

初中英语阅读突破

闯关阅读
每周一练
轻轻松松
阅读拿满分

8 年级 上册

Smile is what everyone
needs
World without strangers

突破英语系列丛书

TOP English



青島出版社
QINGDAO PUBLISHING HOUSE

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前言 Preface

阅读是英语学习中的一个重要组成部分,阅读理解能力是英语学习中的一项重要学习能力,也是英语考试所占分值比例最高的部分。阅读能否取得高分,是英语考试成功的关键。初中阶段,学生不仅应具备足量的词汇、扎实的语法知识,还要保证一定的阅读量。为此我们编写了《初中英语阅读突破》,共5册,按年级编排。以下是本书的编写特色。

一、随堂阅读,同步突破。这套阅读以《英语课程标准(实验稿)》为准绳,与初中英语教学大纲同步,按照话题编写。每册选择学生生活中常见的、同时也是各类考试中常考的12至15个话题。每个话题单元选取5篇与话题结合密切的小文章,加深学生对所学知识的理解,丰富和拓展学生的知识面。文章难度随所学知识递增,适合随堂练习。

二、闯关阅读,每周一练。本书中每个话题所选用的5篇文章均按照由易到难的顺序编排,难度等级由每篇文章前的检测框中的星号标出。另外,检测框中写有每篇文章的单词数,方便学生根据不同文章的难度,了解自己的阅读速度。每册书中均有12至15个话题,适合学生按照所学进度。每周一次练兵,或按难度每天完成一篇,循序渐进地提高阅读能力。本书在最后还是选编了2套阅读模拟试题,全部为各个地区期末考试的原题,9年级则为中考题,方便学生在复习准备阶段进行模拟检测。

三、设题科学,贴近中考。本书的编写注重学生的阅读学习过程,在活动设计上,注意与各地中考题型的发展趋势相结合,既有常规题型正误判断、单项选择,又有任务型阅读,如根据短文内容完成表格、完成句子、回答问题等,还有阅读表达

等拓展延伸题型,有助于提高学生的阅读成绩。

四、体裁多样,难易适中。在体裁上,本套书尽量包括新课标要求的初中阶段学生应该掌握的记叙文、说明文、应用文、议论文等文体。并且难度适中,确保不同阅读水平的学生都能通过阅读本书有所收获。

五、内容丰富,语言地道。本套书阅读材料的选取信息量大,涉及生活、科技、文化、体育、艺术等多方面内容,具有时代气息,有利于培养学生兴趣,拓宽视野,增长知识,提高能力。

本书的设计目的在于启发学生积极思考,学会获取信息,运用信息,激发学生学习英语的兴趣,让学生在学习过程中得到快乐,提高成绩。希望同学们能每天读一点,取得英语学习的新突破。

在本书的编写过程中,虽然编者反复推敲,仔细核查,但难免有疏漏或不妥之处,诚盼读者朋友们提出宝贵意见和建议。

编者

2009年6月



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Topic 1

Free time activities 业余活动



阅读闯关 A

Many people like eating many different kinds of food in their free time .
What's your favorite food ?

许多人在业余时间喜欢吃各种各样的食物,那么你最喜欢吃什么?

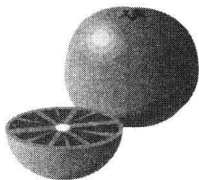
难度指数	文章词汇量	练习数量	阅读用时	对题数量
★	118	5		

Peter likes chocolate and coffee. He eats chocolate and drinks coffee all the time. His friends often tell him that he eats too much and drinks too much, but Peter doesn't think so. He thinks they're delicious.



Sally doesn't like vegetables or fruit. She never eats them . Her parents often tell her that vegetables and fruit are good for her, but Sally doesn't think so. She says they are not delicious.

Michael eats a lot of vegetables and fruit. He likes fruit, but he doesn't like vegetables. He knows vegetables are good for his health. He likes chocolate and coffee, but he never eats or drinks much because he thinks they are not good for him.



根据短文内容选择最佳答案。

() 1. Peter eats too much _____.

A. chocolate B. coffee C. vegetables D. fruit



- () 2. Sally doesn't eat vegetables or fruit because she thinks they are _____.
A. delicious B. good for her
C. not delicious D. not good for her
- () 3. Michael eats a lot of vegetables and fruit because he _____.
A. likes vegetables
B. likes fruit
C. likes vegetables and fruit
D. thinks they are good for his health
- () 4. _____ think he eats too much chocolate and drinks too much coffee.
A. Peter's parents B. Peter's friends
C. Peter's classmates D. None of them
- () 5. Sally's parents often tell her to eat _____.
A. vegetables and fruit B. vegetables only
C. fruit only D. chocolate



阅读闯关 B

What kind of extreme sports do you like? Why?

你喜欢哪种极限运动? 为什么?

难度指数	文章词汇量	练习数量	阅读用时	对题数量
★★	187	5		

Some people say, "Extreme sports are so dangerous. Why would anyone want to do them?" But the danger is what makes them so exciting. Keep reading to find out the most popular ones.

Bungee jumping People on some South Pacific islands have been bungee jumping for hundreds of years. In 1979, some people bungee jumped off a bridge in England





and made the sport popular around the world. Bungee jumping came to China in 1996.

Skateboarding At first, this sport was called “sidewalk surfing”. Skateboarders often jump high into the air, go down steps or slide down rails on their boards. They wear baggy trousers so they can move more freely.

Skydiving This is probably the scariest extreme sport. Skydivers jump out of air-planes about four kilometers up in the sky. They usually free-fall for a while and then open a parachute to slow down for a safe landing.

Snowboarding This became a winter Olympic sport in 1998. People tied their feet to the board with special shoes. They don't use any ski sticks. Then, they ride down hills, jumping high and do tricks.



Notes(注释):

extreme [iks'tri:m] <i>adj.</i>	极限的
bungee jumping	蹦极
Pacific [pə'sɪfɪk] <i>n.</i>	太平洋
slide [slaid] <i>v.</i>	滑行
baggy ['bægi] <i>adj.</i>	宽松的
parachute ['pærəʃu:t] <i>n.</i>	降落伞
landing ['ləndɪŋ] <i>n.</i>	降落
ski [ski:] <i>n. / v.</i>	滑雪
do tricks	表演特技

根据短文内容选择最佳答案。

- () 1. What made bungee jumping popular all over the world?
- A. A history of hundreds of years.
- B. Jumping over a river in England.
- C. Coming to China in 1996.





- D. Jumping off a bridge in Britain.
- () 2. In which sports do people jump from a plane or from a high place?
- A. Bungee jumping and skydiving.
B. Skydiving and skateboarding.
C. Bungee jumping and skateboarding.
D. Snowboarding and skateboarding.
- () 3. What don't skateboarders usually do?
- A. Jump high into the air.
B. Wear baggy trousers.
C. Free-fall from very high of the sky.
D. Go down steps.
- () 4. Which is a winter Olympic game?
- A. Snowboarding. B. Bungee jumping.
C. Skateboarding. D. Skydiving.
- () 5. Why do some people like to do the extreme sports?
- A. It's exciting and safe. B. It's dangerous but exciting.
C. It's scary but safe. D. It's easy to learn.



阅读闯关 C

Different people prefer different free time activities. The following passage describes different people's ways of enjoying life.

不同的人喜欢不同的业余生活。下面的文章就对此进行了描述。

难度指数	文章词汇量	练习数量	阅读用时	对题数量
★★	160	5		



People's Free Time Activities

Howard enjoys reading best. He likes to read in the park. He likes to read in the library. He even likes to read in the bathtub! As you can see, reading is a very important part of Howard's life.

Patty enjoys singing. She likes to sing in school. She likes to sing in church. She even likes to sing in the shower! As you can see, singing is a very important part of Patty's life.

Brenda enjoys watching TV. She likes to watch TV in the living room. She likes to watch TV in bed. She even likes to watch TV in department stores! As you can see, watching TV is a very important part of Brenda's life.

Tom enjoys talking about politics. He likes to talk about politics with his friends. He likes to talk about politics with his parents. He even likes to talk about politics with his barber! Talking about politics is very important to Tom's life.



Notes(注释):

bathtub [ˈbɑːθtʌb] n.	浴室
part [pɑːt] n.	部分
church [tʃɜːtʃ] n.	教堂
department store	商店
politics [ˈpɒlətiks] n.	政治
barber [ˈbɑːbər] n.	理发师

根据短文内容,判断句子正(T)误(F)

- () 1. Five people's free time activities are described in the passage.
- () 2. Howard's favorite free time activity is reading.
- () 3. Patty likes to sing in school, church except the bathroom.
- () 4. Brenda doesn't like watching TV at all.





() 5. Tom likes to talk about politics with everybody.



阅读闯关 D

Hi, boys and girls. The winter vacation is coming, please don't forget to keep healthy! Let's learn from this boy and take exercise every day!

同学们,令人向往的寒假就要来到了,可不要忘了锻炼身体啊! 让我们学习这个小伙子的做法,天天锻炼吧!

难度指数	文章词汇量	练习数量	阅读用时	对题数量
★★★	109	6		

I have sent you a photo with the letter. Look! How strong I am! Do you want to be the same as me? OK. Let me tell you now. I exercise every day. Every morning I get up early and run for 30 minutes, then I go to work by bike. I like sports. I play basketball with my friends twice a week, go skating in the club once a month and go swimming three times a month. Every month, you can see me playing football on the playground in the afternoon. What's more, I eat different kinds of food, and I like to eat vegetables and fruit especially.



Notes(注释):

send [send] *v.*

寄, 送

especially [ɪ'speʃəli] *adv.*

尤其, 特别

根据短文内容,完成下面的表格。

Thing "I" do in the morning	1
-----------------------------	---





Thing “I” do in the afternoon	2
Thing “I” do twice a week	3
Thing “I” do once a month	4
Thing “I” do three times a month	5
Something else “I” do to keep healthy	6



阅读闯关 E

Many people like to travel by train in their free time. However, do you know how to travel with the help of the train timetable? Read the following timetable and test yourself.

许多人喜欢在闲暇时乘火车外出旅行。外出旅行,可得学会看列车时刻表啊!来看看,测试一下自己。

难度指数	文章词汇量	练习数量	阅读用时	对题数量
★★★	66	5		

Train Timetable

Leave Boston	Arrive in Midway	Arrive in New York
5:10 am except Sundays	7:00 am	10:00 am
7:10 am daily	9:00 am	12:45 pm
9:10 am except Saturdays and Sundays	11:00 am	2:45 pm





10:10 am except holidays	11:45 am	3:15 pm
1:15 pm daily	3:15 pm	8:45 pm
3:40 pm except holidays	5:40 pm	8:15 pm
5:20 pm daily	7:20 pm	9:55 pm

根据以上时间表,回答下列问题。

1. How many times a week does the 9:10 am train arrive in New York from Boston?

2. What is the shortest time between Boston and New York by train?

3. If you have a lunch date at Midway on Sunday, what time must you leave Boston in order not to be late?

4. How many trains have to spend over five hours on the way from Boston to New York?

5. On Christmas Day, how many trains at least can you take from Boston to New York?





Topic 2

Health 健康



阅读闯关 A

You're lucky if you have a happy family with your mom and dad. But if you can't see your parents often, what will you do?

有家就有幸福。可如果你和父母长期分离,该怎么办?

难度指数	文章词汇量	练习数量	阅读用时	对题数量
★	196	5		

I have tried many ways to be ill. I didn't wear a sweater when I should, and two days ago I walked in the rain without my shoes. But so far nothing has happened. Debbie once told me about a boy in her class who liked being away from school. He would rub the end of the thermometer until it went up to 39°C. Then he'd put it in his mouth and his mother would think he was really ill.

This morning I tried doing that, but it never went above 35°C, and I had rubbed it for ten minutes. So I held the thermometer next to the light on my desk and it went up to 40°C. I thought I could put it in my mouth and walk downstairs like that. Then my mother would take it out and she would be worried when she saw that I was rather ill.

The only trouble was I didn't know the thermometer would be so hot. As soon as I put it into my mouth, it burnt my tongue! I spit the thermometer out. It fell on the floor but it didn't break.

I will have to think up a better way to get my mother and father back together.





Notes(注释):

rub[rʌb] <i>v.</i>	摩擦
thermometer[θə'mɒmɪtə] <i>n.</i>	温度计
tongue[tʌŋ] <i>n.</i>	舌头
spit[spɪt] <i>v.</i>	吐
downstairs[,daʊn'steəz] <i>adv.</i>	楼下, 向楼下

根据短文内容, 选择最佳答案。

- () 1. Why did the writer walk in the rain without her shoes two days ago?
- A. Because she had no money to buy a pair of shoes.
B. Because she thought it interesting to walk in the rain without her shoes.
C. Because she forgot to put on her shoes when she left home.
D. Because she hoped she could be ill in this way.
- () 2. According to the passage, which of the following is true?
- A. The boy in Debbie's class helped the writer a lot.
B. The boy in Debbie's class knew everything.
C. The boy in Debbie's class didn't like going to school.
D. The boy in Debbie's class was not healthy.
- () 3. After the writer rubbed the thermometer, it went up to ____.
- A. 35°C B. 37°C C. 39°C D. 40°C
- () 4. Why did the writer spit the thermometer out?
- A. Because it smelled terrible. B. Because it was too hot.
C. Because it was too long. D. Because it was broken.
- () 5. The writer tries to be ill because ____.
- A. she wants to stay at home
B. she wants her father and mother to come back together





C. she wants to ask her father for some money

D. she wants to see a beautiful nurse



阅读闯关 B

Do you always understand the instructions on the bottles of medicine? Do you know the meaning of “take only as instructed”? Read the following instructions and see if you understand them.

知道药瓶上的服用说明吗? 吃药大有学问, 千万不能乱吃。读读下面的服用说明, 看看你是否看得懂这些药瓶上的文字。

难度指数	文章词汇量	练习数量	阅读用时	对题数量
★	61	5		



Instructions

To reduce pain, take two pills with water, one pill every eight hours. Don't take more than six pills in twenty-four hours.

For children from six to twelve years old, give half the amount.

For children under six years old, ask your doctor.

Reduce the amount if you can hardly rest or sleep well after you take the medicine.



Notes (注释):

instruction [ɪn'strʌkʃn] *n.* 说明, 须知

reduce [rɪ'dju:s] *v.* 减少, 减轻

amount [ə'maʊnt] *n.* 量, 数量