students of medical colleges, acupuncture clinicians and any acupuncture amateurs.

Shanghai Institute of T. C. M. Academic Advisor of Doctorates Professor

Yan Zheng guo

Chairman of Anatomy Dept.

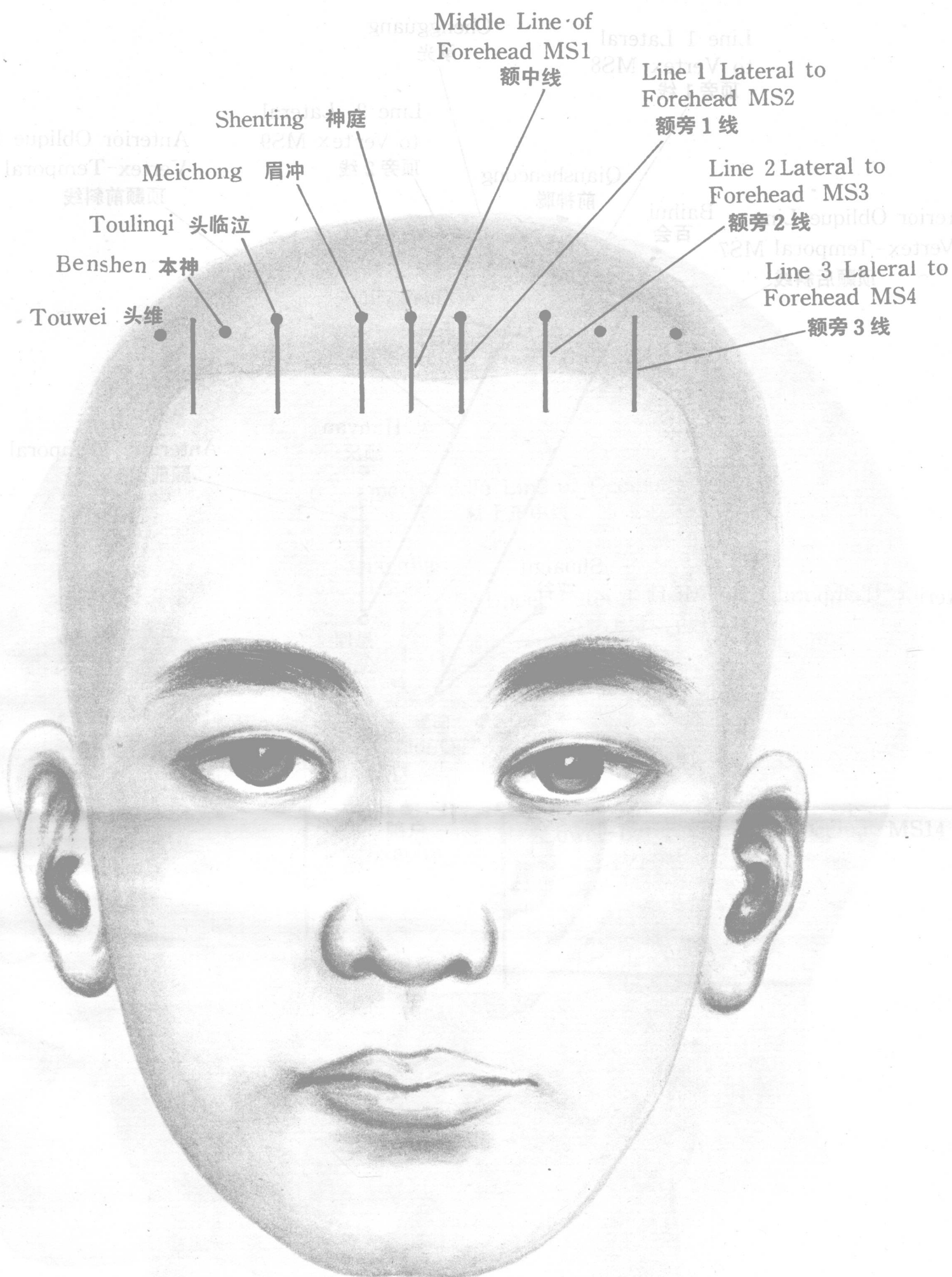


图1 前面观 I

Fig. 1. In Anterior View I

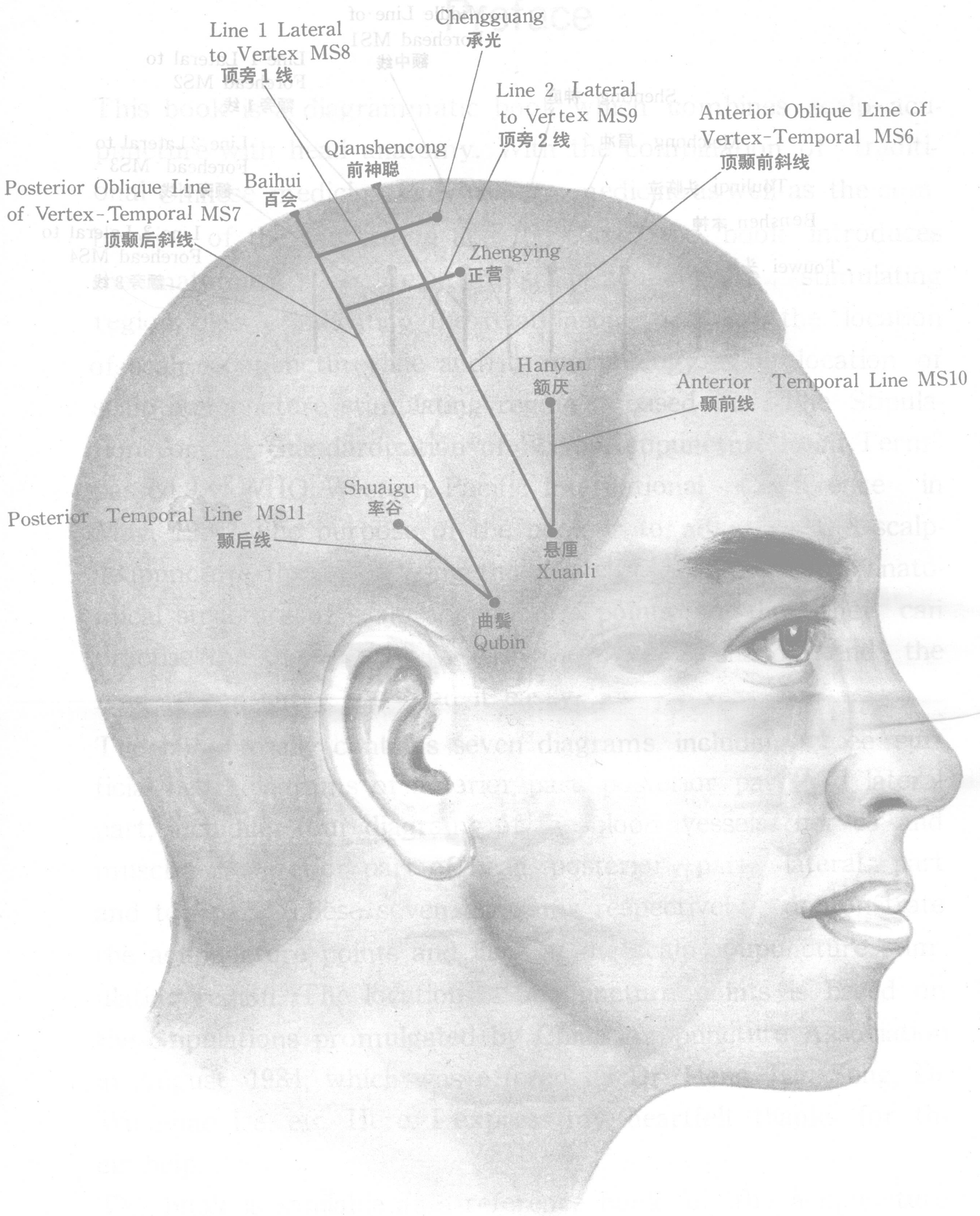


图 2 侧面观 图 I

Fig. 2. In Lateral View I

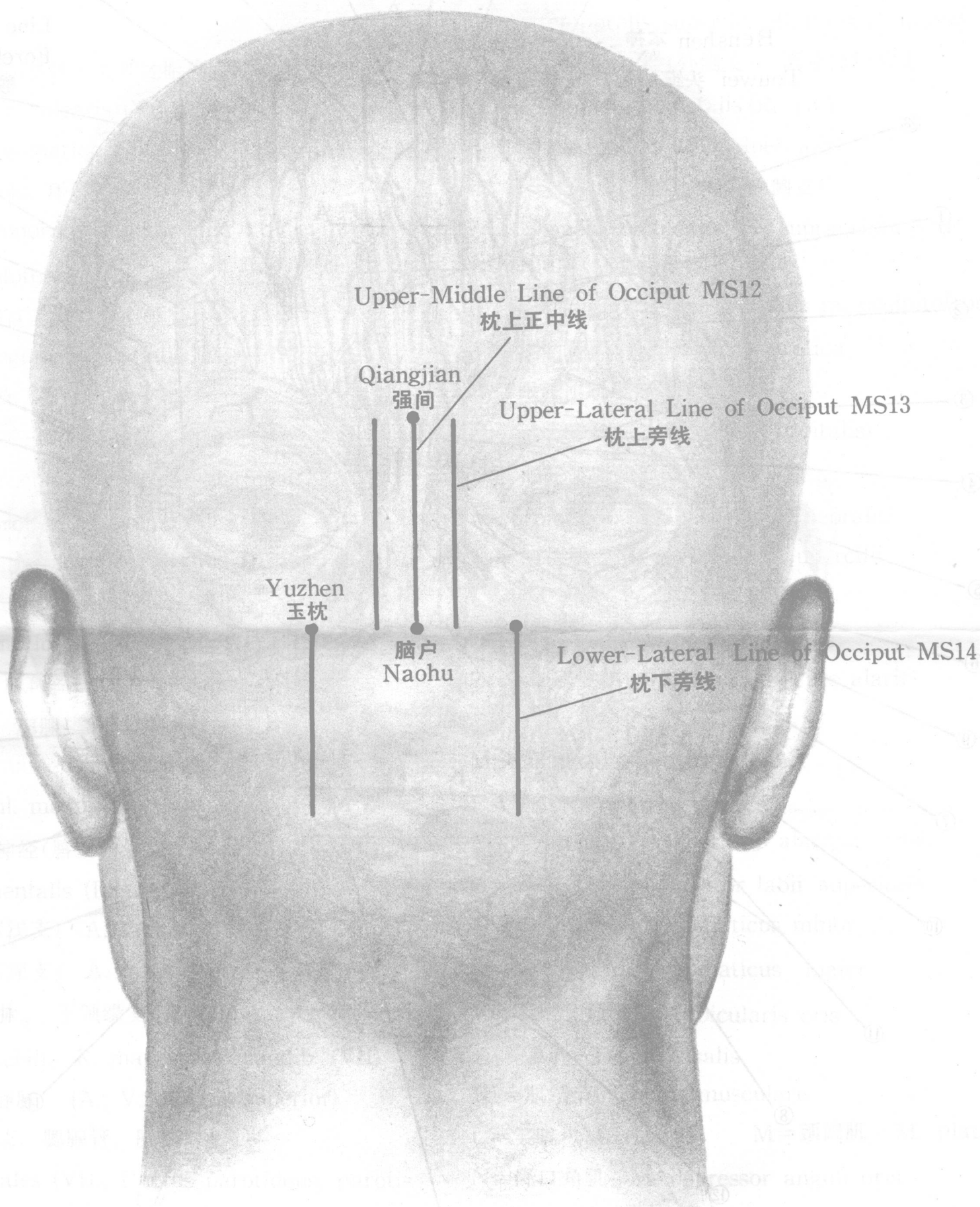


图 3 后面观 I

Fig. 3. In Posterior View I

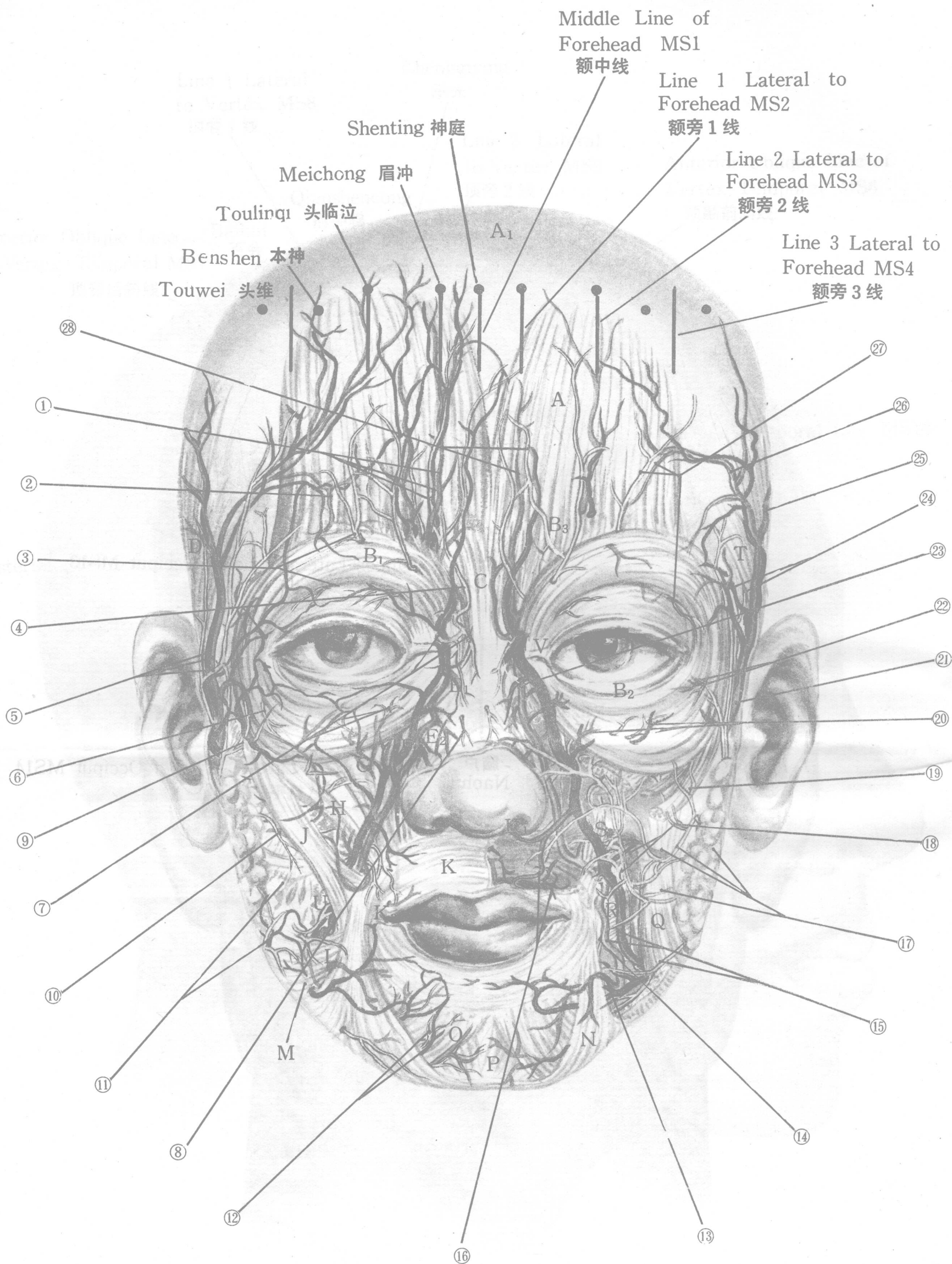


图 4 前面观 II (示头前区的浅血管和神经)

Fig. 4. In anterior View II

(Shown superficial blood vessels and nerves of the face from front)

- ① 眶上动、静脉，神经

A., V., N. supraorbitalis

② 颞浅动脉(与眶上动脉的交通支)

A. temporalis superfic (Anast. cum art. supraorbit)

③ 眶上神经(外侧支)上睑弓

N. supraorbitalis (R. lat) Arcas palpebralis superior

④ 滑车上神经(来自三叉神经眼支)，颧眶动、静脉

N. supratrochlearis (V1)

A., V. zygomaticoorbitalis

⑤ 颞浅动、静脉，耳颞神经

A., V. temporalis superficialis,

N. auriculotemporalis

⑥ 颧面支(来自三叉神经上颌支)

Ramus zygomaticofacialis (V2)

⑦ 滑车下神经，鼻背动脉，

眶下神经 (三叉神经上颌支的睑支)

N. infratrochlearis, A. dorsalis nasi,

N. infraorbit, (Rr. palpebrales V2)

⑧ 鼻外神经 N. nasalis externus

⑨ 颧支和颞支(来自面神经)

Rr zygomatici et temporales (VII)

⑩ 颊支(来自面神经) Rr. buccales (VII)

⑪ 咬肌筋膜，腮腺(囊)，耳大神经

Fascia masseterica, Gland. parotis (Capsula)

N. auricul. magnus.

⑫ 颞动脉、神经(唇支和颞支)

A., N. mentalis (Rr. labial, et mental)

⑬ 下唇动脉(浅支) A. labialis inferior (R. superfic)

⑭ 下唇动脉(深支) A. labialis inferior (R. prof)

⑮ 面动、静脉., 下颌缘支(面神经)

A., V. facialis, R. marginalis mandib. (VII)

⑯ 上唇动、静脉 (A., V. labialis superior)

⑰ 面神经颊支，腮腺管、腮腺

Rr. buccales (VII), Ductus parotideus, parotis

⑱ 颊神经，颊脂体

N. buccalis, Corpus adiposum buccae

⑲ 面神经颧支 N. facialis (Rr. zygomatici)

⑳ 眶下动、静脉，眶下神经(与面神经的吻合支)

A., V., N. infraorbitalis

(Anastomosis cum n. fac.)

㉑ 颞浅动脉 A. temporalis superfic.
- ②② 颧面动脉、颧面支(来自三叉神经)

A., Ram. zygomaticofacialis (V2)

②③ 内眦动脉 A. angularis

②④ 面神经颞支 N. facialis (Rr. temporales)

②⑤ 颞浅动脉顶支

A. temporalis superfic. (Ramus parietalis)

②⑥ 颞浅动脉额支

A. temporalis superfic. (Ramus frontalis)

②⑦ 眶上动脉，神经(外侧支)，泪腺神经睑支

A., N. supraorbitalis (R. lat.),

N. lacrimalis (R. palpebralis)

②⑧ 滑车上动脉，眶上神经(内侧支)

A., supratrochlearis, N. supraorbitalis (R. med.)

A= 颅顶肌(枕额肌额腹)

M. epicranius (Venler frontalis m. occipitofrontalis)

A₁= 帽状腱膜 Galea aponeurotica

B₁= 眼轮匝肌眶部

M. orbicularis oculi (Pars orbitalis)

B₂= 眼轮匝肌睑部

M. orbicularis oculi (Pars palpebralis)

B₃= 皱眉肌 M. corrugator supercilii

C= 降眉间肌 M. Procerus

D= 颞顶肌 M. temporoparietalis

E₁= 鼻肌(翼部) M. nasalis (Pars alaris)

E₂= 鼻肌(横部)

M. nasalis (Pars transversa)

F= 提上唇鼻翼肌

M. levator labii superioris alaeque nasi

G= 提上唇肌 M. levator labii superioris

H= 颧小肌 M. zygomaticus minor

J= 颧大肌 M. zygomaticus major

K= 口轮匝肌 M. orbicularis oris

K₁= 鼻孔 Origo nasalis

K₂= 肌结节 Nodus muscularis

L= 笑肌 M. risorius M= 颈阔肌 M. platysma

N= 降口角肌 M. depressor anguli oris

O= 降下唇肌 M. gdepressor labii inferioris

P= 颞肌 M. mentalis Q= 咬肌 M. masseter

R= 颊肌 M. buccinator

S= 提口角肌 M. levator anguli oris

T= 颞顶肌 M. temporoparietalis

U= 颊脂体 Corpus adiposum buccae

V= 睑内侧韧带 Lig. palpebrale mediale

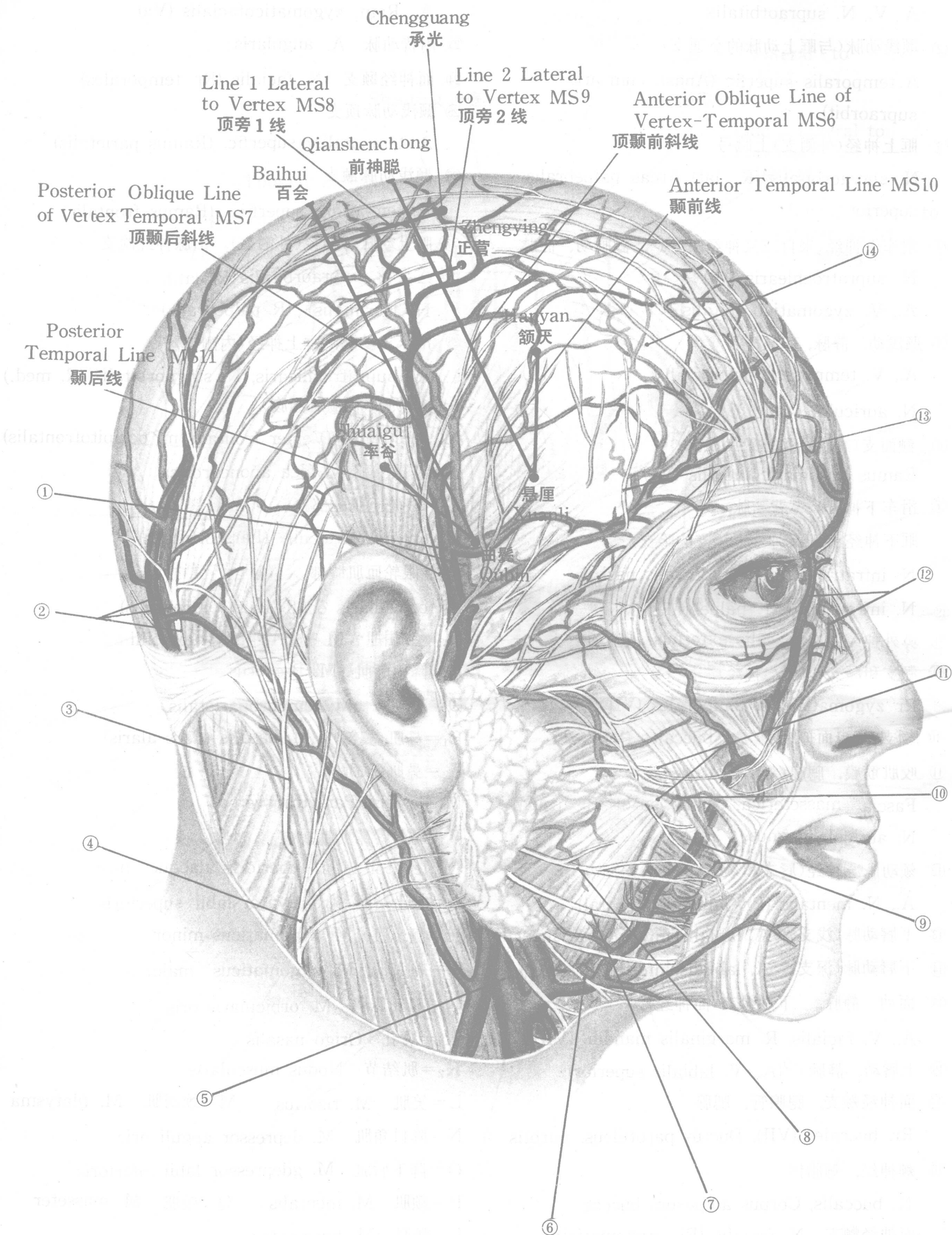


图5 侧面观 II (示头侧区的浅血管和神经)

Fig. 5. In Lateral View II

(Shown superficial blood vessels and nerves of lateral head region)

- ① 耳颞神经, 颞浅动静脉
N. auriculotemp, A., V. temp. superfic
- ② 枕大神经, 枕动、静脉
N. occipitais major. A., V. occipitalis
- ③ 枕小神经 N. occipit. minor
- ④ 耳大神经 N. auric. magn
- ⑤ 下颌后静脉 V. retromandibularis
- ⑥ 面神经颈支 Rami colli (N. facialis) -(VII)
- ⑦ 面神经下颌缘支 R. margin. mandib. (VII)
- ⑧ 面神经颊支 R. buccales (VII)
- ⑨ 面动、静脉 A., V. facialis
- ⑩ 面横动脉 A. transversa faciei
- ⑪ 腮腺导管, 面神经颊支
Ductus parotideus, R. buccales (VII)
- ⑫ 内眦动、静脉 A., V. angularis
- ⑬ 面神经颧支和颞支
R. zygomatici et R. temporales(VII)
- ⑭ 帽状腱膜 Galea aponeurotica

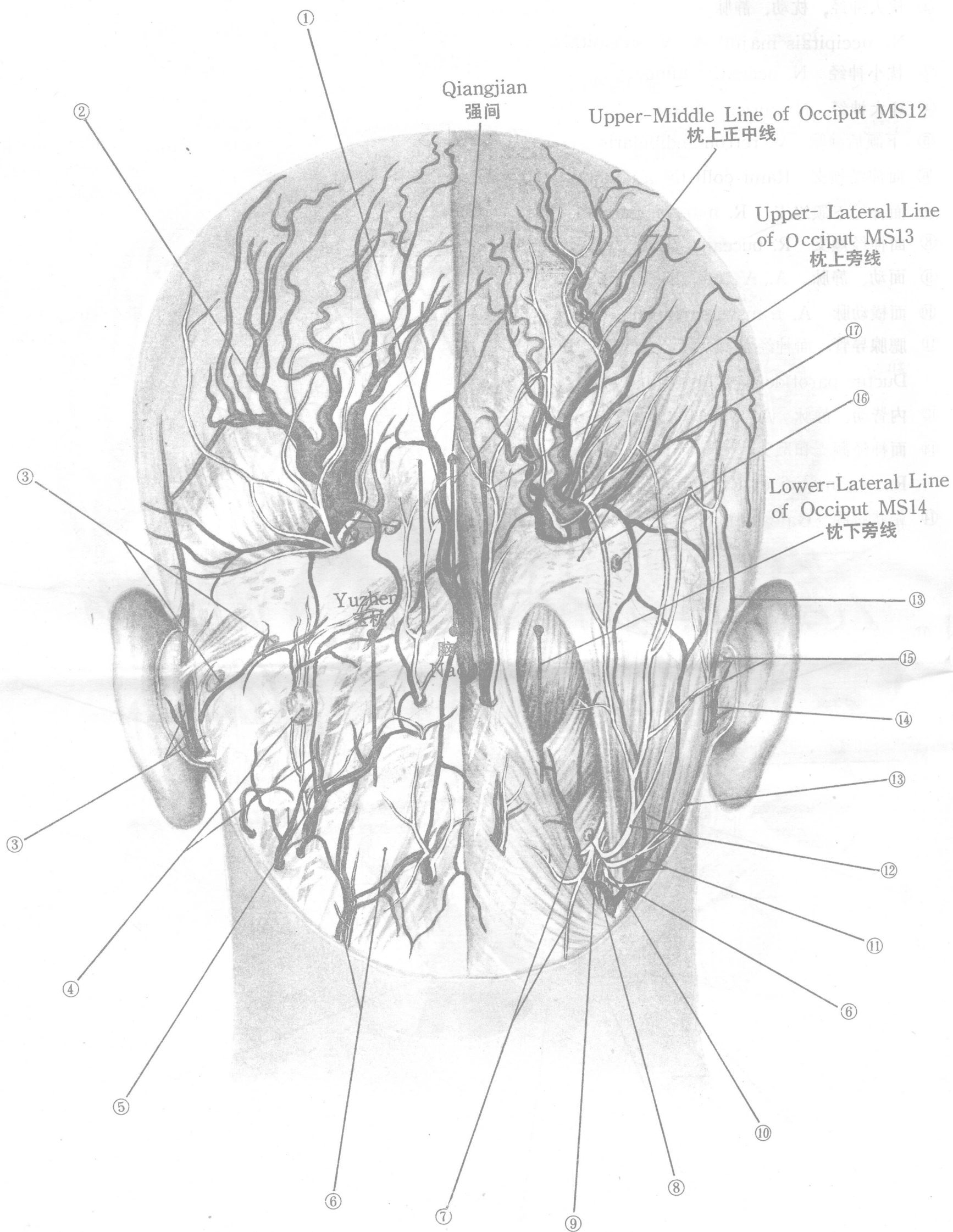


图 6 后面观 II (示头后区的血管和神经)

Fig. 6. In Posterior View II

(Shown blood vessels and nerves of posterior head region)

- ① 项奇静脉 V. azygos nuchae
- ② 枕动、静脉，枕大神经，枕淋巴结
A., V. occipitalis major, nodus
lymphat. occipit
- ③ 耳后动、静脉、神经，耳后淋巴结
A. V., N. auricularis post. (VII),
Nodi lymphat. retroauric
- ④ 枕淋巴结，颈皮下静脉
Nodus lymphat. occipitalis, V. cervic. subcut.
- ⑤ 颈筋膜(浅层)，颈部皮神经
Fascia cervic, (Lam. superfic),
N. cutaneus cervicis
- ⑥ 项筋膜，颈皮下静脉，颈横神经
Fascia nuchae, V. cervic. subcut.,
N. transversus colli
- ⑦ 颈皮下静脉，颈部皮神经
V. cervicalis subcut, N. cutaneus. cervicis
- ⑧ 锁骨上神经 Nn. supraclaviculares
- ⑨ 副神经 N. accessorius
- ⑩ 颈横神经，颈浅淋巴结
N. transversus colli,
Nodus lymphatic cervic. sup
- ⑪ 耳大神经，颈外静脉
N. auricularis magnus, V. jugularis ext.
- ⑫ 枕小神经，枕静脉
N. occipitalis minor, V. occipitalis
- ⑬ 耳后动、静脉，耳大神经
A., V. auricularis post., N. auricularis magnus
- ⑭ 耳后神经 N. auricularis posterior (VII)
- ⑮ 耳后韧带，枕小神经(耳支)
Lig. auriculare post.,
N. occipit. min. (Rr. auriculares)
- ⑯ 枕小神经，枕淋巴结
N. occipitalis minor.,
Nodi lymphatici occipitalis
- ⑰ 枕动、静脉，腱弓
A., V. occipitalis, Arcus tendineus

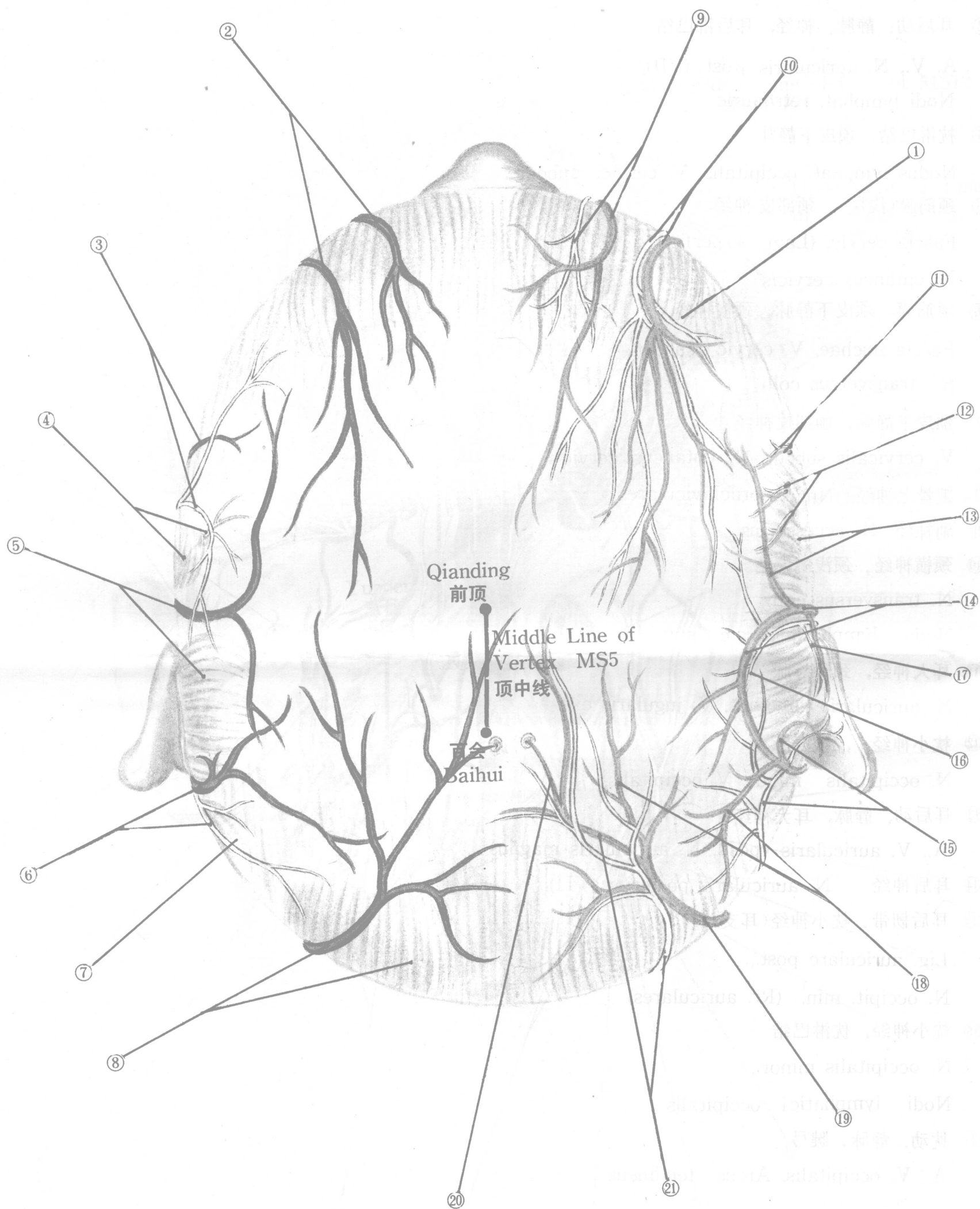


图 7 顶面观 (示头皮区的血管和神经)

Fig. 7. In Vertex View

(Shown blood vessels and nerves of the scalp)

- ① 枕额肌额腹
Venter frontalis, M. occipitofrontalis
- ② 滑车上静脉 V. supratrochleares
眶上静脉 V. supra-orbitalis
- ③ 颧面静脉 V. zygomaticofacialis
面神经颧支 Rami temporales (VII)
- ④ 耳前肌 M. auricularis anterior
颧颞神经(三叉神经)
N. zygomaticotemporalis (V)
- ⑤ 颞浅静脉 V. temporales superficiales
耳上肌 M. auricularis superior
- ⑥ 耳后静脉 V. auricularis posterior
面神经耳后支 N. auricularis posterior (VII)
- ⑦ 耳后肌 M. auricularis posterior
- ⑧ 枕静脉 V. occipitales
枕额肌枕腹
Venter occipitalis (M. occipitofrontalis)
- ⑨ 滑车上动脉、神经 N., A. supratrochlearis
- ⑩ 眶上动脉、神经 N., A. supra-orbitalis
- ⑪ 颧面动脉、神经 N., A. zygomaticofacialis
- ⑫ 颧颞动脉、神经 N., A. zygomaticotemporalis
- ⑬ 颞肌 M. temporalis
额支 Ramus frontalis
- ⑭ 颞浅动脉 A. temporalis superficialis
顶支 Ramus parietalis
- ⑮ 耳后动脉 A. auricularis posterior
枕小神经 Nervus occipitalis minor
- ⑯ 耳颞神经 N. auriculotemporalis
- ⑰ 耳前支 Rami auricularis anterior
- ⑱ 枕支 Ramus occipitalis
外侧支 Ramus lateralis
- ⑲ 枕动脉 A. occipitalis
- ⑳ 脑膜支 Ramus meningeus
- ㉑ 内侧支 Ramus medialis
枕大神经 Nervus occipitalis major

头(皮)针线的定位

1. MS1 额中线: 额部正中线, 由神庭穴(督 24) 沿督脉向前下 1 寸。

主治: 精神失常、癫痫、鼻病。

2. MS2 额旁 1 线: 旁开额部正中线的第 1 条侧线, 由眉冲穴(膀胱 3) 沿膀胱经向前下 1 寸。

主治: 冠心病、心绞痛、过敏性哮喘、支气管炎、失眠。

3. MS3 额旁 2 线: 旁开正中线的第 2 条侧线, 由头临泣(胆 15) 沿胆经向前下 1 寸。

主治: 急、慢性胃炎、胃十二指肠溃疡、肝胆疾病。

4. MS4 额旁 3 线: 旁开正中线的第 3 条侧线, 由本神穴(胆 13)和头维穴(胃 8)之间, 距头维穴内侧 0.75 寸, 向前下 1 寸。

主治: 功能性子宫出血、阳萎、遗精、子宫脱垂、尿频、尿急及下腹部痛。

5. MS5 顶中线: 在顶部正中线上, 由百会穴(督 20)到前顶穴(督 21)之间连线。

主治: 腰、腿、足痛(瘫痪、麻木、疼痛)及皮质性多尿、脱肛、小儿夜尿。

6. MS6 顶颞前斜线: 自顶部至颞部的前面一条斜线, 由百会穴(督 20)前 1 寸斜行至悬厘穴(胆 6)之间的连线。

主治: 该线上 1/5 治下肢瘫痪、中 2/5 治上肢瘫痪、下 2/5 治中枢性面瘫、运动性失语、流涎、脑动脉硬化。

7. MS7 顶颞后斜线: 自顶部至颞部的后面一条斜线, 由百会穴(督 20)到曲鬓穴(胆 7)之间的连线。

主治: 该线上 1/5 治下肢感觉障碍、中 2/5 治上肢感觉障碍、下 2/5 治头、面部感觉障碍。

8. MS8 顶旁 1 线: 顶中线外侧, 顶部第 1 条侧线, 由承光穴(膀胱 6)沿膀胱经向后 1.5 寸。

主治: 腰腿病(瘫痪、麻木、疼痛)。

9. MS9 顶旁 2 线: 顶旁 1 线外侧, 顶部第 2 条侧线, 由正营穴(胆 17)沿胆经向后 1.5 寸。

主治: 肩、臂、手病症(瘫痪、麻木、疼痛)。

10. MS10 颞前线: 颞侧前上方 1 条线, 由额厌穴(胆 4)到悬厘穴(胆 6)之间的连线。

主治: 全头痛、运动性失语、周围性面瘫及口腔疾病。

11. MS11 颞后线: 颞侧后下方 1 条线, 由率谷穴(胆 8)到曲鬓穴(胆 7)之间的连线。

主治: 偏头痛、眩晕、耳鸣、耳聋。

12. MS12 枕上正中线: 枕部正中(上面的)1 条线, 由强间穴(督 18)到脑户穴(督 17)之间的连线。

主治: 眩晕、眼病等。

13. MS13 枕上旁线: 平行于枕上正中线, 旁开枕上正中线 0.5 寸, 与正中线等长。

主治: 皮质性视力障碍、白内障、近视眼。

14. MS14 枕下旁线: 平行于枕上正中线下方的 1 条垂直线, 由玉枕穴(膀胱 9)向下 2 寸。

主治: 小脑病变引起的平衡障碍、后头痛等。

MS1	Ezhongxian	Middle Line of Forehead	1 cun long from Shenting (GV24) straightly downward along the meridian.
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Main therapeutic range: Amentia, Epilepsy, Rhinopathy.

MS2	Epangxian I	Line 1 Lateral to Forehead	1 cun long from Meichong (B3) straightly downward along the meridian.
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Main therapeutic range: Coronary heart disease, Angina pectoris, Allergic asthma,
Bronchitis, Insomnia.

MS3	Epangxian II	Line 2 Lateral to Forehead	1 cun long from Toulinqi (G15) straightly downward along the meridian.
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Main therapeutic range: Acute and chronic gastritis, Gastric and duodenal ulcers,
Hepatic and biliary disease.

