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Ken Methold /著 Heather Jones

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量世纪

中学英语分级阅读

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上海教育出版社

适合七年级



NEW CENTURY READINGS

星世纪 中学英语分级阅读 (适合七年级)





上海教育出版社

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前言

《星世纪 中学英语分级阅读》是专门为中学生和专科学生精心设计的一套阅读丛书。

- ◆ **内容特色:** 引入全新的课外阅读模式,精选各类主题文章,可以大大激发学生的阅读兴趣, 提高阅读技能,同时不断巩固和扩大词汇量。
 - √ 话题按学生兴趣而设,有名人轶事;有世界著名品牌,如可口可乐、李维斯的成长史; 有超自然现象和自然灾害事件;还有世界各地有关时尚、科学、技术等领域的精彩故事;内容新颖,引人人胜。
 - √根据词汇的难易程度分为5级,每一级包含18篇文章,文中语言活泼生动,表达方式 简单易懂,每篇文章根据内容需要精选8个生词或词组,并配有相应练习,帮助学生 准确掌握。
- ◆ **练习特色**:该阅读系列可以作为学生自我训练的学习用书,是一套可以培养阅读兴趣, 锻炼阅读技巧,提高阅读水平的练习用书。练习题型分为:
 - √ 阅读练习(Main idea & Looking for detail) 包括主旨理解和寻找细节两部分,不仅考查学生对文章大意的回顾总结,还考查学生 在阅读文章时对细节的敏感度。
 - √ 词汇强化(Vocabulary)

连线练习考查学生对文中新词的理解,同时这些词汇还将在下面的动词短语练习和惯用语练习中得到进一步强化,从而达到巩固和扩大词汇量的目标。

√看图理解(Picture comprehension)

要求学生根据对文章的理解,从五幅图片中选出能够再现文章中某个重要细节的选项,仍然是考查学生对于文章细节的把握。

√全文概要 (Summary)

以选词填空的形式对文章大意进行概括,既是对整篇文章的梳理回顾,也是对学生语 法知识和逻辑思维能力的考查。

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Pre-reading activity 阅前思考

- 1. Do you sometimes eat outside? If so, where?
- 2. Why might you eat outside?
- 3. What food do you like to eat outside?

Most people like having a picnic. But what does the word mean? Where does it come from? What is a picnic?



The word "picnic" **stems from** the French words "piquer," which means "to pick" or "take," and "pique-nique," which means "a small coin."

For most people, a picnic is a **casual** meal that they eat outside the home, usually in a park, by a river, or even sitting in a car if the weather is cold and wet.

At one time, however, people had picnics at home at their own dinner tables. Everyone who came to one of these picnics brought a plate of food and could take – or pick – small pieces of food from each plate. They had a *pique-nique*. People in Britain **went in for** this kind of meal. The British used the French words for it, but changed the letters to make "picnic." This is the way we write it today.

In some countries there are big picnics to celebrate special days. **Crowds** go to parks for these picnics. For most people, though, a picnic is usually just a small family **gathering**. They **pack** some food and drinks **into** a basket, **get in** the car and **drive off** to a nice place in the country or by the ocean.



New words 新词表

to come from something stem from

not special casual

If people go in for something, it is popular. go in for

a large group of people crowd

a meeting of a group of people gathering

to put things into, for example, cases and boxes for taking pack into

somewhere or putting away

If you get in a car, you go inside it. get in

drive off to leave somewhere in a car



Main idea

Circle the correct answer.

The story is about

- 1. the French language. It had been believed as it and in a change tear
- 2. small meals that we have outside our homes.
- 3. coins and money.
- 4. English and French food.



Looking for detail pig 寻找细节 ng ro - salat bluog bas boot

Circle the correct answer.

- 1. At one time picnics took place
 - a. outside. b. inside. c. in cars. d. by the river.
- 2. In the past everyone who came to a picnic
 - a. paid for their food. c. brought a small coin.
 - d. brought food. b. sat in the car.
- 3. Today people usually have picnics
 - a. at a restaurant. c. on special days.
 - d. at the dinner table. b. in France.



| 1. | Draw | lines | to | match | the | words | in | A | to | the | words | in | B | to | make |
|----|--------|-------|----|-------|-----|-------|----|---|----|-----|-------|----|---|----|------|
| | senter | nces. | | | | | | | | | | | | | |

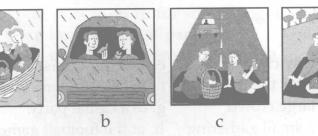
| | A | В | | | | | | | | |
|----|--|--|--|--|--|--|--|--|--|--|
| | b. I'm going to be late for the train as c. There is usually a large crowd | e. I haven't finished packing. to celebrate my birthday. g. to a casual party. h. at the football game. | | | | | | | | |
| 2. | In the passage you read, "drive off to write the correct expression with drive | | | | | | | | | |
| | a drive 驾车旅行,兜风 drive drive-in 免下车(电影院) drive | | | | | | | | | |
| | a. A: What are you doing today? B: I thought I might go for in the country. | | | | | | | | | |
| | b. A: Do you want to see a movie tonight?B: Yes, let's try the new across town. | | | | | | | | | |
| | c. A: Did you see where they went? B: Yes, they in his car a few minutes ago. | | | | | | | | | |
| | d. A: You certainly know how to B: I was certain I was right. | your point. | | | | | | | | |
| 3. | Choose and write the correct word or wo | ords. | | | | | | | | |
| | a. Her bad mood the wet we | eather. causes/stems from | | | | | | | | |
| | b. My family fun holidays. | goes out on/goes in for | | | | | | | | |
| | c. Tim in the car before I coustop him. | ald drove in/drove off | | | | | | | | |
| | d. Would you like to tonight | ? get in/go out | | | | | | | | |



Picture comprehension 看图理解

Put a check under the picture that shows one way of having a picnic.













Summary 全文概要 全文概要

Use the words in the box to complete this summary of the story.

drinks food basket inside outside from coin

We get the word "picnic" (a) the French words "piquer," which means "to pick" or "take," and "pique-nique," which means "a small (b)." At one time, everyone who went to picnics brought small pieces of (c) like coins on plates for everyone to eat. The first picnics were (d) people's homes, but today we go (e) for picnics. Most people take a (f) of food and (g), and drive to a nice place in the country or by the ocean.

- (a) ______
- 3. Chaose and write the costest is a structure in a contest in



Ship of the desert

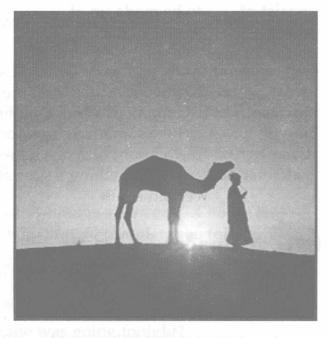
沙漠之舟



Pre-reading activity 阅前思考

- 1. What animals help people in your country?
- 2. How do they help?
- 3. Where do they live?

Many people believe that a camel's hump is full of water. They believe that this is the reason why camels do not have to drink very often, but they are quite wrong. A camel's hump is not full of water. It **consists** mostly **of**



fat. The camel's body can use this **stored** fat later when it is hungry, but it does not help the camel **go for a long time without** drinking. A camel can do this because it does not **sweat** very much.

When people – and most other animals – get hot, they sweat. This is how our bodies **stay cool**. Sweat is mostly water from the body. When people sweat, they lose water and soon have to drink. If they do not drink water, they die. When a camel gets hot, though, it does not sweat very much. It does not lose much of the water in its body and therefore does not need to drink very often.

There is very little water in the desert, so any animal that does not need much water is very useful for **conveying** people and things across long **distances**. Camels can travel a long way without stopping for food or water. This is why the camel is called "the ship of the desert" – it carries its food and water with it and can survive for a long time between towns.

People still **make use of** camels in the deserts of North Africa and in many other places.



New words 新词表

consist of to be made up of
stored kept for later

go for a long

time without to do or survive without something for a long time

sweat to give off water from the skin when it is hot

stay cool to remain at a cool temperature

convey to take something from one place to another distance the amount of space between two points

make use of to use something, especially to achieve (完成,达到) a

certain result



Main idea 主旨理解

Circle the correct answer.

The story is about

1. a desert animal that helps people. 3. camels and their families.

2. life in hot deserts.

4. how to live in the desert.



Looking for detail 寻找细节

Circle the correct answer.

1. A camel's hump consists mostly of

a. sweat. b. fat. c. water. d. bones.

2. Camels are not like people because they

a. lose a lot of water. c. get hot.

b. are never hungry. d. do not sweat much.

3. Camels are unusual because they

a. like people and are called ships.

b. have a hump and die without water.

c. do not sweat much and have a hump that is mostly fat.

d. live in the desert and often have to eat.



Vocabulary 词汇强化

| 1. | Draw | lines | to | match | the | words | in | A | to | the | words | in | B | to | make |
|----|--------|-------|----|-------|-----|-------|----|---|----|-----|-------|----|---|----|------|
| | senter | nces. | | | | | | | | | | | | | |

В

| | b. Ice cream consists of f. for a long. I don't want this old desk, so g. a long time. | make use of it? Ig time. me without water. eam and sugar. |
|----|---|--|
| 2. | In the passage you read, "our bodies stay write the correct expression with stay to com | |
| | staying over 过夜 stay coo stay away 离开 stay out | l 保持冷静 在户外 |
| | a. A: Did Rachel say where she was going toB: Yes, she's at Julie's house. | night? |
| | b. A: They should be home by now. They know allowed to this late. | ow they're not |
| | c. A: I thought I told you to from B: I know, but he just turned up at the hou | |
| | d. A: I'm going to sit under this tree so I can | <u> </u> |
| 3. | Choose and write the correct word or words. | |
| | a. People when they get hot. | open/sweat |
| | b. There is a large between Japan and France. | place/distance |
| | c. Ships are often used to goods around the world. | travel/convey |
| | d. You should try to your time instead of sleeping all day. | spend/make use of |
| | | |



Picture comprehension 看图理解

Put a check under the picture that shows why camels are called ships of the desert.











TŘ.

lat

Summary 全文概要

Use the words in the box to complete this summary of the story.

hump useful drink desert stored without much

The camel is an unusual animal. It has a (a) on its back that is mostly fat. The camel can use this (b) fat when it is hungry. The camel also does not sweat (c). So when it is very hot, it does not need to (d) a lot of water. This makes the camel very (e). It can carry people and things a long way (f) stopping for food or drink. This helps the people of the (g).

- (a) _____
- (b) _____
- (c)
- (d)
- (e)
- (f)
- (g) _____

3

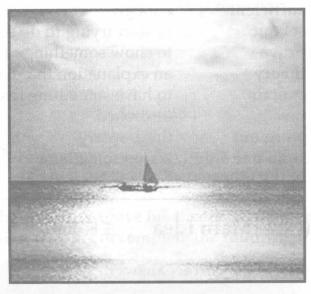
Staying alive at sea 海上求生



Pre-reading activity 阅前思考

- 1. Have you ever been on a journey on the ocean?
- 2. What is the nearest ocean to your country?
- 3. Do you know any stories about the ocean?

It can be dangerous to travel on the ocean. Ships sometimes sink far away from land. When this happens, the sailors have



to get into small lifeboats. If another ship does not come and help them, and they do not have **sufficient** food or water, they may die.

Most people believe that we must not drink sea water. They believe that if we do, we shall be very ill because of all the salt in the water. But a doctor named Alain Bombard did not believe this. He thought that people could survive at sea by drinking sea water and eating small fish, animals and plants from the ocean. On October 19, 1953, he **set out** to **prove** his **theory** by crossing the Atlantic Ocean in a small boat. He did not take any food or water with him.

Every day, Dr. Bombard drank just a little sea water. He also caught fish and they **contained** water. He drank this water. He could not cook the fish, so he ate them **raw**. He took small plants from the ocean, which gave him more food.

Dr. Bombard became hot, **worn out** and quite ill, but after sixty-five days at sea, he was still alive. He traveled 1,700 kilometers **from one side** of the Atlantic Ocean **to the other**, and on December 24, 1953, he reached Barbados¹.

He had lost 20 kilograms in weight, but he proved that people can survive on both sea water and the animals and plants in the ocean.

¹ **Barbados** a country occupying the easternmost island of the West Indies 巴巴多斯, 西印度群岛最东端岛屿的一个国家



New words 新词表

sufficient enough

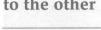
to start trying to do something set out to show something to be true prove

an explanation that has not been proved theory

to have something inside contain

uncooked raw tired, weary worn out across something

from one side to the other



Main idea 主旨理解

Circle the correct answer.

The story is about

3. an unhappy doctor. 1. drinking sea water.

4. eating good food. 2. a dying sailor.



Looking for detail

Circle the correct answer.

- 1. Alain Bombard was
 - a. an old sailor. b. a fisherman. c. a doctor. d. a cook.
- 2. He wanted to prove that
 - a. sea water was dangerous.
 - b. fish were good for people.
 - c. sailors often died.
 - d. people could drink sea water and not die.
- 3. During his journey Dr. Bombard lived on

c. food that he cooked. a. sea water.

d. only fish. b. sea water, fish and small plants.



Vocabulary 词汇强化

1. Draw lines to match the words in A to the words in B to make sentences.

| | A | | | | | | | | | |
|----|--|--|--|--|--|--|--|--|--|--|
| 2. | a. No one will believe you b. It is only a theory, c. This homework is not good; d. To pass an exam, you need e. not a fact. f. a sufficient amount of knowledge. g. unless you can prove it. h. it contains a lot of mistakes. In the passage you read, "he set out to prove his theory" Choose and write the correct expression with set to complete the following. | | | | | | | | | |
| | set back 阻碍 setting aside 储蓄 set up 安排 set out 开始 | | | | | | | | | |
| | a. A: What did you do today? B: Well, I to finish an essay (论文), but I didn't have enough time. | | | | | | | | | |
| | b. A: I didn't know you had this much money.B: I've been\$20 each week for our vacation. | | | | | | | | | |
| | c. A: Jill, could you a meeting with Mr. Berry for me? | | | | | | | | | |
| | d. A: This bad weather couldn't have come at a worse time. B: Yes, the work has been three weeks. | | | | | | | | | |
| 3. | Choose and write the correct word or words. | | | | | | | | | |
| | a. I to get the highest grade and I did! set up/set out | | | | | | | | | |
| | b. Most salads are made of vegetablesnew/raw | | | | | | | | | |
| | c. You look terrible! You must be really tiring/worn out | | | | | | | | | |
| | d. He went all around the edge of the park, and looking for the lost dog. from one to another from one side to the other | | | | | | | | | |



Put a check under the picture that shows Dr. Bombard at the end of his journey.











a b

C

d

Summary

Use the words in the box to complete this summary of the story.

lived without water die prove across took

Many people die at sea because they have no food or (a). Dr. Bombard wanted to (b) that people can drink sea water and not (c). He traveled (d) the Atlantic Ocean in a small boat (e) food or water. His journey (f) sixty-five days. He (g) on fish, sea water and small plants. When he reached Barbados, he was tired and quite ill, but alive.

- (a) 2001 April 10 6 A