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中文翻译版

骨科高级重建丛书

足踝关节重建

Advanced Reconstruction Foot and Ankle



科学出版社

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Advanced Reconstruction Foot and Ankle

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内 容 简 介

本书就足踝外科疾病治疗中最常见的一些问题进行了讨论。内容包括踇趾疾病、第二~五趾疾病、扁平足、肌腱疾病、关节炎、运动损伤、足踝创伤、糖尿病足、足部神经病变 9 个部分,分为 76 个问题分别进行分析阐述。每个章节从问题的提出到诊断和鉴别诊断,从治疗的分析到作者治疗的选择,既有现代足踝外科理论,又有自己经验的介绍。每个章节均由足踝外科领域享有盛名的专家执笔,他们对每个临床问题都推荐了多种治疗方案,但每章的亮点在于选择某种特定的治疗方法时,作者本人所持的见解及原理阐述。

本书丰富的内容对足踝外科专业医生和治疗足踝部疾病的其他科医生具有重要的临床指导意义和参考价值。

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序

在开发教材方面,美国骨科医师学会与专业学会的合作由来已久,其中最好的例子当属骨科新进展丛书。第一卷《足踝外科新进展》于10年前出版,当时深受读者好评。目前,第三版已问世。众多的骨科医生及专科医生认为,这种形式的合作对教材的发展具有极其重要的推动作用。在我们众多的出版物中,骨科新进展丛书是最受欢迎的教材之一。

我非常高兴地看到美国骨科医师学会与美国足踝关节外科医师学会(AOFAS)再次合作,出版了《足踝关节重建》,它堪称首部真正意义上的“技术原创”著作。在编写这部新教材之时,美国骨科医师学会认真听取了AOFAS会员的建议,后者意识到其会员及普通骨科医生都非常需要这类出版物,鉴于此,Pfeffer医生、James Nunley医生、Roy Sanders医生、Elly Trepman医生等诸位编者及学会的出版部门协力为繁忙的临床医生提供了一部宝贵的教科书。

在工作中,两个学会之间的合作取得了非常显著的成就,这对于我们的学科发展也是至关重要的。我们很珍视这样的合作,希望这种合作不仅能提高读者的理论认识,更能落实到实践工作中去。

两个学会付出的不懈努力为理论与实践的完美结合搭建了一座桥梁,我们每个人也都从中受益匪浅。

祝贺主编和作者取得的这项令人激动的成就!

美国骨科医师学会主席

James H. Herndon, MD, MBA

译者前言

近年来,足踝外科在国内得到蓬勃发展。很多地区成立了足踝外科专科,从事足踝外科的专科医生也越来越多。但一些医生在涉足了足踝外科领域后发现,足踝部疾病的诊治并不像原先想象的那么简单,一种疾病可能会面临多种治疗选择,一些手术容易出现多种并发症。这些医生渴望学习、提高,从而加深对足踝部疾病的认识,以求达到更好的治疗效果。

由美国骨科医师学会组织编写的骨科高级重建丛书深受骨科医生的欢迎。其中《足踝关节重建》分册是由美国足踝关节外科医师学会组织了 81 位当今活跃在世界足踝外科领域的美国和欧洲的知名专家撰写。这些专家很多为我们所熟知,他们具有丰富的临床经验和深厚的理论基础。我们看到他们在足踝外科的某个领域已进行了多年的研究。可以说,本书是美国足踝关节外科医师学会集体的创作,可以反映当今足踝外科最高水平。本书的另一个特色在于对临床治疗中最常遇见的一些问题进行分析讨论。如踝外翻手术中常见的一些问题:伴有 DMAA 增大的踝外翻、踝外翻手术后的僵硬、踝内翻、截骨畸形愈合和不愈合、第一跖骨截骨后的短缩等。其他一些足踝部常见疾病,如拇趾疾病、第二~五趾疾病、扁平足、肌腱疾病、关节炎、运动损伤、足踝创伤、糖尿病足、足部神经病变的讨论被包含在本书的第 9 篇第 76 章中。本书以更为详尽、集中、实用的视角,对复杂的足踝外科问题及其治疗进行评述。作者对每个问题分析得透彻,提出的治疗意见有理、有据。文中既有对现代足踝外科理论的阐述,也有对作者自己治疗经验的介绍。他们对每个临床问题都推荐了多种治疗方案,但每章的亮点在于选择某种特定的治疗方法时作者本人所持的见解及原理阐述,因而具有重要的临床指导意义和参考价值。

首都医科大学附属北京同仁医院成立足踝外科已有十余年,虽然积累了一些治疗足踝部疾病的经验,但仍然感觉到知识的不足。经过数月的努力,我科的部分中青年医生利用业余时间将这部优秀的专著翻译成中文,其间虽然辛苦,但感觉收获颇丰。我们非常愿意将本书推荐给那些从事足踝外科专业的同仁和那些治疗足踝部疾病的骨科医生。

最后,鉴于我们的水平有限,在翻译过程中难免会出现错误和疏漏之处,尚祈读者不吝赐教,批评指正。

首都医科大学附属北京同仁医院
张建中

前 言

《足踝关节重建》是关注骨科临床中遇到的复杂问题及其并发症的骨科高级重建丛书之一,该丛书的每一卷都着眼于骨科的一个亚学科领域,力求深入、全面地覆盖该领域内的问题,并为每个临床问题提供数种解决方案,同时加以详细解析。骨科高级重建丛书由骨科新进展丛书衍生而来,所不同的是,后者始终致力于回顾目前及新出现的研究进展,而骨科高级重建丛书则试图通过更为详尽、集中、实用的视角,对复杂的骨科问题及其治疗进行评述。其中,有关足踝手术的一卷其受众为两个群体:一为普通骨科医生,他们在立足于目前治疗现状的基础上,希望能够获取前沿信息;一为足踝专科医生,他们需要更为专业的教材,通过简明、易理解的表述传递专业的见解。此卷的每个章节均由足踝外科领域享有盛名的专家执笔,他们对每个临床问题都推荐了多种治疗方案,但每章的亮点在于选择某种特定的治疗方法时作者本人所持的见解及原理阐述。

《足踝关节重建》是美国足踝关节外科医师学会(AOFAS)与美国骨科医师学会(AAOS)各尽所长,通力合作的产物。本书在每个章节都有详尽的阐释,原创性是其特点之一。读者会注意到,本书很少引用他人的文献。作者这样做的用意在于强调实用的、前沿的经验以及作者本人的体会,而非对文献的一般性总结。每个章节的格式统一,便于读者更方便快捷地获取信息。

我们要感谢 Brian Donley 医生和 William McGarvey 医生,以及介绍足踝外科先进技术的所有医生。附属 CD 光盘的信息与书同步,并在每个章节展示了许多相关产品。需要注意的是,视频中的信息可能与书有所差异。感谢学会成员为 CD 提供的资料。

特别感谢 AAOS、AOFAS 给予本书的大力支持,这是 AAOS 与专业学会紧密合作获益的又一例证。还要感谢执行主编 Lynne Shindoll 及编审 Joan Abern,因为没有他们的辛勤付出就不可能有《足踝关节重建》的诞生。此外,还要感谢出版部门 Mary Steermann、Sophie Tosta 和 David Stanley 等的鼎力支持,他们保证了出版质量。还应该感谢电子媒体部的 Reid Stanton 和 Ray Moore 为 CD 所做的工作。我们希望,骨科高级重建丛书能够成为您在骨科方面的精品藏书。

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第 1 篇 拇趾疾病

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伴有跖骨远端关节固角增大的拇外翻

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拇外翻术后僵硬

Arthur K. Walling, MD

拇内翻

Mark S. Myerson, MD

第一跖骨近端截骨术后畸形愈合

Roger A. Mann, MD

跖骨远端截骨并发症

E. Greer Richardson, MD

拇外翻术后第一跖骨短缩

James A. Nunley, MD

Lapidus 手术治中、重度原发性第一跖骨内翻和拇外翻

J. Chris Coetzee, MD, FRCSC

拇僵硬:关节唇切除术及融合术

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拇僵硬:关节外截骨术

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拇僵硬

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青少年拇外翻

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