

21世纪高职高专精品教材



卓越 英语

Outstanding
English

辅导与自测

总主编 赵文学

主 编 凌 茜

副主编 张晓燕

马 丽

党莉莉

3

国防科技大学出版社

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卓越英语辅导与自测 3

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【内容简介】

《卓越英语》系列教材在立足于我国高职高专教育现状,充分把握英语教学实际需求和课程建设深刻内涵的基础上,根据国内最优秀的教学理念和教学经验精心设计、编写而成。全套教材分为4册,每册包括《综合教程》、《辅导与自测》和《教师用书》,共计12本,并配有教学演示光盘和教学资源网。

本册是与《综合教程3》相配套的自测练习,共8个单元,每个单元均由“词汇(Vocabulary)”、“语法(Grammar)”、“阅读理解(Reading Comprehension)”、“翻译(Translation)”、“写作(Writing)”和“热门词汇(Hot Words and Phrases)”六部分组成。另外,书中配有期中、期末试卷各一套,书后附有高等学校英语应用能力考试(A级)大纲、样题和词汇。

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前 言

高职高专英语教育是培养技术型专门人才的高等英语教育,旨在训练学生在生产、管理、服务第一线所需的英语语言交际能力和应对各种涉外局面的英语语言应用能力。“应用性”是高职高专英语教学与本科英语教学的主要区别。

《卓越英语》贯彻“学以致用”的设计理念,以《高职高专教育英语课程教学基本要求》(试行)(以下简称《基本要求》)为依据,充分把握英语教学的现实需求和课程建设的深刻内涵,汇集国内英语教育专家和高职高专英语教学一线的教师,根据国内最优秀的教学理念和教学经验,精心设计、编写而成。

一、教材结构

《卓越英语》系列教材共4册,每册包括《综合教程》、《辅导与自测》、《教师用书》和教学演示光盘,另配有教学资源网。

《综合教程》为课堂教学的主要素材,含听、说、读、写、译各项技能训练,兼顾语音、语法、构词法等语言基础知识。

《辅导与自测》为《综合教程》的必要补充,提供与《综合教程》各单元相关的自测练习,可作为课外作业,也可灵活地用于课堂教学。

《教师用书》涵盖《综合教程》的全部内容,采用与《综合教程》对照排版的形式,提供教学建议、答案、录音脚本和译文等,极大地方便了教师备课和授课。

教学演示光盘为《综合教程》的辅助和扩展,其内容与课本紧密结合,包括听力、口语的录音和练习,主课文的录音、译文、词汇讲解、语言点讲解和练习,写作、语法、构词法的练习等,以人机互动的模式将英语听、说、读、写、译有机地融为一体。教学演示光盘除了可供教学演示之用外,还可以辅助学生进行自主学习。

教学资源网主要提供内容丰富的电子教案与配套试题库,支持教师备课与授课,满足教学、测试等各教学环节的需要。同时,教学资源网还通过开辟信息交流渠道和组织教学法探讨等举措,促进高职高专英语教学质量的提高。

完备的立体化教学支持系统不仅可以给教师的教学工作提供便利,还可以丰富教学内容,增强教学魅力,引发学生兴趣,从而提高学生的英语综合能力。

二、编写特色

1. 教材分层,满足不同层次学生的需要

鉴于各地高职高专院校的学生水平存在较大差异,同一所学校的学生英语基础差异也较大,《卓越英语》1~4册根据难度共分三级:第1、2册满足B级要求,第3册满足A级要求,第4册满足大学英语四级要求。不同层次的高职高专院校和开展分层教学的高职高专院校可以根据学生的实际需要灵活确定起点级别与教学目标。

2. 学用结合,将传授英语基础知识和培养学生的实际应用能力相结合

培养学生的英语交际能力是高职高专英语教学的主要目的,但英语交际能力的提高需要扎实的基本功。《卓越英语》设计和编写了Pronunciation Guide, Grammar Focus和Word Building等板块,帮助学生牢固掌握语音、语法和构词法等语言基础知识。同时,为了贯彻“学以致用”的原则,听说部分精选了与高职高专学生的目标职业息息相关的日常交际和业务交际话题,专门设计和编写了应用文阅读和应用文写作板块,从听、说、读、写、译五个方面全面培养学生的英语综合应用能力。

3. 学考结合,轻松过级

高等学校英语应用能力考试B级为高职高专院校学生应该达到的最低要求,A级为标准要求,大学英语四级为较高要求。本着“学考结合,相得益彰”的原则,《卓越英语》听力部分的题型设置参考了高职高专英语应用能力A、B级考试和大学英语四级考试的题型;主课文的生词以A、B级词汇和大学英语四级词汇为主;主课文课后习题的题型设置和《辅导与自测》的题型设置也参考了A、B级考试和大学英语四级考试的题型。

4. 贯彻“以人为本”的理念,真正做到一切为了学生

“以人为本”是现代教育的基本价值观,也是现代社会发展对高职高专教育的必然要求,已成为当前高职高专教学改革遵循的重要理念。高职高专学生普遍存在着英语基础薄弱、学习兴趣不高、学习方法不科学的问题。因此,《卓越英语》力求做到“三性”:易学性、趣味性和方法性。例如,精读课文中的生词配有例句;精心设计分角色扮演、填写调查表、图文搭配等极富趣味性的导学、教学活动;《辅导与自测》提供详尽的思路解析等。

《卓越英语》系列教材由赵文学(吉林大学外国语学院教授、中国英语教学研究会常务理事)担任总主编,汇集全国20余所院校的一线教师联合编写而成。

《辅导与自测》编写及使用说明

一、编写说明

《辅导与自测》是与《综合教程》配套的同步学习辅导用书,内容包括与《综合教程》各单元相关的自测练习和期中、期末测试题,既可作为课外作业,也可灵活用于课堂教学。编写中,我们秉持了以下原则:

1. 紧扣教材,适当拓展和延伸

《辅导与自测》在内容编排和板块设计上紧扣教材,突出考查了教材中的重点和难点。比如,词汇部分主要选择《综合教程》精读课文中出现的 A、B 级和大学英语四级重点词汇进行考查。同时,《辅导与自测》对教材进行了适当的拓展和延伸。比如,1~3 册翻译部分的第 II 题不仅考查了教材中出现的短语,还在此基础上拓展了几种相近的表达方式。

2. 从实际出发,体现实用性和可操作性

《辅导与自测》从教师和学生的实际需求出发来设计板块和编排内容。比如,每一册均提供了期中、期末试卷各一套,既可作为课堂测试之用,又可供学生自测;阅读理解文章前给出了建议阅读时间,以方便学生自测;参考答案部分给出了阅读理解题和翻译题的解析,以帮助学生掌握阅读和翻译技巧。

3. 形式灵活,内容活泼

《辅导与自测》力求做到题目类型与《综合教程》不重复,题型设置灵活多变。为了使全书内容生动活泼,《辅导与自测》在每单元的结尾部分设置了热门词汇板块,在每页的页脚编排了名言警句。丰富多样的形式和新鲜有趣的内容有助于调动学生的学习兴趣。

4. 学、练、考结合,轻松过级

《辅导与自测》的题型设置参考了 A、B 级和大学英语四级的考试要求和题目类型,力求做到学、练、考结合,以帮助学生轻松过级。比如,阅读理解文章的题材和长度以考试要求为标准;期中、期末试卷以考试真题为参照;书后附有考试大纲、样题和词汇等。

二、使用说明

《卓越英语辅导与自测》共 4 册,每册包括 8 个单元,第 3 册每个单元分为词汇 (Vocabulary)、语法 (Grammar)、阅读理解 (Reading Comprehension)、翻译 (Translation)、写作 (Writing) 和热门词汇 (Hot

Words and Phrases) 6 个部分。

1. 词汇 (Vocabulary)

词汇部分包括 Section A 和 Section B 两个板块。Section A 主要考查《综合教程 3》精读课文中出现的重点词汇的词性、词义和用法; Section B 主要考查《综合教程 3》构词法的内容。

第 3 册词汇以 A 级词汇为主, 重点词汇根据 A 级考试大纲确定。词汇部分的练习旨在加强学生对重点词汇的理解、运用和把握, 进一步增强学生的应试能力。

这部分既可用于课堂小测试, 也可供学生课后复习。

2. 语法 (Grammar)

语法部分习题的设置与《综合教程 3》语法部分的主题一致, 但题型多变。该部分从多方面、多角度对同一项语法内容进行拓展, 旨在帮助学生更加全面、深入、透彻地理解该项语法知识。

这部分可以作为课堂或课后练习之用。

3. 阅读理解 (Reading Comprehension)

阅读部分每单元设两篇, 一篇为普通题材的文章, 一篇为应用文。阅读理解文章的难度与 A 级考试水平一致, 题型设置参考了 A 级考试样题。

为了提高学生的应试能力, 每篇阅读理解给出了建议阅读时间。阅读速度为 70 词/分钟, 答题速度为 1 分钟/题。参考答案部分给出了阅读理解的解析, 为学生提供具有可操作性的阅读技巧。

4. 翻译 (Translation)

翻译部分设两道大题, 分别为英译汉和汉译英。

英译汉题型和难度与 A 级考试一致, 共设 5 道题, 前 4 道为多项选择, 第 5 道为段落翻译。每道题的句子或段落均取材于《综合教程 3》, 以精读课文为主, 其次是泛读和应用文的课文。该部分主要考查重要单词、短语和翻译技巧。

汉译英考查短语的翻译, 也设 5 道题, 每道题第一个短语出自精读课文, 其余的考查与之相近的短语。该部分旨在拓展学生的知识面, 提高学生运用英语的能力。

为了提高学生的翻译能力, 翻译题的参考答案给出了解析, 为学生提供实用的翻译方法。

5. 写作 (Writing)

写作部分针对《综合教程 3》写作部分的内容设置强化练习题, 考查各单元讲到的应用文写作的知识。

6. 热门词汇 (Hot Words and Phrases)

每单元热门词汇部分列出五个最新出现的热门单词或短语, 并给出解释, 以扩充学生的知识面, 提高学生的英语学习兴趣。

本册书后附有高等学校英语应用能力考试(A 级)大纲、样题和词汇, 目的是让学生熟悉 A 级考试的考查要求和题型, 从而有针对性地复习备考。

对于本书存在的不足之处, 真诚地欢迎广大读者批评、指正。

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Unit 1

Vocabulary

Section A

I. For every word or phrase in Column A, find its explanation in Column B.

A

1. concentration
2. subject
3. adequate
4. underused
5. get into
6. stress
7. perform
8. stage
9. brief
10. combat

B

- a. lasting only a short time; short
- b. a period or state that something/somebody passes through while developing or making progress
- c. a person or thing being used to study sth, especially in an experiment
- d. to stop something unpleasant or harmful from happening or from getting worse
- e. the ability to direct all your effort and attention on one thing, without thinking of other things
- f. pressure or worry caused by the problems in somebody's life
- g. enough in quantity, or good enough in quality, for a particular purpose or need
- h. to reach a particular state or condition; to make sb reach a particular state or condition
- i. to work or function well or badly
- j. not used as much as it could or should be

II. Choose the best answer to complete each of the following sentences.

1. _____ the little boy worked harder in order to continue his study.

A. Now

B. From now on

C. From then on

D. Now that

2. Most sportsmen are _____ during their early manhood.
A. at their best B. at best C. at worst D. at least
3. You'll benefit _____ a holiday.
A. in B. from C. on D. over
4. The student was late five times _____.
A. on row B. in row C. on a row D. in a row
5. The next day, all the soldiers were _____ to the sound of gunfire.
A. awakened B. awaken C. awokened D. awaked
6. I have learned _____ from this part-time job.
A. a great deal of B. a great deal C. a great number D. a great number of
7. Knowledge is capital and _____.
A. productivity B. product C. produce D. production
8. This dog has the quick _____ of a wild dog, but a faithful heart of a home dog.
A. alertness B. nervousness C. excitement D. consciousness
9. The economic _____ lasts longer than before.
A. plump B. lump C. slum D. slump
10. Taking out some herbs from his pouch, he _____ them into powder, which he mixed with a little water.
A. grand B. grund C. ground D. grinded

Section B

I. Fill in each blank with the proper form of the word given in the brackets.

1. I removed some of the _____, because I didn't want the tree to _____ in all directions. (branch)
2. The policeman was _____ down by a thief with a _____. (gun)
3. All the _____ advised me to go back home and _____ that cold. (nurse)
4. You can't _____ these blanks in this humid _____. (air)
5. My brother is like a _____, and my mother always _____ him. (baby)
6. The _____ designer has been _____ to think it is safer to stay home than to venture out. (train)
7. She _____ me so harshly that I fell on the ground and hurt both my _____. (elbow)
8. Water had been _____ into the town by three _____. (truck)
9. The Cape of Good Hope is _____, a _____ we have been looking forward to for the last three weeks. (sight)
10. The woman _____ the fur coat with her long slender _____. (finger)

II. Translate the following sentences into Chinese, paying attention to the italicized words.

1. snow

(1) I called out his name through the dancing white *snow*.

(2) It's been *snowing* heavily all day.

2. fish

(1) Tropical *fish* are beautiful, but require special care.

(2) Jack has been *fishing* and hunting ever since he was a kid.

3. cloud

(1) She heard the music of rivers, and watched the white *clouds* in the sky.

(2) It was beginning to *cloud* over.

4. speed

(1) The *speed* limit for this road is 80 miles per hour.

(2) He *speeded* up in order to get rid of the police.

5. sandwich

(1) I washed down a big *sandwich* with a glass of juice.

(2) It is not easy for a man *sandwiched* between wife and mother.

Grammar

I. Fill in each blank with an appropriate word given below, changing the form if necessary.

miss	cut	meet	return	go hiking
study	count	expose	convince	beat

- It's no use _____ your chickens before they are hatched.
- The young boy is looking forward to _____ with his father in the wild.
- He had no difficulty in _____ her of his sincerity.
- I'll never forget the first time _____ you.
- I always regret not _____ harder when I was young.
- _____ to sunlight for too long will do harm to one's skin.
- Your hair wants _____.
- His parents insist on his _____ home early.
- She arrived home only to find the door open and something _____.
- Being afraid of _____ by her father, she didn't go home.

II. Decide which underlined part contains an error, then put its letter in the brackets and write down the correct answer.

1. Can you imagine yourself alone to stay in a lonely island for two nights? () _____
A B C D
2. I can't understand you laugh at that poor child, who is actually an orphan. () _____
A B C D
3. On workdays, she doesn't mind work overtime. () _____
A B C D
4. We suggested sleeping in the hotel but the children were anxious to camping out. () _____
A B C D
5. Ever since we received his letter, we have been looking forward to his come. () _____
A B C D
6. Jean didn't have time to play, because she was busy to prepare for her exam. () _____
A B C D
7. After getting to know him better, I regretted treating him unfairly. () _____
A B C D
8. Is there any possibility of our win the championship? () _____
A B C D
9. He came to the party though without having invited. () _____
A B C D
10. He should consider himself lucky for not be punished for his failure. () _____
A B C D

Reading Comprehension

I. After reading the following passage, you will find 5 questions numbered 1 through 5. You should make the best choice from the choices marked A, B, C and D.

建议用时: 9 mins

How Can We Get Rid of Garbage?

How can we get rid of garbage? Do we have enough energy sources to meet our future energy needs?

These are two important questions that many people are asking today. Some people think that men might be able to solve both problems at the same time. They suggest using garbage as an

energy source.

For a long time, people dumped it on empty land. Now, empty land is scarce. But more and more garbage is produced each year. We need another solution. In fact, garbage can be a good fuel. The things in garbage do not look like coal, petroleum, or natural gas; but they are chemically similar to these fossil fuels. As we use up our fossil fuel supplies, we might be able to use garbage as an energy source.

Burning garbage is not a new idea. Some cities in Europe and the United States have been burning garbage for years. The heat that is produced by burning garbage is used to boil water. The steam that is produced is used to make electricity or to heat nearby buildings.

But there are problems in using garbage as a fuel. Garbage that burns easily, such as food scraps and paper, must be separated from metals, glass, and other materials that do not burn easily. This separation process is normally costly. Another problem is that burning garbage can pollute the air.

Our fossil fuel supplies are limited. Burning garbage might be one kind of energy source that we can use to help meet our energy needs. This method could also reduce the amount of garbage piling up on the earth.

1. What are the two problems that can be solved by burning garbage?
 - A. The shortage of energy; air pollution.
 - B. The shortage of energy; the shortage of empty land for holding garbage.
 - C. Air pollution; the shortage of empty land for holding garbage.
 - D. Air pollution; the shortage of fossil fuel.
2. Why could garbage be used as a fuel?
 - A. The things in garbage are chemicals.
 - B. The things in garbage are like coal, petroleum or natural gas.
 - C. The chemical content of garbage is like that of fossil fuel.
 - D. The garbage content is similar to chemicals.
3. According to the passage, which group of garbage is ready for burning?
 - A. Food scraps and metals.
 - B. Paper and glass.
 - C. Metals and glass.
 - D. Food scraps and paper.
4. Which is the setback of using garbage as a fuel?
 - A. Air pollution.
 - B. Energy source.
 - C. Saving land.
 - D. Producing heat.
5. What is the author's attitude towards using garbage as a fuel?
 - A. Optimistic.
 - B. Indifferent.
 - C. Advocating.
 - D. Anxious.

II. The following is a promotion letter. After reading it, you should complete the statements marked 1 through 5 by filling in the blanks in no more than 3 words.

建议用时: 8 mins

Star Textile Exports

Dear Mr. Johnson,

Star Textile Exports, established in 1987, is one of the fastest growing agents in Turkey. We currently represent a number of major European importers, such as Blue Cloud Mail Order of France and others.

We are happy to announce that we are now offering this same service to American import companies like yours. From our office in Istanbul, the heart of low cost and good quality ready-to-wear garments, we can supply your company with whatever kind of apparel (服装) you would like.

The wide range of Turkish export companies that we work with insure you of getting just the items that you are looking for. Whether it be babies' wear, children's wear, ladies and men's outer and underwear, leather wear, socks, belts, bags, shoes, or household items such as bed linen, towels, bathrobes, or table clothes, we can make sure that you get the quantity you need at the best possible price. And our staff of quality controllers will insure that the garments are well made.

If you would like to take advantage of the services that Star Textile Buying Agency offers to your company, please go to our website at www.startextile.com, or contact us by fax at (90/212) 7232945.

Thank you. We look forward to hearing from you.

Yours faithfully,
Jaque Edison

1. At present, Star Textile Exports represents many _____.
2. From _____ in Istanbul, Star Textile Exports can provide the goods to its customers.
3. Star Textile Exports works with a wide range of _____ so that it can make sure the customers get the right items at the best price.
4. The staff of _____ will be responsible for the quality of the goods in Star Textile Exports.
5. You can get more information about Star Textile Exports by _____.

Translation

I. Choose the best translation for the sentences marked 1 through 4. And write your translation of the paragraph marked 5 in the corresponding space.

1. As one of the best, most underused tools for busy people, power nap helps combat this.
 - A. 小睡有助于减轻它的危害，也是最好的办法，但那些繁忙的人却很浪费它。
 - B. 小睡有助于减轻它的危害，也是最好的办法，但那些繁忙的人却很少用它。
 - C. 小睡有助于减轻它的危害，因为它是最好的办法，但那些繁忙的人却很少用它。
 - D. 小睡有助于减轻它的危害，因为它是最好的办法，但那些繁忙的人却很浪费它。
2. The radiation from monitors and video display terminals may cause cancer and other diseases—and then again it may not.
 - A. 监视器和视频显示终端的射线，有可能引起癌症或其他一些疾病——然而可能不会。
 - B. 显视器和视频显示终端的辐射，有可能引起癌症或其他一些疾病——不过也可能不会。
 - C. 监视器和视频显示终端的射线，有可能引起癌症或其他一些疾病——不过也可能不会。
 - D. 显视器和视频显示终端的辐射，有可能引起癌症或其他一些疾病——然而可能不会。
3. That means that even if you stay a safe two feet away from your own screen, you could be sitting too close to the side or rear of a co-worker's terminal.
 - A. 这意味着，即使你把保险箱放在离自己显示器屏幕两英尺处，你也可能正向着某一同事的终端的旁边或后面太近处坐去。
 - B. 这意味着，即使你坐在离自己显示器屏幕两英尺的安全处，你也可能正向着某一同事的终端的旁边或后面太近处坐去。
 - C. 这意味着，即使你把保险箱放在离自己显示器屏幕两英尺处，你的座位也可能离某一同事的终端旁边或后面太近。
 - D. 这意味着，即使你坐在离自己显示器屏幕两英尺的安全处，你的座位也可能离某一同事的显示终端设备的侧面或后面太近。
4. If you do a lot of computing at home, a modern laptop equipped with a hard-disc drive can be a wise purchase.
 - A. 你若是在家里做很多计算的话，购买一个带硬盘驱动器的现代笔记本电脑是明智之举。
 - B. 你若是在家里做很多计算的话，一个现代笔记本电脑，装备上一个硬盘驱动会是明智的购买。
 - C. 你要是经常在家里使用电脑，购买一个带硬盘驱动器的现代笔记本电脑是明智之举。
 - D. 你要是经常在家里使用电脑，一个现代笔记本电脑，装备上一个硬盘驱动会是明智的购买。
5. We've enclosed a 2009 Lawn and Leisure catalogue to give you ideas. But we'd like you to come in and take a personal look. That's the best way to appreciate Kevin Haylor product quality. So please stop by. Bring the family and the coupons along. If you simply want to

browse, fine. If you want to talk, terrific! And if you decide to buy, well, you couldn't have picked a better time.

II. Translate the following phrases into English.

1. 累积效果

- 慢性毒药

- 累计增长

2. 热情的讲话

- 本书的书迷

- 变得狂热

3. 振兴经济

- 使肌肤焕发生机

- 振兴中华民族

4. 对政府拨款的补充

- 补充的维生素

- 星期日彩色增刊

5. 受到大自然的启示

- 振奋人心的演讲

- 激励整个团队

Writing

Suppose you are Zhang Mei, a senior student who wants to apply for the position of the Network Maintenance Engineer. Please write a resumé including heading, objective, education, foreign language and computer skills, personal data, and references.

Hot Words and Phrases

◎ *rainbow clan* (彩虹族)

rainbow clan 指的是那些善于保持工作和生活最佳平衡点的人。他们注重饮食均衡和坚持体育锻炼, 保证充足的睡眠, 而且能够保证很高的工作效率。

◎ *ROM brain* (不肯接受新思想的“死脑筋”)

ROM brain 指的是那些拒绝接受别人劝告或想法的人, 也可以指四处发表见解却不肯接受外界信息的人。“死脑筋”之所以叫 *ROM brain* 是因为 *ROM* 在电脑术语中意为“只读”, 存储在这一类存储媒介的数据一般是无法修改的, 至少不能快速或轻易地被修改。

◎ *size zero* (零号身材)

“零号”是美国服装标准中的最小号, 现在多用来指那些身材极其消瘦的人 (尤其是女性), 或者她们这些人引出的 (追逐小号身材的) 风潮。这种超瘦的身形最初见于时尚界的 T 台, 后来被更多追求骨感和“零号”身材的年轻女孩所接受。

◎ *science geek* (理工男)

science geek 指理工科出身又拥有高智商的一群男士。他们的理工科知识面很广, 热爱高科技发明, 喜欢挑战电脑游戏, 同时对生活充满好奇。不过, 他们在人际交往方面似乎缺少一些必要的常识。

◎ *the sky's the limit* (前途无量)

the sky's the limit 可以用来祝愿别人“前途无量”, 也可以用在消费的时候, 表示“随便买东西, 不用考虑钱”。在古人的印象中, 天是很高很远的, 所以如果把天作为界限, 那跟没有界限差不多了。后来, 这种说法被引申到很多其他领域。