



普通高等教育“十一五”国家级规划教材



○ 应用型英语专业系列教材

Upstream

Viewing Listen and Speaking

搏流英语

视听说教程

3

□ 主编 王 岚
□ 副主编 李志雪 陈春华

 高等教育出版社
HIGHER EDUCATION PRESS



普通高等教育“十一五”国家级规划教材

○ 应用型英语专业系列教材

Upstream

Viewing, Listening and Speaking

英语

视听说教程

3

□ 主 编 王 岚
□ 副主编 李志雪 陈春华
□ 编 者 蔡 红 吴南松 崔 莉

BOLIU YINGYU SHITINGSHUO JIAOCHENG

 高等教育出版社 · 北京
HIGHER EDUCATION PRESS BEIJING

图书在版编目(CIP)数据

搏流英语视听说教程. 3/王岚主编. —北京: 高等教育出版社, 2011.3

ISBN 978-7-04-031228-7

I. ①搏… II. ①王… III. ①英语—听说教学—高等学校—教材 IV. ①H319.9

中国版本图书馆CIP数据核字(2011)第017945号

策划编辑 贾巍巍 项目编辑 甘红娜 责任编辑 甘红娜 封面设计 王凌波
版式设计 刘艳 王东岗 责任校对 甘红娜 责任印制 张泽业

出版发行 高等教育出版社
社 址 北京市西城区德外大街4号
邮政编码 100120

经 销 蓝色畅想图书发行有限公司
印 刷 蓝马彩色印刷中心

开 本 880 × 1230 1/16
印 张 7.5
字 数 236 000

购书热线 010-58581118
咨询电话 400-810-0598
网 址 <http://www.hep.edu.cn>
<http://www.hep.com.cn>
网上订购 <http://www.landaco.com>
<http://www.landaco.com.cn>
畅想教育 <http://www.widedu.com>

版 次 2011年3月第1版
印 次 2011年3月第1次印刷
定 价 34.00元(含光盘)

本书如有缺页、倒页、脱页等质量问题, 请到所购图书销售部门联系调换。

版权所有 侵权必究

物料号 31228-00

前言

《搏流英语 视听说教程》是《搏流英语》系列教材中的一种，可与《综合教程》配套使用，也可以单独使用。

本教材具有以下特点：

1. 独特的编排方式

《搏流英语 视听说教程》是围绕《综合教程》的主题编排的，主题包括环境保护、旅游观光、健康饮食、商场购物、体育娱乐、自然灾害、教育培训、全球变暖、演讲技巧、历史遗产、现代生活、情绪宣泄、工作环境等热门话题；教材所配的视频、音频材料接近现实生活，为学习者提供了身临其境地接触英语国家生活和文化的机会。

2. 先进的教学理念

本教程的编写遵循“以学生为中心，以教师为主导”的先进教学理念。在授课中教师要尽量根据学生的语言水平、知识范围和学习能力，采用“对子、小组、个别”相结合的灵活多变的方式引导学生开展视听说练习；在学生尝试语言交流的基础上，有针对性地开展语言示范讲解，鼓励学生进一步开展语言活动；最后教师提供各种形式的反馈，层层推进，完成各项教学任务；课后的补充阅读部分可帮助学生进一步拓展知识面，拓宽视野，并开展积极有效的课后自主学习；在整个教学过程中，始终关注学生的情感，突出学生的主体地位，充分调动学生的学习积极性，发挥其主体作用。

3. 循序渐进的学习过程

《搏流英语 视听说教程》每单元的内容都是按照从易到难的顺序编排的，从熟悉词汇到热身练习再到其他各种形式的练习，各个环节的练习有助于激发学生的想象力，帮助他们获得日常交际所需的重要语言模式，使他们循序渐进地掌握所学内容，并付诸实践。

4. 教材与网站互相支撑

为方便全国各地的师生共享授课资源和学习资源、交流经验，携手共进，本系列教程还在高等教育出版社外语和国际汉语出版事业部的中国外语网（www.cflo.com.cn）上开发了专门针对本系列教程的课程教学备课平台，供全国教师相互交流、下载授课资源和各单元模块课堂活动组织设计方案，供学习者下载学习资源并展示各高校学生自己的学习成果。

《搏流英语 视听说教程》每册包括10个单元，每个单元包括视前练习（Before You Watch）、边看边练（While You Watch）、视后练习（After You Watch）、镜头回放（Watch Again）、每日英语（Everyday English）、拓展练习（Extended Exercise）和补充阅读（Supplementary Readings）等七个主要模块。

- ◆ 视前练习为学习者介绍本模块视频和音频中将要出现的词汇和结构，并通过填空练习帮助学习者熟悉这些词汇和结构，以便学习者在视和听之前有所准备，减少障碍；
- ◆ 边看边练是在观看视频的过程中做练习，水平较好的学习者可以一次做完，也可以根据学习者的实际情况，先看一遍视频掌握大意，然后边看边做；
- ◆ 视后练习以填空和多项选择的方式检验学生对视频中重复出现的词汇和句子等的掌握情况；
- ◆ 镜头回放聚焦于视频中出现的日常会话的语言细节和词汇。做练习时可以视学习者的水平重新播放视频。该模块的练习形式主要有回答问题、多项选择等；
- ◆ 每日英语要求学习者在看视频、做练习的基础上模仿刚刚学习的表达方式进行对话练习，以求真正掌握这些表达方式，并能熟练运用；
- ◆ 拓展练习要求学生听三遍录音后做填空题，第一遍只需要听录音抓住大意，第二遍边听边完成填空题，第三遍边听边核对填空内容是否准确；
- ◆ 补充阅读为学习者提供了与本单元主题相关的背景材料，可以要求学生在课前阅读，为视听说练习做准备，也可以在完成视听说练习后再阅读，以期进一步拓宽其知识面，增加相关知识的积累，开展有效的自主学习。

《搏流英语 视听说教程》可以有效提高学生的视听理解能力和口语表达能力，增强其跨文化交际意识，进而全面提高其英语实际运用能力，使其成为英语熟练使用者。

本教材的编写得到了高等教育出版社的大力支持，在此一并表示感谢。

限于编者水平有限，教材中难免存在遗漏谬误之处，恳请专家学者和广大师生批评指正。

编者

2010年11月20日

《搏流英语 视听说教程》是《搏流英语》系列教材中的一种，可与《综合教程》配套使用，也可以单独使用。

本教材具有以下特点：

1. 独特的编排方式

《搏流英语 视听说教程》是围绕《综合教程》的主题编排的，主题包括环境保护、旅游观光、健康饮食、商场购物、体育娱乐、自然灾害、教育培训、全球变暖、演讲技巧、历史遗产、现代生活、情绪宣泄、工作环境等热门话题；教材所配的视频、音频材料接近现实生活，为学习者提供了身临其境地接触英语国家生活和文化的机会。

2. 先进的教学理念

本教程的编写遵循“以学生为中心，以教师为主导”的先进教学理念。在授课中教师要尽量根据学生的语言水平、知识范围和学习能力，采用“对子、小组、个别”相结合的灵活多变的方式引导学生开展视听说练习；在学生尝试语言交流的基础上，有针对性地开展语言示范讲解，鼓励学生进一步开展语言活动；最后教师提供各种形式的反馈，层层推进，完成各项教学任务；课后的补充阅读部分可帮助学生进一步拓展知识面，拓宽视野，并开展积极有效的课后自主学习；在整个教学过程中，始终关注学生的情感，突出学生的主体地位，充分调动学生的学习积极性，发挥其主体作用。

3. 循序渐进的学习过程

《搏流英语 视听说教程》每单元的内容都是按照从易到难的顺序编排的，从熟悉词汇到热身练习再到其他各种形式的练习，各个环节的练习有助于激发学生的想象力，帮助他们获得日常交际所需的重要语言模式，使他们循序渐进地掌握所学内容，并付诸实践。

4. 教材与网站互相支撑

为方便全国各地的师生共享授课资源和学习资源、交流经验，携手共进，本系列教程还在高等教育出版社外语和国际汉语出版事业部的中国外语网（www.cflo.com.cn）上开发了专门针对本系列教程的课程教学备课平台，供全国教师相互交流、下载授课资源和各单元模块课堂活动组织设计方案，供学习者下载学习资源并展示各高校学生自己的学习成果。

《搏流英语 视听说教程》每册包括10个单元，每个单元包括视前练习（Before You Watch）、边看边练（While You Watch）、视后练习（After You Watch）、镜头回放（Watch Again）、每日英语（Everyday English）、拓展练习（Extended Exercise）和补充阅读（Supplementary Readings）等七个主要模块。

- ◆ 视前练习为学习者介绍本模块视频和音频中将要出现的词汇和结构，并通过填空练习帮助学习者熟悉这些词汇和结构，以便学习者在视和听之前有所准备，减少障碍；
- ◆ 边看边练是在观看视频的过程中做练习，水平较好的学习者可以一次做完，也可以根据学习者的实际情况，先看一遍视频掌握大意，然后边看边做；
- ◆ 视后练习以填空和多项选择的方式检验学生对视频中重复出现的词汇和句子等的掌握情况；
- ◆ 镜头回放聚焦于视频中出现的日常会话的语言细节和词汇。做练习时可以视学习者的水平重新播放视频。该模块的练习形式主要有回答问题、多项选择等；
- ◆ 每日英语要求学习者在看视频、做练习的基础上模仿刚刚学习的表达方式进行对话练习，以求真正掌握这些表达方式，并能熟练运用；
- ◆ 拓展练习要求学生听三遍录音后做填空题，第一遍只需要听录音抓住大意，第二遍边听边完成填空题，第三遍边听边核对填空内容是否准确；
- ◆ 补充阅读为学习者提供了与本单元主题相关的背景材料，可以要求学生在课前阅读，为视听说练习做准备，也可以在完成视听说练习后再阅读，以期进一步拓宽其知识面，增加相关知识的积累，开展有效的自主学习。

《搏流英语 视听说教程》可以有效提高学生的视听理解能力和口语表达能力，增强其跨文化交际意识，进而全面提高其英语实际运用能力，使其成为英语熟练使用者。

本教材的编写得到了高等教育出版社的大力支持，在此一并表示感谢。

限于编者水平有限，教材中难免存在遗漏谬误之处，恳请专家学者和广大师生批评指正。

编 者

2010年11月20日

Contents

Unit Smart Home, Green Home

1

4



Unit That's Life!

2

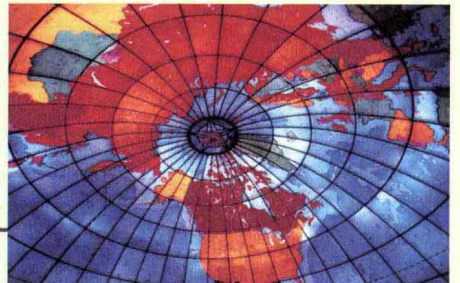
14



Unit Experiencing the World

3

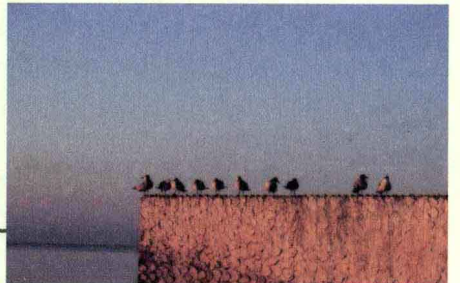
24



Unit Environment

4

34



Unit Health

5

46





Technology Unit

60

6



Shopping Unit

72

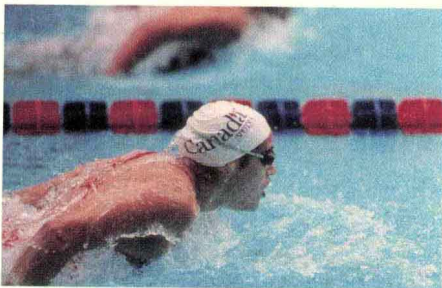
7



Healthy Eating Unit

82

8



Sports and Entertainment Unit

92

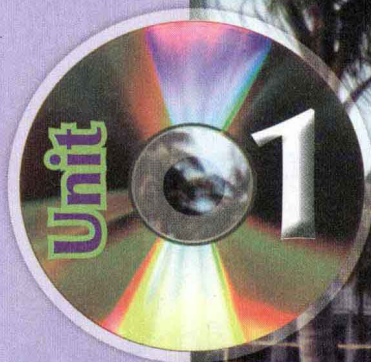
9



Disasters Unit

104

10



Smart Home, Green Home

Before You Watch

1 Familiarize yourself with the following words and expressions. Then choose appropriate ones to fill in the blanks.

gadget ['gædʒɪt] *n.* a small specialized mechanical or electronic device

commute [kə'mju:t] *n.* the trip made by one that travels regularly from one place to another, as from suburb to city and back

log on to do the necessary actions on a computer system that will allow you to begin using it

sprinkler ['sprɪŋklər] *n.* a device with perforations through which water issues from a hose to scatter a lawn

humidity [hju:'mɪdətɪ] *n.* dampness, especially of the air

monitor ['mɒnɪtə(r)] *n.* an electronic device used to record, regulate, or control a process or system

renovation [ˌrenə'veɪʃən] *n.* restoration to an earlier condition, as by repairing or remodeling

Victorian [vɪk'tɔ:riən] *adj.* being in the highly ornamented, massive style of architecture, decor, and furnishings popular in 19th-century England

asbestos [æs'bestəs] *n.* a gray mineral that does not burn easily, that was used in the past as a building material or in protective clothing

insulation [ˌɪnsju'leɪʃən] *n.* a material or substance used to prevent the passage of heat, electricity, or sound into or out of

shed [ʃed] *n.* a small structure, either freestanding or attached to a larger structure, serving

for storage or shelter

crowbar ['krəʊbɑː(r)] *n.* a heavy iron bar used to lift something or force it open

fluorescent [ˌflʊə'resənt] *adj.* fluorescent colors are very bright and easy to see, even in the dark

socket ['sɒkɪt] *n.* an opening or a cavity into which an inserted part is designed to fit

clog [klɒɡ] *v.* to become obstructed or choked up

geothermal [ˌdʒiːəʊ'θɜːml] *adj.* of or relating to the internal heat of the earth

bore [bɔː(r)] *n.* a hole or passage made by or as if by use of a drill

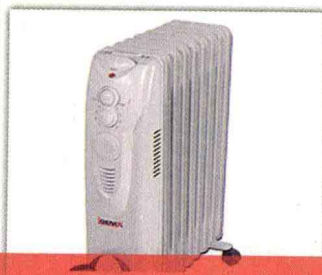
geek [giːk] *n.* 1. [slang] an odd or ridiculous person; 2. a boring, unfashionable person

- (1) Heavy traffic _____ the freeways.
- (2) He brought home a complicated new _____ for opening tins, which aroused the guest's interest.
- (3) The castle will undergo extensive and costly _____.
- (4) It's a long _____ from New York to Boston.
- (5) You have to _____ the system to check your mails.
- (6) My brother is a _____. He dresses like my grandfather and just sits in front of the computer all day long.
- (7) It's the _____ that makes it so uncomfortable today.

2 Do you know the household appliances in the following pictures? Match each item to its name and talk about its function.



oil-filled radiator



visible intercom door phone



shower head



oil-smoke extractor

3 Look at the pictures and talk about what is happening. Some key words have been provided.



couple / floor house / remodel home

assemble furniture / DIY

smooth / wall paper / corner / brush

While You Watch

4 Watch video clips 1 & 2 and choose the best answer to each of the following questions.

- (1) What cannot be done in a smart home?
- The air conditioner is turned on by a cell phone.
 - The commute from home to work is checked by cameras.
 - A snack is delivered to the master by a robot.
 - What's going on at home is seen by the master even if he is away.
- (2) What controls the devices around the house in Steve Lee's home?
- Wireless controllers in his company.
 - A multi-function touch screen.
 - Cameras connected to the Internet.
 - The right password to the devices.
- (3) What is the best part of the smart-home new technology for people?
- It can automatically turn on water sprinklers when humidity is low.
 - It can turn off a pool pump when not in use.
 - It can bring about security advantages.
 - It is not expensive any longer.

- (4) What is Matt and Kelly's purpose to renovate their old house?
- To keep the historic flavor of the old house.
 - To protect the house from tumbling down.
 - To make the house more energy-efficient and environment-friendly.
 - To preserve a heritage for their daughter.
- (5) Which part(s) of the house has / have been finished renovating?
- The living room and the bathroom.
 - The bathroom and the backyard.
 - The living room and the exterior.
 - Only the bathroom.

5 Watch video clip 1 again and decide whether the following statements are T (true) or F (false). Correct the false ones.

(1)

Steve Lee's company is committed to research and develop home automation equipment.

(2)

Steve turned on the kitchen counter lights at his boss's house in Wisconsin because he had a simple remote controller installed in his own kitchen in California.

(3)

Steve used to play tricks on his wife by using the automation devices.

(4)

Several hundred dollars is enough for a basic smart-home system.

(5)

The only acknowledged advantage of the smart-home system is convenience.

6 Watch video clip 2 again and decide whether the following statements are T (true) or F (false). Correct the false ones.

(1)

Matt and his wife Kelly bought a 200-year-old Victorian house.

(2)

They got rid of all the old carpets in the house.

(3)

The new toilet never clogs, because it uses more water every flush than the old one.

(4)

The new showerhead can help save thousands of gallons of water over its lifetime.

(5)

Matt and Kelly are using a very energy-efficient heating and cooling system in the house.

(6)

They have completed the renovation of the house and have made it ultra efficient.

(7)

They know how much energy they are consuming in the house by reading the WattVision Google Power Meter.

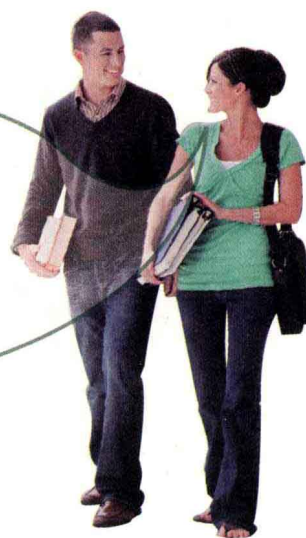
(8)

To restore America's old homes is not only about preserving history, but also about protecting future.

After You Watch

7 What is your ideal smart home like? Imagine and talk about it with your partner.

8 How do you understand "green" in video clip 2? How can people make their homes green? Talk, in pairs, about the green home in your mind,



**Watch Again****9 Watch video clip 1 again and fill in the blanks with appropriate words.**

- (1) By the time Steve Lee gets through _____ into his front door, the temperature inside the house is _____.
- (2) Steve Lee tests and lives with many of his company's home automation _____.
- (3) Steve had permission to _____ and was able to turn on the lights in his boss's kitchen.
- (4) A basic smart-home system is not hard to _____.

10 Watch video clip 2 again and fill in the blanks with appropriate words.

- (1) Matt Grocoff is the green renovation _____ for Old House Web and _____ of greenovation.tv.
- (2) Matt added _____ to every light switch in the house, which can turn off lights for them if they forget to do so.
- (3) Now they have a _____ flush toilet in the bathroom, which means that they can choose how much water they use to flush the toilet.
- (4) Their new showerhead is going to use _____ gallon(s) of water a minute less than an ordinary showerhead.
- (5) Three 150-foot-long bore holes were _____ put into the back yard of Matt's house for the geothermal system.
- (6) Matt's aim is to take their house all the way to Net Zero, which means it will _____ more energy than it _____.

11 Summarize what Steve Lee can do with the smart-home system in his house.**12 Discuss with your partner the significance of renovating old houses.**

Everyday English

13 Make sentences with the following expressions.

Do you mind if I ...

May I...

I'd like to...

As to me, ...

To my mind, ...

I suppose ...



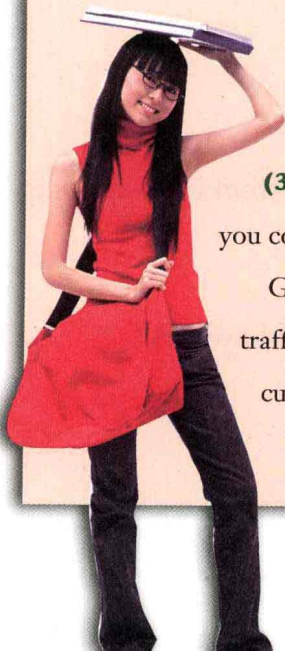
Extended Exercise

14 **Directions:** In this section you will hear a passage three times. When the passage is read for the first time, you should listen carefully for its general idea. When the passage is read for the second time, you are required to fill in the blanks numbered from 1 to 7 with the exact words you have just heard. For blanks numbered from 8 to 10 you are required to fill in the missing information. You can either use the exact words you have just heard or write down the main points in your own words. Finally, when the passage is read for the third time, you should check what you have written.

The Childproof Home

Every day, 60 kids in Canada go to the hospital because of (1) _____ in the home — falls, burns and (2) _____ poisonings are the three biggest culprits (罪魁祸首). You could rely on your (3) _____ little toddler to point out the hazards in your home, or you could read our handy guide to childproofing like a pro instead.

General rule: Move furniture with hard edges or sharp corners out of high-traffic areas, especially when toddlers are just learning to walk. If you'd rather buy cushioned corner-and-edge protectors, make sure they stay (4) _____



— lest they become a choking hazard.

Keep the TV on low, (5) _____ furniture and push it as far back on the furniture as possible. More than 100 kids visit emergency rooms each year when TV sets (6) _____ on them. Many larger TVs come with braces or anchors, but they're a good idea no matter the size of your set.

Check under the furniture and between seat cushions regularly. Coins, marbles, buttons and other choking hazards tend to (7) _____ there.

Put up a barrier around fireplaces. It can (8) _____. Turn the fireplace completely off, including the pilot flame (引火火焰), whenever it's not in use. Some experts advise (9) _____. Attach bookcases, tall dressers and other unsteady furniture securely to the wall with safety brackets, (10) _____.

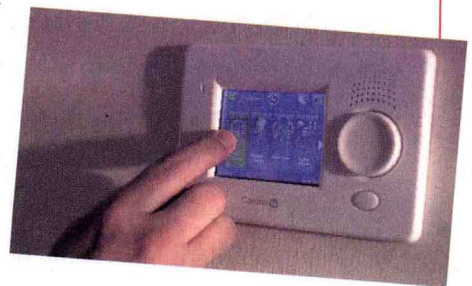


Supplementary Readings

Smarthome.com: Founded in 1992, Smarthome, Inc. is the world's leading designer, manufacturer and online retailer of home automation products. Smarthome provides products in lighting control, whole-house automation, security and surveillance (监视), home entertainment, gadgets and pet care. Smarthome's mission is to "make life more convenient, safe and fun."

Smarthome is a one-stop provider of thousands of products that allow consumers to automate their homes affordably and easily. Most applications are designed to make life more convenient, including controlling a wireless thermostat (自动调温装置) from bed, the audio system from any room in the home or pre-setting a floor warmer to turn on before the alarm clock goes off. Smarthome provides consumers peace of mind with products that safeguard the home whether the occupants are there or not. Smarthome offers products that can turn on house lights upon arrival, allow residents to see on television a visitor at the front door and notify the absent homeowner through e-mail if the system detects motion in the house or water in the laundry room. For fun, the company offers a variety of home entertainment devices as well as automated gizmos (小物件) and gadgets designed specifically for kids.

SmartLabs, Inc., founder and CEO Joe Dada, a formally trained engineer, also worked as an investment manager and was an early enthusiast (狂热者) of home automation products. He realized early on that these products would not be adopted by the masses if they were too expensive or too difficult to install. Dada overcame this perception by offering a catalog with simple,



convenient and inexpensive products to customize and automate the home designed for the average consumer. Dada privately funded Smarthome through a series of friend and family donations, savings, and small loans from the bank and published the first Smarthome catalog in 1992.

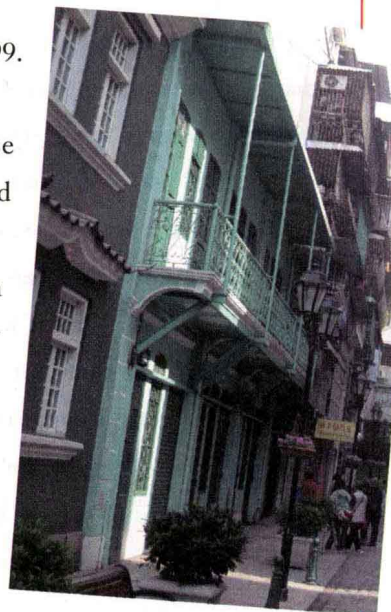
In February, 1995, SmartLabs' Smarthome became an Internet pioneer by launching one of the first e-commerce sites on the Web. By the end of summer of 1995, Smarthome.com had a full-functioning e-basket and search engine, which it continues to build upon today. The company credits its early success to the fact that many early Internet enthusiasts were also early adopters of home automation technology and gadgets.

During the dot-com era, while most businesses were marketing themselves as e-commerce sites, Dada was being pressured by investors to eliminate the Smarthome print catalog and exclusively become an online retailer. Dada and his team believed the Internet was an effective means in reaching additional customers and simplifying the order process. However, they also believed that most of the company's online orders were catalog-induced. To his credit, Dada continued the print catalog and was proven to be correct when other purely e-commerce sites disappeared.

Today, Smarthome prints more than four million catalogs per year and services (提供服务) customers in more than 130 countries. The company offers more than 5,000 items for the customized automation of the home. Customers can order through Smarthome's direct mail catalog, website at www.smarthome.com, and by phone.

The Old House Web: a profitable company established in 1999. It has since been publishing information with the following goals:

- Create the best story collection ever assembled for old-house enthusiasts, including how-to stories, features, design ideas and first-person old-house adventures;
- Create the most detailed archive (档案馆) available of information about products for the old house — plus the companies that supply those products;
- Create a fun and friendly community for old-house lovers — a place where enthusiasts can swap questions and solutions.
- Create a lively marketplace where suppliers and manufacturers can connect quickly and efficiently with people seeking to buy old-house products.



Greenovation.TV: launched on Earth Day (April 22nd) 2009 by Matthew Grocoff. The aim is to redefine television and redefine home. Its mission is to provide practical information in an entertaining format to help green every home in America. Holding that people all share one planet, it believes that in order to tackle energy deficiency, the water crisis, and climate disruption (混乱), every home in America must be retrofitted (翻新) to be more energy and water efficient. Matt believes greening homes is the best way to save money, help the economy, create jobs, make homes

more comfortable and help to avoid climate catastrophe and protect the one home people share. The ultimate goal is that every home should be able to produce its own energy, capture its own water, and manage its own waste.

At present, Matt and his wife Kelly are completing the renovation of a 110-year old home on the Old West Side neighborhood in Ann Arbor, Michigan. Using motion sensor occupancy light switches, efficient lighting, Energy Star appliances (“能源之星产品”，高效节能的产品), geothermal heating & a / c, dual flush toilets, high efficiency showerheads and faucets, rainwater capture, and improved weatherization, they have reduced their utilities by 75%.

