

建語

听力Step by Step

主编 曹其军 策划 高 联

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曹其军考研英语⑤ (2004 年版)

英语听力 Step by Step

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肴 言

本书即《考研英语听力 Step by Step》是《考研英语词汇轻松过关》(已出版)的姊妹篇。

《考研英语词汇轻松过关》(配有4盘磁带)帮助考生记单词,同时提高考生的单词听力水平,为后面听懂句子、段落打基础。

《考研英语 Step by Step》(配有4盘磁带)提高考生的句子、 段落听力水平,帮助考生全面了解考研听力测试内容、形势、题 型等,为考生夺取考研听力部分高分创造良好的条件。

本书特点如下:

1. 编写体例合理。本书共分三部分。第一部分为基础篇,包括句子速记训练和数字辨音训练。在句子速记训练中,我们收集整理了各类话题的 500 个句子,以训练考生连读、省音、近音、重音、语调等口语语言特点和速记能力为目标;在数字辨音训练中,我们收集并整理了各种有关数字(如时间、日期、价格、电话号码等)的对话数篇和 50 个句子(每句至少含两个不同的数字),以训练考生对不同数字及近音数字的辨音和速记能力为目标。第二部分为专项练习篇,包括考试中的两种形式即对话和独白 50 篇,帮助考生了解两种形式(对话和独白)的命题规律和答题技巧,提高考生推测、判断、记笔记、综合等能力。第三部分为模考篇,我们精心设计了 10 套全真模拟题,以模拟考场的形式,全真模拟考场氛围,以利于考生对考研听力的全面了解,从而使考生在临考时保持良好的心态,做到临场不乱,应

答自如,提高应试水平,最后取得好成绩。

- 2. **所选材料新,涉及面广**。本书绝大部分听力材料均选自 最新英美等国的报刊、杂志。涉及天气预报、谈话、讨论、通 知、讲话、广播电视节目、演讲、讲座等大纲规定的考点。
- 3. 命题规范。编者仔细研究了近两年考研听力考题和考研大纲样题,设计了10 套模考听力题。无论是听力材料的字数长度,A、B、C 三节的问题设计,考点的选择乃至正确答案分布情况,都力求与大纲样题、真题保持一致。这样确保了模拟题的信度和效度。
- 4. 录音高质量。本书配有 4 盘录音磁带,语音纯正清晰,语速标准(录音时,我们参考了 2003 年考研听力考试录音速度,语速严格控制在 160—180 字/分),且含英音、美音。注:本书英音部分为:第一部分基础篇中,句子速记训练 500 句前 242 句(即 A—L部分),数字辨音训练 A、B 两部分;第二部分专项练习篇中,对话和独白的 Part A、Part B 中的 Passage One 和 Passage Two 以及 Part C 中的 Passage One—Passage Five;第三篇模考篇中,Test One—Test Three。其余为美音。请考生仔细分辨。

另外,需要说明的是,为了减轻考生的经济负担,我们对要求播放两遍的录音也只录制了一遍,并缩短了中间停顿,考生在使用时可根据具体情况自行把握和调整。

本书由**曹其军**主编,编者有:曹其军、章杰、朱美慧、赵杨、曾玛丽,同时雷新梅做了大量录入工作,在此一并表示感谢。

由于编写时间紧,编者水平所限,书中疏漏和失误再所难 免,敬请广大读者批评指正。

预祝考生考试成功!

曹其军 2003 年 5 月

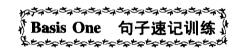
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第一篇 考研听力 step by step

Section I Basis



Part A: Home

1.	There are six people in my family, they are my father, my mother
	my wife, my two daughters and I.
	速记:
2.	My wife stays at home doing the housework.
	速记:
3.	My daughters Sulan and Jingjing are high school students.
	速记:
4.	Nowadays people in cities usually live in apartments, but we live is
	a two-story house in the suburbs.
	速记:
5.	The living room, the kitchen and the dining room are on the first
	floor.
	速记:
6.	There are three bedrooms and a bathroom on the second floor.
	速记:
7.	There is also a garden around the house.
	速记:

8.	Flowers, trees and shrubs are usually grown in front of the house.
	速记:
9.	We also have a lawn in the garden.
	速记:
10.	In the backyard we have a vegetable garden, we plant vegetables
	there.
	速记:
Pa	rt B: Living Room
11.	In the living room there are two armchairs and three sofas.
	速记:
12.	On the coffee table there is an ashtray, a tray, a whisky bottle, a
	soda bottle and several glasses.
	速记:
13.	There is a TV set and a Hi-Fi stereo in the middle of the suite.
	速记:
14.	After dinner we usually go into the living room.
	速记:
15.	In the living room we sit in the armchairs, sometimes we lie on
	the sofa relaxing ourselves.
	速记:
16	. Occasionally we may watch TV very late into the night when there
	is a good film or a football game being shown.
	速记:
17	. Thanks to TV we are informed of the latest news from every corner
	of the world.
	速记:
18	. We also drink tea and coffee while watching TV or reading news-
	paper.

	速记:
19.	When we have visitors we take them into the living room.
	速记:
20.	Generally speaking, the living room is the largest room of the
	house.
	速记:
21.	There is telephone in the living room and there may be an exten-
	sion in a bedroom.
	速记:
22.	When I am out of the house I usually carry my mobile phone,
	which is very convenient.
	速记:
23.	With the development of modern technology, we feel closely con-
	nected with people all over the world.
	速记:
Pai	t C: Kitchen and Dining Room
24.	In the kitchen there are a gas cooker, an electric cooker, an ov-
	en, a whistling kettle and a cooker hood.
	速记:
25.	There is a cupboard over the stove and beside it there is a cutlery
	drawer.
	速记:
26.	We keep the plates in the cupboard and cutlery in the cutlery
	drawer.
	速记:
27.	速记:
27.	There are several kinds of cutlery such as knife, fish spoon, serving fork, potato server and butter knives.
27.	There are several kinds of cutlery such as knife, fish spoon, ser-

28.	There are also utensils for squeezing lemons and oranges and for
	opening cans.
	速记:
29.	We use all kinds of cutlery to cut meat or vegetables, and to peel
	fruits or vegetables.
	速记:
30.	Housewives usually cook meals and keep the house tidy, some-
	times husbands also cook at weekends.
	速记:
31.	Bread and potatoes are the main food for western people, while
	rice and noodles are the staple food for most Chinese.
	速记:
32.	Waste paper, vegetable peelings and fruit pips are usually thrown
	into the pail.
	速记:
33.	All this garbage is cleared every day into the big trash can out-
	side.
	速记:
34.	In the dining room there is a table, six chairs and a refrigerator.
	速记:
35.	On the refrigerator there is a vase of flowers, in the refrigerator we
	keep beef, pork, eggs, fruits and vegetables.
	速记:
36.	We keep the dinner set, the coffee set and the milk jug inside the
	sideboard.
	速记:
37.	Under the window rail there is a net curtain and a velvet curtain.
	速记:
38.	In the evening we sit together with the family enjoying our dinner.
4	

	速记:
39.	At weekends we usually go shopping and have dinner at restau-
	rants.
	速记:
Par	t D: Bathroom and Toilet
40.	In the bathroom there is a bath, a toilet and two washbasins, too. 速记:
41.	On the rail there is a powder box, mouthwash, and electric shaver and aftershave lotion.
	速记:
42.	By the side there is a toilet and a bathroom tissue holder.
	速记:
43.	Modern homes now may have more than one bathroom.
	速记:
44.	Shampoo and body lotions are also used to wash our hair and
	body.
	速记:
45.	Some people don't wash their hair every day so they wear a shower
	cap while taking a shower.
	速记:
46.	In the bathtub you can relax and lie while taking a bath.
	速记:
47.	I often take a shower in the morning to refresh myself.
	速记:
Pa	rt E: Bedroom
48.	In the bedroom, there is either double bed or single bed.
	速记:

49.	The bedding consists of a bedspread, a duvet, a linen sheet, a
	mattress and one or two pillows.
	速记:
50.	Beside the bed there is a bedside cabinet, on which there is usu-
	ally a reading lamp.
	速记:
51.	Some people also have a telephone extension by the bedside.
	速记:
52.	There is a ceiling light or other lamps in the bedroom, too.
	速记:
53.	The light switches are placed on the wall near the door.
	速记:
54.	With the development of electrical appliances, we need more and
	more switches and sockets in our homes.
	速记:
55.	Usually, there is a dressing table against the wall, to which a
	mirror is attached.
	速记:
56.	On the dressing table are combs, powder boxes, perfume bottles, $% \left(\frac{1}{2}\right) =\frac{1}{2}\left(\frac{1}{2}\right) \left(\frac{1}$
	etc.
	速记:
57.	In front of the dressing table there is a dressing stool.
	速记:
58.	In it we also keep underwear, handkerchiefs, socks, gloves, etc.
	速记:
59.	At the bottom of the wardrobe, shoes, boots, sandals, slippers
	are kept.
	速记:
60.	Most people get up before eight, but still some others like to get

	up late.
	速记:
61.	Those who have to get up early usually need an alarm clock to
	wake them.
	速记:
62.	After breakfast, those who must go to work or school leave.
	速记:
63.	If the kids are too small, mothers have to drive them to kindergar-
	tens or primary schools.
	速记:
64.	After they leave, housewives begin to make beds, wash dishes,
	clean the rooms, etc.
	速记:
65.	Family members usually share the task of cleaning the whole
	house.
	速记:
66.	The children are also encouraged to do the housework for a certain
	amount.
	速记:
67.	This will help them build up the sense of responsibility when they
	are young.
	速记:
68.	Housework may be very boring but it involves a great deal of labor
	and care.
	速记:

Part F: Food

69. People seem to get accustomed to various kinds of foods rather than only one food.

	速记:
70.	In America there are totally different eating customs throughout
	the country.
	速记:
71.	Italian food, French food and Chinese food are available almost
	everywhere.
	速记:
72.	Hamburgers and hot dogs are perhaps the best-known American
	foods.
	速记:
73.	For dessert you will be offered apple pie, cheesecake, chocolate
	and ice creams, etc.
	速记:
74.	In great chain restaurant companies like McDonald's, you can get
	fast food at the counter ready "to go", or "to take out".
	速记:
75.	Restaurants and coffee shops serve customers efficiently and a
	friendly way.
	速记:
76.	Although many people love Chinese food, some say it is too spic-
	у.
	速记:
77.	In China, you don't have to tip but you have to tip in Chinese res-
	taurants abroad.
	速记:
78.	Supermarkets are large self-service stores with various kinds of
	commodities.
	速记:
<i>7</i> 9.	As the service is efficient and the cost is low, their commodities

	are less expensive and easier to sell.
	速记:
Par	t G: Family Member
80.	I'm the father of Jingjing and Sulan, and my wife is their mother,
	they are our daughters.
	速记:
81.	My father and mother are my wife's parents-in-law.
	速记:
82.	My parents are Jingjing and Sulan's grandparents.
	速记:
83.	Jingjing and Sulan call my brother John uncle and they are his
	nieces.
	速记:
84.	Li Lan has a younger sister, who is the aunt of Jingjing and Su-
	lan.
	速记:
85.	The son of Li Yan's, Rolly, is our nephew, Jingjing and Sulan's
	cousin.
	速记:
86.	Parents and children make up a family in the strict sense of the
	word.
	速记:
87.	People who share an ancestor are called relatives.
	速记:
88.	When a man and a woman legally married, they are each other's
	spouse.
	速记:
89.	The man refers to the woman as his wife and the woman calls the

	man as her husband.
	速记:
90.	The members of a family living together may belong to three gen-
	erations.
	速记:
91.	But now people tend to live independent of their parents.
	速记:
92.	A nuclear family consists of parents and their children only.
	速记:
93.	Grandparents, uncles, aunts, and cousins usually don't live near
	one another.
	速记:
94.	Family links sometimes are more important in some parts of the
	world than in others.
	速记:
95.	But sometimes it is hard to keep these family relationships.
	速记:
96.	Young people may move to another neighborhood or city after mar-
	riage.
	速记:
97.	But still, family relationships are an important part of Chinese A-
	merican culture.
	速记:
Par	t H: Neighbors
98.	With expansion of urban population, more and more families
	crowd themselves into apartments in high buildings.
	速记:
99.	As everybody is pressed for time, we rarely get to meet our neigh-
16)